

## SUPPLEMENTARY TABLES

**Supplementary Table 1.** Adequate weight increment

Age	Weight Increment
0 - 3 months	30 g /day
3 - 6 months	20 g/day
6 - 9 months	15 g/day
9 - 12 months	12 g/day
1 - 3 years	8 g/day
4 - 5 years	6 g/day

g, gram

**Supplementary Table 2.** Composition of the Study Products per 100 mL

Nutrients	1.5 kcal/mL	1.0 kcal/mL
Energy (kcal)	150	100
Protein (g)	3.4	2.4
Protein-to-energy ratio	8.9%	9.6%
Carbohydrate (g)	18.8	14
Lactose (g)	<0.03	2.9
Fat (g)	6.9	3.9
Fibre (g)	-	0.66
Osmolarity (mOsm/L)	425	303

mL, milliliter; kcal, kilocalorie; g, gram, mOsm/L, milliosmole per liter.

**Supplementary Table 3.** Effects of intervention on weight gain based on categories of weight-for-age deviations

<b>Weight gain in the category of underweight (kilogram)</b>					
<b>Group</b>	<b>n</b>	<b>Day 14</b>	<b>Day 30</b>	<b>Day 60</b>	<b>Day 90</b>
<b>1.5 kcal/mL</b>	24	0.26 ± 0.28	0.63 ± 0.31	0.83 ± 0.34	1.06 ± 0.34
<b>1.0 kcal/mL</b>	17	0.26 ± 0.15	0.52 ± 0.29	0.85 ± 0.38	1.05 ± 0.44
<b>p-value</b>		0.851 <sup>#</sup>	0.262 <sup>#</sup>	0.863 <sup>#</sup>	0.987 <sup>#</sup>
<b>Weight gain in the category of severe underweight (kilogram)</b>					
<b>Group</b>	<b>n</b>	<b>Day 14</b>	<b>Day 30</b>	<b>Day 60</b>	<b>Day 90</b>
<b>1.5 kcal/mL</b>	13	0.36 ± 0.13	0.87 ± 0.31	1.26 ± 0.46	1.52 ± 0.47
<b>1.0 kcal/mL</b>	7	0.25 ± 0.11	0.57 ± 0.21	1.02 ± 0.39	1.36 ± 0.60
<b>p-value</b>		0.080 <sup>#</sup>	<b>0.033<sup>#</sup></b>	0.243 <sup>#</sup>	0.522 <sup>#</sup>

Values were presented as mean ± standard deviation.

Weight gain was calculated by subtracting body weight at day 14/30/60/90 with body weight at day 0.

\*, Mann-Whitney U test; #, independent t-test.

p-value <0.05 was highlighted as bold.

kcal/mL, kilocalorie per milliliter.

**Supplementary Table 4.** Effects of intervention on height gain based on height-for-age deviations

<b>Height gain in the category of stunted (centimeter)</b>					
<b>Group</b>	<b>n</b>	<b>Day 14</b>	<b>Day 30</b>	<b>Day 60</b>	<b>Day 90</b>
<b>1.5 kcal/mL</b>	28	0.53 ± 0.41	1.75 ± 0.69	2.70 ± 0.88	3.52 ± 0.86
<b>1.0 kcal/mL</b>	16	0.56 ± 0.60	1.38 ± 0.92	2.30 ± 1.00	3.19 ± 1.06
<b>p-value</b>		0.980*	0.136 <sup>#</sup>	0.174 <sup>#</sup>	0.274 <sup>#</sup>
<b>Height gain in the category of severely stunted (centimeter)</b>					
<b>Group</b>	<b>n</b>	<b>Day 14</b>	<b>Day 30</b>	<b>Day 60</b>	<b>Day 90</b>
<b>1.5 kcal/mL</b>	10	0.62 ± 0.23	2.01 ± 0.59	3.00 ± 0.70	3.80 ± 0.85
<b>1.0 kcal/mL</b>	10	0.55 ± 0.44	1.47 ± 0.69	2.83 ± 0.57	3.65 ± 0.71
<b>p-value</b>		0.872*	<b>0.016*</b>	0.358*	0.673 <sup>#</sup>

Values were presented as mean ± standard deviation.

Height gain was calculated by subtracting body height at day 14/30/60/90 with body height at day 0.

\*, Mann-Whitney U test; <sup>#</sup>, independent t-test.

p-value <0.05 was highlighted as bold.

kcal/mL, kilocalorie per milliliter.

**Supplementary Table 5.** Effects of intervention on weight gain based on weight-for-height deviations

<b>Weight gain in the category of wasted (kilogram)</b>					
<b>Group</b>	<b>n</b>	<b>Day 14</b>	<b>Day 30</b>	<b>Day 60</b>	<b>Day 90</b>
<b>1.5 kcal/mL</b>	18	0.35 ± 0.25	0.75 ± 0.34	1.06 ± 0.49	1.28 ± 0.51
<b>1.0 kcal/mL</b>	9	0.26 ± 0.21	0.48 ± 0.26	0.86 ± 0.31	1.13 ± 0.59
<b>p-value</b>		0.357*	<b>0.046*</b>	0.276*	0.502*
<b>Weight gain in the category of severely wasted (kilogram)</b>					
<b>Group</b>	<b>n</b>	<b>Day 14</b>	<b>Day 30</b>	<b>Day 60</b>	<b>Day 90</b>
<b>1.5 kcal/mL</b>	5	0.35 ± 0.08	0.90 ± 0.36	1.24 ± 0.45	1.42 ± 0.41
<b>1.0 kcal/mL</b>	4	0.28 ± 0.07	0.64 ± 0.09	1.14 ± 0.22	1.30 ± 0.23
<b>p-value</b>		0.215 <sup>#</sup>	0.191*	0.699*	0.614*

Values were presented as mean ± standard deviation.

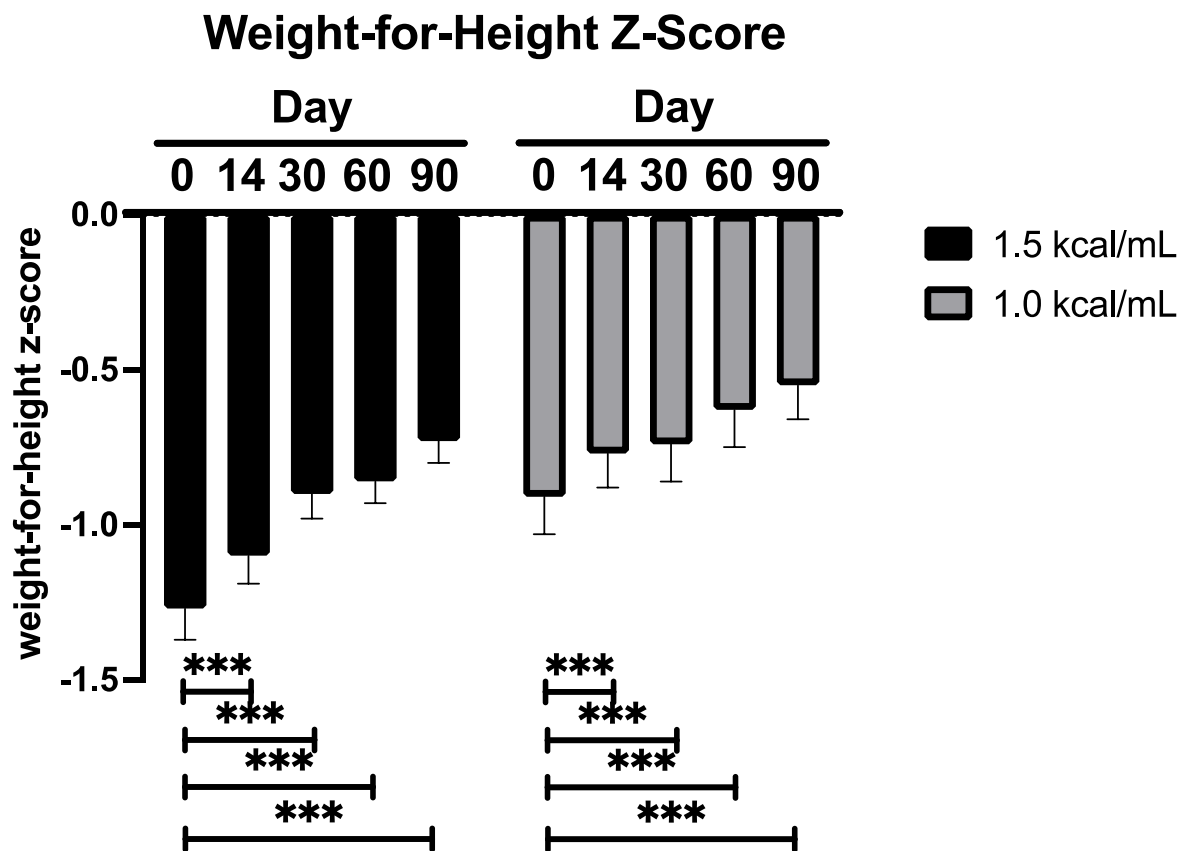
Weight gain was calculated by subtracting body weight at day 14/30/60/90 with body weight at day 0.

\*, Mann-Whitney U test; <sup>#</sup>, independent t-test.

p-value <0.05 was highlighted as bold.

kcal/mL, kilocalorie per milliliter.

## SUPPLEMENTARY FIGURE



**Supplementary Figure 1.** Assessment of body weight and height upon intervention with ONS products based on weight-for-height z score. Two ONS products, i.e., 1.0 kcal/mL and 1.5 kcal/mL, were provided for study subjects (each group had 75 subjects) for a duration of 90 days. Weight-for-age z scores of both groups were presented as mean  $\pm$  standard error at Day 0, 14, 30, 60 and 90. The statistical analyses were performed between values at Day 0 and each subsequent time point. Asterix sign refers to p-value <0.001.