

## **QUESTIONNAIRE FOR HOME MONITORING**

Thank you for taking part in this survey to assess the feasibility of remote monitoring of patients with interstitial lung disease. Please mark **X** to indicate your answer. This should take less than 10 minutes to complete.

<b>PatientMpower app</b>	<b>Spirometer</b>	<b>Oximeter</b>
		

### **Section A: Setting up**

How easy did you find the set up process?

- Very easy
- Easy
- Neither
- Difficult
- Very difficult

Did you require any assistance in setting up the process?

- Yes
- No

If Yes: who?

- Family member
- Healthcare worker
- PatientMpower Helpdesk
- Friend

## **Section B: Using the app and devices**

Did you find the **patientMpower app** easy to use?

- Very easy
- Easy
- Neither
- Difficult
- Very difficult

Did you find the **spirometer** easy to use?

- Very easy
- Easy
- Neither
- Difficult
- Very difficult

Did you find the **oximeter** easy to use?

- Very easy
- Easy
- Neither
- Difficult
- Very difficult

How often are you using the devices?

- Everyday
- 2-3 times/week
- 4-6 times/week
- Weekly
- 2-3 times/month
- Monthly
- Other (please specify): \_\_\_\_\_

How often do you think it is useful to monitor your breathing?

- Everyday
- 2-3 times/week
- 4-6 times/week
- Weekly
- 2-3 times/month
- Monthly
- Never
- Other (please specify): \_\_\_\_\_

What is stopping you from using the devices regularly? (You may choose one or more options)

- Cough
- Breathlessness
- Anxious
- Forgetting to use
- Waiting for a family member to assist me

- Recurrent chest infections
- Problems with the device(s)
- Not interested
- Other (please specify): \_\_\_\_\_
- Nothing is stopping me, I use them regularly

Did you have any technical issues using the app/spirometer/oximeter?

- Yes. If Yes, please specify issue(s): \_\_\_\_\_
- No

Did you find it difficult to get accurate readings of your oxygen levels because your fingers were cold?

- Yes
- No

Did a hand problem make it difficult for you to use the devices?

- Yes
- No

### **Section C: Benefit**

Did you find it **easy** to monitor your breathing?

- Very easy
- Easy
- Neither
- Difficult
- Very difficult

Did you find it **useful** to monitor your breathing?

- Very useful
- Useful
- Neither
- Not useful
- Very not useful

Does monitoring your breathing at home increase your confidence in managing your lung condition?

- Yes
- No

Did you gain more understanding of your disease by monitoring your lung function at home?

- Yes
- No

Does seeing your results on the app make you feel anxious/worried?

- Yes
- No

Do you find it difficult to keep using the **spirometer** over the long term?

Yes. If Yes, please specify reason(s): \_\_\_\_\_  
 No

Do you find it difficult to keep using the **oximeter** over the long term?

Yes. If Yes, please specify reason(s): \_\_\_\_\_  
 No

Would you like to replace some of your hospital visits with video consultations in the future?

Yes  
 No  
If No, why? \_\_\_\_\_

Would you recommend home monitoring to others?

Yes  
 No. If No, why? \_\_\_\_\_

Do you want to continue to monitor your breathing after the end of the project?

Yes  
 No

Please provide any comments and/or feedback you may have regarding the technology and the home monitoring process:

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