

Variable descriptives:

	N	Minimum	Maximum	Mean	SD
PSA-Total	2365	1.23	6.81	4.39	0.68
PSA-Variety	2365	6.00	31.00	27.35	3.29
Overall pleasure	2361	1	7	4.53	1.25
Factor_1	2333	1.00	7.00	4.62	1.00
Factor_2	2351	1.11	7.00	5.19	0.88
Factor_3	2364	1.20	6.80	4.00	0.83
Factor_4	2348	1.00	6.67	3.52	1.04
WHO-5	2353	0	100	52.81	20.24
Positive affect	2360	1.00	5.00	2.94	0.79
Negative affect	2361	1.00	4.60	1.69	0.71
Anticipating	2365	1.00	7.00	6.00	1.18
Savouring the moment	2363	1.00	7.00	4.82	1.26
Reminiscing	2362	1.00	7.00	5.09	1.14
SBITotal	2365	1.08	7.00	5.00	1.07

Descriptives against gender:

	Gender	N	Mean	SD	SEM	p
Age	Female	1600	49.36	14.46	0.36	.008
	Male	702	51.06	13.90	0.53	
Physical health	Female	1607	3.62	0.87	0.02	.156
	Male	704	3.67	0.84	0.03	
Mental health	Female	1594	3.51	0.91	0.02	.154
	Male	701	3.57	0.98	0.04	
WHO-5	Female	1602	52.52	19.54	0.49	.117
	Male	704	53.95	21.47	0.81	
Positive affect	Female	1608	2.95	0.77	0.02	.436
	Male	705	2.93	0.80	0.03	
Negative affect	Female	1609	1.70	0.69	0.02	.154
	Male	705	1.65	0.74	0.03	
Anticipating	Female	1611	5.24	1.15	0.03	<.001
	Male	707	4.82	1.19	0.04	
Savouring the moment	Female	1611	4.93	1.24	0.03	<.001
	Male	705	4.60	1.27	0.05	
Reminiscing	Female	1610	5.20	1.10	0.03	<.001
	Male	705	4.88	1.17	0.04	
SBI Total	Female	1611	5.12	1.04	0.03	<.001
	Male	707	4.77	1.09	0.04	