

Table 1. Participant Characteristics

Age, y	Dominance	Height, cm	Weight, kg	Range of motion (Dominant/Non-Dominant), deg			
				1 st ER	1 st IR	2 nd ER	2 nd IR
19	R	187	82	71/66	T12/T5	117/102	31/39
19	R	181	72	79/54	T6/T5	113/88	59/81
18	L	169	64	82/72	T3/T5	114/104	27/32
18	L	172	70	43/43	T8/T5	96/86	28/38
18	R	180	70	81/81	T5/T3	101/111	62/58
19	L	176	63	91/91	T12/T5	99/94	33/52
19	R	172	70	48/48	T10/T6	103/103	31/39
19	R	180	70	55/50	T5/T3	107/87	49/56
Average, 18.6		177.1	70.1	68.8/63.1		106.3/96.9	40.0/49.4
P Value (Dominant vs Non-Dominant)				0.5022		0.0179	0.2333