

addendum

Schedule 1 Student key common disease monitoring form (middle school version)

Province(City/autonomous region): _____ City(state): _____

District(county): _____

Monitoring points: ☐ (1 urban area; 2

suburban counties)

Students fill in their own forms
name of student: _____ ID Number: _____
1. Student number: Grade ☐ ☐ Code 4 digits: ☐ ☐ ☐ ☐ Sex: ① male ② female
Ethnic groups: ① Han nationality ② Mongolian nationality ③ Tibetan nationality ④ Zhuang nationality ⑤ Hui nationality ⑥ Manchu nationality ⑦ Uighur nationality ⑧ other _____
2. Date of birth: ☐ ☐ ☐ ☐ year ☐ ☐ month ☐ ☐ day; date of physical examination: ☐ ☐ ☐ ☐ year ☐ ☐ month ☐ ☐ day
3. Students fill in the medical history: Have you had any of the following diseases in the past year (fill in the serial number)? _____ ① Hepatitis ② Nephritis ③ Heart disease ④ Hypertension ⑤ Anemia ⑥ Diabetes ⑦ anaphylactic disease ⑧ Phys Dis ⑨ Novel coronavirus infection
Height (cm): ☐ ☐ ☐ . ☐ Weight (kg): ☐ ☐ ☐ . ☐
Blood pressure: systolic blood pressure (mm hg): ☐ ☐ ☐
Diastolic blood pressure (mm hg): ☐ ☐ ☐
Signature of the person filling in the form / the person conducting the medical examination: _____
Physical and blood pressure examination results

Schedule 2

Questionnaire on students' health status and influencing factors

Province(City/autonomous region):_____ City(state):_____

District(county):_____ Monitoring points: ☐ (1 urban area; 2 suburban counties)

School Name (with seal)_____ Date of filling in the form: ☐☐☐☐ year ☐☐ month

☐☐ day

A, essential information

	What to investigate	option
A01	grade	☐ ☐
A02	sex	1. Male 2. Female
A03	Whether to live on campus	1. Yes. 2. No
A04	Your people	1. Han nationality 2. Mongolian nationality 3. Tibetan nationality 4. Zhuang 5. Hui 6. Manchu Uyghur 8. Others
A05	How many family members have you been living with in the last six months?	human being
A06	What are they (multiple choices)?	1. Grandparents or maternal grandparents 2. Father 3. Mother 4. Stepfather (stepdad) 5. Stepmother (stepmother) 6. Brothers and sisters 7. Others
A07	How many days in the past 7 days have you been able to do at least 60 minutes or more of moderate to high intensity exercise (cumulative)? (Moderate to high intensity exercise is exercise that makes you out of breath or your heart rate increase, such as running, basketball, soccer, swimming, aerobics, lifting weights, etc.)	1. 0 days 2. 1 day 3. 2 days 4. 3 days 5. Four days 6. 5 days 7. 6 days 8. 7 days

A08	On weekends or holidays, can you do at least 60 minutes of moderate to high intensity exercise per day (cumulative)?	1. Can do it all 2. Can do it most of the time 3. Can do it half the day 4. A few can do it. 5. Almost none can do it
A09	How many PE classes have you had in the last seven days?	1. Section 02. Section 1 3. Section 24. Section 3 5. Sections 4 and 6.5 and above

B. Injury-related behavior

	What was investigated	option
B01	Have you ever been seriously injured (serious injury means requiring hospitalization or being unable to attend school or carry out daily activities for one or more) in the past 12 months?	1. Yes, next time 2. No
B02	Have you been bullied in or around your school in any of the following ways in the last 30 days?	
B021	Was maligned	1. Never 2. Sometimes 3. Often
B022	Being asked for money	1. Never 2. Sometimes 3. Often
B023	Being deliberately excluded from group activities or being isolated	1. Never 2. Sometimes 3. Often
B024	Threatened and intimidated	1. Never 2. Sometimes 3. Often
B025	Be beaten, kicked, pushed, squeezed or locked in a room	1. Never 2. Sometimes 3. Often
B026	Being made fun of because of a physical defect or appearance	1. Never 2. Sometimes 3. Often
B027	Has anyone maliciously made fun of, insulted, threatened, intimidated or spread rumors, images or videos about you through electronic media (such as wechat, QQ, SMS, etc.)?	1. never 2. sometimes 3. often

C. Smoking, drinking and substance abuse

	What was the content of the survey?	option
C01	Have you ever smoked, even if only once or twice?	Yes, the age at which you first tried smoking was years old 2. No
C02	Have you ever had a whole glass of wine? (about the same as a can of beer, a small glass of white wine, a glass of wine or huangjiu)	Yes, the age at which you first tried alcohol 2. No
C03	So far, have you inhaled glue, gasoline and other inhalable solvents for pleasure	1 Yes 2. No
C04	Have you ever used cough syrup other than to treat a cough?	1. Yes 2. No
C05	Have you used sedative-hypnotic drugs (such as diazepam, triazolam) without a doctor's permission so far?	1 Yes 2. No

D. Internet use (including using mobile phones, tablets, computers and other networks)

	What was the content of the investigation?	option
D01	Never been online	1. Yes (jump to F) 2. No
D011	How many hours a day you spend online in the past 7 days?	An average of hours per day
D02	Are there any of the following circumstances?	
D021	I surf the Internet a lot, and even when I'm not online, things related to the Internet keep popping up in my head	1. Yes. 2. No
D022	Once you can't surf the Internet, you feel uncomfortable or unwilling to do anything else, but surfing the Internet relieves it	1. Yes. 2. No
D023	Increase Internet time for satisfaction	1. Yes. 2. No
D024	They lose interest in other recreational activities (hobbies, meeting friends, etc.) because of the Internet	1. Yes. 2. No
D025	I tried to stop surfing the Internet many times, but I couldn't control myself	1. Yes. 2. No
D026	Being unable to complete homework or skipping school because of the Internet	1. Yes. 2. No
D027	Hide the fact that you are surfing the Internet from parents, teachers or classmates	1. Yes. 2. No
D028	Knowingly continue to surf the Internet despite negative consequences (insufficient sleep, being late for class, arguing with parents, etc.)	1. Yes. 2. No
D029	They go online to escape from reality, to get out of their own predicament or depression, helplessness and anxiety	1. Yes. 2. No