

Search strategy

MEDLINE (PUBMED)

1. bipolar disorder
2. Mania
3. Cyclothymic Disorder
4. Affective Disorders, Psychotic
5. or/1-4
6. Exercise
7. Sports
8. Physical Fitness
9. or/6-8
10. randomized controlled trial
11. controlled clinical trial
12. randomly
13. trial
14. groups
15. controlled trial or study or studies
16. randomized
17. placebo
18. or/10-17
- 19. 5 and 9 and 18**

EMBASE

1. bipolar disorder
2. bipolar I disorder
3. bipolar II disorder
4. bipolar mania
5. mania
6. hypomania
7. manic psychosis
8. or/ 1-7
9. exercise

10. aerobic exercise
11. sport
12. physical activity
13. or/ 9-12
14. randomized controlled trial
15. controlled clinical trial
16. major clinical study
17. placebo
18. or/ 14-17
19. 8 and 13 and 18

PSYCinfo (APA)

1. bipolar disorder
2. bipolar I disorder
3. bipolar II disorder
4. cyclothymic disorder
5. mania
6. affective psychosis
7. or/ 1-6
8. aerobic exercise
9. exercise
10. sports
11. physical activity
12. or/ 8-11
13. clinical trials
14. randomized clinical trials
15. placebo
16. random sampling
17. randomized controlled trials
18. treatment effectiveness evaluation
19. or/ 13-18
20. 7 and 12 and 19

CENTRAL

#1 MeSH descriptor Bipolar disorder explode all trees

#2 MeSH descriptor Mania explode all trees

#3 MeSH descriptor Cyclothymic disorder explode all trees

#4 MeSH descriptor Affective disorders, psychotic explode all trees

#5 (#1 OR #2 OR #3 OR #4)

#6 MeSH descriptor Exercise explode all trees

#7 MeSH descriptor Sports explode all trees

#8 MeSH descriptor Physical Fitness explode all trees

#9 (#6 OR #7 OR #8)

#10 (#5 AND #9)

SPORTdiscus (EBSCO)

1. bipolar disorder
2. bipolar I disorder
3. bipolar II disorder
4. bipolar mania
5. mania
6. hypomania
7. manic psychosis
8. or/ 1-7
9. exercise
10. aerobic exercise
11. sport
12. physical activity

13. physical Fitness
14. or/ 9-13
15. randomized controlled trial
16. controlled clinical trial
17. or/ 14-15
18. 8 and 14 and 17