

**Effect of Local Heterogeneities on Single-Layer DNA-Directed Protein Lattices Through Non-Averaged Single-Molecule 3D Structure Determination**

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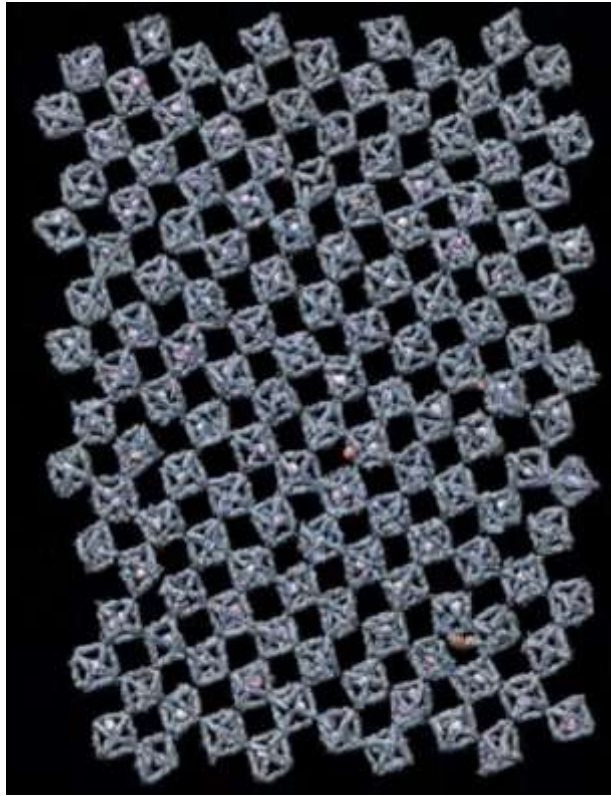
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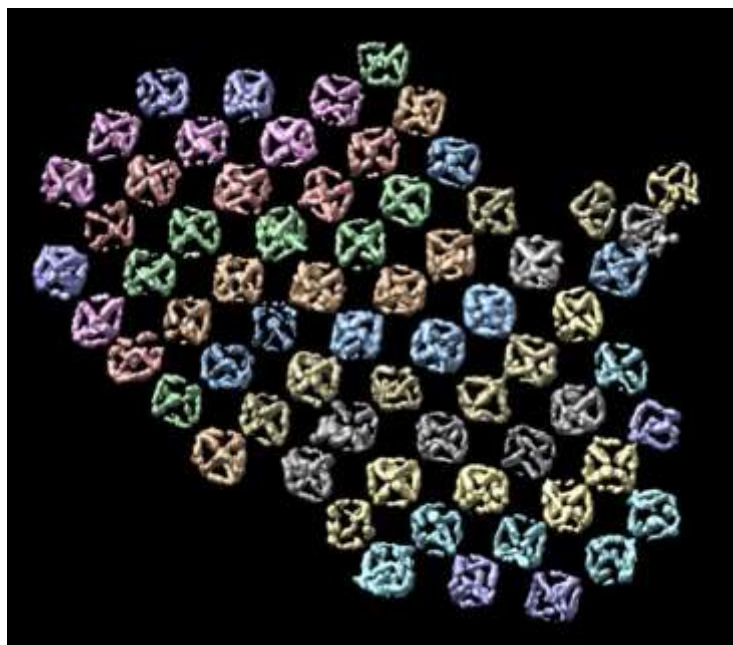
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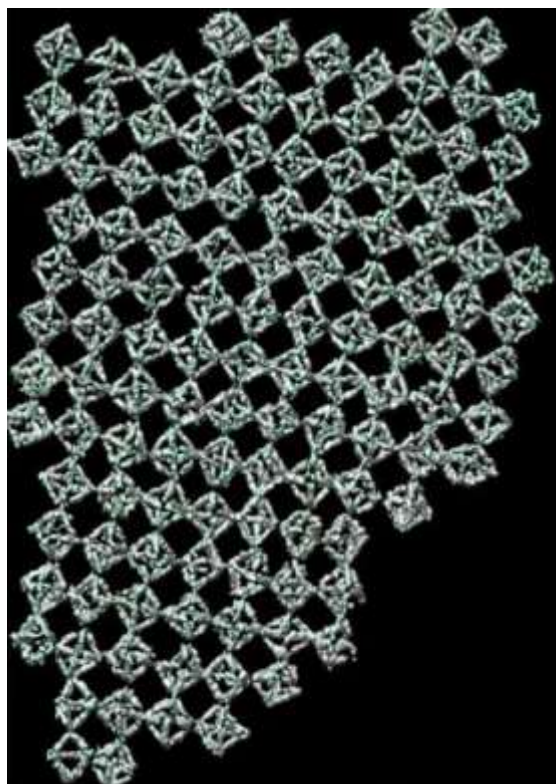
### Supplementary Videos:



**Supplementary Video 1: Analysis of 3D reconstruction of a low-ordered 2D lattice of DNA-origami octahedral cages loaded with 100% ferritin.** This video illustrates the cryo-ET and IPET 3D reconstruction process of DNA origami 2D lattices fully loaded with ferritin. It showcases the detailed steps involved in obtaining the final 3D model and performing the distortion analysis of the lattice.

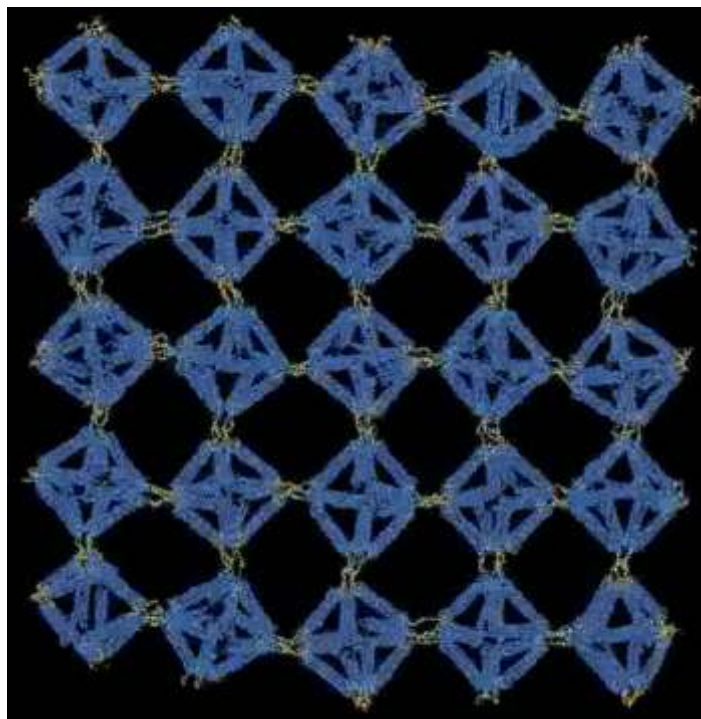


**Supplementary Video 2: Analysis of 3D reconstruction of a low-ordered 2D lattice of DNA-origami octahedral cages loaded with 70% ferritin.** This video illustrates the cryo-ET and IPET 3D reconstruction process of DNA origami 2D lattices fully loaded with ferritin. It showcases the detailed steps involved in obtaining the final 3D model and performing the distortion analysis of the lattice.



**Supplementary Video 3: Analysis of 3D reconstruction of a low-ordered 2D lattice of DNA-origami octahedral cages without ferritin loading.** This video illustrates the cryo-ET and IPET 3D reconstruction process of DNA origami 2D lattices without ferritin loading. It showcases the detailed steps involved in obtaining the final 3D model and performing the distortion analysis of the lattice.





**Supplementary Video 4: MD simulations of a 5x5 lattice of DNA-origami octahedral cages without ferritin loading.** This video illustrates the MD simulation process of 5 x 5 unit-cell formed DNA origami 2D lattices without ferritin loading.

**Supplementary Table 1.** The parameters of IPET 3D reconstructions of the unit-cell particles

Part. ID	Sample	EMDB ID	TEM, camera, CDS mode	Mag. and Å/pix (Å)	Dose rate (e <sup>-</sup> Å <sup>-2</sup> s <sup>-1</sup> )	Exp. time (s)	Total dose (e <sup>-</sup> Å <sup>-2</sup> )	Angle range; step	Contour levels	Resolutions (Å)			Ferritin #	Figure #
										Map-map FSC @0.5	Map-map FSC @0.143	Map-model FSC@0.5		
1	100% load	<a href="#">46070</a>	Krios G2, K3, Yes	53Kx, 1.46 Å	3.0	2.2	231	-51° to +51°; 3°	0.6/1.0	64	20	82	1	S9
2	100% load	<a href="#">46071</a>	Krios G2, K3, Yes	53Kx, 1.46 Å	3.0	2.2	231	-51° to +51°; 3°	0.6/1.0	77	19	75	1	S10
3	100% load	<a href="#">46072</a>	Krios G2, K3, Yes	53Kx, 1.46 Å	3.0	2.2	231	-51° to +51°; 3°	0.6/1.0	70	20	90	2	S11
4	100% load	<a href="#">46073</a>	Krios G2, K3, Yes	53Kx, 1.46 Å	3.0	2.2	231	-51° to +51°; 3°	0.6/1.0	72	20	83	1	S12
5	100% load	<a href="#">46074</a>	Krios G2, K3, Yes	53Kx, 1.46 Å	3.0	2.2	231	-51° to +51°; 3°	0.6/1.0	74	19	73	2	S13
6	100% load	<a href="#">46075</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	75	28	88	1	S14
7	100% load	<a href="#">46076</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	89	29	82	1	S15
8	100% load	<a href="#">46077</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	88	31	80	1	S16
9	100% load	<a href="#">46078</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	69	28	350	1	S17
10	100% load	<a href="#">46079</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	85	30	78	1	S18
11	100% load	<a href="#">46080</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	80	30	76	1	S19
12	100% load	<a href="#">46081</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	252	63	79	1	S20
13	100% load	<a href="#">46082</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	71	28	302	1	S21
14	100% load	<a href="#">46083</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	76	29	91	1	S22
15	100% load	<a href="#">46084</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	36	29	233	2	S23
16	100% load	<a href="#">46085</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	83	27	103	1	S24
17	100% load	<a href="#">46086</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	83	29	280	1	S25
18	100% load	<a href="#">46087</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	74	30	262	2	S26
19	100% load	<a href="#">46088</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	80	30	260	1	S27
20	100% load	<a href="#">46089</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	80	30	253	1	S28
21	100% load	<a href="#">46090</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	88	68	80	1	S29
22	100% load	<a href="#">46091</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	74	28	75	1	S30
23	100% load	<a href="#">46092</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	84	29	75	1	S31
24	100% load	<a href="#">46093</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	76	29	77	1	S32
25	100% load	<a href="#">46094</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	75	27	128	1	S33
26	100% load	<a href="#">46095</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	71	29	100	2	S34
27	100% load	<a href="#">46096</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	71	29	107	2	S35
28	100% load	<a href="#">46097</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	71	29	67	1	S36
29	100% load	<a href="#">46098</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	82	69	90	1	S37
30	100% load	<a href="#">46099</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	75	30	127	2	S38
31	100% load	<a href="#">46100</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	47	27	125	1	S39
32	100% load	<a href="#">46101</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	37	28	117	3	S40
33	100% load	<a href="#">46102</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	36	27	125	2	S41
34	100% load	<a href="#">46103</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	72	28	110	2	S42
35	100% load	<a href="#">46104</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	72	32	80	0	S43
36	100% load	<a href="#">46105</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	72	28	79	1	S44
37	100% load	<a href="#">46106</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	75	29	92	1	S45
38	100% load	<a href="#">46107</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	72	29	156	2	S46
39	100% load	<a href="#">46108</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	72	29	86	1	S47
40	100% load	<a href="#">46109</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	84	28	88	1	S48
41	100% load	<a href="#">46110</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	81	40	81	1	S49
42	100% load	<a href="#">46111</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	78	31	77	2	S50
43	100% load	<a href="#">46112</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	86	27	83	1	S51
44	100% load	<a href="#">46113</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	76	32	86	2	S52
45	100% load	<a href="#">46114</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	75	29	92	2	S53
46	100% load	<a href="#">46115</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	47	30	89	1	S54

47	100% load	<a href="#">46116</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	66	29	91	1	S55
48	100% load	<a href="#">46117</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	64	28	272	1	S56
49	100% load	<a href="#">46118</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	82	30	73	1	S57
50	100% load	<a href="#">46119</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	69	29	74	1	S58
51	100% load	<a href="#">46120</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	63	28	91	1	S59
52	100% load	<a href="#">46121</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	120	30	267	1	S60
53	100% load	<a href="#">46122</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	76	31	74	1	S61
54	100% load	<a href="#">46123</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	78	30	152	2	S62
55	100% load	<a href="#">46124</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	80	29	76	1	S63
56	100% load	<a href="#">46125</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	81	29	84	2	S64
57	100% load	<a href="#">46126</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	78	30	77	1	S65
58	100% load	<a href="#">46127</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	70	29	79	1	S66
59	100% load	<a href="#">46128</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	75	30	260	1	S67
60	100% load	<a href="#">46129</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	65	29	195	1	S68
61	100% load	<a href="#">46130</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	86	29	82	2	S69
62	100% load	<a href="#">46131</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	67	29	139	2	S70
63	100% load	<a href="#">46132</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	72	29	82	1	S71
64	100% load	<a href="#">46133</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	94	30	90	1	S72
65	100% load	<a href="#">46134</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	73	30	292	1	S73
66	100% load	<a href="#">46135</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	79	29	88	1	S74
67	100% load	<a href="#">46136</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	63	30	136	2	S75
68	100% load	<a href="#">46137</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	78	29	81	1	S76
69	100% load	<a href="#">46138</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	61	29	252	1	S77
70	100% load	<a href="#">46139</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	73	30	82	1	S78
71	100% load	<a href="#">46140</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	73	29	89	1	S79
72	100% load	<a href="#">46141</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	78	30	76	1	S80
73	100% load	<a href="#">46142</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	72	27	90	1	S81
74	100% load	<a href="#">46143</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	84	29	72	1	S82
75	100% load	<a href="#">46144</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	79	30	92	2	S83
76	100% load	<a href="#">46145</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	81	30	78	1	S84
77	100% load	<a href="#">46146</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	92	68	82	1	S85
78	100% load	<a href="#">46147</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	72	30	74	2	S86
79	100% load	<a href="#">46148</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	73	30	84	1	S87
80	100% load	<a href="#">46149</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	76	30	320	1	S88
81	100% load	<a href="#">46150</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	73	29	256	1	S89
82	100% load	<a href="#">46151</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	69	31	97	2	S90
83	100% load	<a href="#">46152</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	68	29	70	1	S91
84	100% load	<a href="#">46153</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	75	28	91	1	S92
85	100% load	<a href="#">46154</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	71	30	101	1	S93
86	100% load	<a href="#">46155</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	75	31	78	1	S94
87	100% load	<a href="#">46156</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	40	29	134	1	S95
88	100% load	<a href="#">46157</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	70	31	247	2	S96
89	100% load	<a href="#">46158</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	66	30	307	1	S97
90	100% load	<a href="#">46159</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	86	30	97	1	S98
91	100% load	<a href="#">46160</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	69	29	108	1	S99
92	100% load	<a href="#">46161</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	79	28	80	1	S100
93	100% load	<a href="#">46162</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	38	28	276	2	S101
94	100% load	<a href="#">46163</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	82	30	95	1	S102
95	100% load	<a href="#">46164</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	71	30	104	1	S103
96	100% load	<a href="#">46165</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	78	28	110	1	S104
97	100% load	<a href="#">46166</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	77	31	77	1	S105

98	100% load	<a href="#">46167</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	87	30	87	1	S106
99	100% load	<a href="#">46168</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	72	29	94	1	S107
100	100% load	<a href="#">46169</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	70	30	74	1	S108
101	100% load	<a href="#">46170</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	74	30	83	1	S109
102	100% load	<a href="#">46171</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	70	29	134	1	S110
103	100% load	<a href="#">46172</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	81	27	78	1	S111
104	100% load	<a href="#">46173</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	72	31	74	1	S112
105	100% load	<a href="#">46174</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	68	29	82	1	S113
106	100% load	<a href="#">46175</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	72	29	102	1	S114
107	100% load	<a href="#">46176</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	60	28	146	3	S115
108	100% load	<a href="#">46177</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	64	29	116	2	S116
109	100% load	<a href="#">46178</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	85	31	85	1	S117
110	100% load	<a href="#">46179</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	86	29	85	1	S118
111	100% load	<a href="#">46180</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	76	28	314	2	S119
112	100% load	<a href="#">46181</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	87	31	77	1	S120
113	100% load	<a href="#">46182</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	76	30	302	1	S121
114	100% load	<a href="#">46183</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	82	31	82	1	S122
115	100% load	<a href="#">46184</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	72	29	81	1	S123
116	100% load	<a href="#">46185</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	75	29	85	1	S124
117	100% load	<a href="#">46186</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	73	29	77	1	S125
118	100% load	<a href="#">46187</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	73	31	87	1	S126
119	100% load	<a href="#">46188</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	71	29	88	1	S127
120	100% load	<a href="#">46189</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	68	29	78	1	S128
121	100% load	<a href="#">46190</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	94	30	76	2	S129
122	100% load	<a href="#">46191</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	73	29	74	1	S130
123	100% load	<a href="#">46192</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	53	29	104	1	S131
124	100% load	<a href="#">46193</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	78	29	100	1	S132
125	100% load	<a href="#">46194</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	71	31	150	2	S133
126	100% load	<a href="#">46195</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	85	28	84	1	S134
127	100% load	<a href="#">46196</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	81	29	87	1	S135
128	100% load	<a href="#">46197</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	78	30	89	1	S136
129	100% load	<a href="#">46198</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	98	30	75	2	S137
130	100% load	<a href="#">46199</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	80	28	89	1	S138
131	100% load	<a href="#">46200</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	73	28	98	1	S139
132	100% load	<a href="#">46201</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	61	29	135	2	S140
133	100% load	<a href="#">46202</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	72	29	74	1	S141
134	100% load	<a href="#">46203</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	79	30	76	1	S142
135	100% load	<a href="#">46204</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	73	29	73	2	S143
136	100% load	<a href="#">46205</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	81	29	105	1	S144
137	100% load	<a href="#">46206</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	88	30	90	1	S145
138	100% load	<a href="#">46207</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	83	31	80	1	S146
139	100% load	<a href="#">46208</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	79	32	87	1	S147
140	100% load	<a href="#">46209</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	87	31	78	1	S148
141	100% load	<a href="#">46210</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	72	29	71	1	S149
142	100% load	<a href="#">46211</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	74	32	80	1	S150
143	100% load	<a href="#">46212</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	78	29	79	1	S151
144	100% load	<a href="#">46213</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	80	31	80	1	S152
145	100% load	<a href="#">46214</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	77	29	81	1	S153
Part. ID	Sample	EMDB ID	TEM, camera, CDS mode	Mag. and Apix (Å)	Dose rate (e <sup>-</sup> Å <sup>-2</sup> s <sup>-1</sup> )	Exp. time (s)	Total dose (e <sup>-</sup> Å <sup>-2</sup> )	Angle range; step	Contour levels	Map-map FSC @0.5	Map-map FSC @0.143	Map-model FSC @0.5	Ferritin #	Figure #

146	70% load	<a href="#">46215</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	72	64	77	1	S154
147	70% load	<a href="#">46216</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	74	62	82	1	S155
148	70% load	<a href="#">46217</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	76	60	81	1	S156
149	70% load	<a href="#">46218</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	75	60	81	1	S157
150	70% load	<a href="#">46219</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	77	65	74	1	S158
151	70% load	<a href="#">46220</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	76	65	78	0	S159
152	70% load	<a href="#">46221</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	78	60	83	2	S160
153	70% load	<a href="#">46222</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	78	63	277	1	S161
154	70% load	<a href="#">46223</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	75	60	75	0	S162
155	70% load	<a href="#">46224</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	74	63	94	1	S163
156	70% load	<a href="#">46225</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	78	64	73	0	S164
157	70% load	<a href="#">46226</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	76	65	85	1	S165
158	70% load	<a href="#">46227</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	75	66	89	1	S166
159	70% load	<a href="#">46228</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	73	62	75	1	S167
160	70% load	<a href="#">46229</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	75	64	71	1	S168
161	70% load	<a href="#">46230</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	72	57	84	1	S169
162	70% load	<a href="#">46231</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	77	61	91	1	S170
163	70% load	<a href="#">46232</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	77	63	74	1	S171
164	70% load	<a href="#">46233</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	78	64	81	1	S172
165	70% load	<a href="#">46234</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	71	55	80	1	S173
166	70% load	<a href="#">46235</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	75	62	77	1	S174
167	70% load	<a href="#">46236</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	79	62	81	1	S175
168	70% load	<a href="#">46237</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	74	64	75	1	S176
169	70% load	<a href="#">46238</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	75	57	81	1	S177
170	70% load	<a href="#">46239</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	80	67	79	0	S178
171	70% load	<a href="#">46240</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	78	69	93	1	S179
172	70% load	<a href="#">46241</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	81	59	82	0	S180
173	70% load	<a href="#">46242</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	82	65	80	1	S181
174	70% load	<a href="#">46243</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	83	70	73	1	S182
175	70% load	<a href="#">46244</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	77	68	89	1	S183
176	70% load	<a href="#">46245</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	75	61	157	1	S184
177	70% load	<a href="#">46246</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	79	67	77	1	S185
178	70% load	<a href="#">46247</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	77	66	75	0	S186
179	70% load	<a href="#">46248</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	75	64	85	1	S187
180	70% load	<a href="#">46249</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	79	65	79	0	S188
181	70% load	<a href="#">46250</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	79	64	82	1	S189
182	70% load	<a href="#">46251</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	76	65	80	1	S190
183	70% load	<a href="#">46252</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	81	64	79	1	S191
184	70% load	<a href="#">46253</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	77	66	73	1	S192
185	70% load	<a href="#">46254</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	75	63	82	1	S193
186	70% load	<a href="#">46255</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	74	63	73	1	S194
187	70% load	<a href="#">46256</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	79	65	79	1	S195
188	70% load	<a href="#">46257</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	79	56	75	1	S196
189	70% load	<a href="#">46258</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	74	65	128	1	S197
190	70% load	<a href="#">46259</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	70	46	133	2	S198
191	70% load	<a href="#">46260</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	75	62	78	1	S199
192	70% load	<a href="#">46261</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	78	56	81	2	S200
193	70% load	<a href="#">46262</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	79	62	77	0	S201
194	70% load	<a href="#">46263</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	76	62	87	1	S202
195	70% load	<a href="#">46264</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	73	62	84	1	S203
196	70% load	<a href="#">46265</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	75	63	81	1	S204

197	70% load	<a href="#">46266</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	78	63	76	1	S205
198	70% load	<a href="#">46267</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	76	67	84	1	S206
199	70% load	<a href="#">46268</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	73	54	82	0	S207
200	70% load	<a href="#">46269</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	75	57	98	1	S208
201	70% load	<a href="#">46270</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	75	64	92	1	S209
202	70% load	<a href="#">46271</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	77	58	82	0	S210
203	70% load	<a href="#">46272</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	78	64	80	1	S211
204	70% load	<a href="#">46273</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	78	57	78	1	S212
205	70% load	<a href="#">46274</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	77	56	78	1	S213
206	70% load	<a href="#">46275</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	74	61	76	1	S214
207	70% load	<a href="#">46276</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	78	64	77	1	S215
208	70% load	<a href="#">46277</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	77	63	82	1	S216
209	70% load	<a href="#">46278</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	75	66	76	0	S217
210	70% load	<a href="#">46279</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	74	59	80	0	S218
211	70% load	<a href="#">46280</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	88	62	82	1	S219
212	70% load	<a href="#">46281</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	85	64	91	1	S220
213	70% load	<a href="#">46282</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	81	53	141	1	S221
214	70% load	<a href="#">46283</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	81	69	77	1	S222
215	70% load	<a href="#">46284</a>	Zeiss 120, CCD, No	80Kx, 1.48Å	-	1.0	66	-48° to +48°, 3°	0.7/1.3	78	67	79	1	S223
Part. ID	Sample	EMDB ID	TEM, camera, CDS mode	Mag. and Apix (Å)	Dose rate (e <sup>-</sup> Å <sup>-2</sup> s <sup>-1</sup> )	Exp. time (s)	Total dose (e <sup>-</sup> Å <sup>-2</sup> )	Angle range; step	Contour levels	Map-map FSC @0.5	Map-map FSC @0.143	Map-model FSC @0.5	Ferritin #	Figure #
216	0% load	<a href="#">46285</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°, 3°	0.6/1.0	69	28	79	0	S224
217	0% load	<a href="#">46286</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°, 3°	0.6/1.0	73	27	73	0	S225
218	0% load	<a href="#">46287</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°, 3°	0.6/1.0	72	27	84	0	S226
219	0% load	<a href="#">46288</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°, 3°	0.6/1.0	79	29	77	0	S227
220	0% load	<a href="#">46289</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°, 3°	0.6/1.0	74	27	79	0	S228
221	0% load	<a href="#">46290</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°, 3°	0.6/1.0	74	26	75	0	S229
222	0% load	<a href="#">46291</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°, 3°	0.6/1.0	69	28	77	0	S230
223	0% load	<a href="#">46292</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°, 3°	0.6/1.0	73	25	78	0	S231
224	0% load	<a href="#">46293</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°, 3°	0.6/1.0	97	75	74	0	S232
225	0% load	<a href="#">46294</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°, 3°	0.6/1.0	82	32	76	0	S233
226	0% load	<a href="#">46295</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°, 3°	0.6/1.0	84	28	79	0	S234
227	0% load	<a href="#">46296</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°, 3°	0.6/1.0	77	27	76	0	S235
228	0% load	<a href="#">46297</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°, 3°	0.6/1.0	72	25	75	0	S236
229	0% load	<a href="#">46298</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°, 3°	0.6/1.0	73	25	81	0	S237
230	0% load	<a href="#">46299</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°, 3°	0.6/1.0	75	27	76	0	S238
231	0% load	<a href="#">46300</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°, 3°	0.6/1.0	72	27	76	0	S239
232	0% load	<a href="#">46301</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°, 3°	0.6/1.0	69	29	75	0	S240
233	0% load	<a href="#">46302</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°, 3°	0.6/1.0	74	27	77	0	S241
234	0% load	<a href="#">46303</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°, 3°	0.6/1.0	78	27	79	0	S242
235	0% load	<a href="#">46304</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°, 3°	0.6/1.0	78	27	79	0	S243
236	0% load	<a href="#">46305</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°, 3°	0.6/1.0	74	28	75	0	S244
237	0% load	<a href="#">46306</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°, 3°	0.6/1.0	72	26	77	0	S245
238	0% load	<a href="#">46307</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°, 3°	0.6/1.0	77	28	76	0	S246
239	0% load	<a href="#">46308</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°, 3°	0.6/1.0	80	29	77	0	S247
240	0% load	<a href="#">46309</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°, 3°	0.6/1.0	78	28	76	0	S248
241	0% load	<a href="#">46310</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°, 3°	0.6/1.0	75	28	74	0	S249
242	0% load	<a href="#">46311</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°, 3°	0.6/1.0	72	28	82	0	S250
243	0% load	<a href="#">46312</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°, 3°	0.6/1.0	69	27	80	0	S251
244	0% load	<a href="#">46313</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°, 3°	0.6/1.0	75	27	80	0	S252

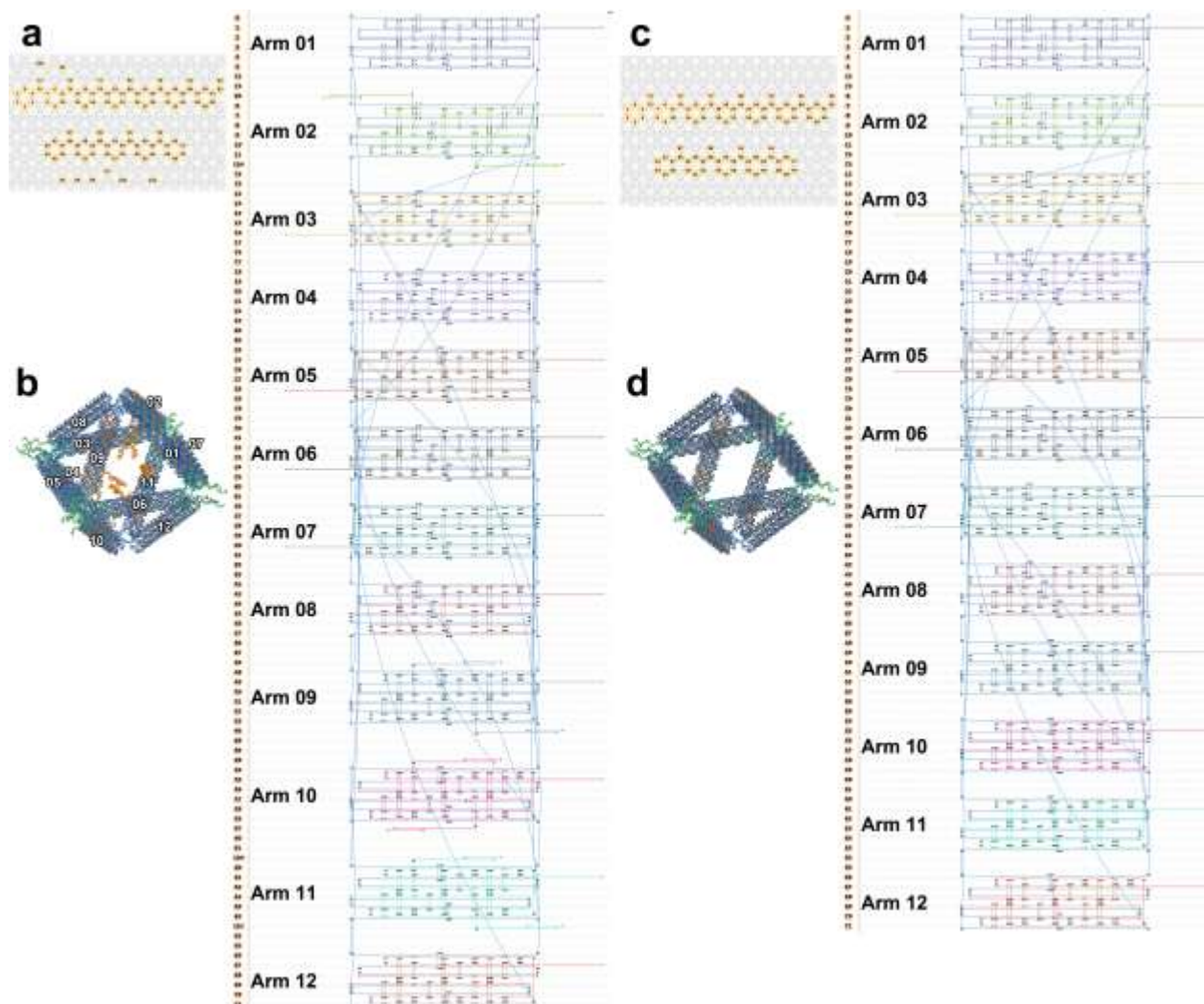


245	0% load	<a href="#">46314</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	93	70	86	0	S253
246	0% load	<a href="#">46315</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	77	28	77	0	S254
247	0% load	<a href="#">46316</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	75	29	72	0	S255
248	0% load	<a href="#">46317</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	74	27	74	0	S256
249	0% load	<a href="#">46318</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	77	26	75	0	S257
250	0% load	<a href="#">46319</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	83	28	79	0	S258
251	0% load	<a href="#">46320</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	81	28	74	0	S259
252	0% load	<a href="#">46321</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	83	27	75	0	S260
253	0% load	<a href="#">46322</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	77	27	78	0	S261
254	0% load	<a href="#">46323</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	77	28	79	0	S262
255	0% load	<a href="#">46324</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	93	63	84	0	S263
256	0% load	<a href="#">46325</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	77	29	82	0	S264
257	0% load	<a href="#">46326</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	77	30	76	0	S265
258	0% load	<a href="#">46327</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	73	26	74	0	S266
259	0% load	<a href="#">46328</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	72	27	77	0	S267
260	0% load	<a href="#">46329</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	76	27	79	0	S268
261	0% load	<a href="#">46330</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	75	27	78	0	S269
262	0% load	<a href="#">46331</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	73	27	78	0	S270
263	0% load	<a href="#">46332</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	72	27	78	0	S271
264	0% load	<a href="#">46333</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	85	29	76	0	S272
265	0% load	<a href="#">46334</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	71	27	78	0	S273
266	0% load	<a href="#">46335</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	75	27	77	0	S274
267	0% load	<a href="#">46336</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	78	27	79	0	S275
268	0% load	<a href="#">46337</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	77	27	77	0	S276
269	0% load	<a href="#">46338</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	73	28	80	0	S277
270	0% load	<a href="#">46339</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	72	26	78	0	S278
271	0% load	<a href="#">46340</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	70	28	74	0	S279
272	0% load	<a href="#">46341</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	80	29	80	0	S280
273	0% load	<a href="#">46342</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	77	26	74	0	S281
274	0% load	<a href="#">46343</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	78	26	76	0	S282
275	0% load	<a href="#">46344</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	77	27	76	0	S283
276	0% load	<a href="#">46345</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	74	29	73	0	S284
277	0% load	<a href="#">46346</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	70	27	74	0	S285
278	0% load	<a href="#">46347</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	71	28	77	0	S286
279	0% load	<a href="#">46348</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	79	27	79	0	S287
280	0% load	<a href="#">46349</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	78	29	82	0	S288
281	0% load	<a href="#">46350</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	72	27	82	0	S289
282	0% load	<a href="#">46351</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	63	27	77	0	S290
283	0% load	<a href="#">46352</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	66	27	73	0	S291
284	0% load	<a href="#">46353</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	77	29	73	0	S292
285	0% load	<a href="#">46354</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	84	25	78	0	S293
286	0% load	<a href="#">46355</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	86	29	83	0	S294
287	0% load	<a href="#">46356</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	72	28	75	0	S295
288	0% load	<a href="#">46357</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	79	28	76	0	S296
289	0% load	<a href="#">46358</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	80	27	79	0	S297
290	0% load	<a href="#">46359</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	84	26	79	0	S298
291	0% load	<a href="#">46360</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	79	27	76	0	S299
292	0% load	<a href="#">46361</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	69	27	74	0	S300
293	0% load	<a href="#">46362</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	80	28	83	0	S301
294	0% load	<a href="#">46363</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	76	29	80	0	S302
295	0% load	<a href="#">46364</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	89	76	87	0	S303

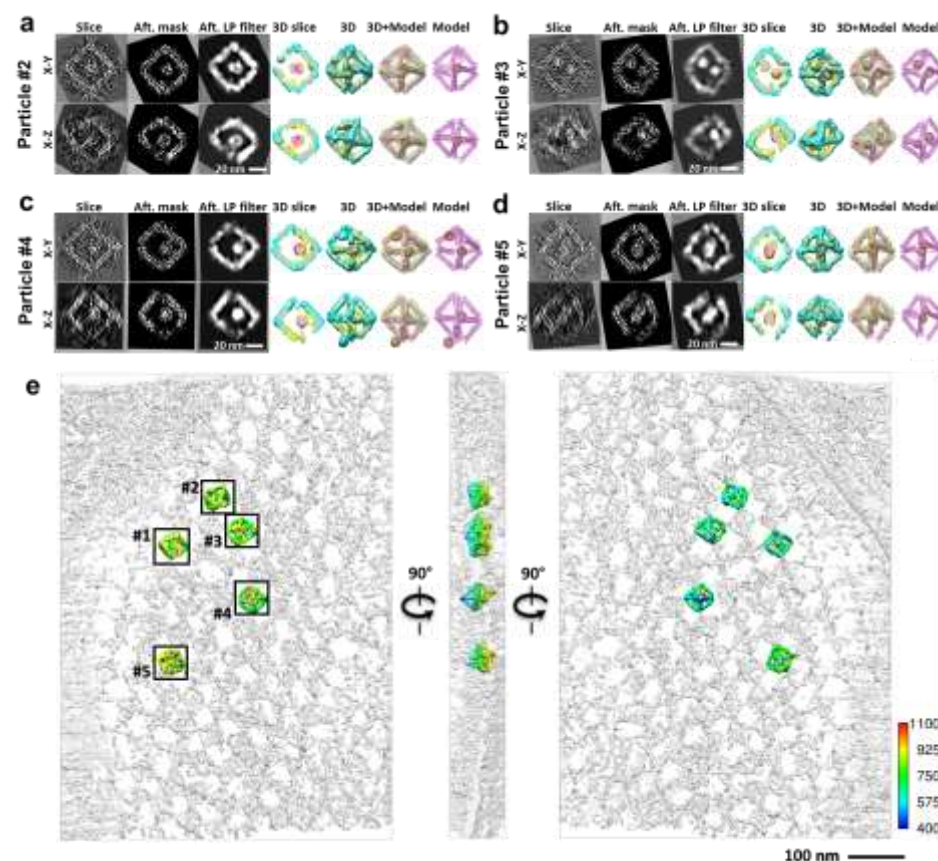
296	0% load	<a href="#">46365</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	69	33	83	0	S304
297	0% load	<a href="#">46366</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	78	29	76	0	S305
298	0% load	<a href="#">46367</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	72	26	79	0	S306
299	0% load	<a href="#">46368</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	61	27	75	0	S307
300	0% load	<a href="#">46369</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	73	28	80	0	S308
301	0% load	<a href="#">46370</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	71	26	74	0	S309
302	0% load	<a href="#">46371</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	81	28	76	0	S310
303	0% load	<a href="#">46372</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	71	29	79	0	S311
304	0% load	<a href="#">46373</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	86	34	82	0	S312
305	0% load	<a href="#">46374</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	75	26	75	0	S313
306	0% load	<a href="#">46375</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	71	28	74	0	S314
307	0% load	<a href="#">46376</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	78	26	74	0	S315
308	0% load	<a href="#">46377</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	78	29	78	0	S316
309	0% load	<a href="#">46378</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	73	27	73	0	S317
310	0% load	<a href="#">46379</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	69	30	81	0	S318
311	0% load	<a href="#">46380</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	72	27	74	0	S319
312	0% load	<a href="#">46381</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	91	28	77	0	S320
313	0% load	<a href="#">46382</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	77	26	74	0	S321
314	0% load	<a href="#">46383</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	73	63	77	0	S322
315	0% load	<a href="#">46384</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	74	27	77	0	S323
316	0% load	<a href="#">46385</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	76	30	74	0	S324
317	0% load	<a href="#">46386</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	73	26	77	0	S325
318	0% load	<a href="#">46387</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	71	29	78	0	S326
319	0% load	<a href="#">46388</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	109	73	76	0	S327
320	0% load	<a href="#">46389</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	69	28	73	0	S328
321	0% load	<a href="#">46390</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	79	27	78	0	S329
322	0% load	<a href="#">46391</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	78	28	80	0	S330
323	0% load	<a href="#">46392</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	77	28	72	0	S331
324	0% load	<a href="#">46393</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	81	26	78	0	S332
325	0% load	<a href="#">46394</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	83	69	76	0	S333
326	0% load	<a href="#">46395</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	95	30	83	0	S334
327	0% load	<a href="#">46396</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	70	28	74	0	S335
328	0% load	<a href="#">46397</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	76	27	75	0	S336
329	0% load	<a href="#">46398</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	78	27	79	0	S337
330	0% load	<a href="#">46399</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	73	27	76	0	S338
331	0% load	<a href="#">46400</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	77	27	74	0	S339
332	0% load	<a href="#">46401</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	77	29	75	0	S340
333	0% load	<a href="#">46402</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	72	27	79	0	S341
334	0% load	<a href="#">46403</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	73	28	74	0	S342
335	0% load	<a href="#">46404</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	72	27	71	0	S343
336	0% load	<a href="#">46405</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	98	28	73	0	S344
337	0% load	<a href="#">46406</a>	Krios G2, K3, No	53Kx, 1.46 Å	6.0	1.0	210	-51° to +51°; 3°	0.6/1.0	68	26	77	0	S345
Part. ID	Sample	EMDB ID	TEM, camera, CDS mode	Mag. and Apix (Å)	Dose rate (e <sup>-</sup> Å <sup>-2</sup> s <sup>-1</sup> )	Exp. time (s)	Total dose (e <sup>-</sup> Å <sup>-2</sup> )	Angle range; step	Contour levels	Map-map FSC @0.5	Map-map FSC @0.143	Map-model FSC @0.5	Ferritin #	Figure #

EMDB stands for Electron Microscopy Data Bank, <https://www.ebi.ac.uk/pdbe/emdb/>. Krios G2 refers to the FEI Titan Krios TEM. Zeiss 120 refers to the Zeiss Libra 120 Plus TEM. K3 refers to the Gatan K3 Direct Detector. CCD refers to the Gatan UltraScan 4000 4Kx4K charged-coupled device. CDS stands for correlated-double sampling mode.

## Supplementary Figures:



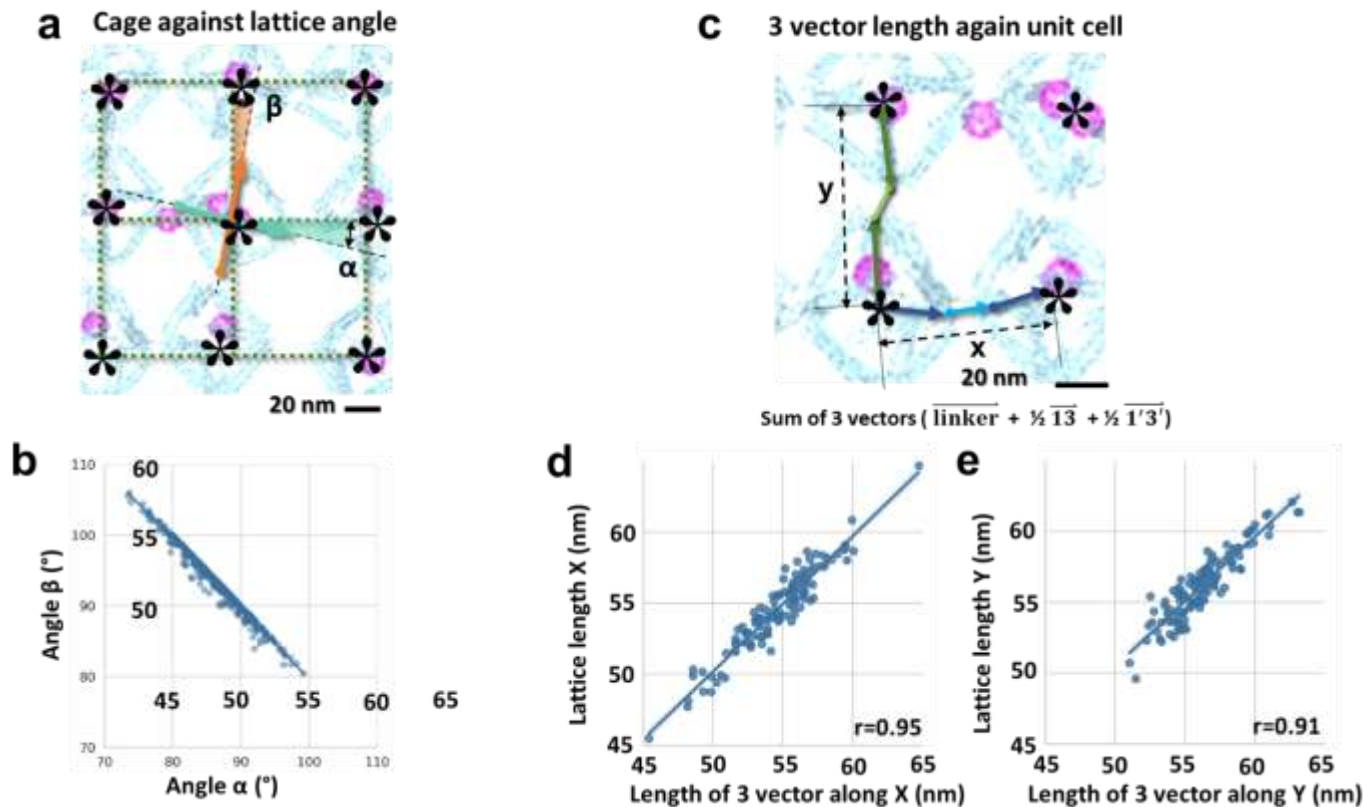
**Supplementary Fig. 1: Secondary structure of DNA origami octahedral cage with and without a linker for ferritin. a,** Secondary structure of the DNA origami octahedral cage with ferritin linkers. **b,** Secondary structure of the DNA origami octahedral cage without ferritin linkers.



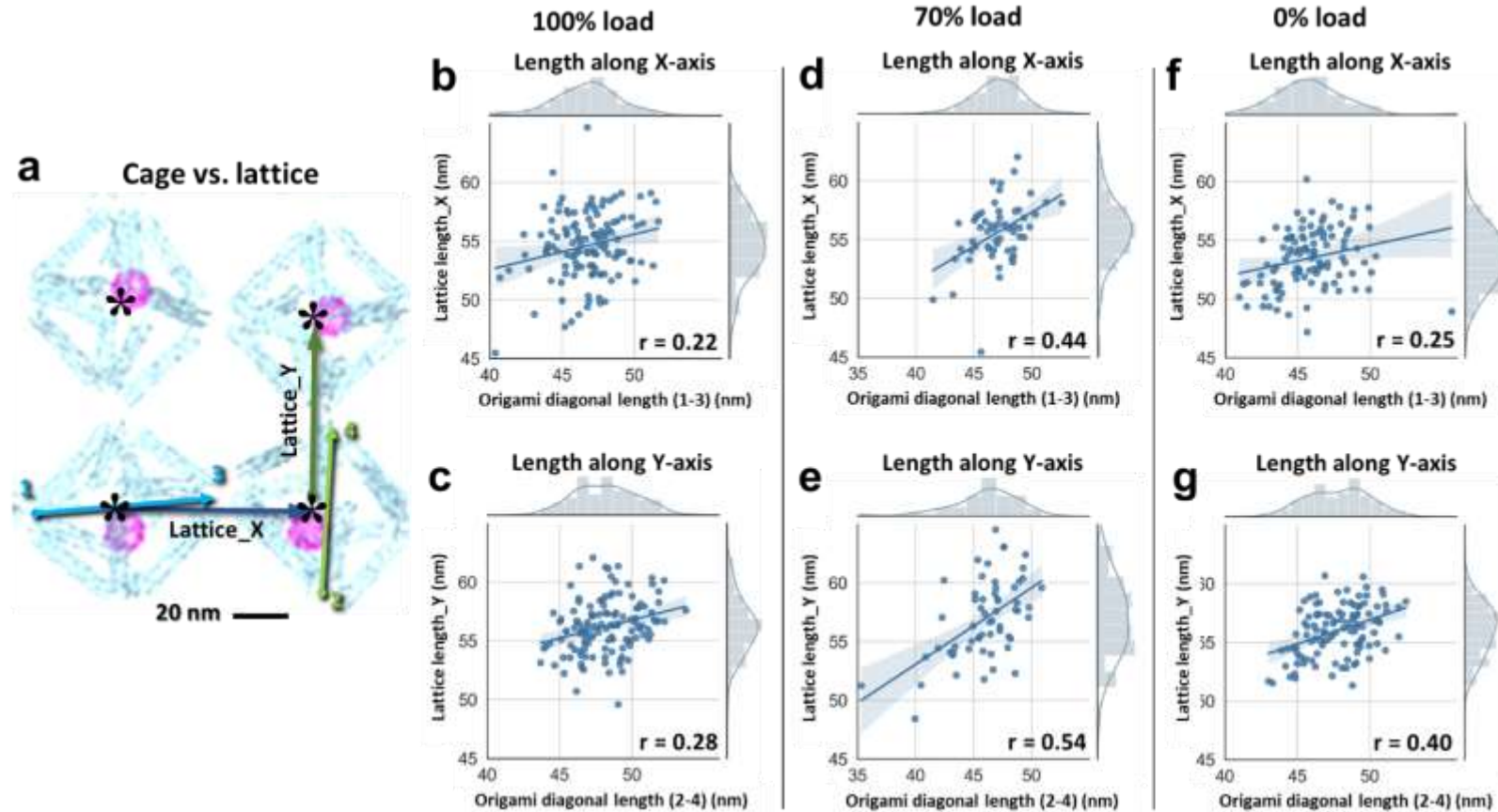
**Supplementary Fig. 2: Examples of IPET 3D reconstruction intermediate for four representative unit-cell particle in a 2D lattice with 100% ferritin loading.** **a**, Perpendicular cross-sections of an IPET 3D reconstruction for the unit-cell particle #38. The first four images (left) show the reconstruction stages: before and after applying a soft-boundary mask, following low-pass filtering, and the 3D view of the cross-section in the final reconstruction. These are compared with the next three columns (right), which display the 3D map, the superimposed fitting model, and the final fitted model. **b-d**, Examples of IPET 3D reconstructions for three additional particles (#46, #65, and #101), analyzed using the same methodology as in **a**. **e**, Three views of the low-resolution 3D map of the entire 2D lattice reconstructed by IMOD, with five IPET 3D density maps from five individual unit-cell particles superimposed. The color scheme represents depth, enhancing visualization of structural features.



### Lattice dynamics (100% load)

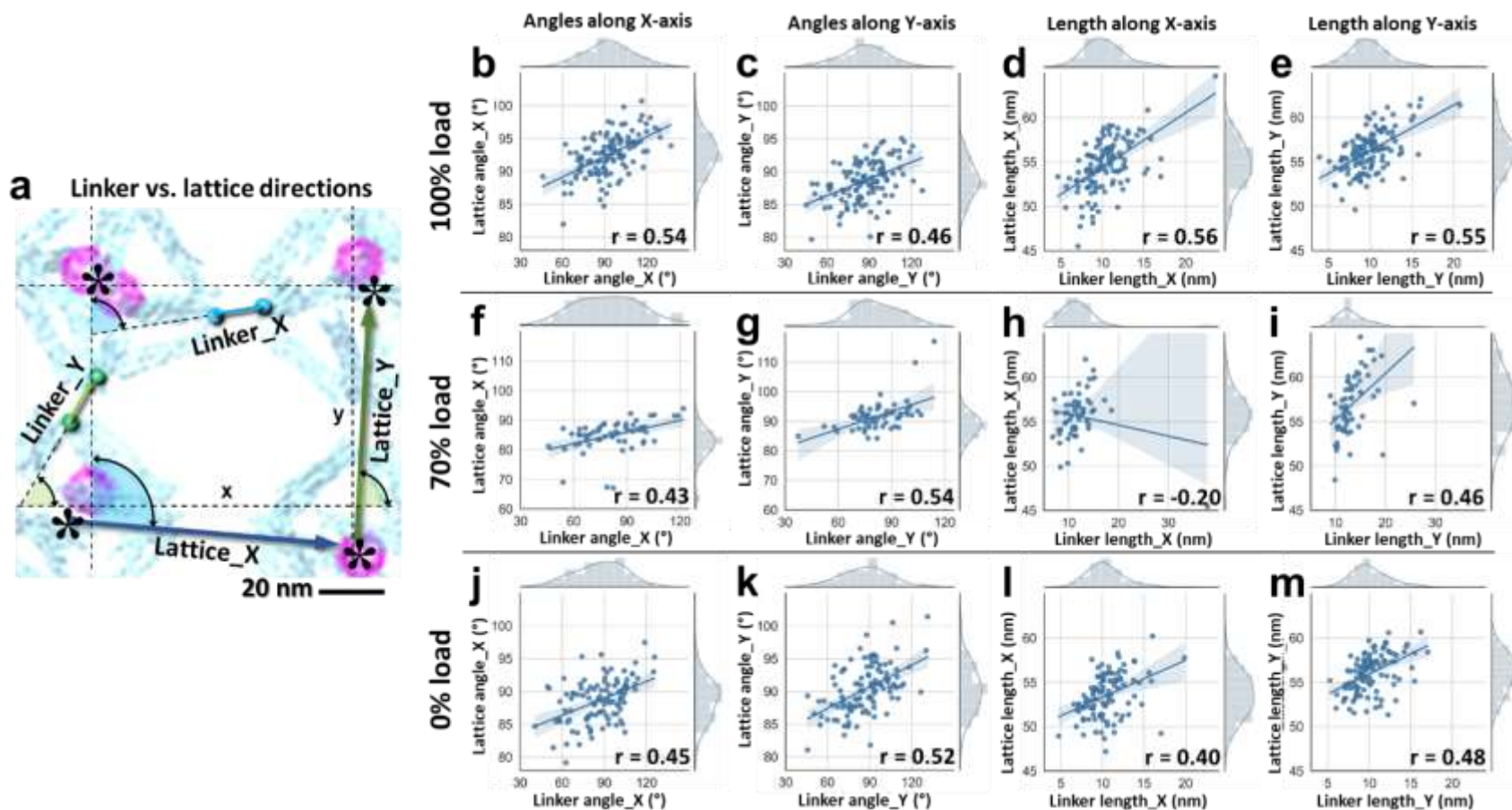


**Supplementary Fig. 3: Statistical analysis of structural variability in unit-cell particles relative to their formed lattice (100% ferritin loading).** **a**, Schematic representation of the measurement of the unit-cell angle relative to the lattice. This angle is defined as the direction from vertex to vertex along the diagonal within the unit-cell in-plane quadrilateral formed by the 4 HBs, compared to the lattice-averaged direction along the X and Y axes, respectively. **b**, Correlation analysis the angles along X-axis versus the Y-axis. **c**, Schematic illustration of the measurement of the center-to-center distances between two adjunct unit-cell particles, as well as the combined distances of the vectors. These vectors are composed of two halves of the adjacent unit-cell particle sizes plus their linker, measured along the X and Y axes, respectively. **d,e**, Correlation analyses of the center-to-center distances and the combined distances of the three vectors along the X-axis and Y-axis, respectively.

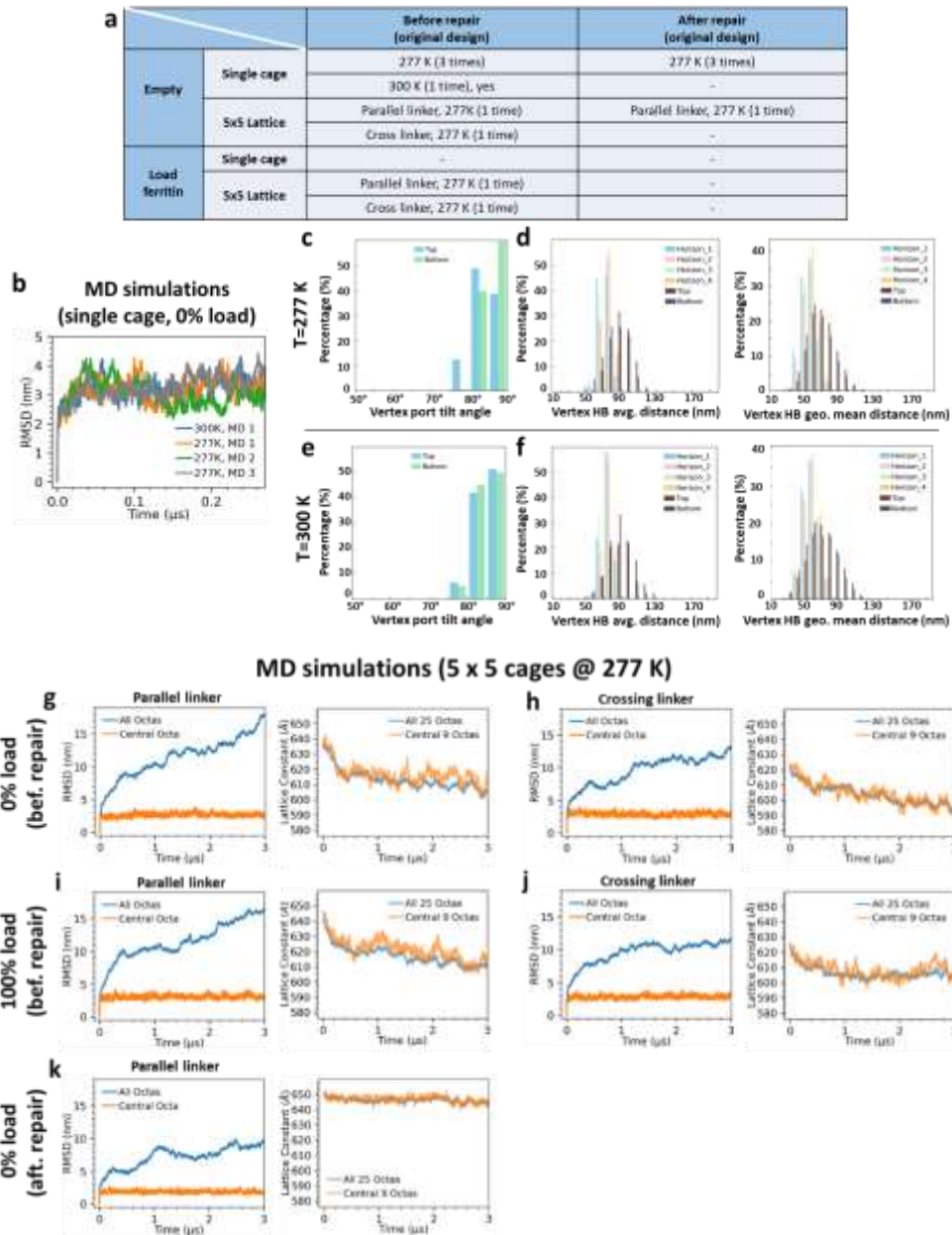


**Supplementary Fig. 4: Correlation analysis between unit-cell particle size and lattice lengths.** **a**, Schematic illustration of unit-cell particle size and lattice length measurements. The particle size is determined by the vertex-to-vertex distances along two diagonal directions within the in-plane quadrilateral formed by the 4 HBs of a unit-cell particle. The lattice length is measured as the distance between the centers of two adjacent unit-cell particles. **b,c**, Histograms of particle sizes and lattice lengths within a lattice with 100% ferritin loading, along with correlation analyses between particle sizes and lattice lengths along the X- and Y-axes, respectively. **d, e**, Equivalent analyses performed on a lattice with 70% ferritin loading. **f, g**, Equivalent analyses performed on a lattice with 0% ferritin loading.

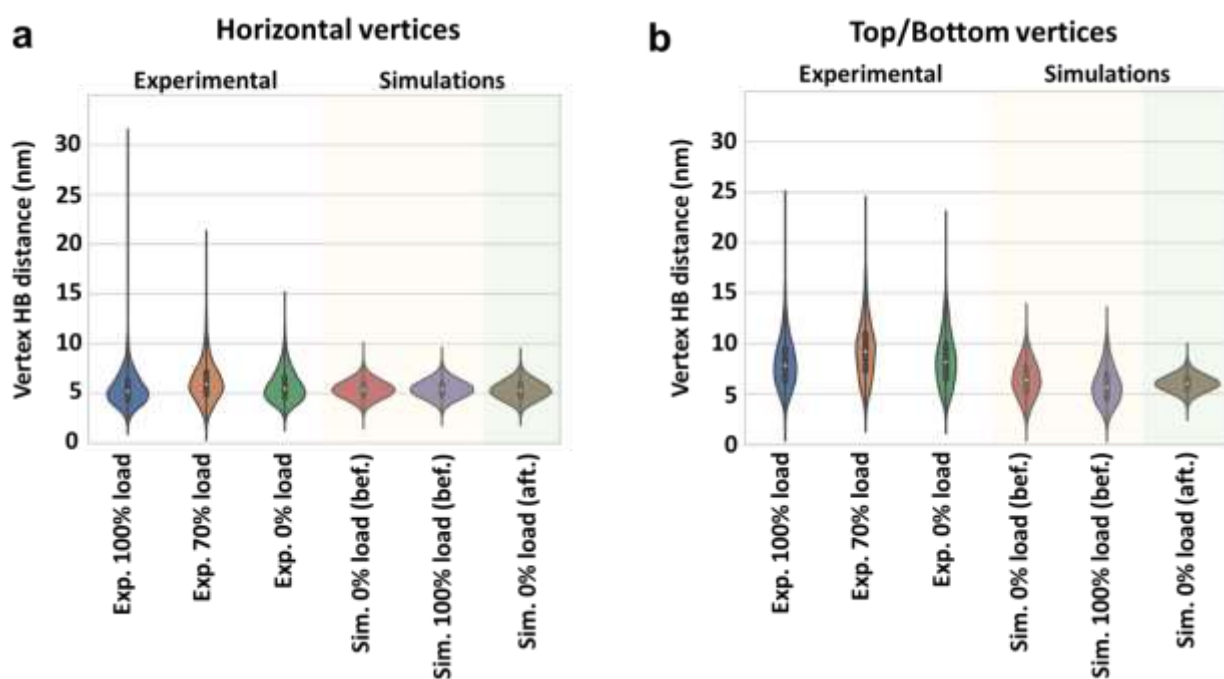




**Supplementary Fig. 5: Correlation analysis between linker angle and length versus lattice angles and lengths.** **a**, Schematic illustration of the measurements. The linker angle and length are determined between the closest vertices of two adjacent unit-cell particles relative to the averaged lattice direction. The lattice angle and length are measured between the centers of two adjacent unit-cell particles. **b,c**, Histograms of linker angles and lattice angles along the X- and Y-axes within the 100% ferritin-loaded 2D lattice, along with correlation analyses between these angles along the X- and Y-axes, respectively. **d,e**, Histograms of linker lengths and lattice lengths along the X- and Y-axes within the 100% ferritin-loaded 2D lattice, along with correlation analyses between these lengths along the X- and Y-axes, respectively. **f-i**, Equivalent analyses performed on a lattice with 70% ferritin loading. **j-m**, Equivalent analyses performed on a lattice with 0% ferritin loading.

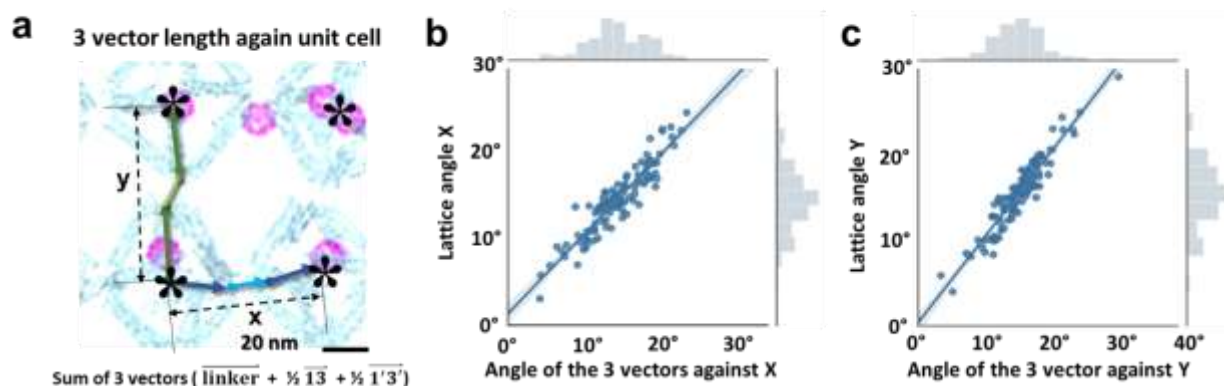


**Supplementary Fig. 6: MD simulation of DNA origami unit-cell particles and their 2D lattices.** **a**, Overview of MD simulation performance under various conditions. **b**, RMSD of a single unit-cell (a cage) over 0.25  $\mu$ s at different temperatures. **c**, Distribution of the top and bottom vertex angles relative to the lattice plane under a temperature of 277 K. **d**, Distribution of pore sizes analyzed using two averaging methods. **e,f**, A similar MD simulation under a temperature of 300 K. **g**, MD simulation of a 5x5 2D lattice of unit-cell particles without repair or ferritin loading, using parallel linkers for a 3  $\mu$ s simulation. Both RMSD and lattice lengths are analyzed. **h**, MD simulation of the above 5x5 2D lattice under crossing linker conditions. **i,j**, MD simulations of the above 2D lattice with 100% ferritin loading. **k**, MD simulation of the repaired 2D lattice under the parallel linker condition.

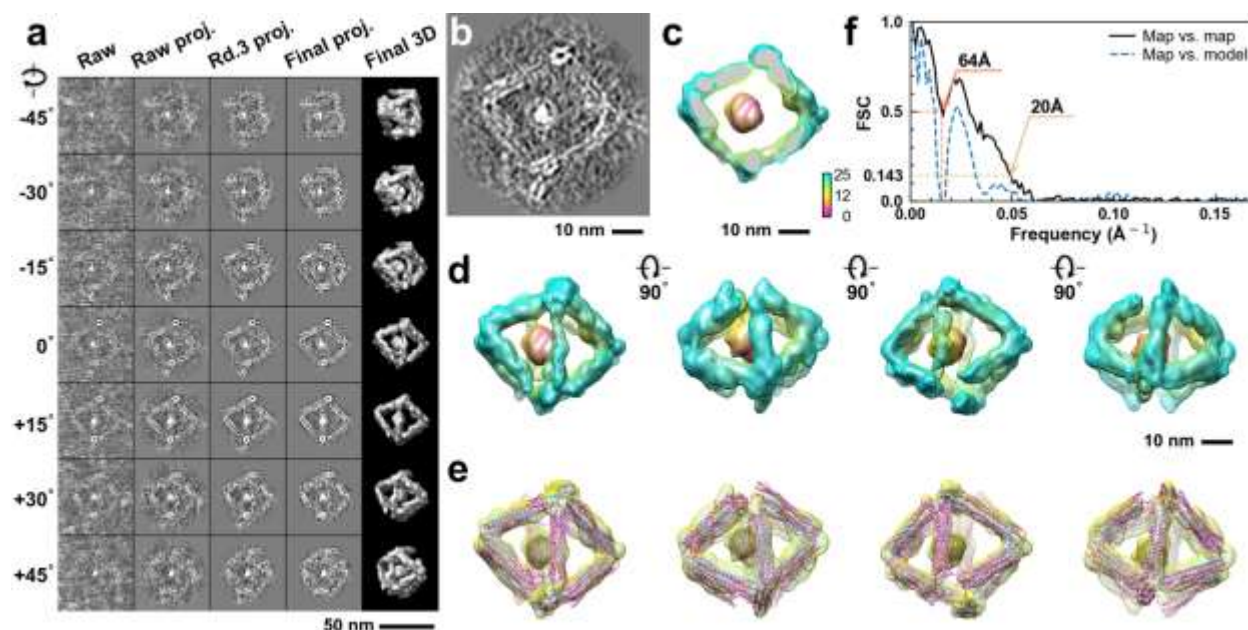


**Supplementary Fig. 7: Analysis of pore size variability under different experimental and MD simulations conditions.** **a**, Comparison of pore size distributions, measured as the average distances among the four distal ends of helical bundles at each vertex, along the lattice plane. **b**, Comparison of pore size distributions above and below the lattice plane.

## MD Simulations (after parallel repair, 0% load)

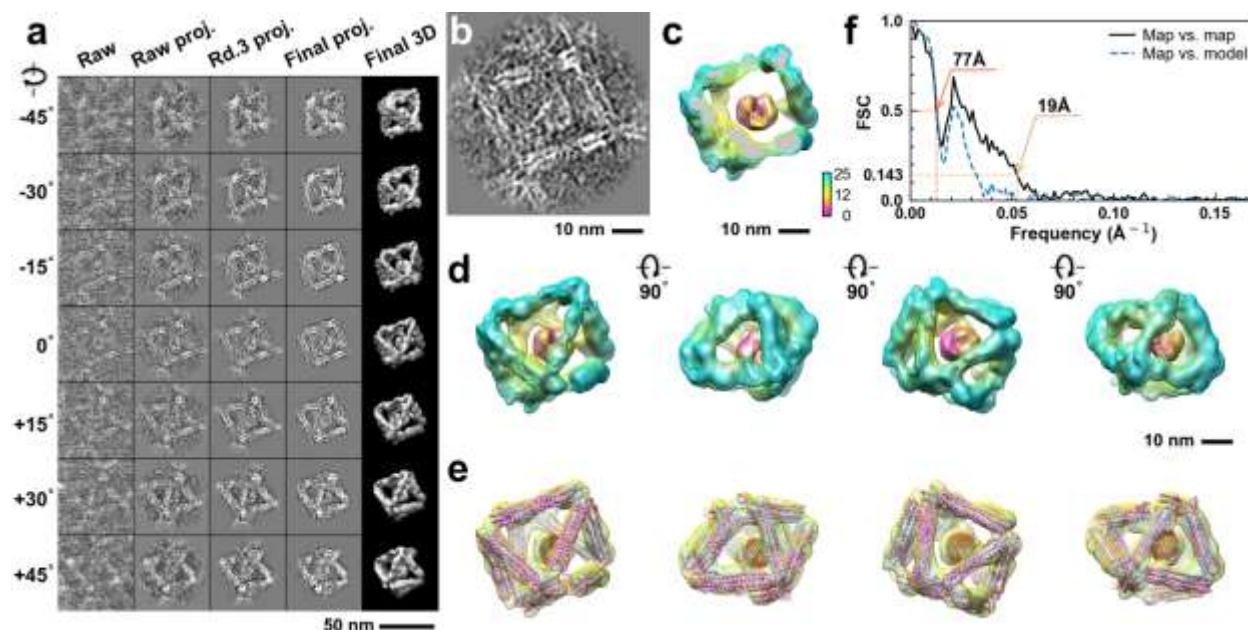


**Supplementary Fig. 8: Analysis of structural variability in repaired unit-cell particles relative to their simulated lattice formation.** **a**, A schematic representation of the measurement process for center-to-center distances between adjacent unit-cell particles, as well as the combined distances of their associated vectors. These vectors consist of the sum of two halves of the adjacent unit-cell particle sizes and their linker, measured along the X and Y axes, respectively. **b,c**, Correlation analyses of the center-to-center distances and combined vector distances along the X-axis and Y-axis, respectively.



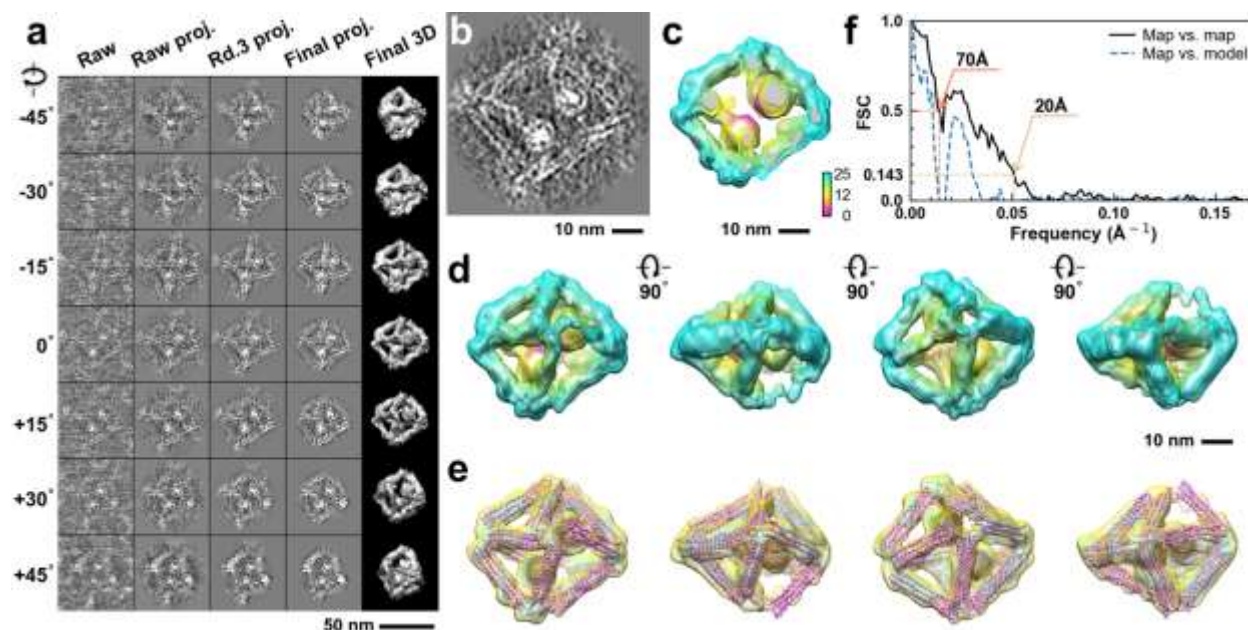
**Supplementary Fig. 9: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 001) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



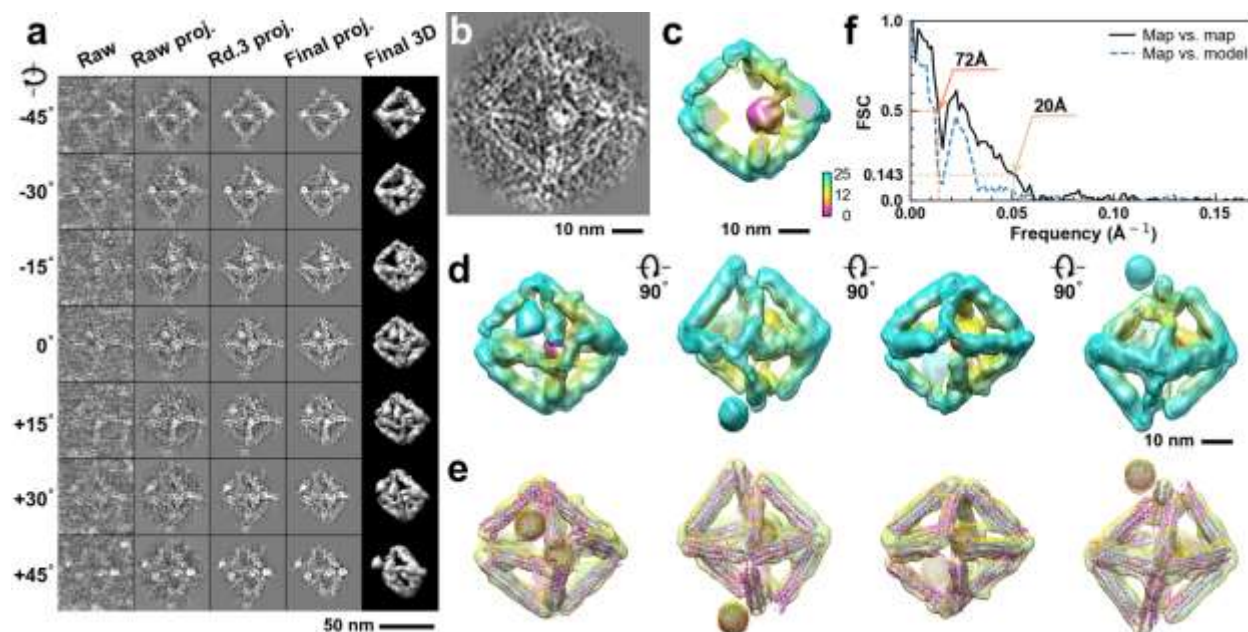


**Supplementary Fig. 10: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 002) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

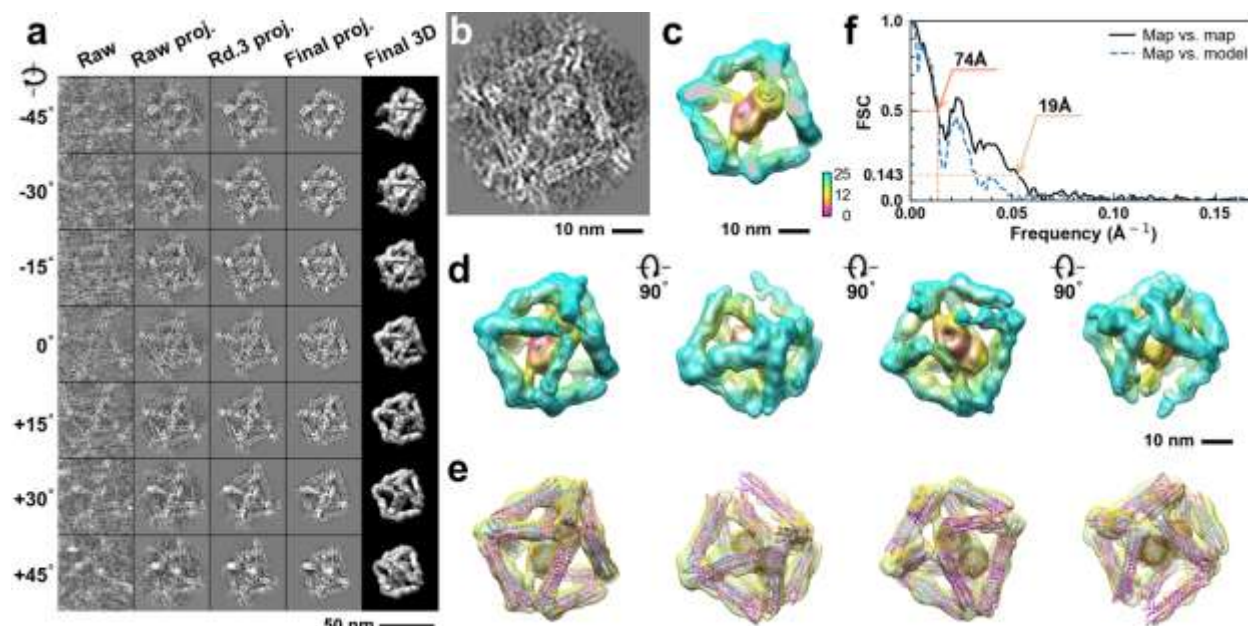




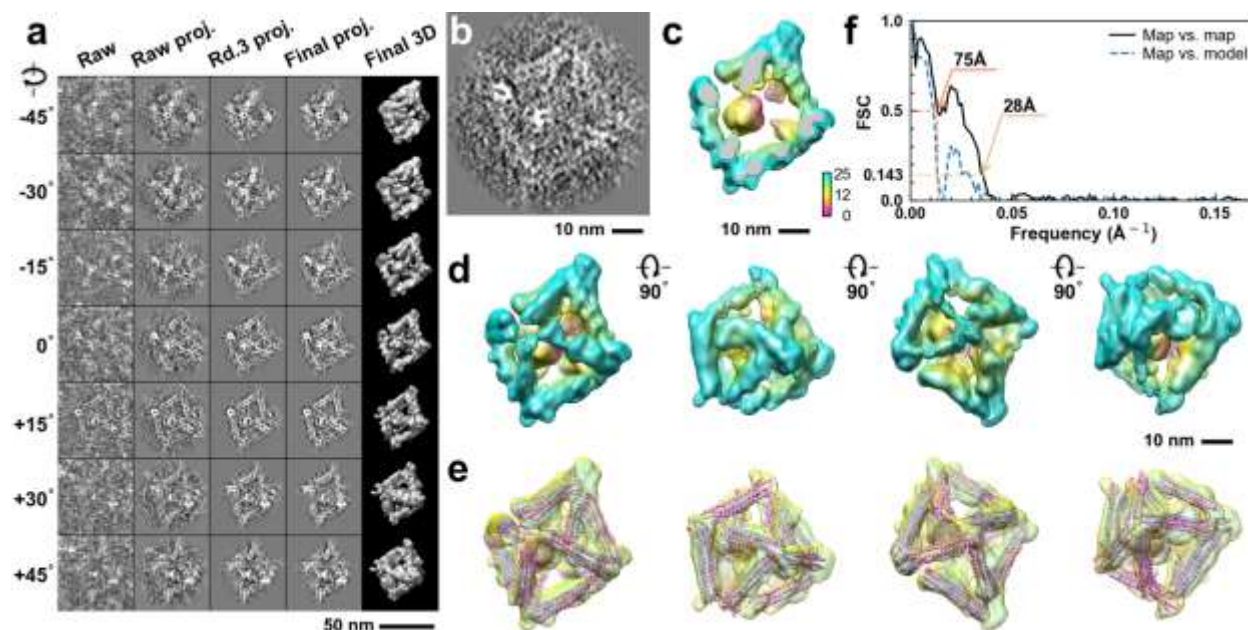
**Supplementary Fig. 11: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 003) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 12: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 004) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

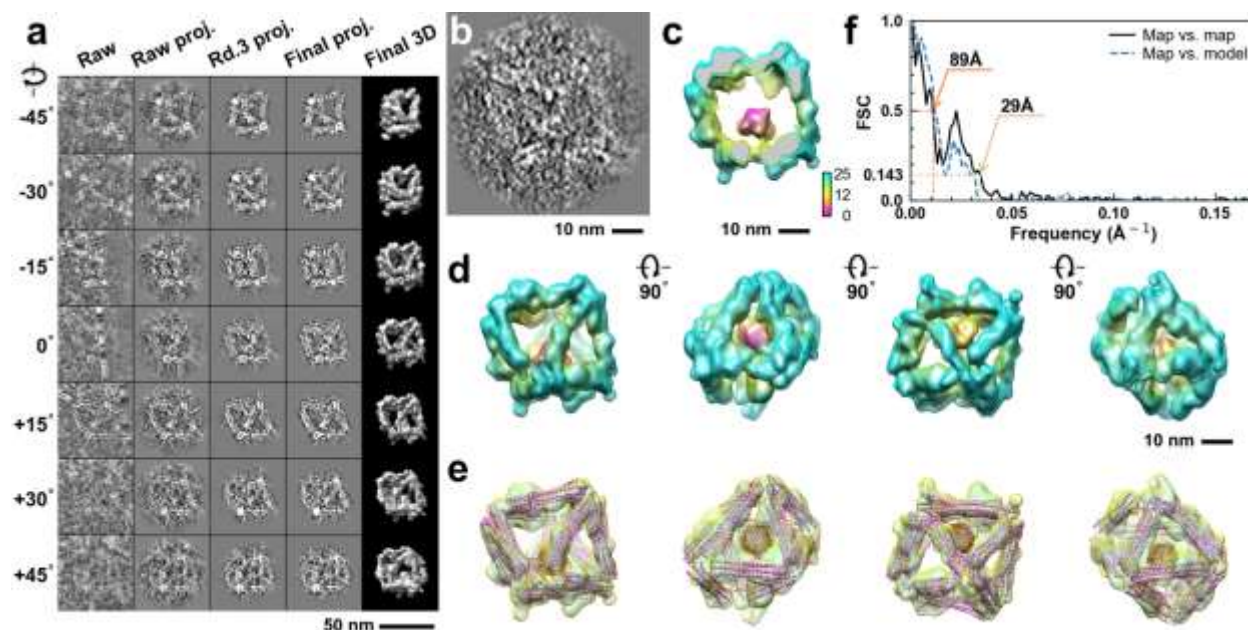


**Supplementary Fig. 13: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 005) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

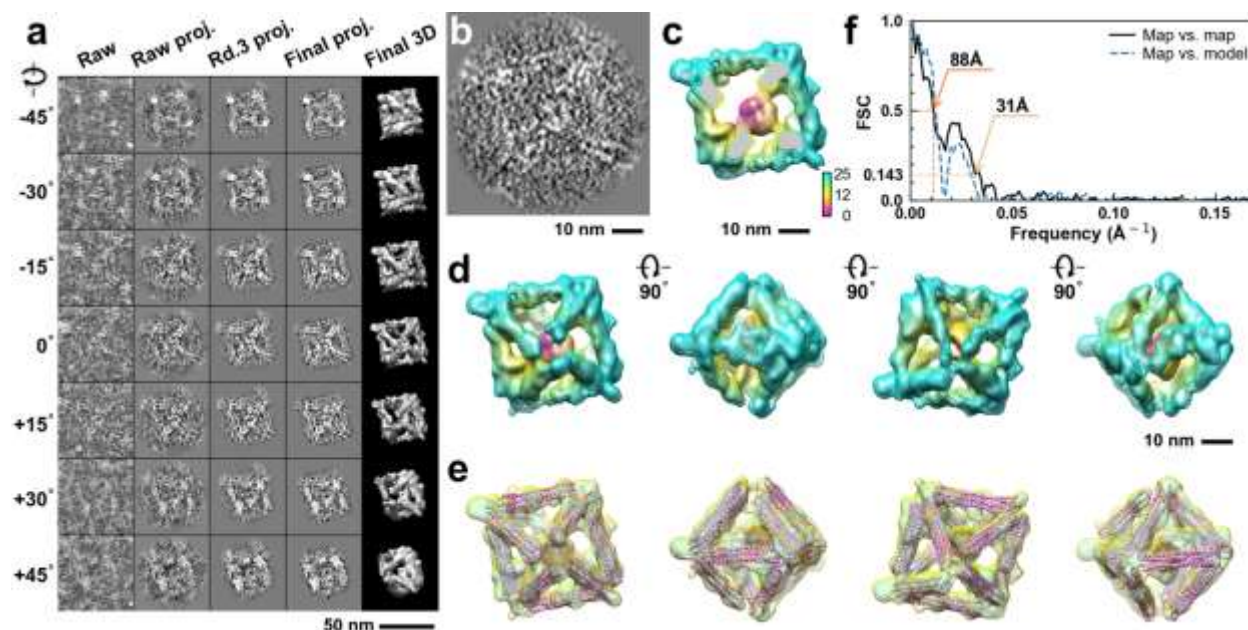


**Supplementary Fig. 14: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 006) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



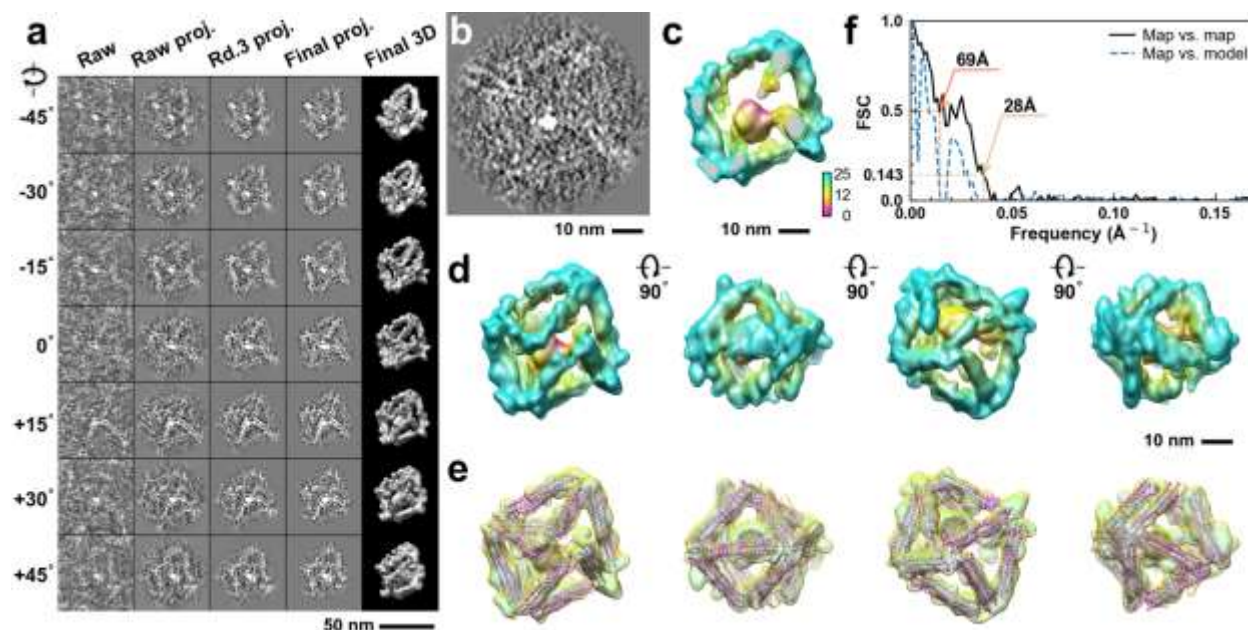


**Supplementary Fig. 15: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 007) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

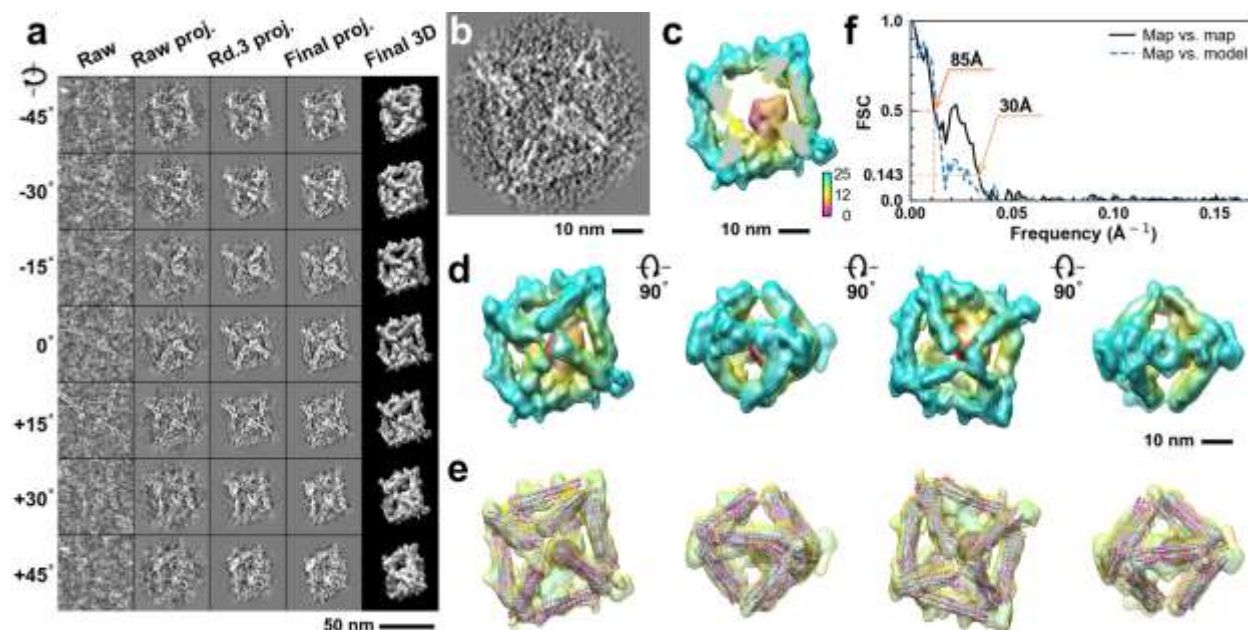


**Supplementary Fig. 16: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 008) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

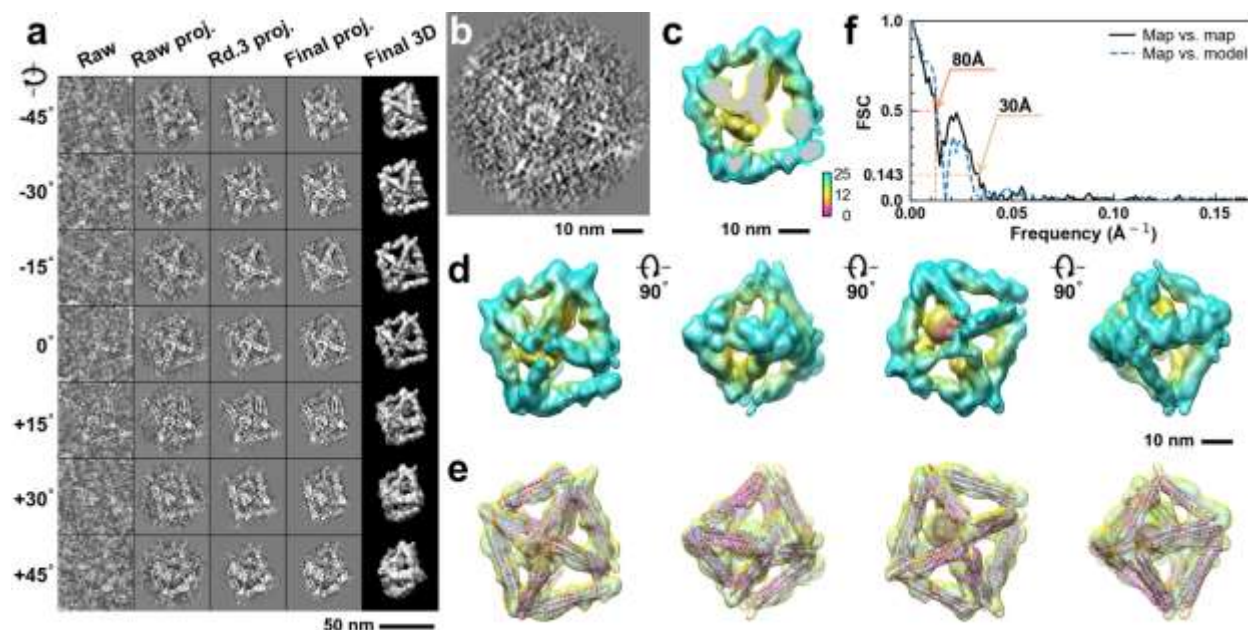




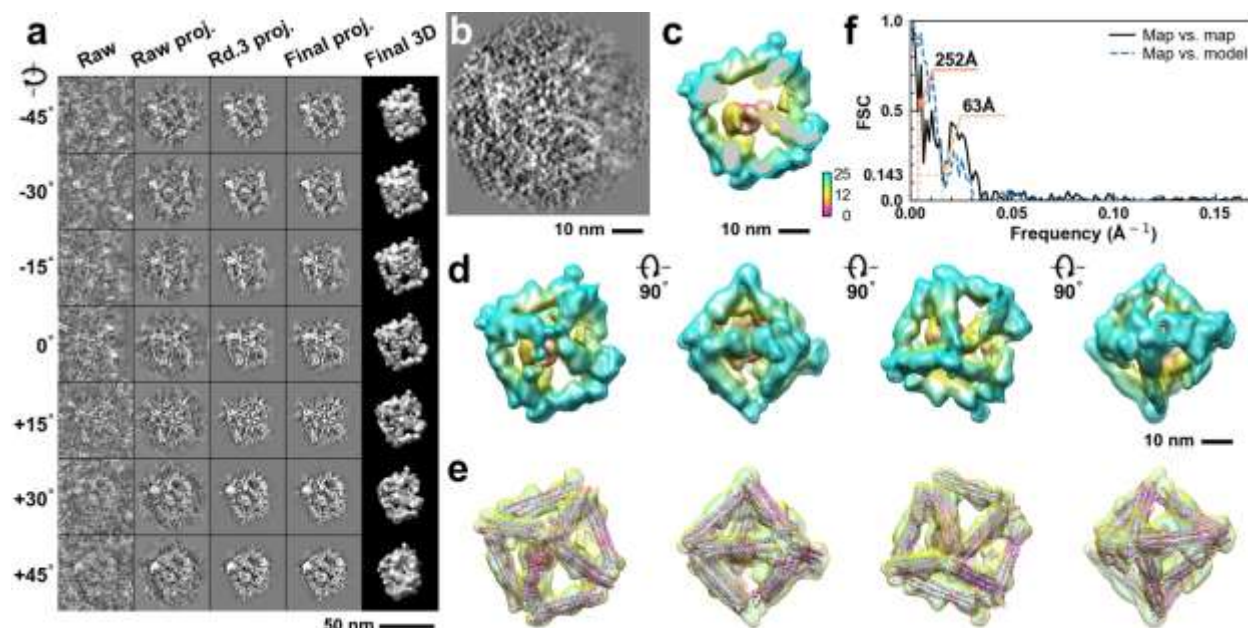
**Supplementary Fig. 17: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 009) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 18: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 010) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

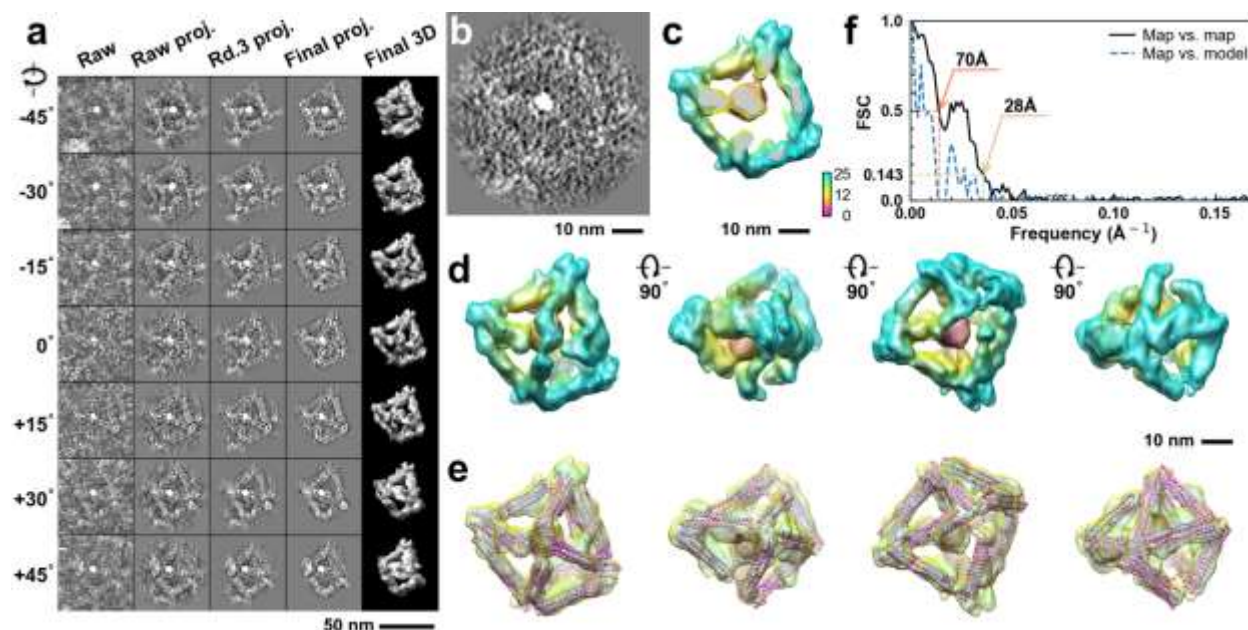


**Supplementary Fig. 19: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 011) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



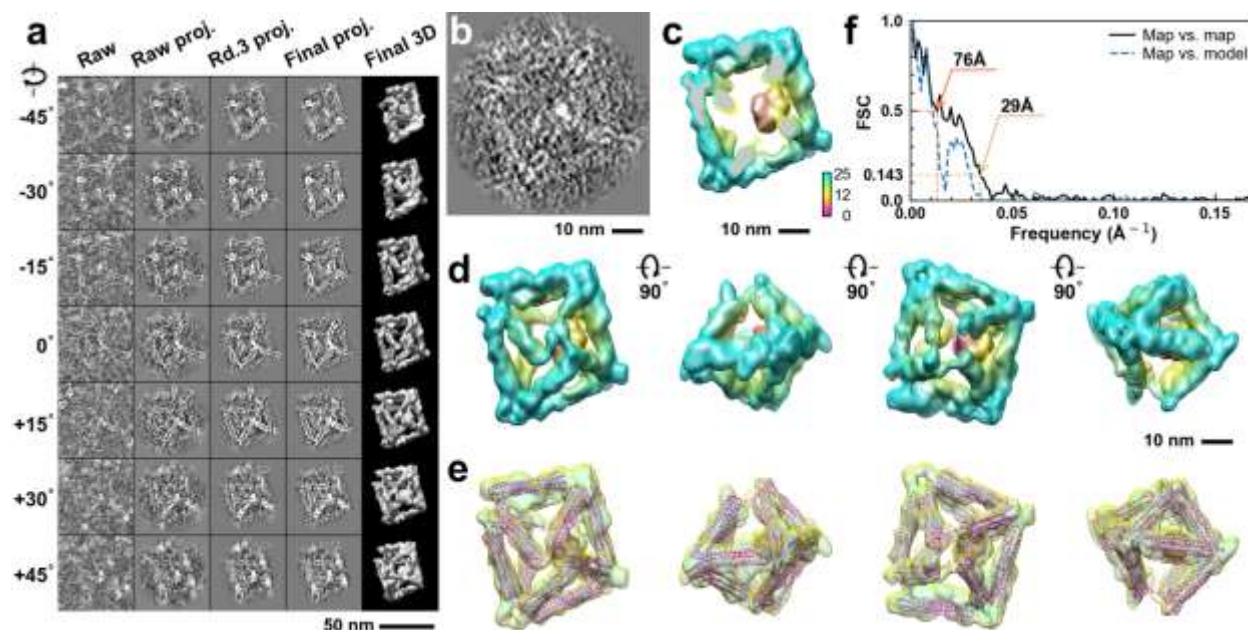
**Supplementary Fig. 20: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 012) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



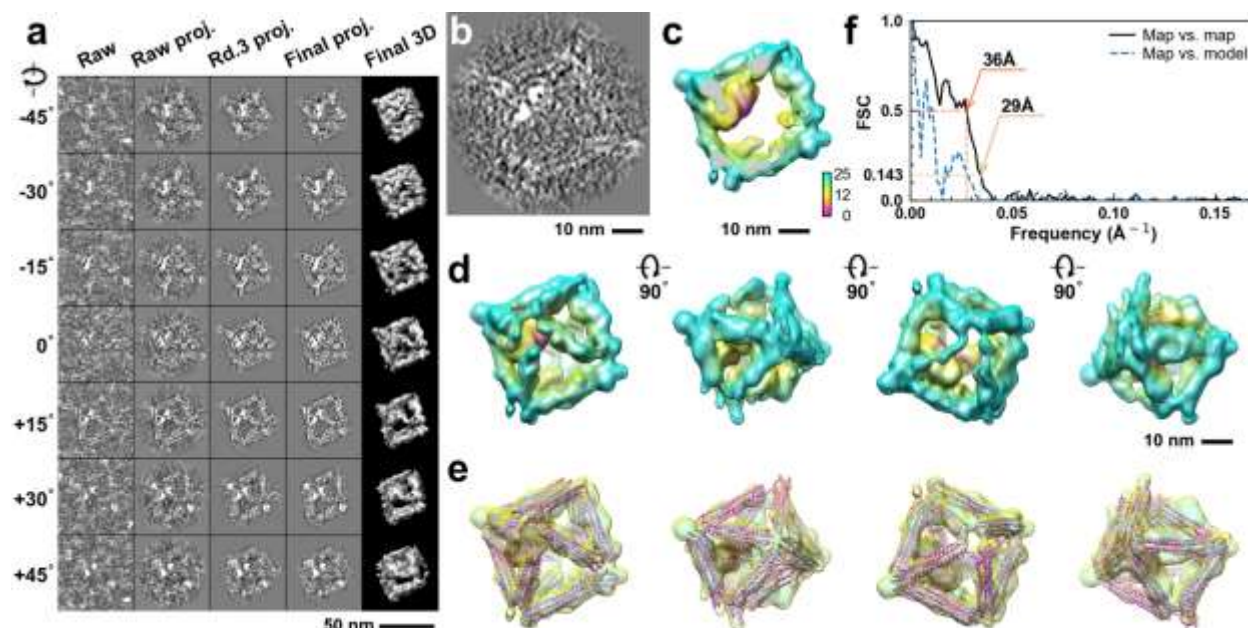


**Supplementary Fig. 21: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 013) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

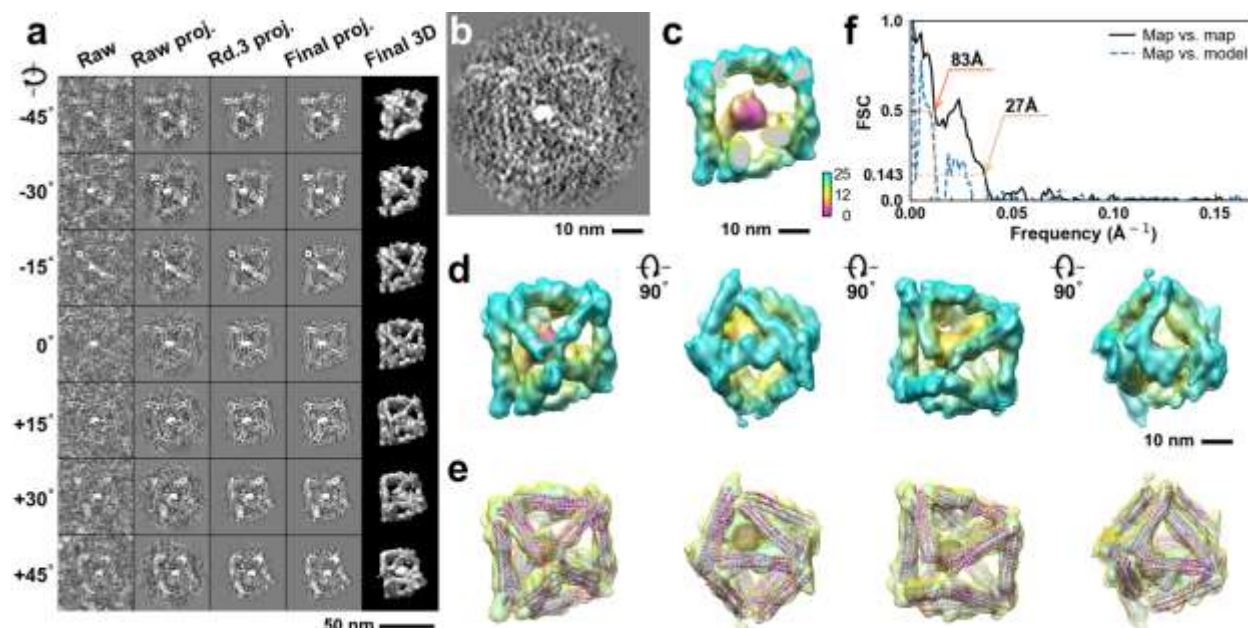




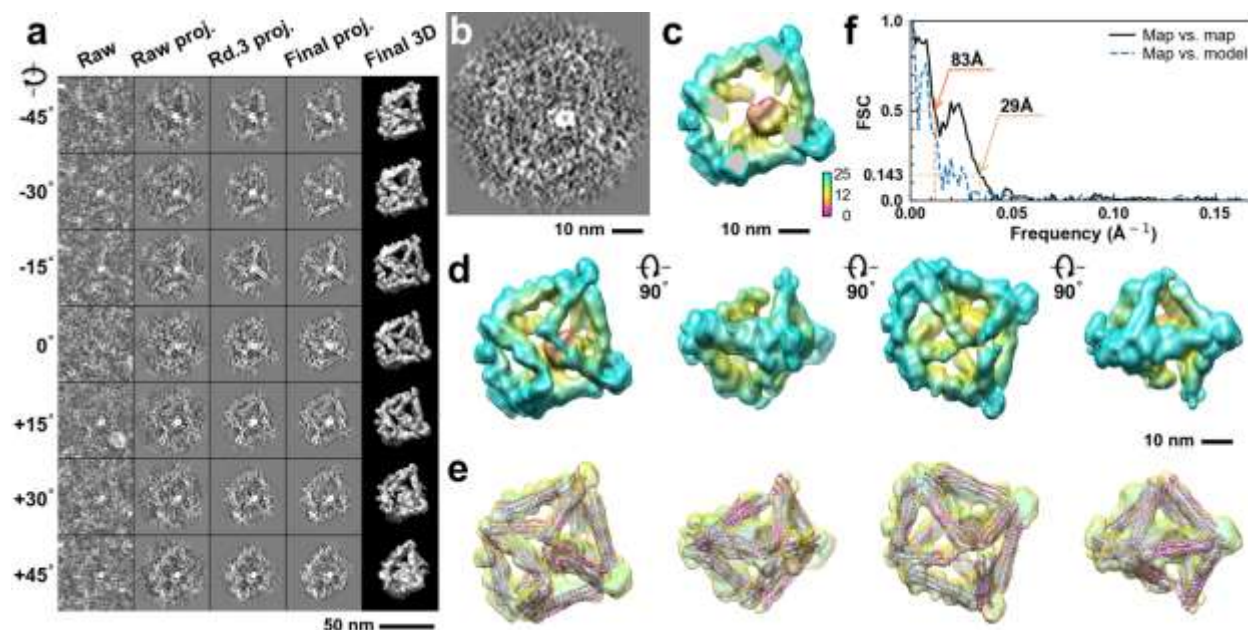
**Supplementary Fig. 22: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 014) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 23: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 015) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

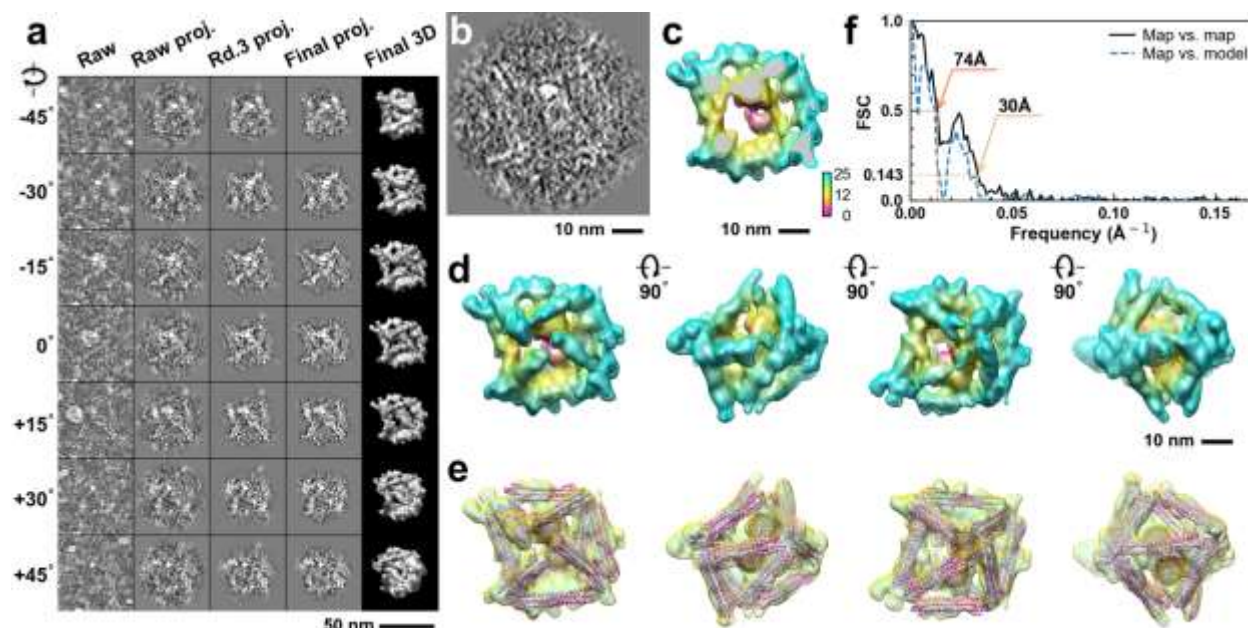


**Supplementary Fig. 24: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 016) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



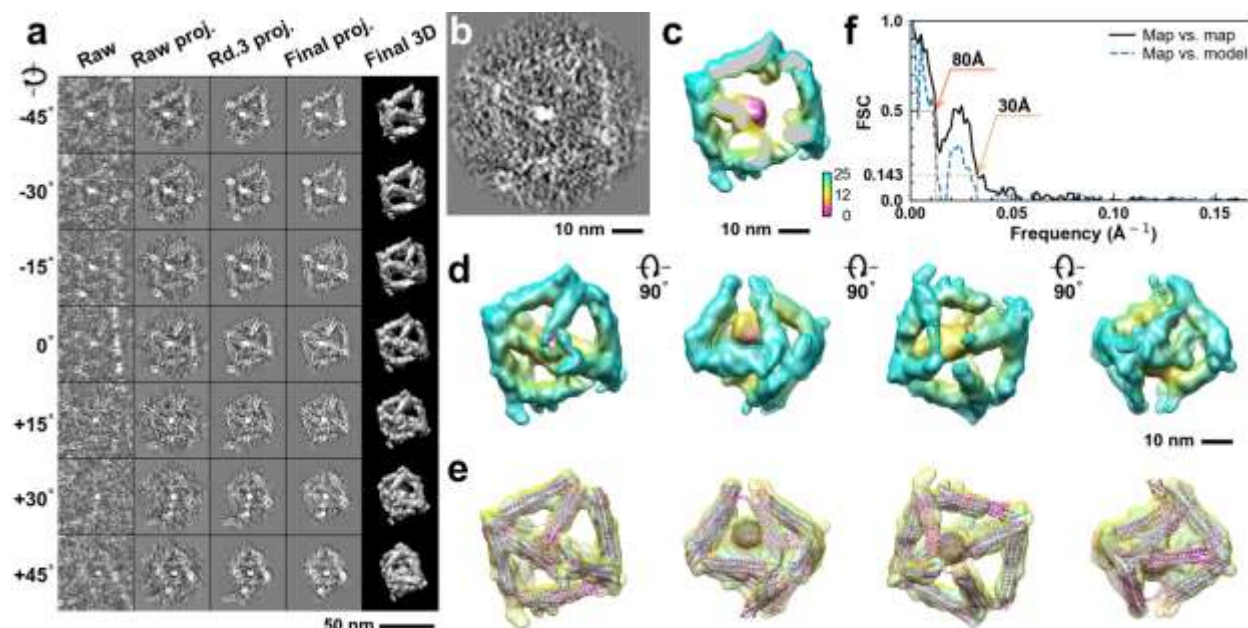
**Supplementary Fig. 25: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 017) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



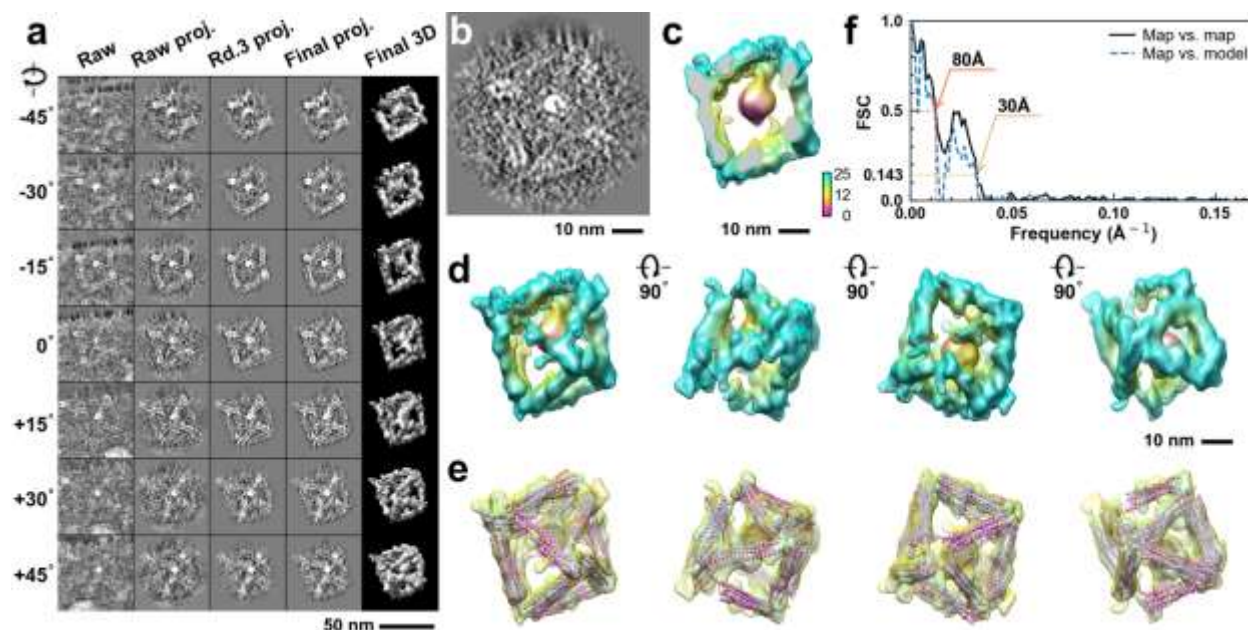


**Supplementary Fig. 26: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 018) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

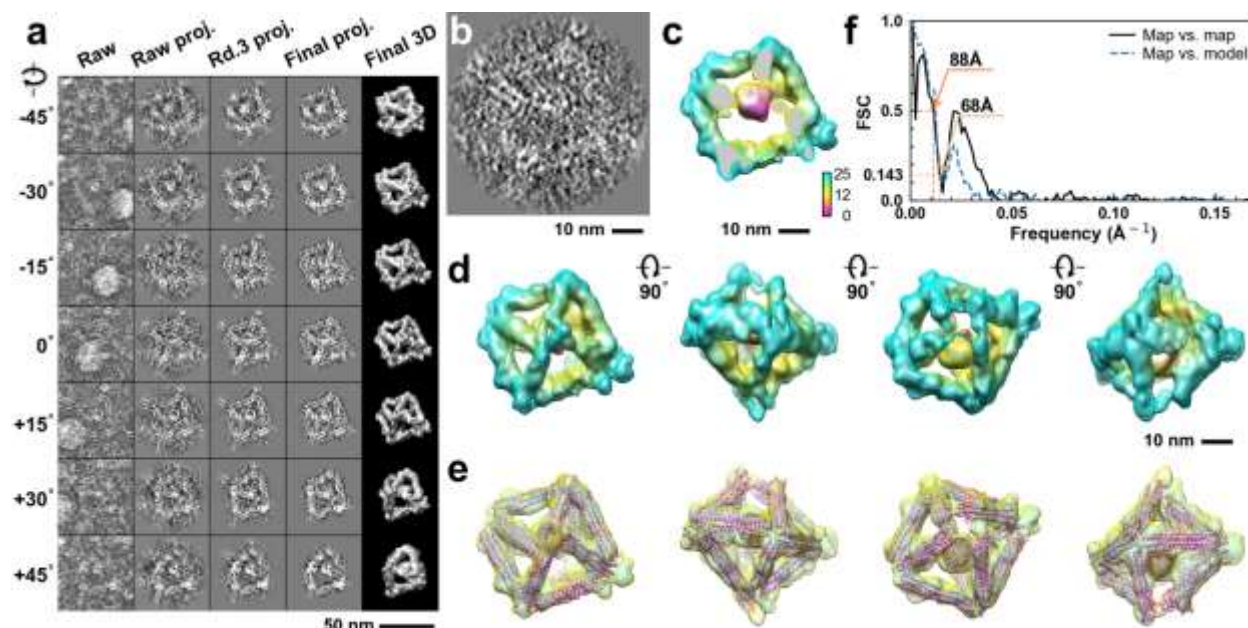




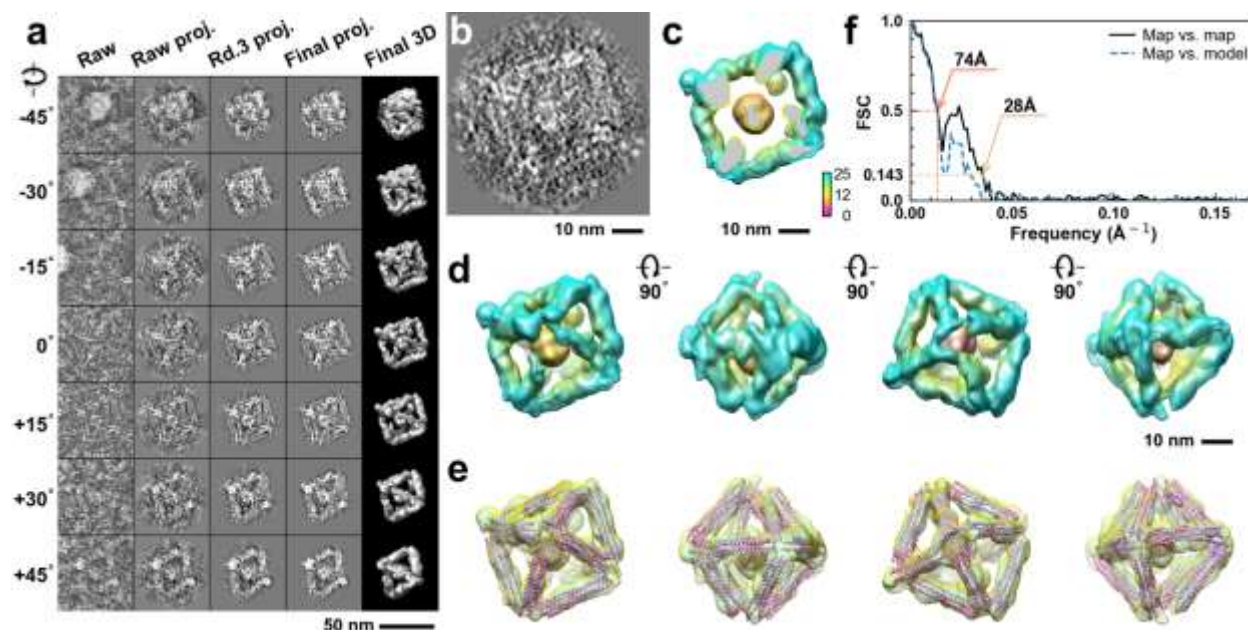
**Supplementary Fig. 27: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 019) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 28: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 020) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

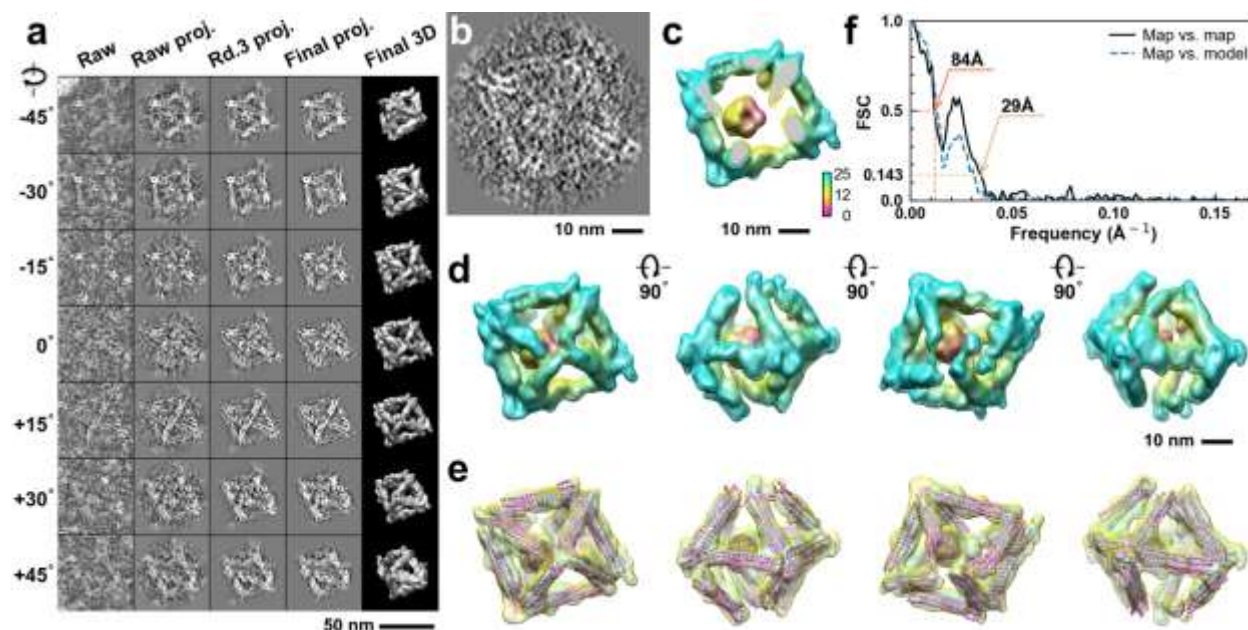


**Supplementary Fig. 29: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 021) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



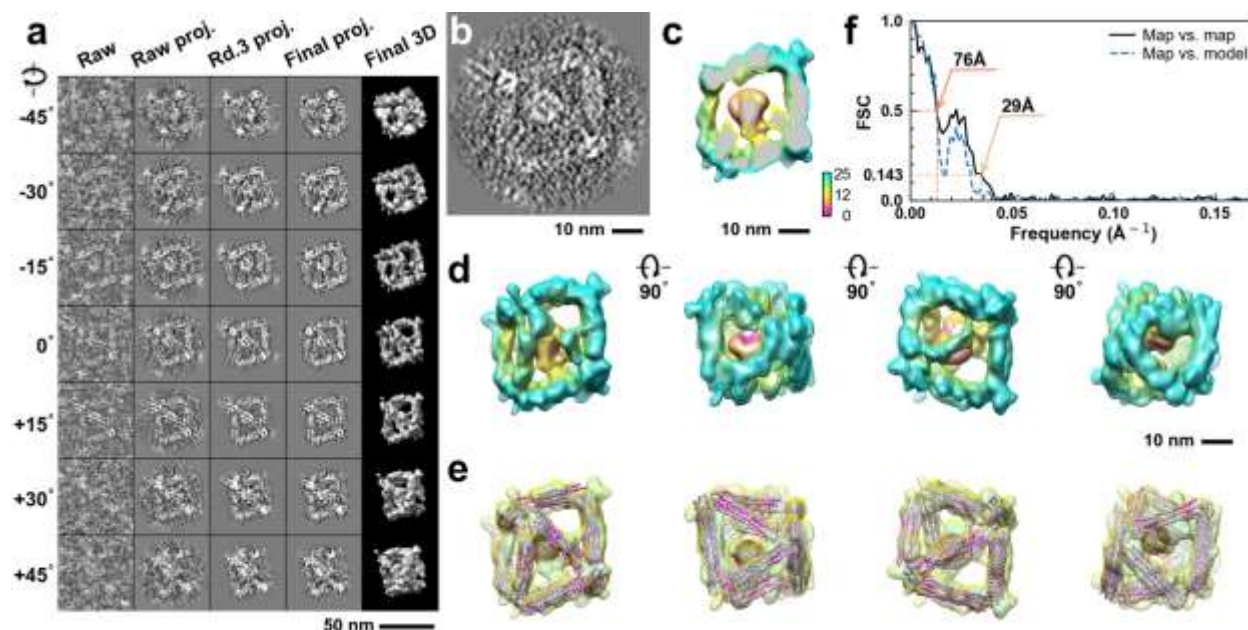
**Supplementary Fig. 30: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 022) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



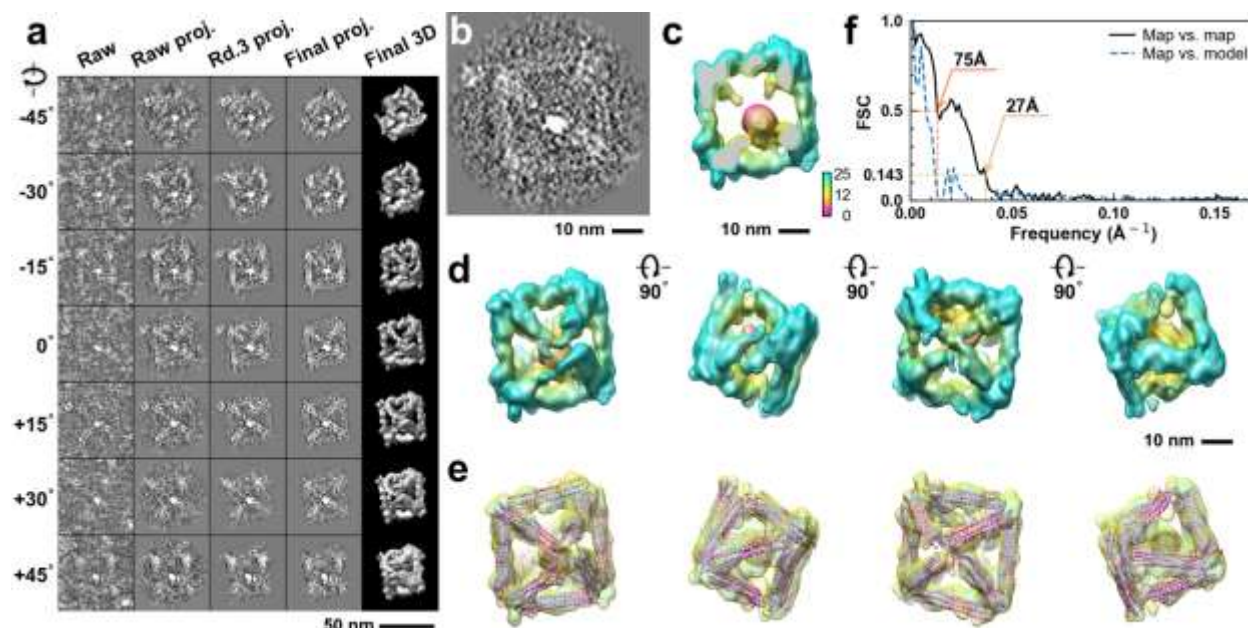


**Supplementary Fig. 31: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 023) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

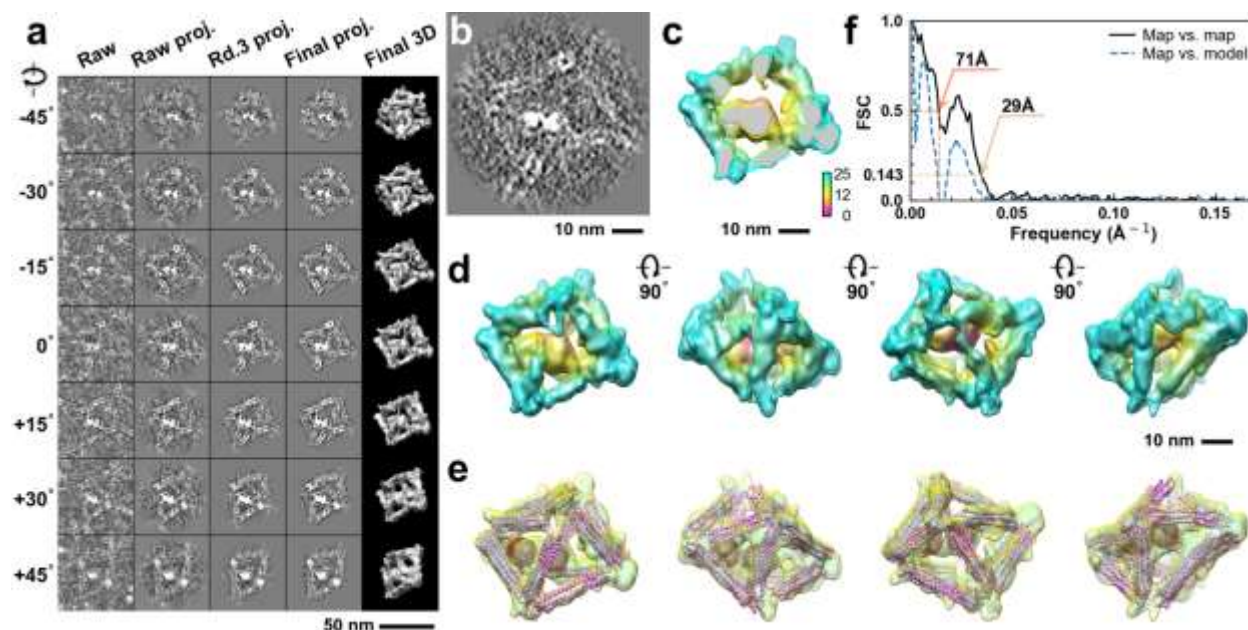




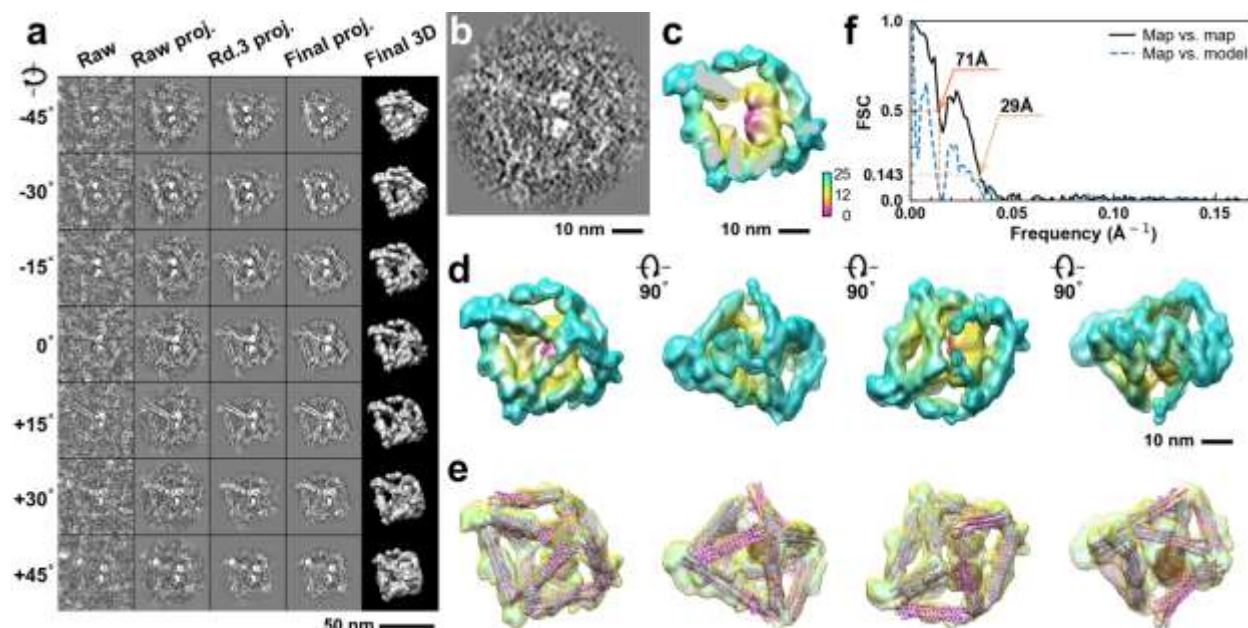
**Supplementary Fig. 32: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 024) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 33: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 025) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

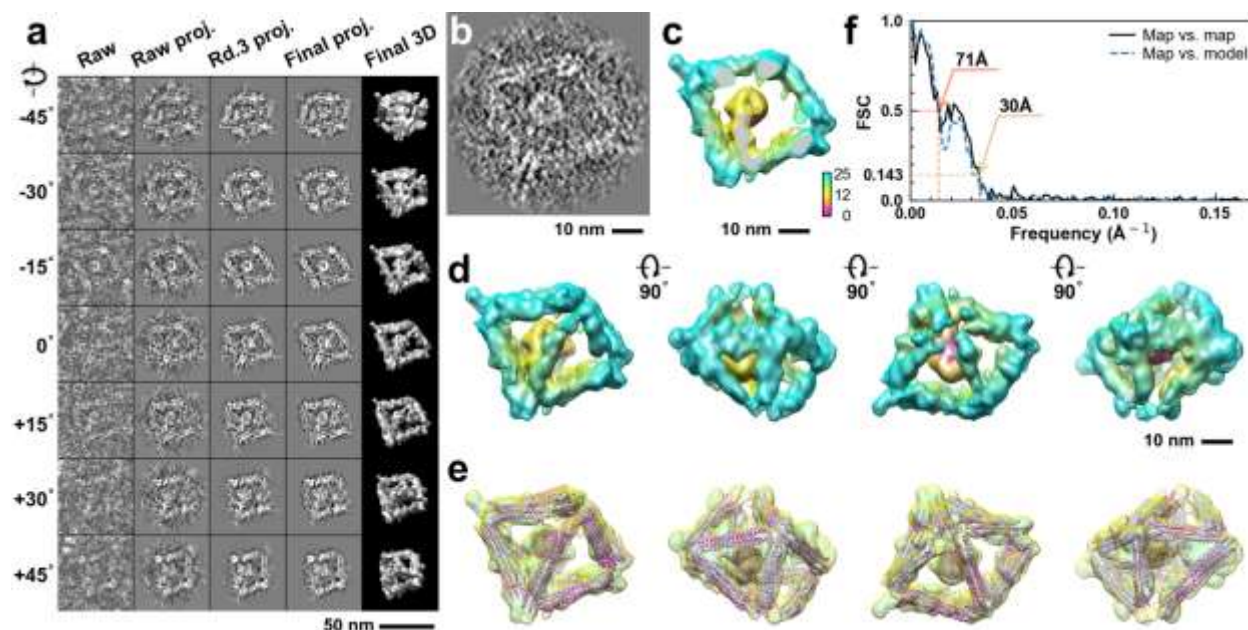


**Supplementary Fig. 34: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 026) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



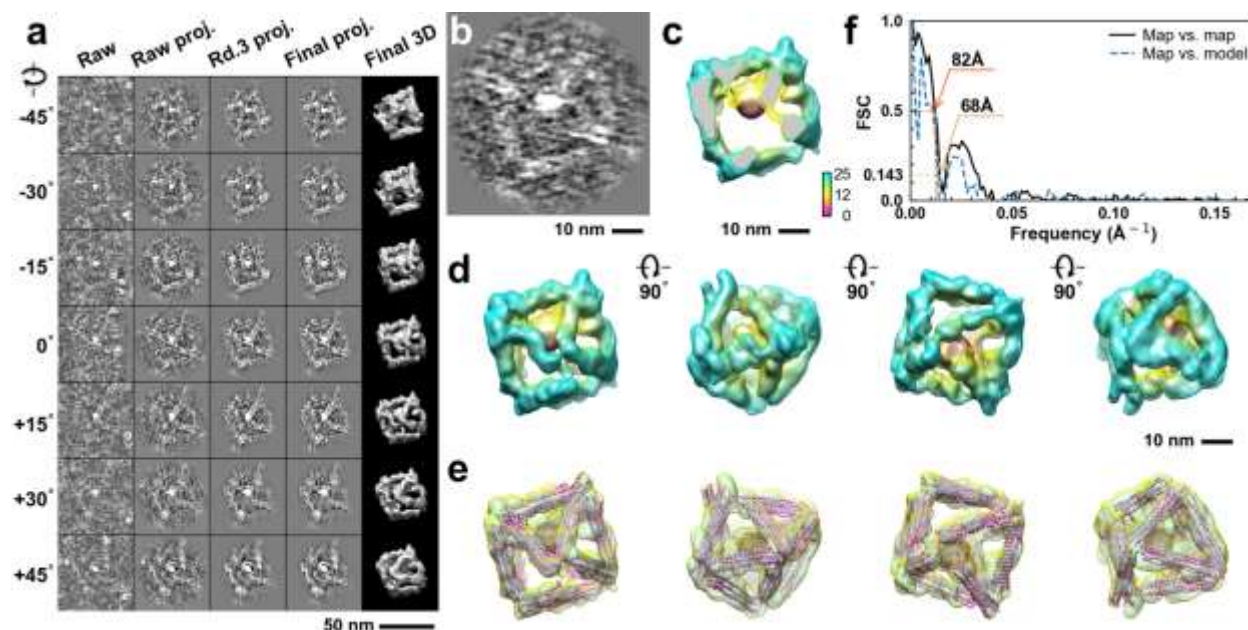
**Supplementary Fig. 35: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 027) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



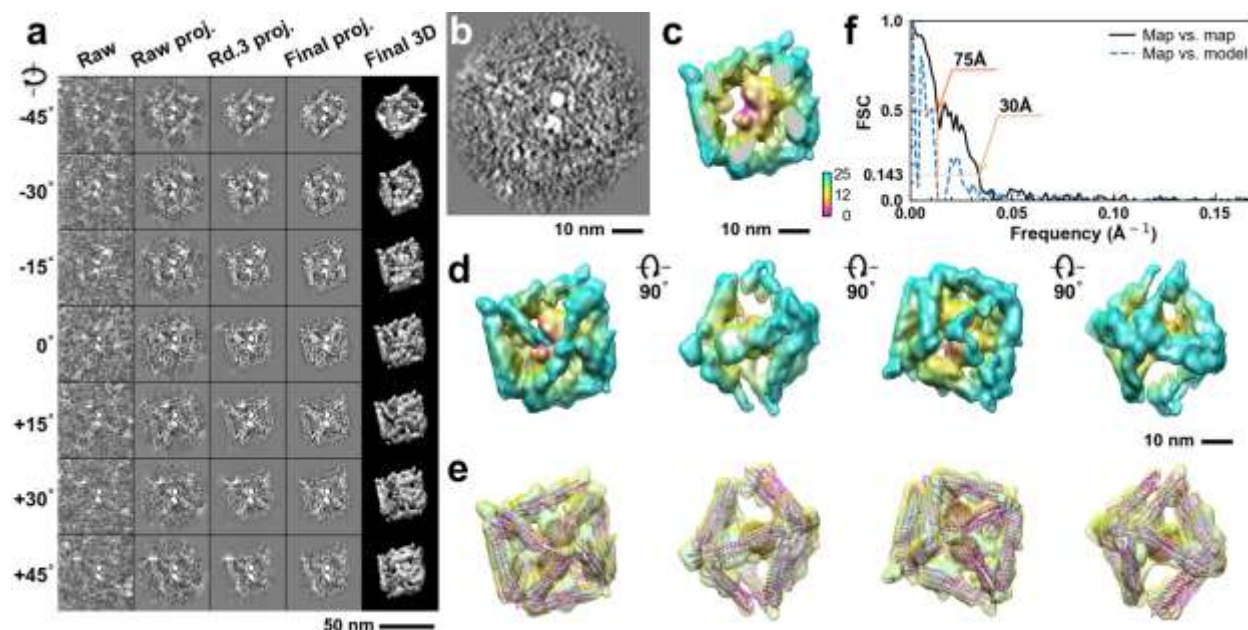


**Supplementary Fig. 36: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 028) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

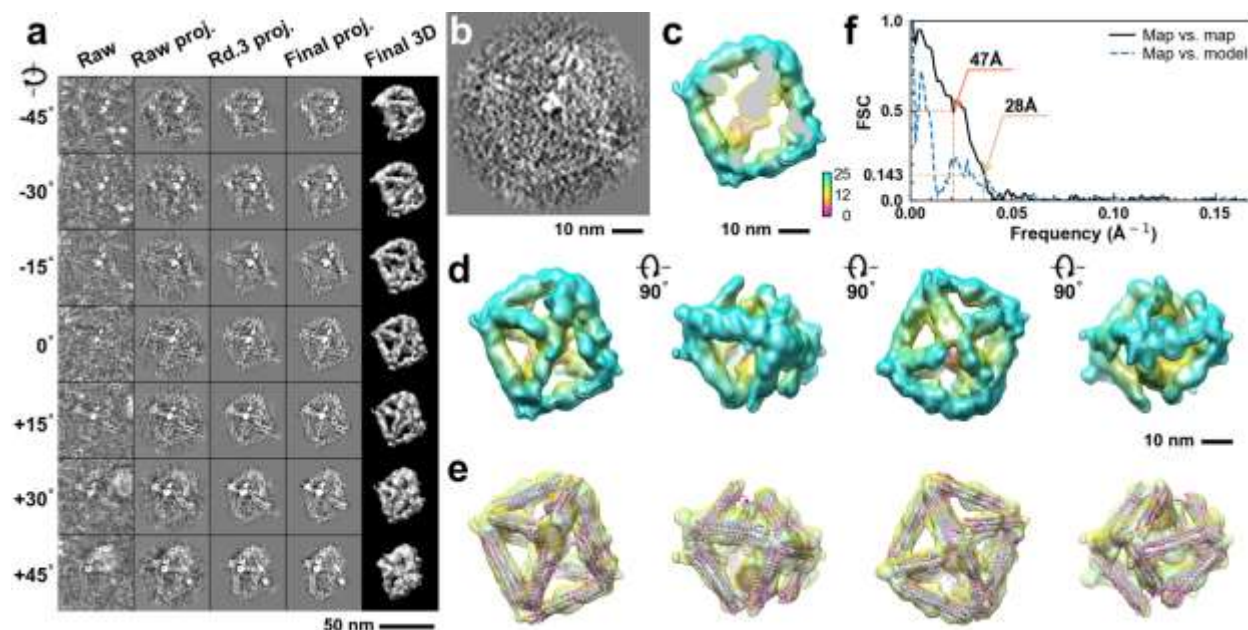




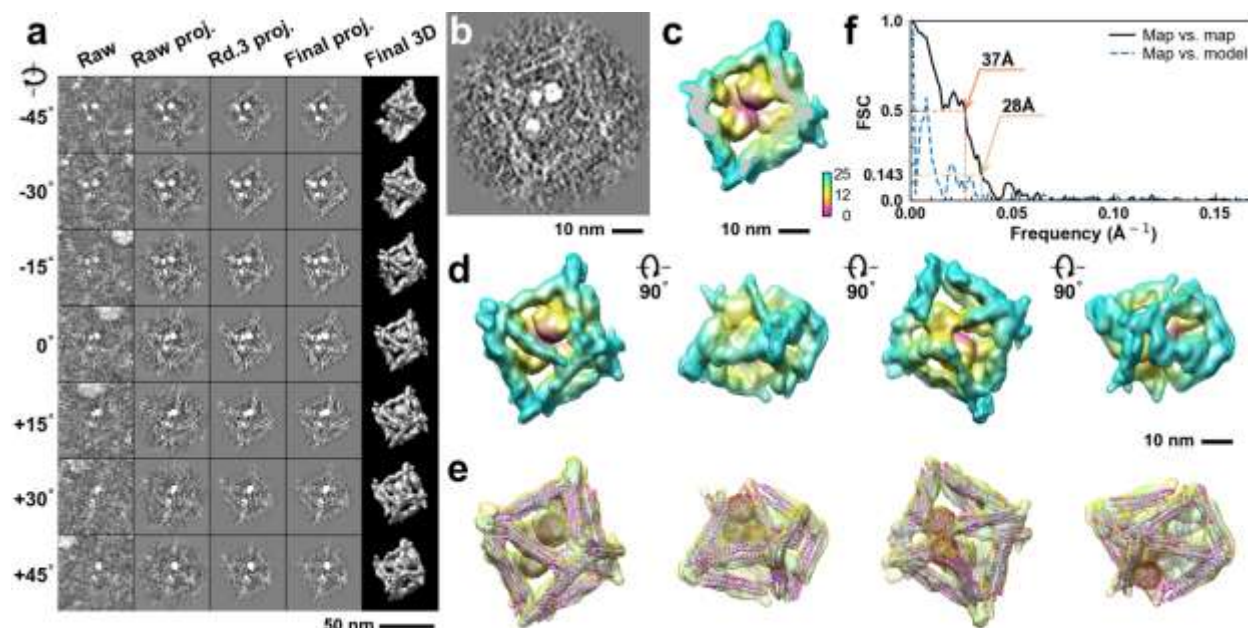
**Supplementary Fig. 37: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 029) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 38: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 030) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

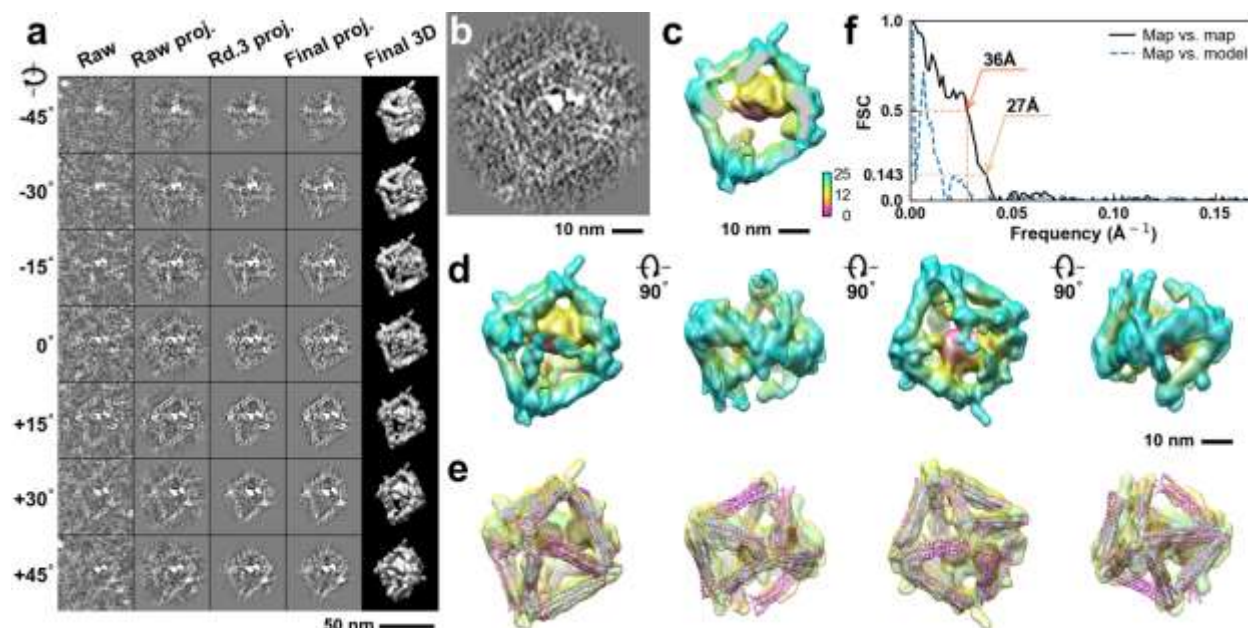


**Supplementary Fig. 39: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 031) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



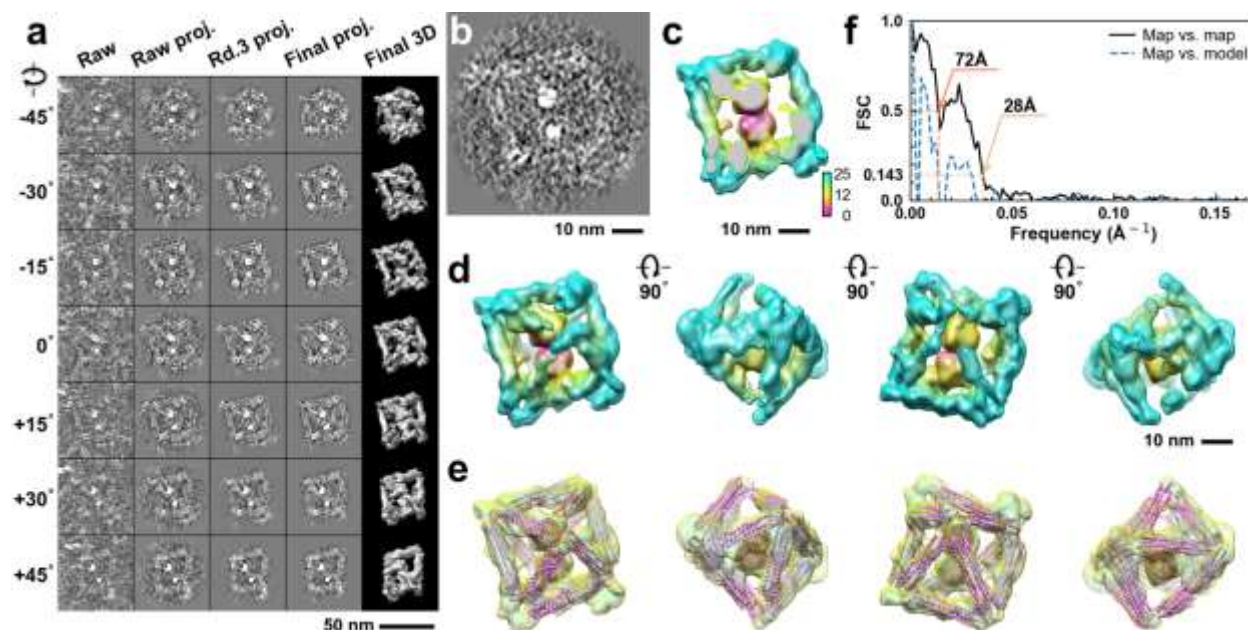
**Supplementary Fig. 40: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 032) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



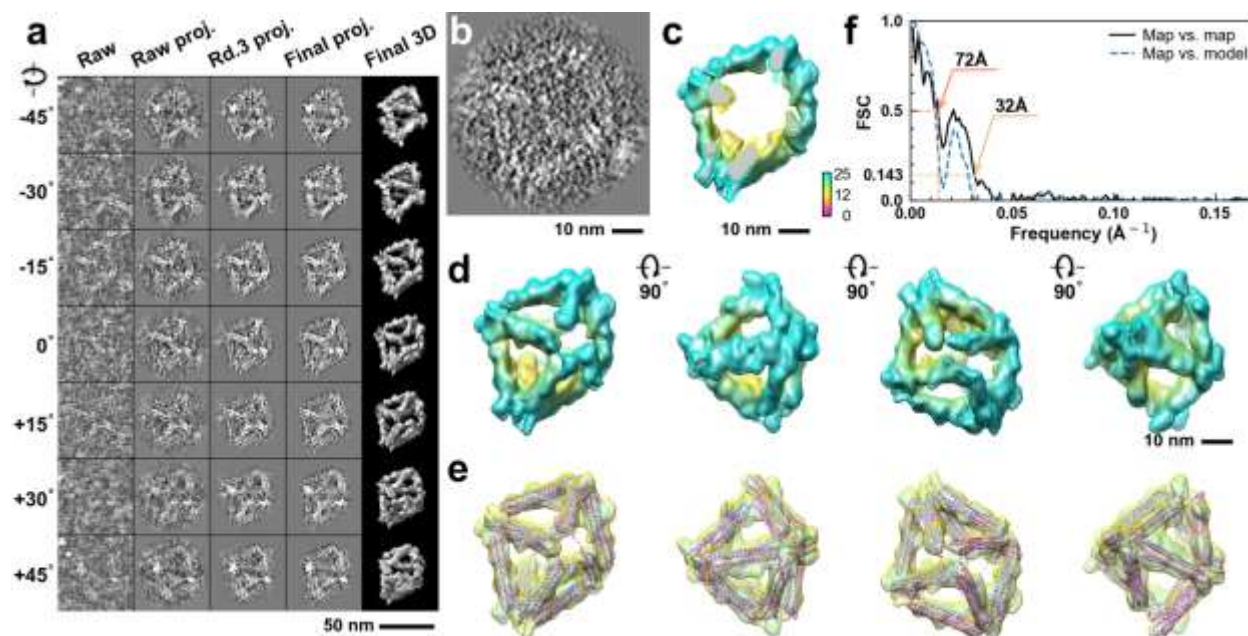


**Supplementary Fig. 41: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 033) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

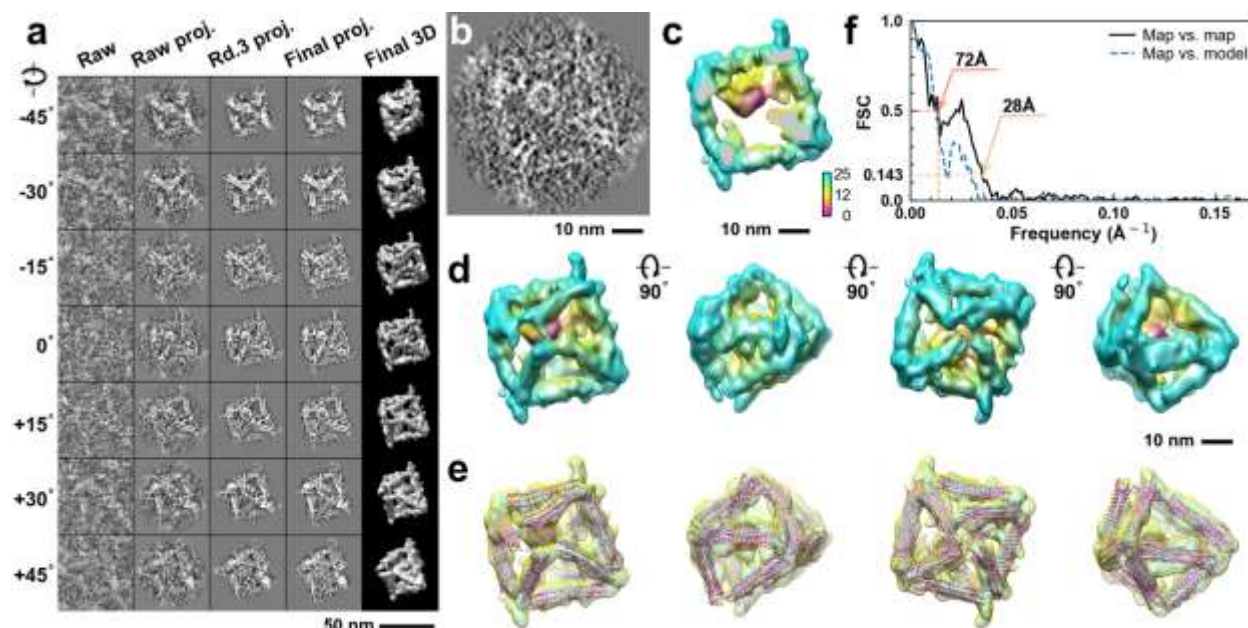




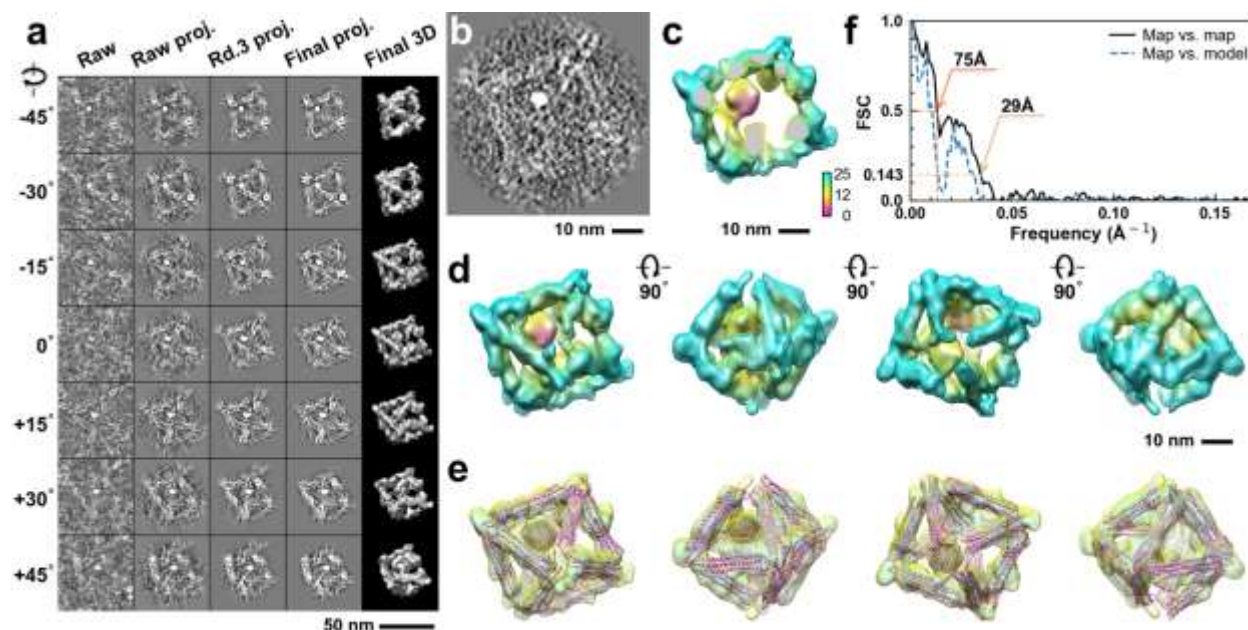
**Supplementary Fig. 42: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 034) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 43: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 035) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

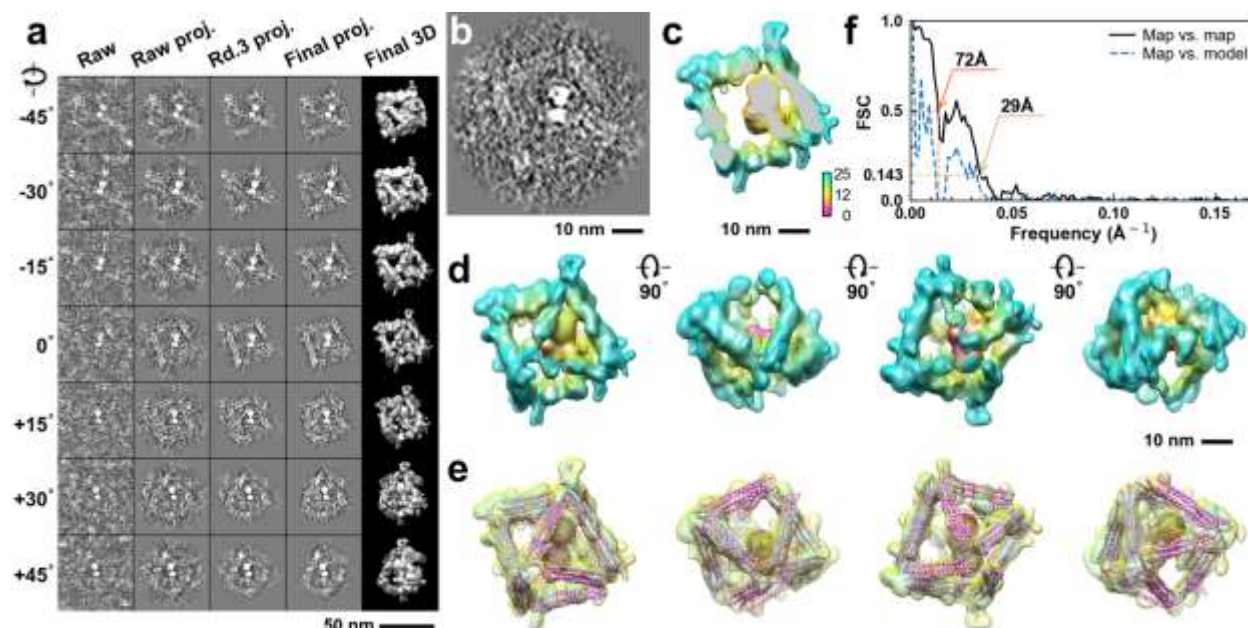


**Supplementary Fig. 44: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 036) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

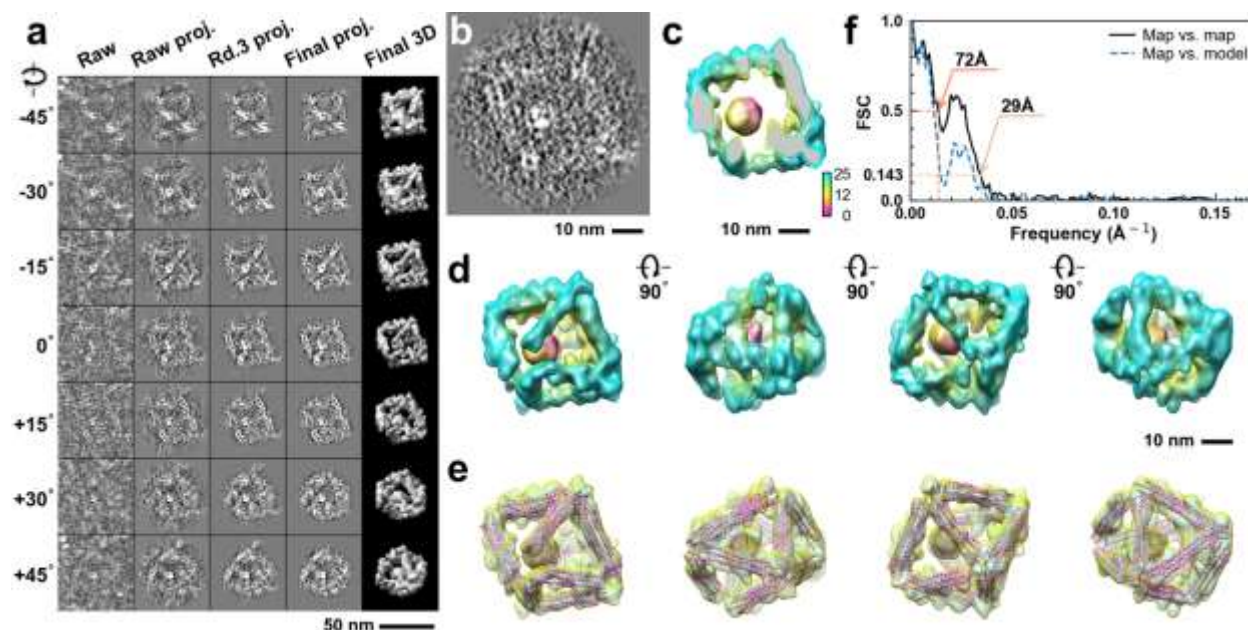


**Supplementary Fig. 45: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 037) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

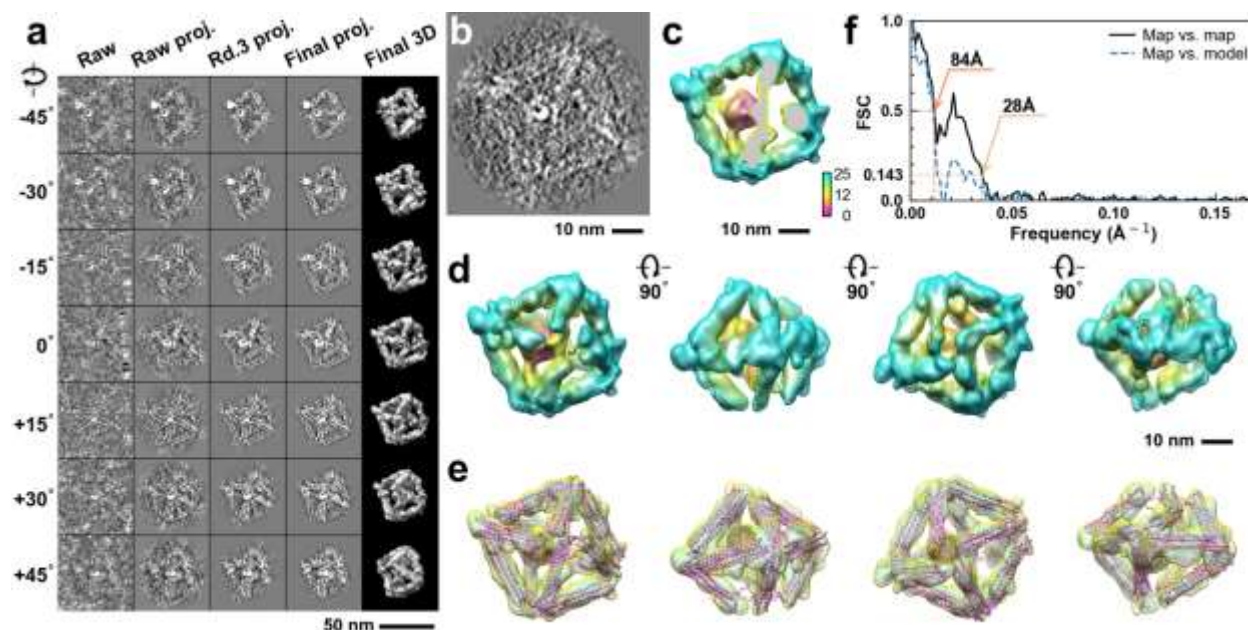




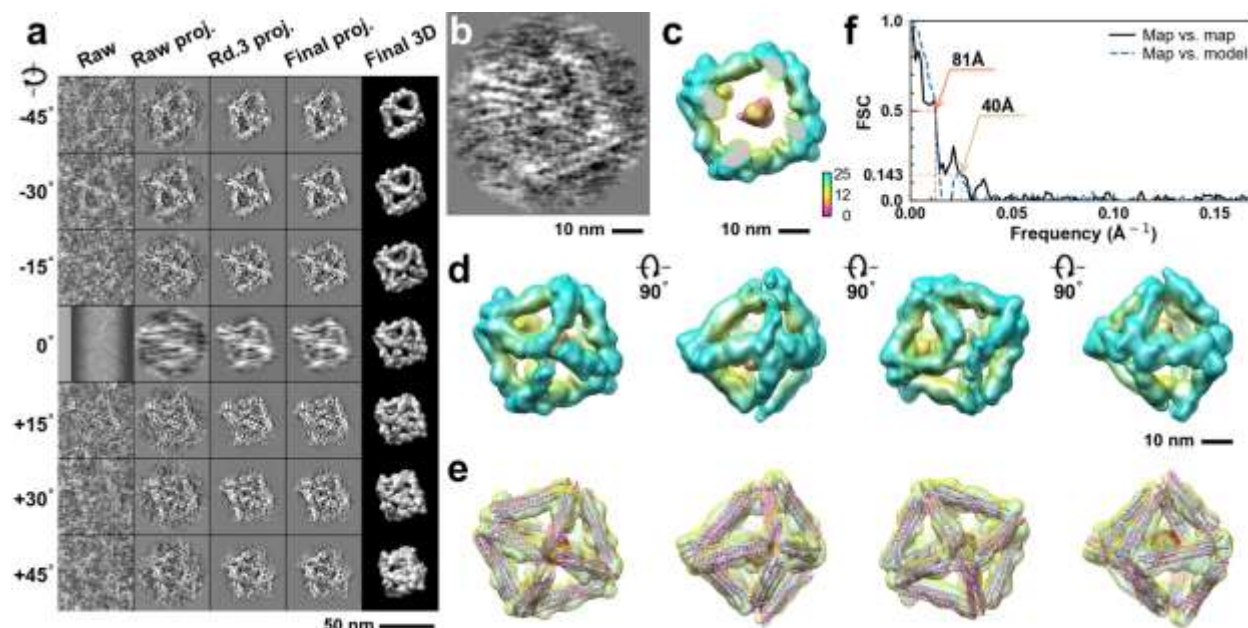
**Supplementary Fig. 46: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 038) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 47: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 039) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

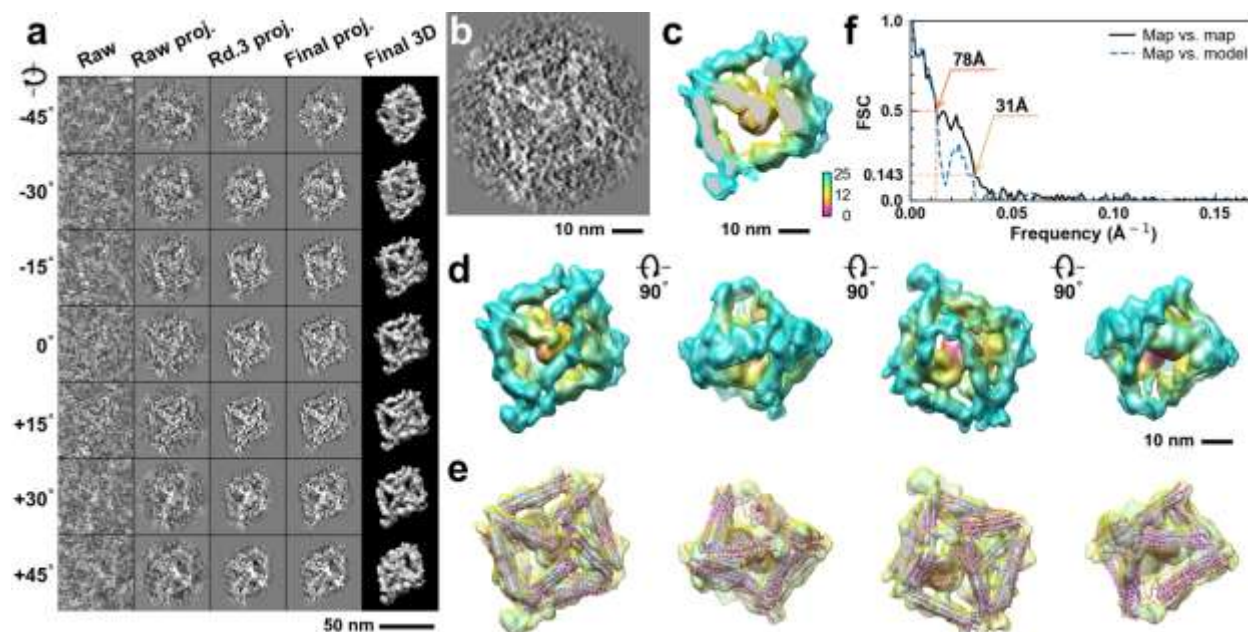


**Supplementary Fig. 48: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 040) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

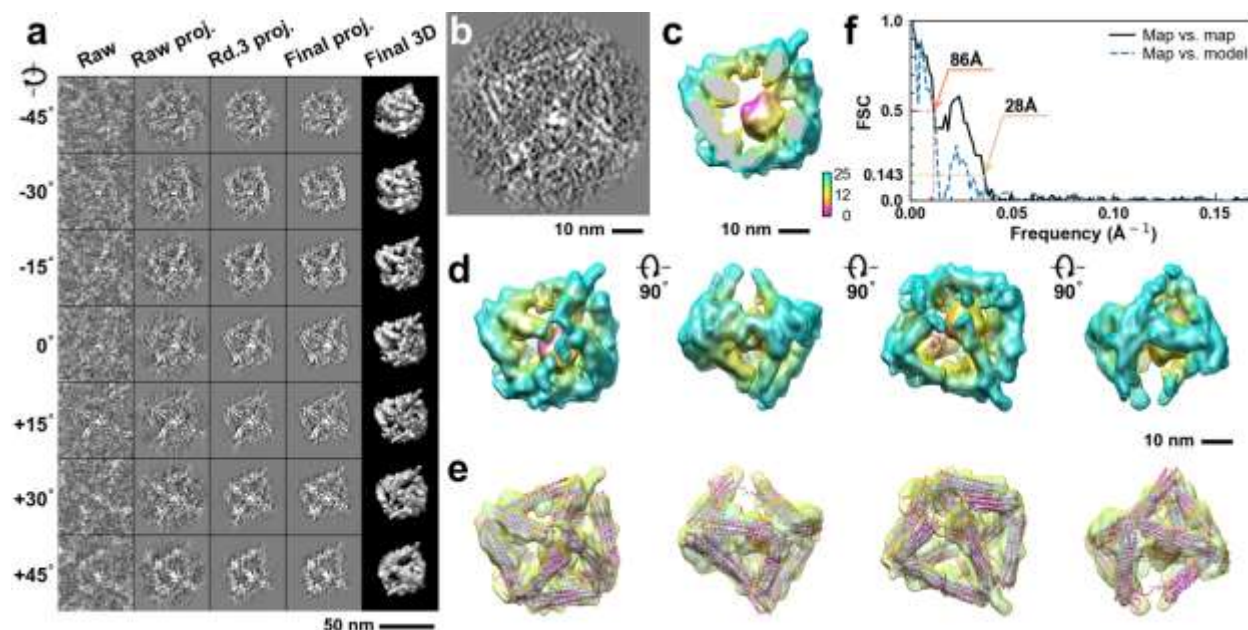


**Supplementary Fig. 49: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 041) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

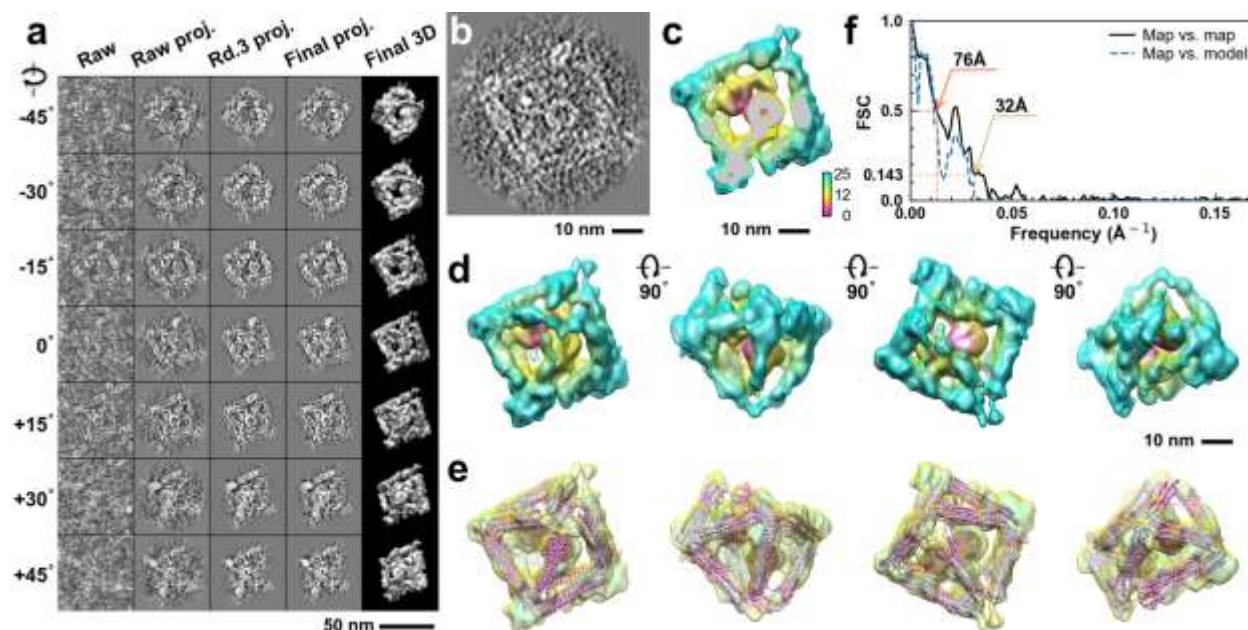




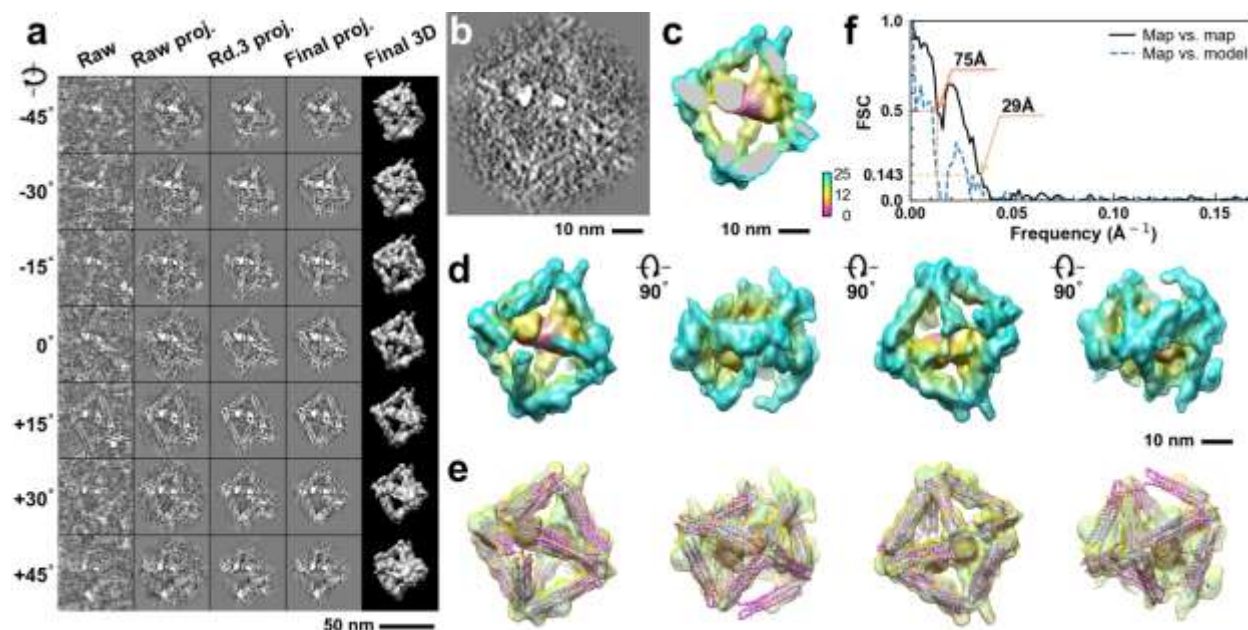
**Supplementary Fig. 50: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 042) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 51: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 043) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

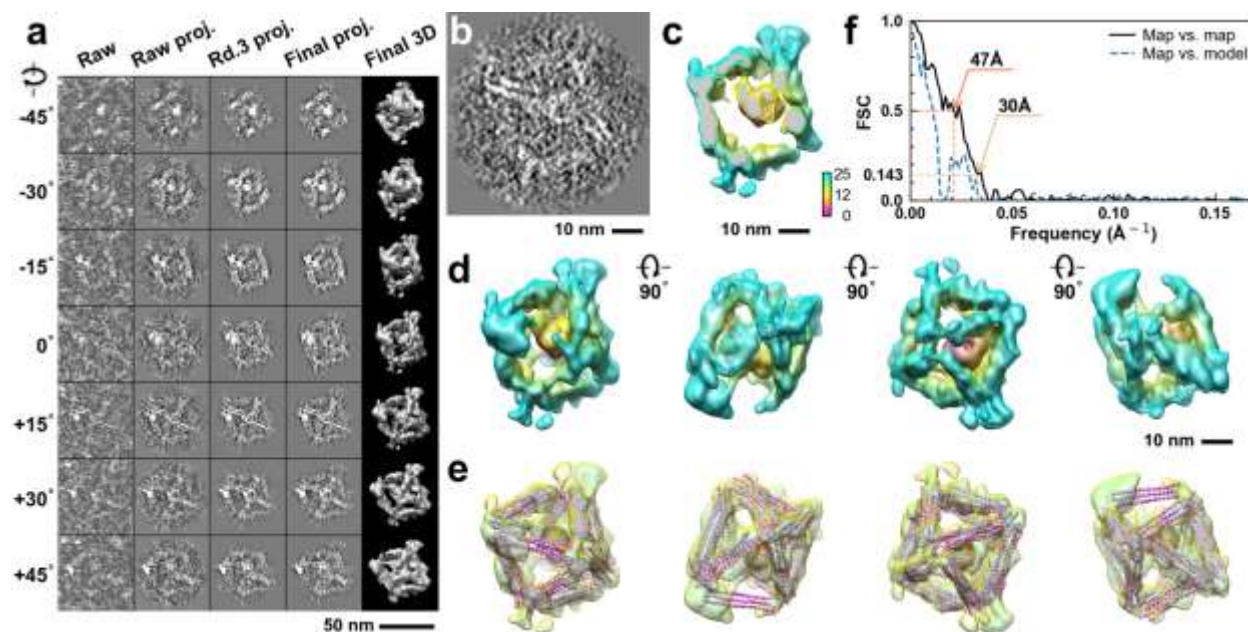


**Supplementary Fig. 52: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 044) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

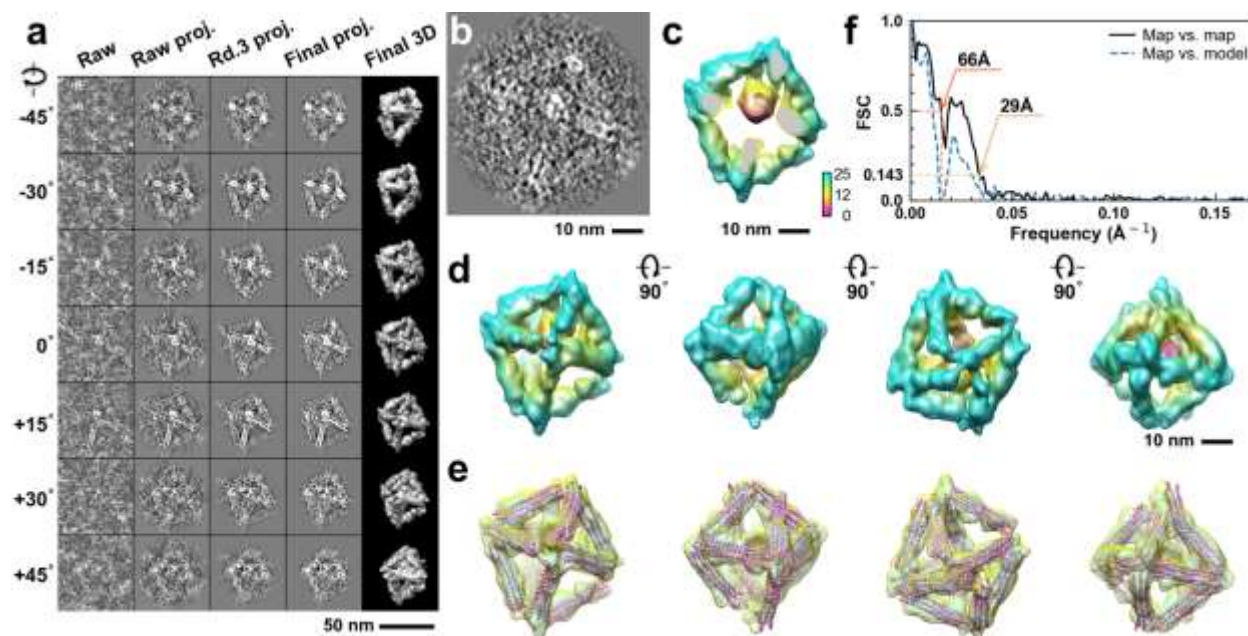


**Supplementary Fig. 53: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 045) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

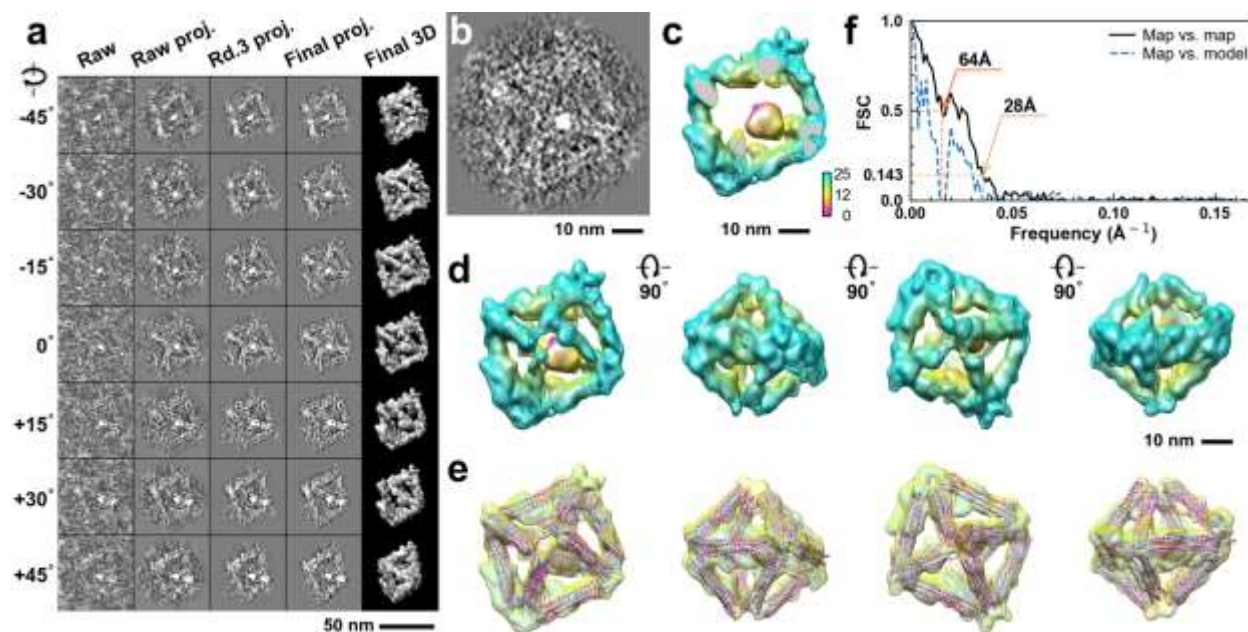




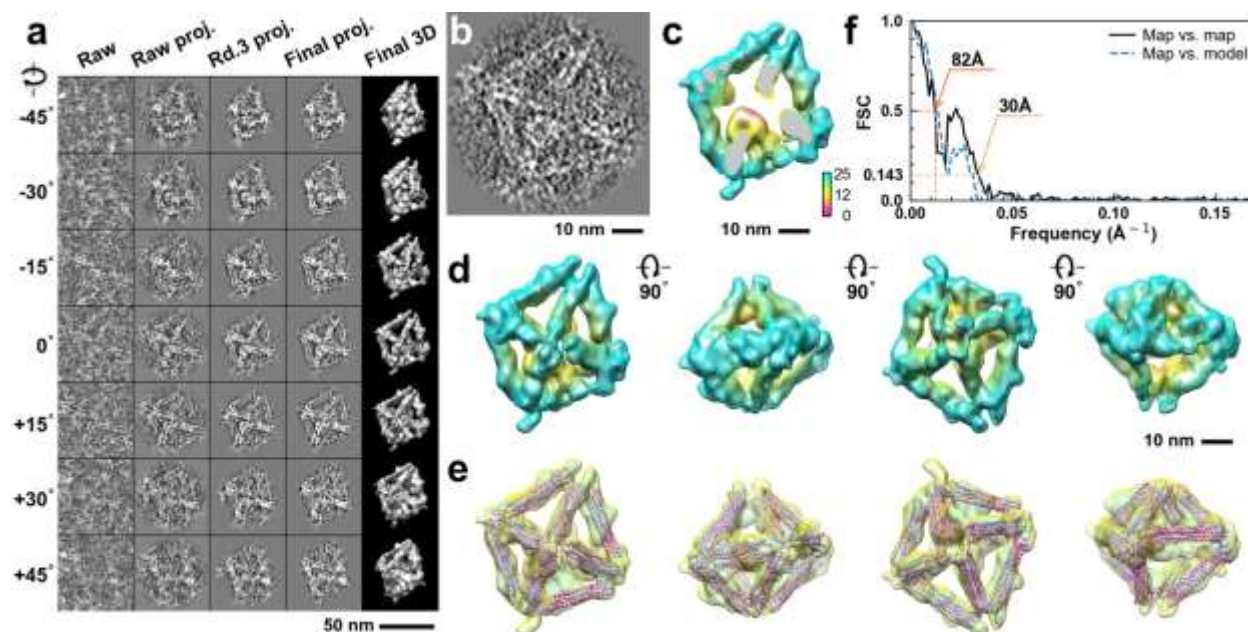
**Supplementary Fig. 54: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 046) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 55: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 047) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

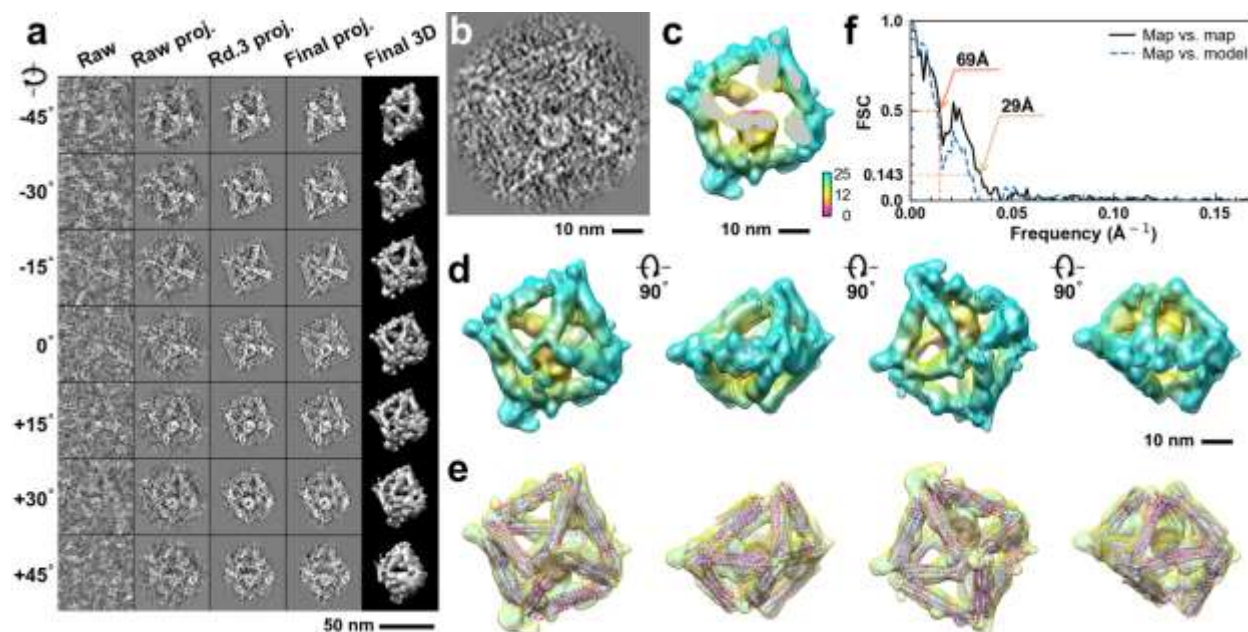


**Supplementary Fig. 56: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 048) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

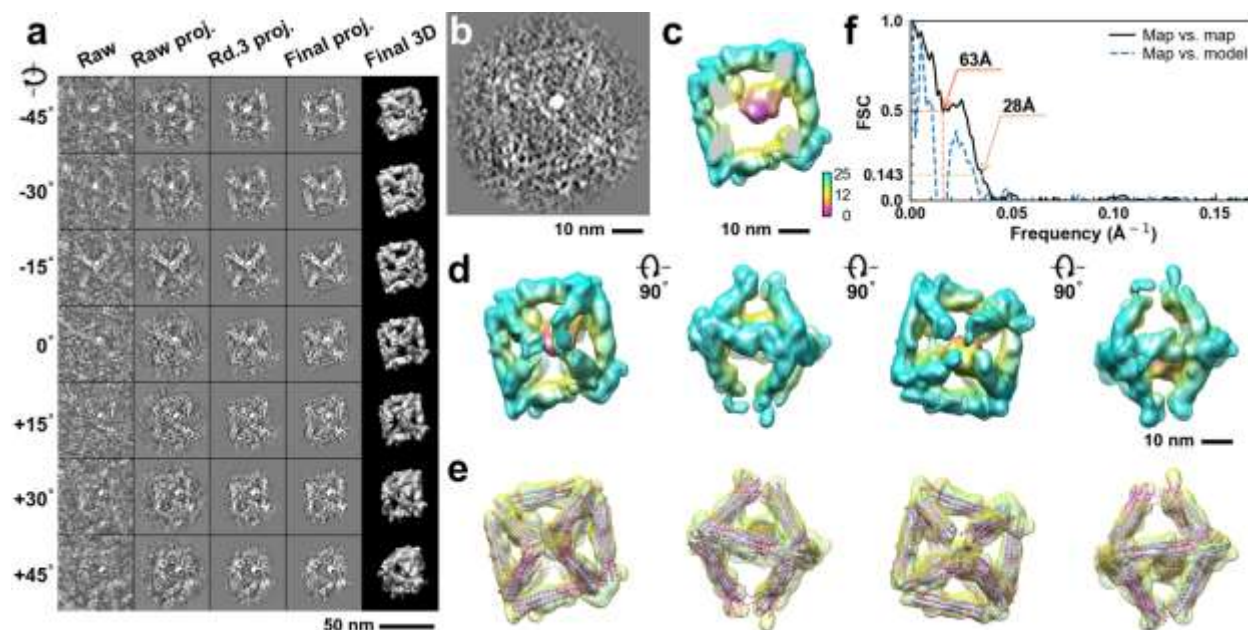


**Supplementary Fig. 57: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 049) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

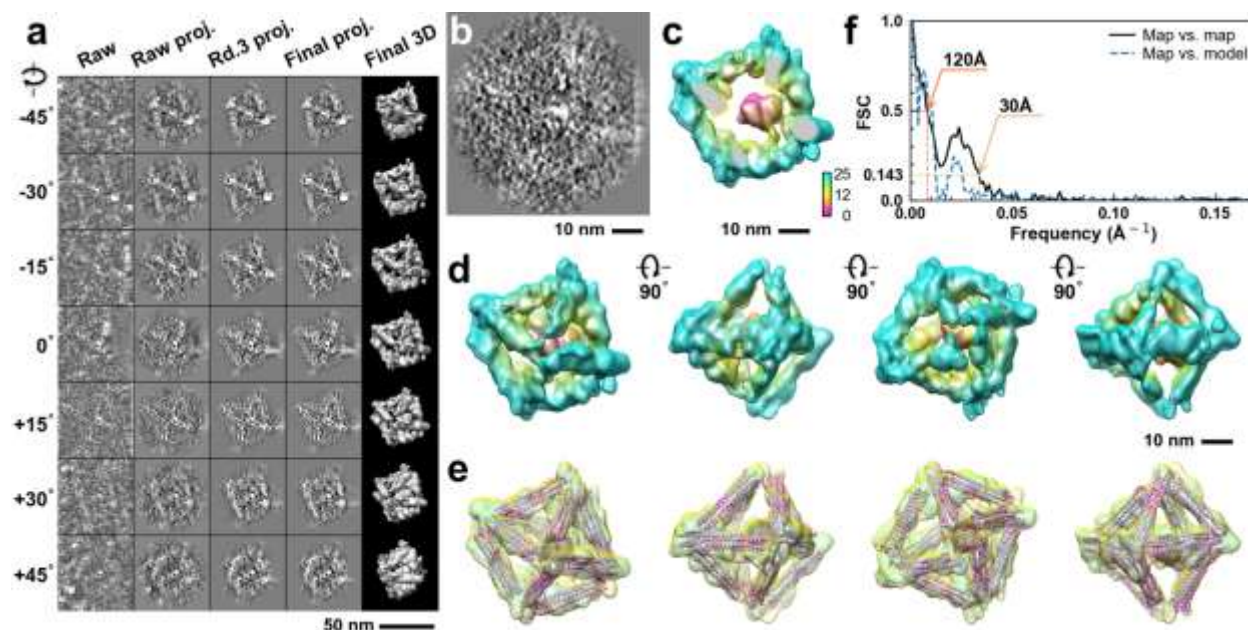




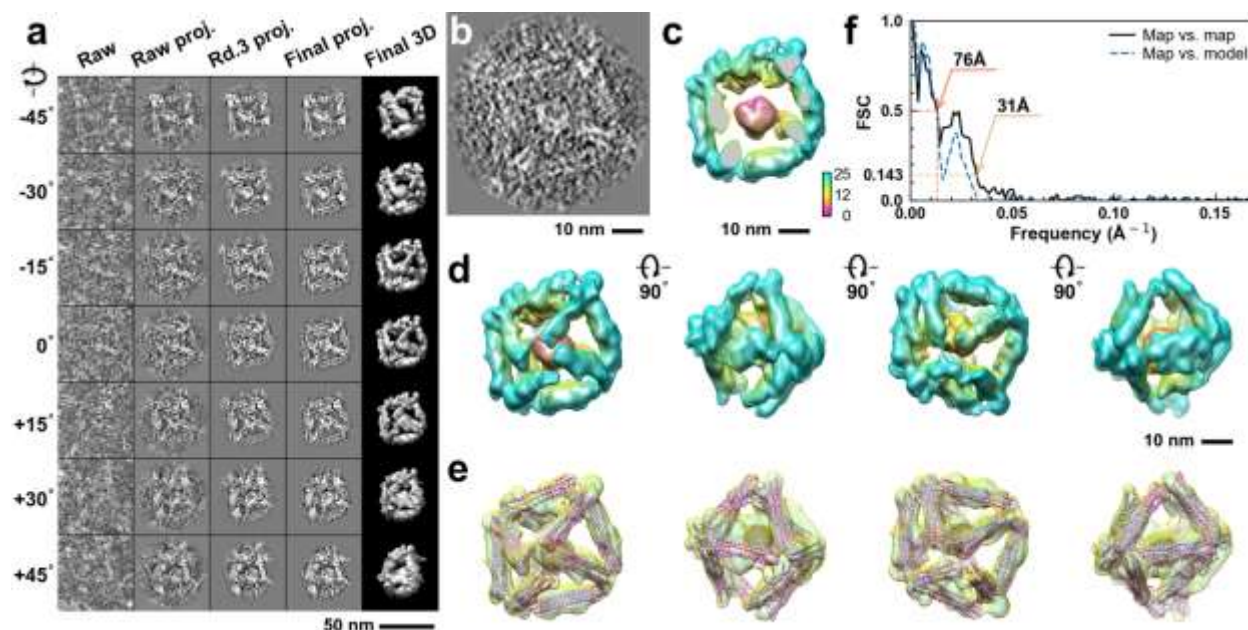
**Supplementary Fig. 58: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 050) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 59: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 051) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

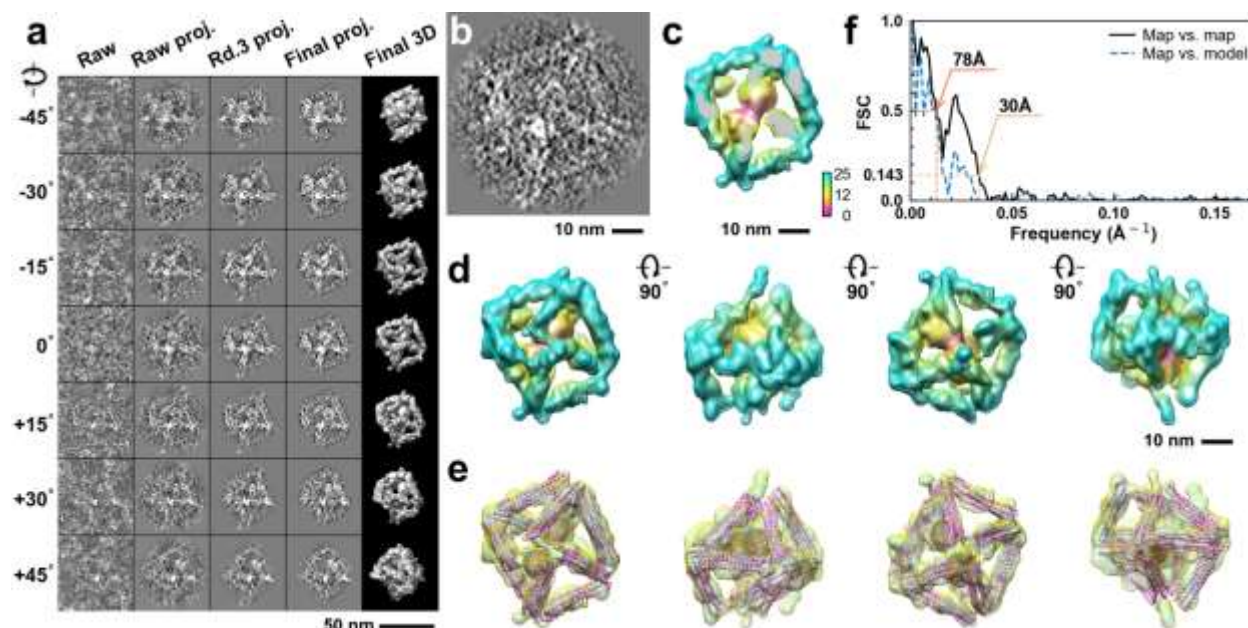


**Supplementary Fig. 60: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 052) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

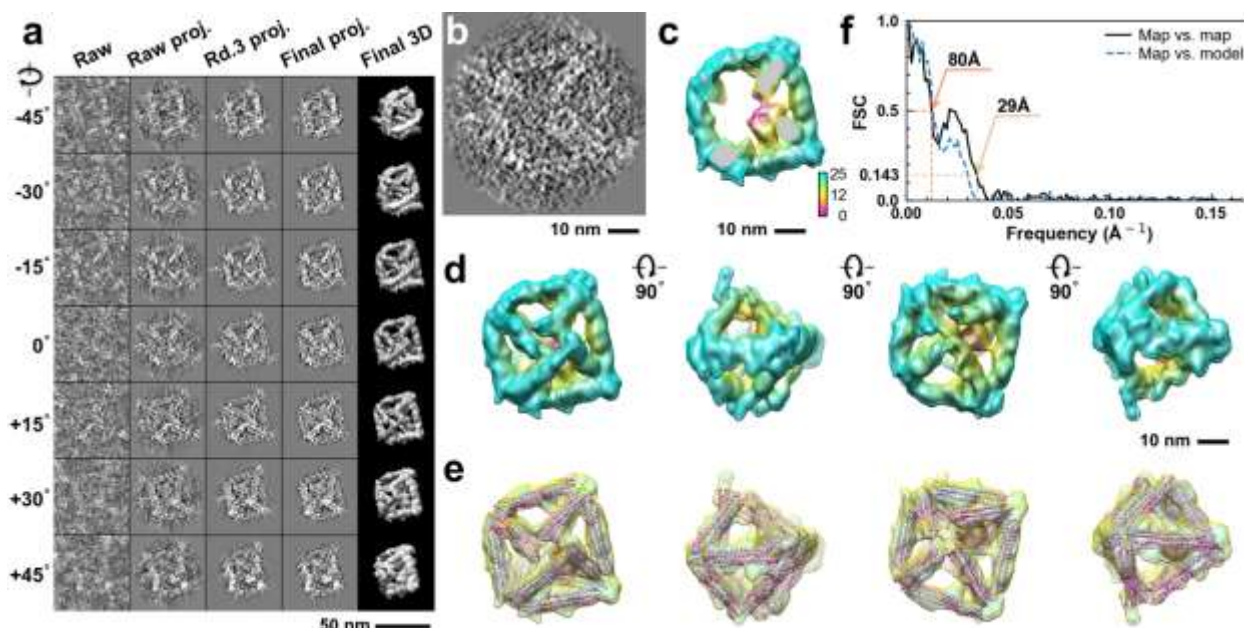


**Supplementary Fig. 61: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 053) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

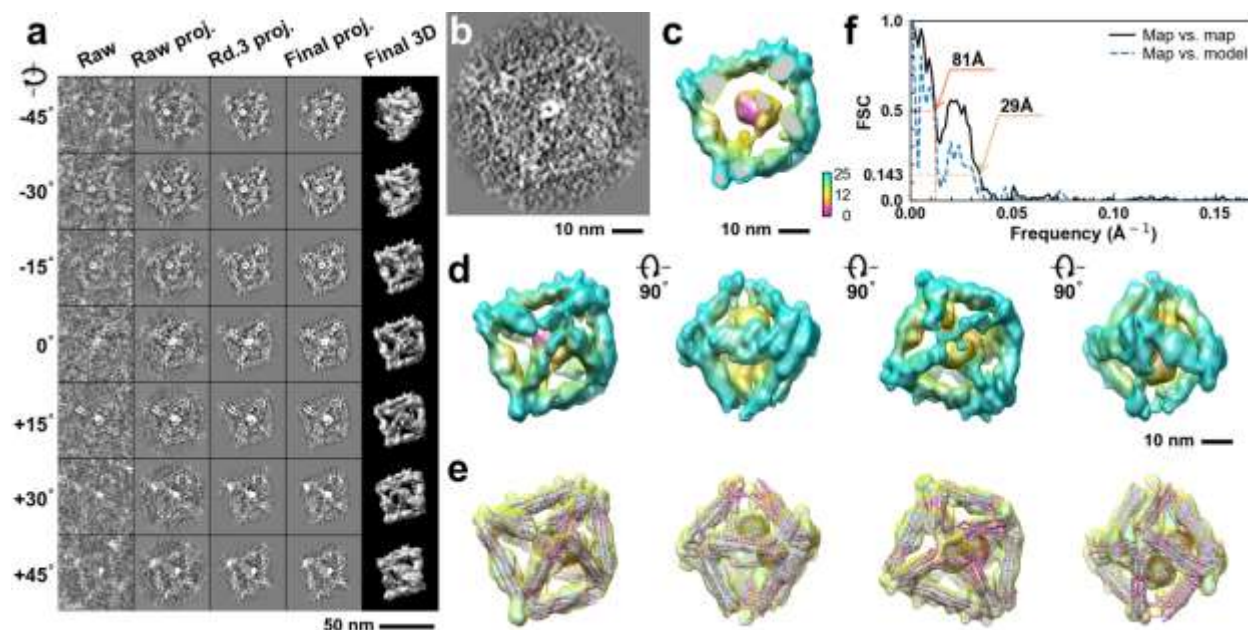




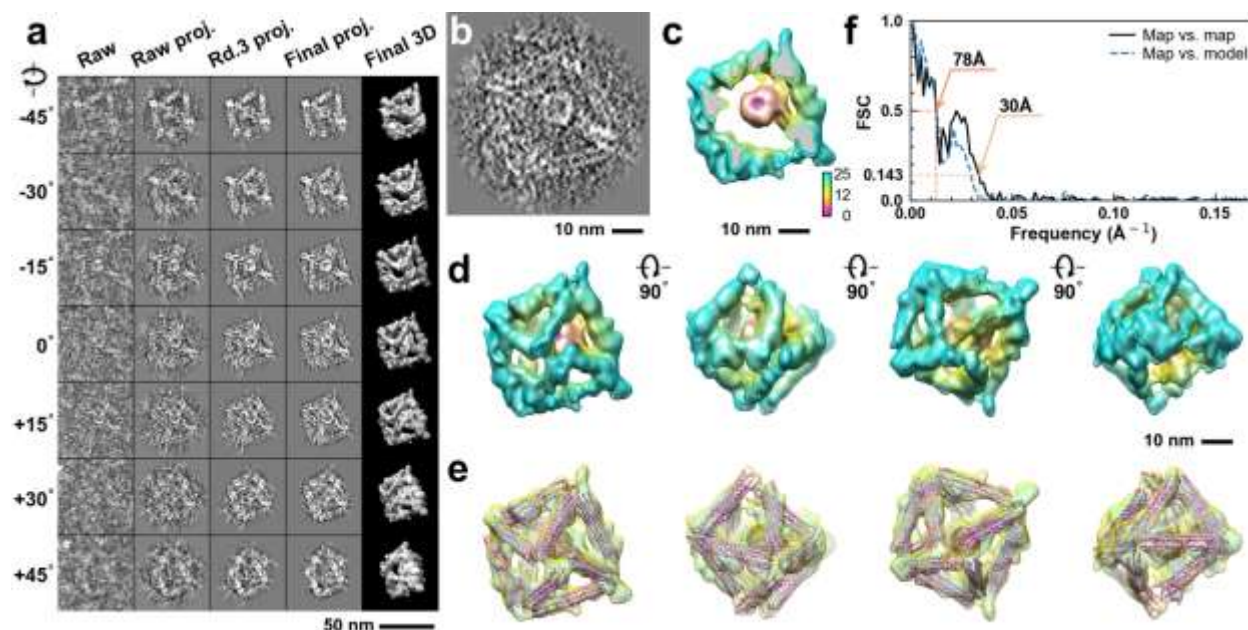
**Supplementary Fig. 62: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 054) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 63: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 055) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

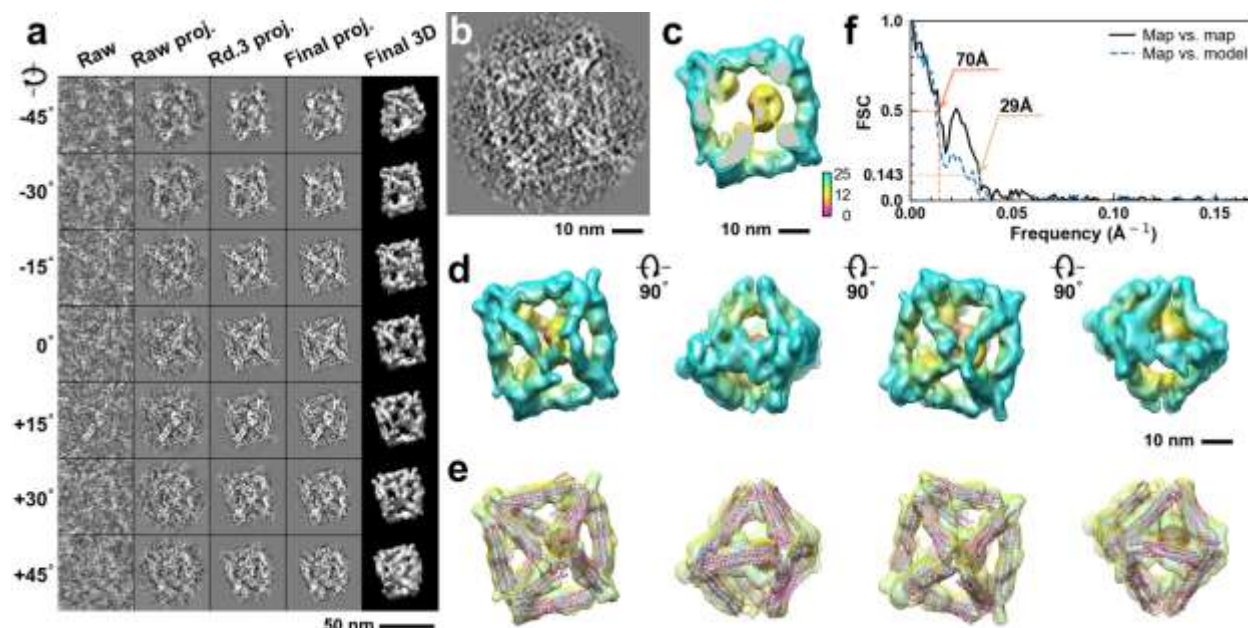


**Supplementary Fig. 64: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 056) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

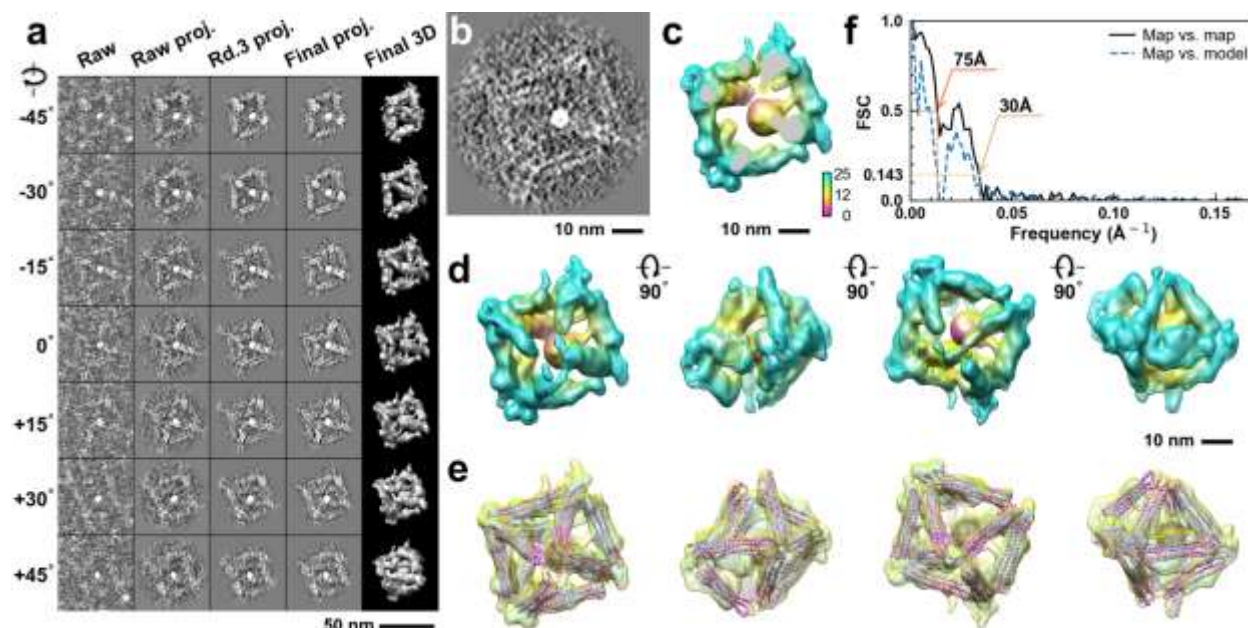


**Supplementary Fig. 65: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 057) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

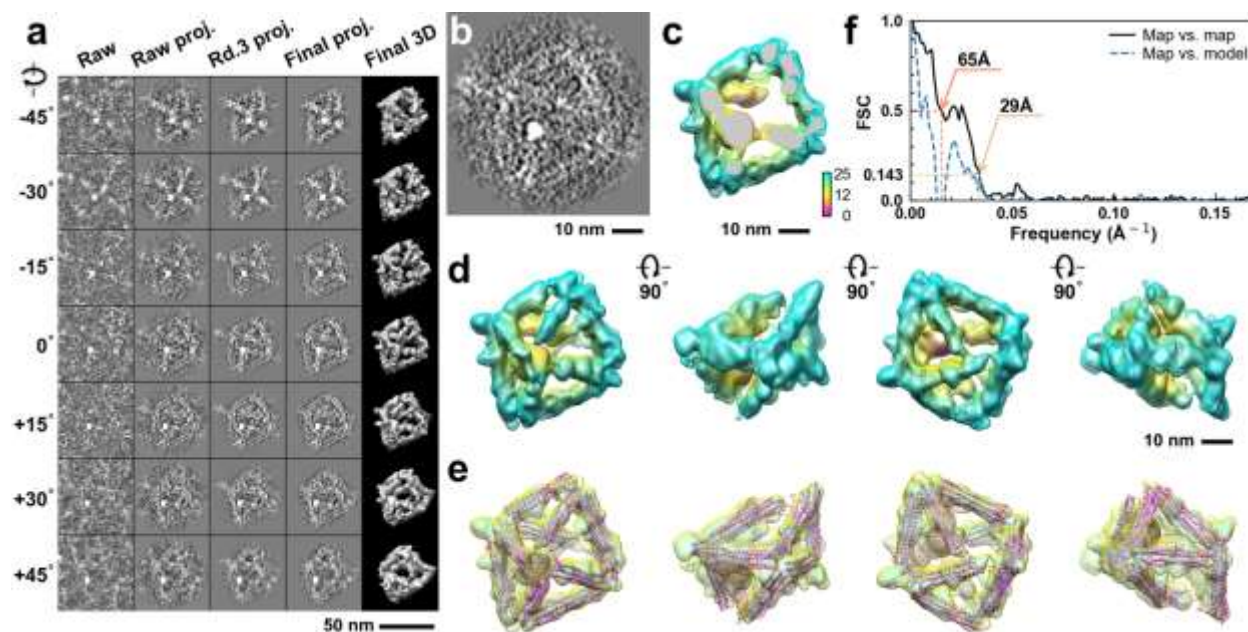




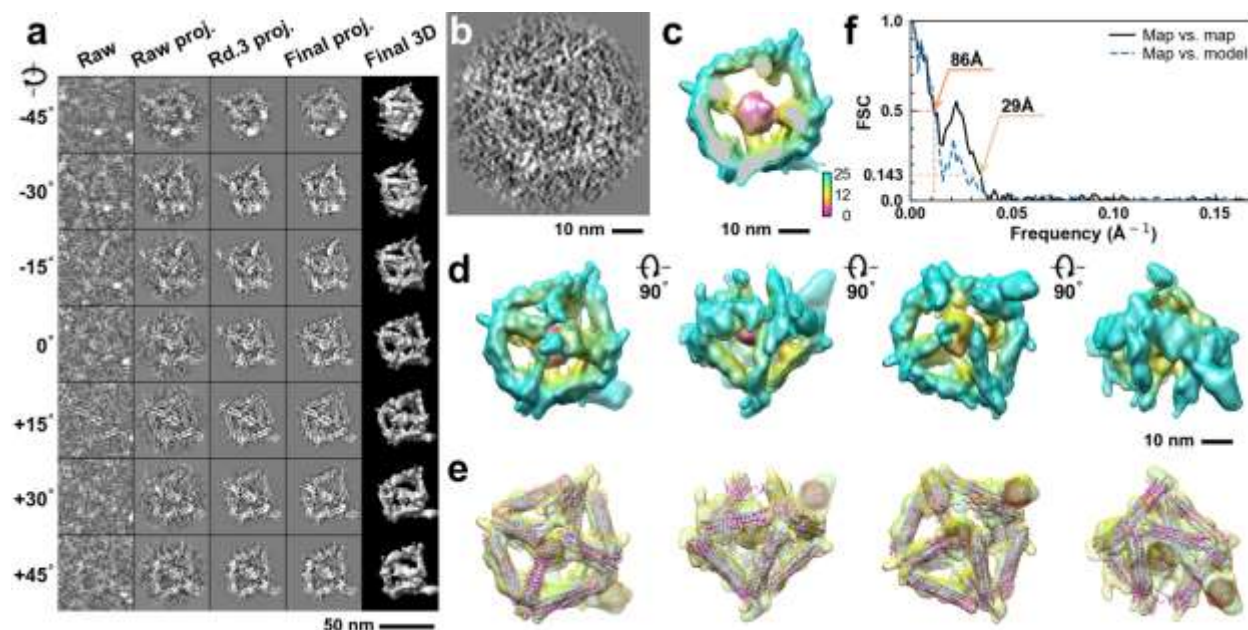
**Supplementary Fig. 66: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 058) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 67: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 059) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

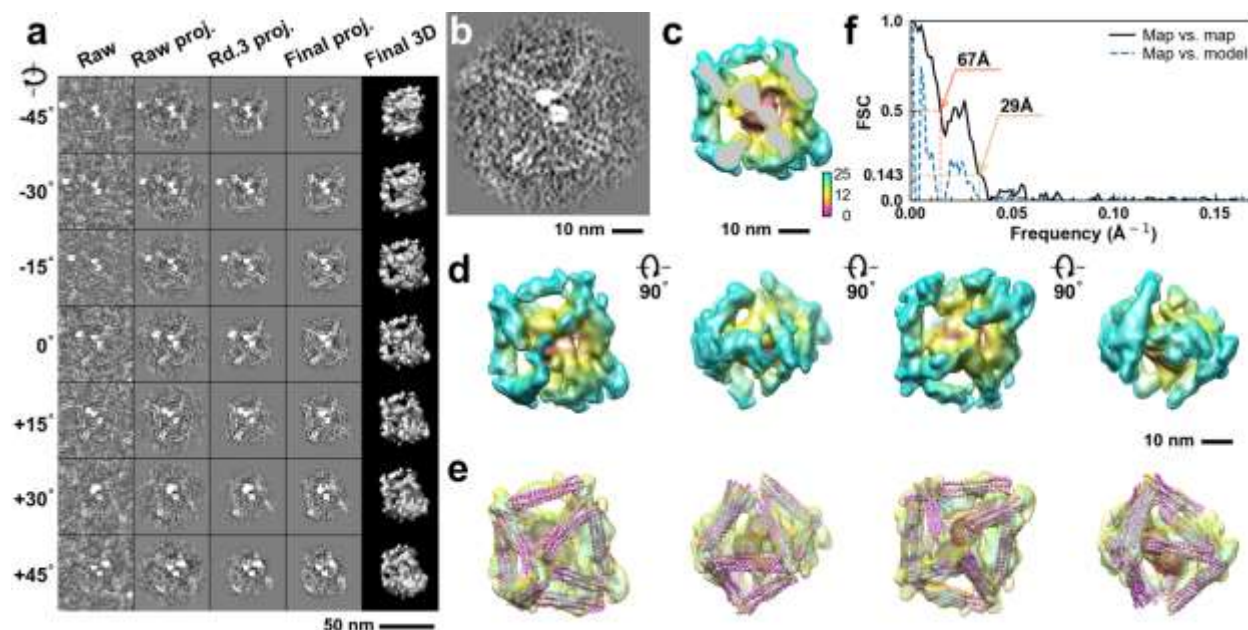


**Supplementary Fig. 68: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 060) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

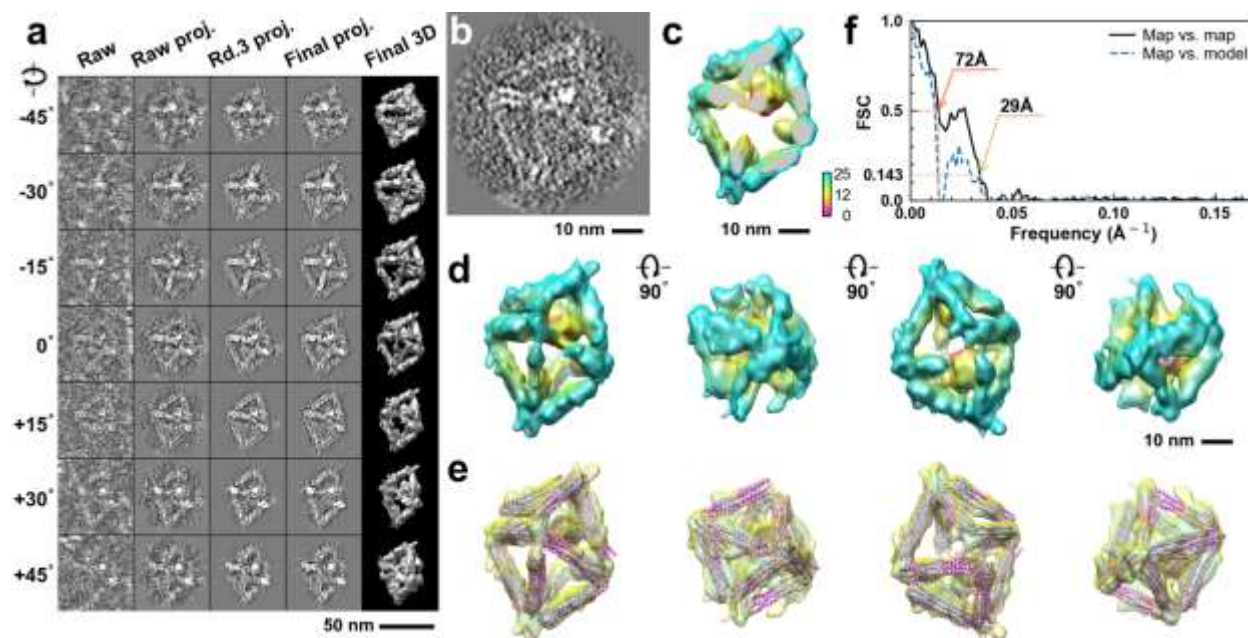


**Supplementary Fig. 69: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 061) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

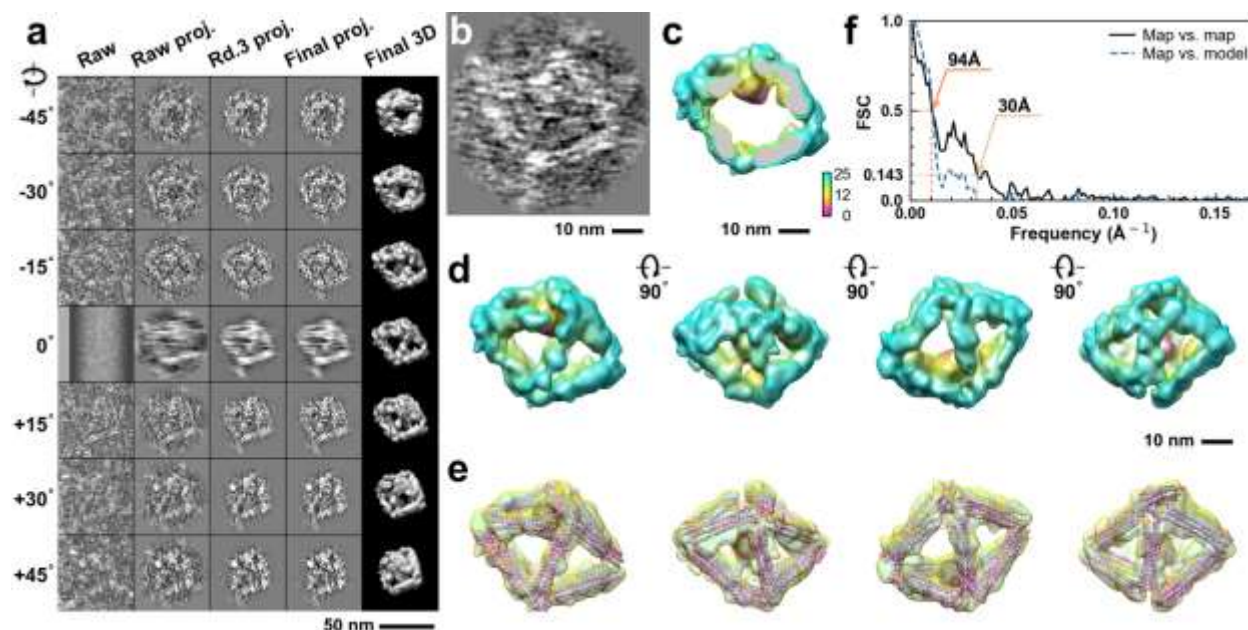




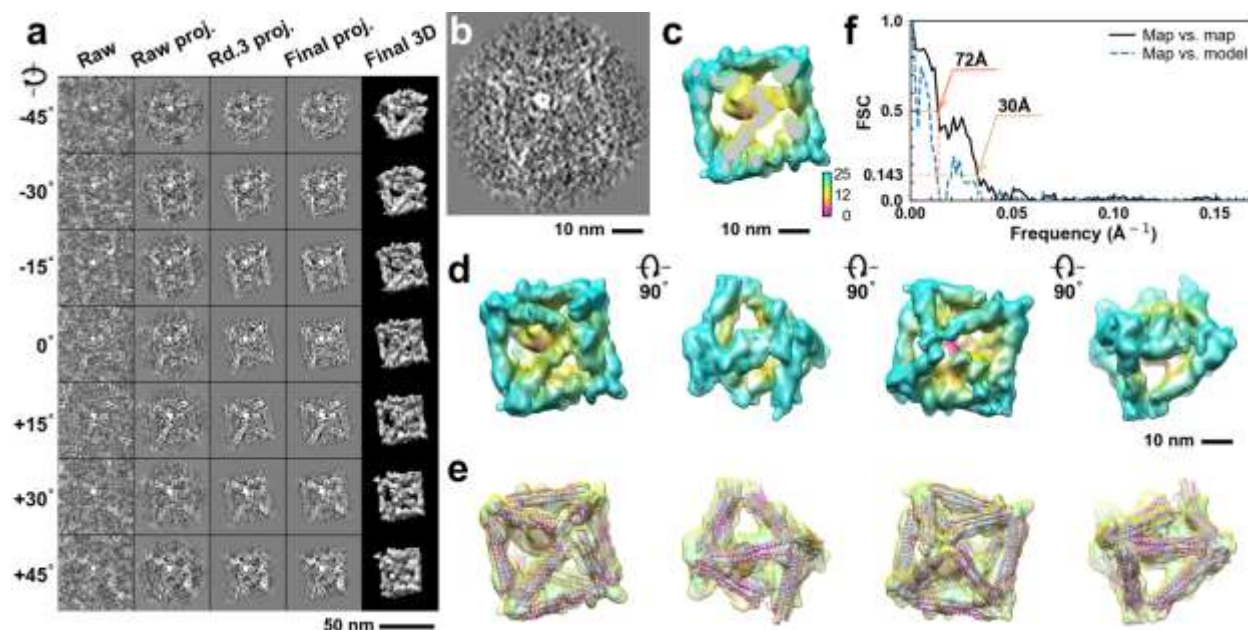
**Supplementary Fig. 70: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 062) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 71: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 063) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

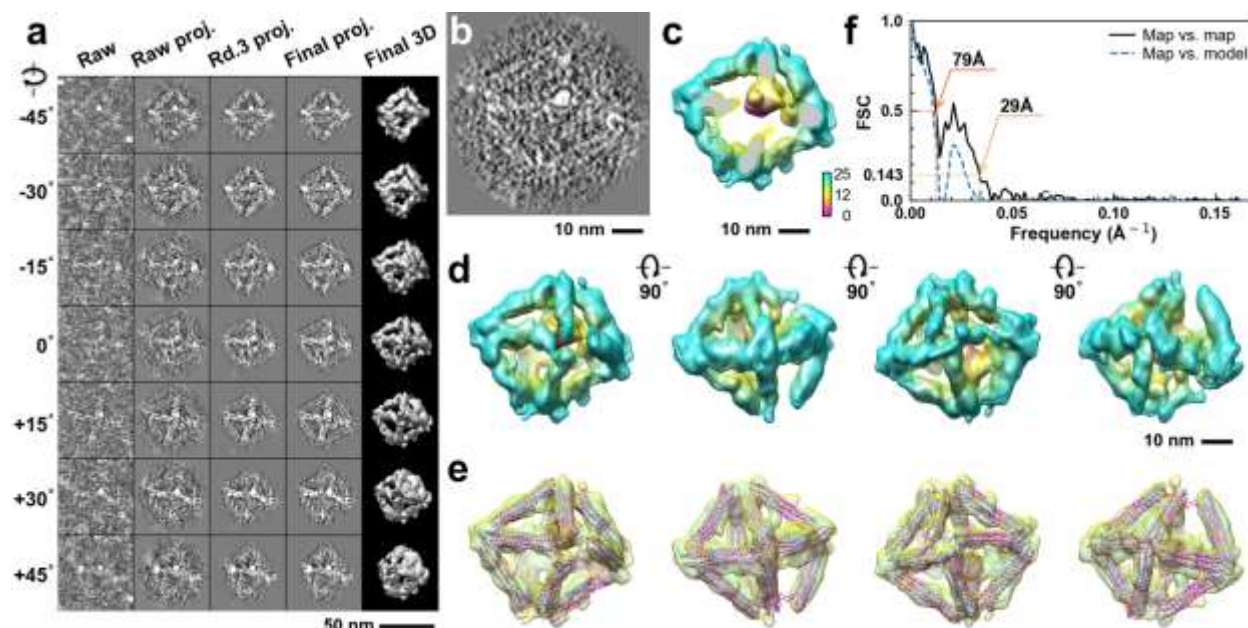


**Supplementary Fig. 72: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 064) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

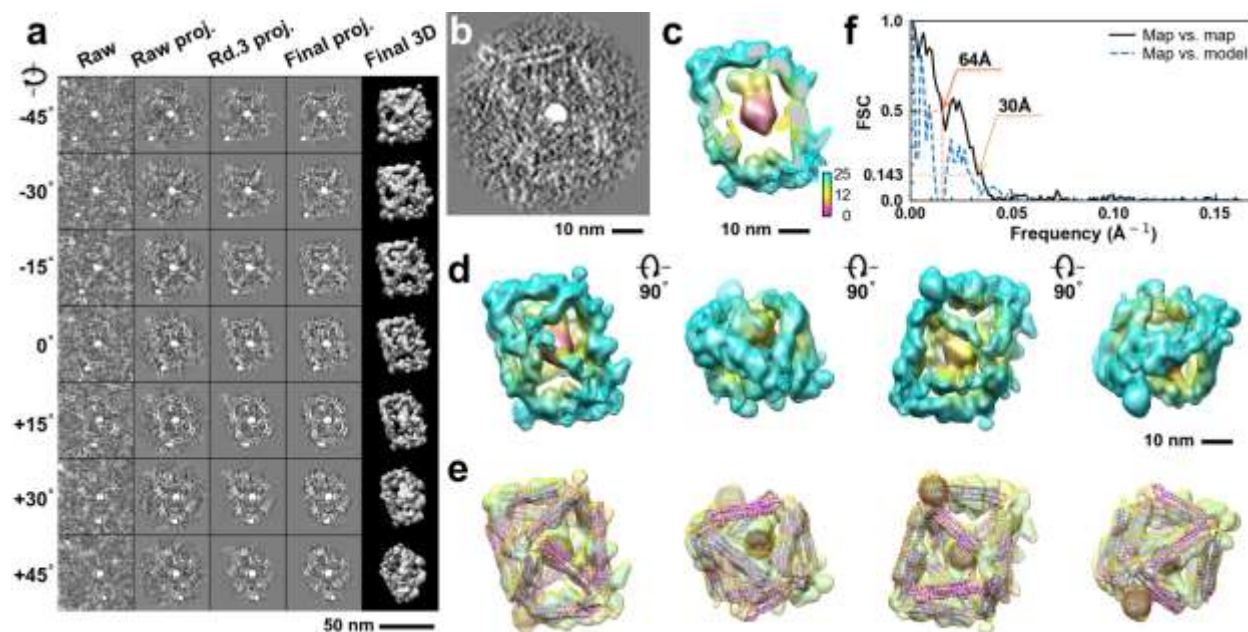


**Supplementary Fig. 73: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 065) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

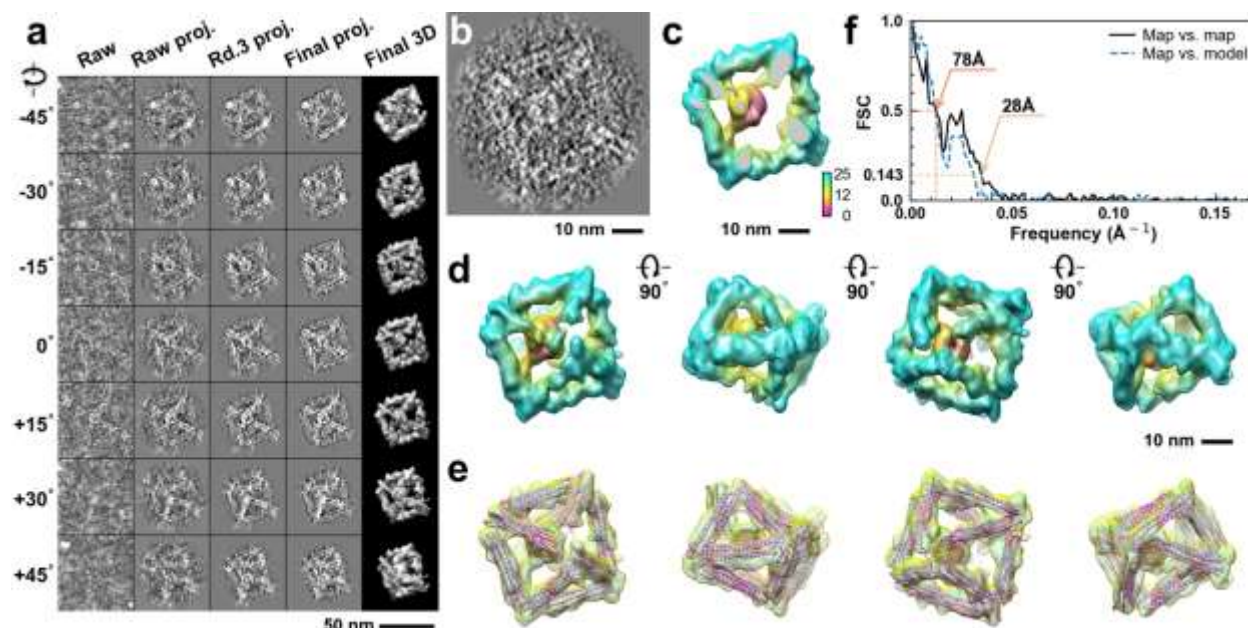




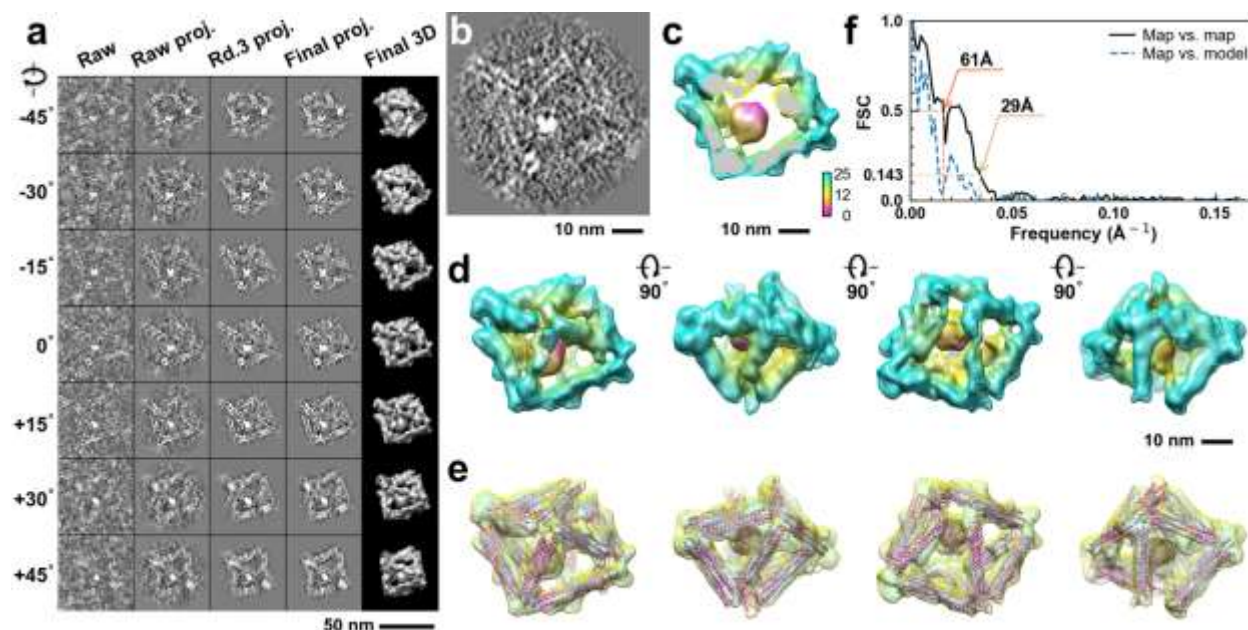
**Supplementary Fig. 74: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 066) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 75: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 067) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

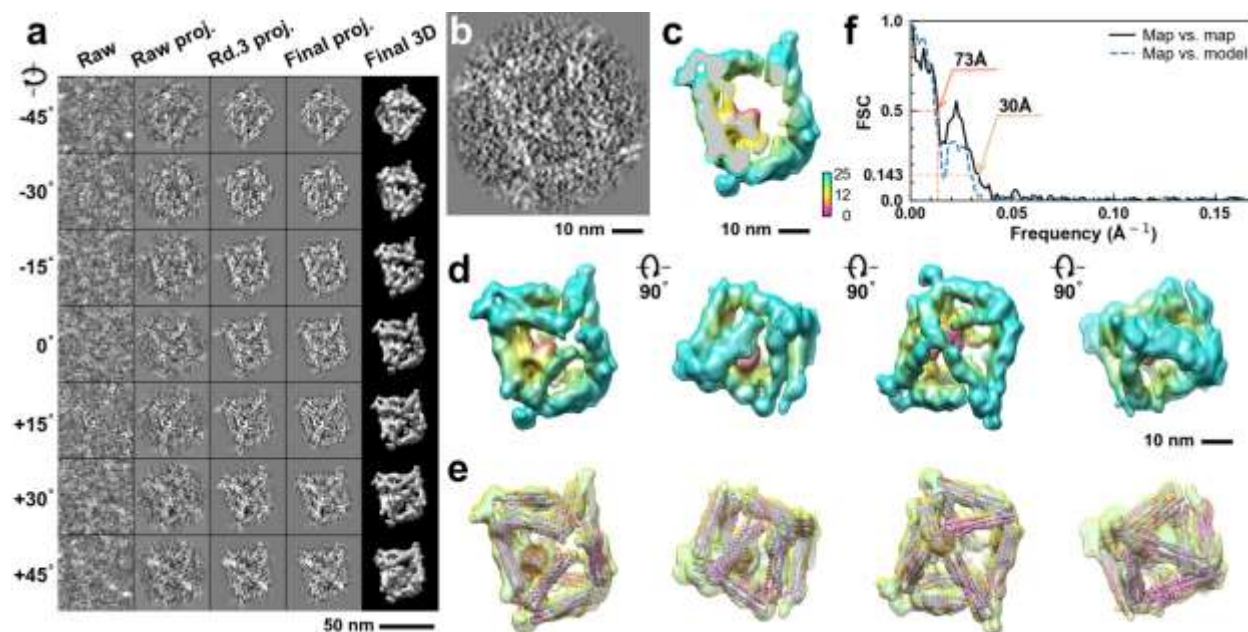


**Supplementary Fig. 76: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 068) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

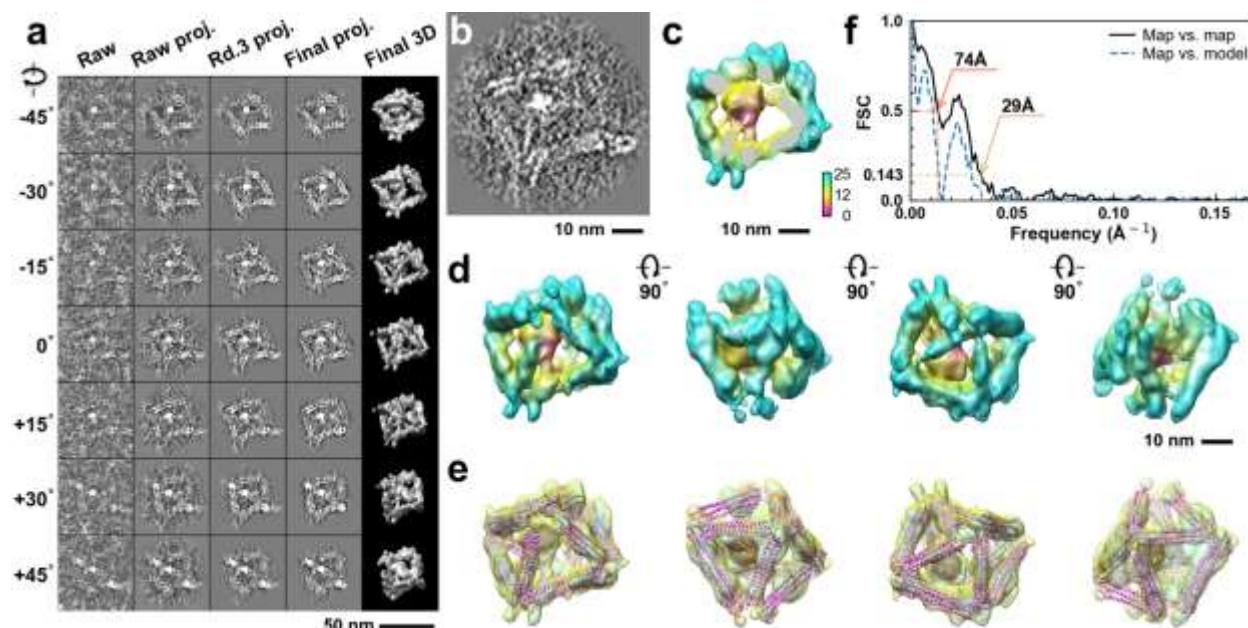


**Supplementary Fig. 77: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 069) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

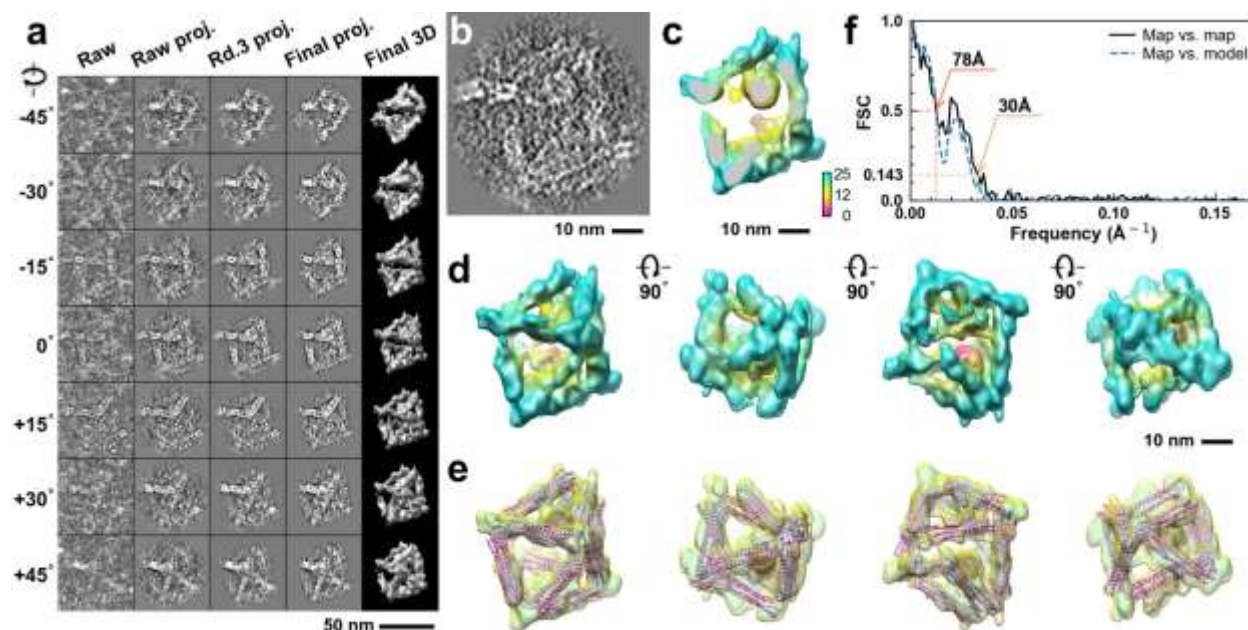




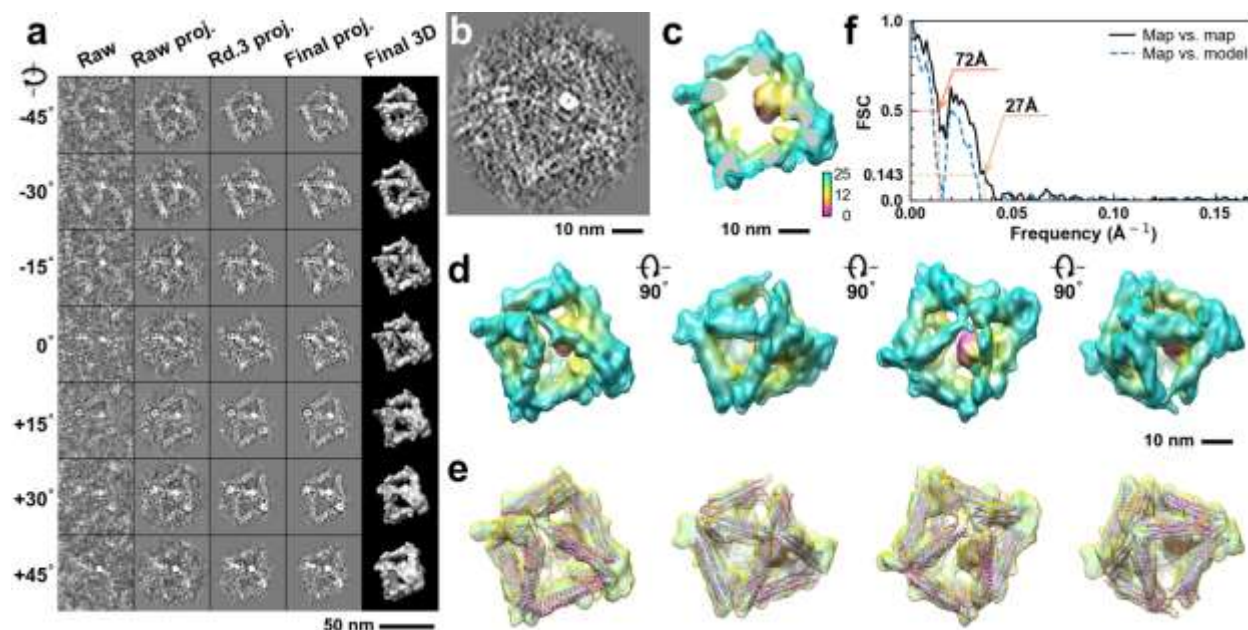
**Supplementary Fig. 78: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 070) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 79: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 071) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

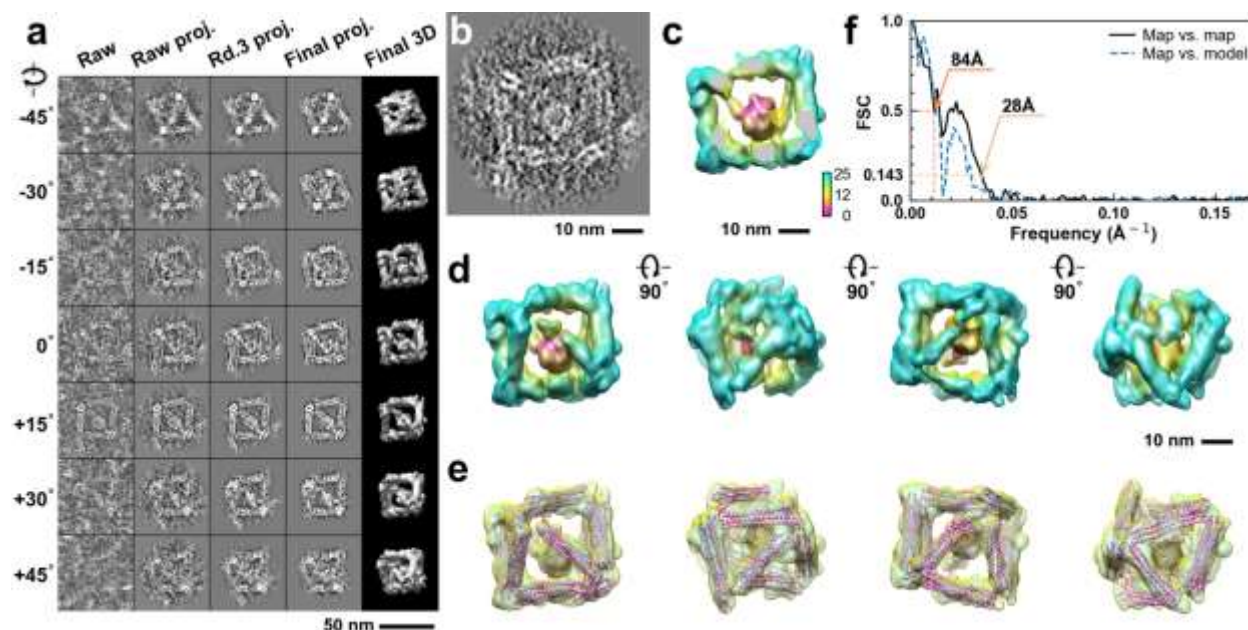


**Supplementary Fig. 80: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 072) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

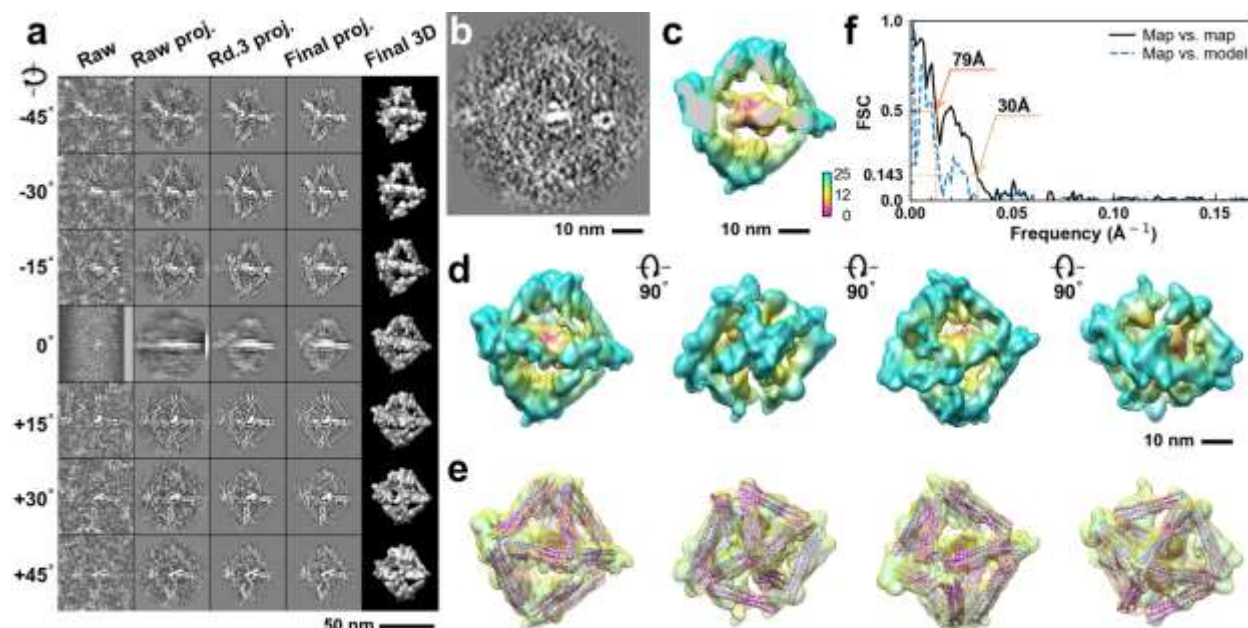


**Supplementary Fig. 81: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 073) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

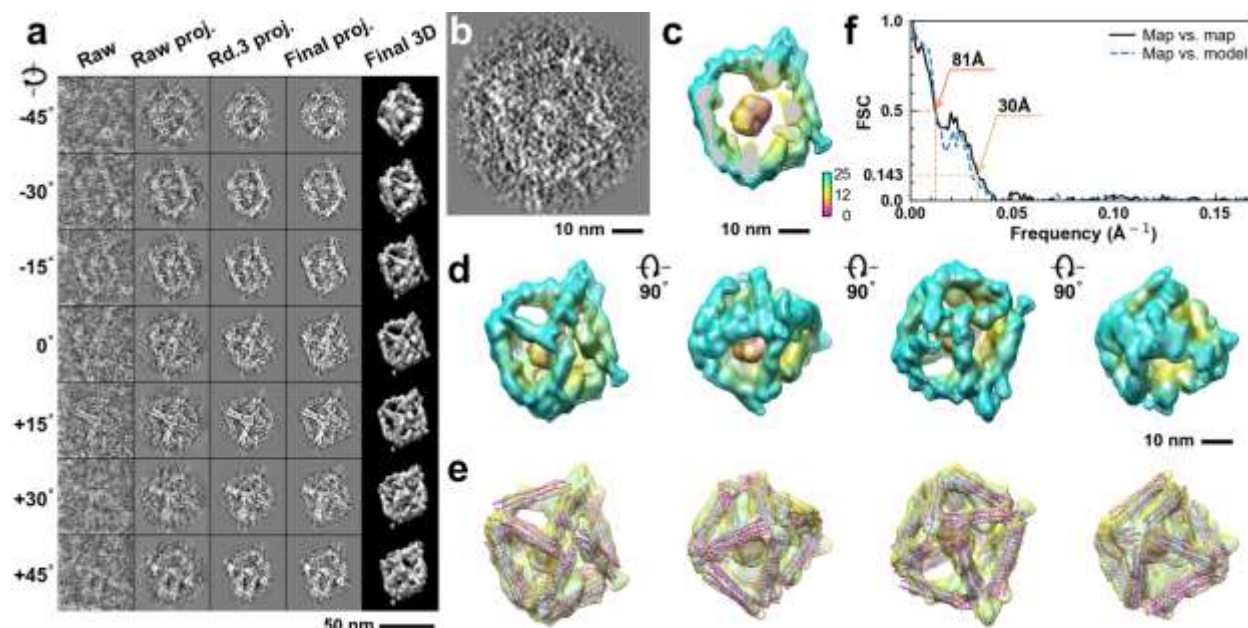




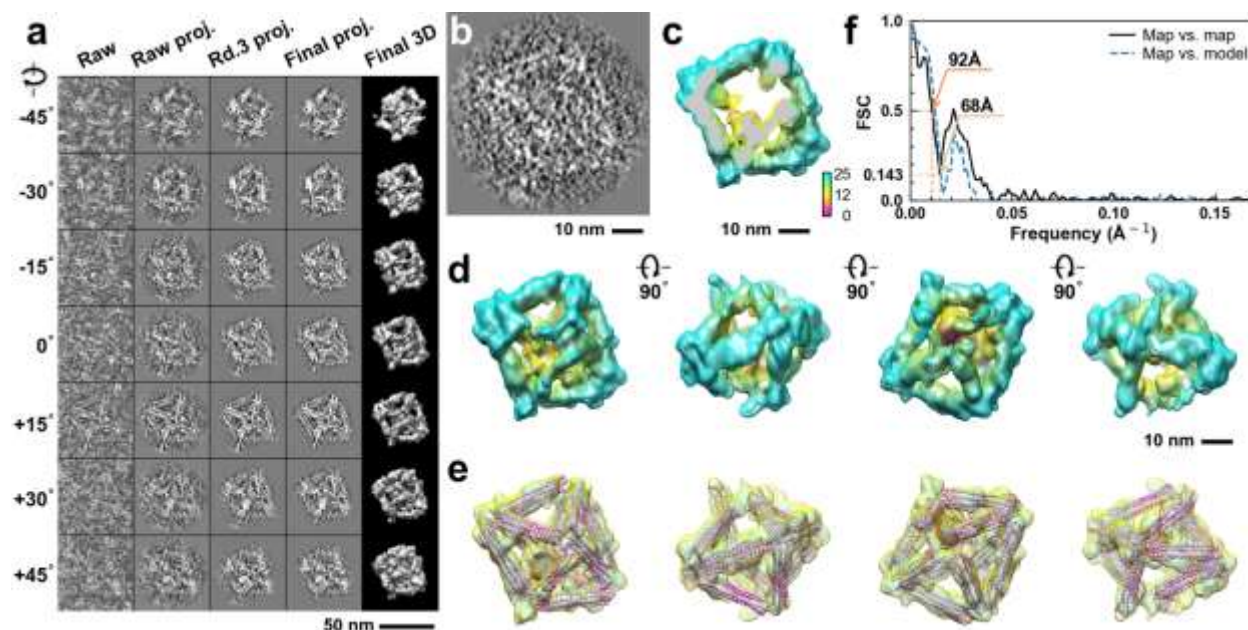
**Supplementary Fig. 82: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 074) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 83: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 075) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

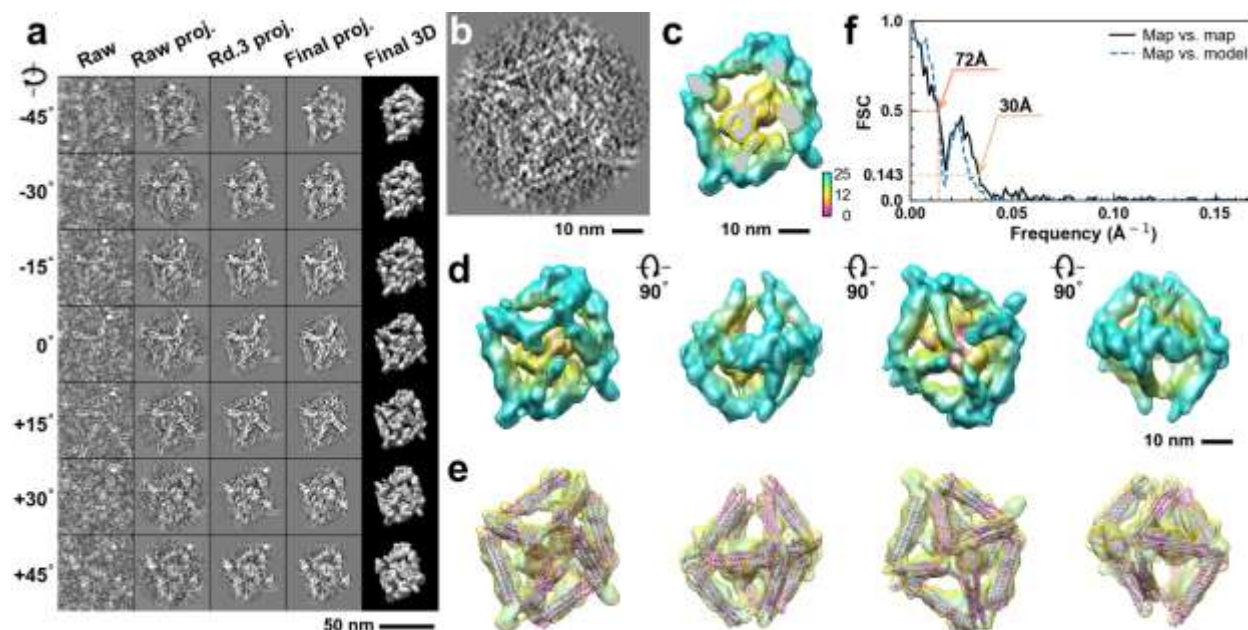


**Supplementary Fig. 84: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 076) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

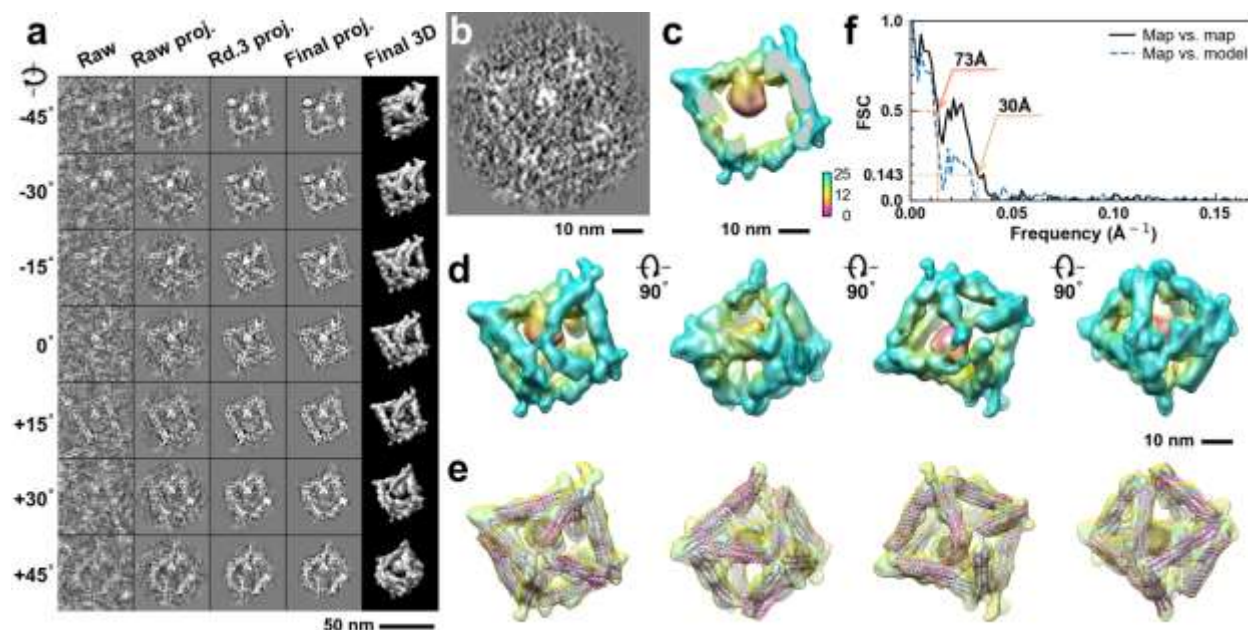


**Supplementary Fig. 85: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 077) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

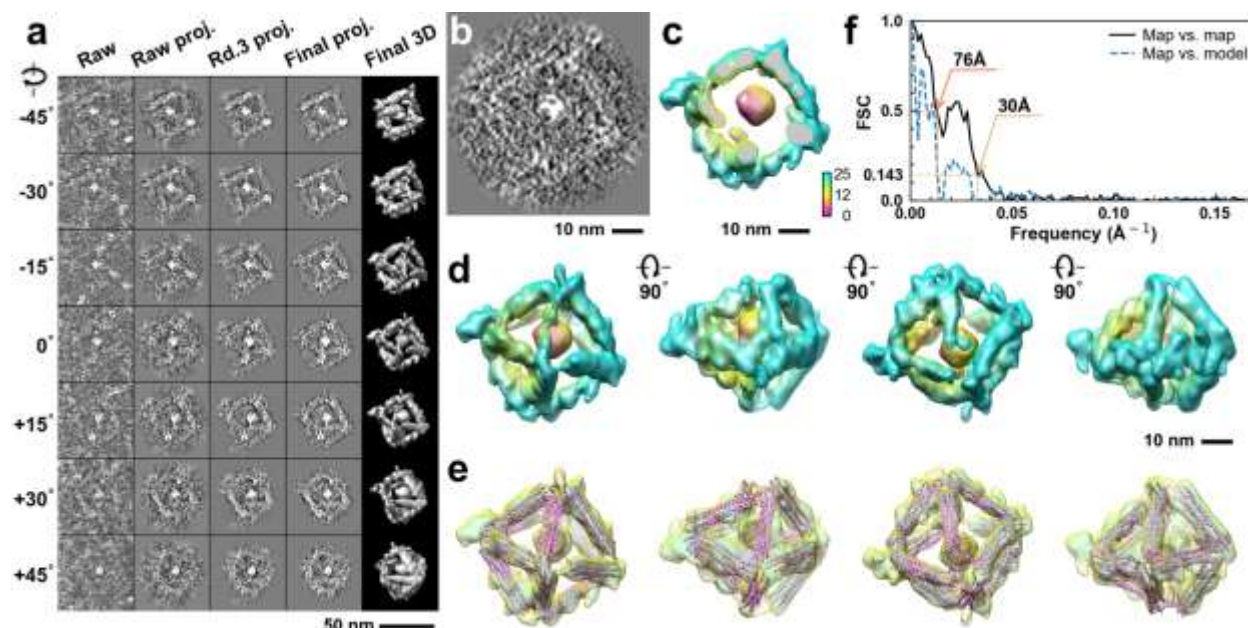




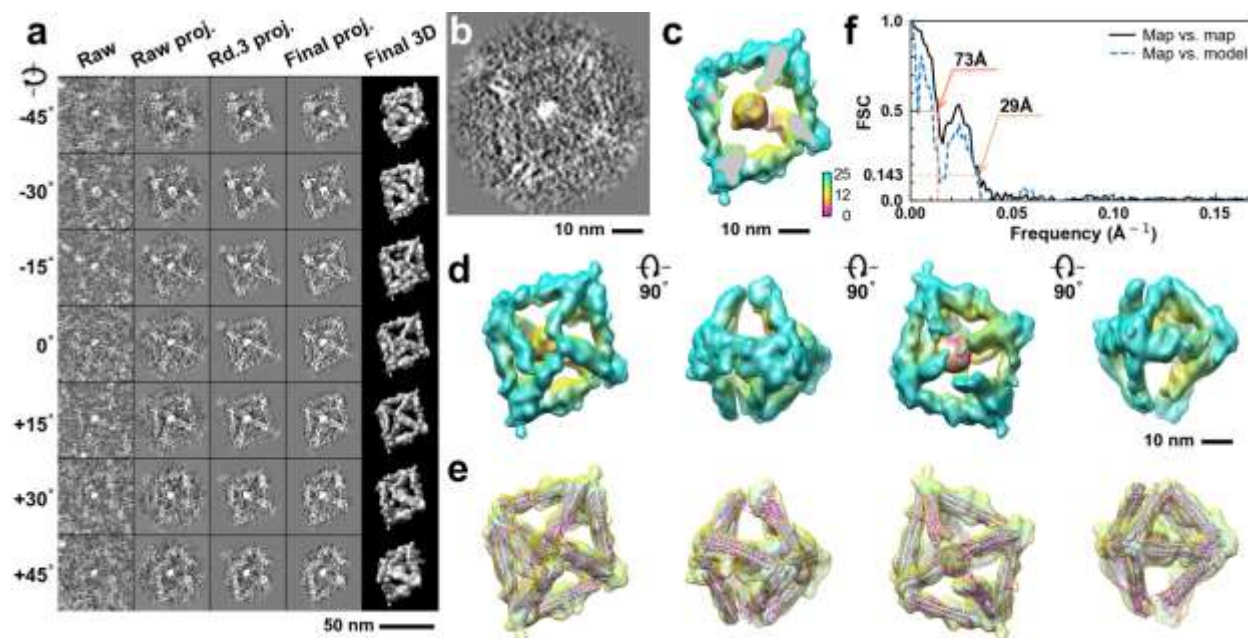
**Supplementary Fig. 86: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 078) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 87: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 079) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

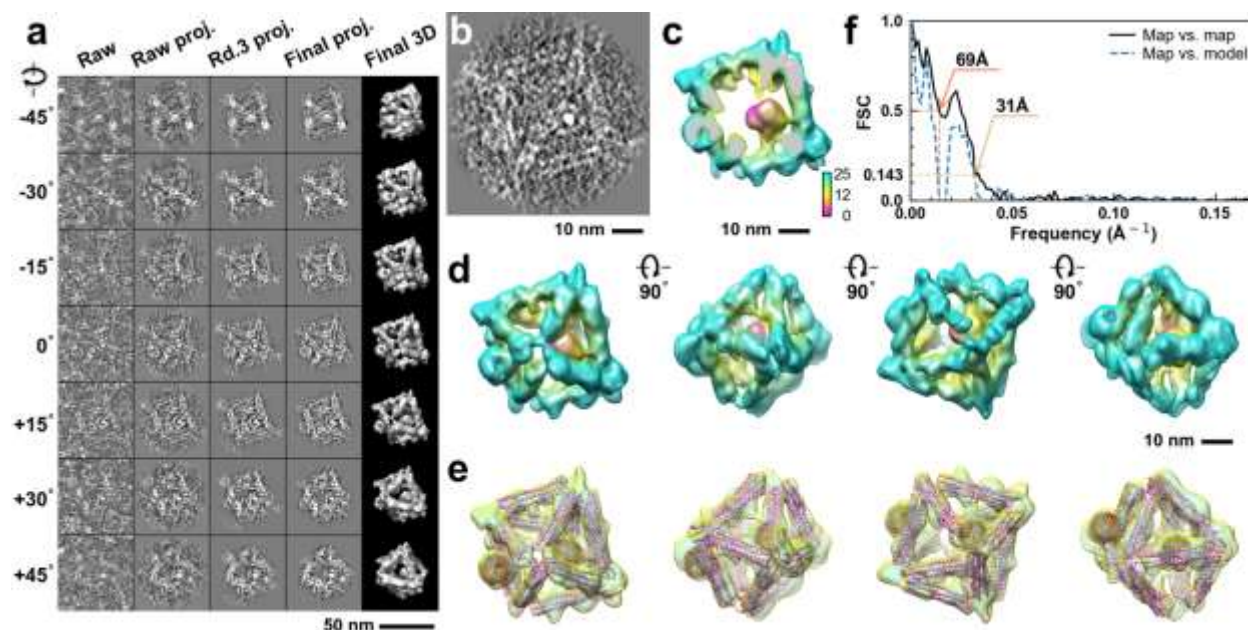


**Supplementary Fig. 88: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 080) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

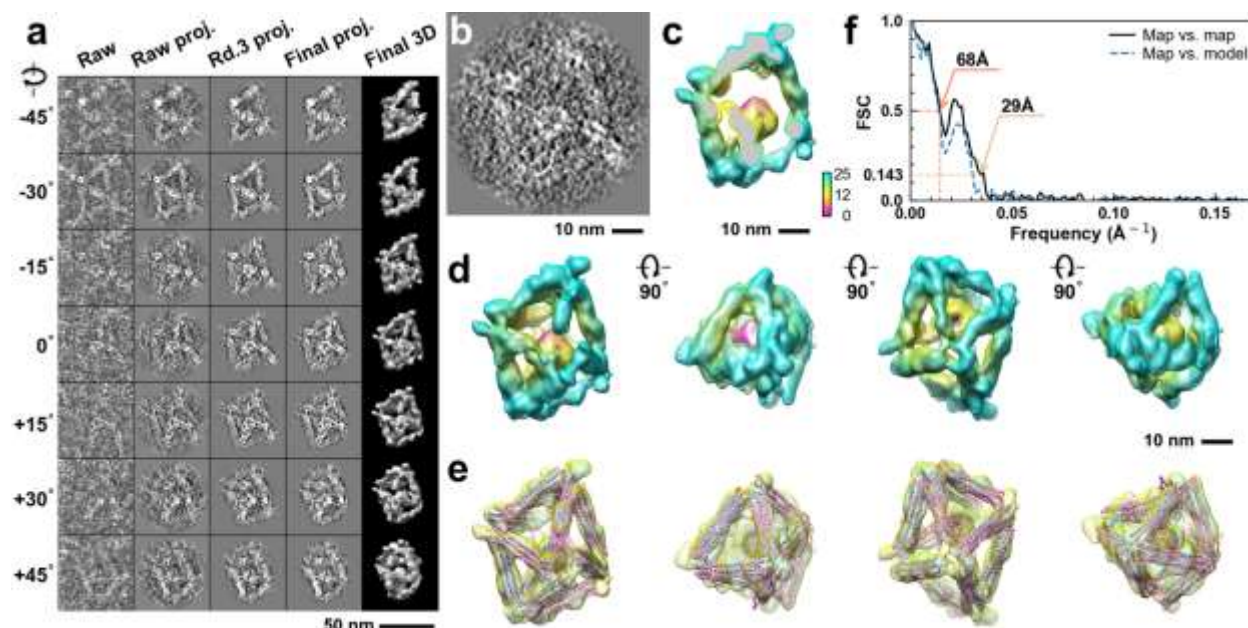


**Supplementary Fig. 89: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 081) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

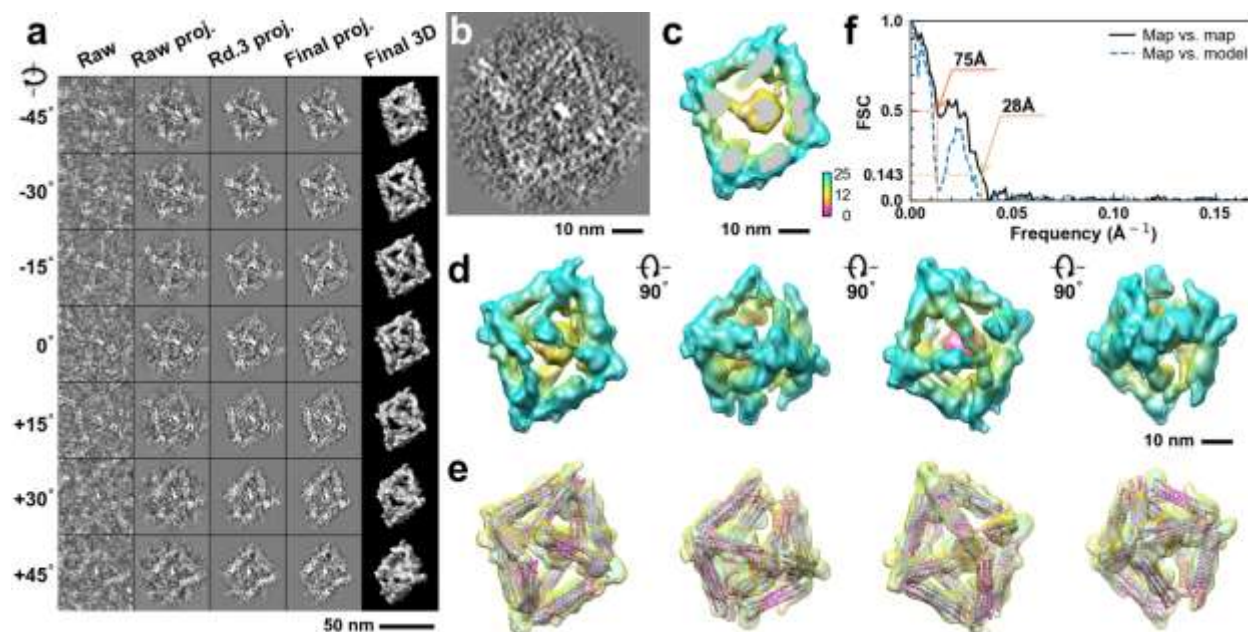




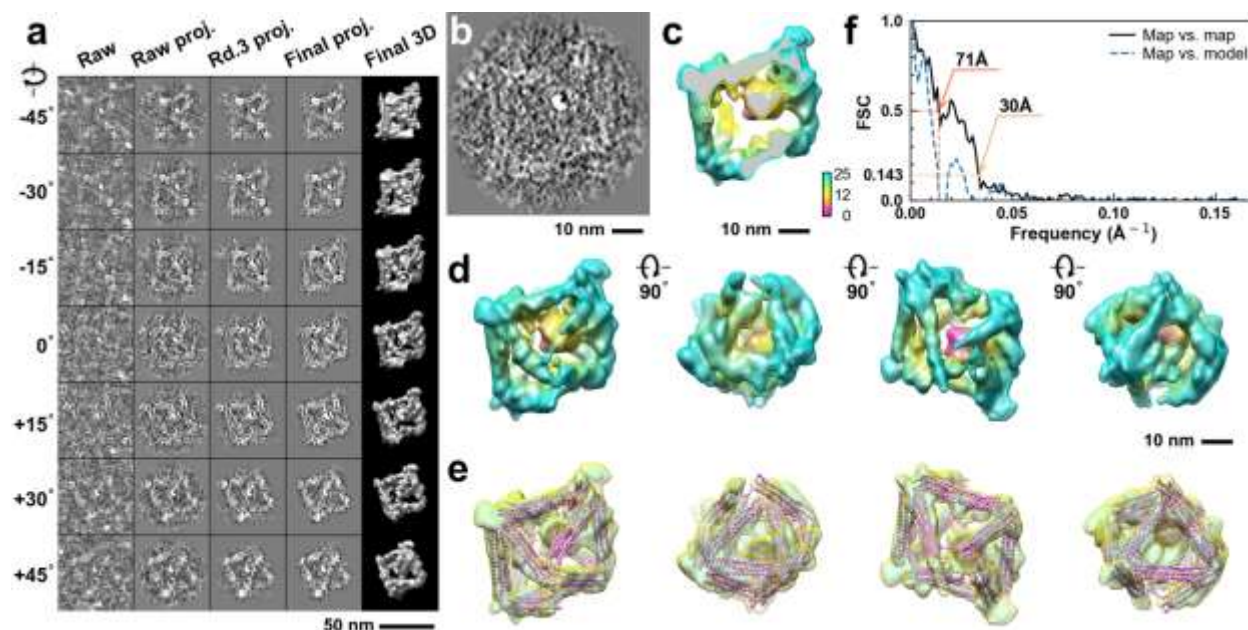
**Supplementary Fig. 90: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 082) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 91: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 083) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

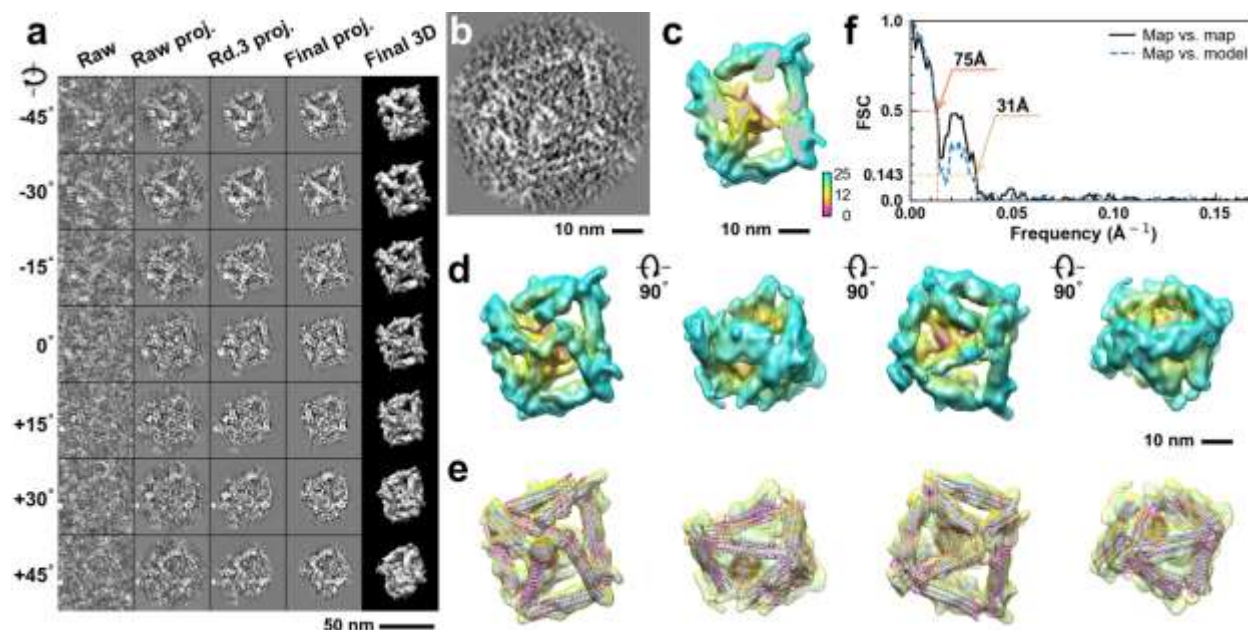


**Supplementary Fig. 92: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 084) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

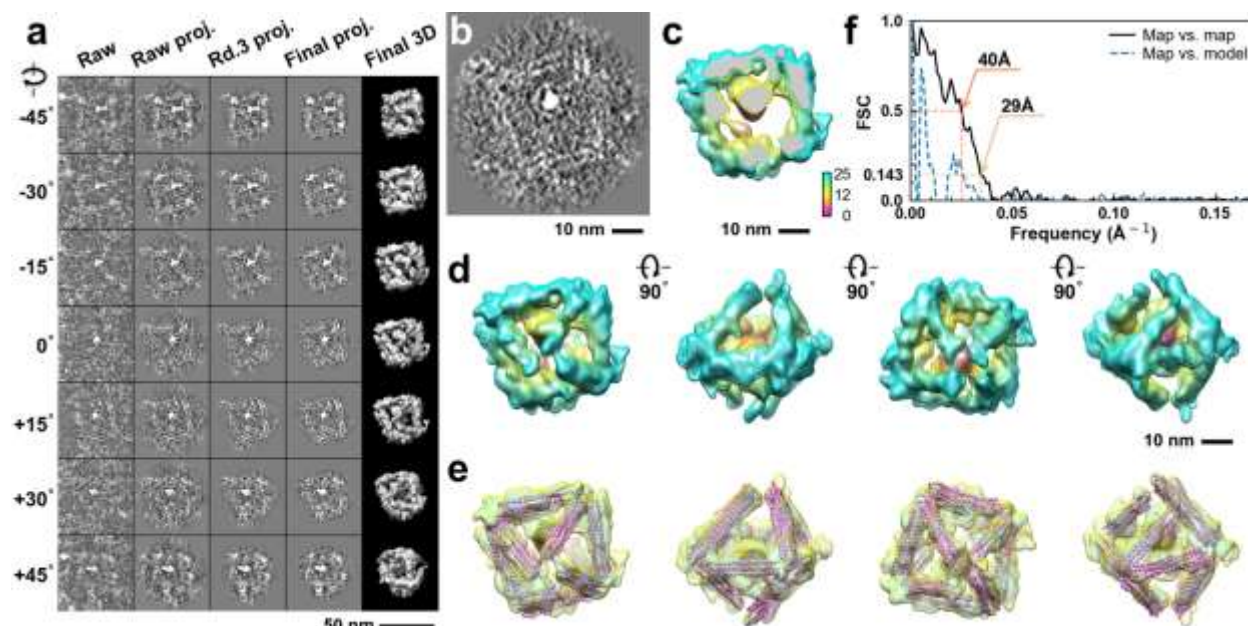


**Supplementary Fig. 93: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 085) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

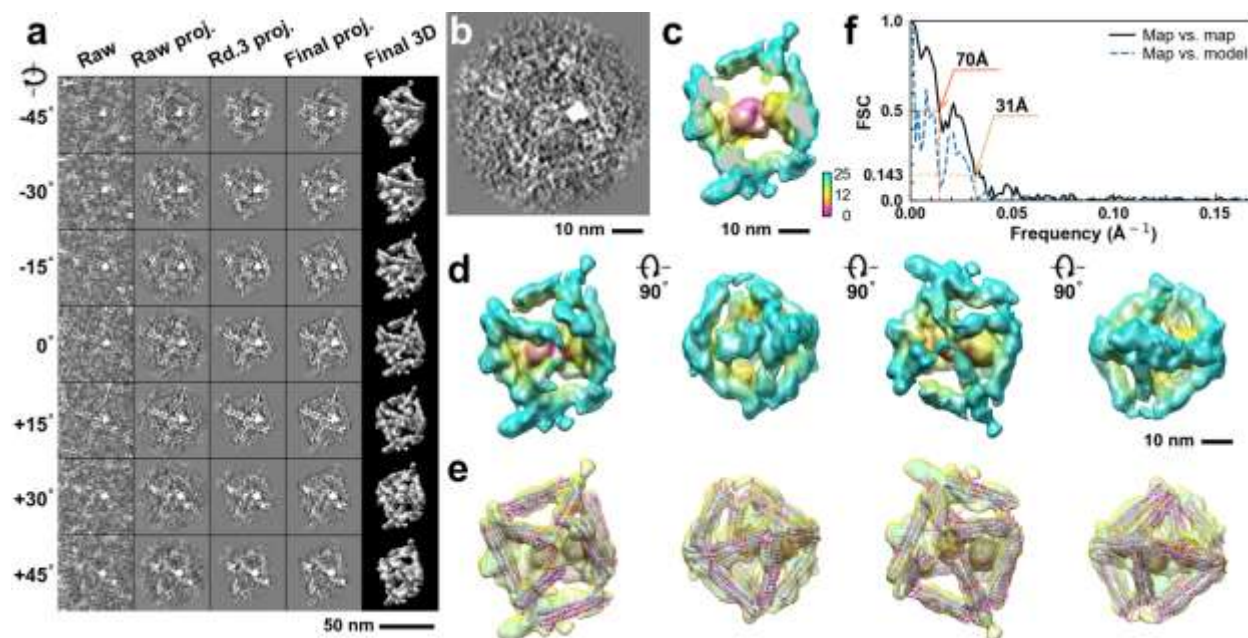




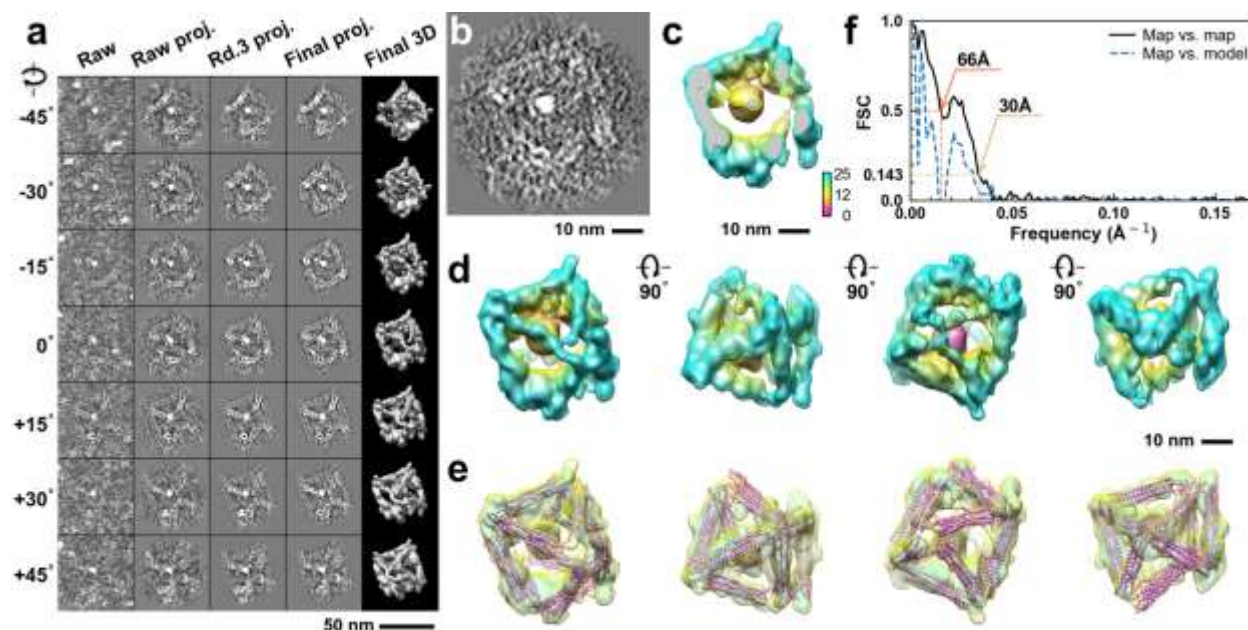
**Supplementary Fig. 94: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 086) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 95: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 087) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

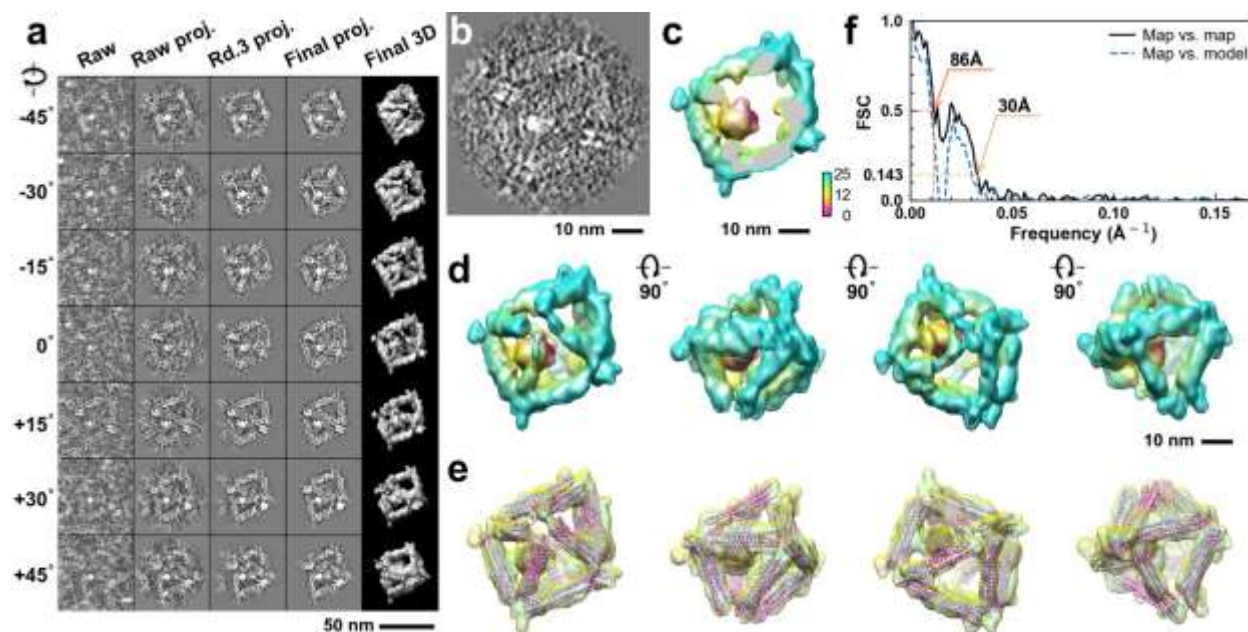


**Supplementary Fig. 96: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 088) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

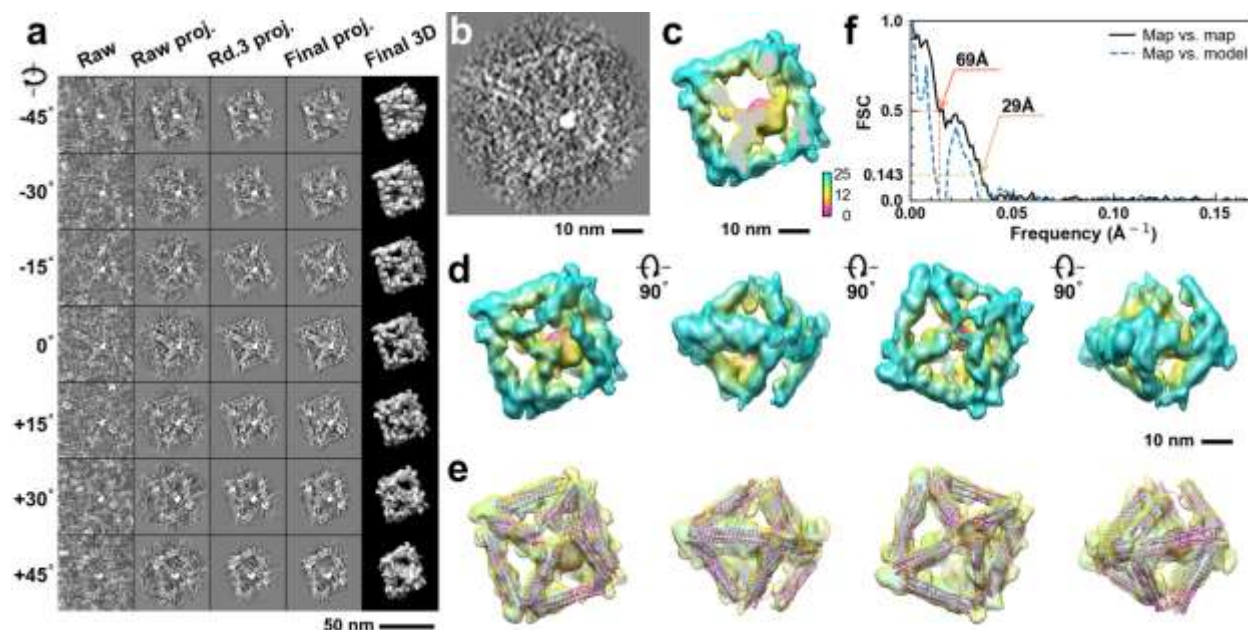


**Supplementary Fig. 97: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 089) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

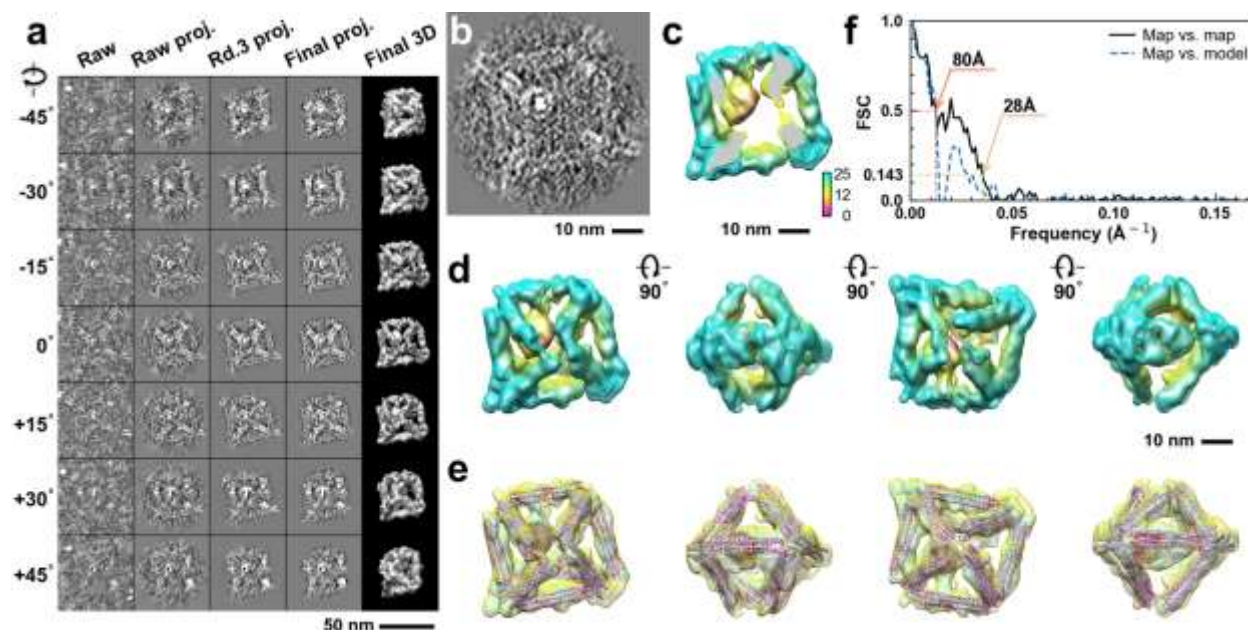




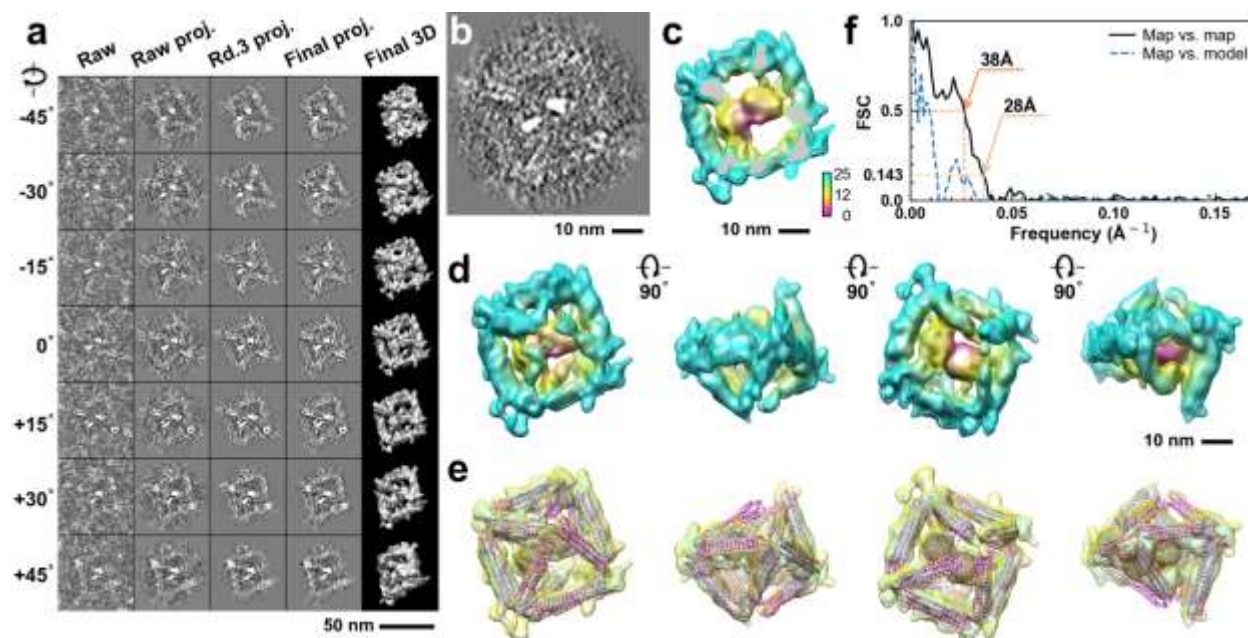
**Supplementary Fig. 98: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 090) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 99: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 091) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

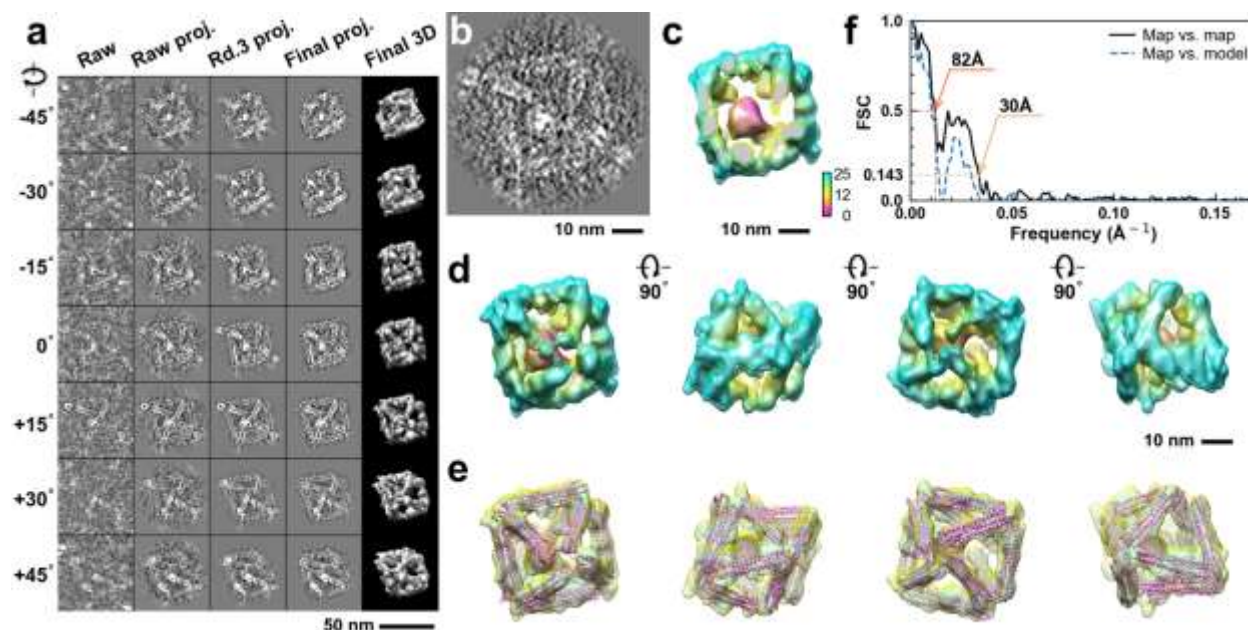


**Supplementary Fig. 100: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 092) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

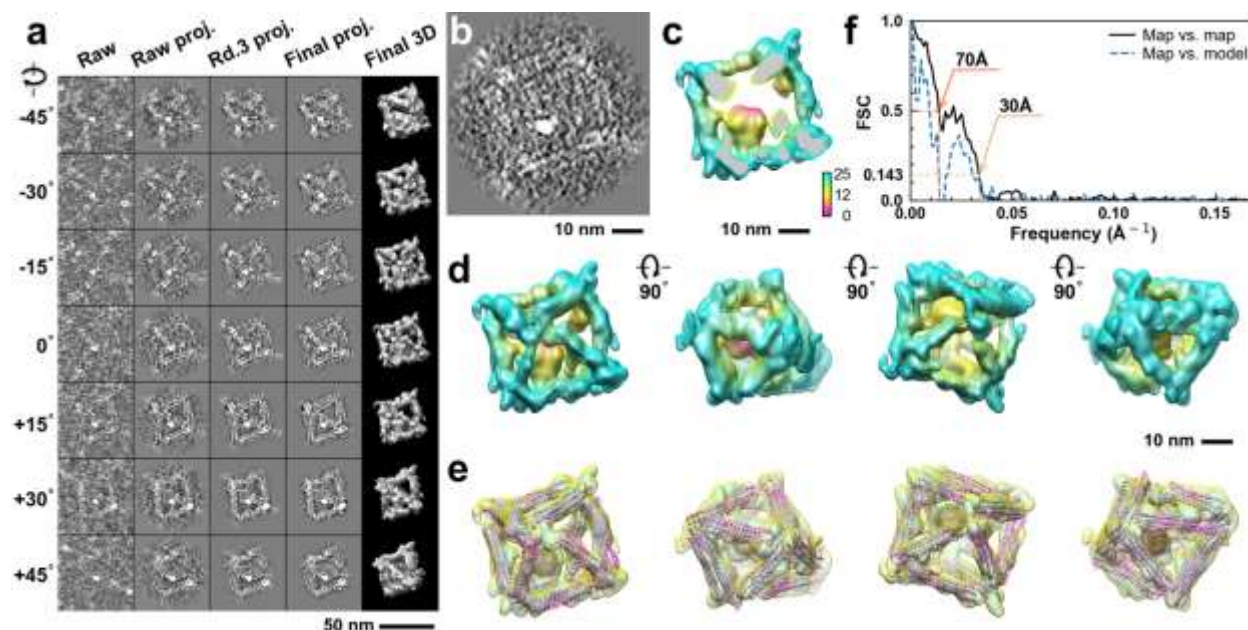


**Supplementary Fig. 101: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 093) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

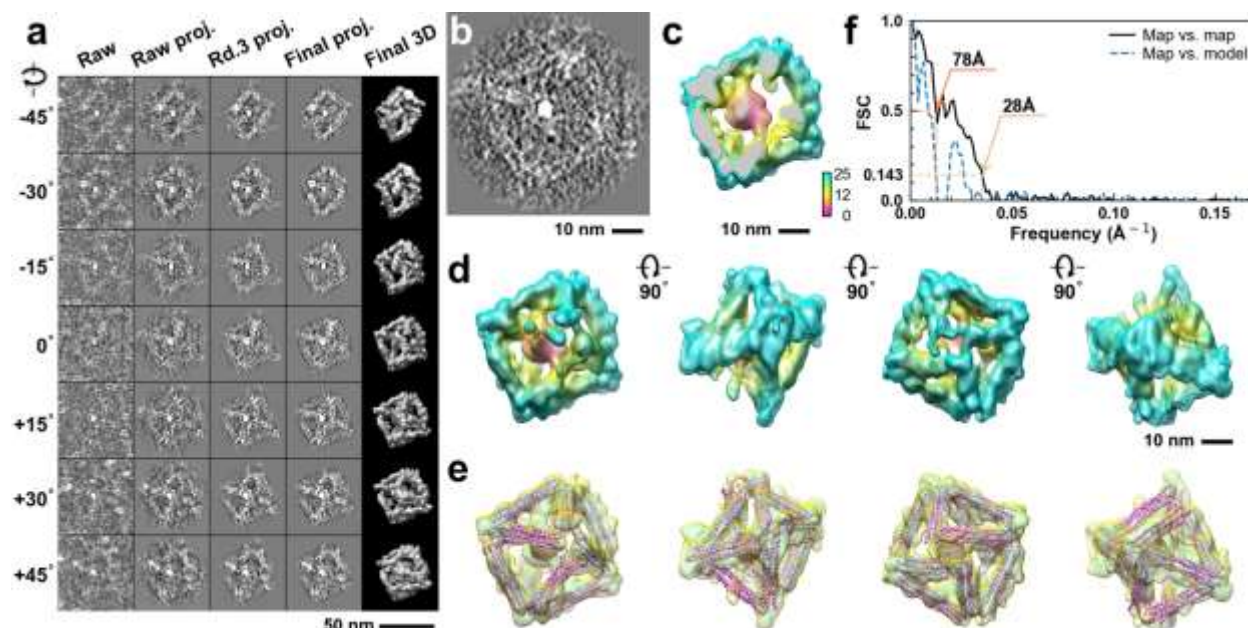




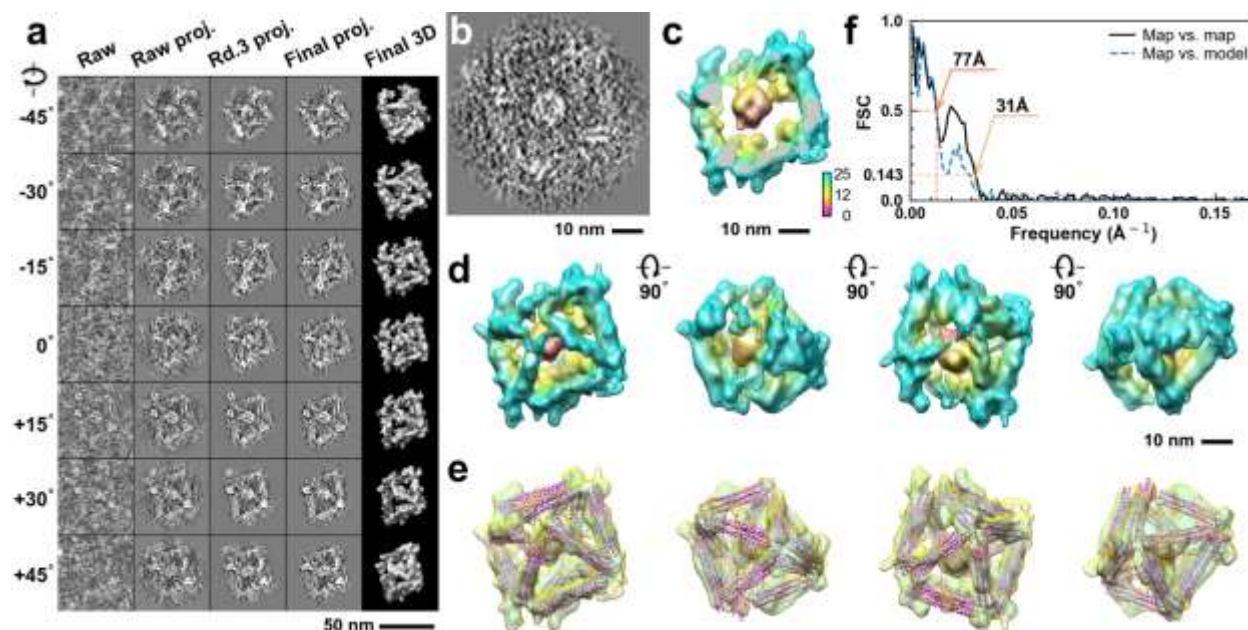
**Supplementary Fig. 102: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 094) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 103: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 095) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

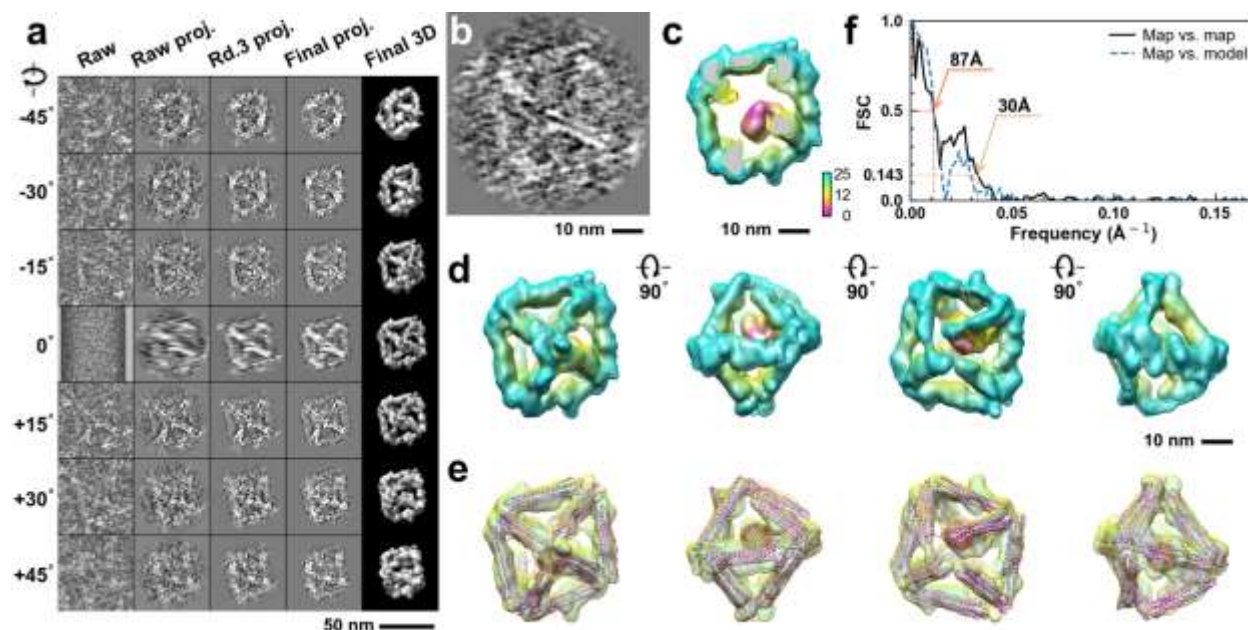


**Supplementary Fig. 104: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 096) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

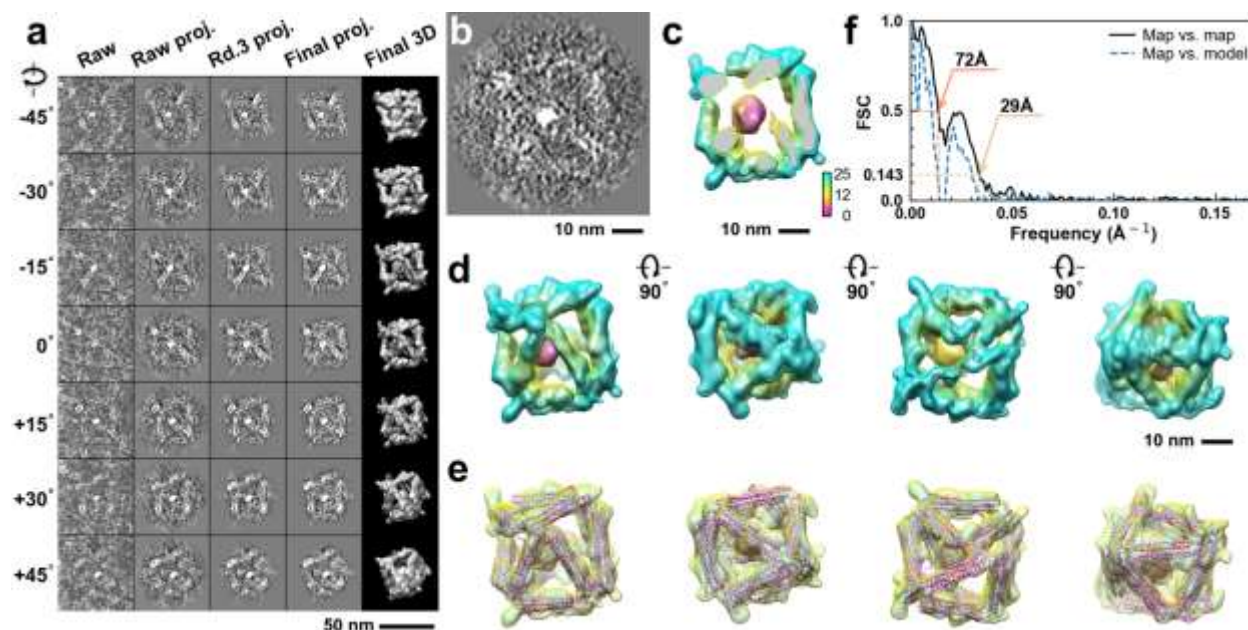


**Supplementary Fig. 105: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 097) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

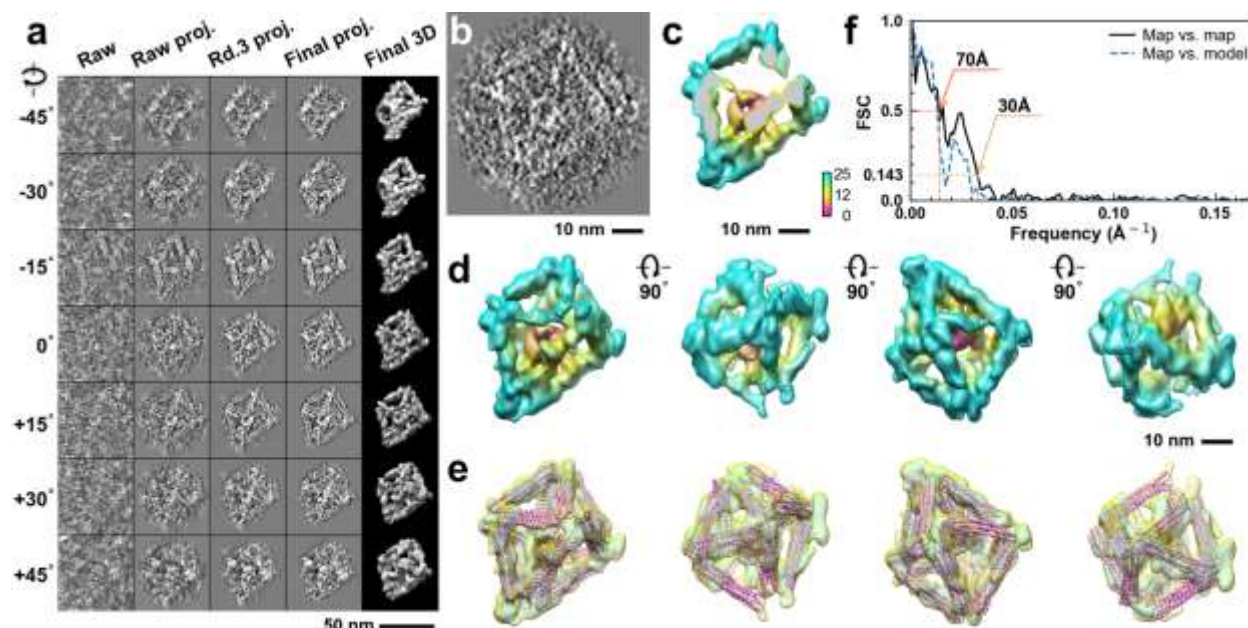




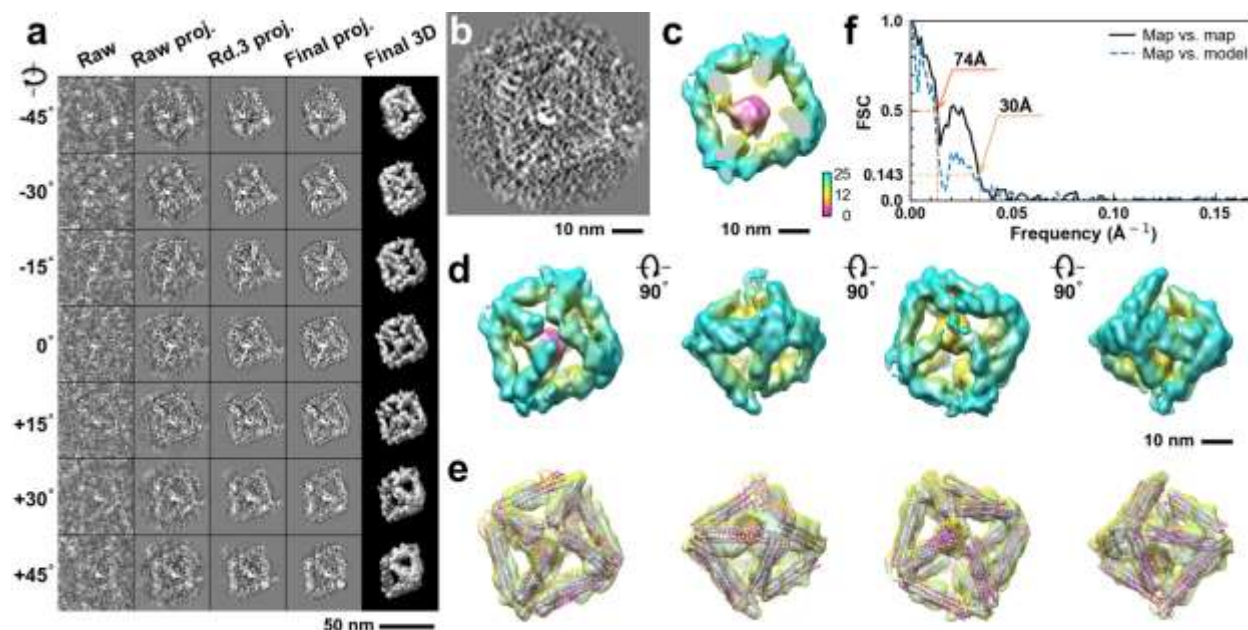
**Supplementary Fig. 106: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 098) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 107: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 099) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

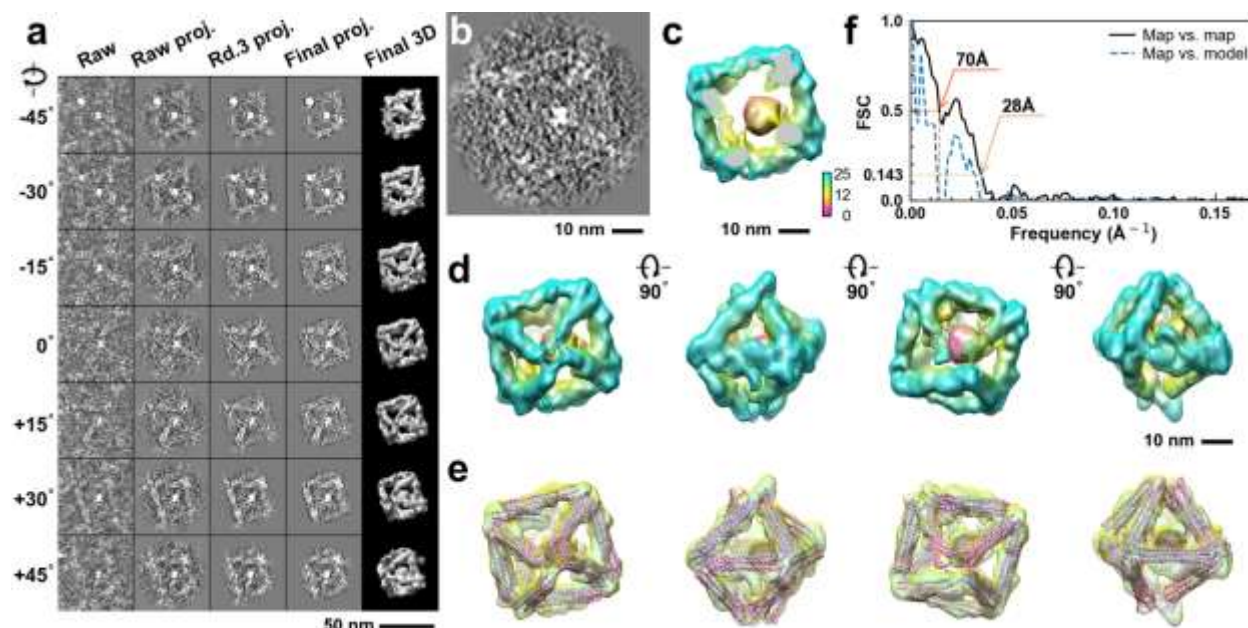


**Supplementary Fig. 108: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 100) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

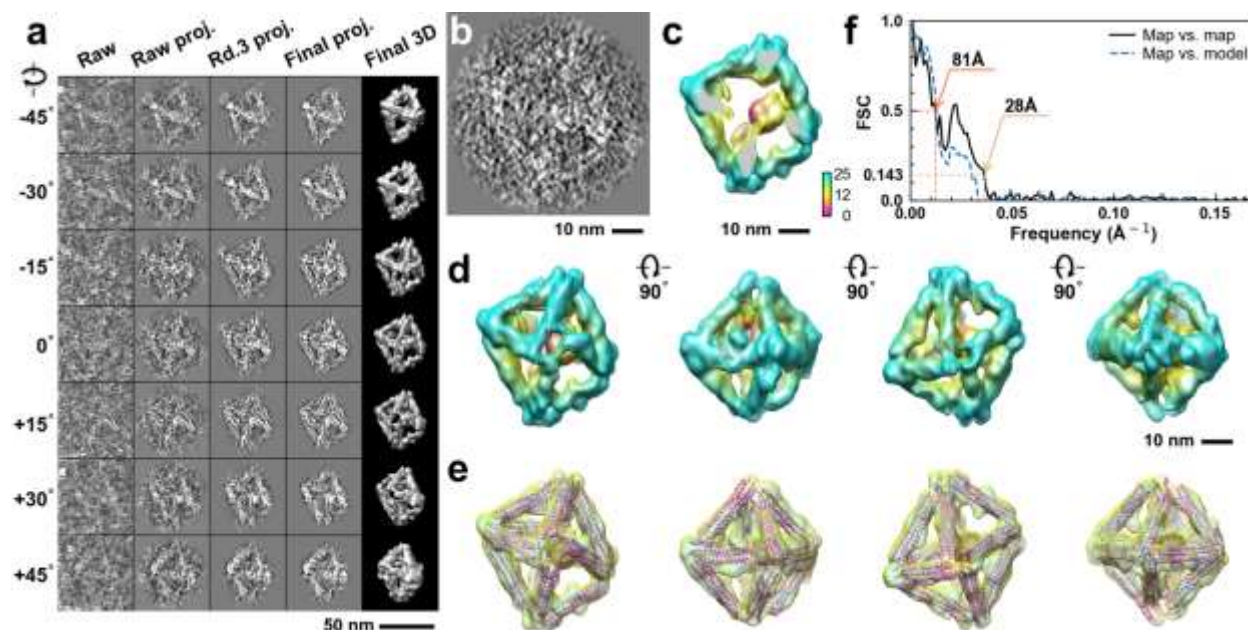


**Supplementary Fig. 109: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 101) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

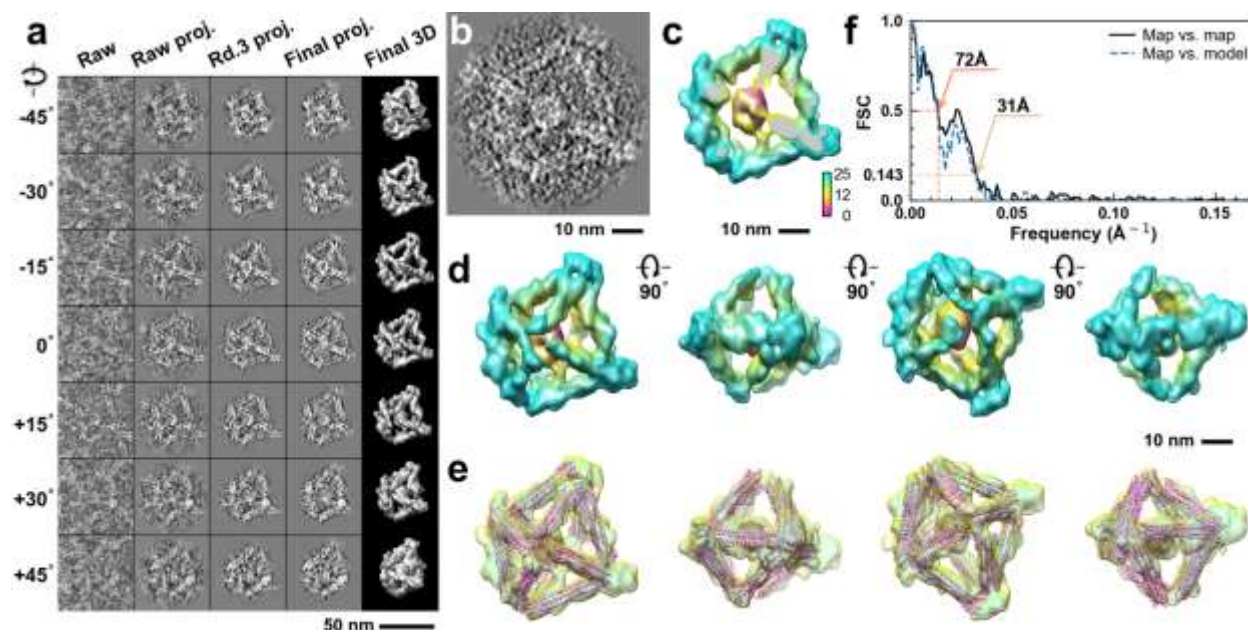




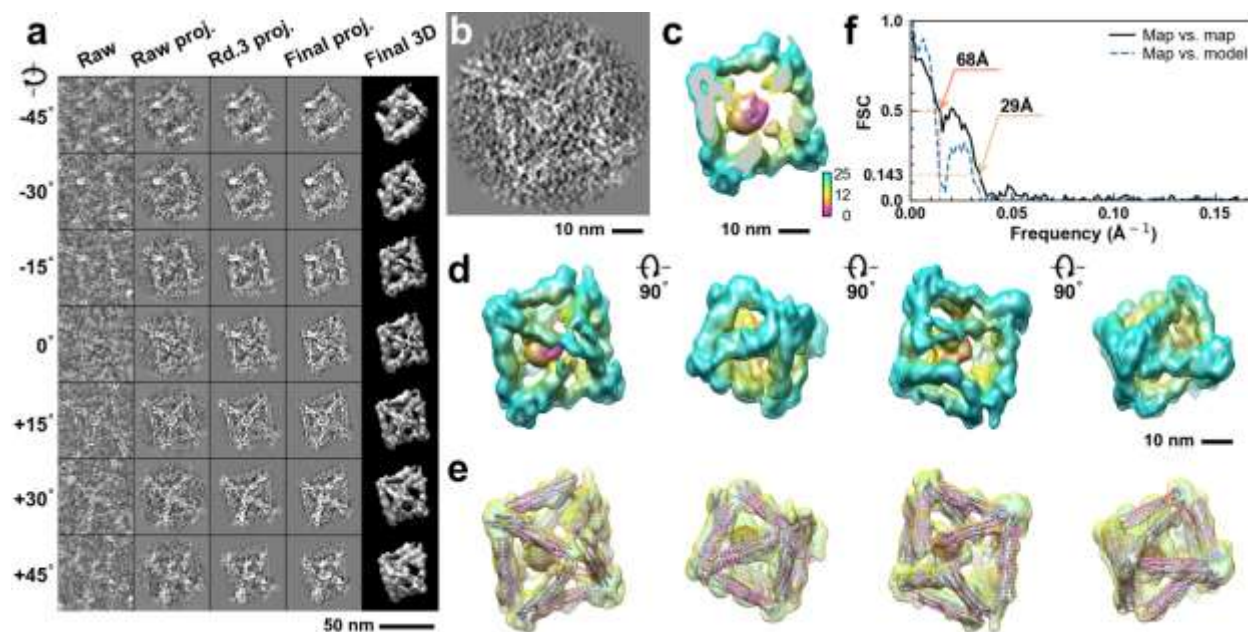
**Supplementary Fig. 110: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 102) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 111: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 103) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

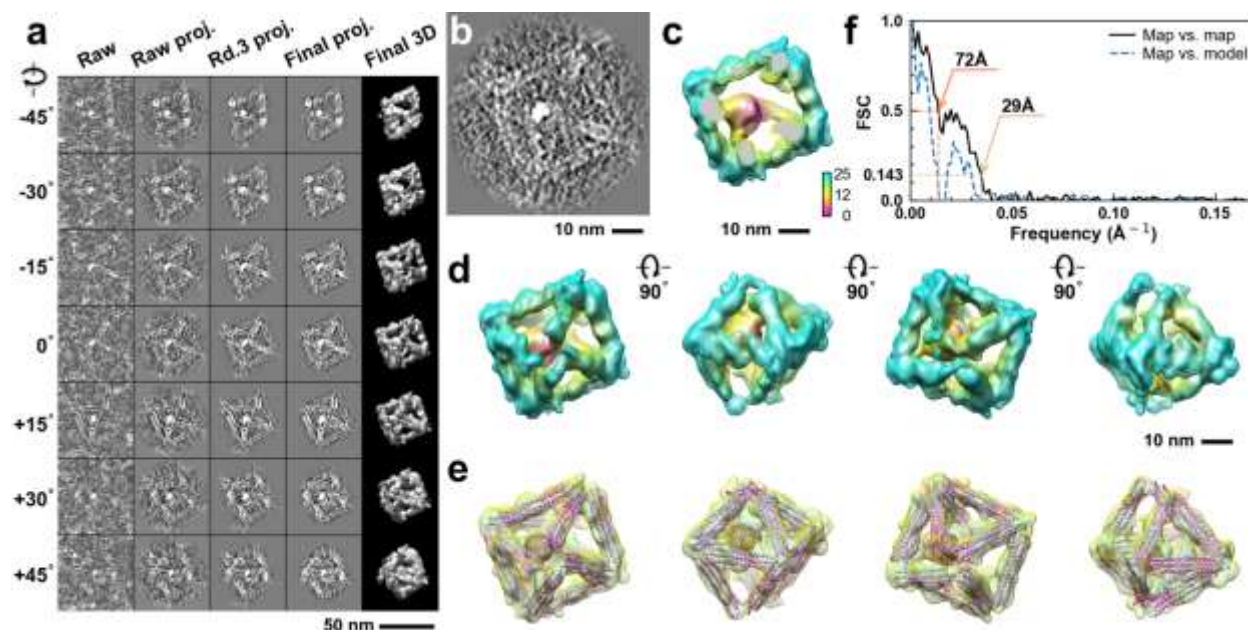


**Supplementary Fig. 112: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 104) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

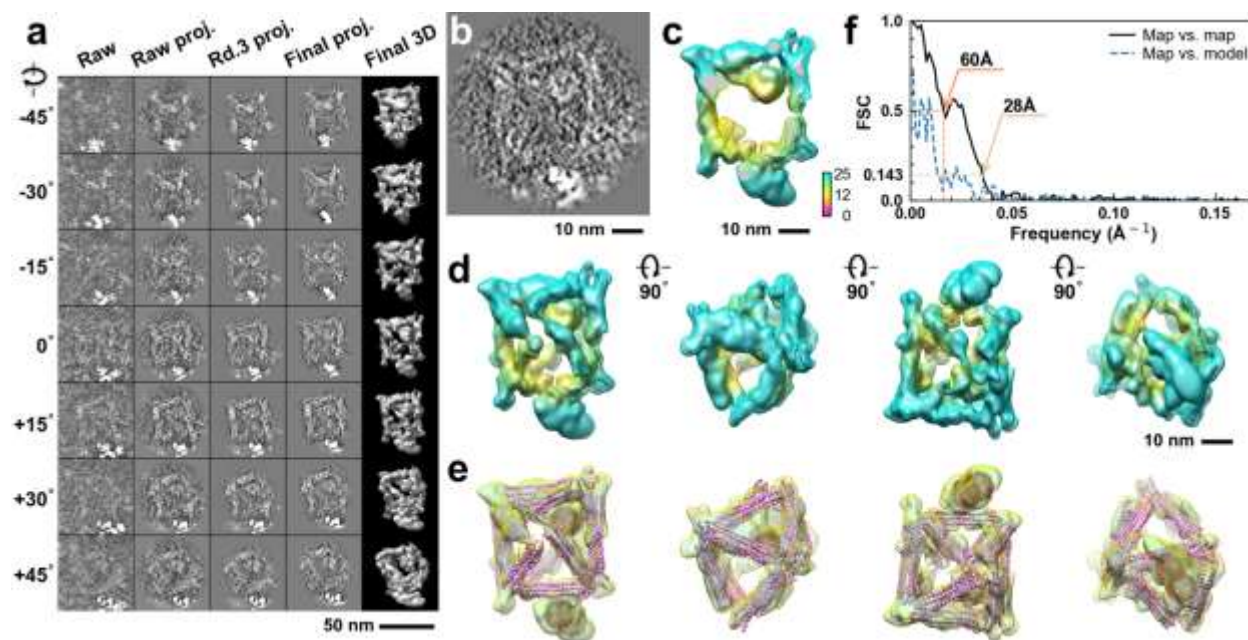


**Supplementary Fig. 113: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 105) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

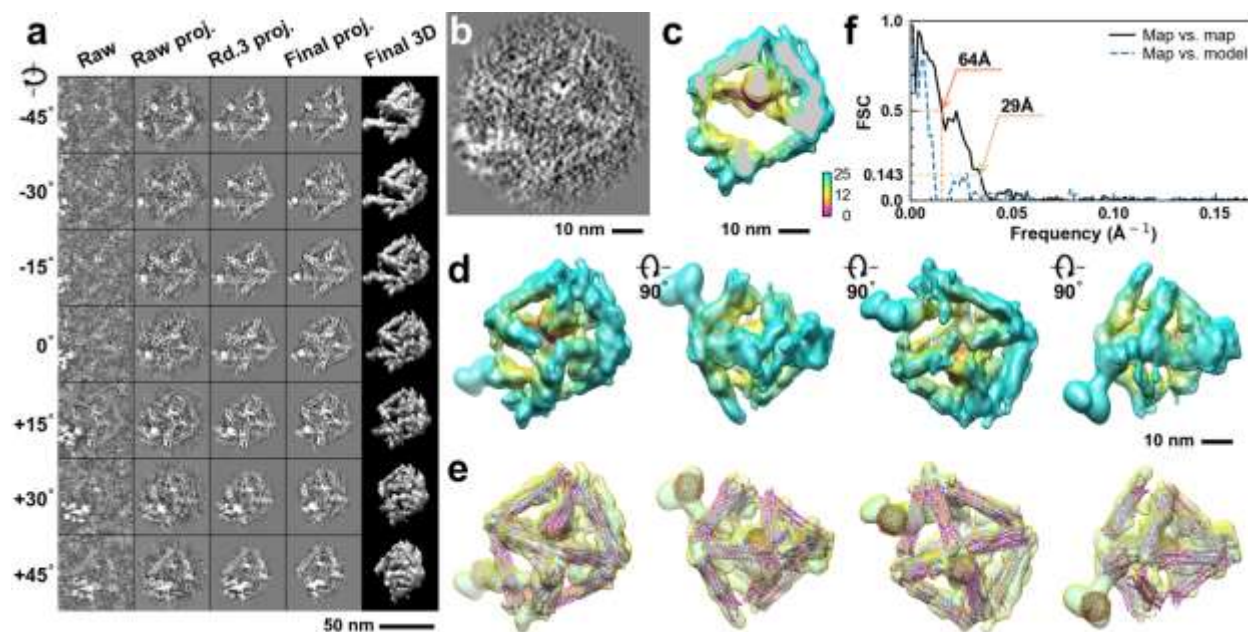




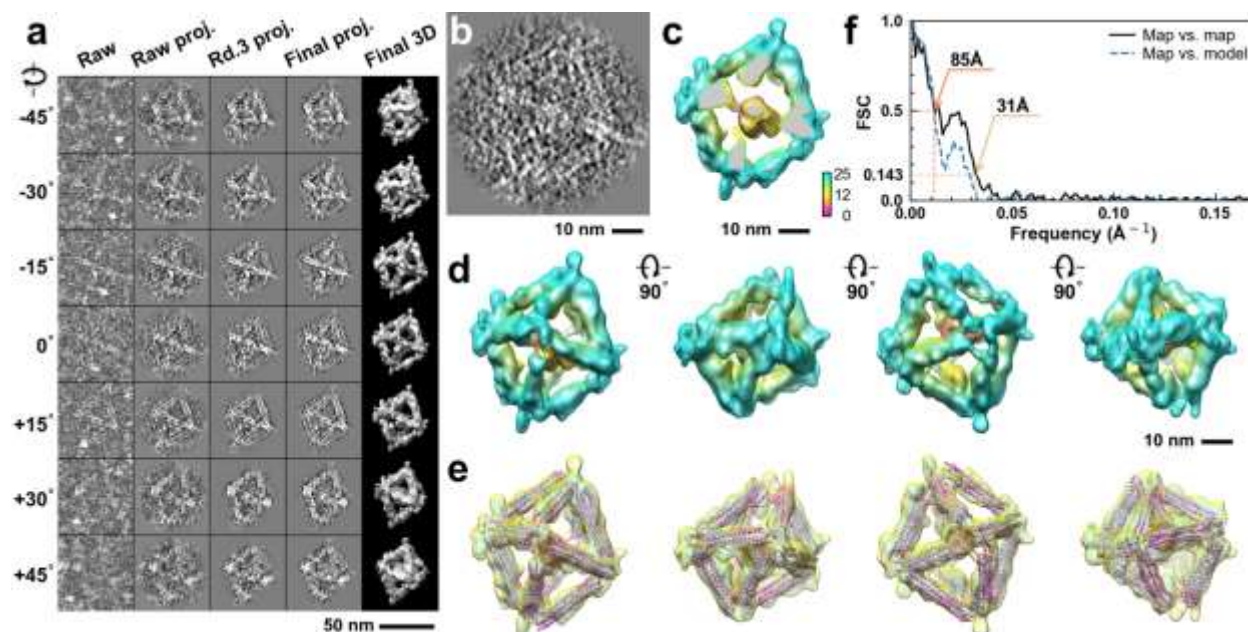
**Supplementary Fig. 114: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 106) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 115: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 107) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

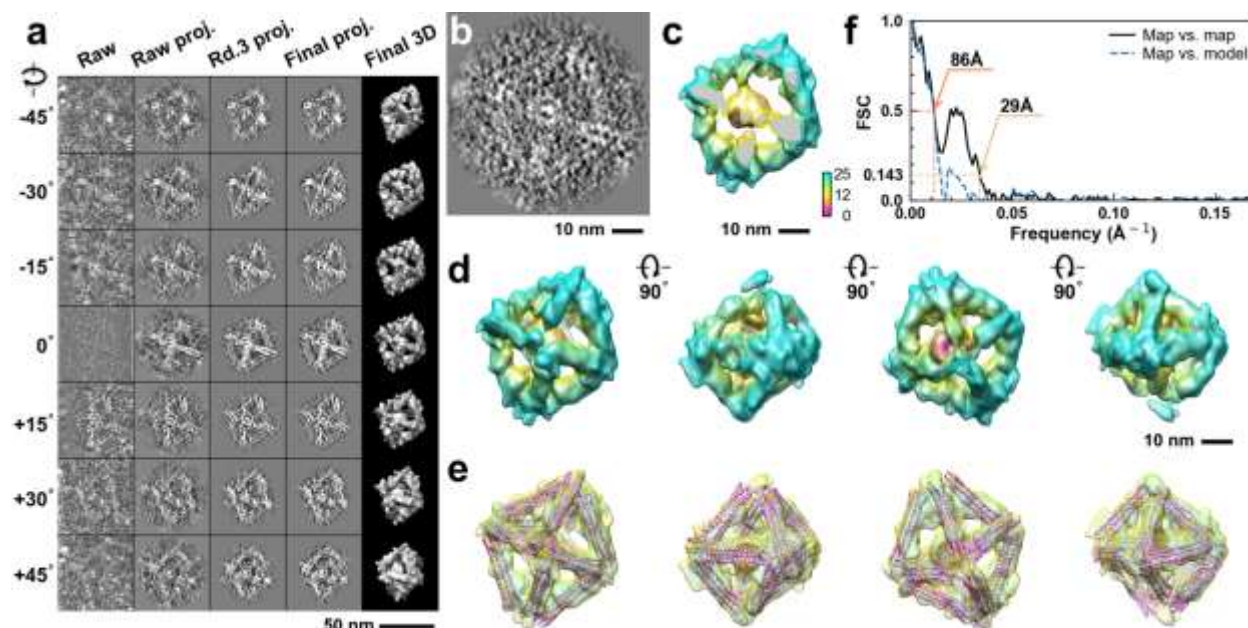


**Supplementary Fig. 116: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 108) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

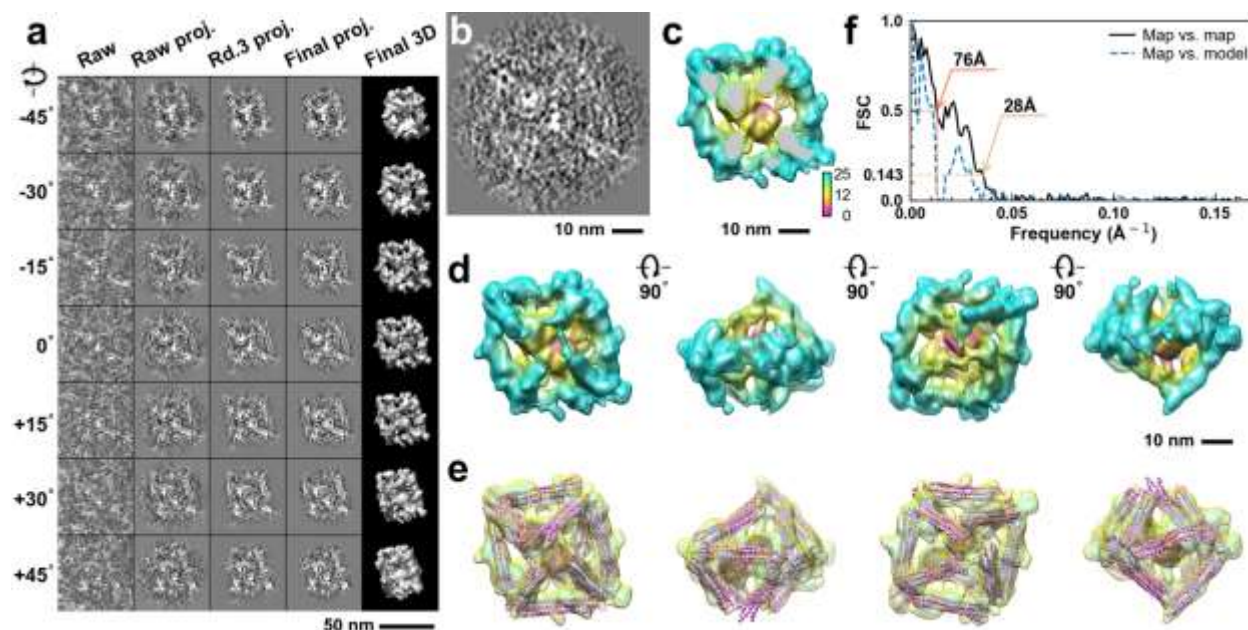


**Supplementary Fig. 117: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 109) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

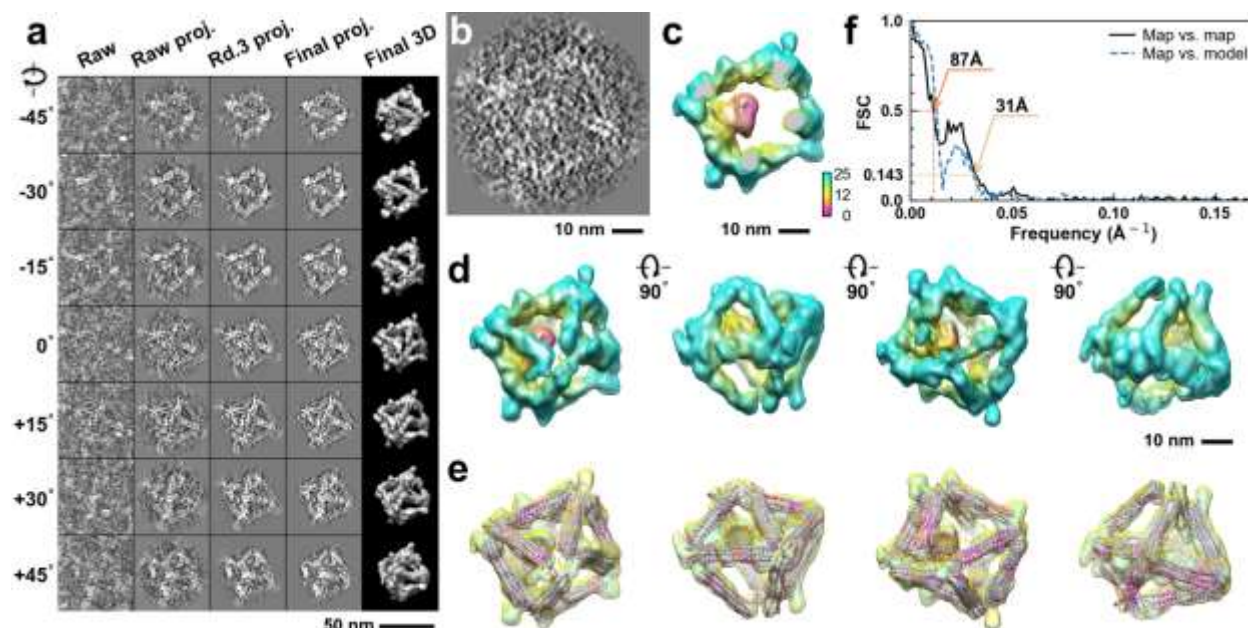




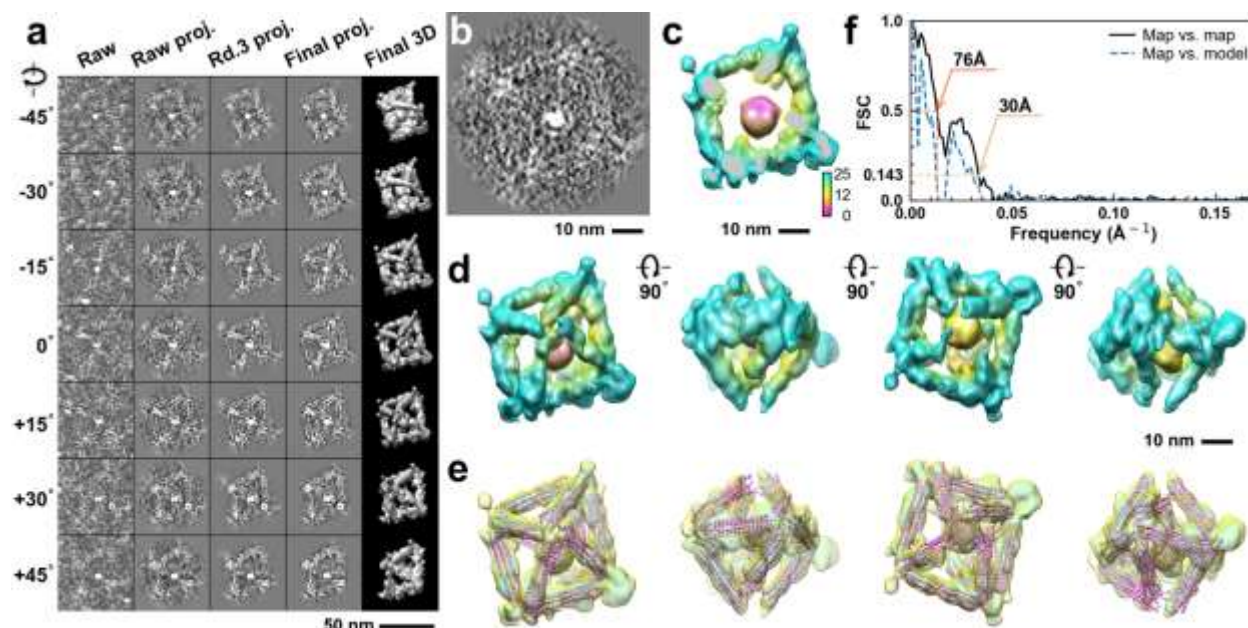
**Supplementary Fig. 118: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 110) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 119: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 111) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

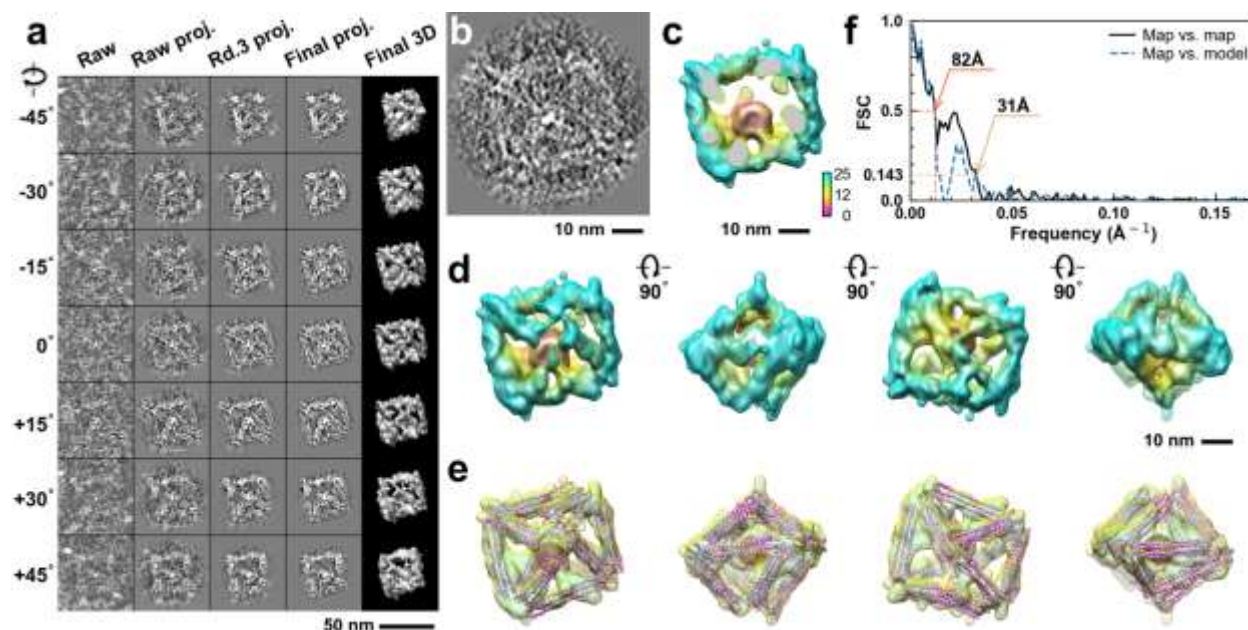


**Supplementary Fig. 120: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 112) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

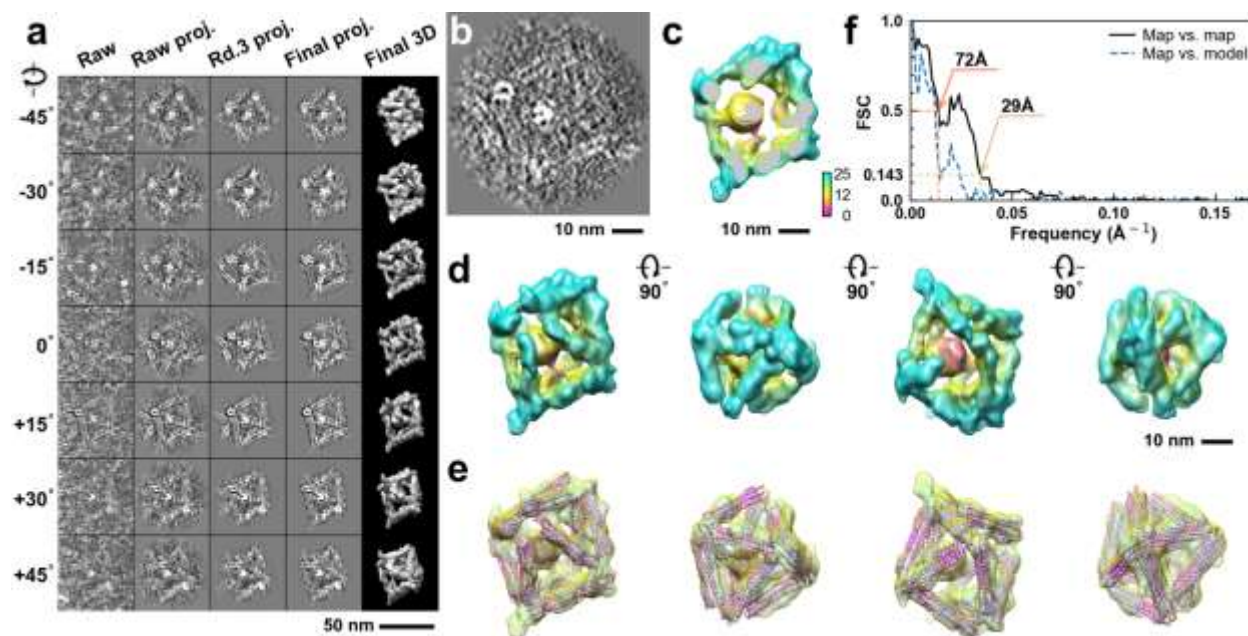


**Supplementary Fig. 121: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 113) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

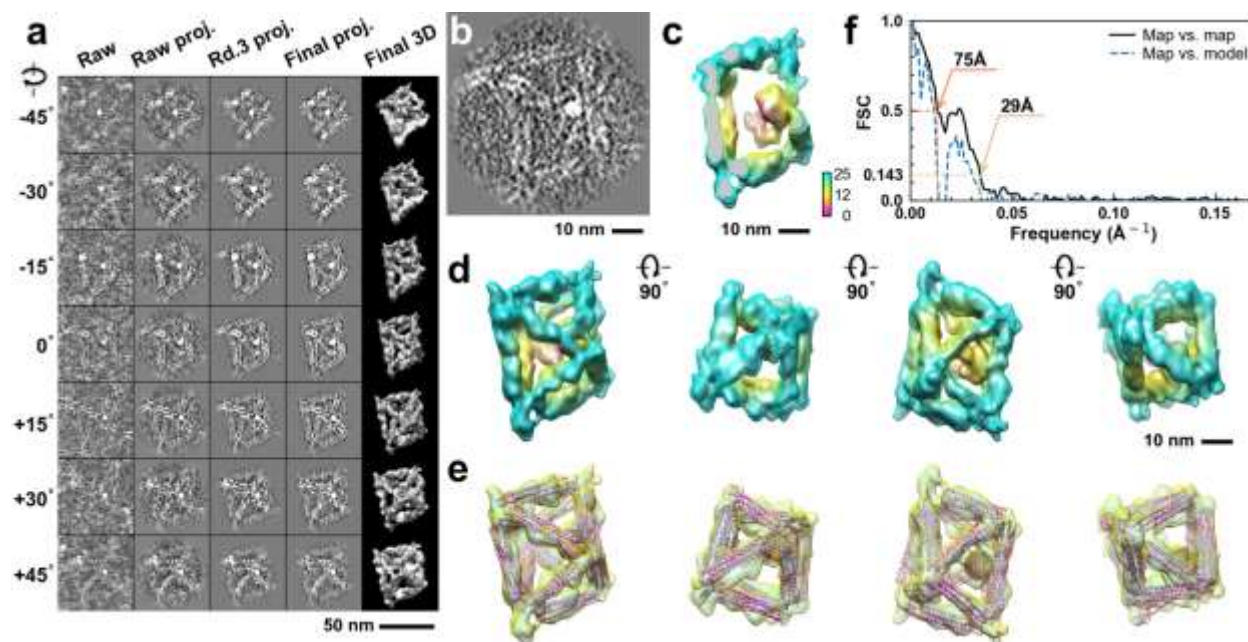




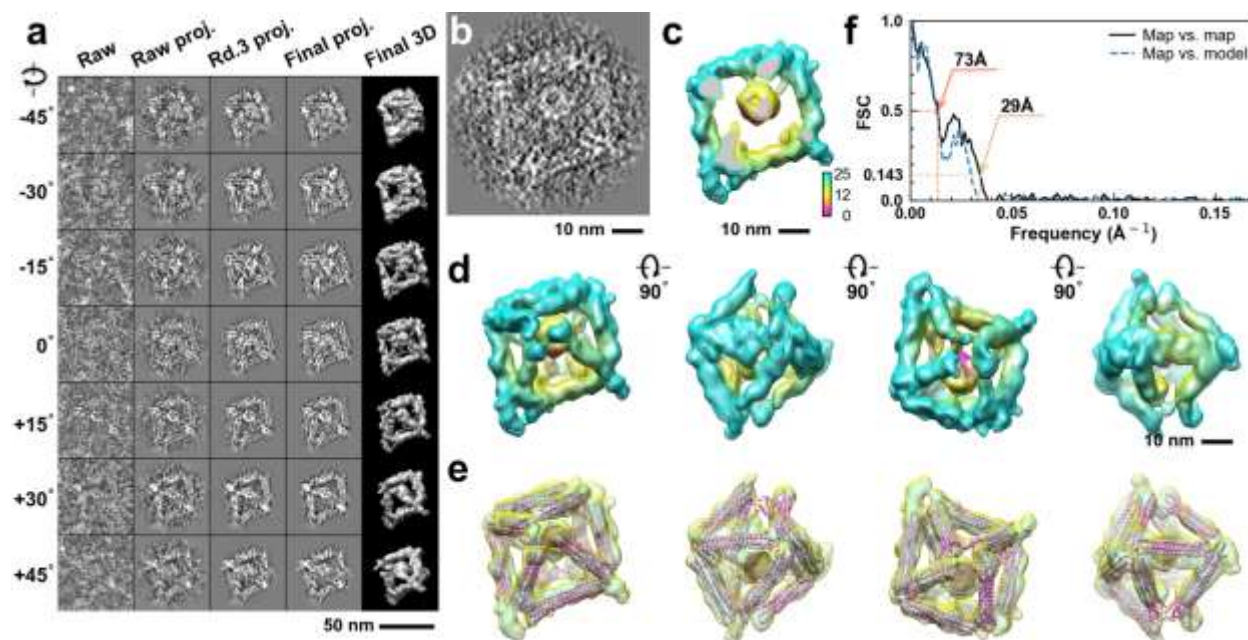
**Supplementary Fig. 122: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 114) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 123: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 115) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

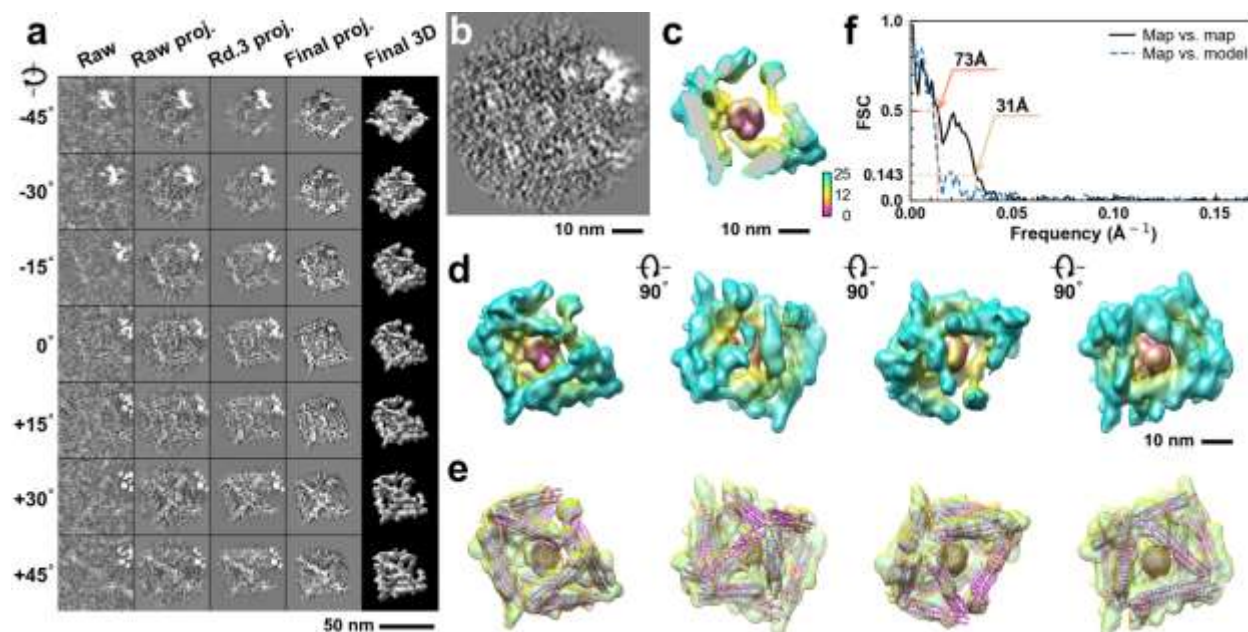


**Supplementary Fig. 124: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 116) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

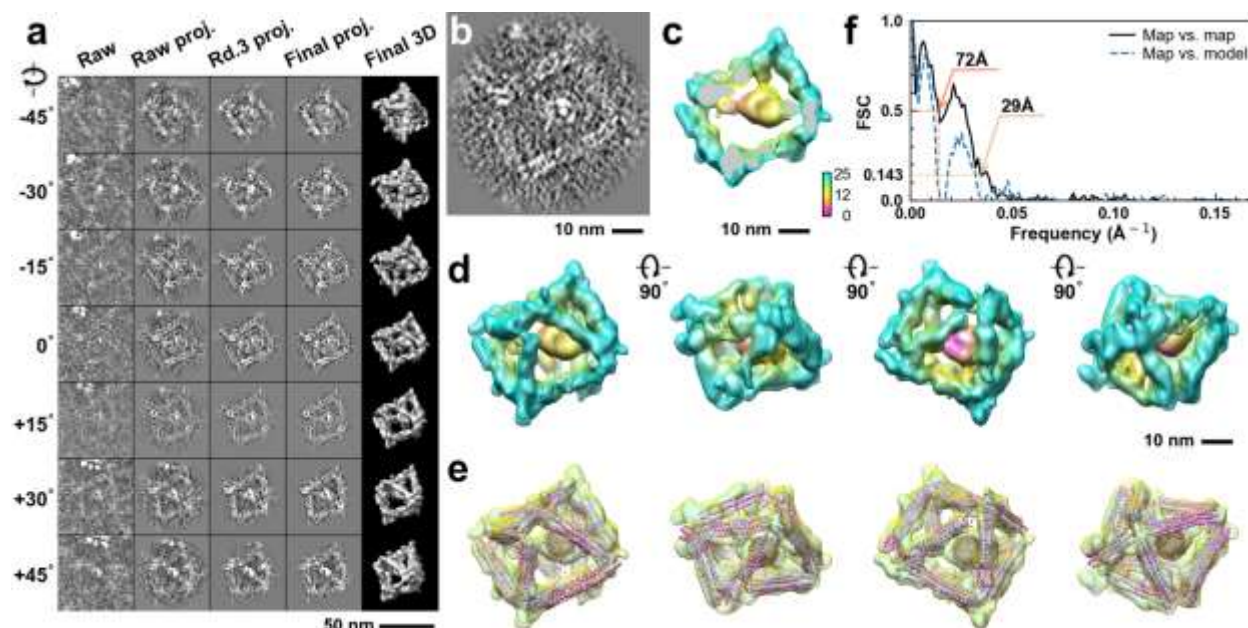


**Supplementary Fig. 125: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 117) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

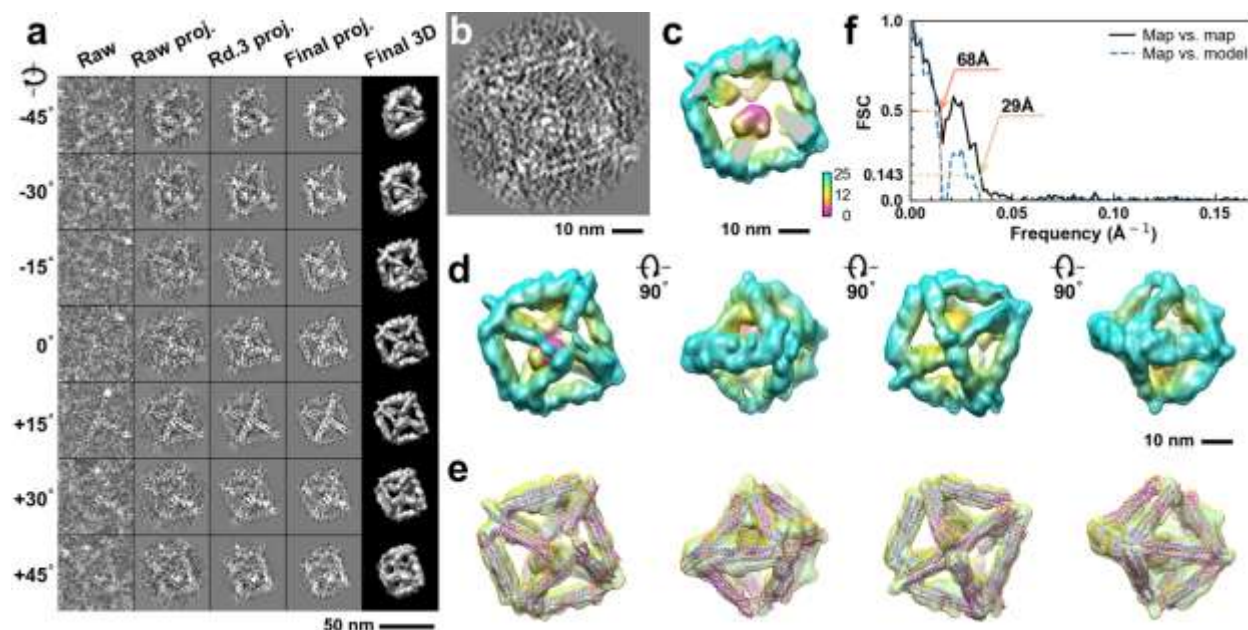




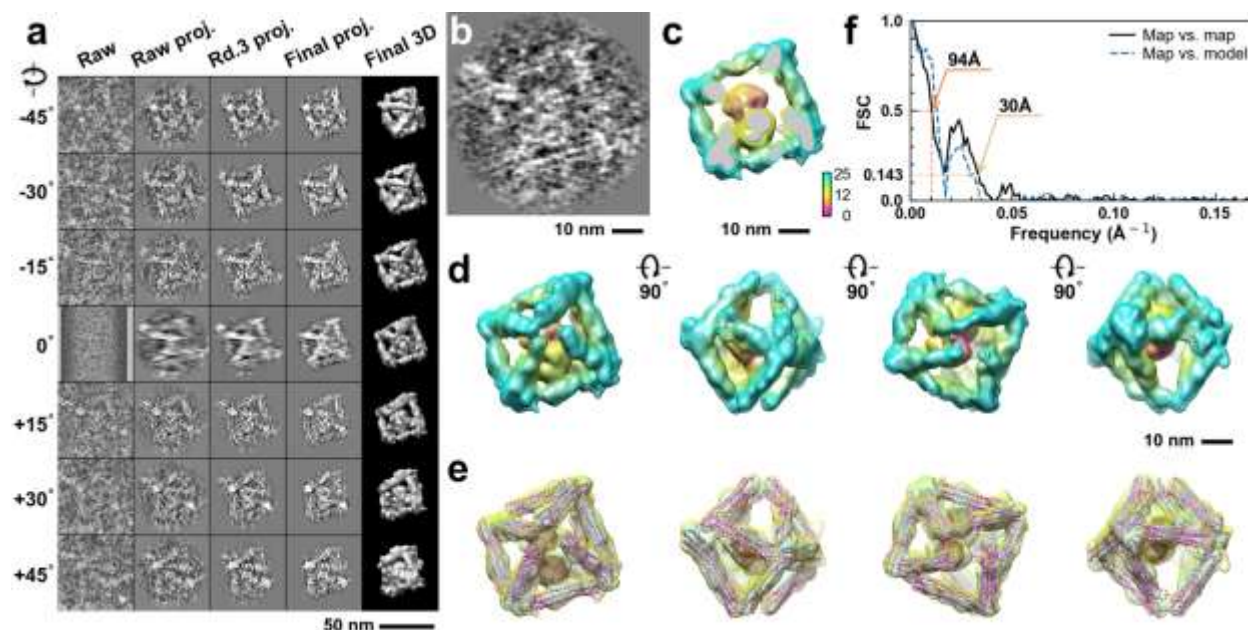
**Supplementary Fig. 126: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 118) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 127: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 119) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

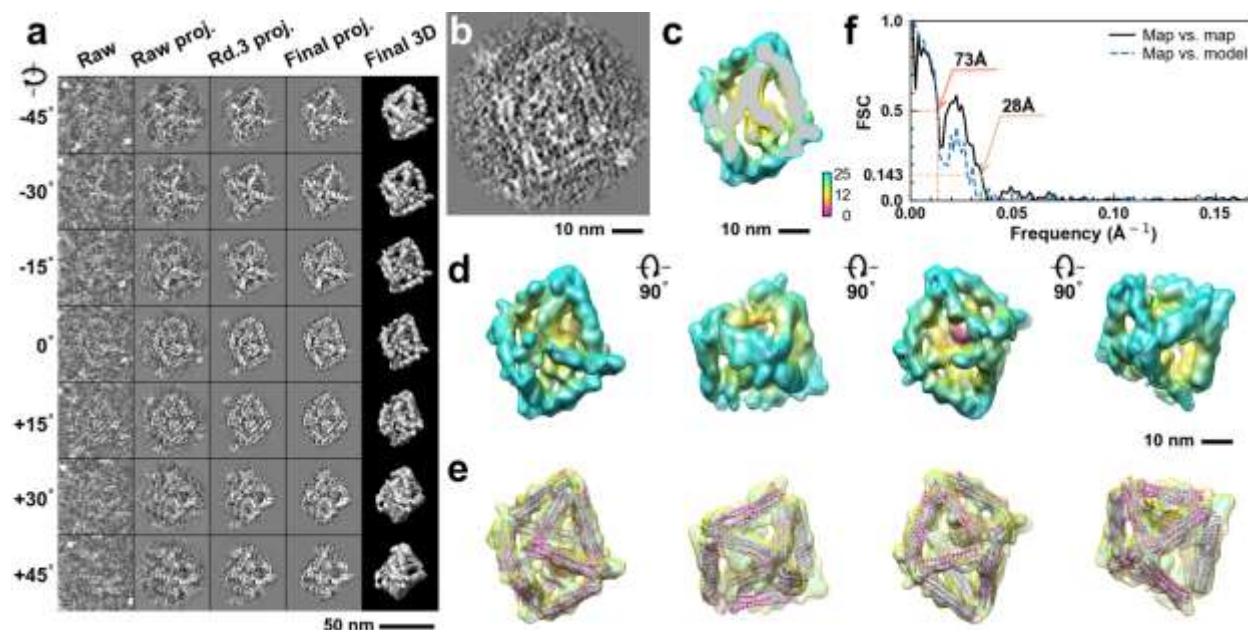


**Supplementary Fig. 128: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 120) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

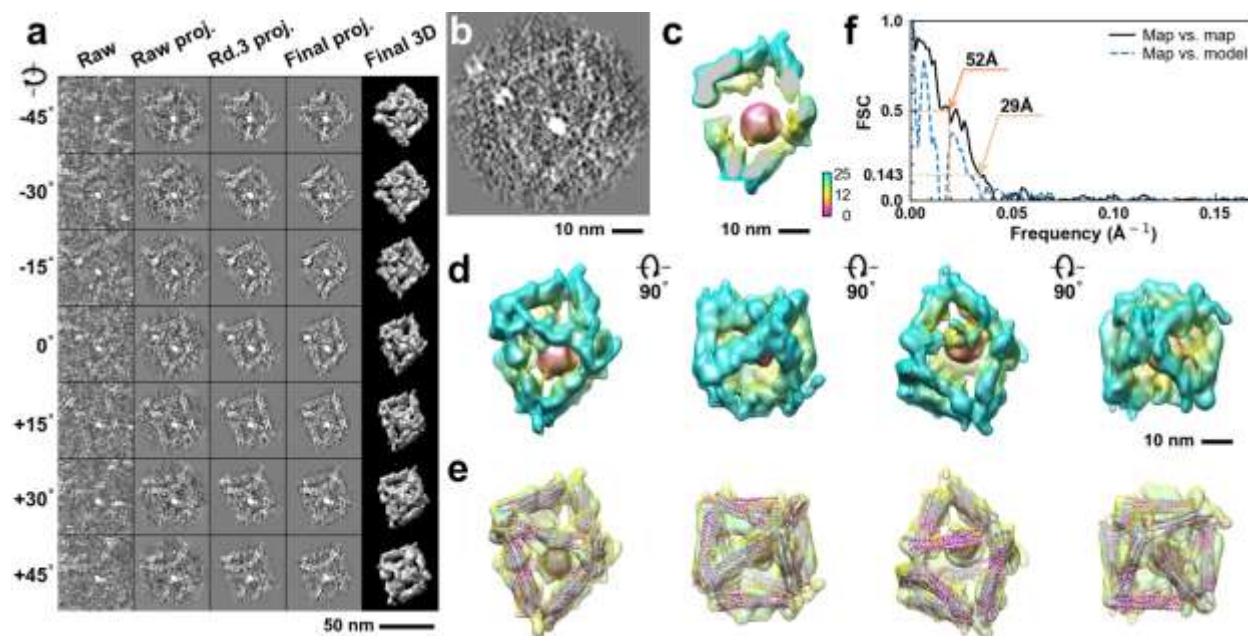


**Supplementary Fig. 129: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 121) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

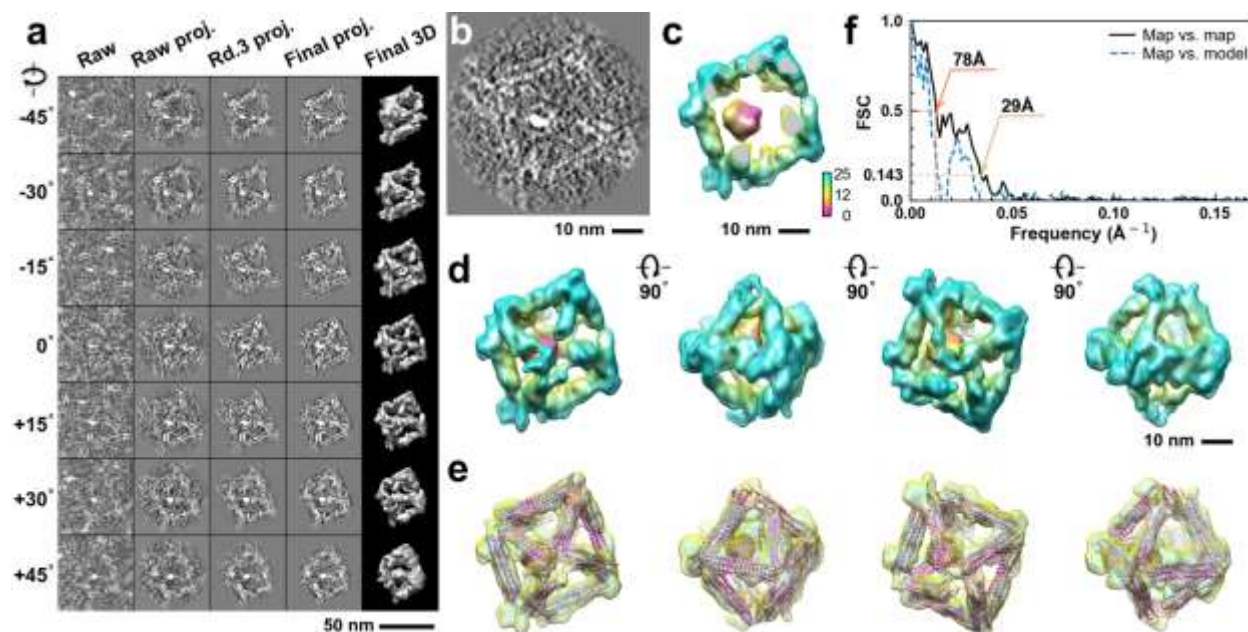




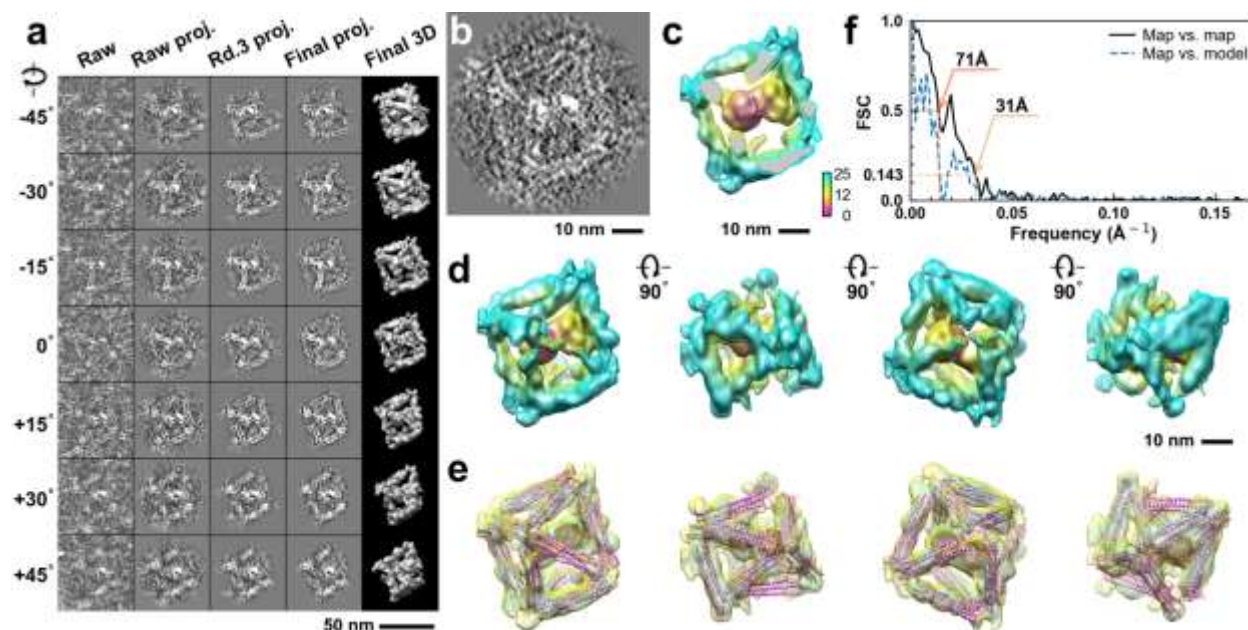
**Supplementary Fig. 130: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 122) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 131: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 123) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

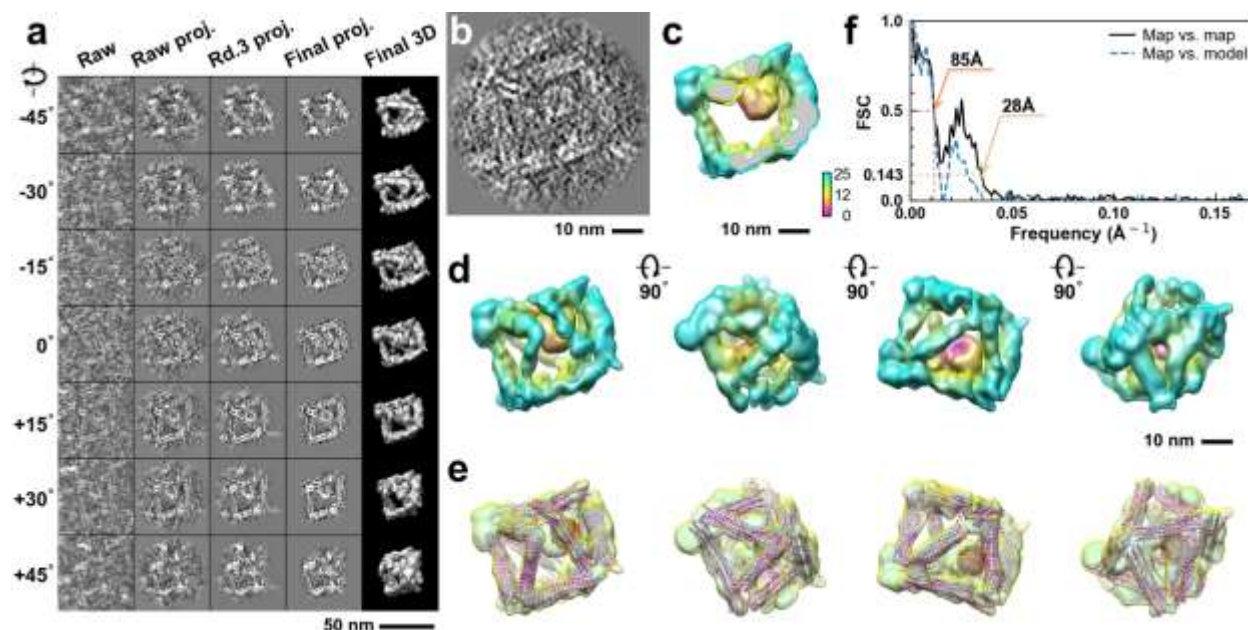


**Supplementary Fig. 132: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 124) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

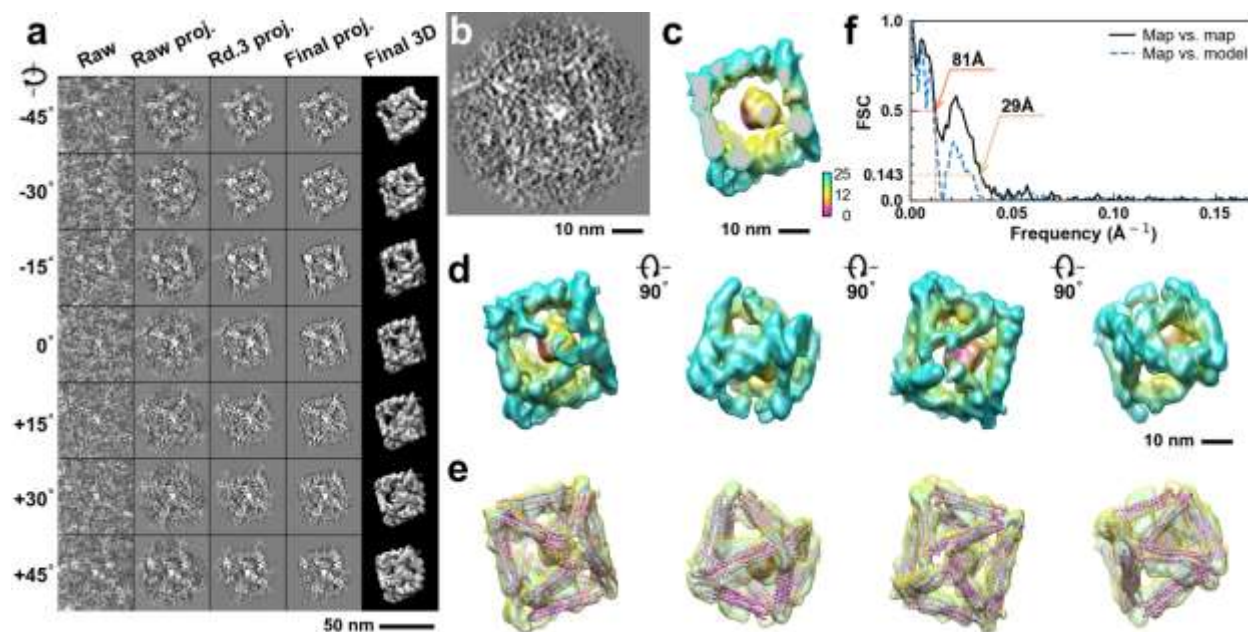


**Supplementary Fig. 133: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 125) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

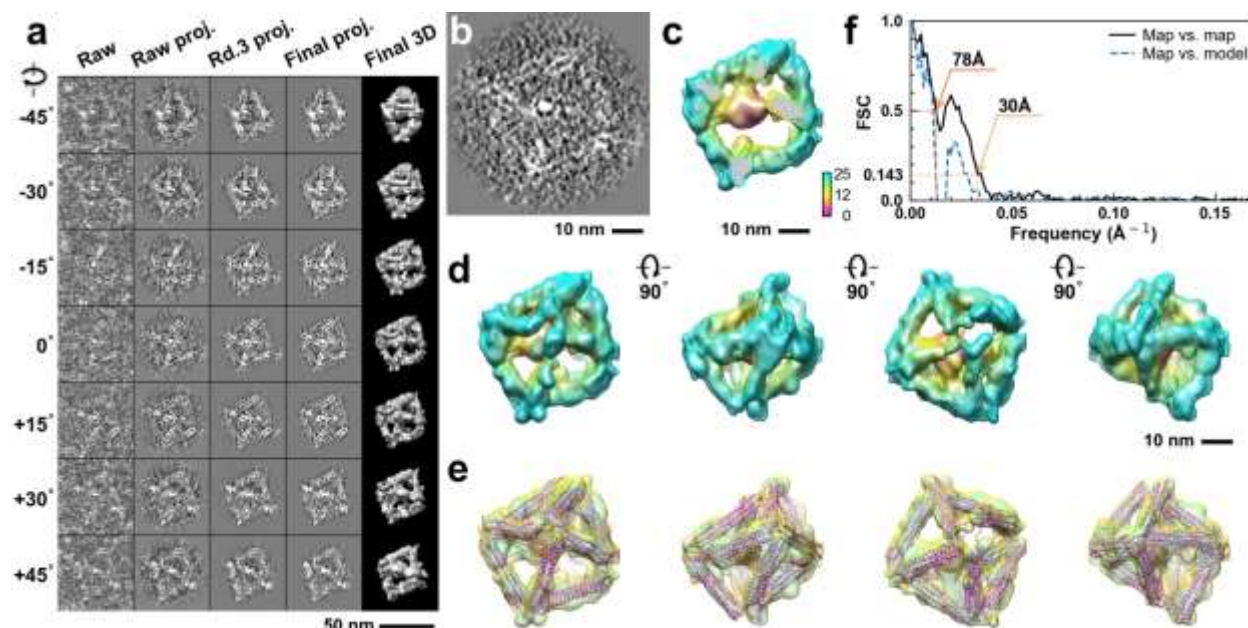




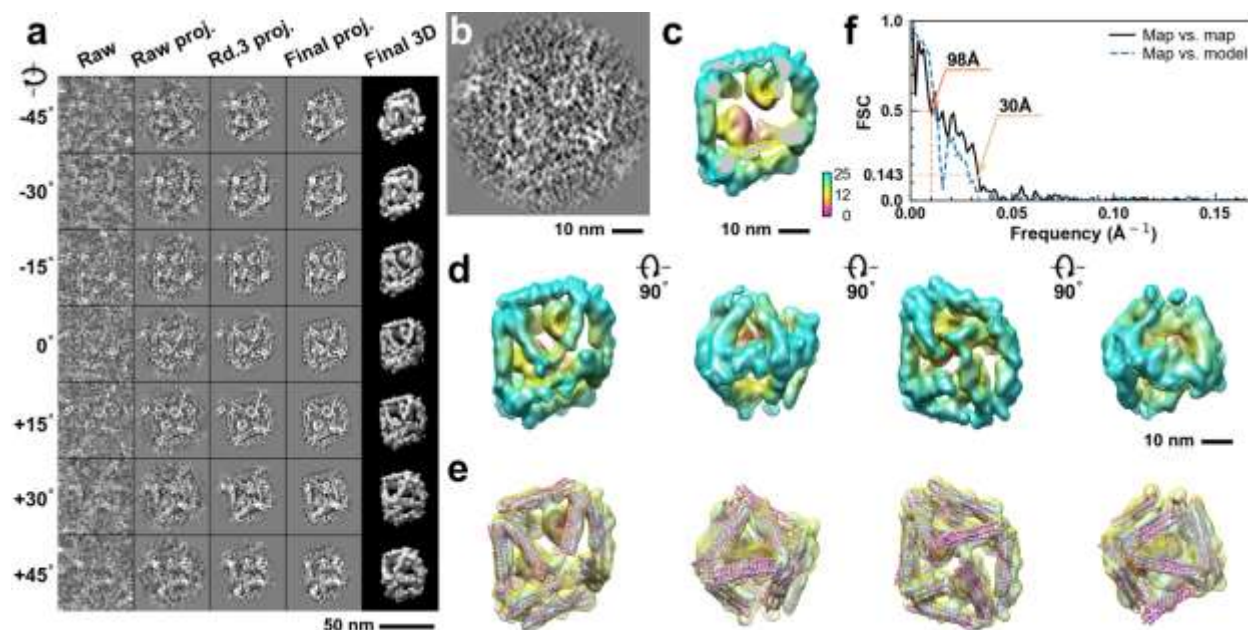
**Supplementary Fig. 134: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 126) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 135: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 127) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

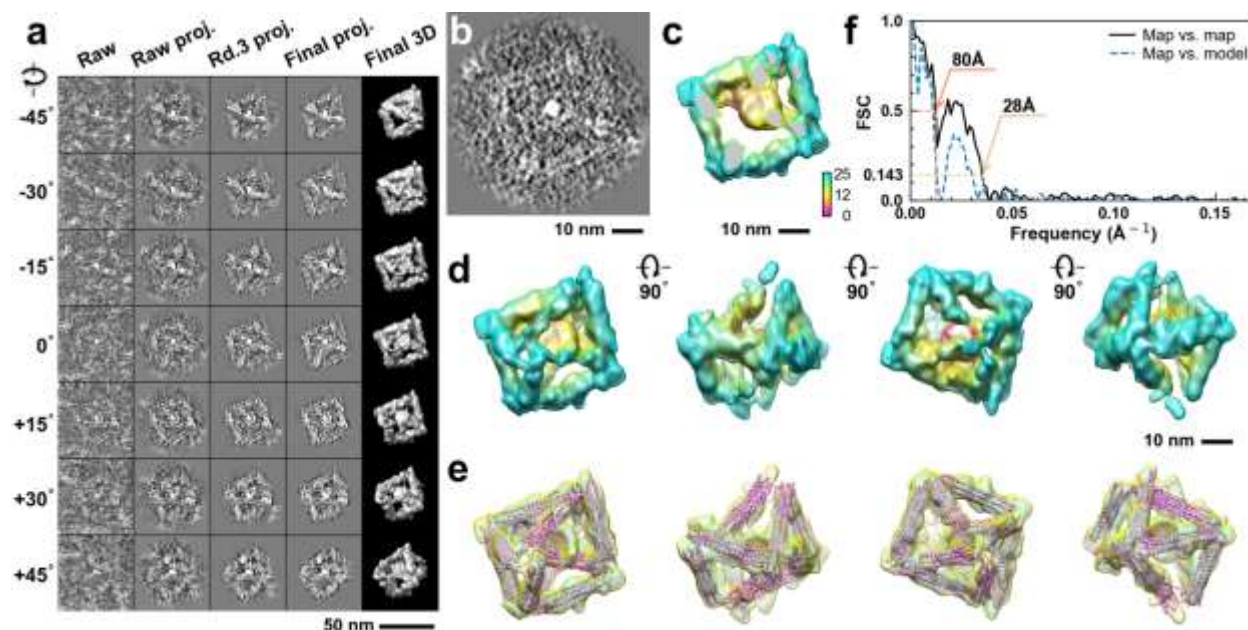


**Supplementary Fig. 136: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 128) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

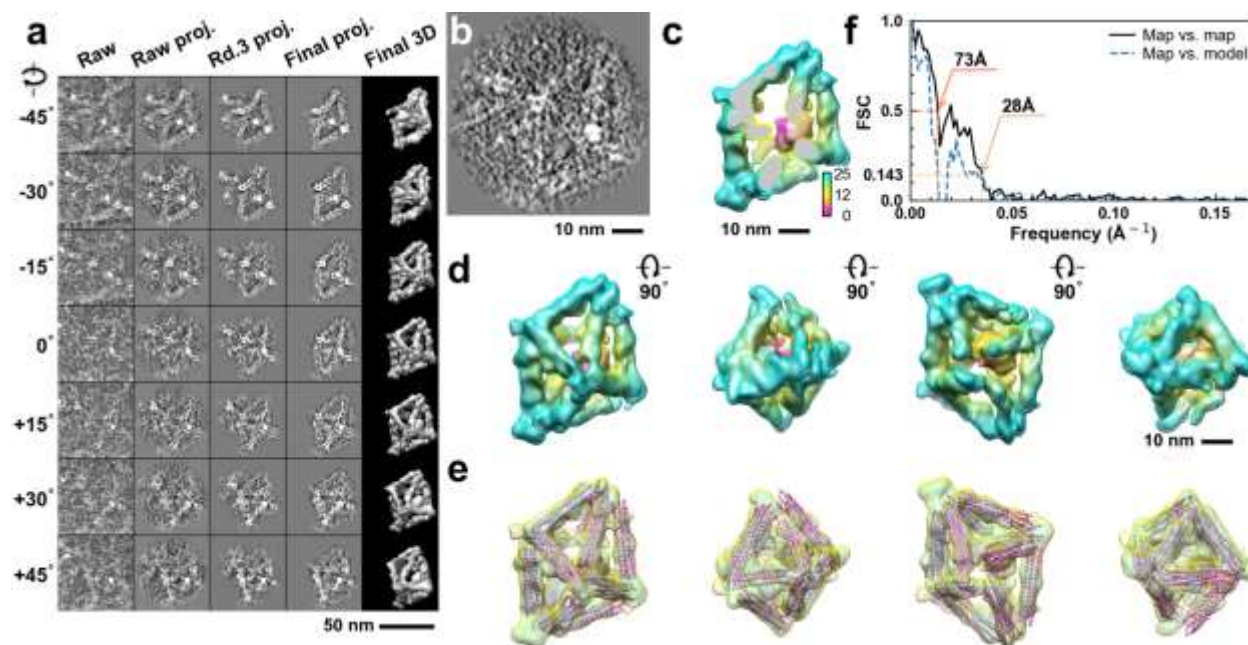


**Supplementary Fig. 137: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 129) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

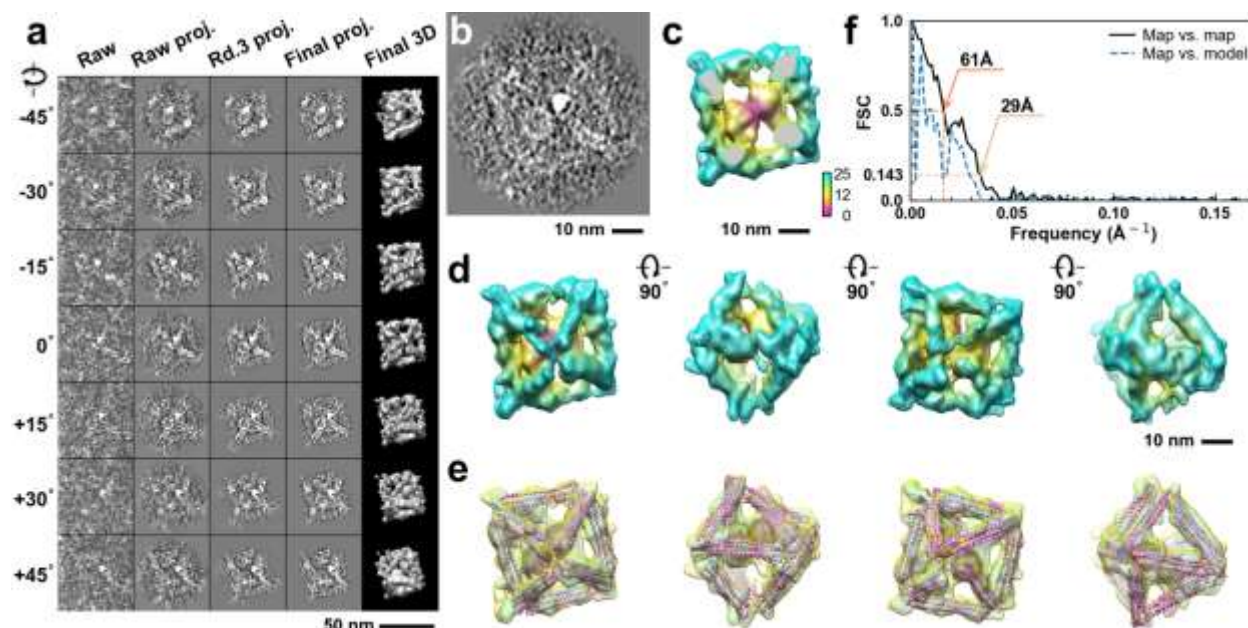




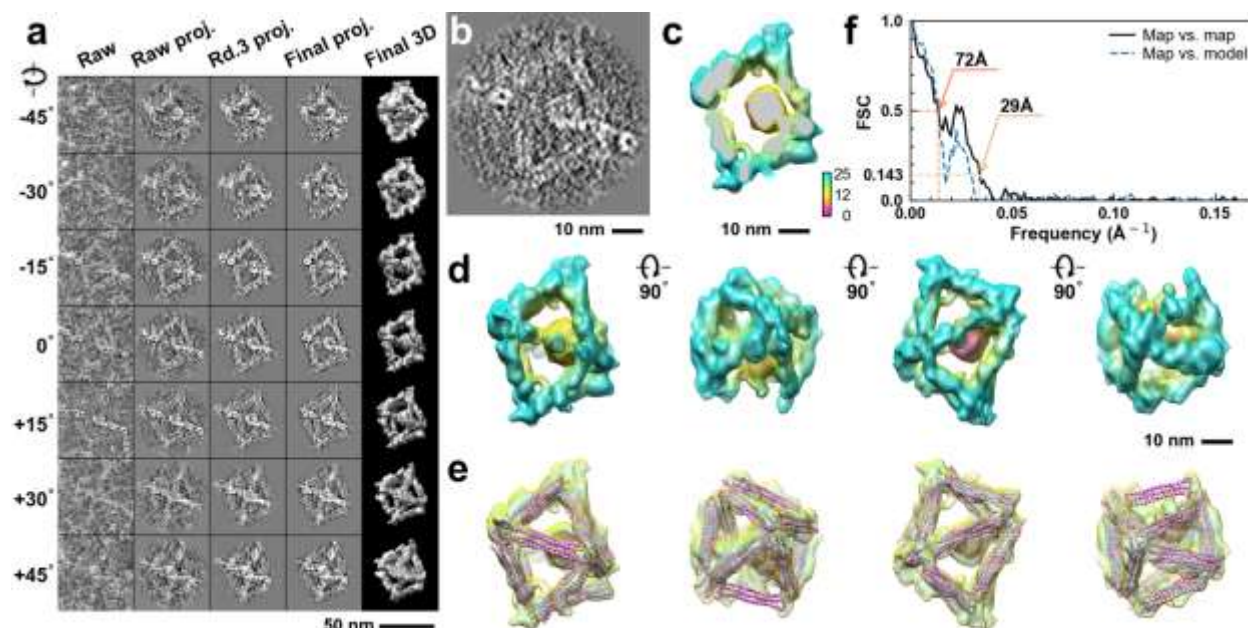
**Supplementary Fig. 138: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 130) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 139: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 131) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

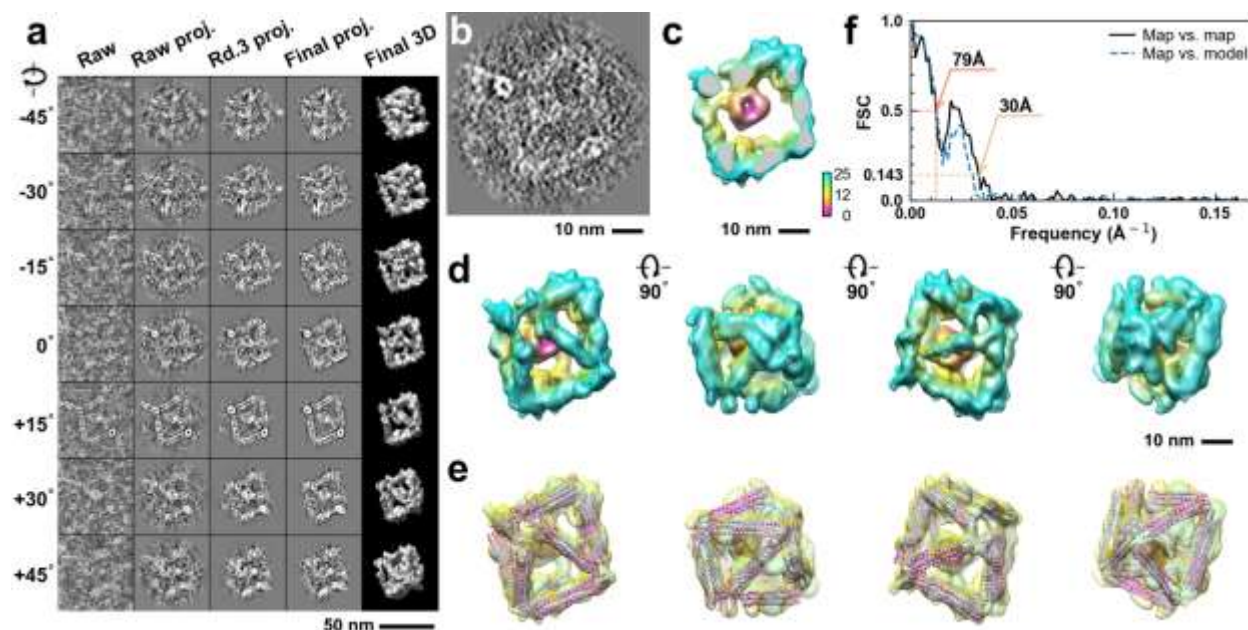


**Supplementary Fig. 140: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 132) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

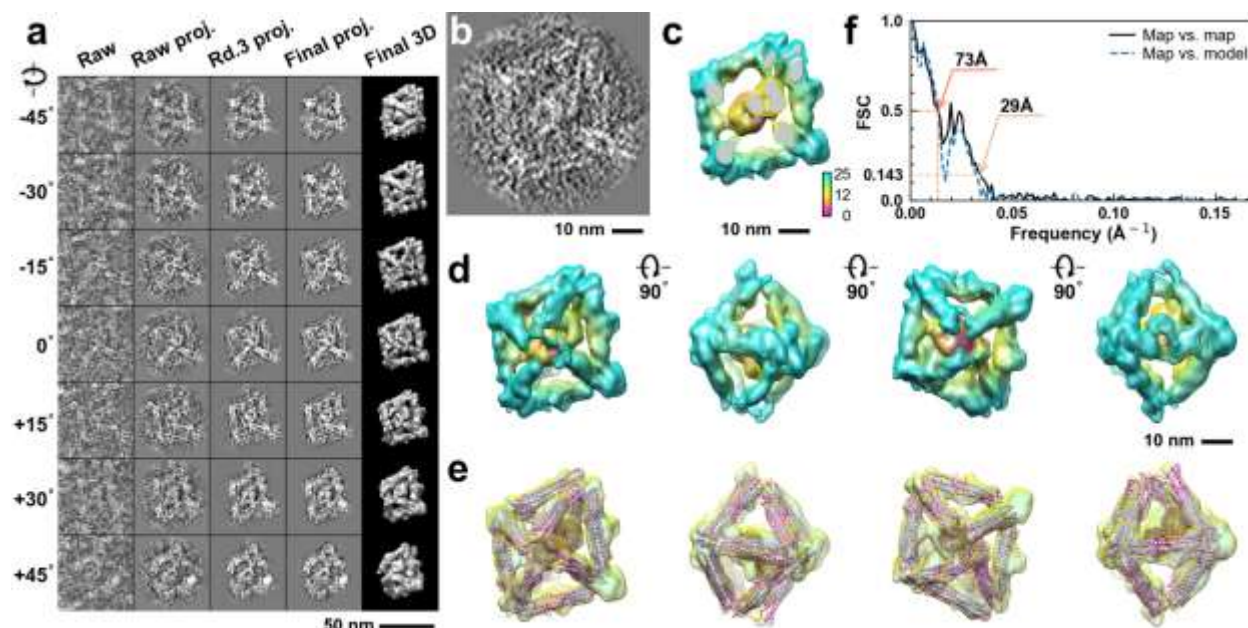


**Supplementary Fig. 141: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 133) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

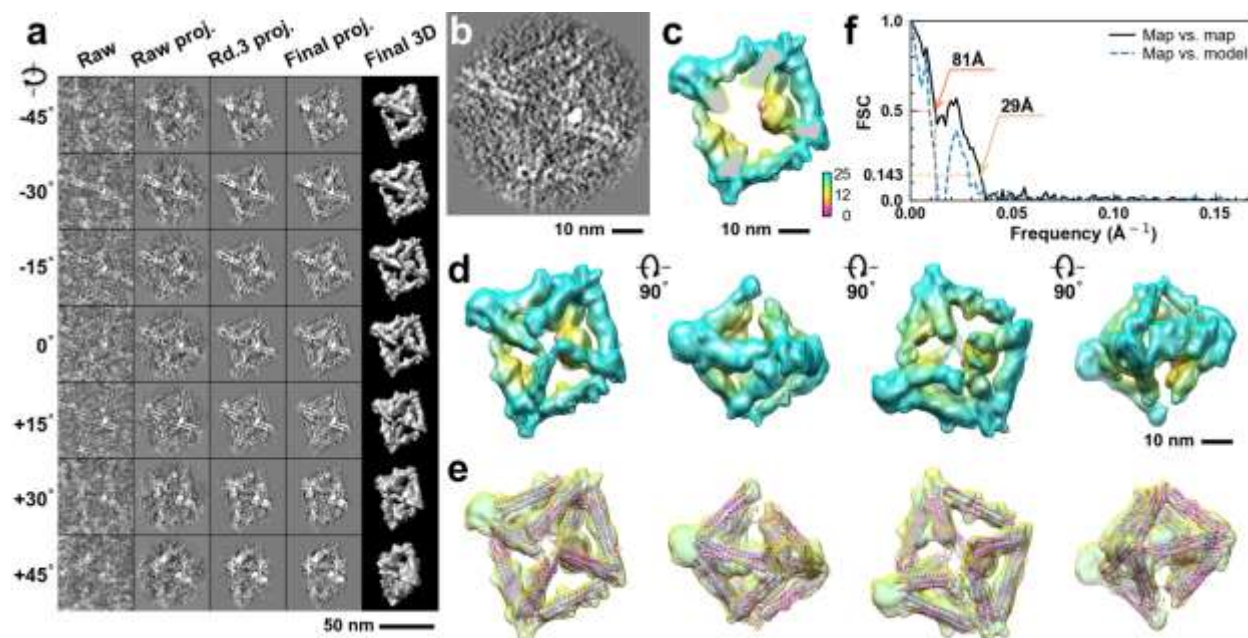




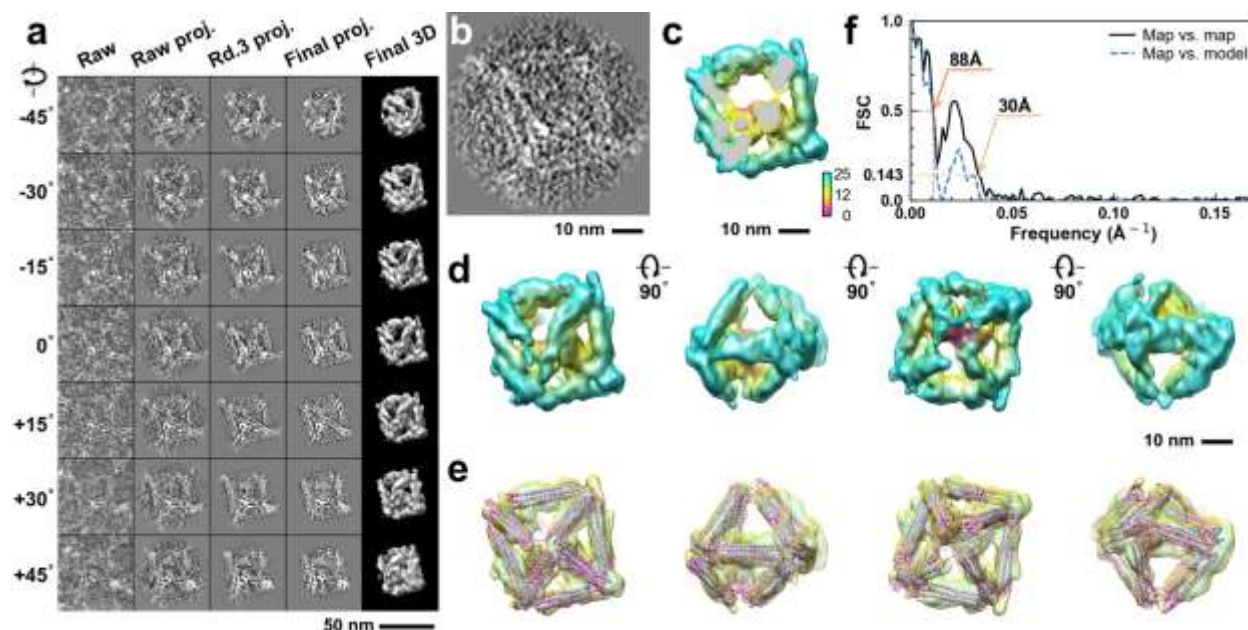
**Supplementary Fig. 142: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 134) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 143: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 135) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

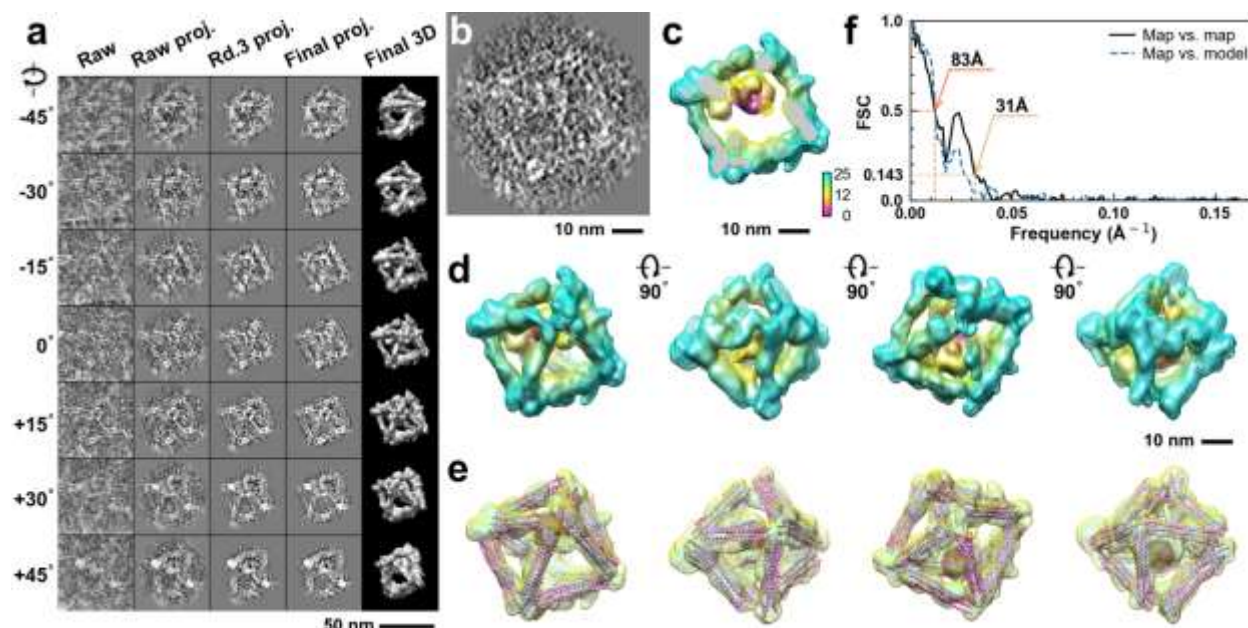


**Supplementary Fig. 144: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 136) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

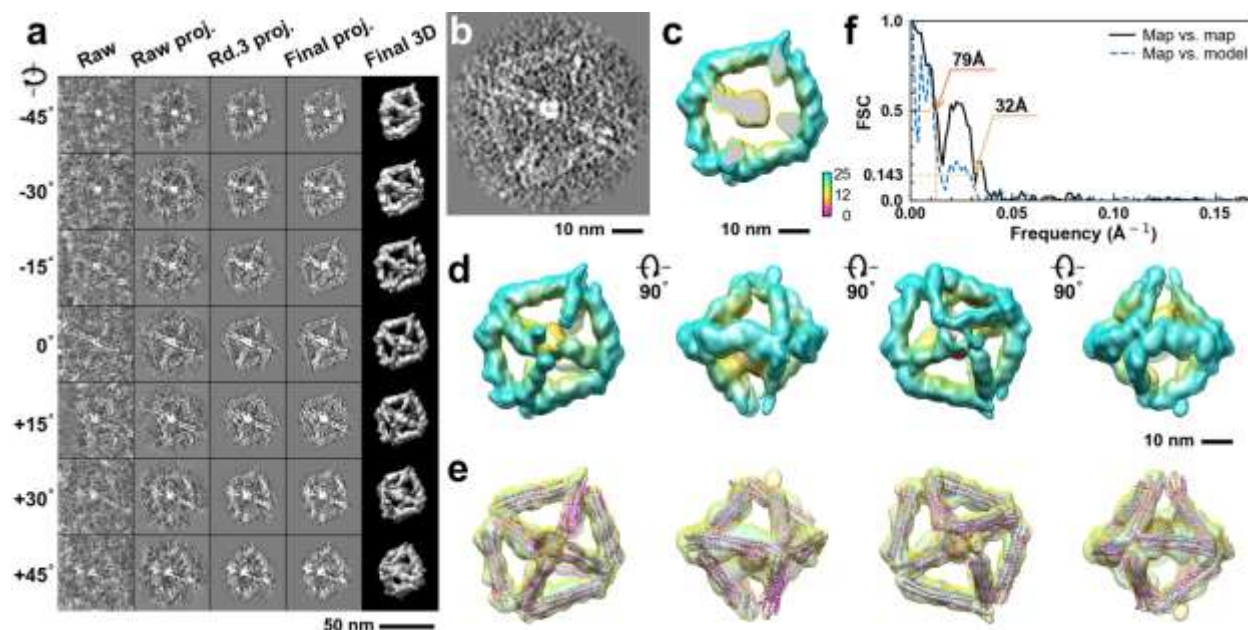


**Supplementary Fig. 145: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 137) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

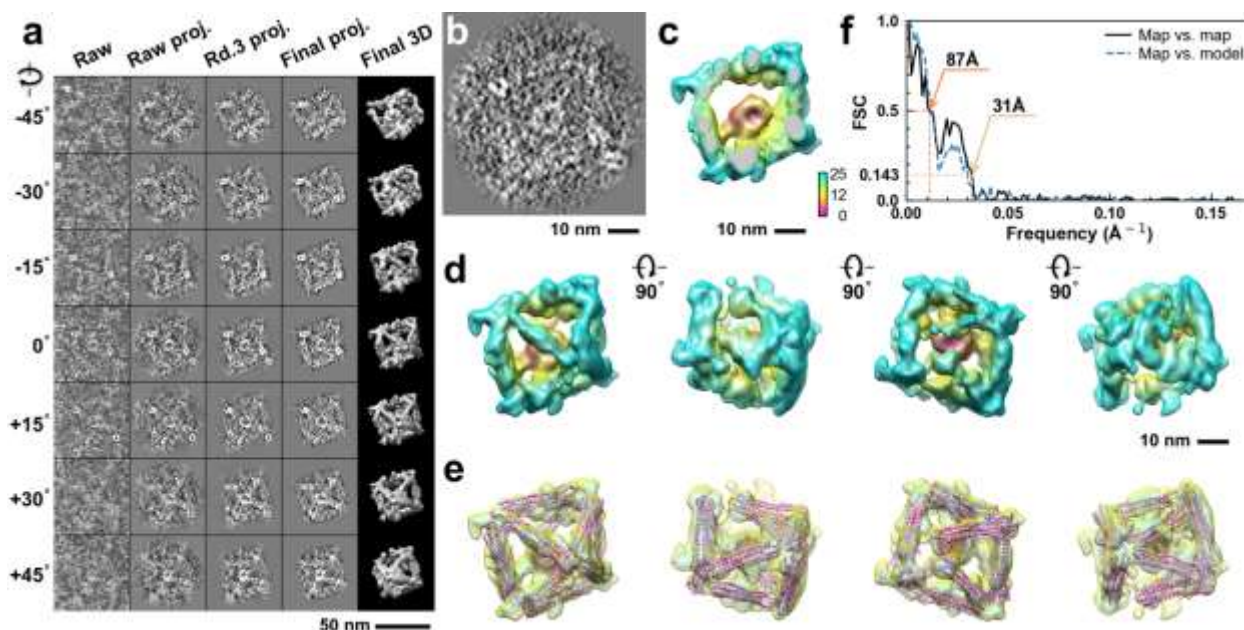




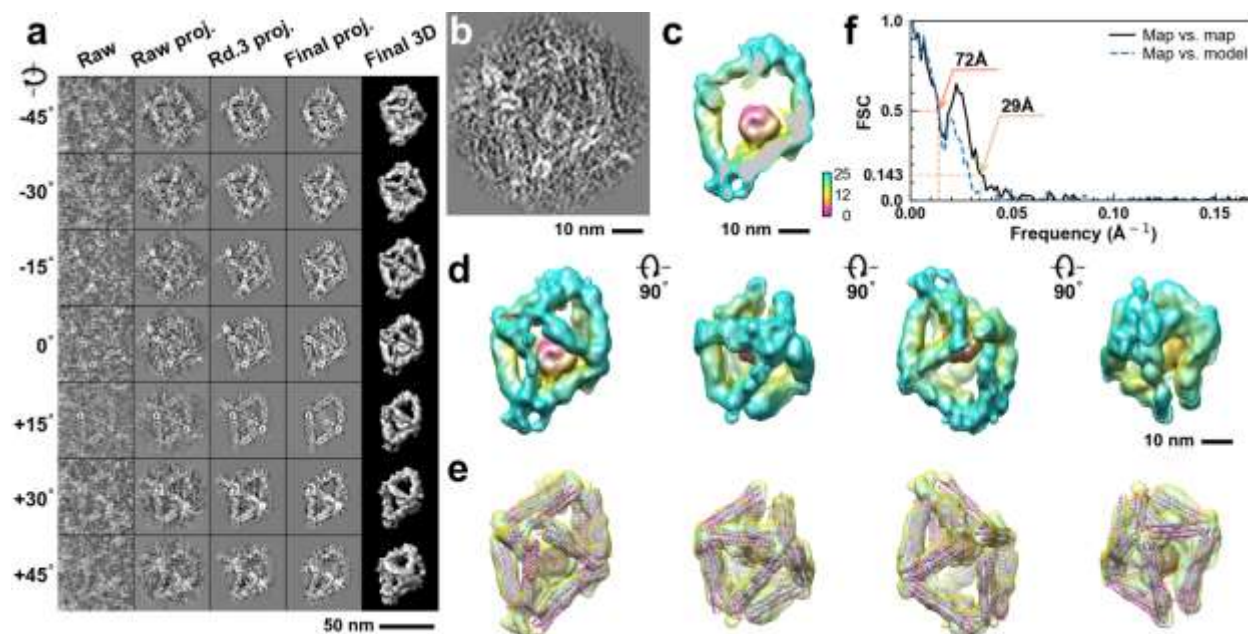
**Supplementary Fig. 146: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 138) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 147: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 139) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

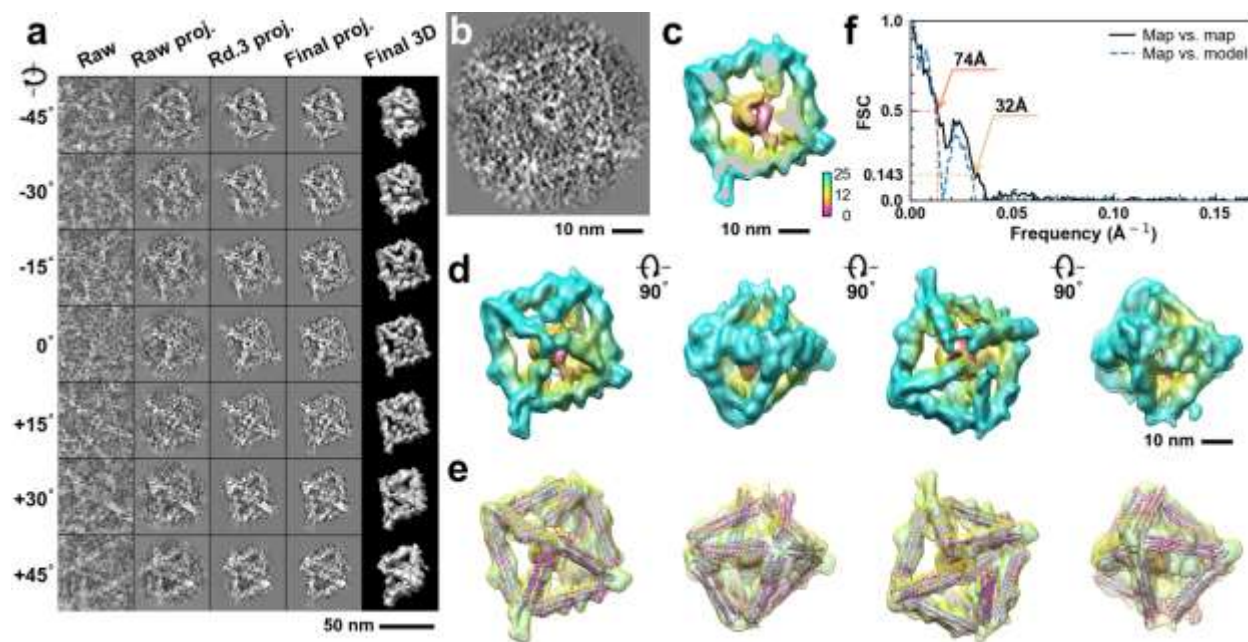


**Supplementary Fig. 148: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 140) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

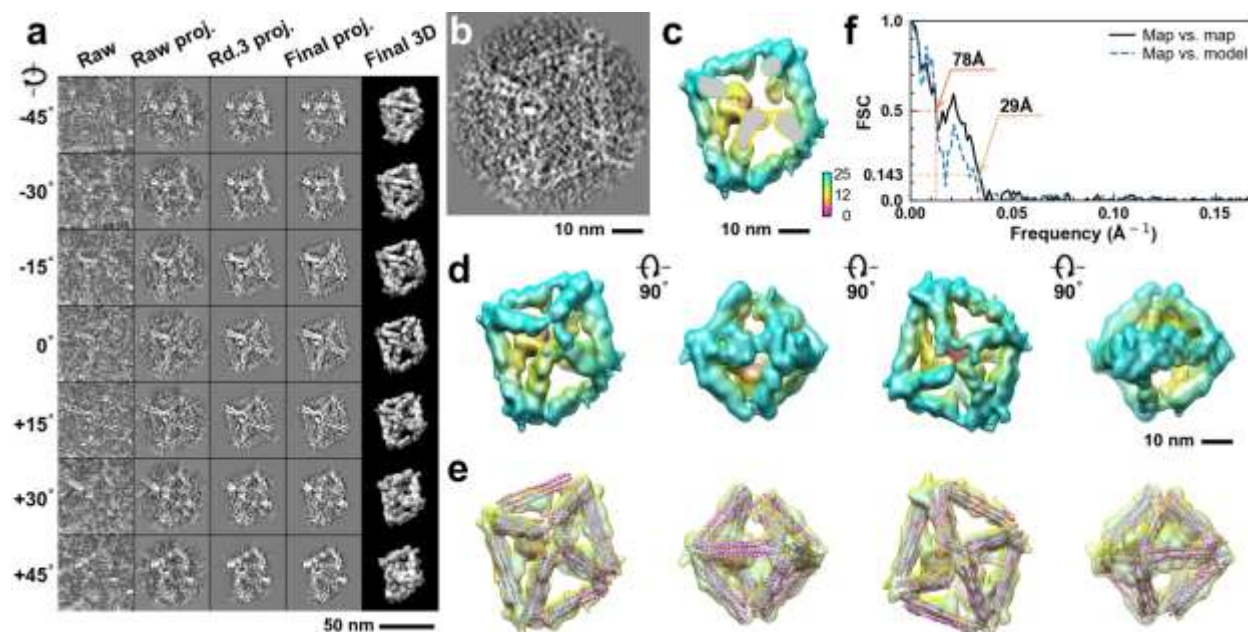


**Supplementary Fig. 149: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 141) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

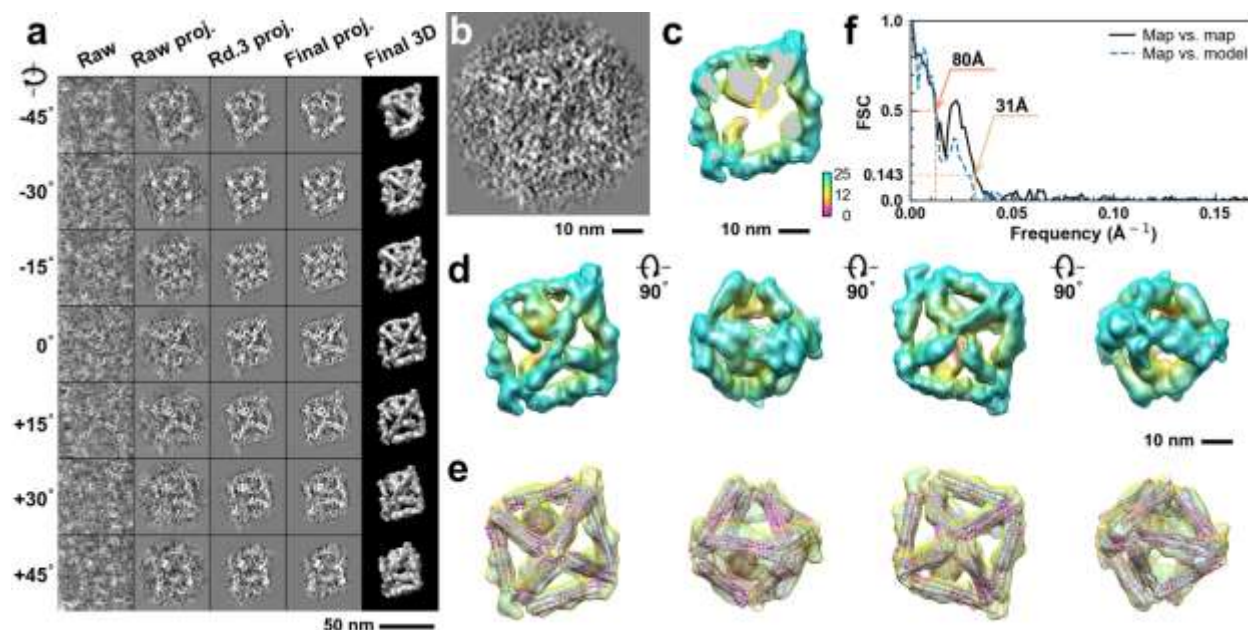




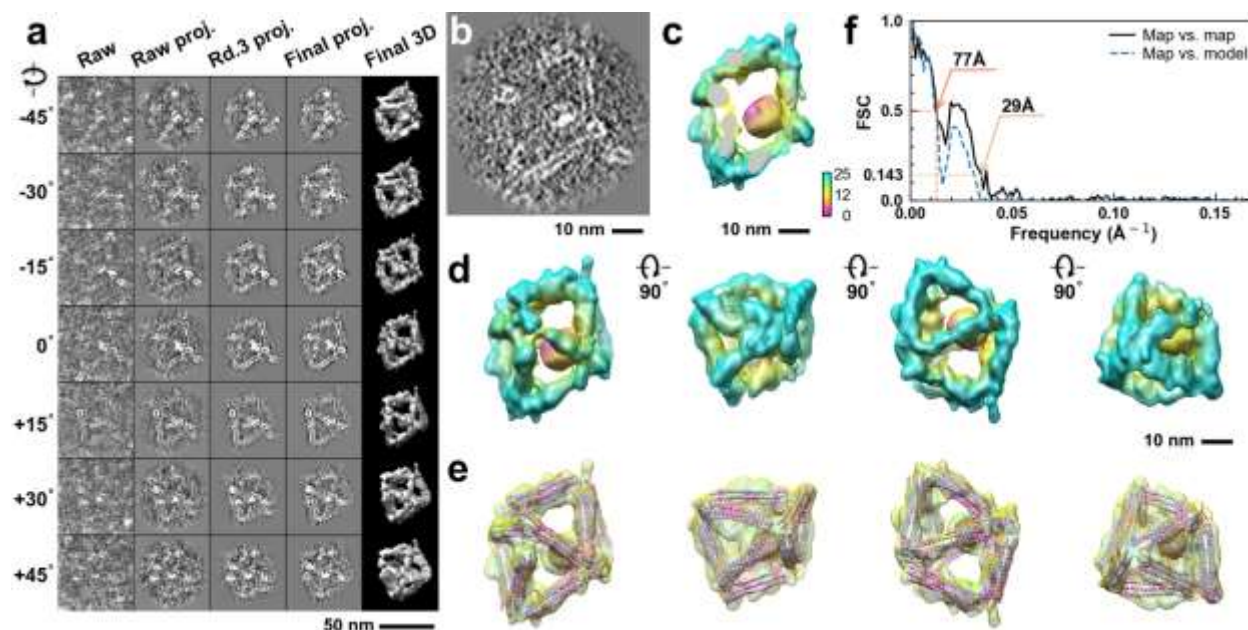
**Supplementary Fig. 150: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 142) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 151: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 143) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

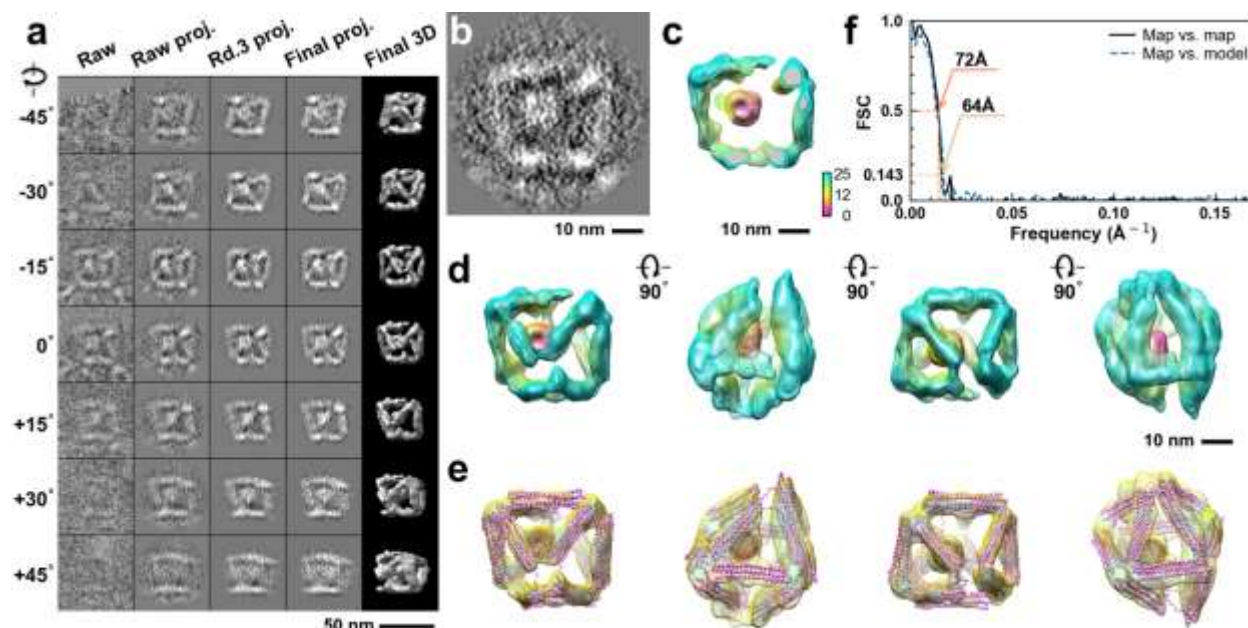


**Supplementary Fig. 152: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 144) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

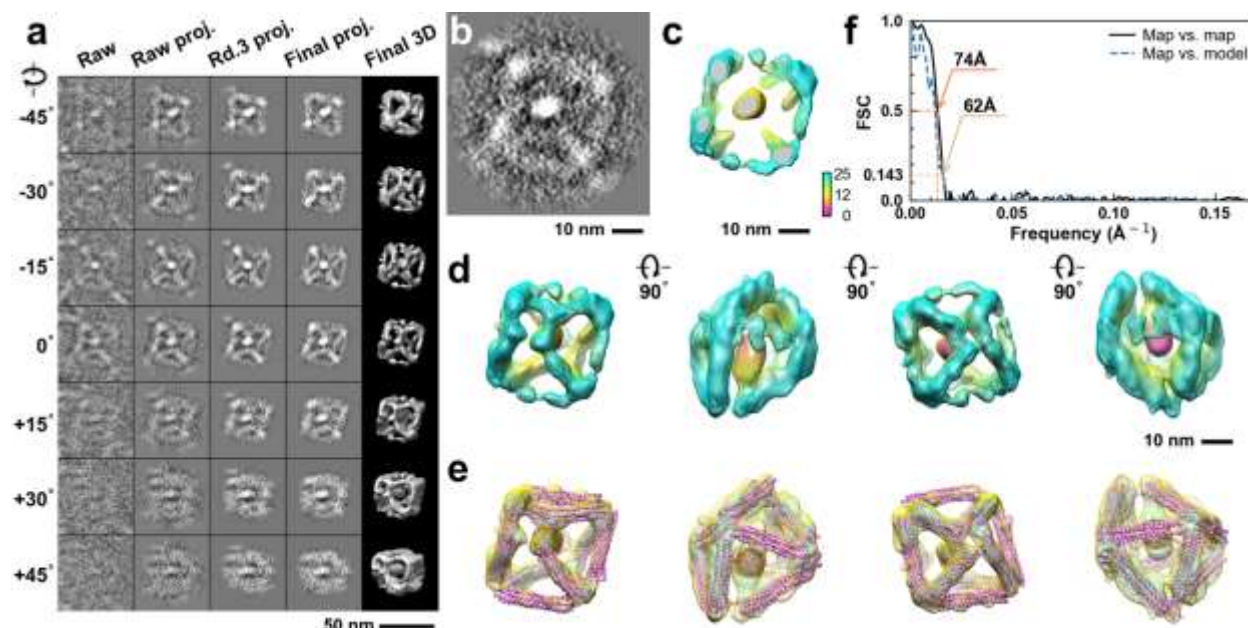


**Supplementary Fig. 153: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 145) within a 2D lattice with 100% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

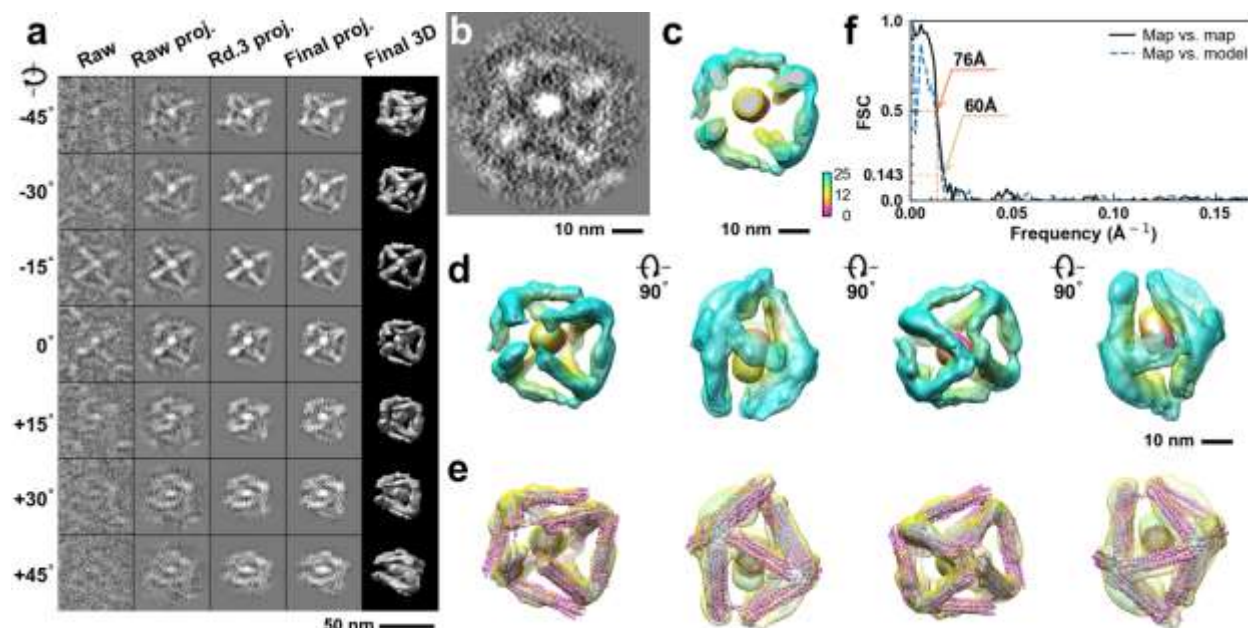




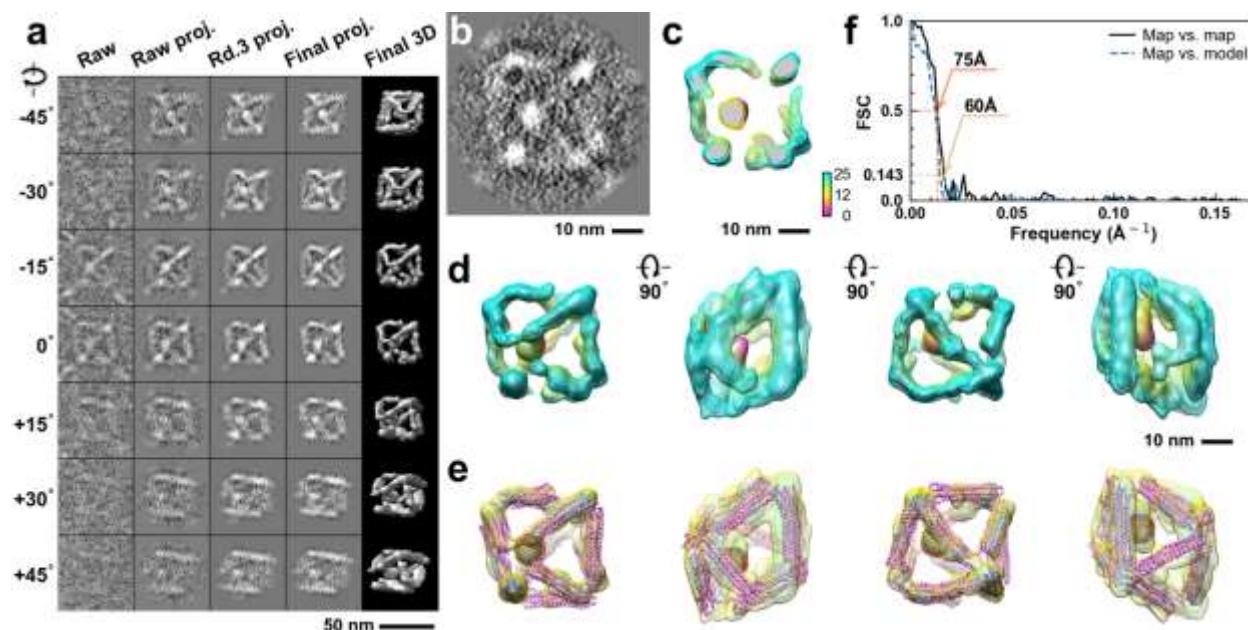
**Supplementary Fig. 154: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 146) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 155: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 147) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

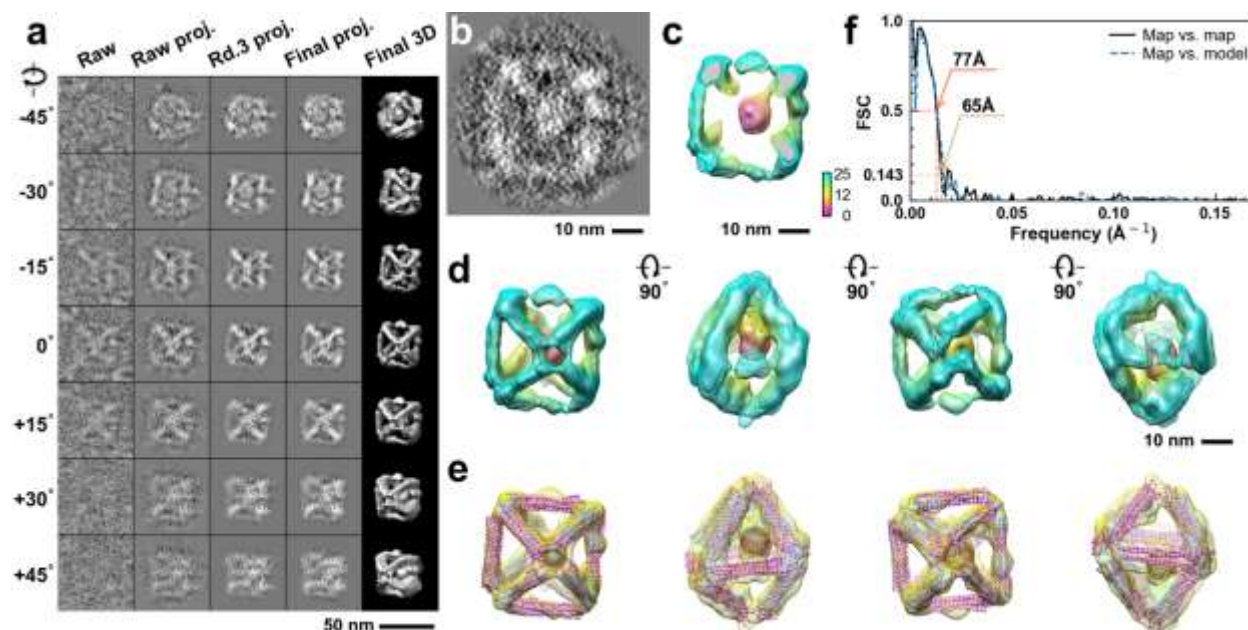


**Supplementary Fig. 156: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 148) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

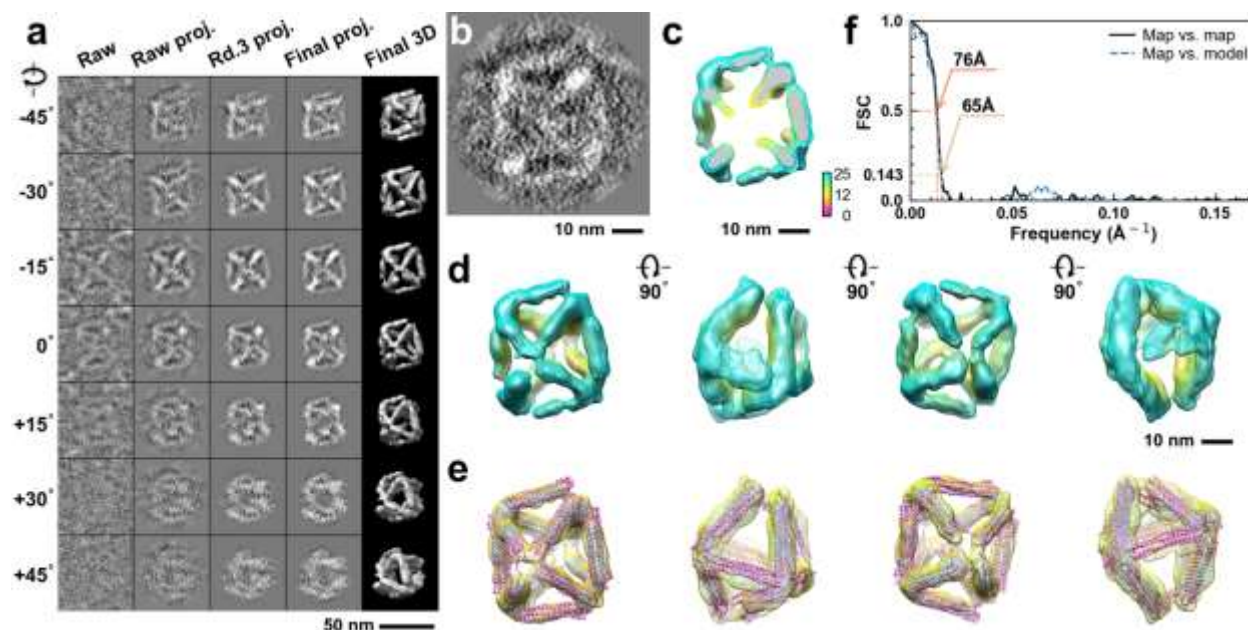


**Supplementary Fig. 157: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 149) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

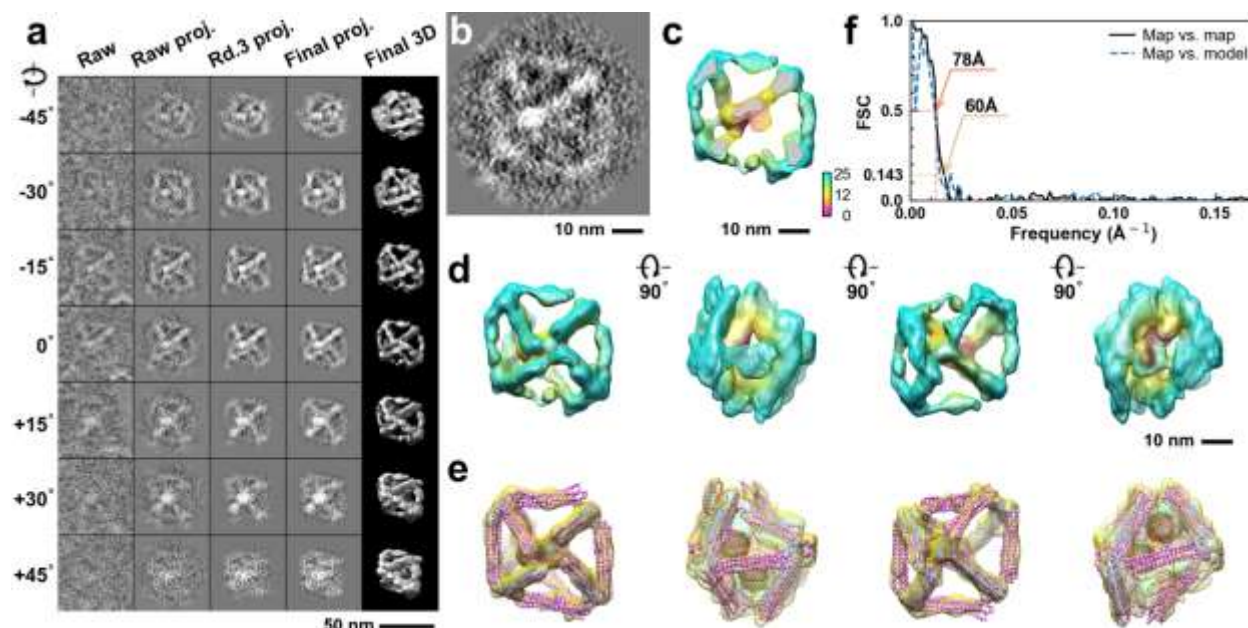




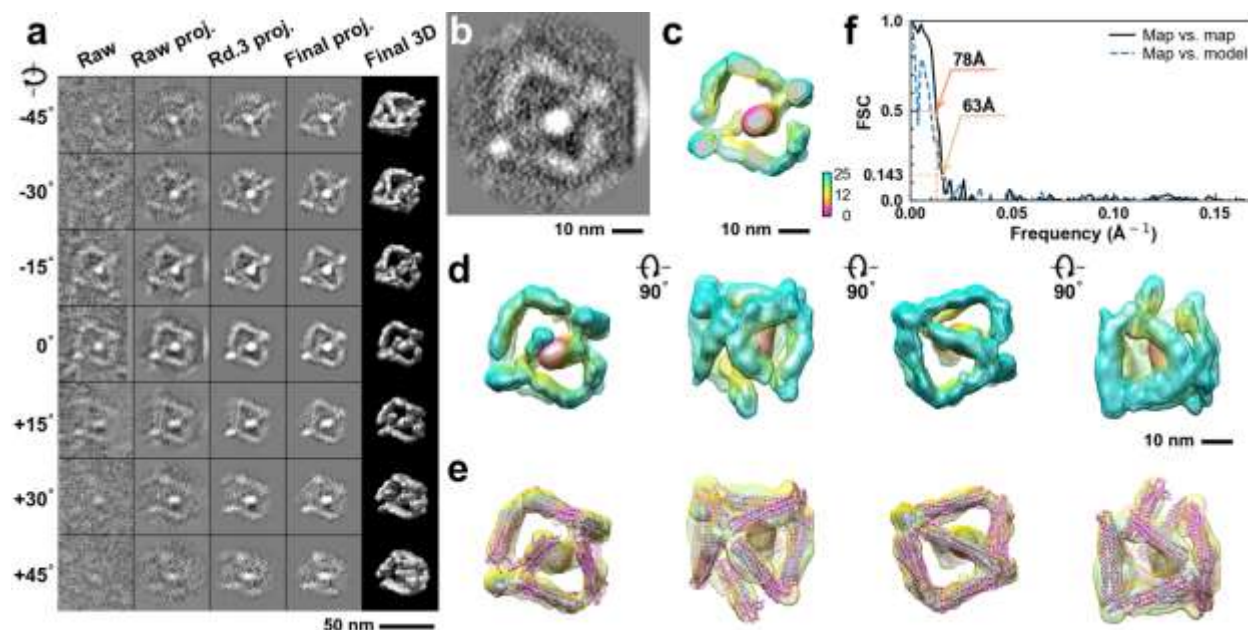
**Supplementary Fig. 158: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 150) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 159: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 151) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

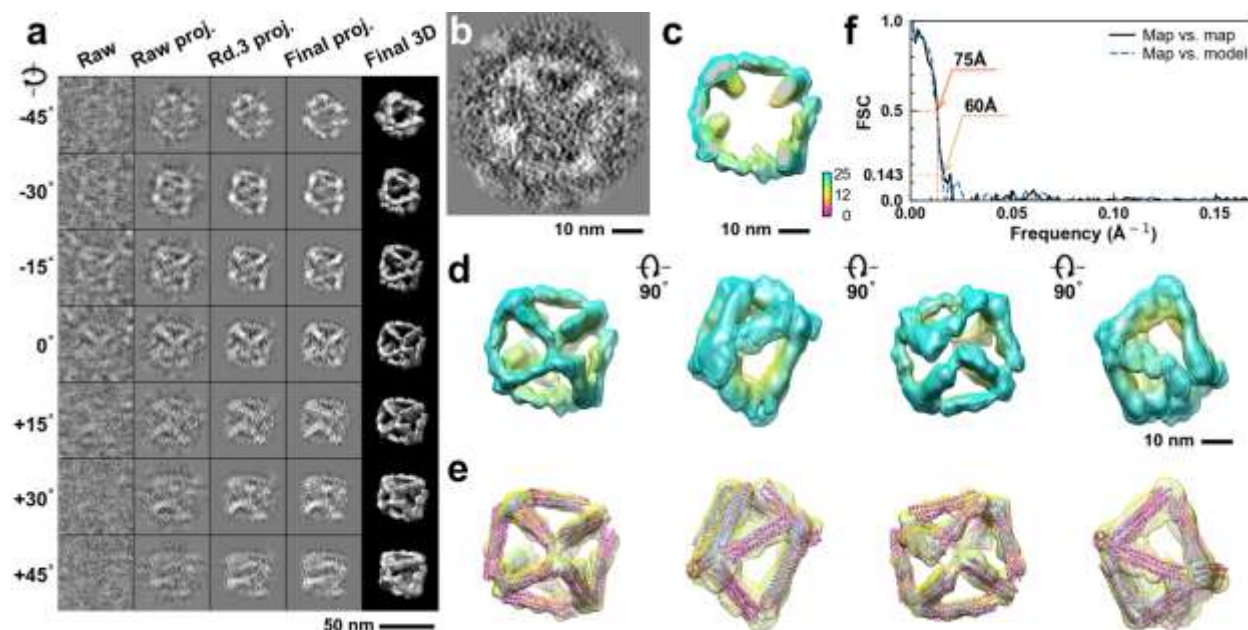


**Supplementary Fig. 160: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 152) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

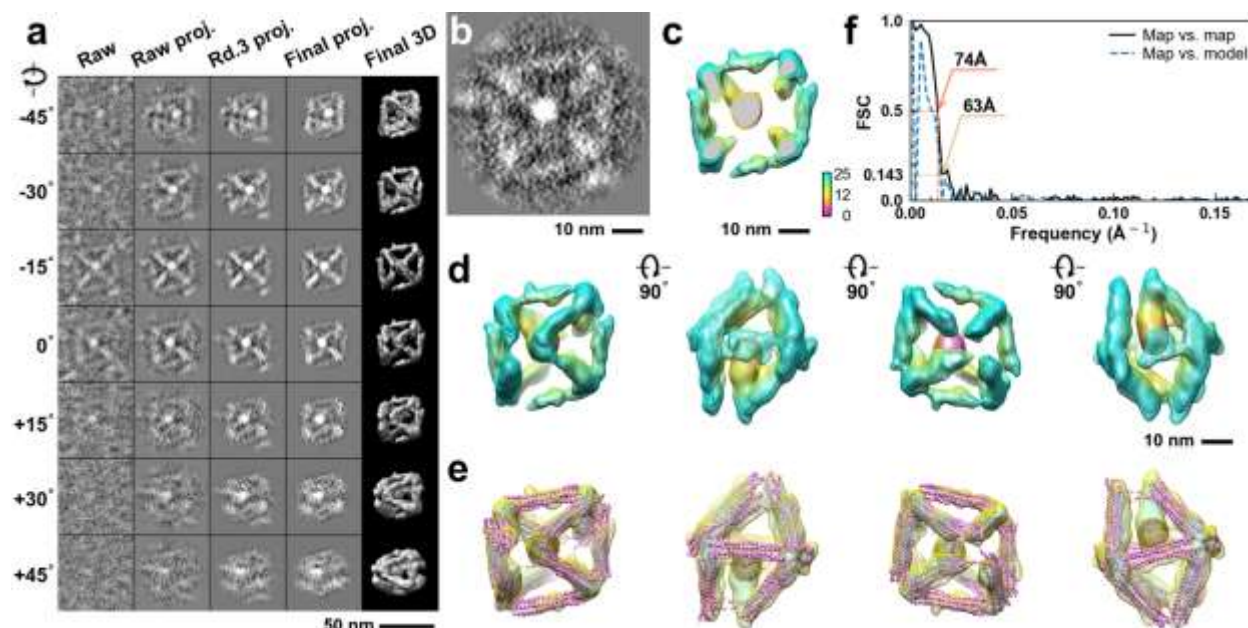


**Supplementary Fig. 161: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 153) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

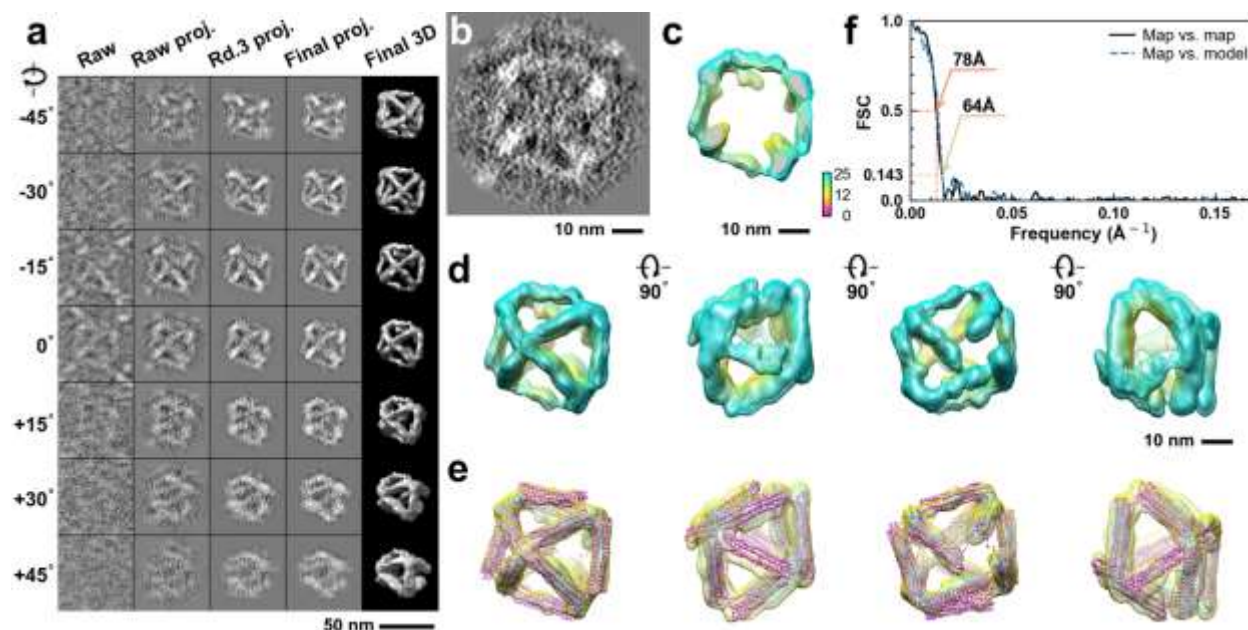




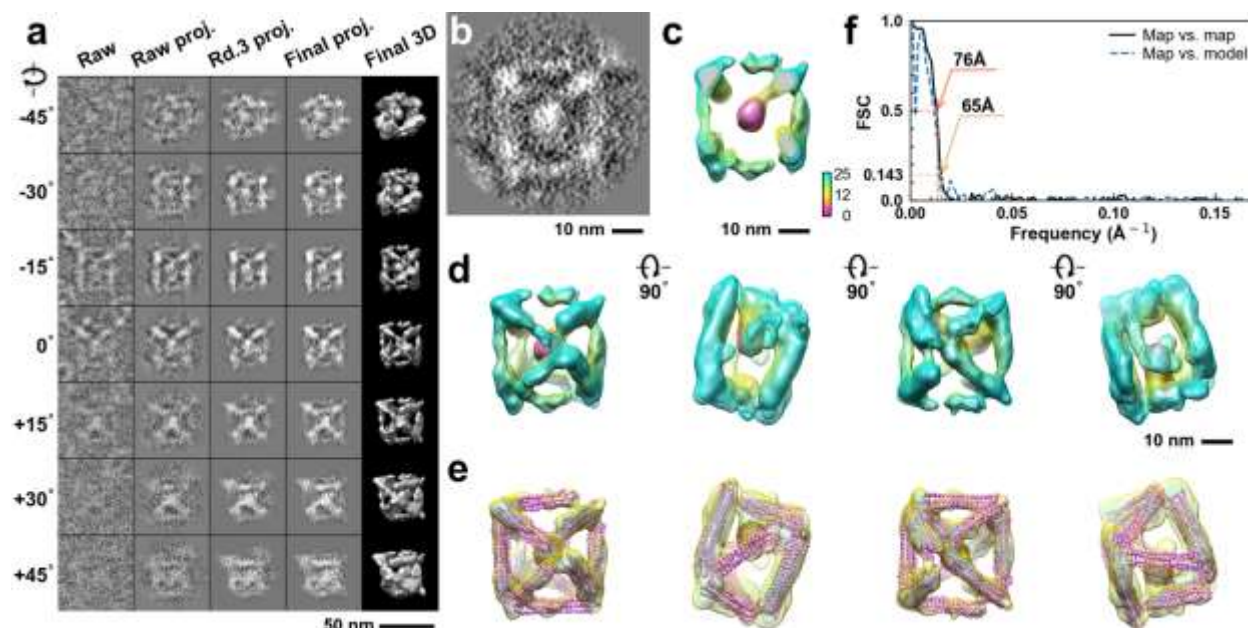
**Supplementary Fig. 162: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 154) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 163: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 155) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

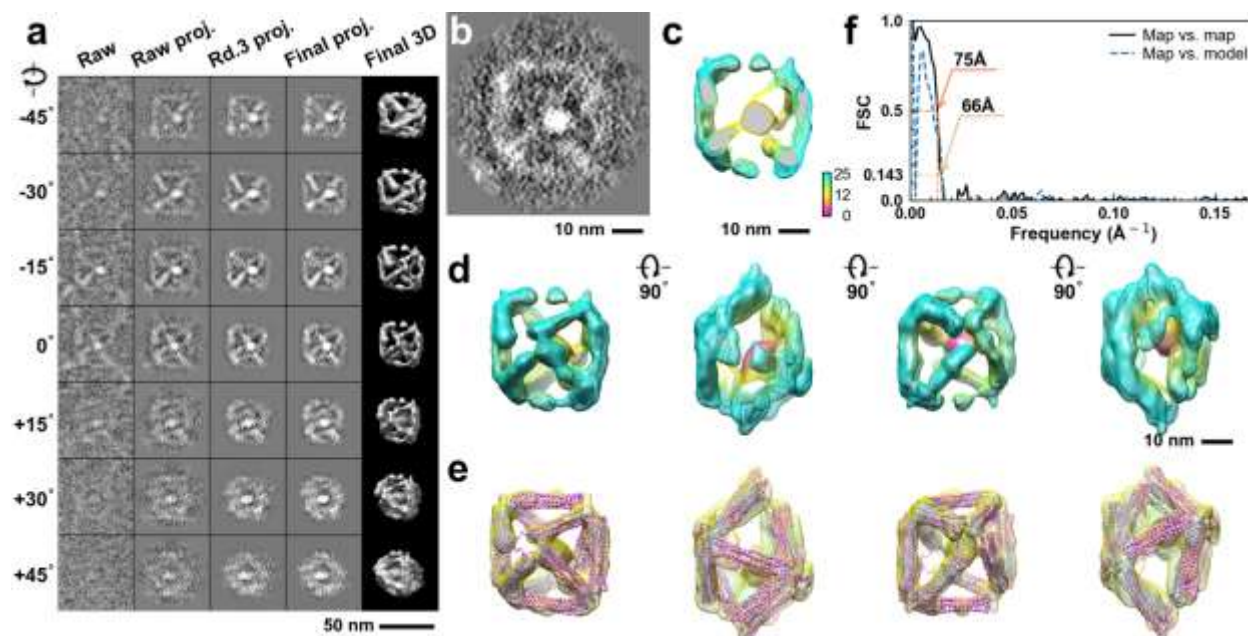


**Supplementary Fig. 164: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 156) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

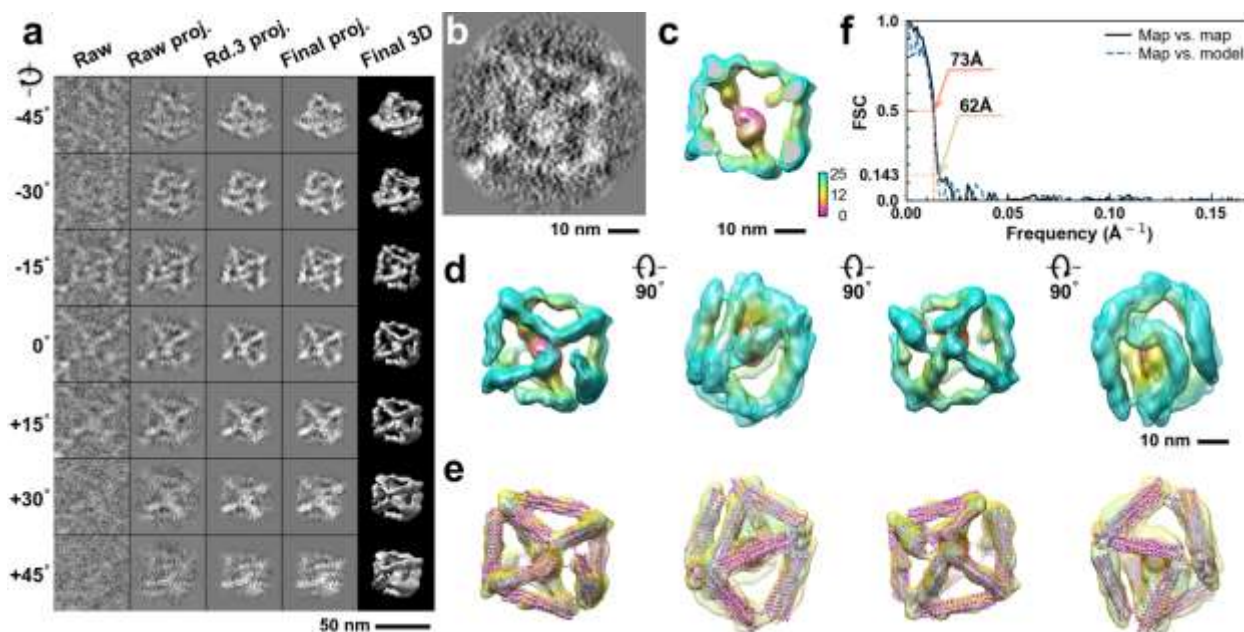


**Supplementary Fig. 165: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 157) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

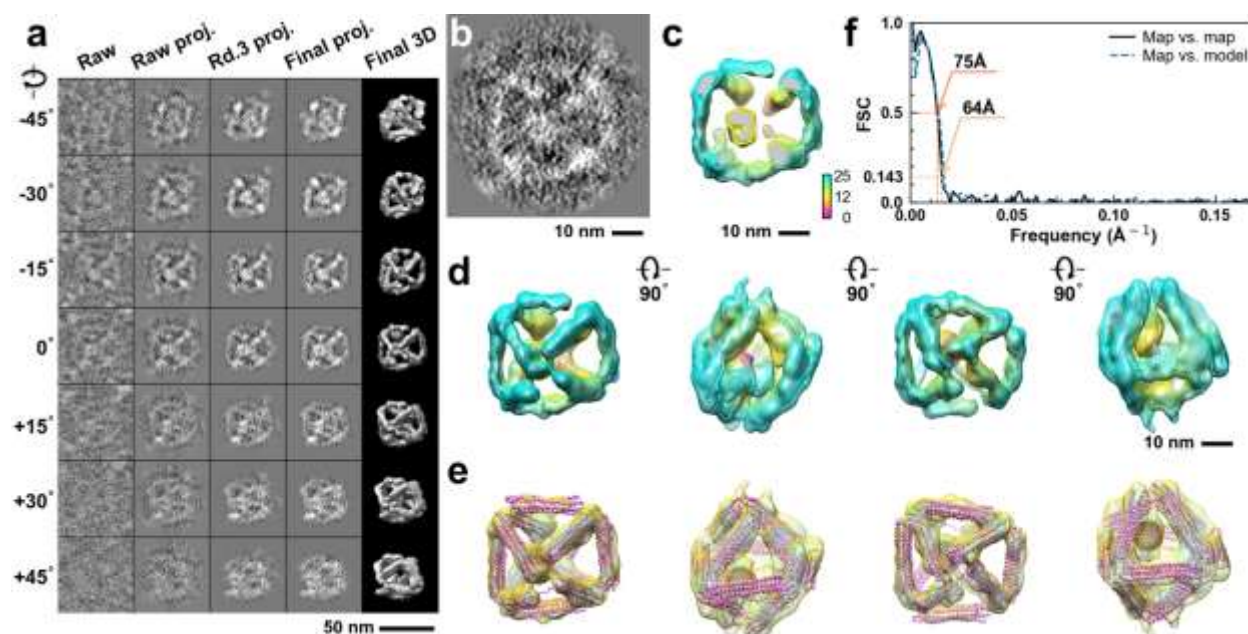




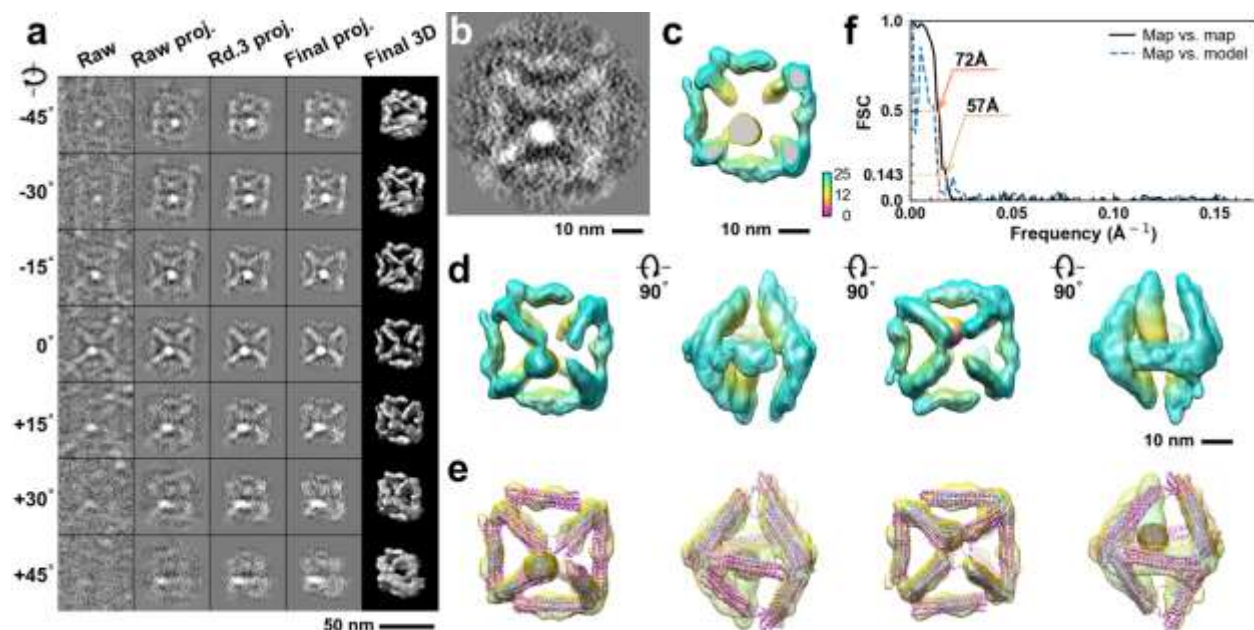
**Supplementary Fig. 166: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 158) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 167: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 159) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

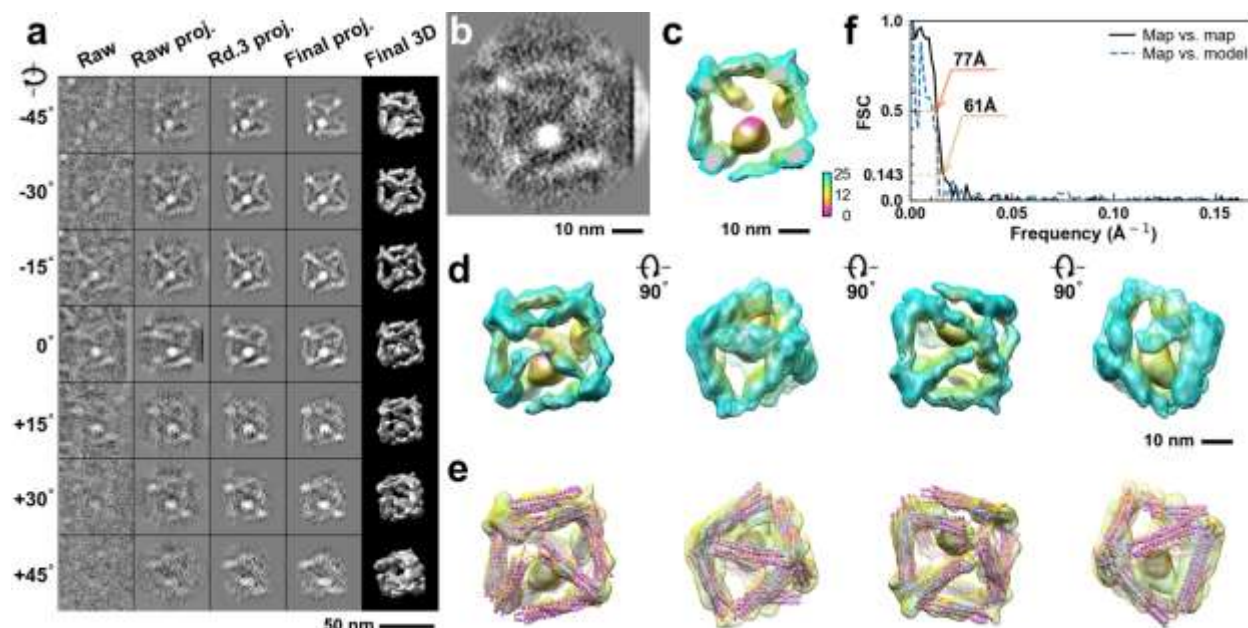


**Supplementary Fig. 168: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 160) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

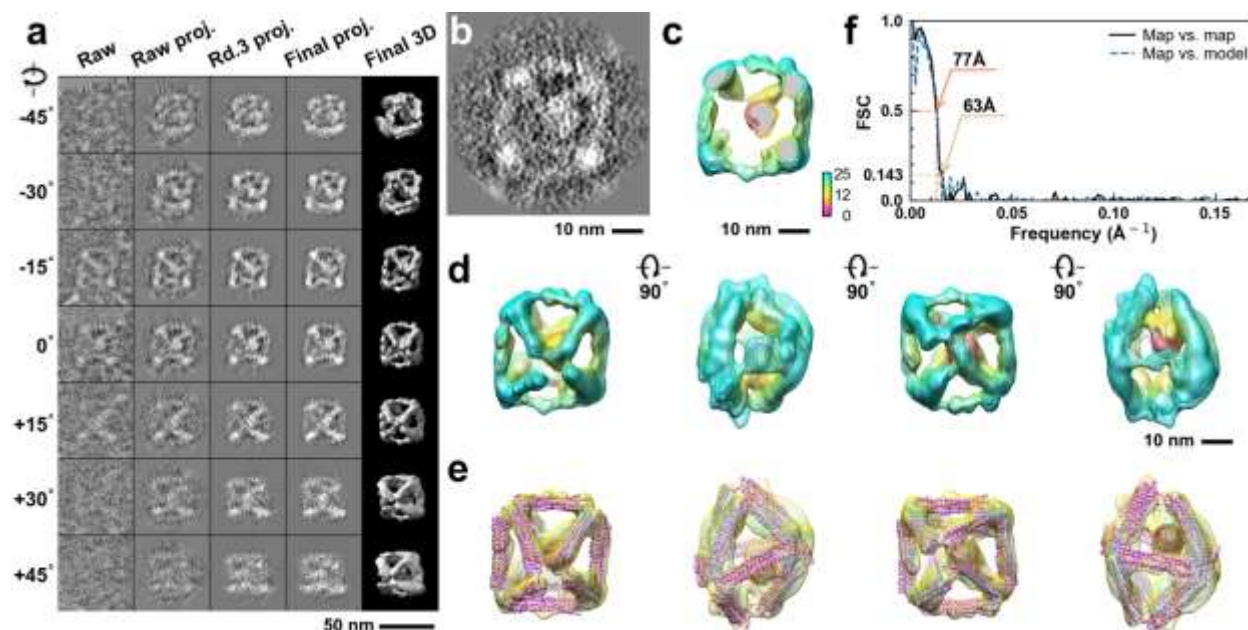


**Supplementary Fig. 169: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 161) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

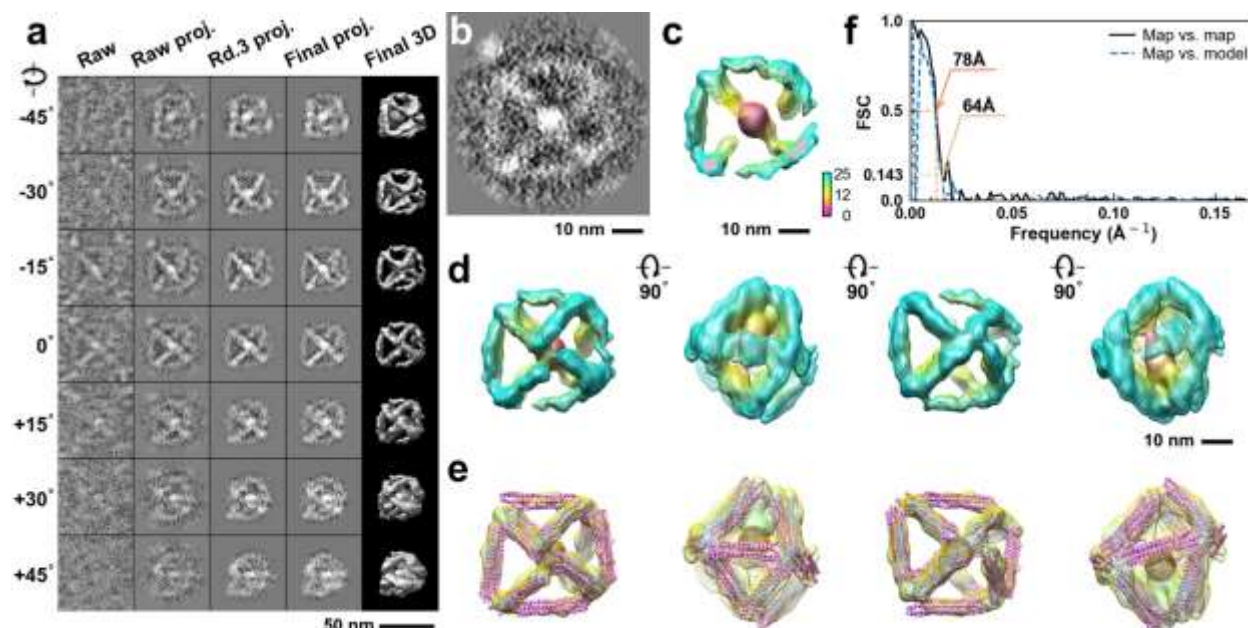




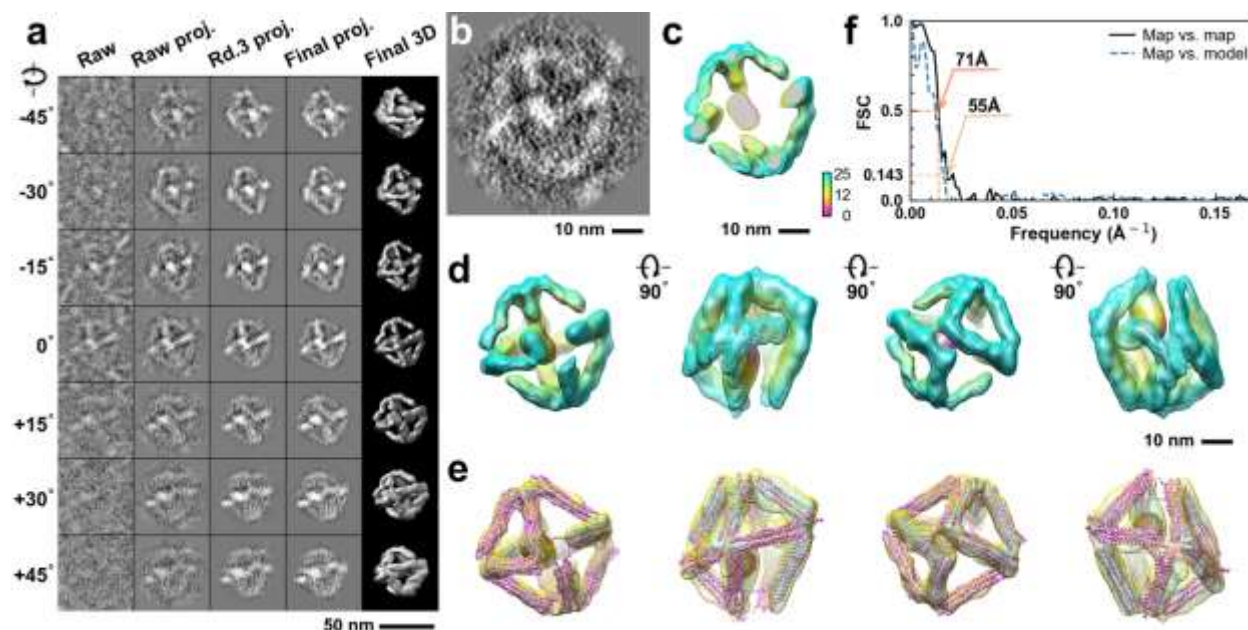
**Supplementary Fig. 170: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 162) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 171: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 163) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

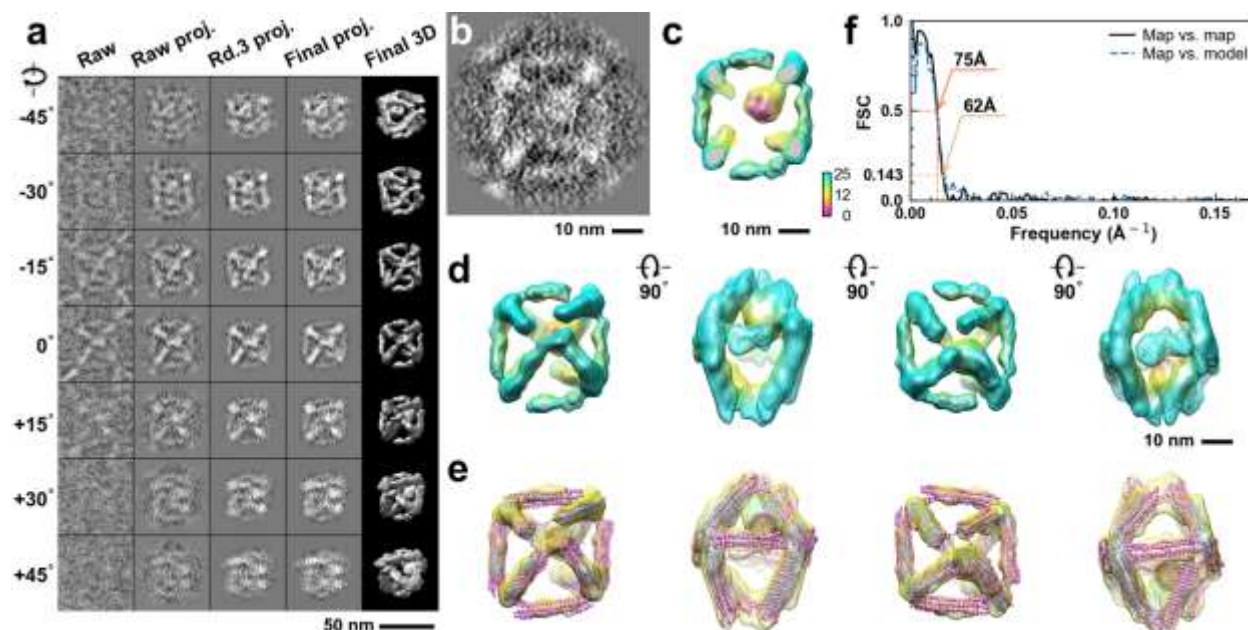


**Supplementary Fig. 172: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 164) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

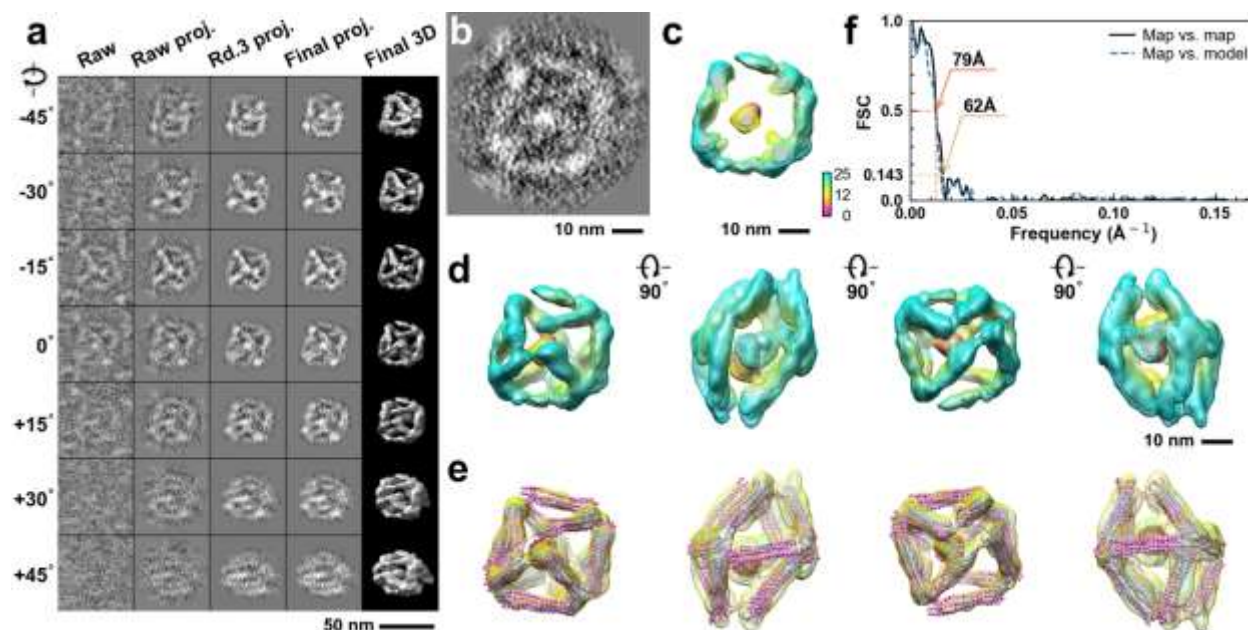


**Supplementary Fig. 173: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 165) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

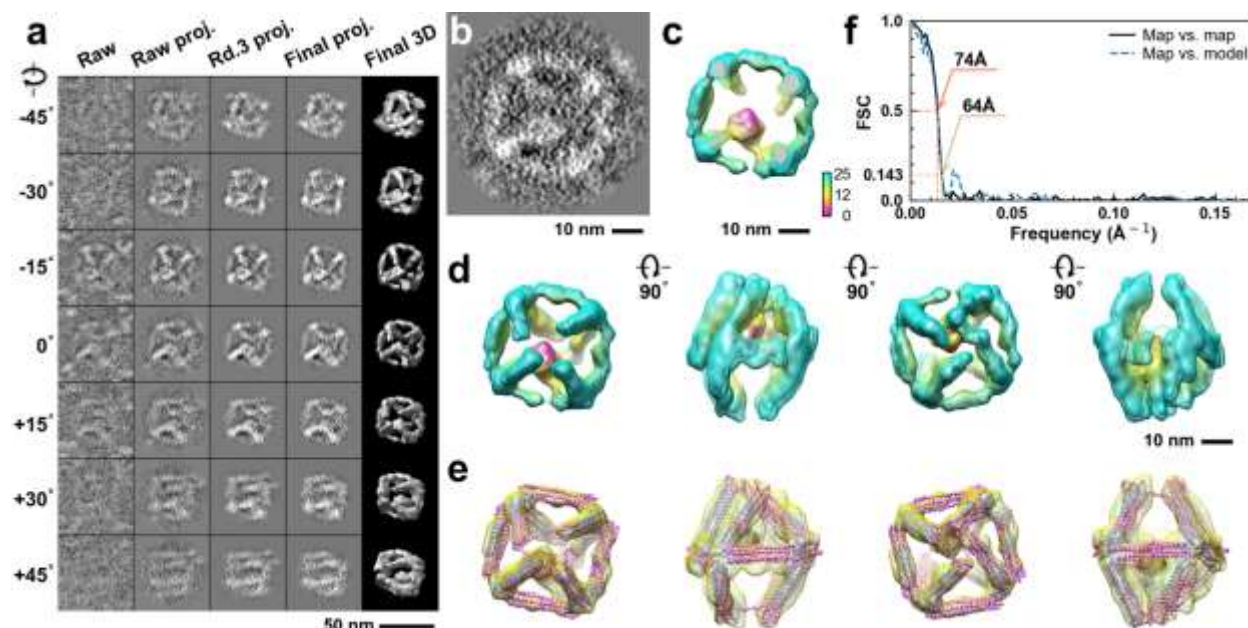




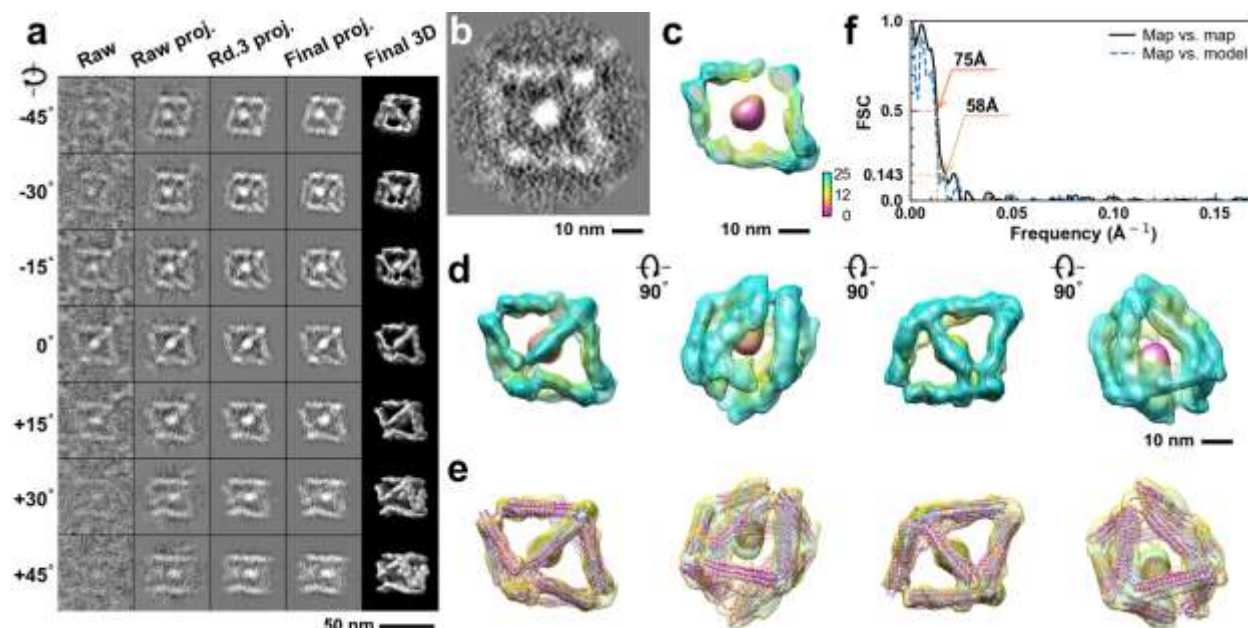
**Supplementary Fig. 174: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 166) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 175: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 167) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

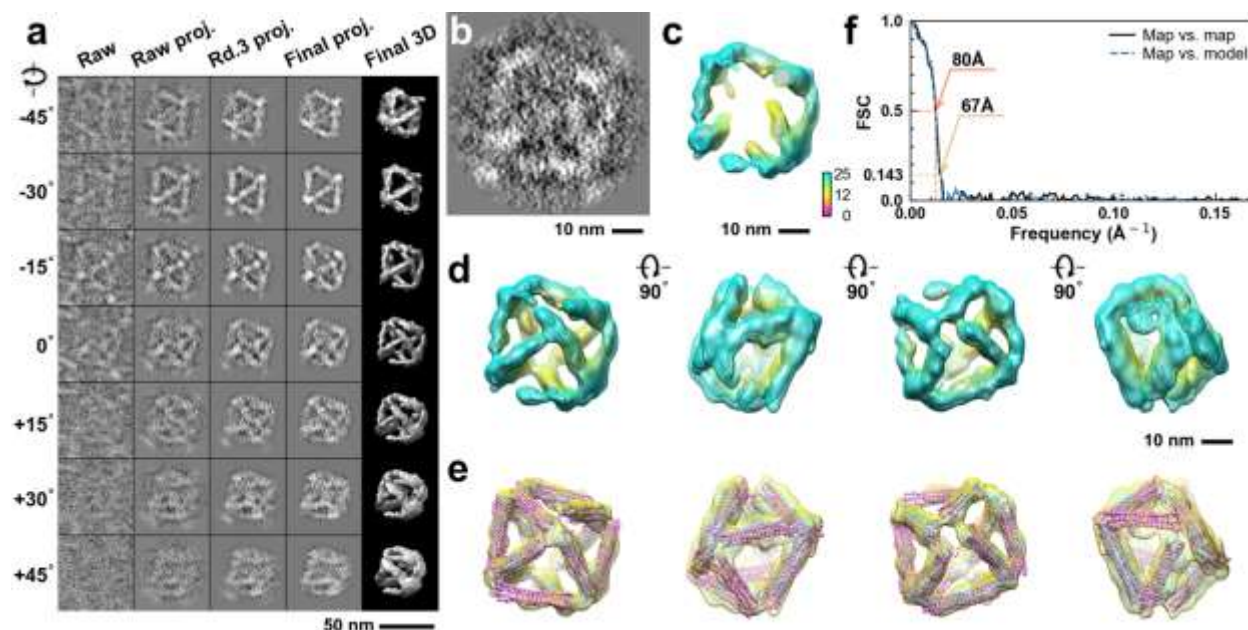


**Supplementary Fig. 176: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 168) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

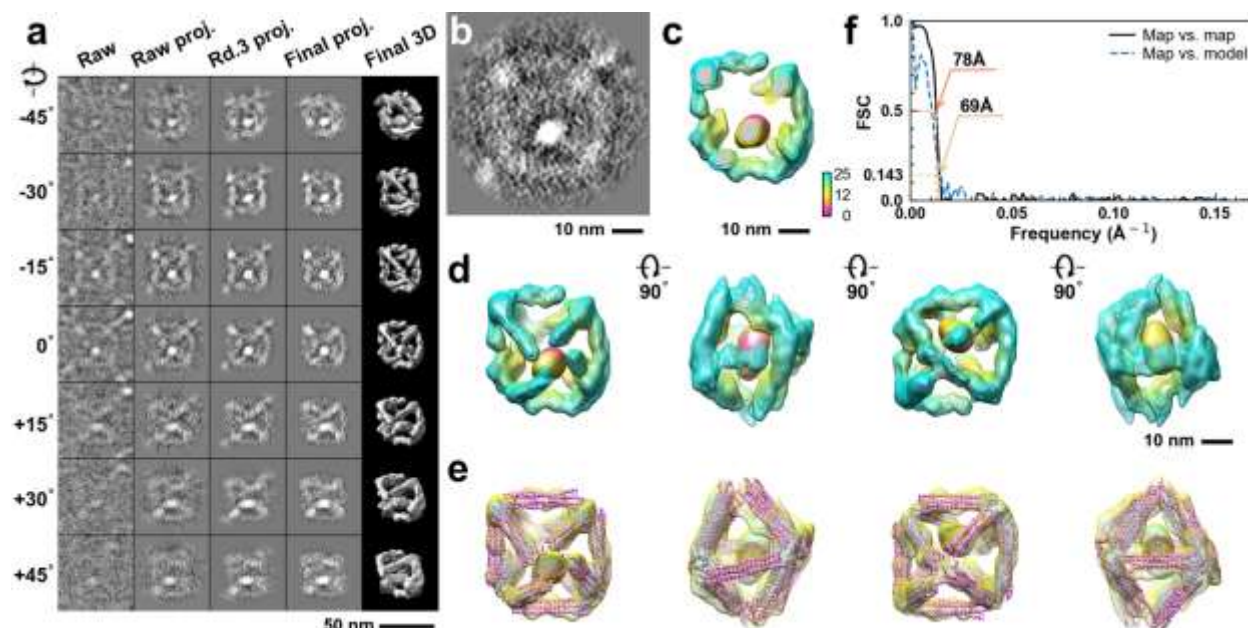


**Supplementary Fig. 177: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 169) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

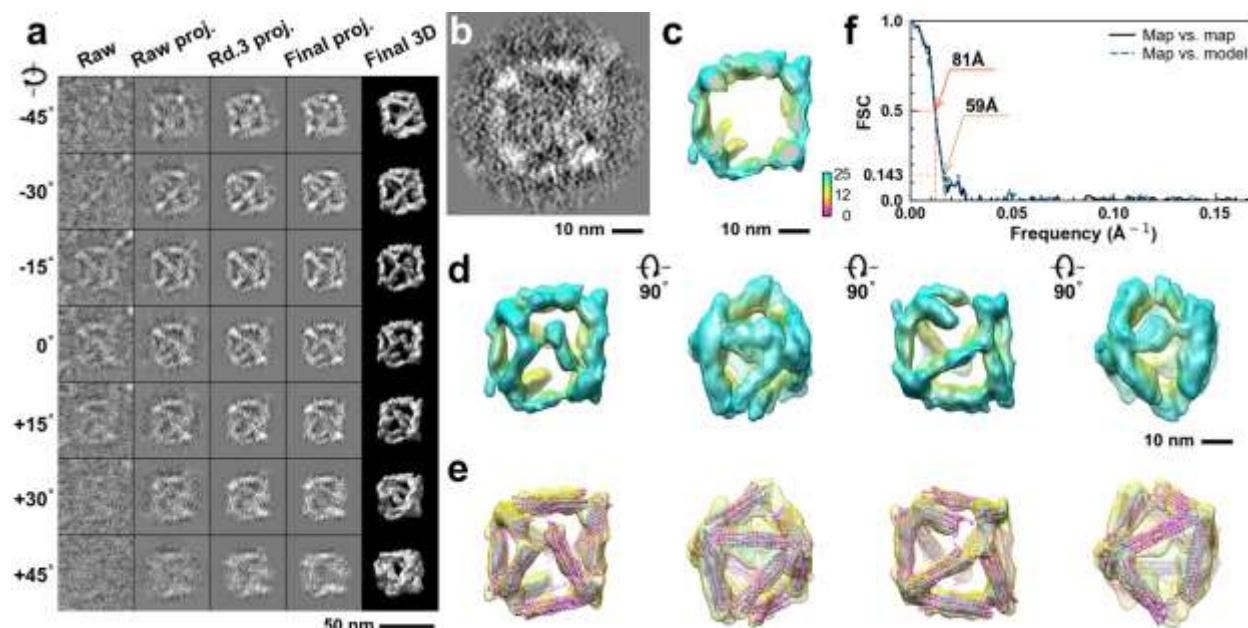




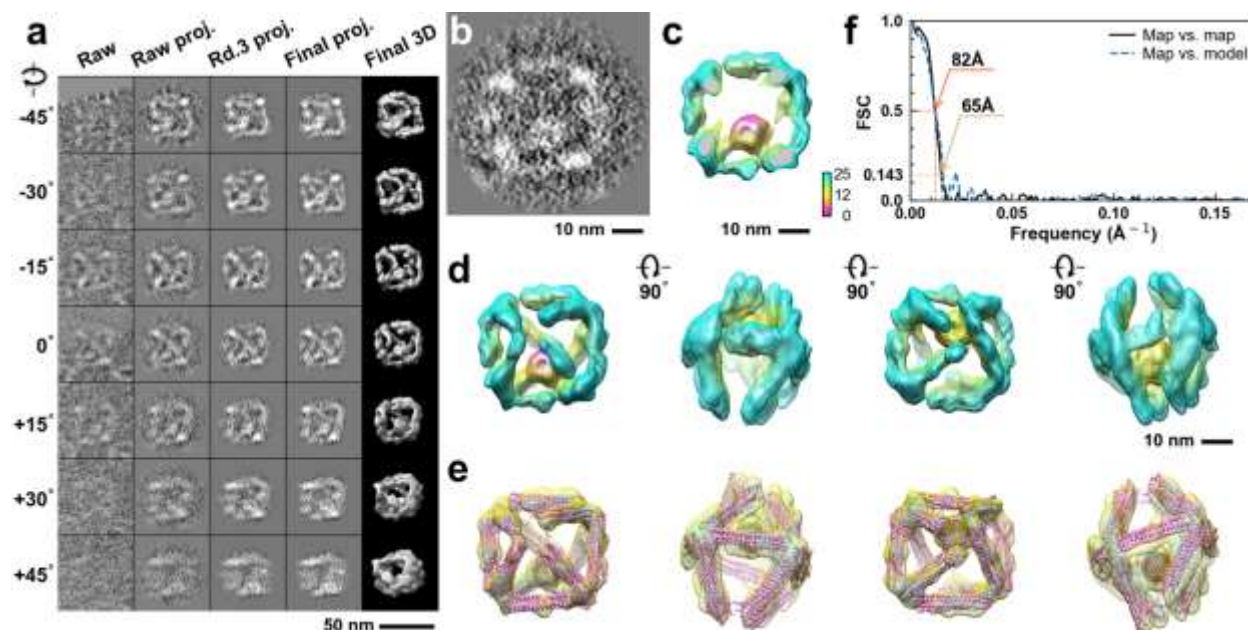
**Supplementary Fig. 178: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 170) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 179: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 171) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

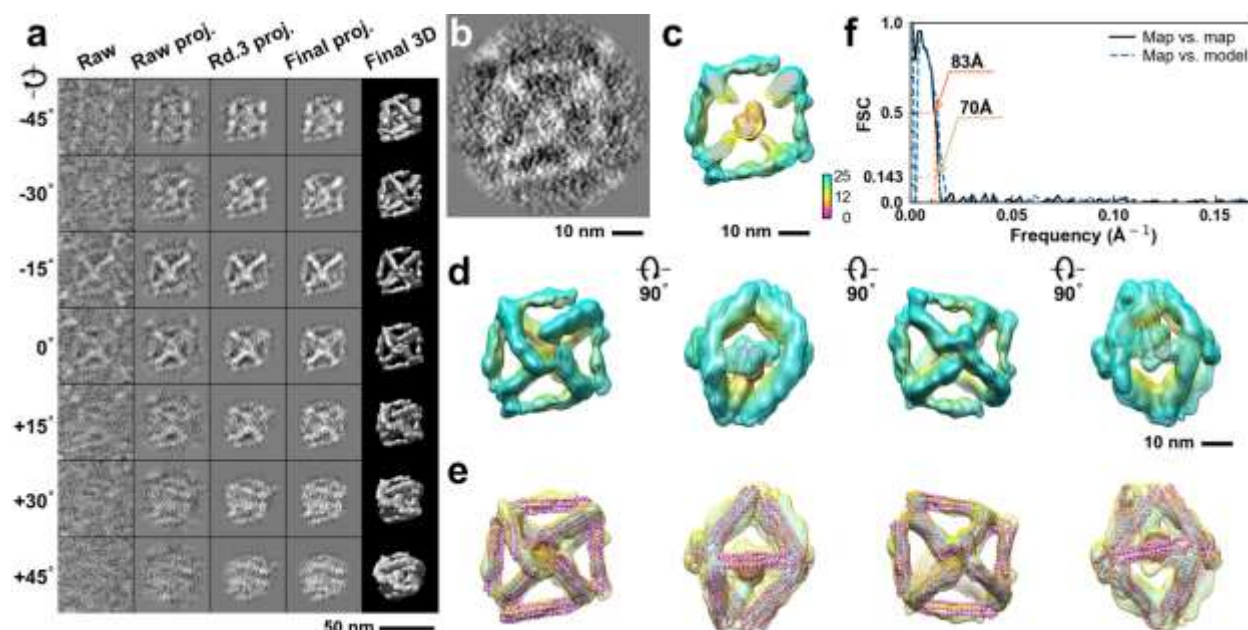


**Supplementary Fig. 180: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 172) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

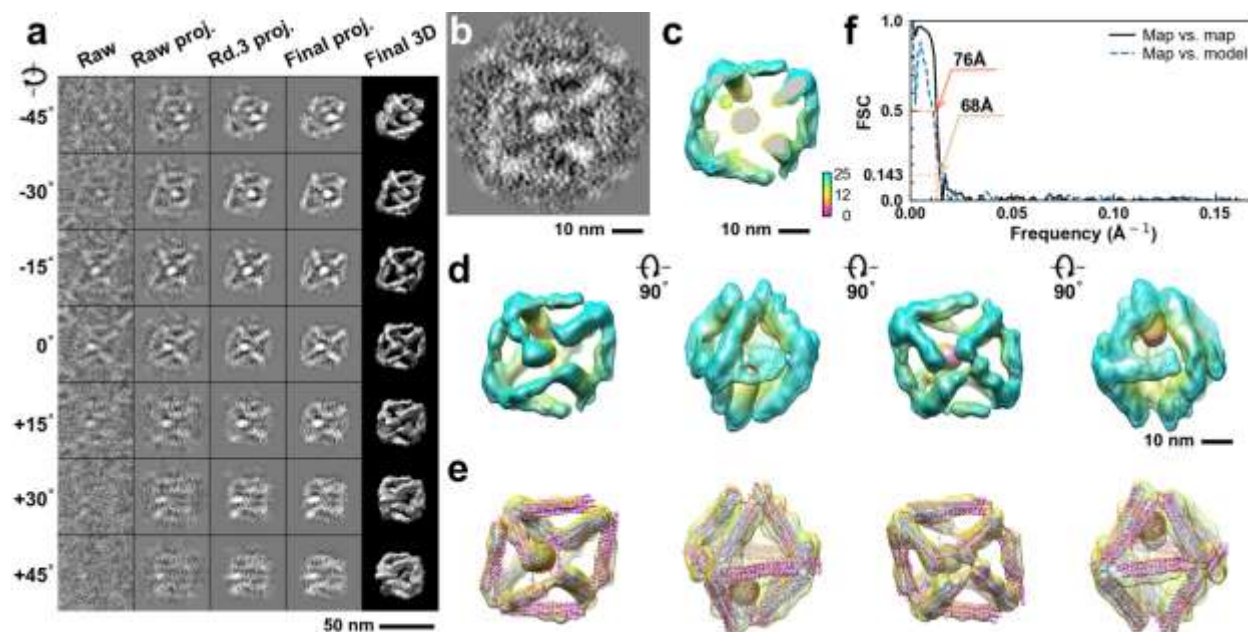


**Supplementary Fig. 181: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 173) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

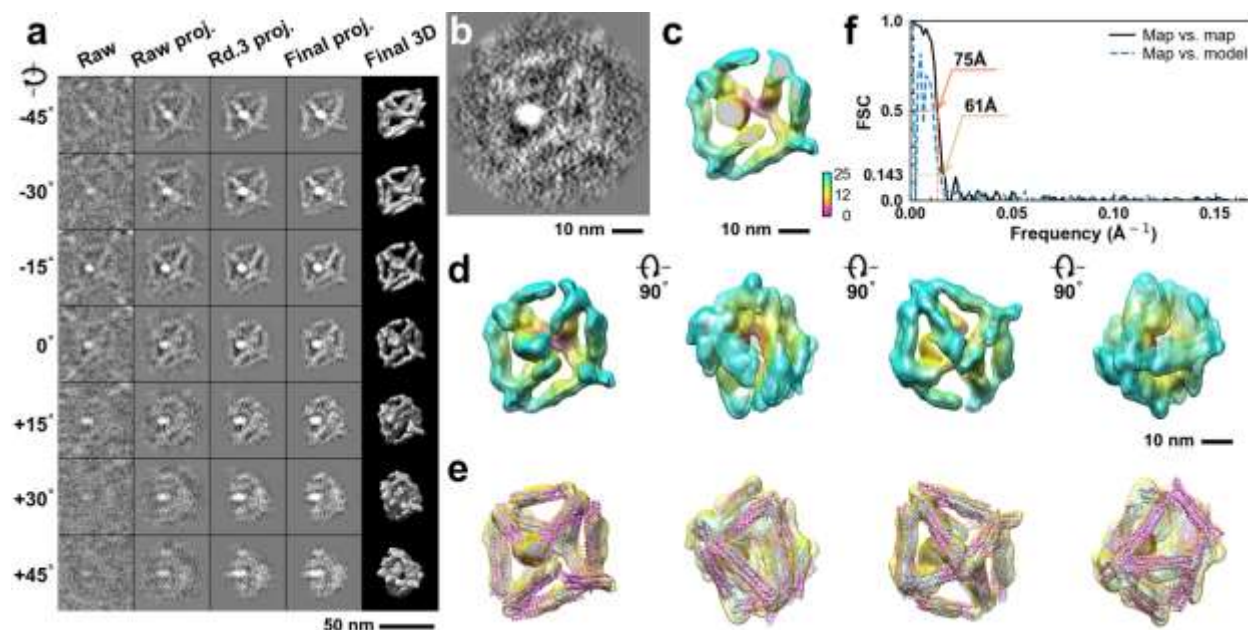




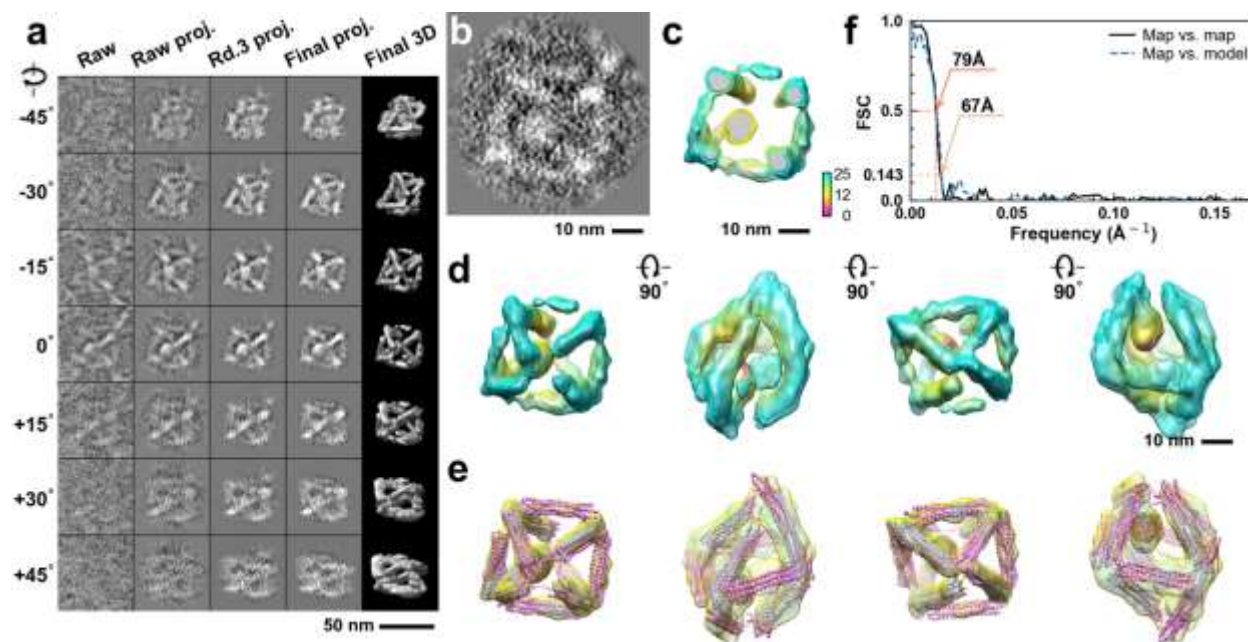
**Supplementary Fig. 182: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 174) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 183: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 175) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

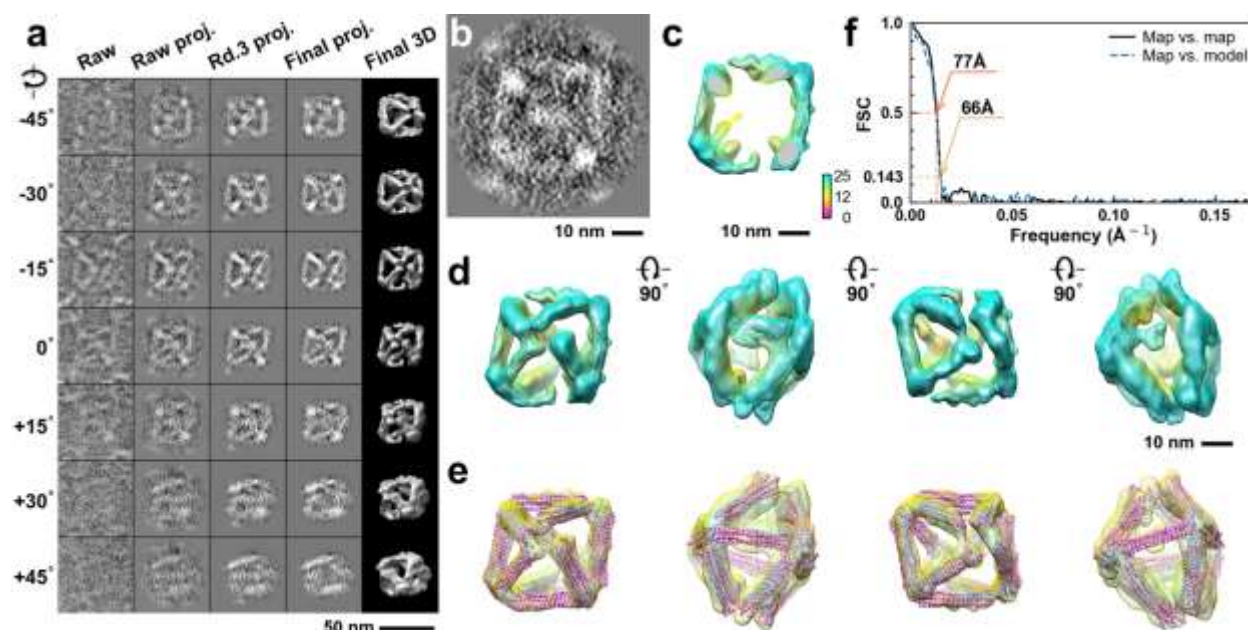


**Supplementary Fig. 184: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 176) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

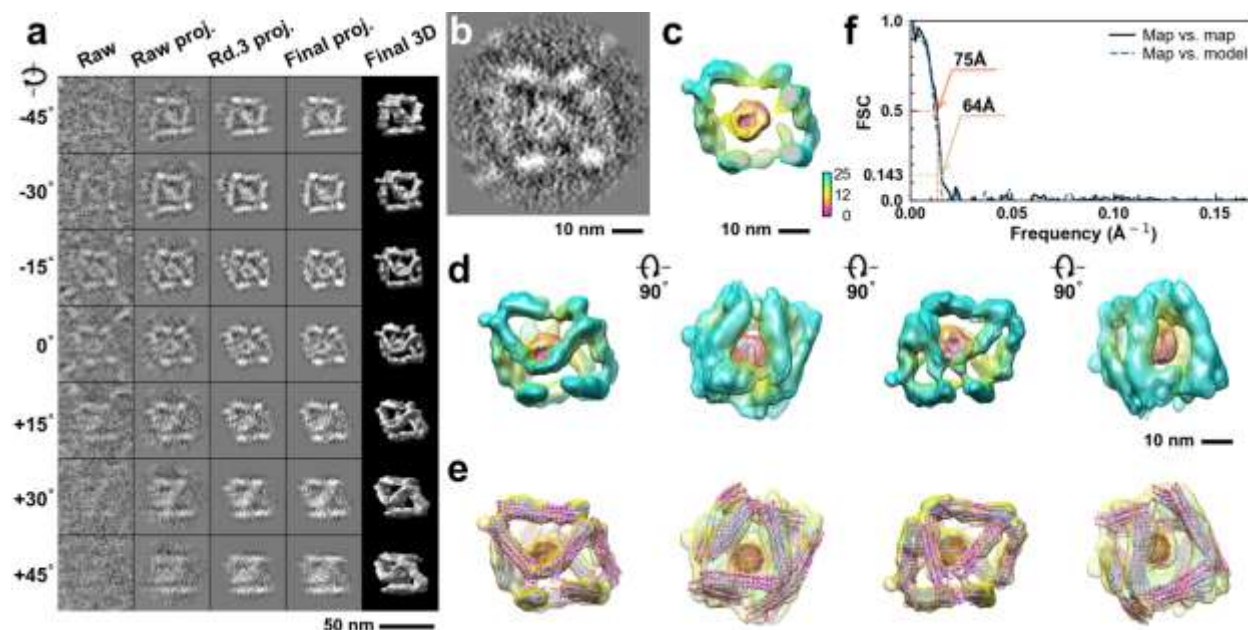


**Supplementary Fig. 185: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 177) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

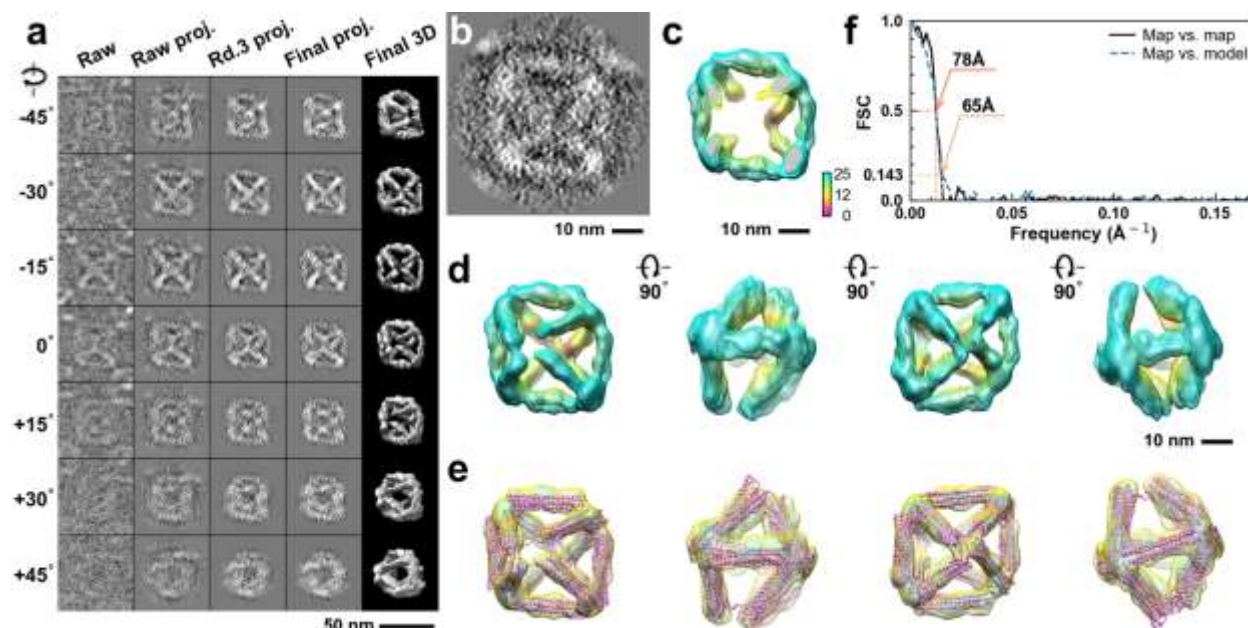




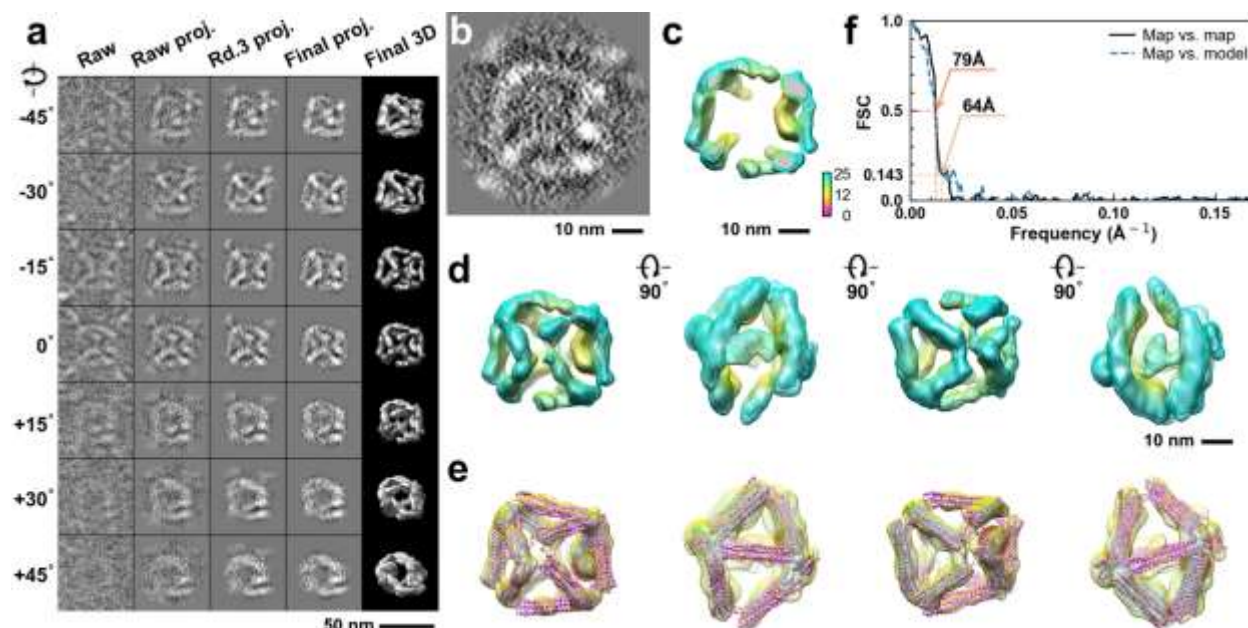
**Supplementary Fig. 186: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 178) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 187: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 179) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

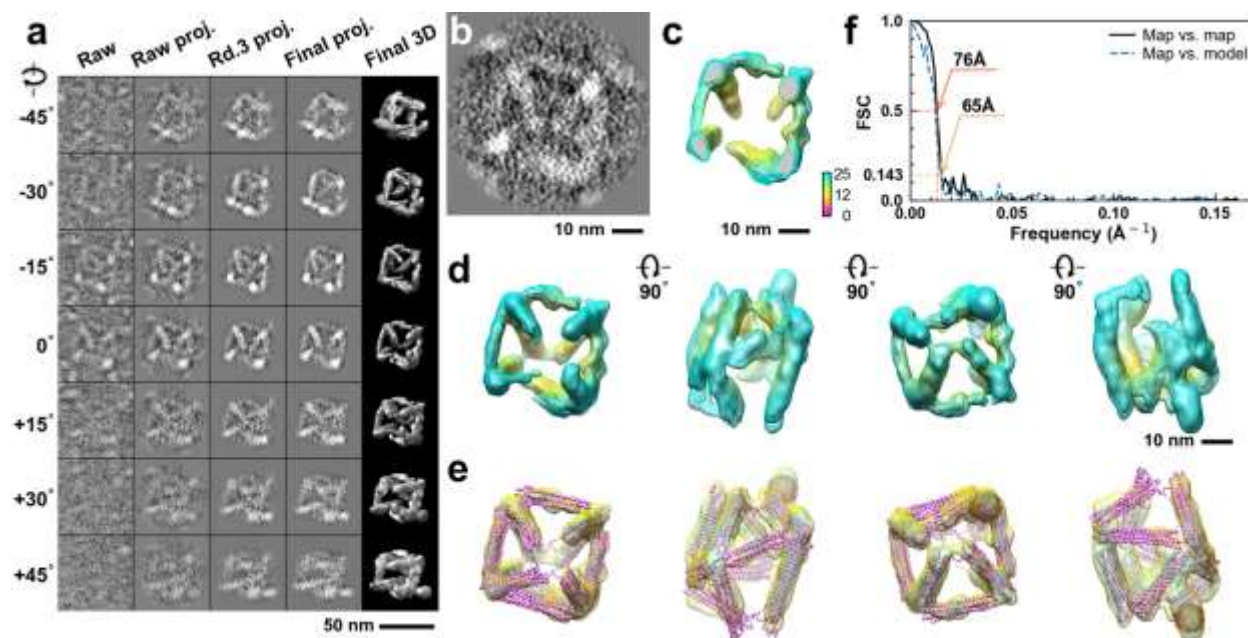


**Supplementary Fig. 188: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 180) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

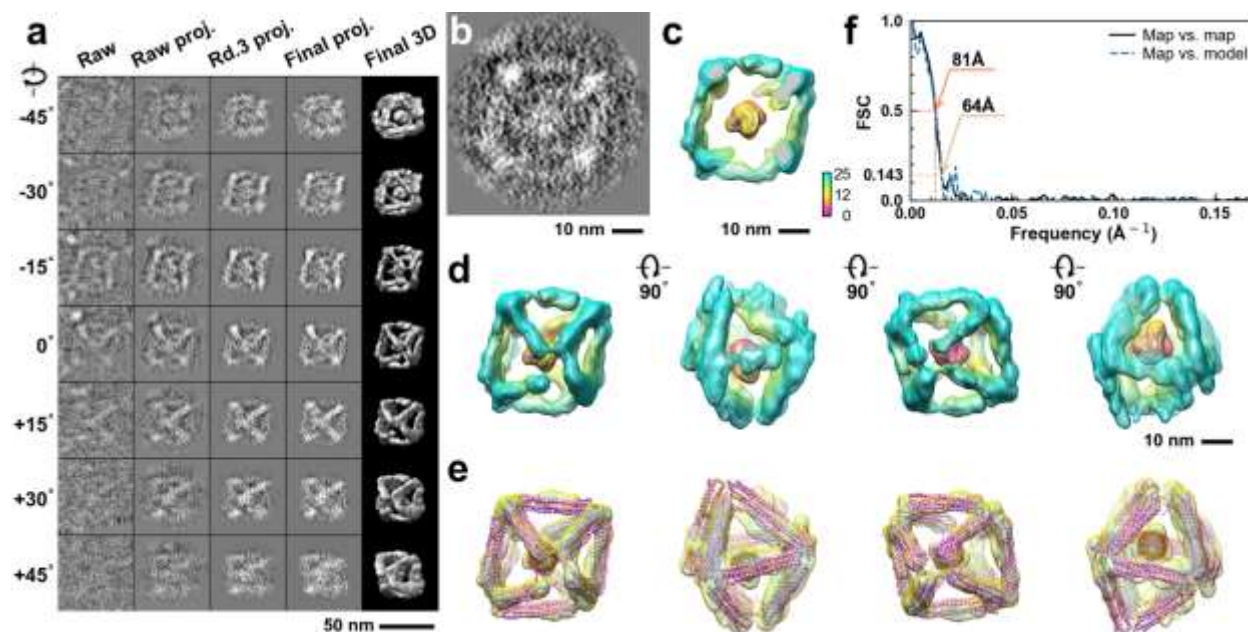


**Supplementary Fig. 189: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 181) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

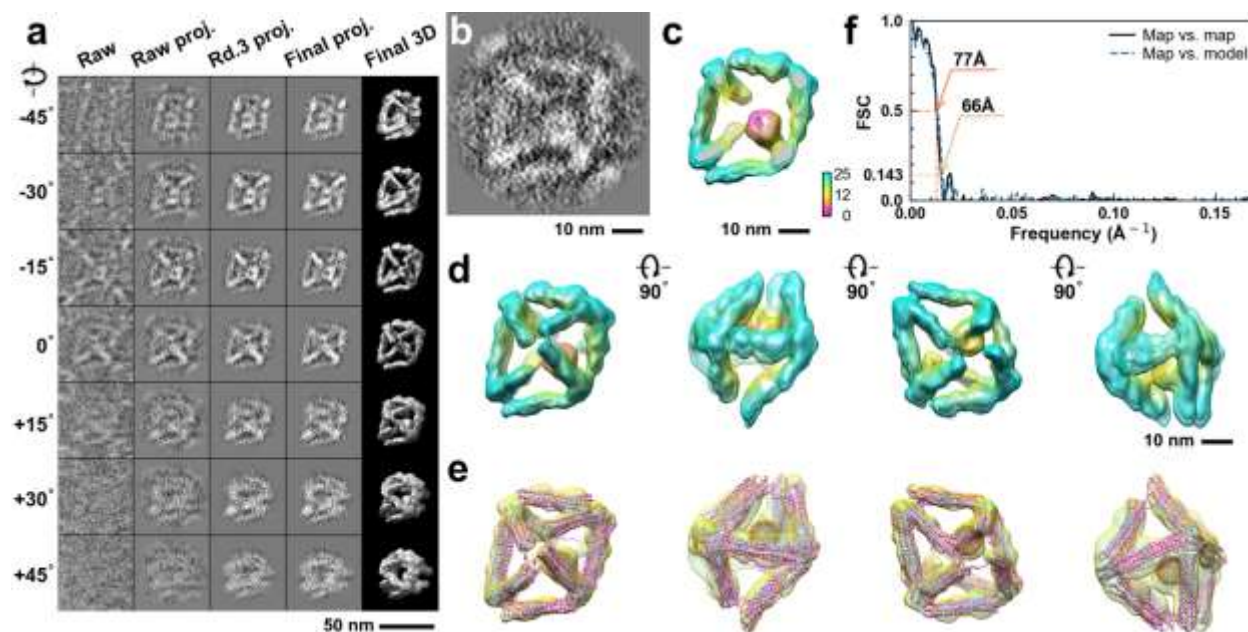




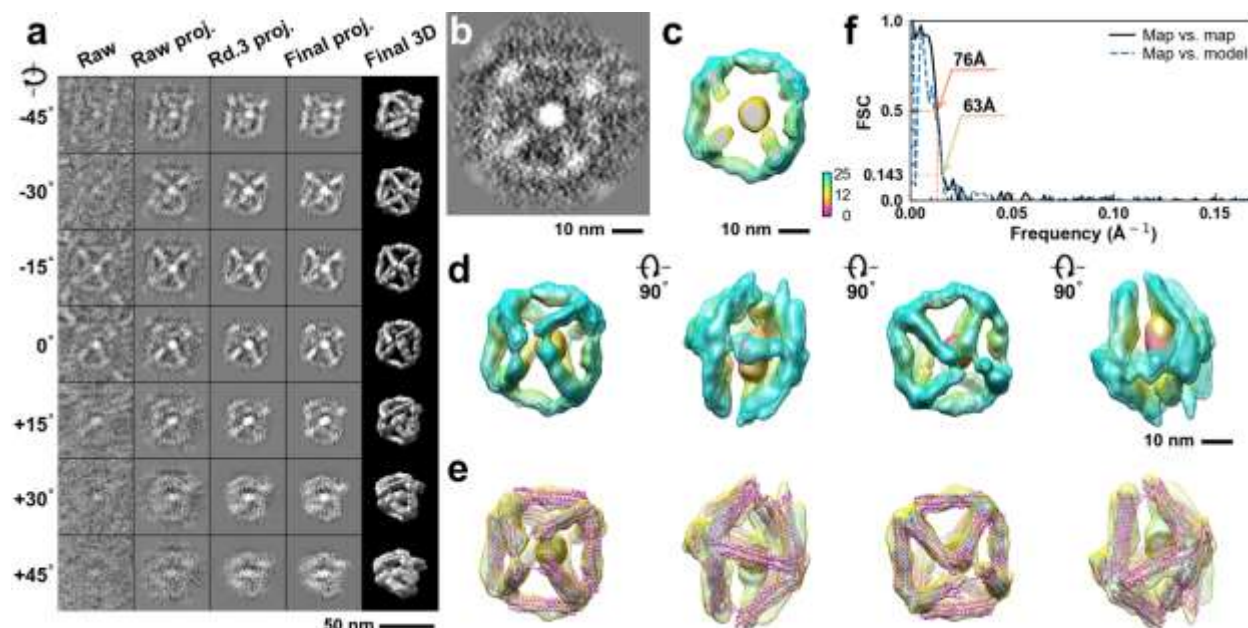
**Supplementary Fig. 190: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 182) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 191: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 183) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

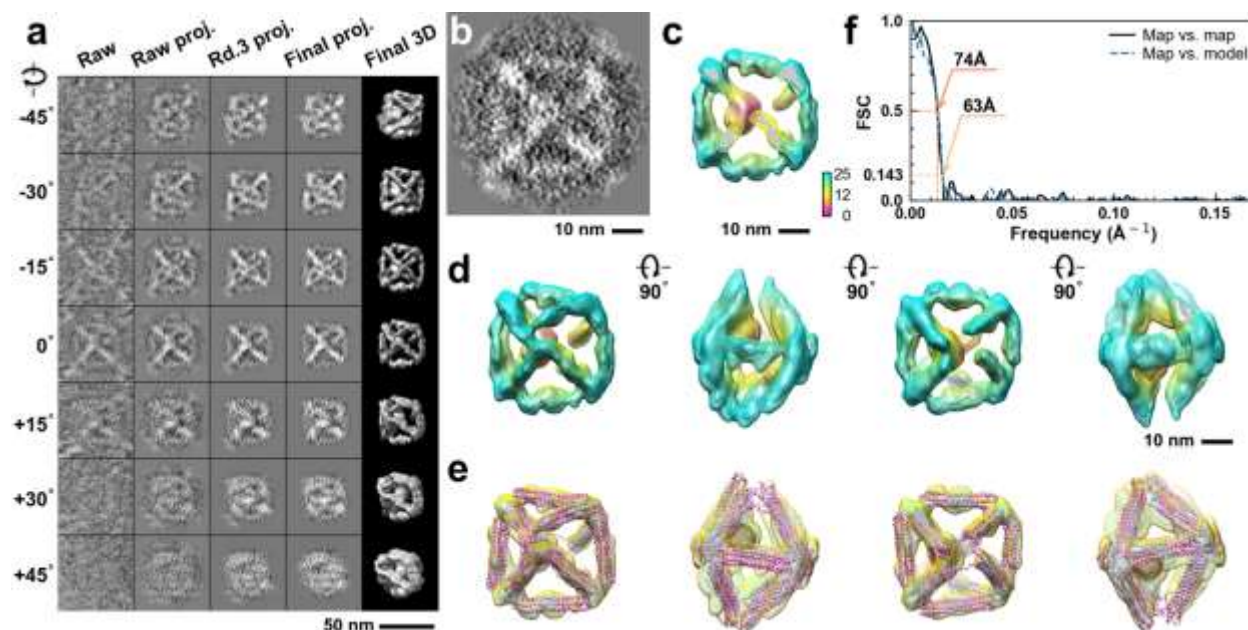


**Supplementary Fig. 192: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 184) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

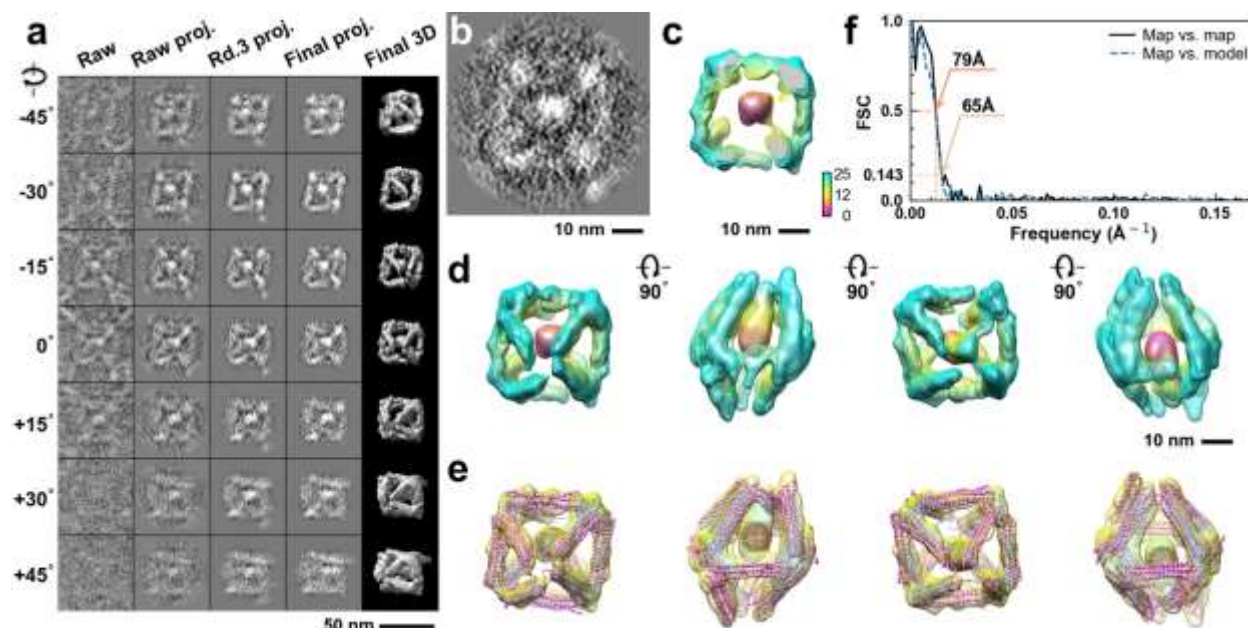


**Supplementary Fig. 193: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 185) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

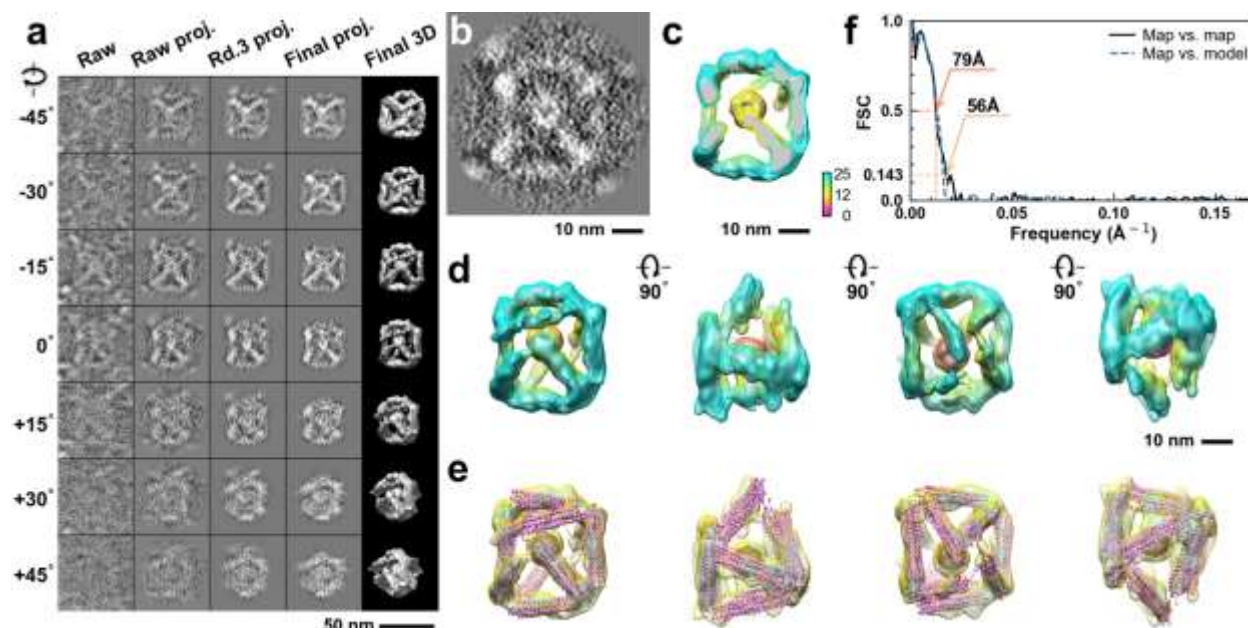




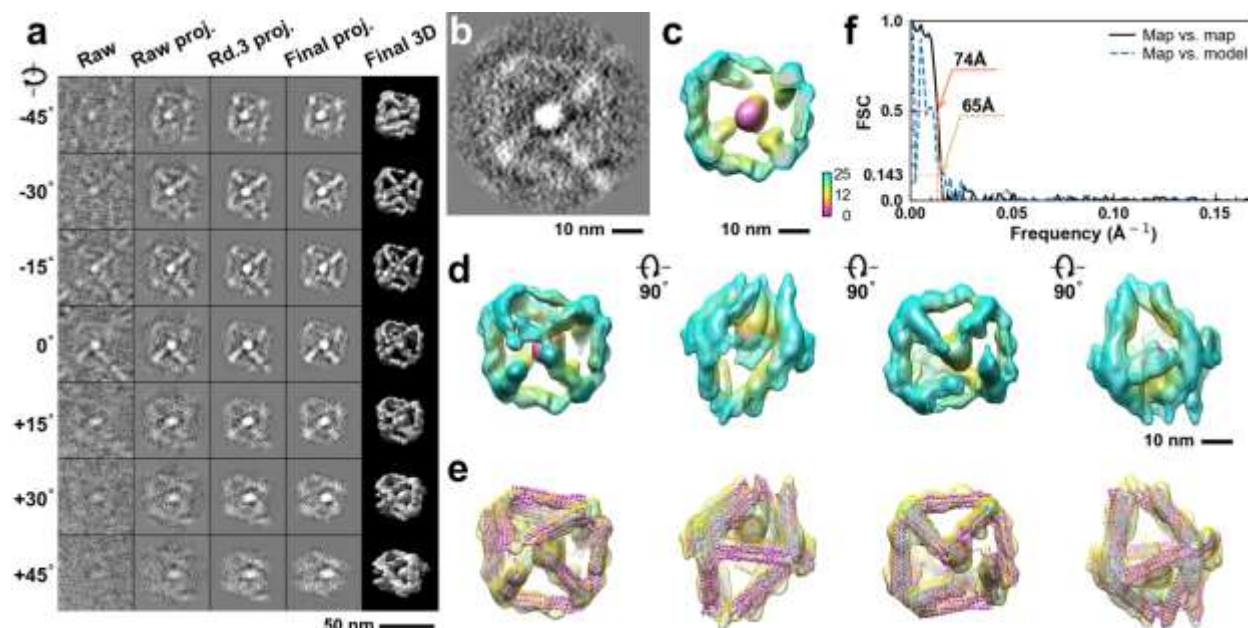
**Supplementary Fig. 194: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 186) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 195: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 187) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

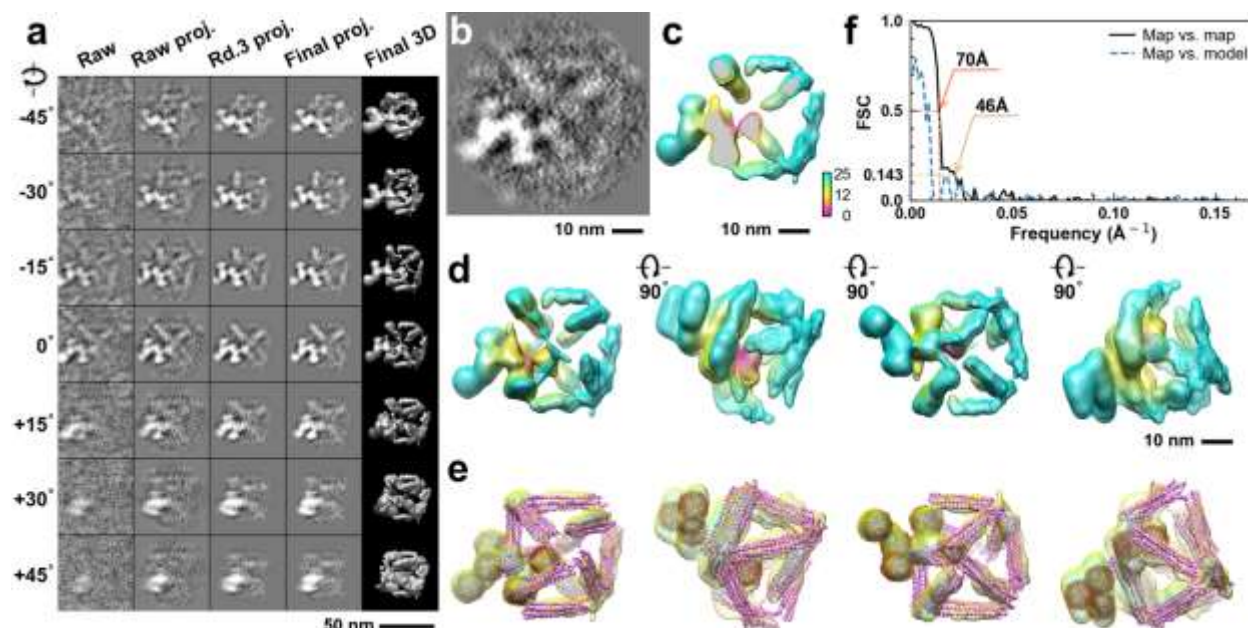


**Supplementary Fig. 196: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 188) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

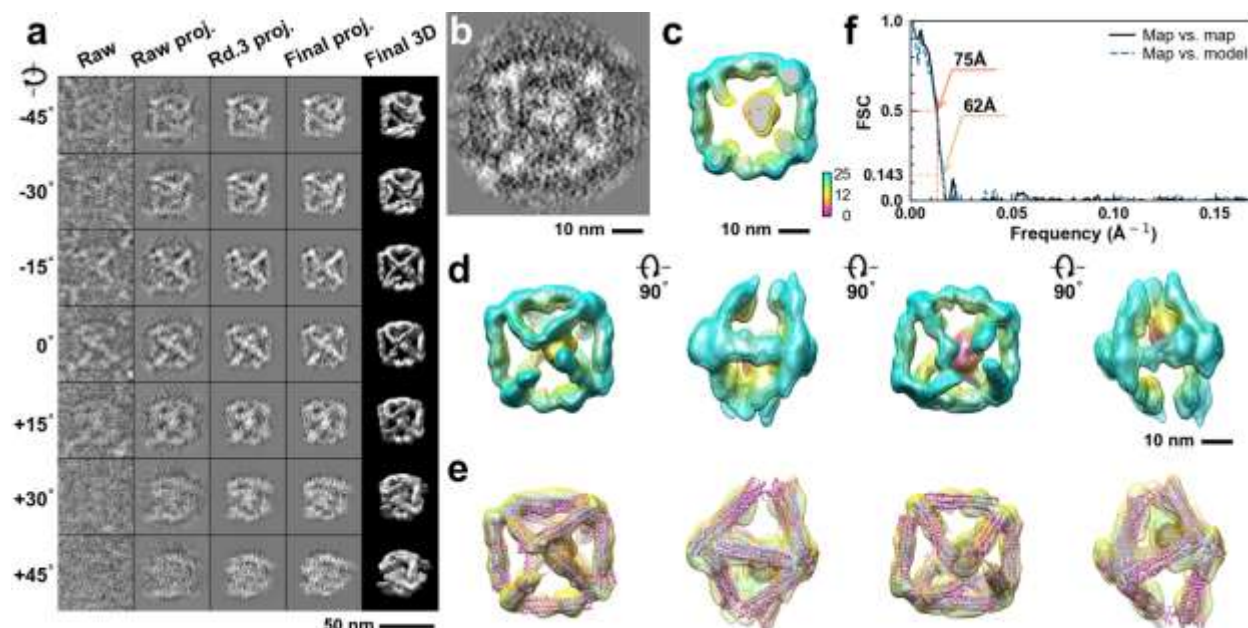


**Supplementary Fig. 197: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 189) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

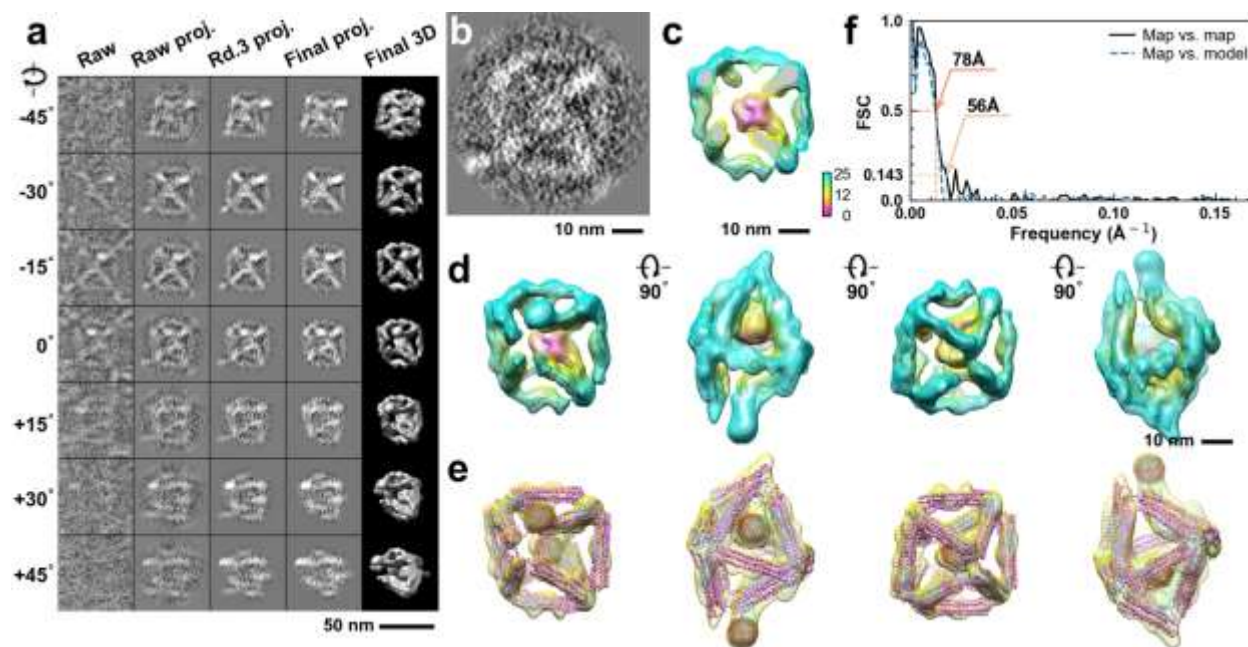




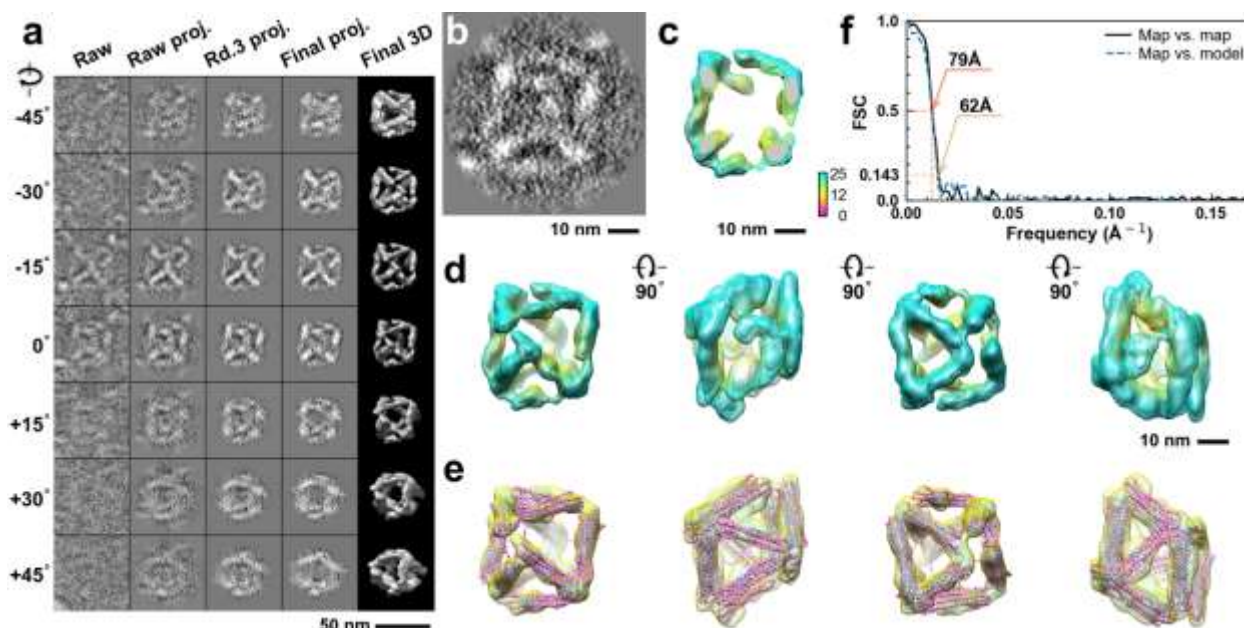
**Supplementary Fig. 198: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 190) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 199: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 191) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

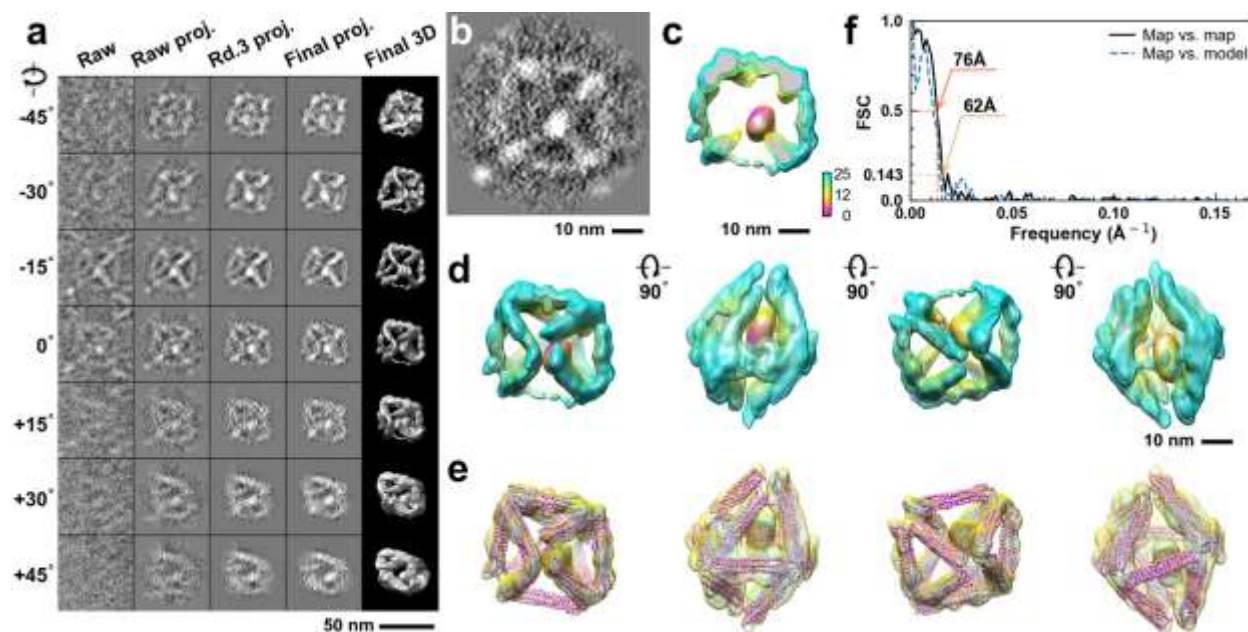


**Supplementary Fig. 200: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 192) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

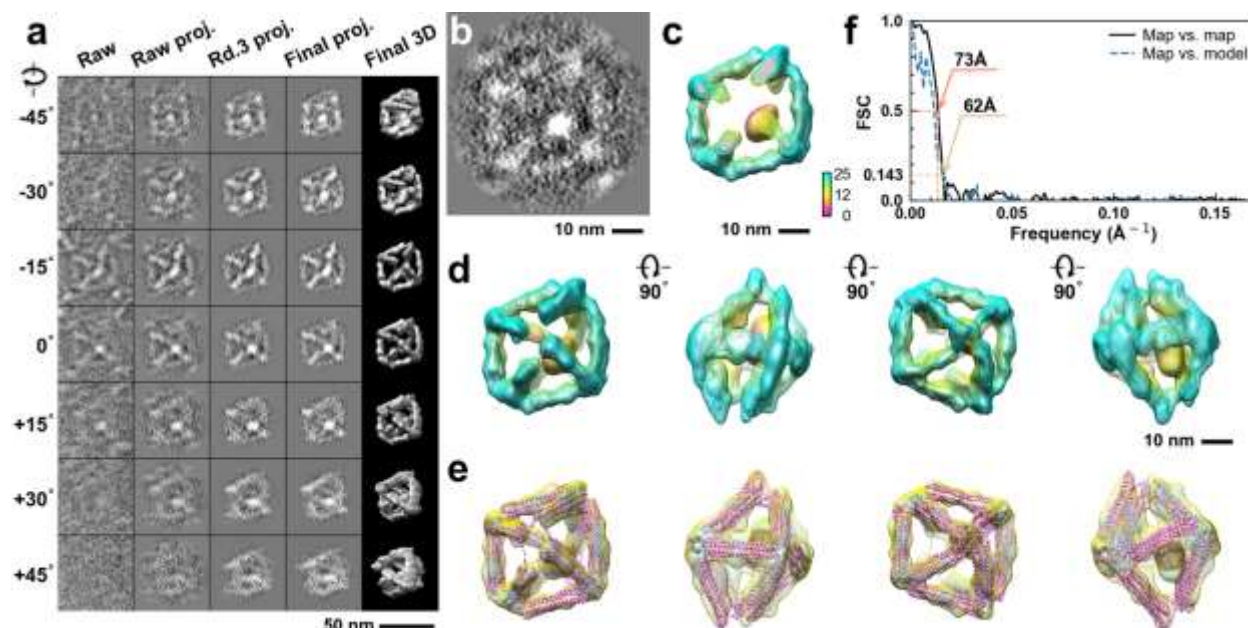


**Supplementary Fig. 201: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 193) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

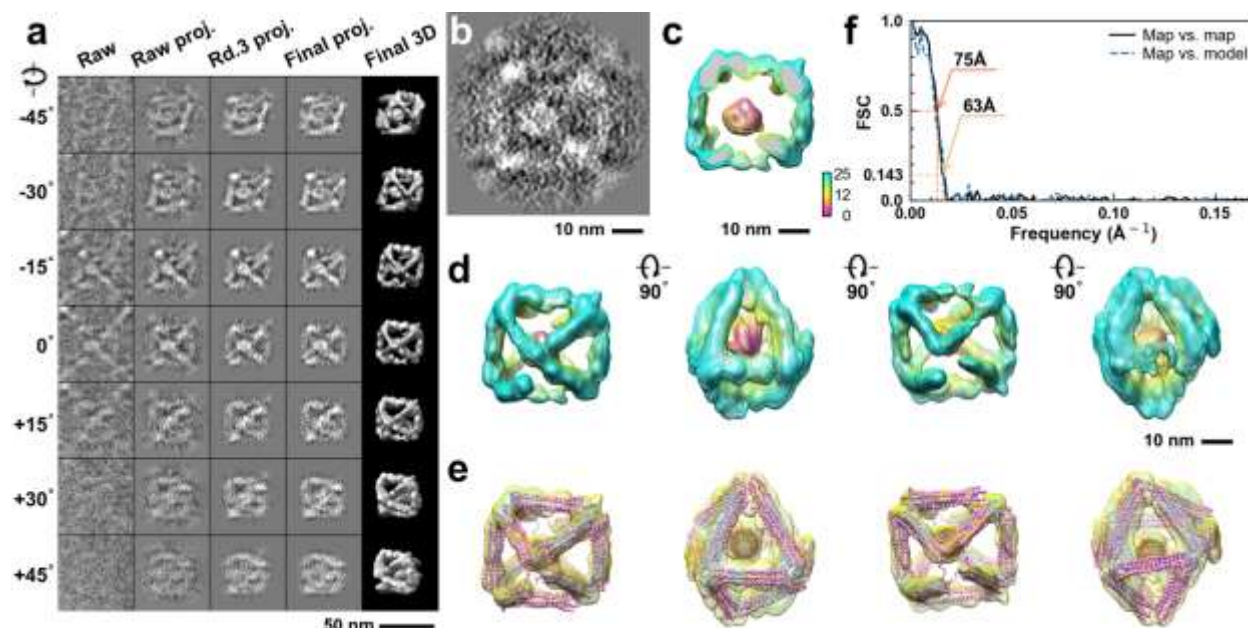




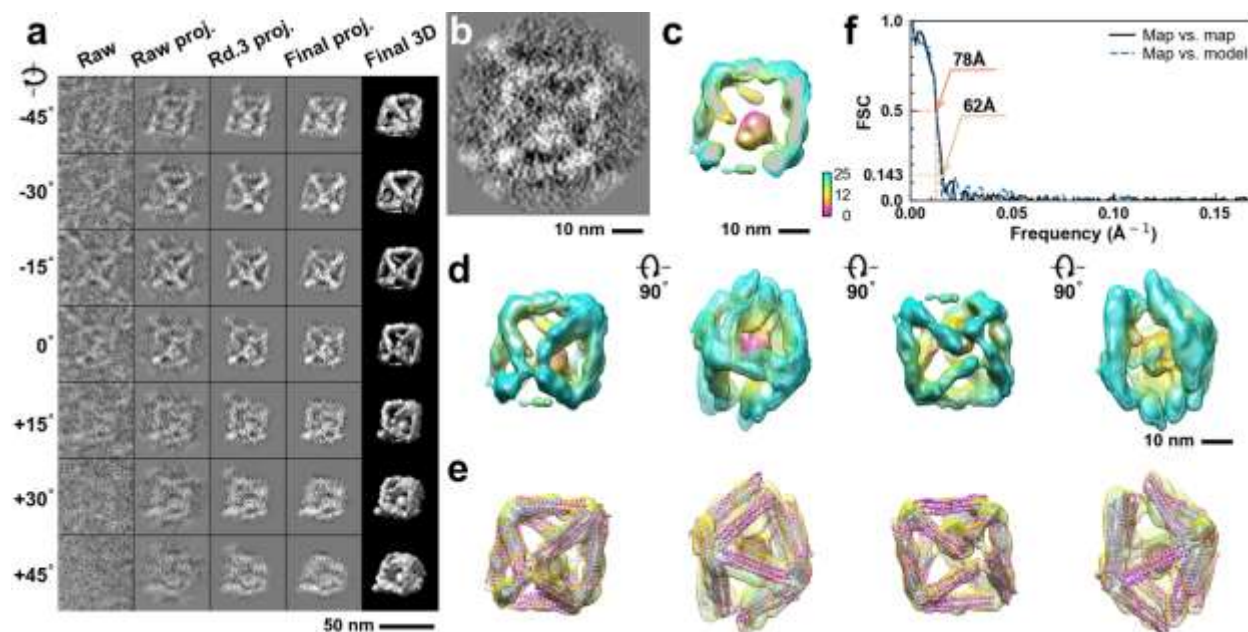
**Supplementary Fig. 202: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 194) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 203: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 195) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

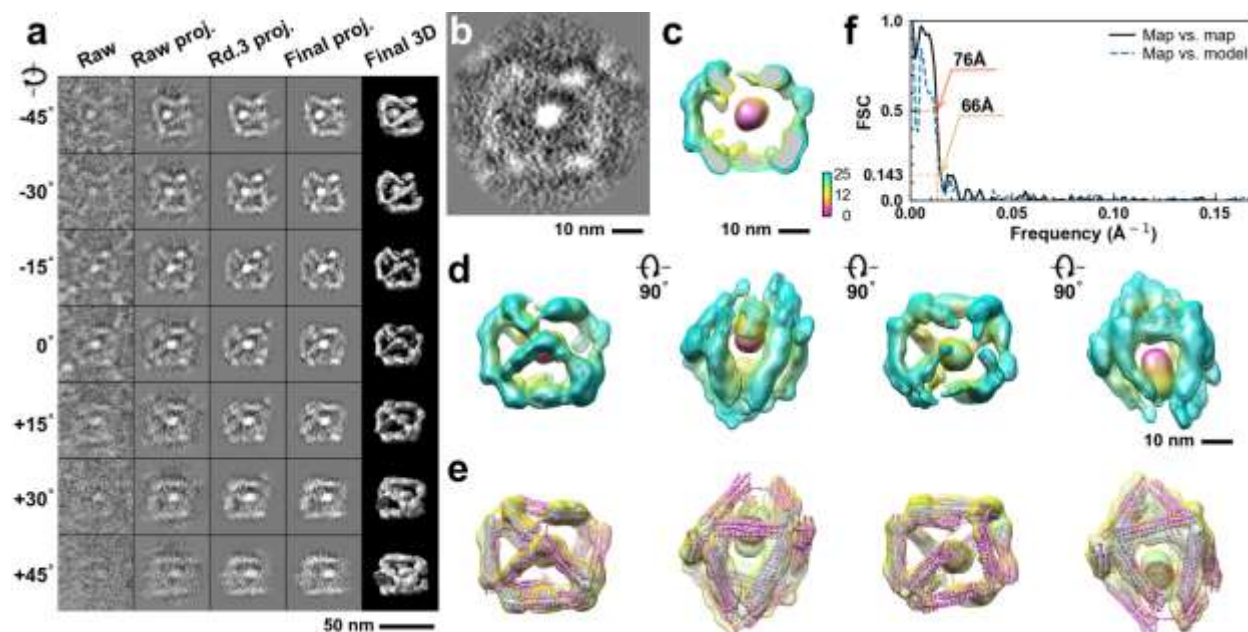


**Supplementary Fig. 204: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 196) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

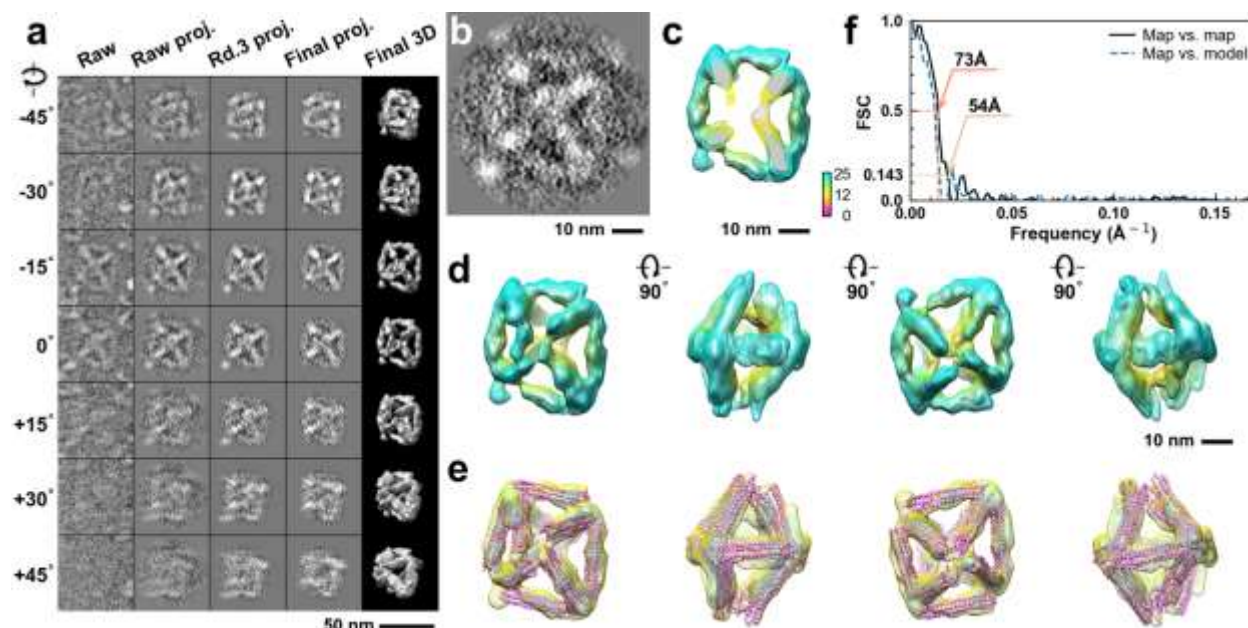


**Supplementary Fig. 205: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 197) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

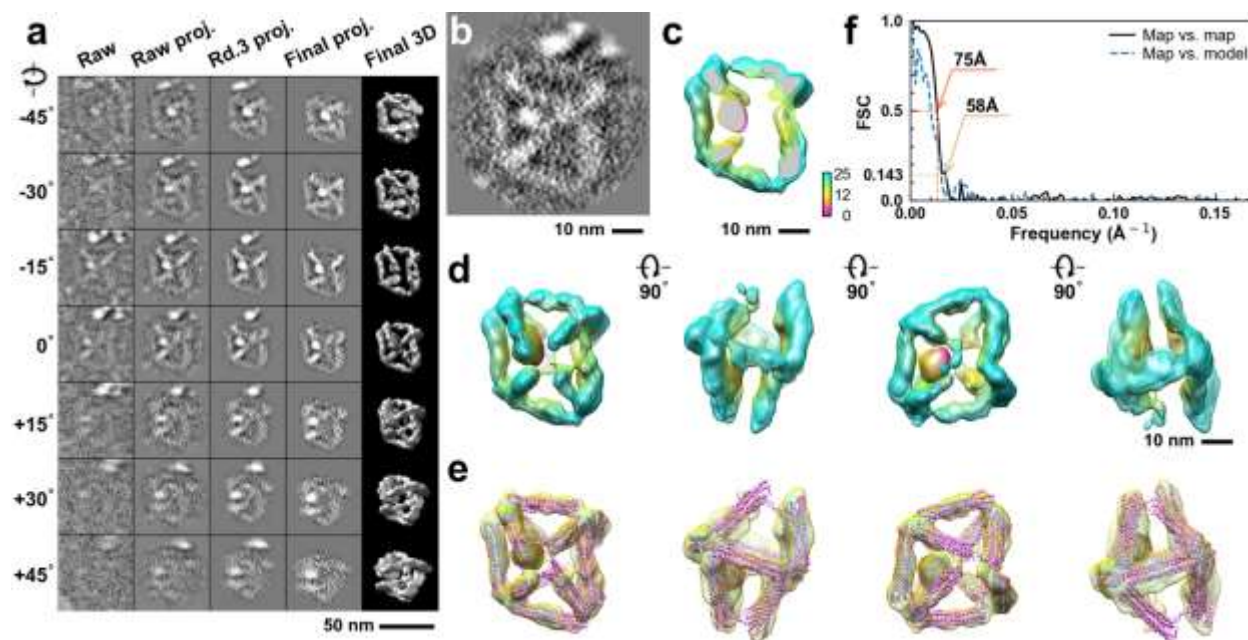




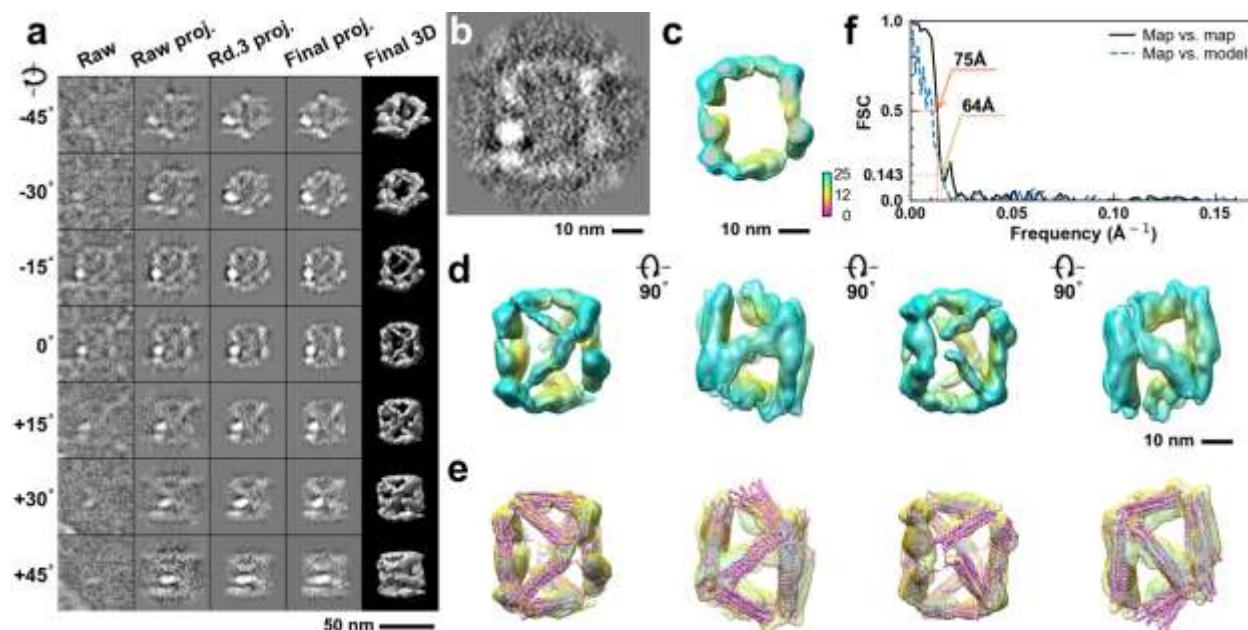
**Supplementary Fig. 206: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 198) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 207: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 199) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

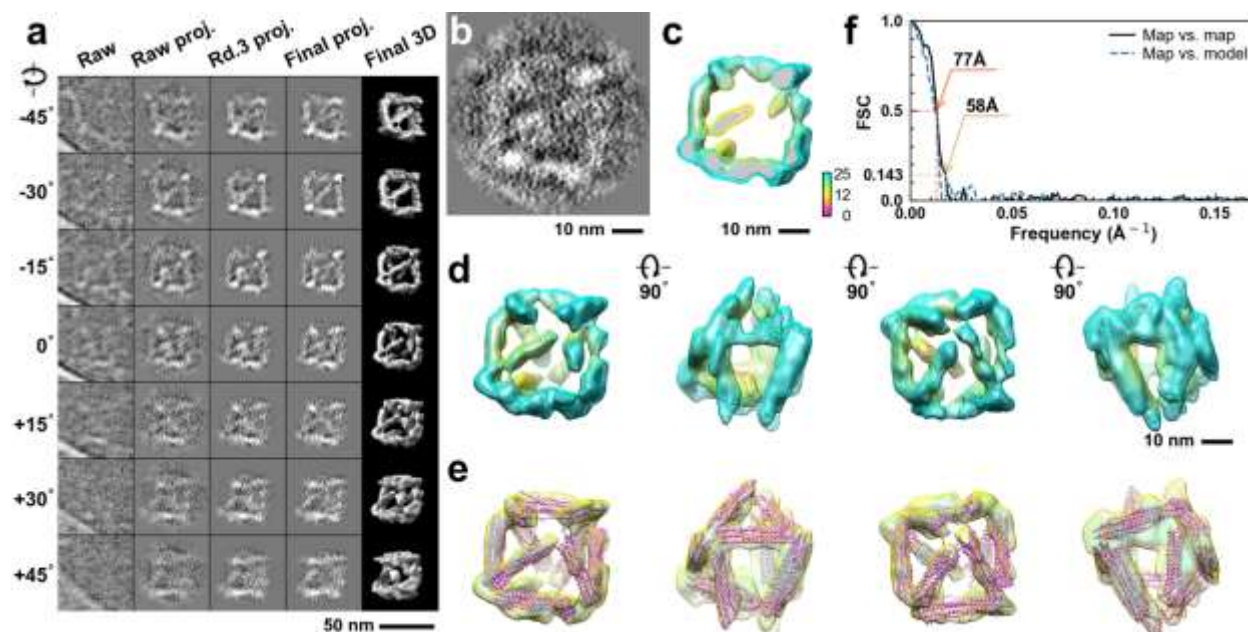


**Supplementary Fig. 208: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 200) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

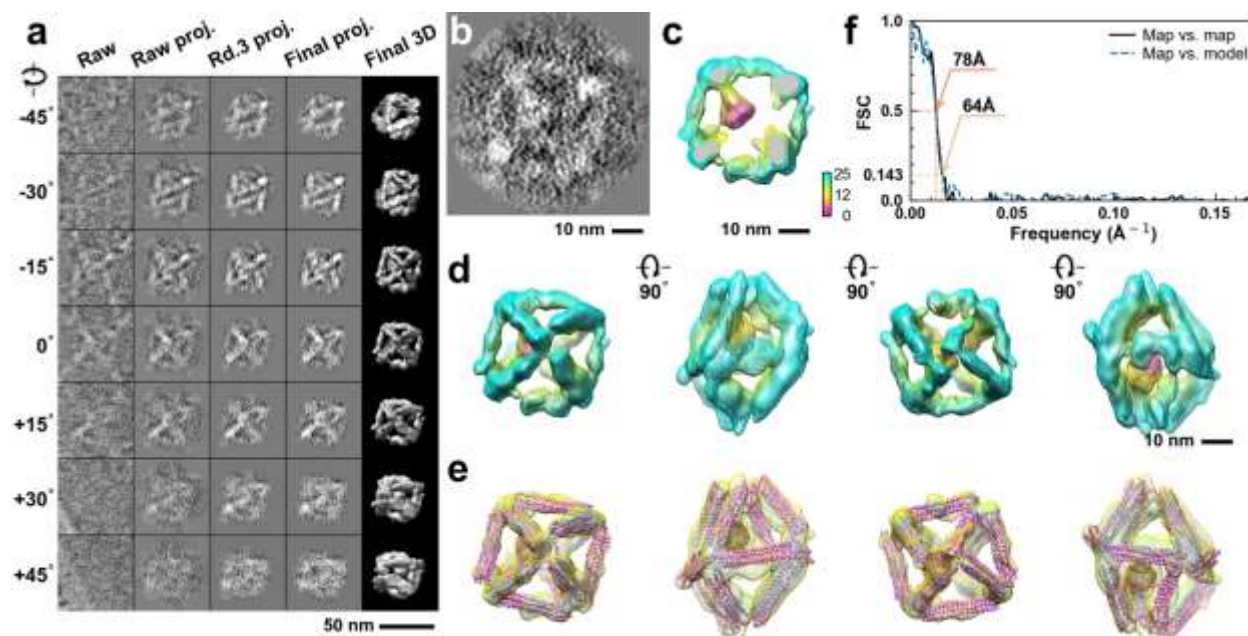


**Supplementary Fig. 209: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 201) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

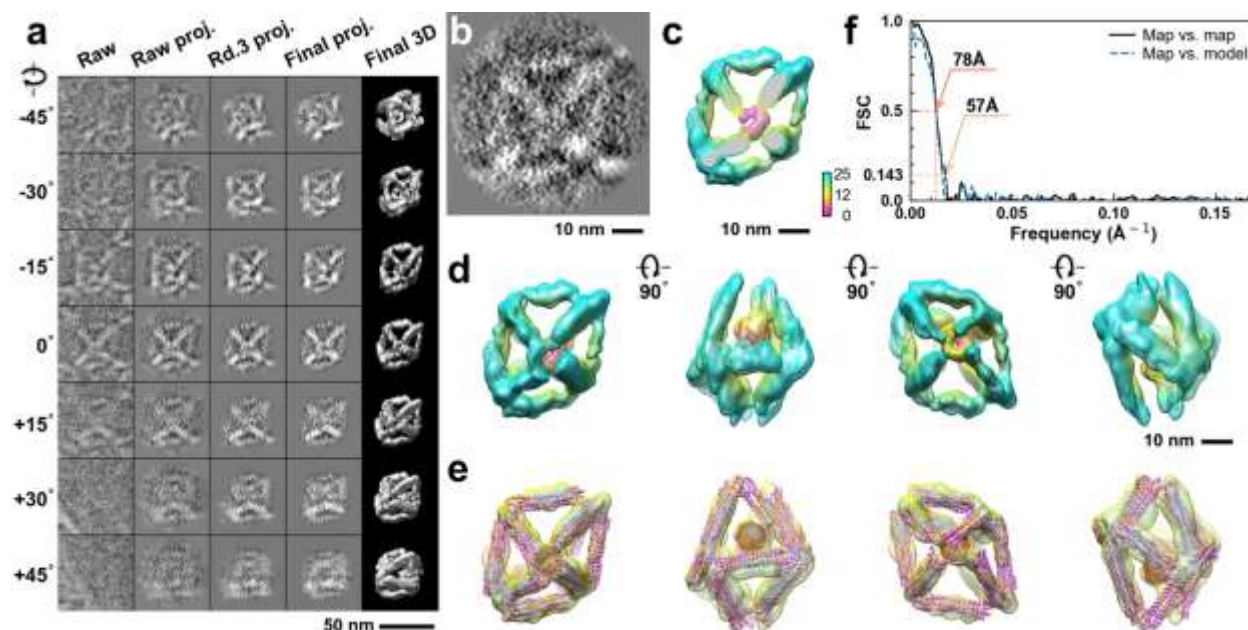




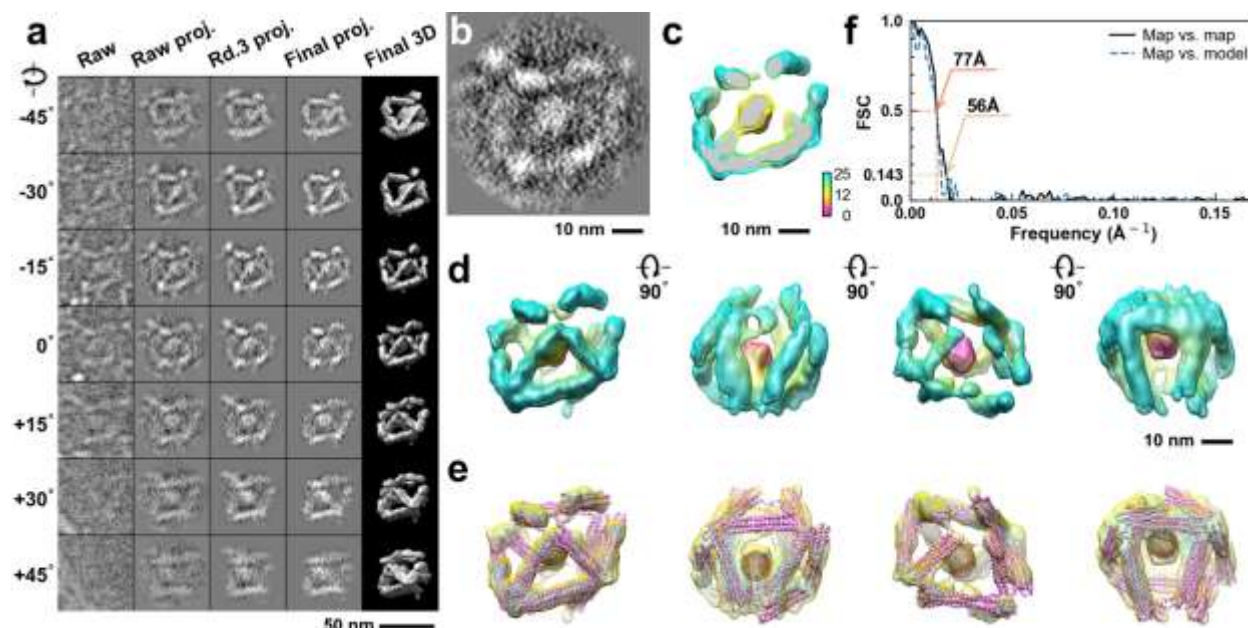
**Supplementary Fig. 210: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 202) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 211: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 203) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

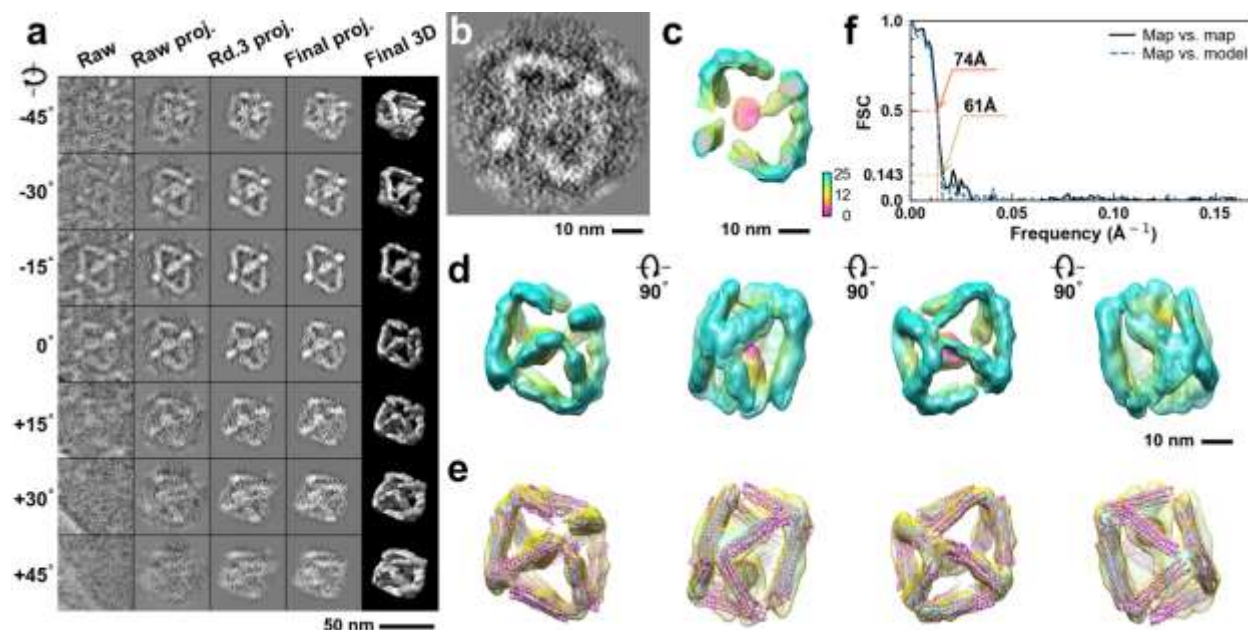


**Supplementary Fig. 212: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 204) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

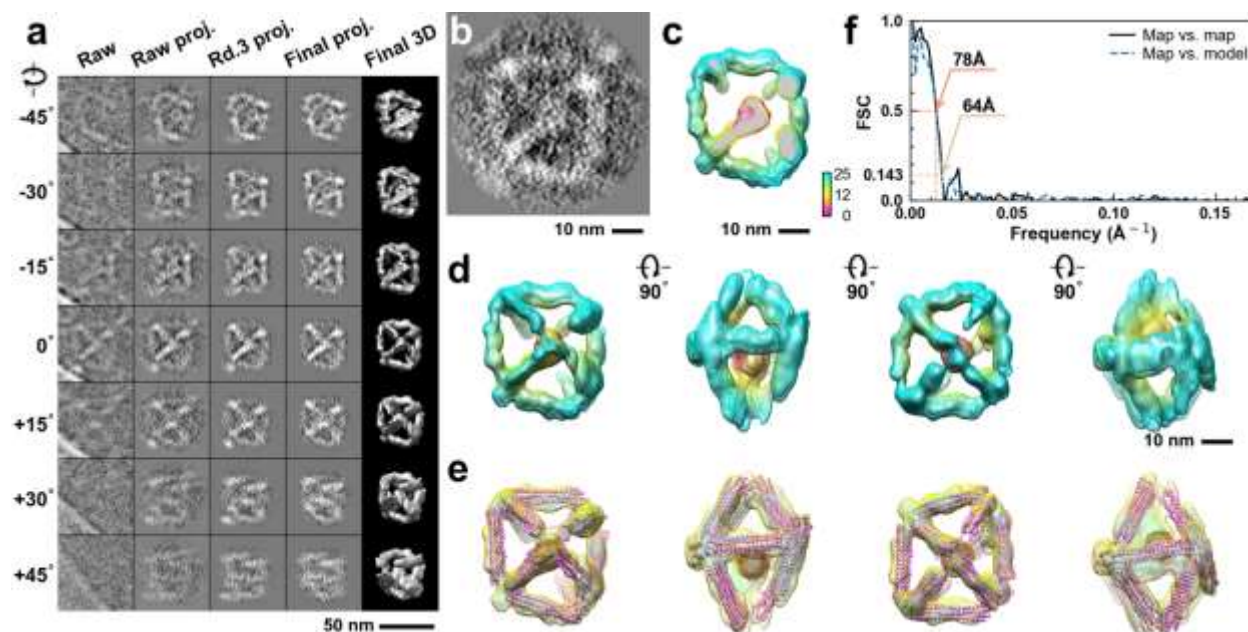


**Supplementary Fig. 213: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 205) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

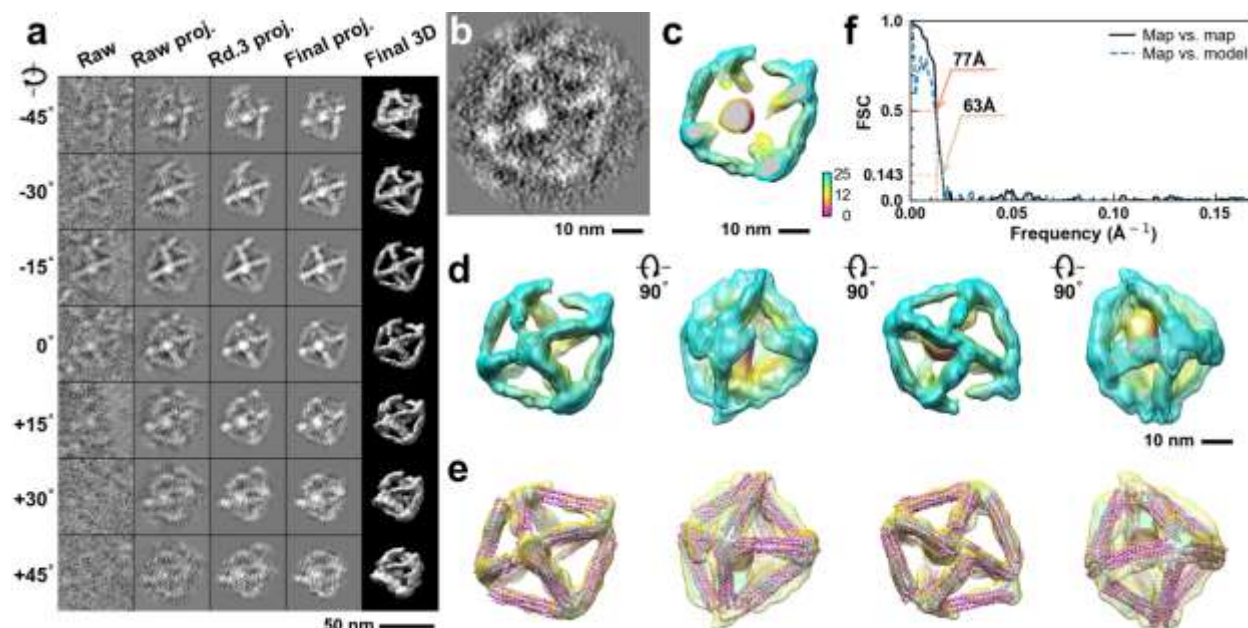




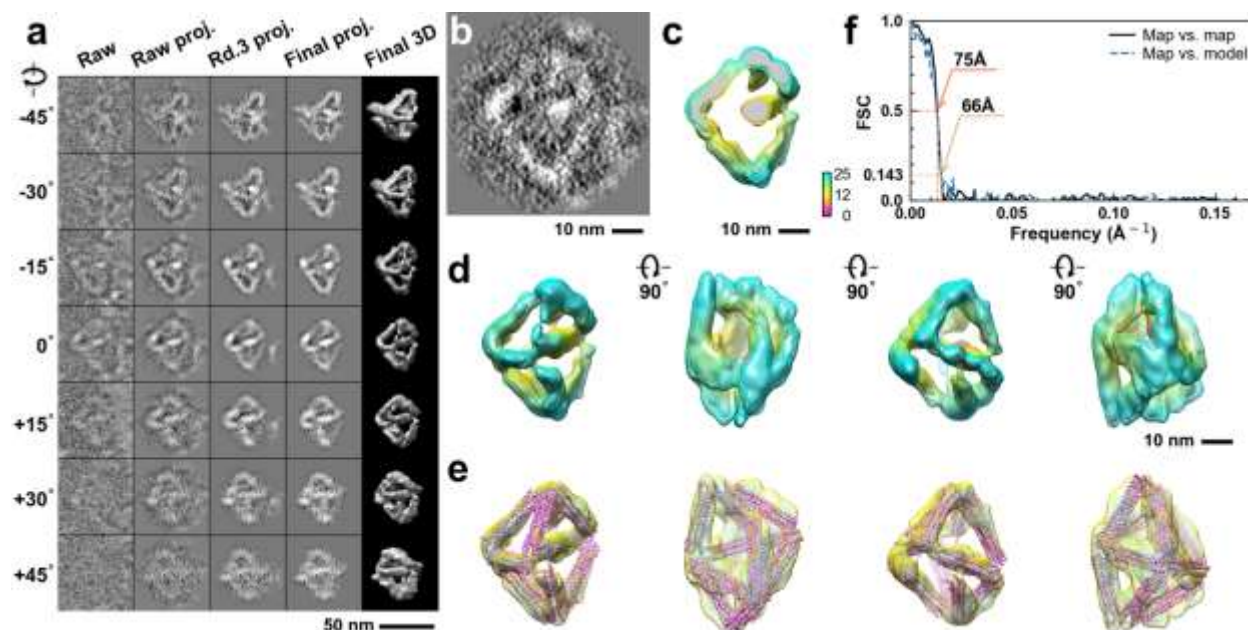
**Supplementary Fig. 214: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 206) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 215: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 207) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

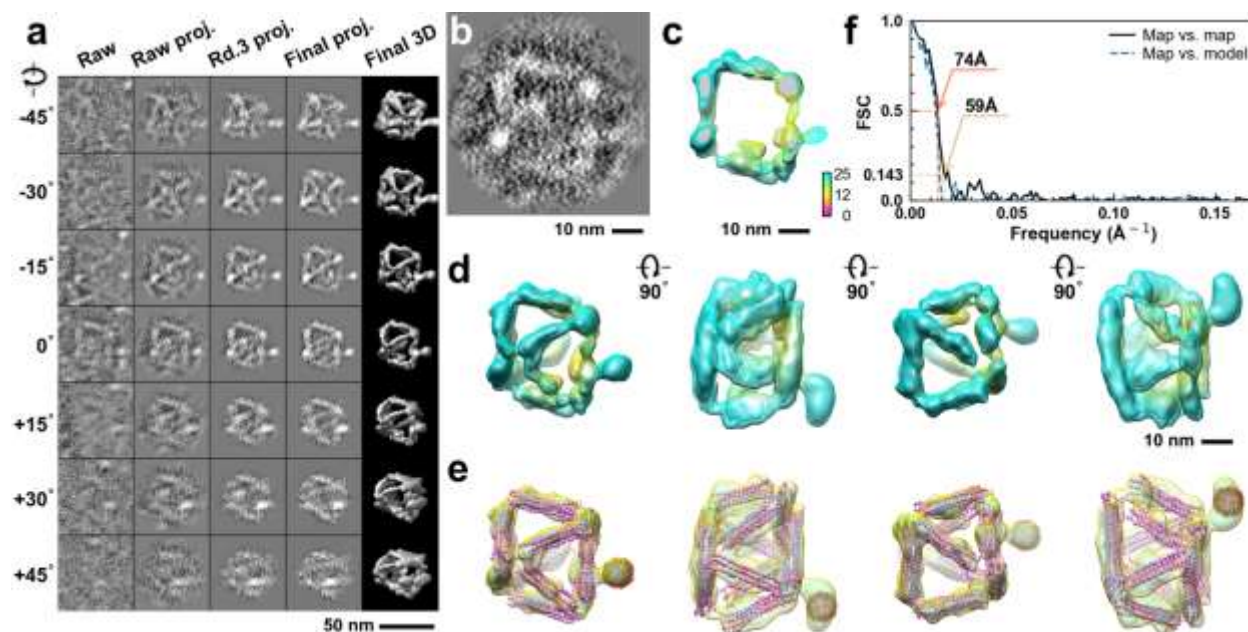


**Supplementary Fig. 216: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 208) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

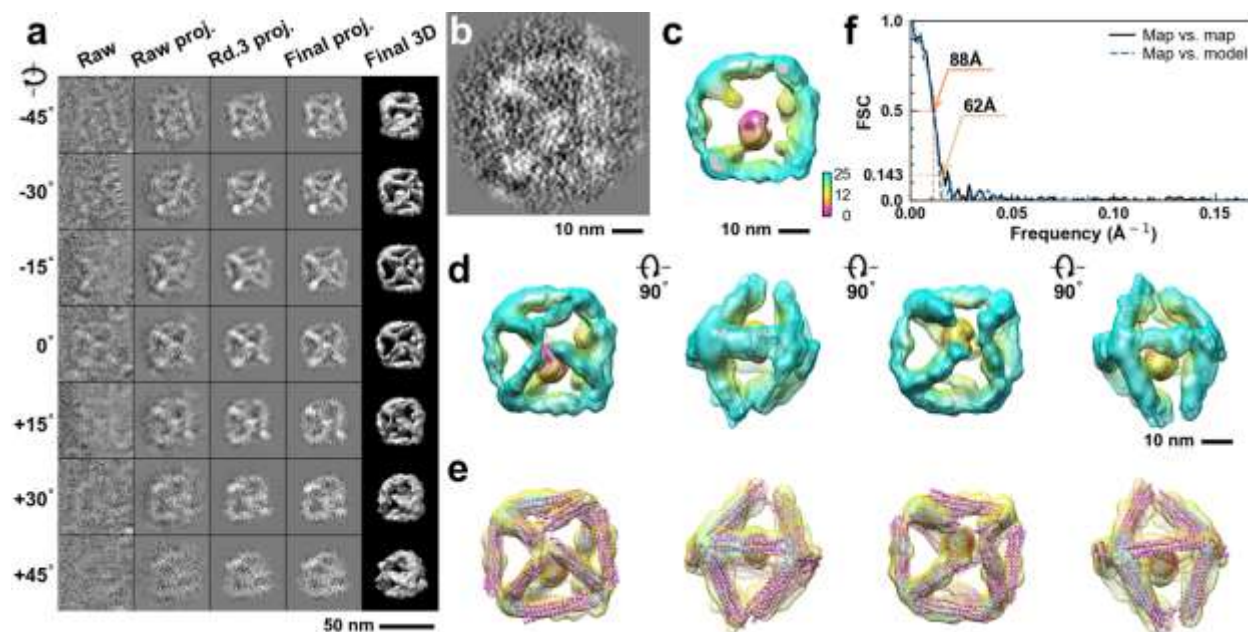


**Supplementary Fig. 217: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 209) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

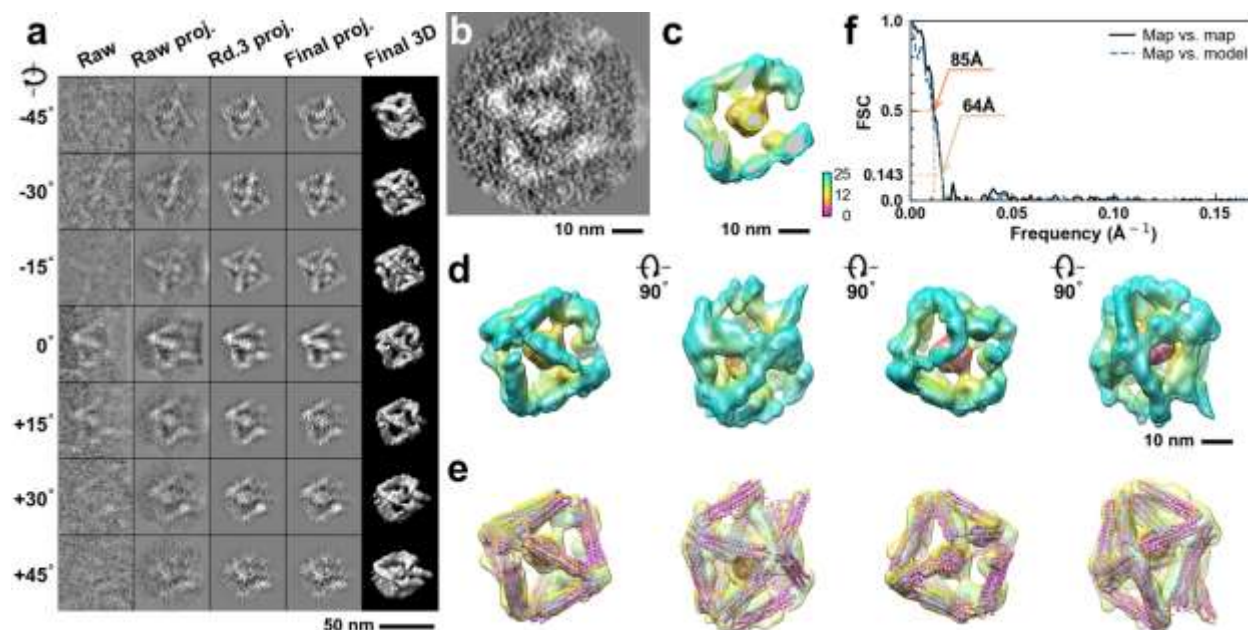




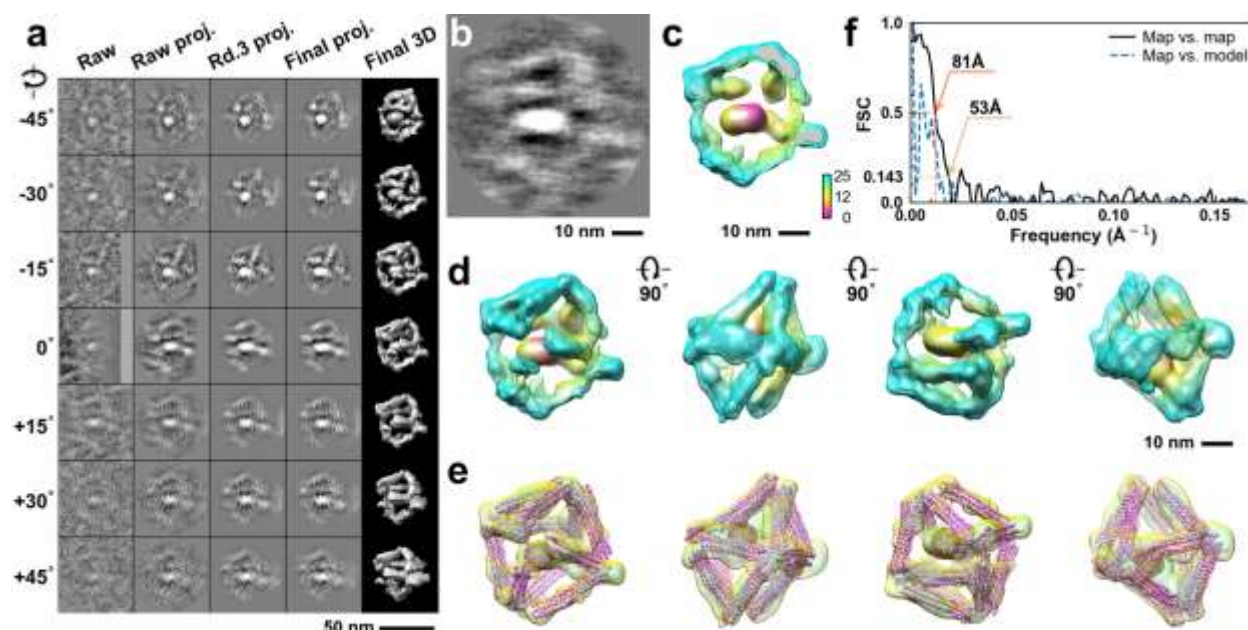
**Supplementary Fig. 218: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 210) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 219: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 211) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

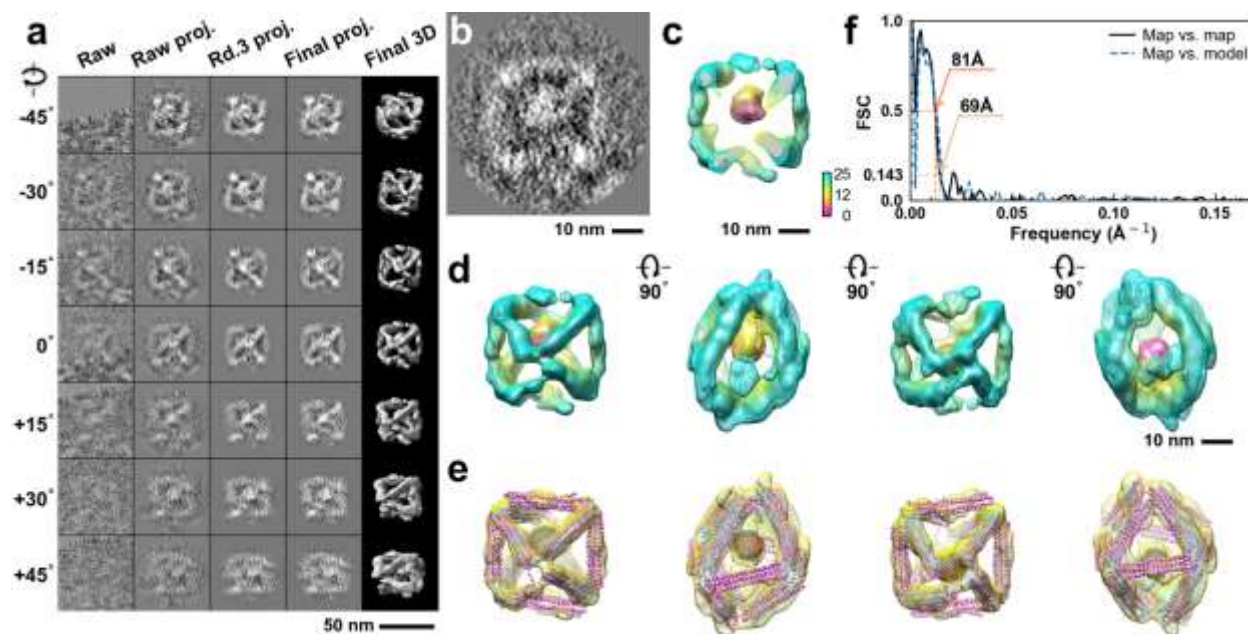


**Supplementary Fig. 220: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 212) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

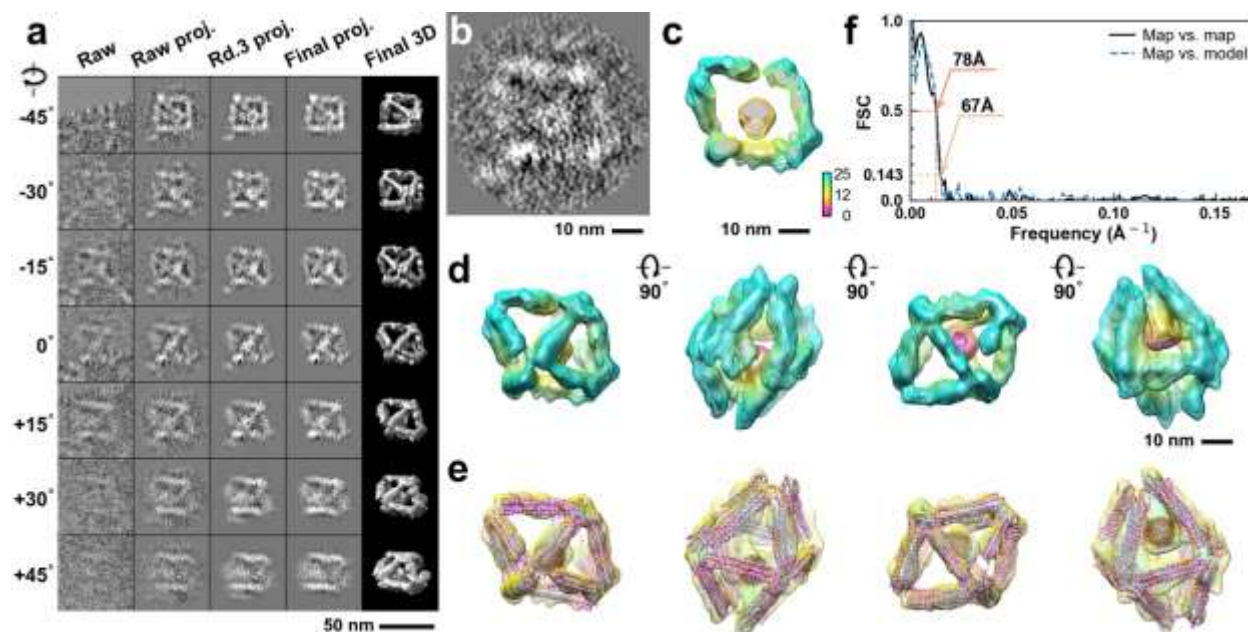


**Supplementary Fig. 221: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 213) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

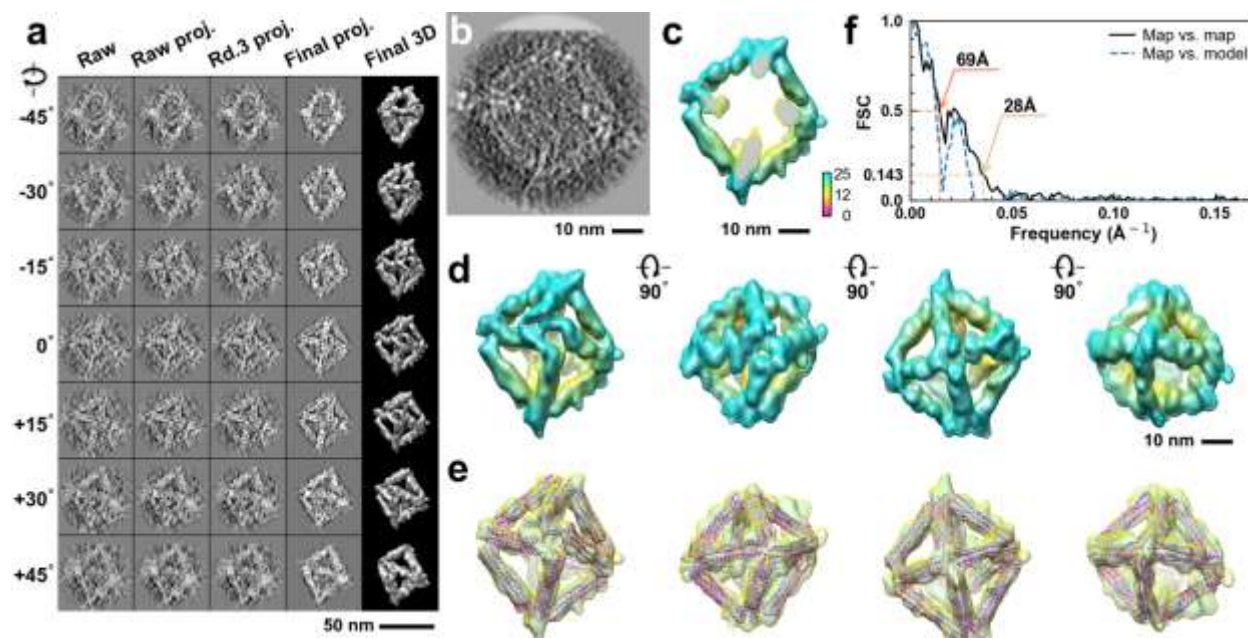




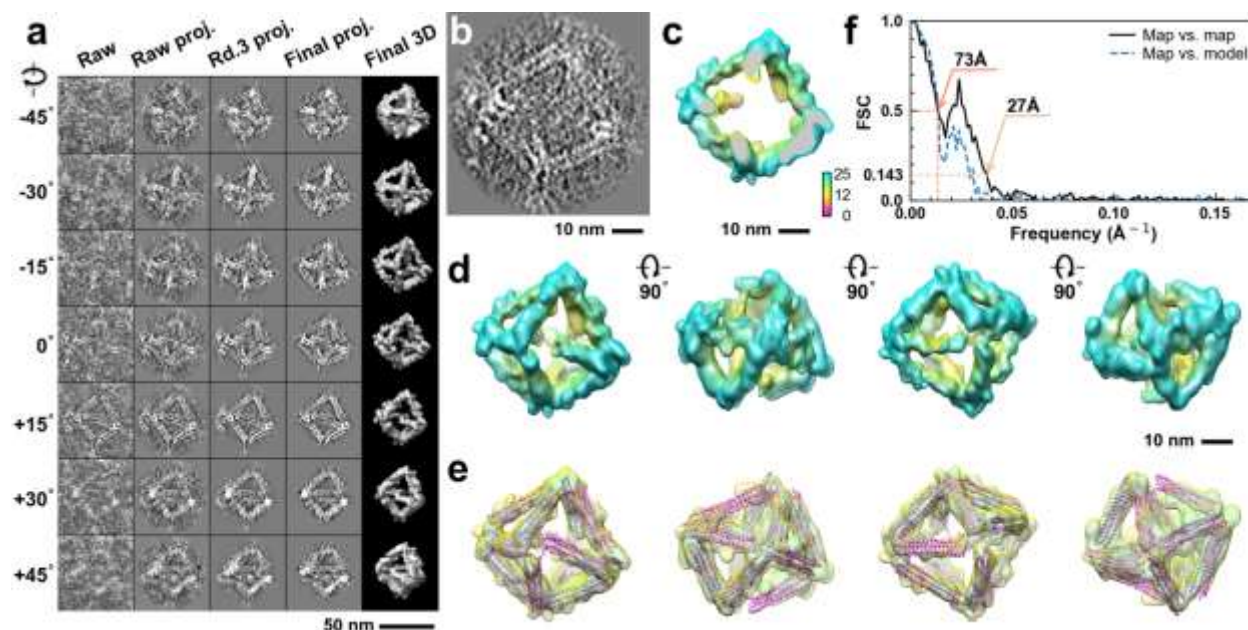
**Supplementary Fig. 222: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 214) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 223: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 215) within a 2D lattice with 70% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

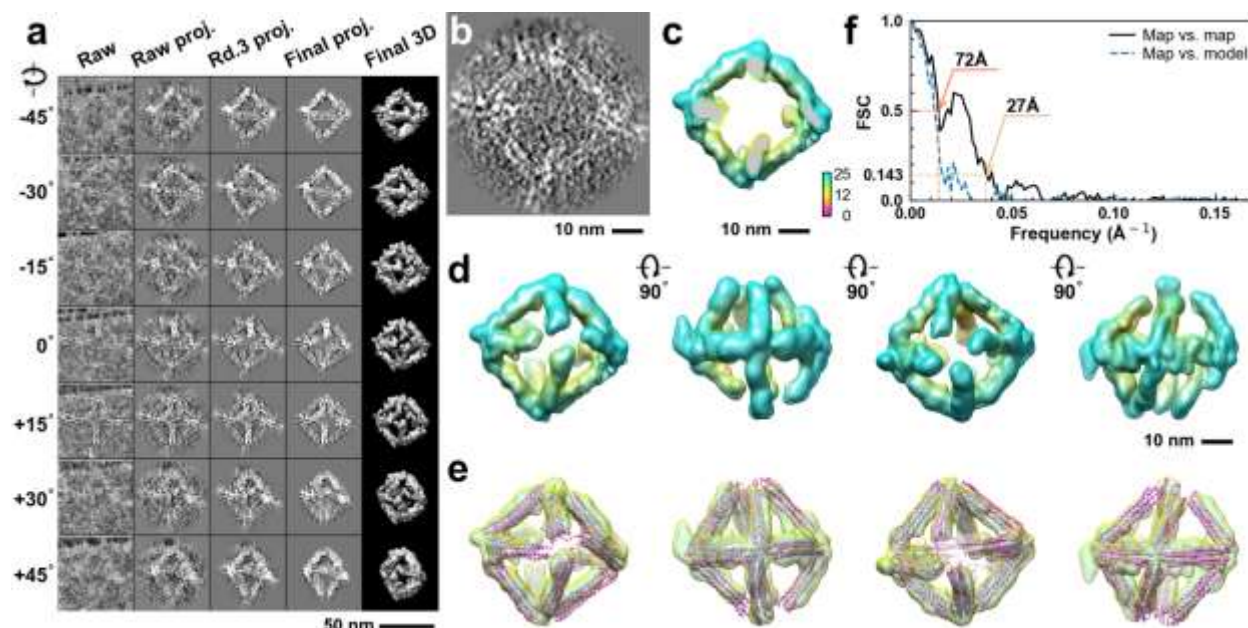


**Supplementary Fig. 224: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 216) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

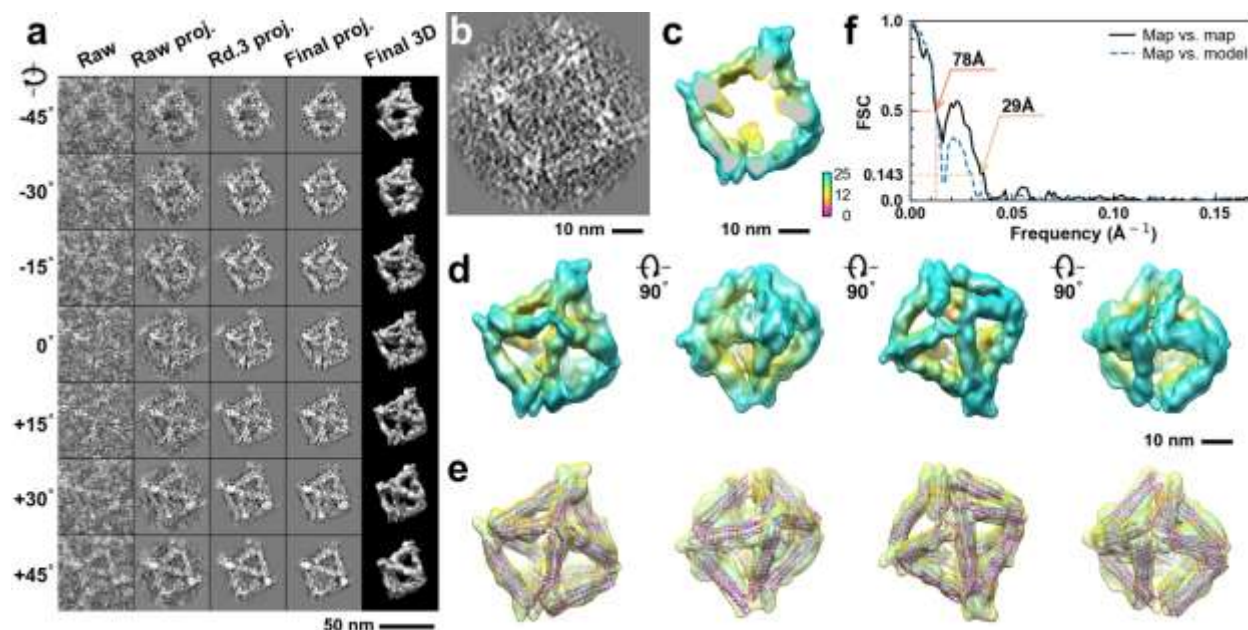


**Supplementary Fig. 225: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 217) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

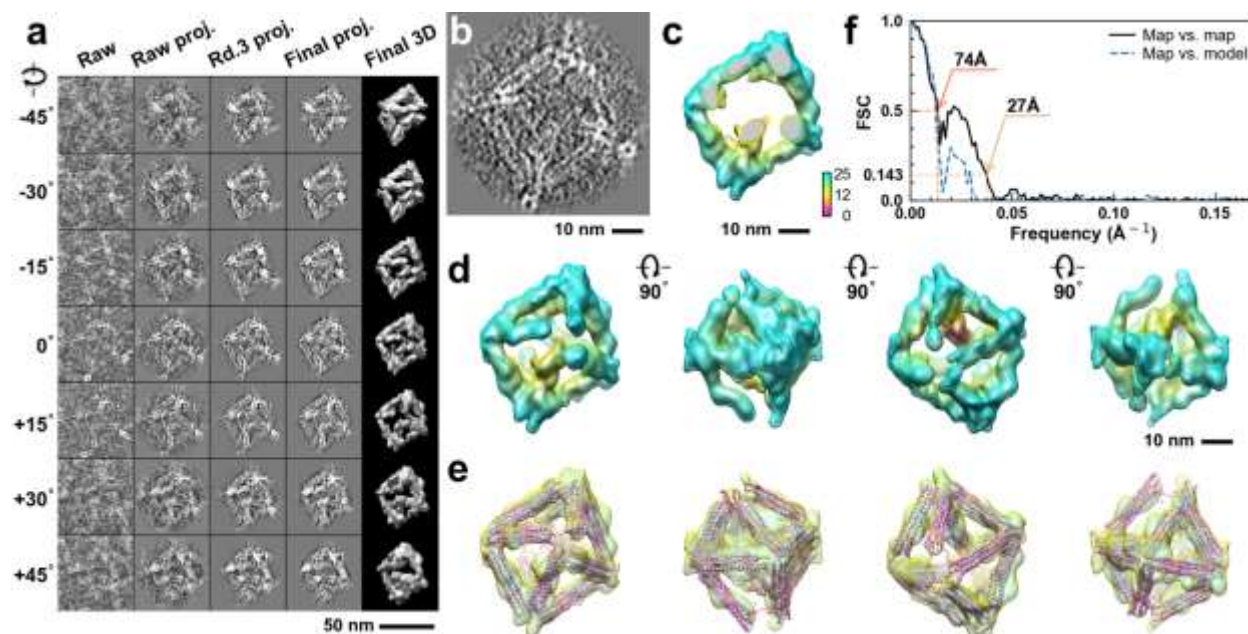




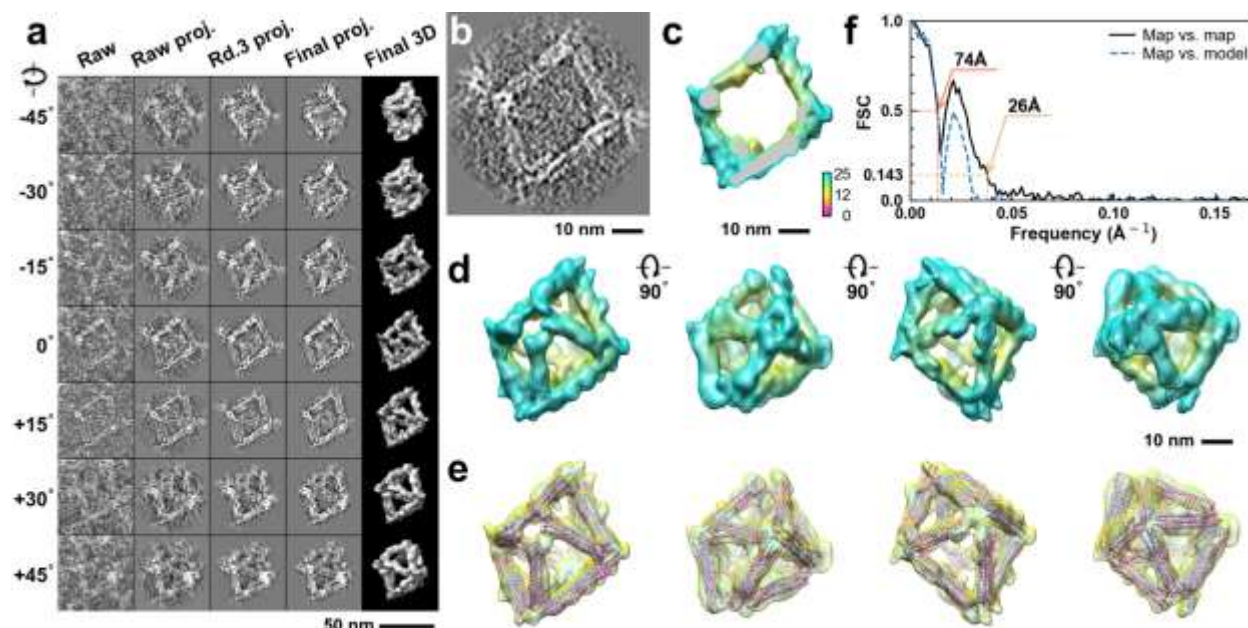
**Supplementary Fig. 226: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 218) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 227: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 219) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

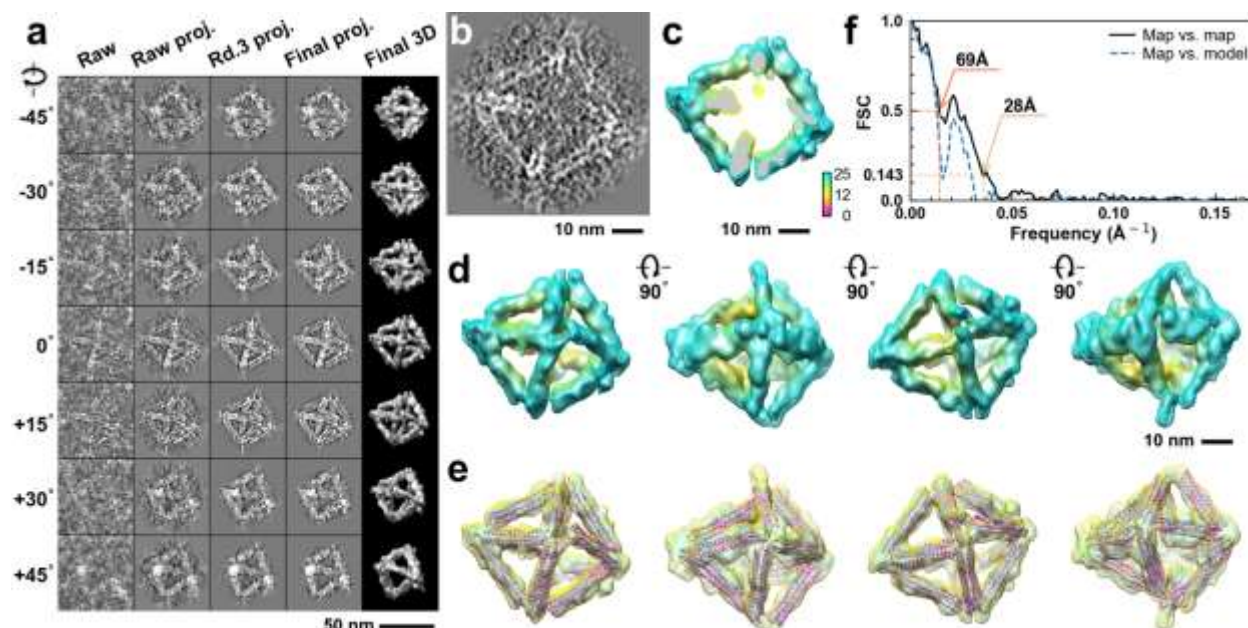


**Supplementary Fig. 228: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 220) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

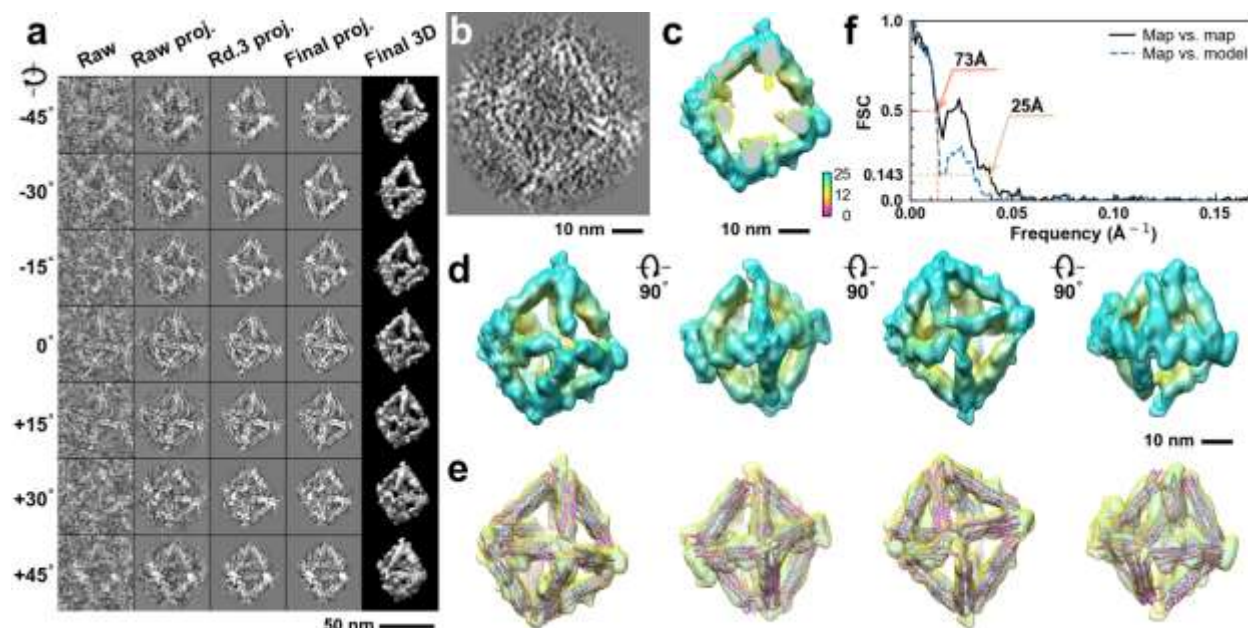


**Supplementary Fig. 229: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 221) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

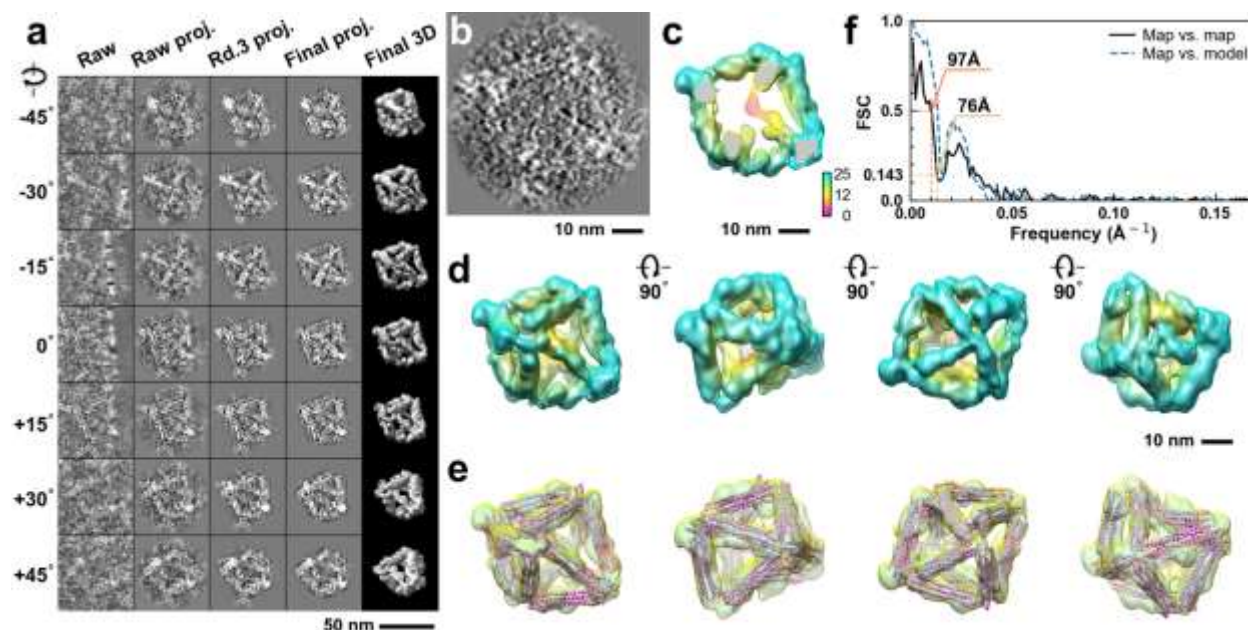




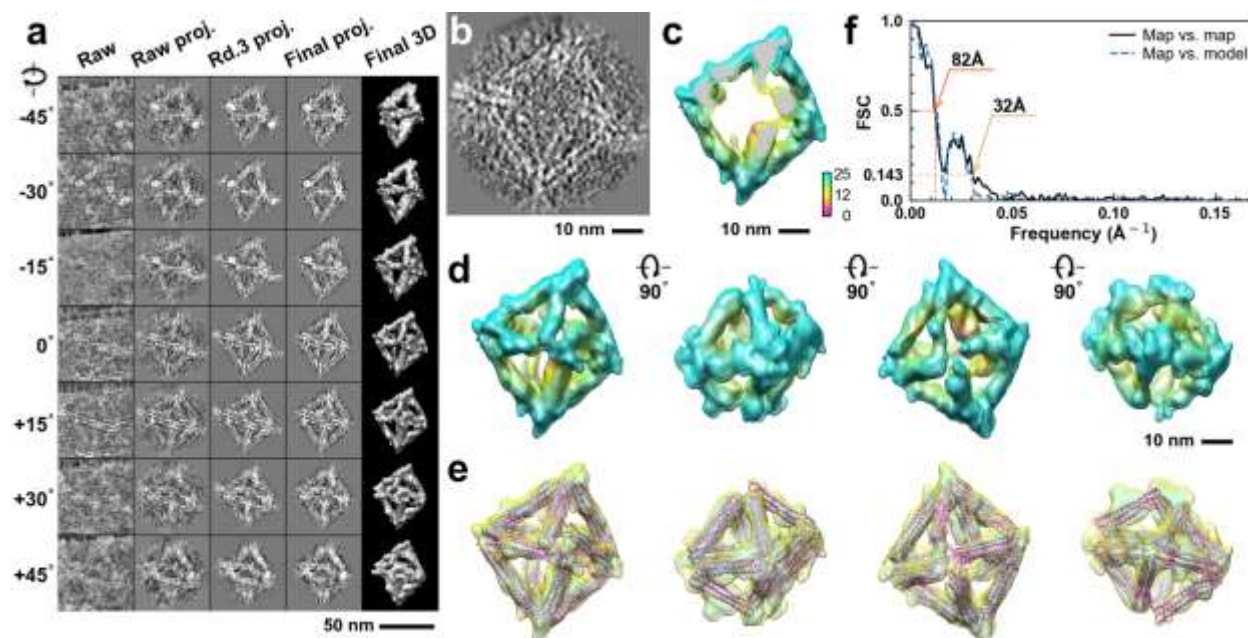
**Supplementary Fig. 230: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 222) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 231: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 223) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

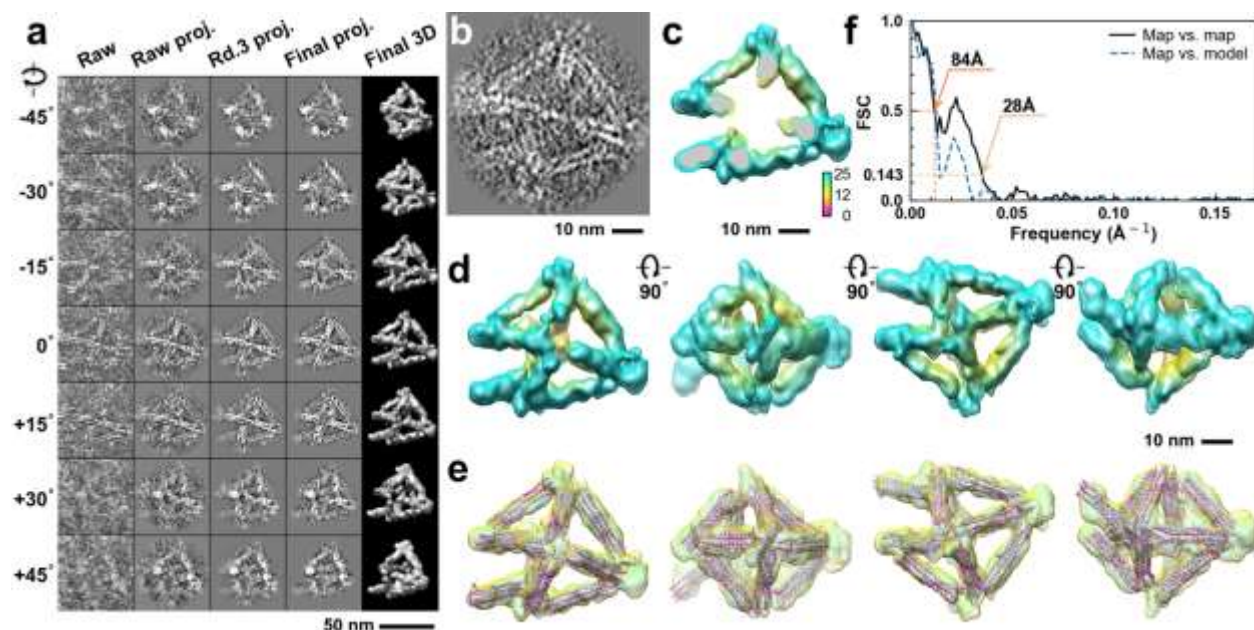


**Supplementary Fig. 232: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 224) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

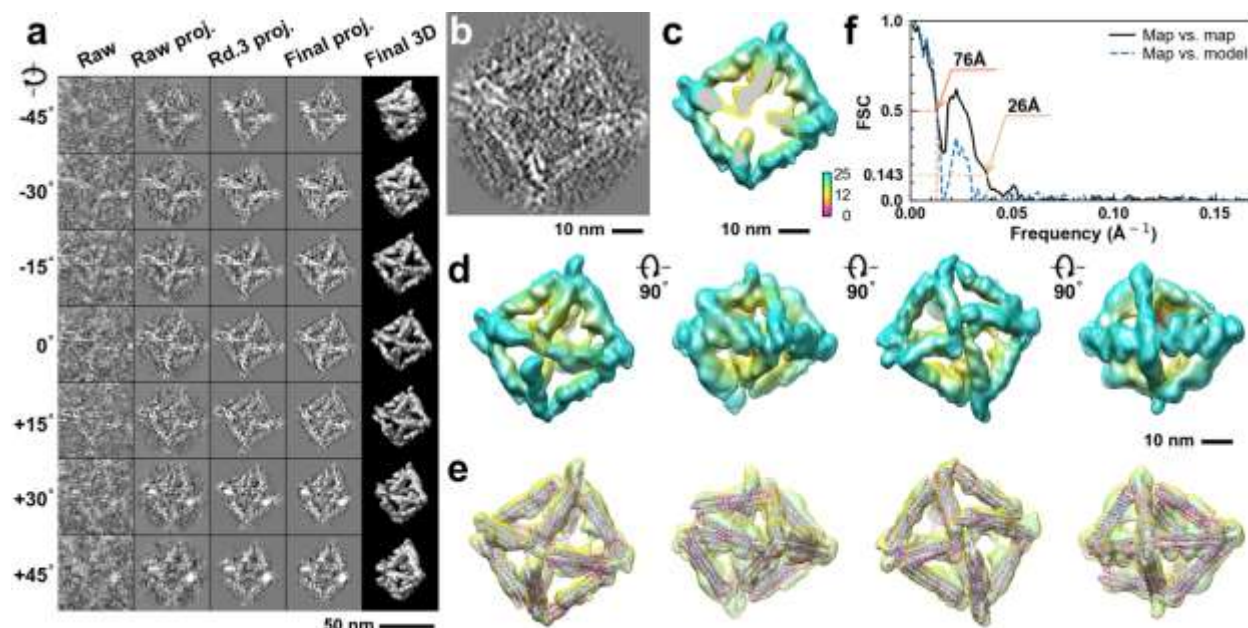


**Supplementary Fig. 233: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 225) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

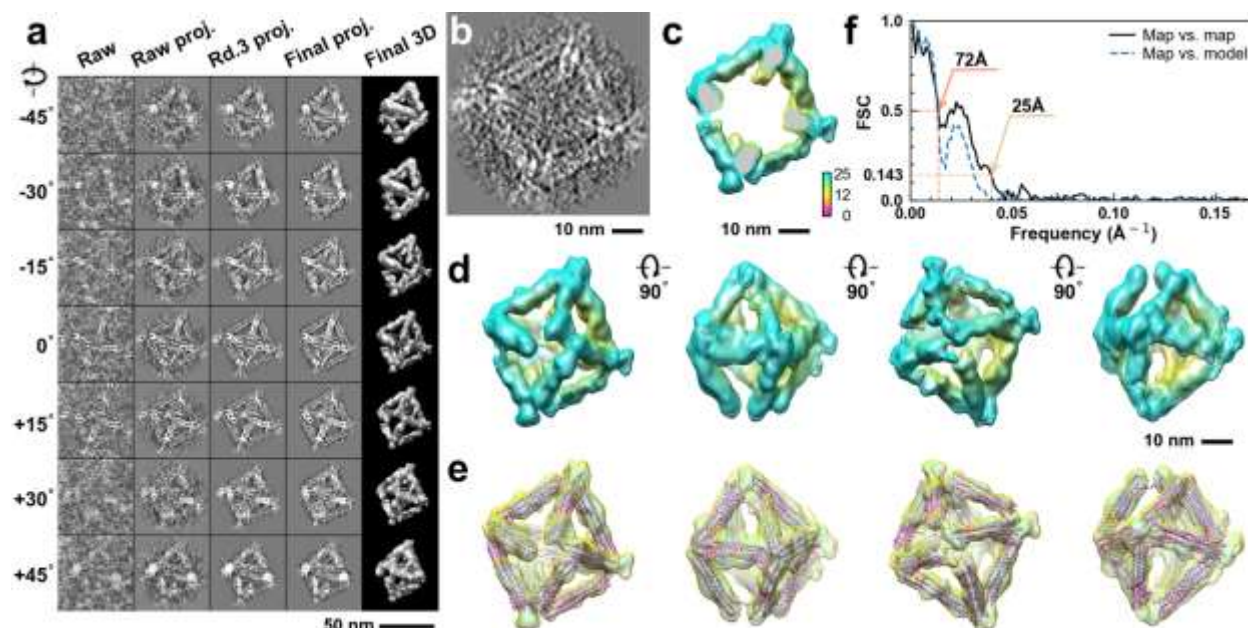




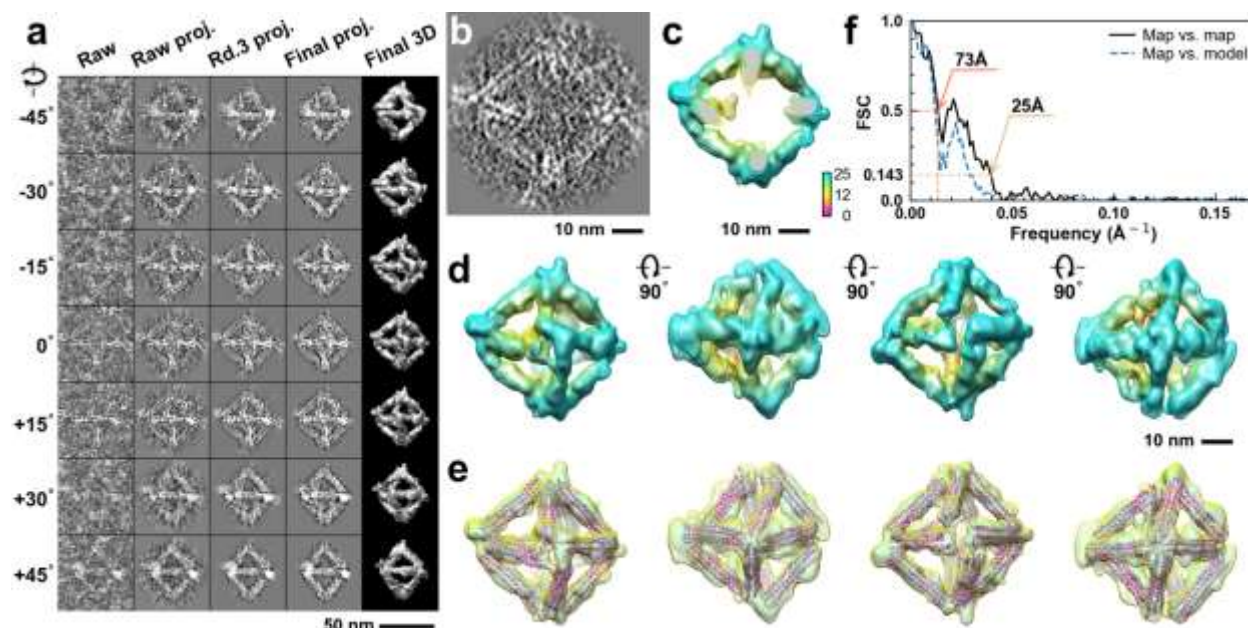
**Supplementary Fig. 234: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 226) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 235: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 227) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

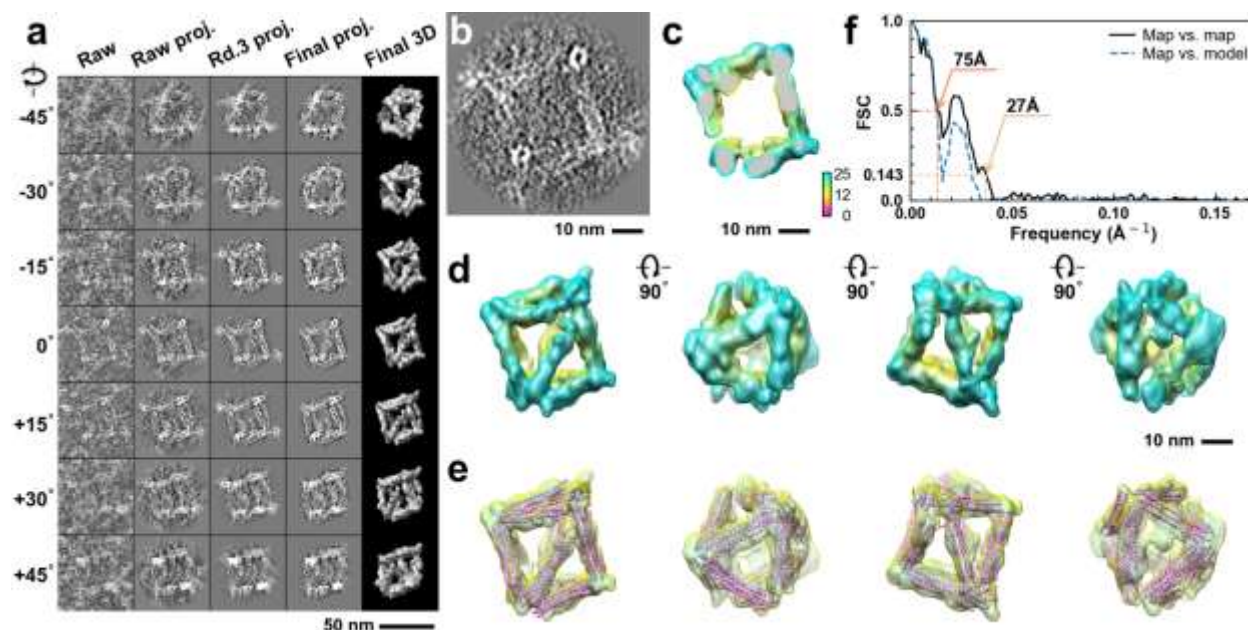


**Supplementary Fig. 236: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 228) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

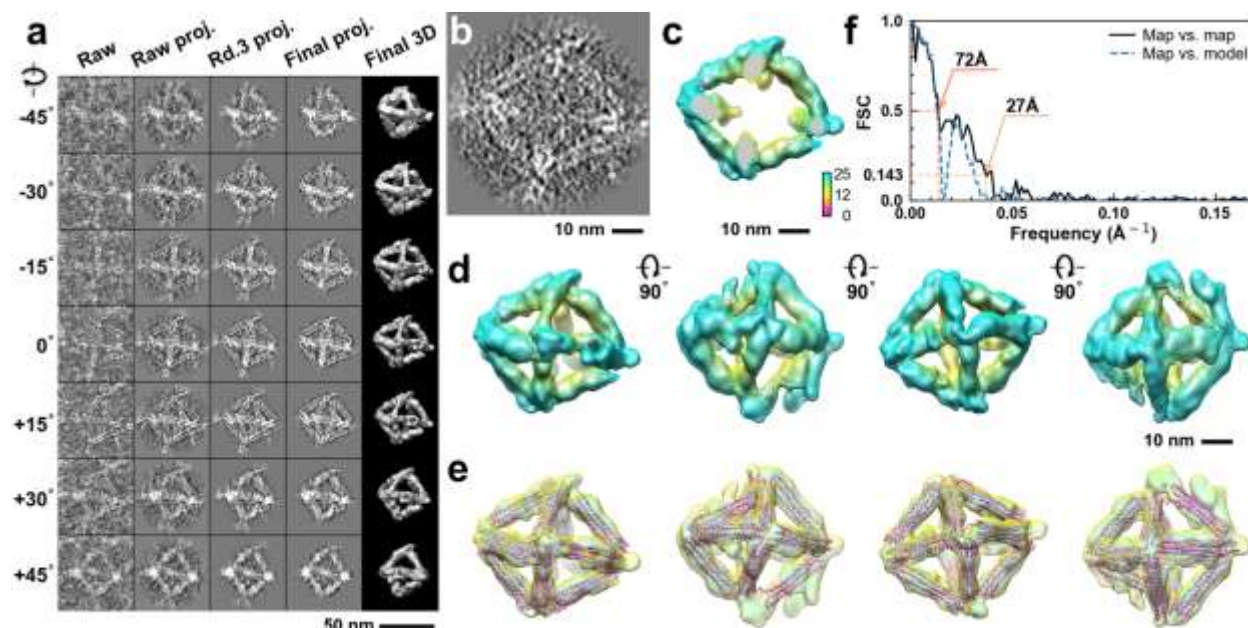


**Supplementary Fig. 237: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 229) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

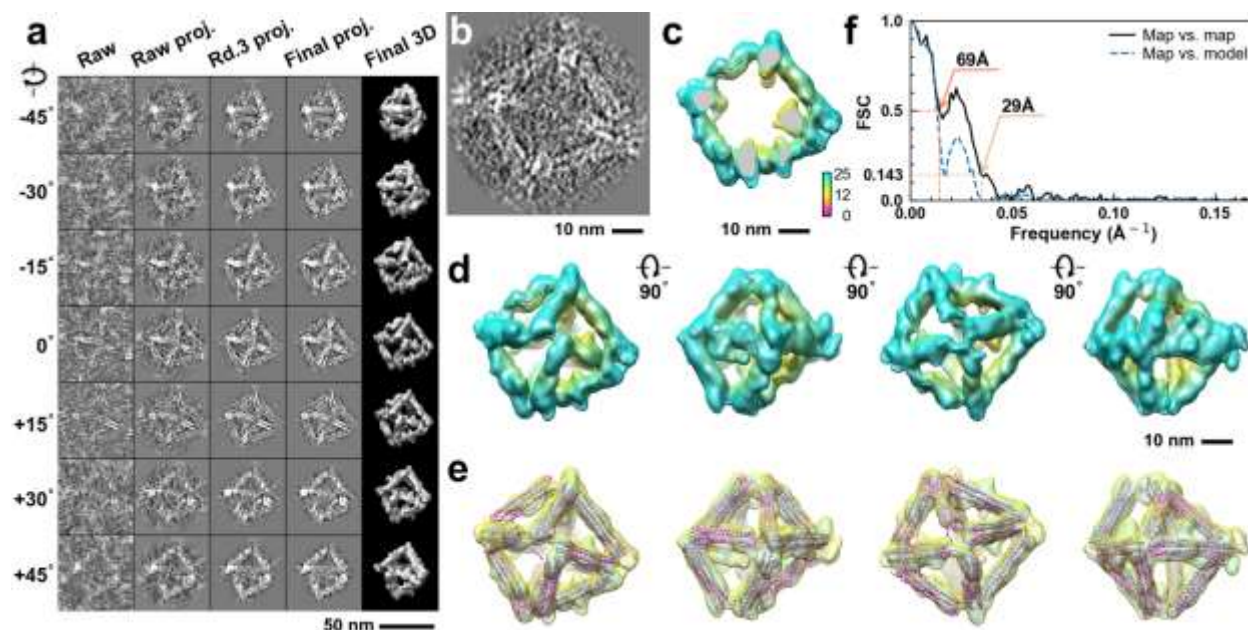




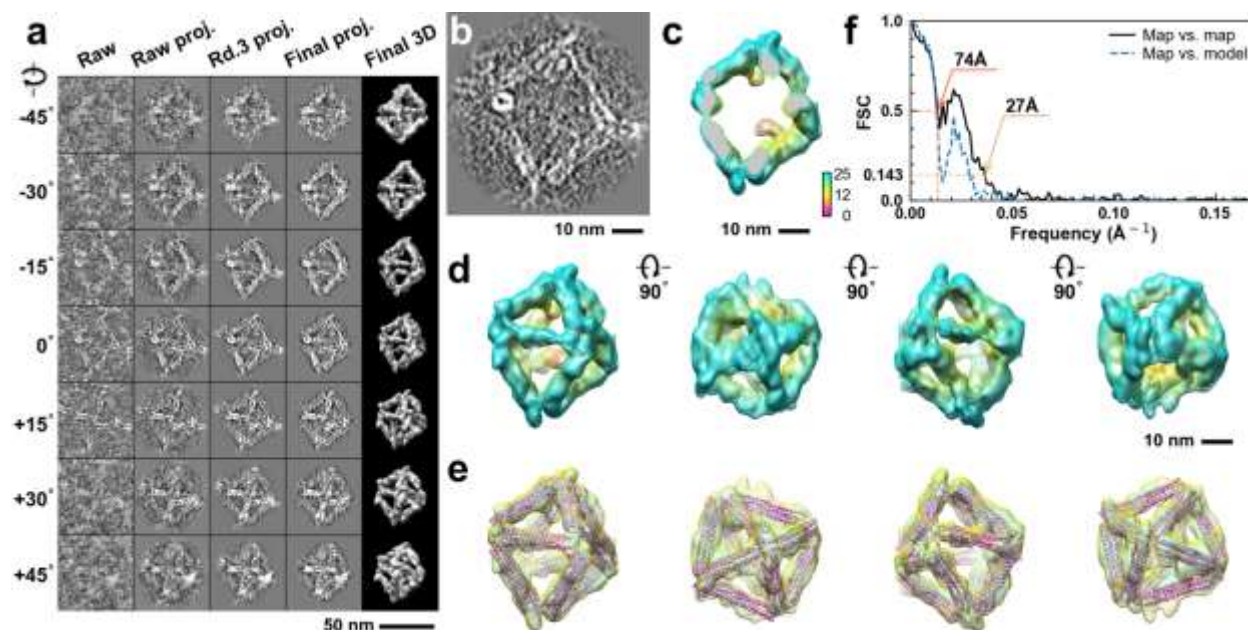
**Supplementary Fig. 238: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 230) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 239: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 231) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

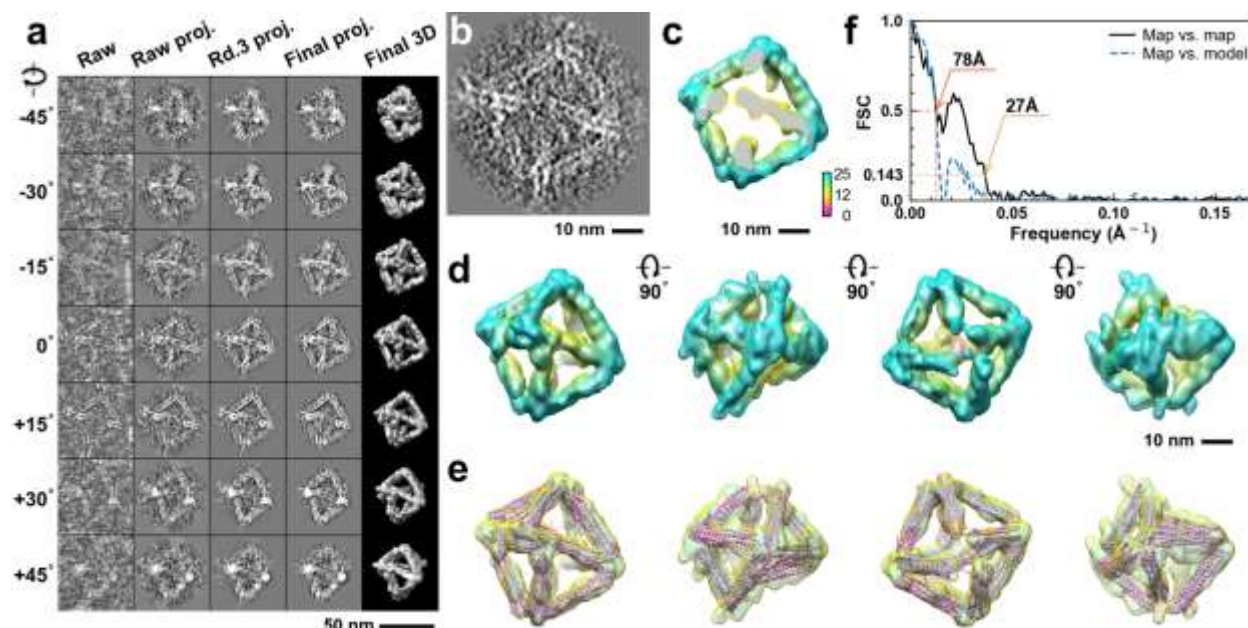


**Supplementary Fig. 240: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 232) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

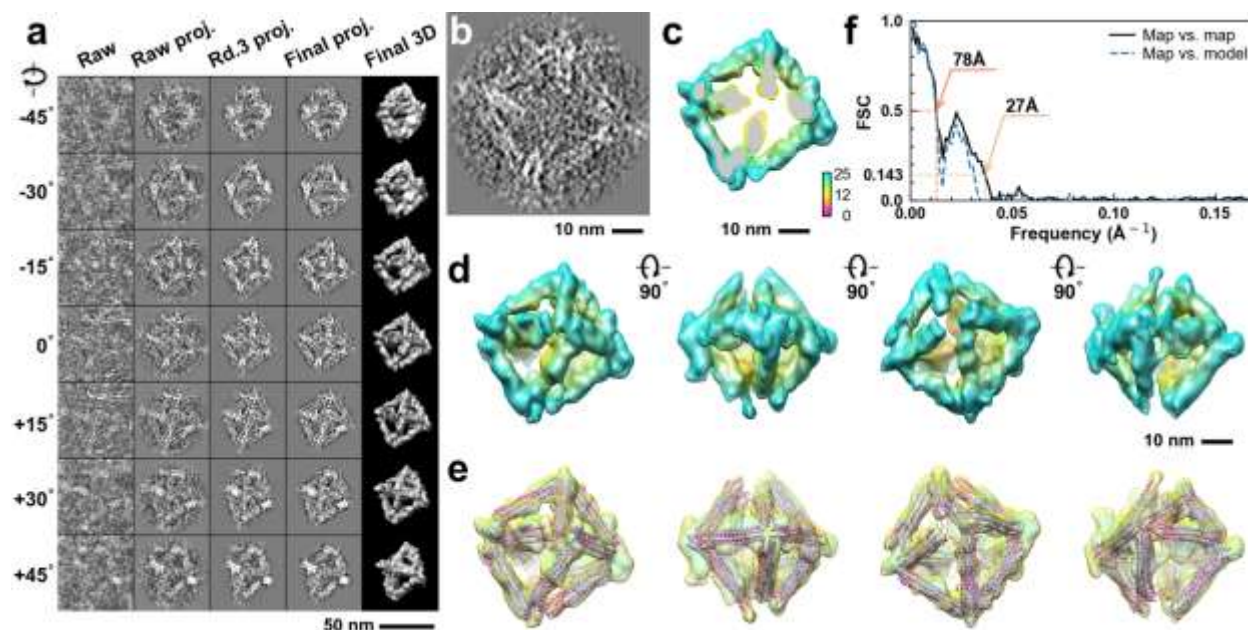


**Supplementary Fig. 241: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 233) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

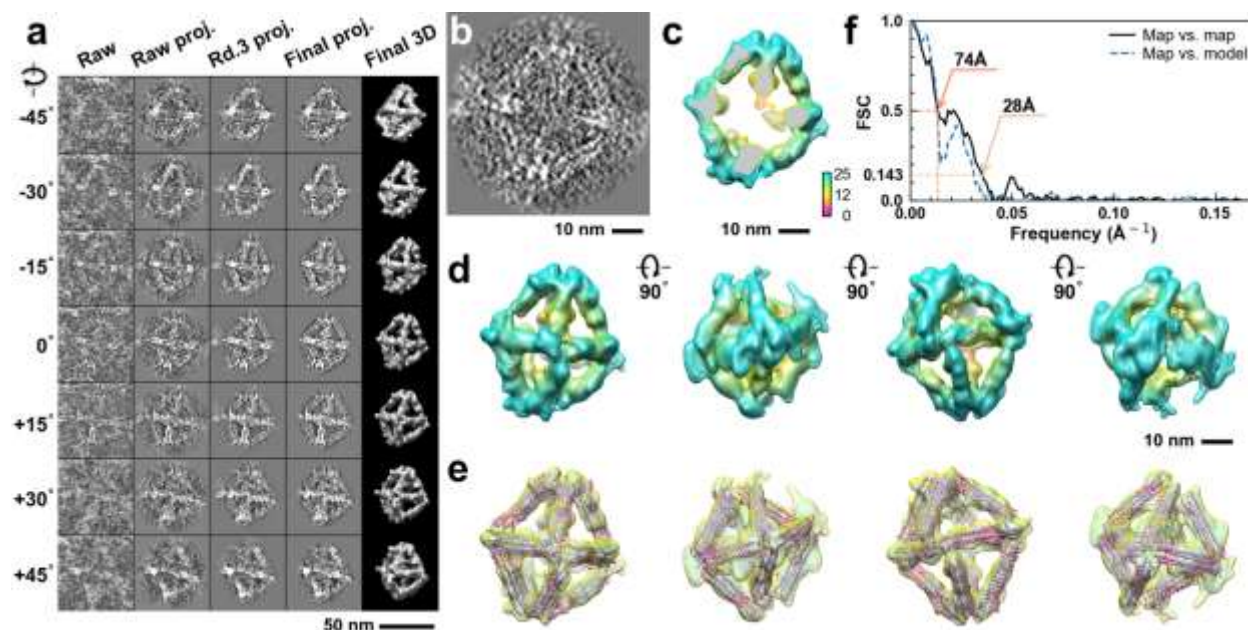




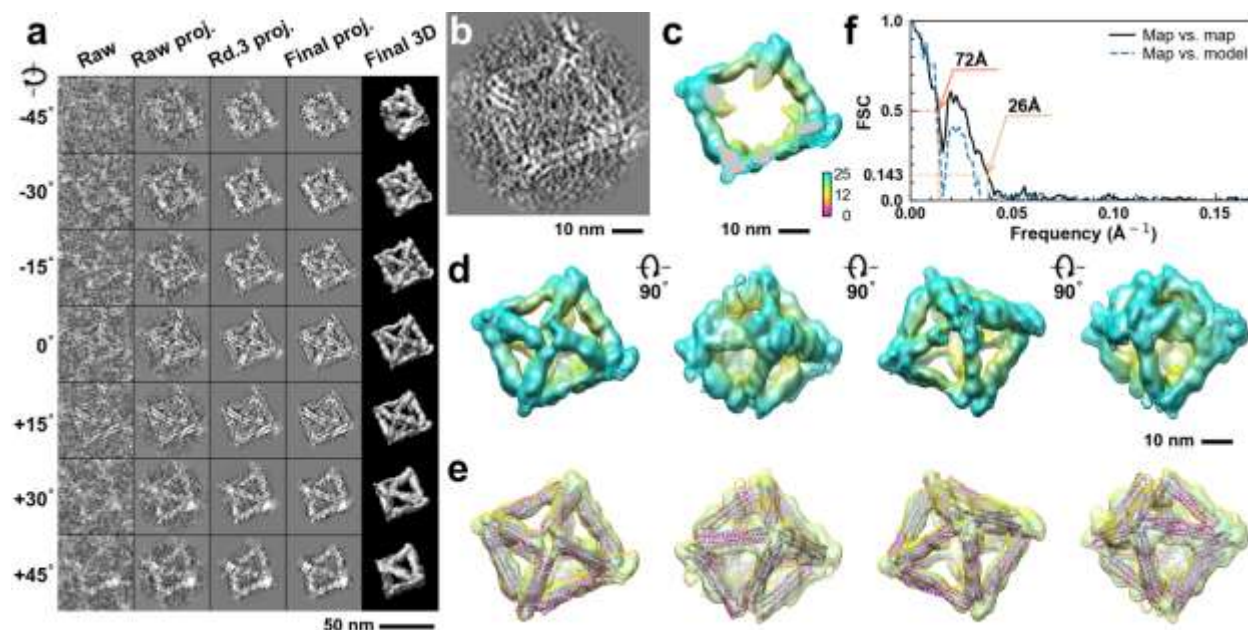
**Supplementary Fig. 242: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 234) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 243: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 235) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

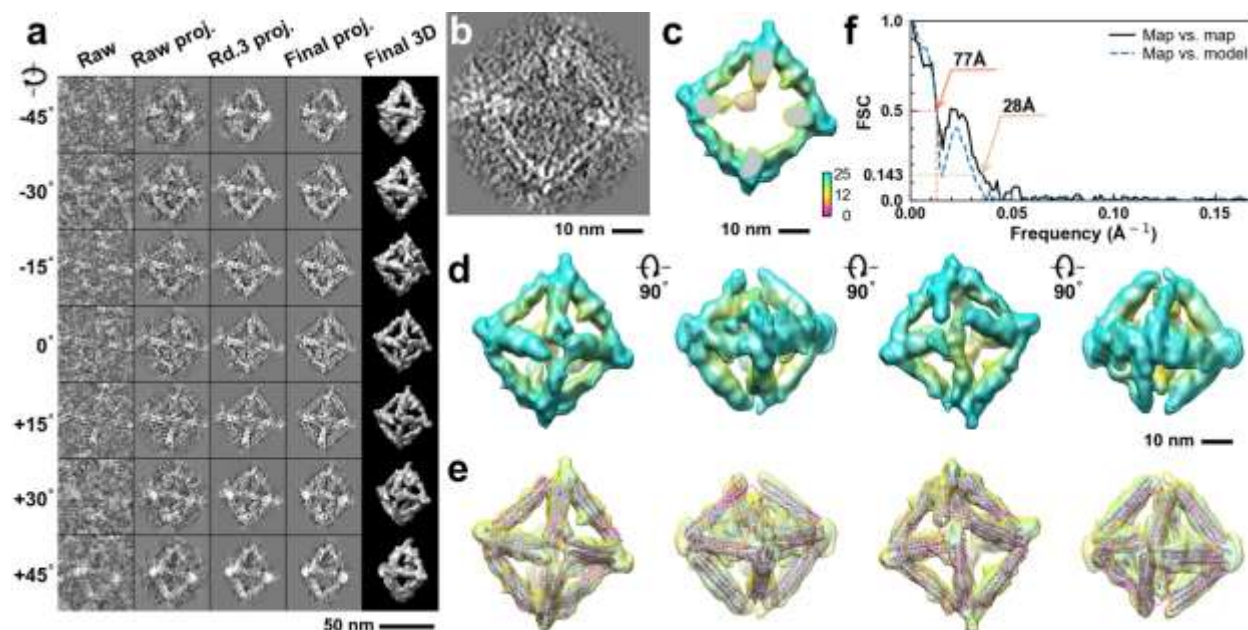


**Supplementary Fig. 244: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 236) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

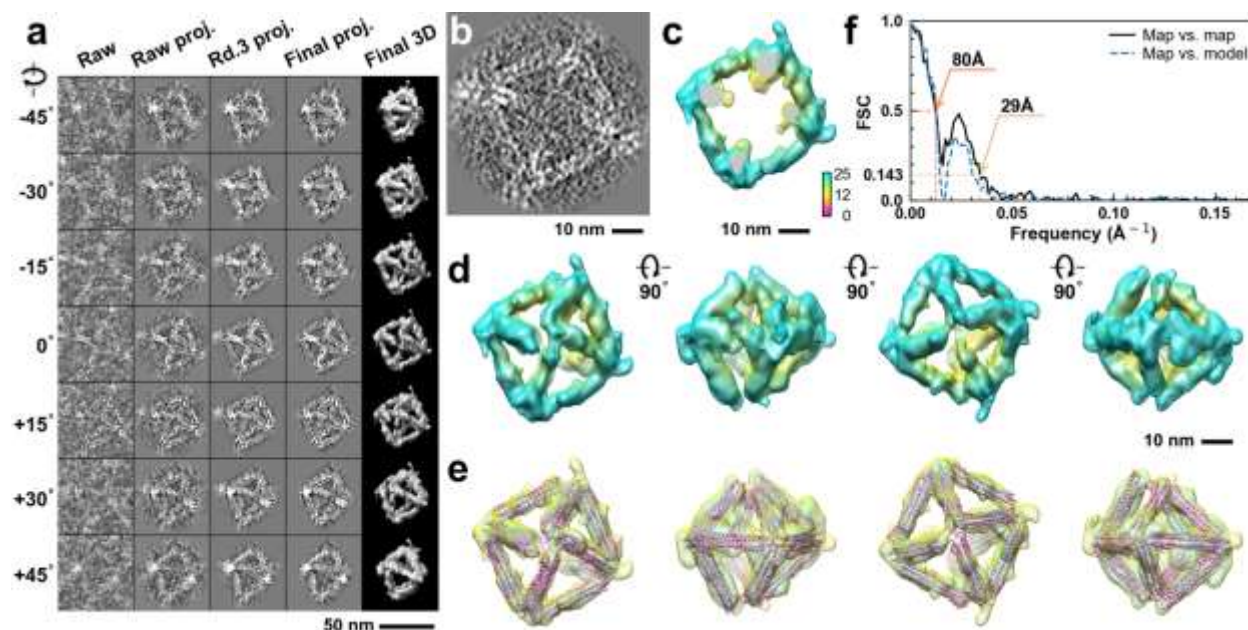


**Supplementary Fig. 245: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 237) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

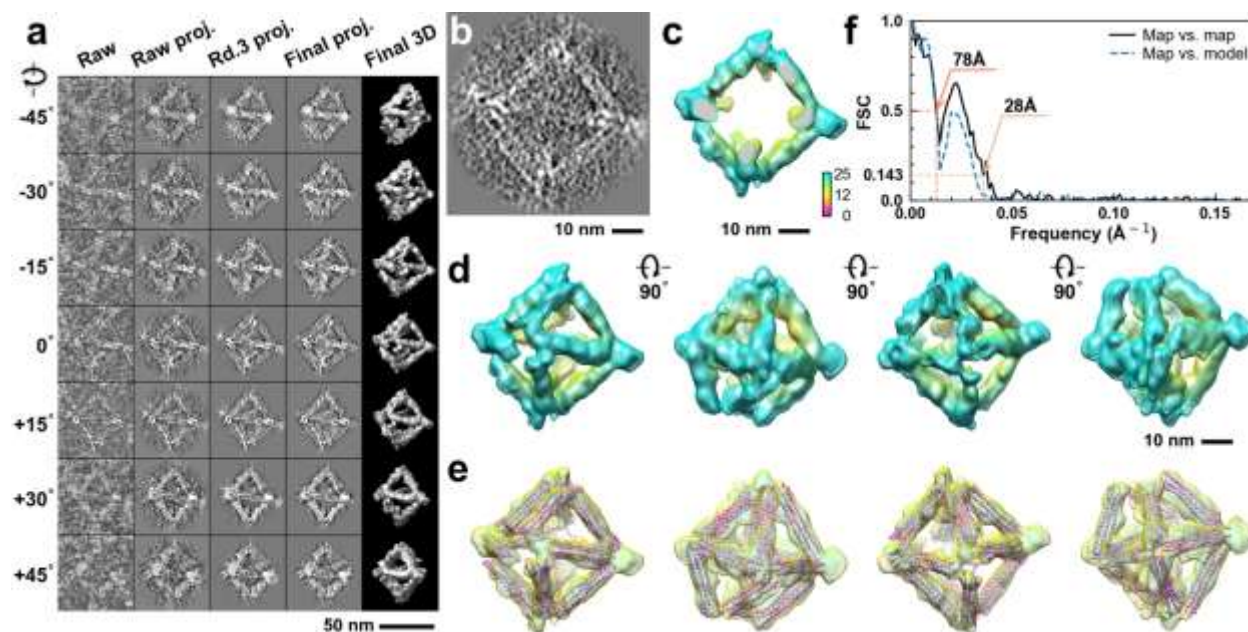




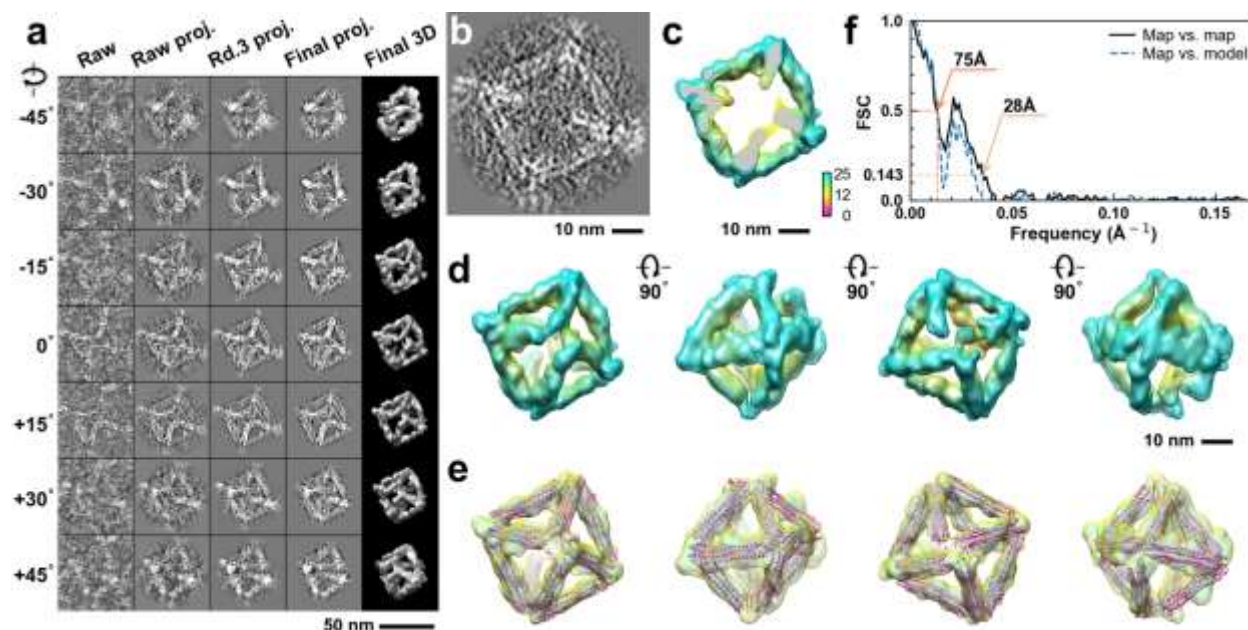
**Supplementary Fig. 246: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 238) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 247: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 239) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

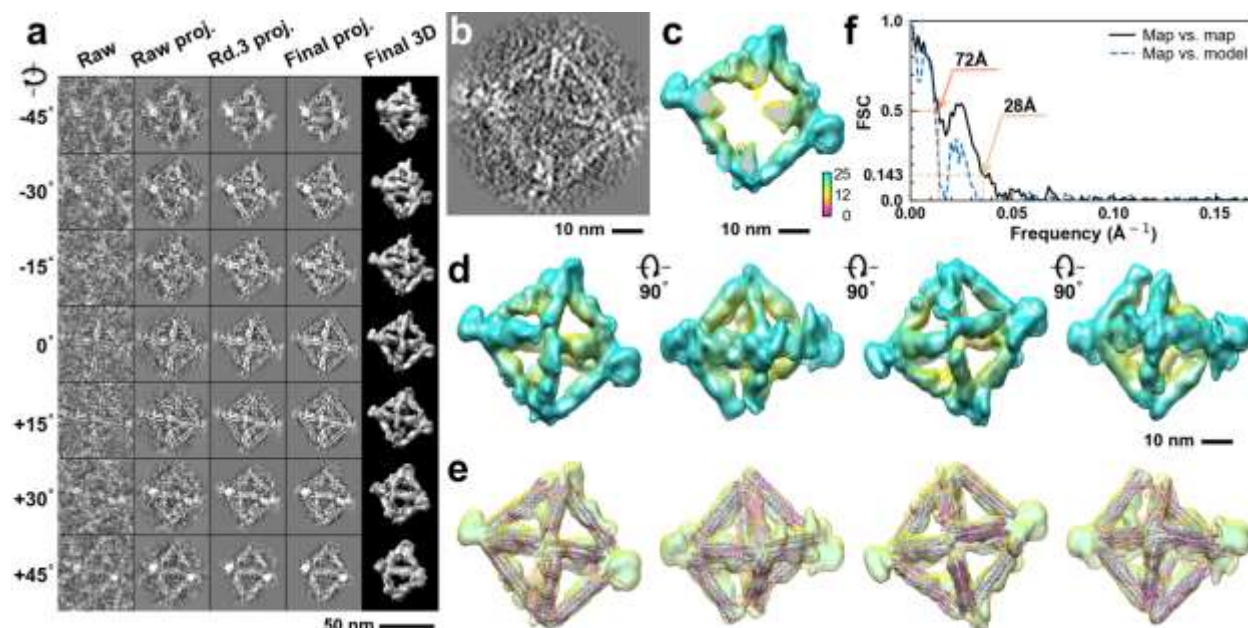


**Supplementary Fig. 248: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 240) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

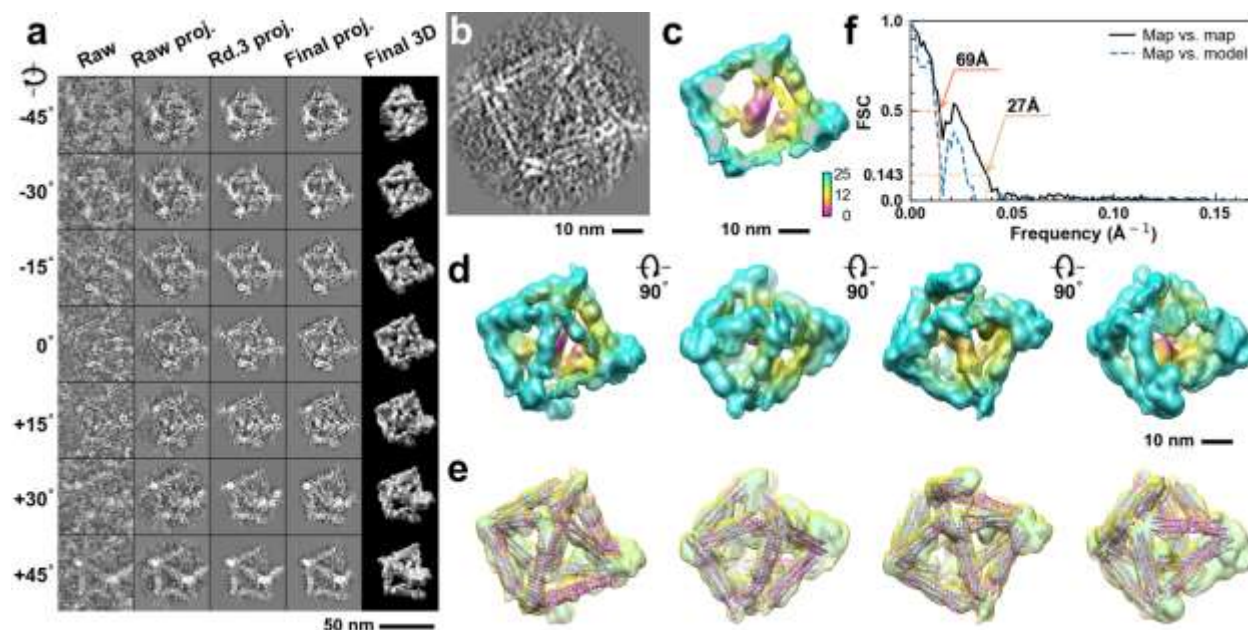


**Supplementary Fig. 249: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 241) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

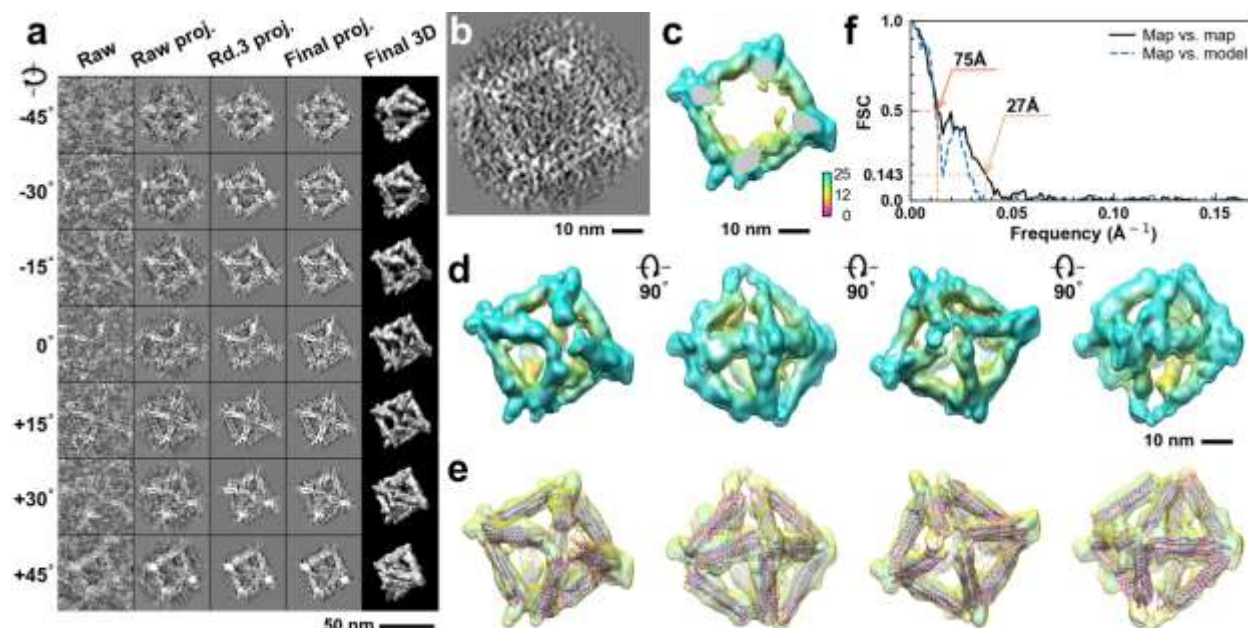




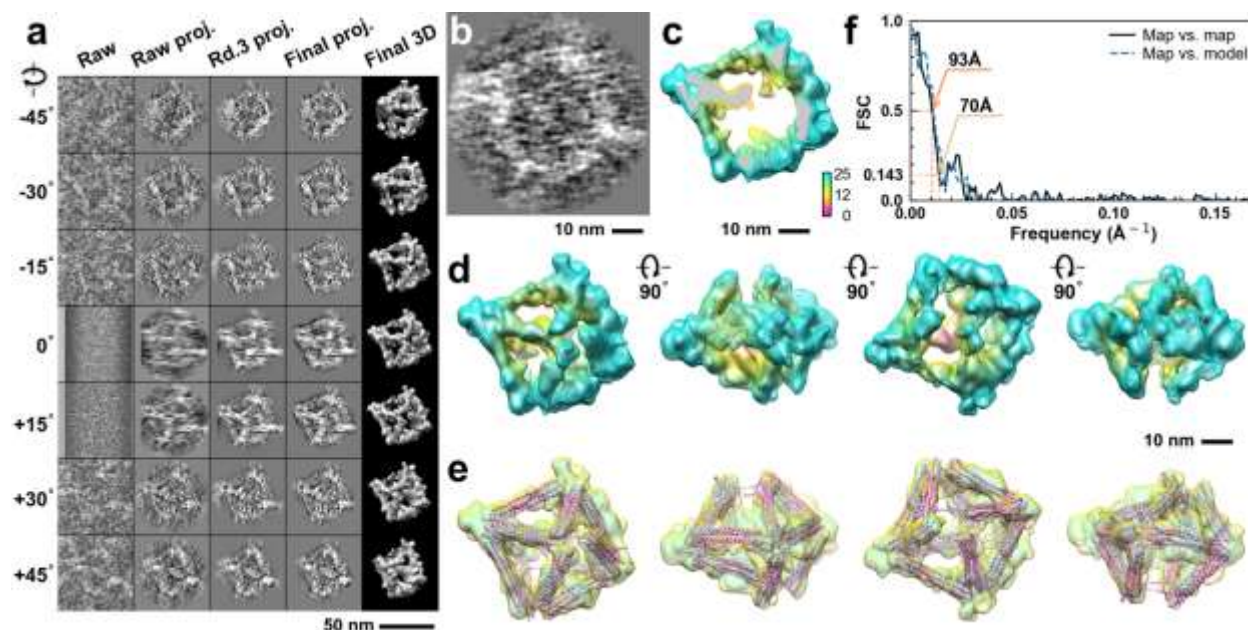
**Supplementary Fig. 250: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 242) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 251: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 243) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

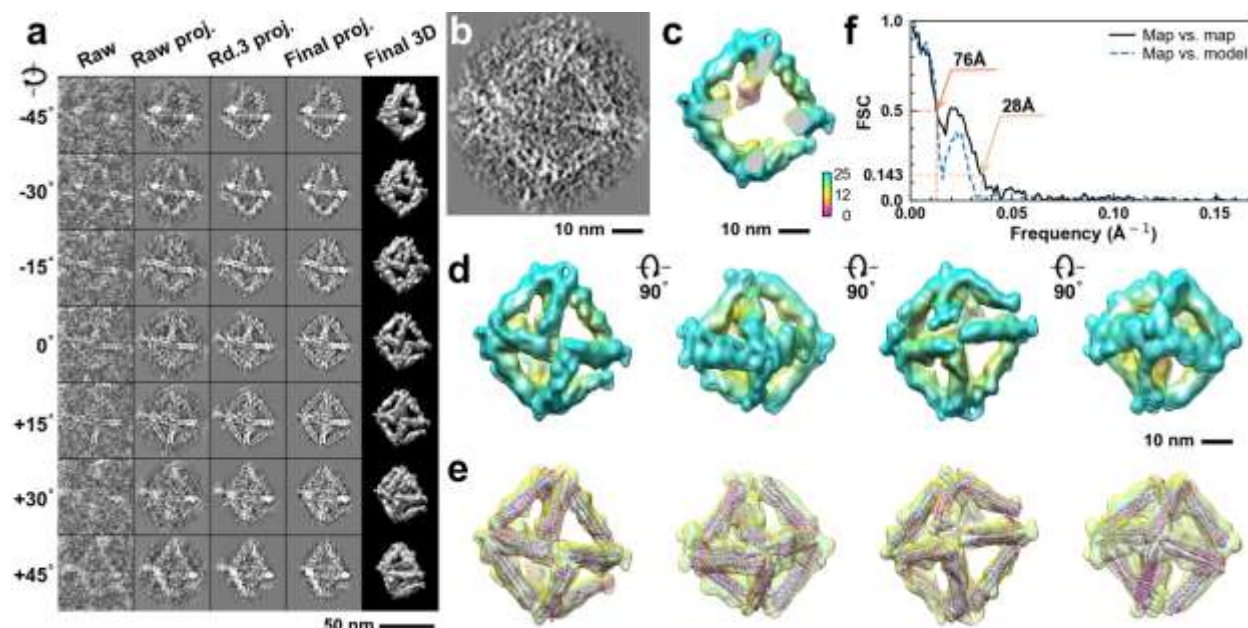


**Supplementary Fig. 252: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 244) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

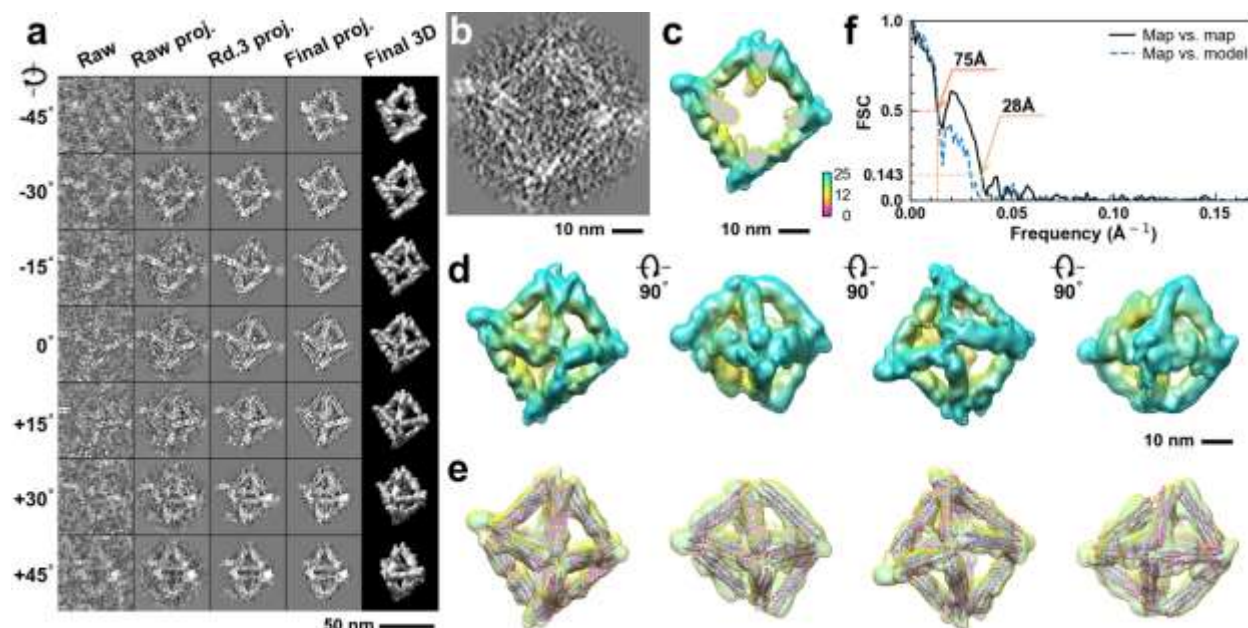


**Supplementary Fig. 253: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 245) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

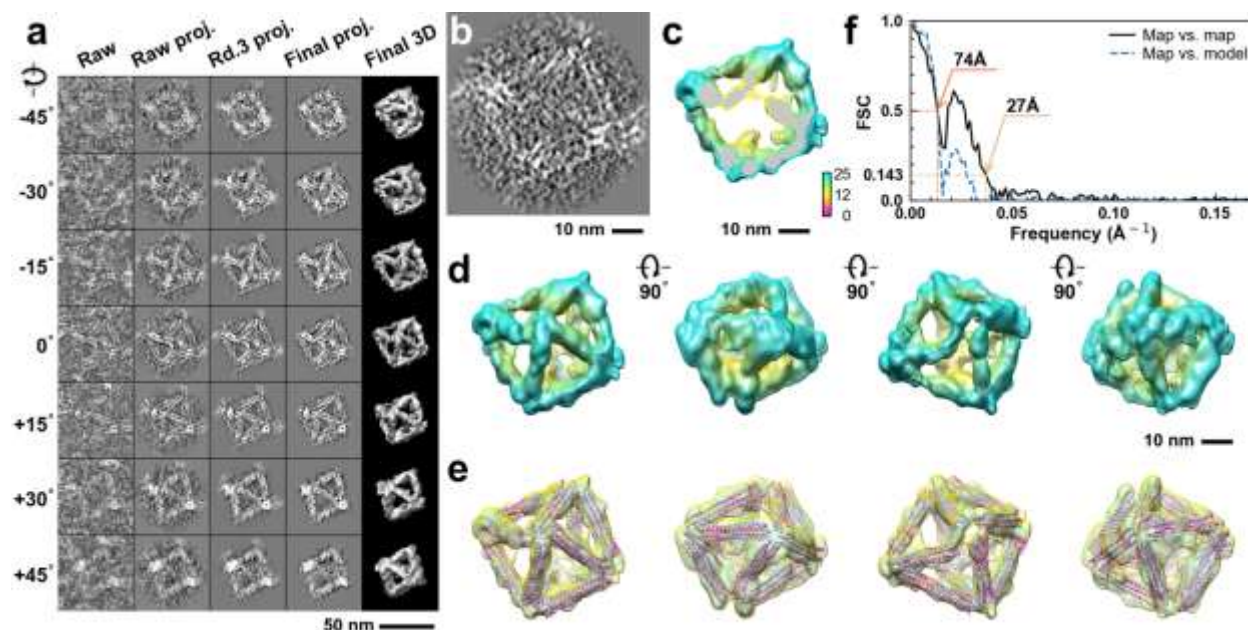




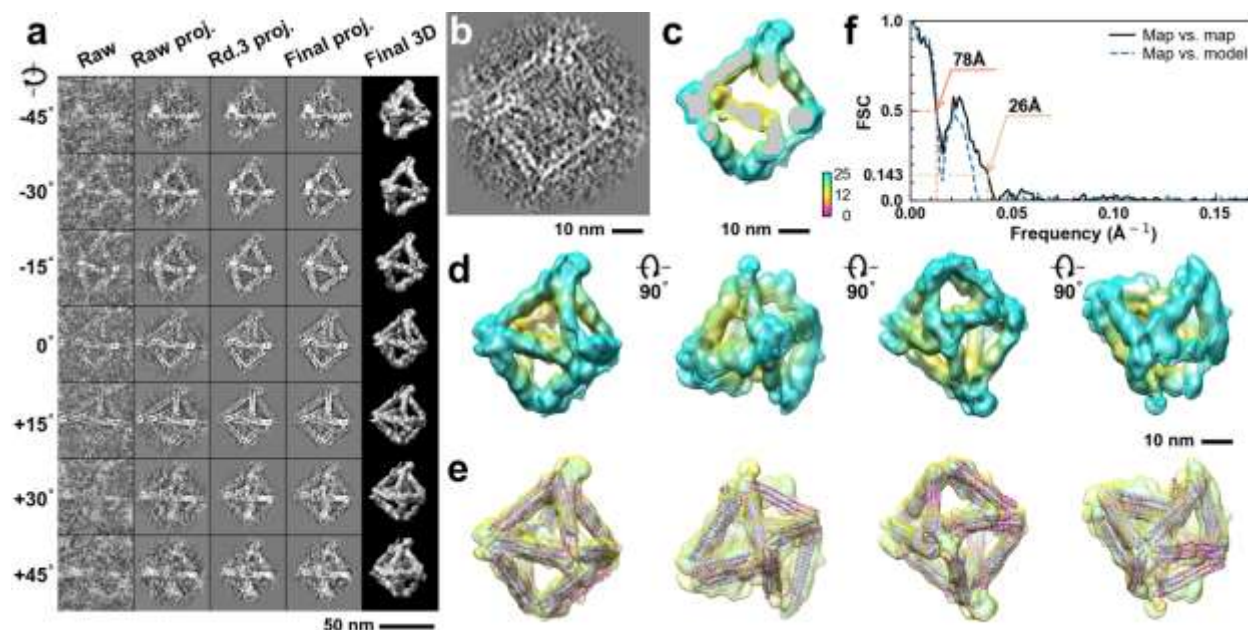
**Supplementary Fig. 254: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 246) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 255: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 247) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

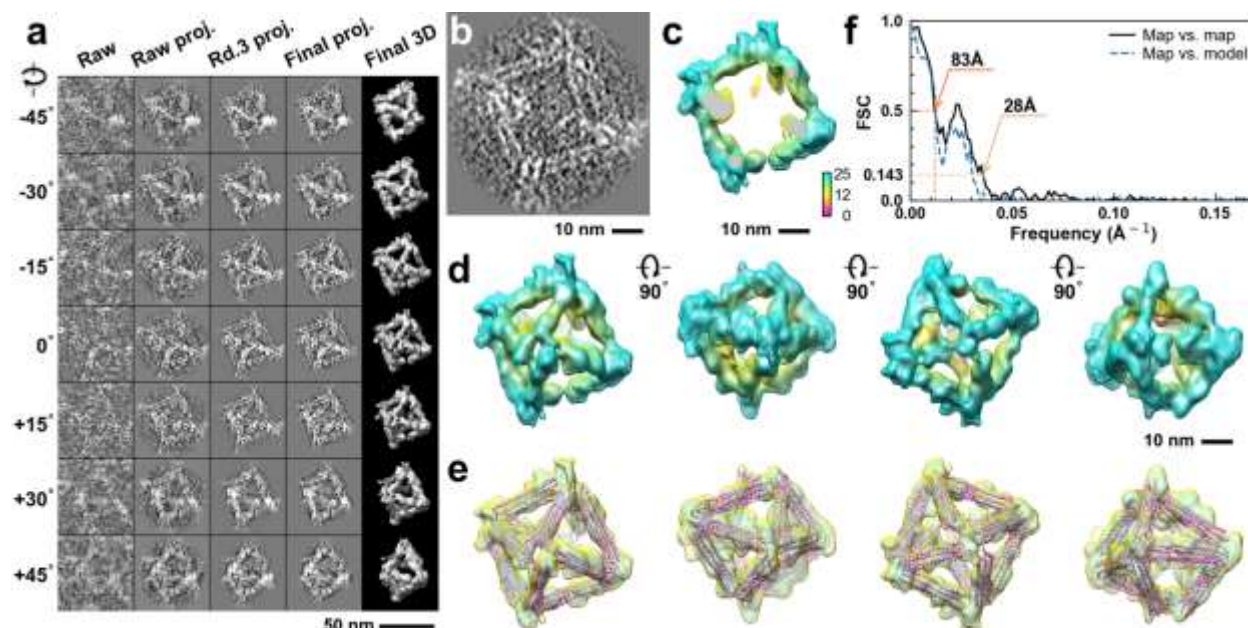


**Supplementary Fig. 256: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 248) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

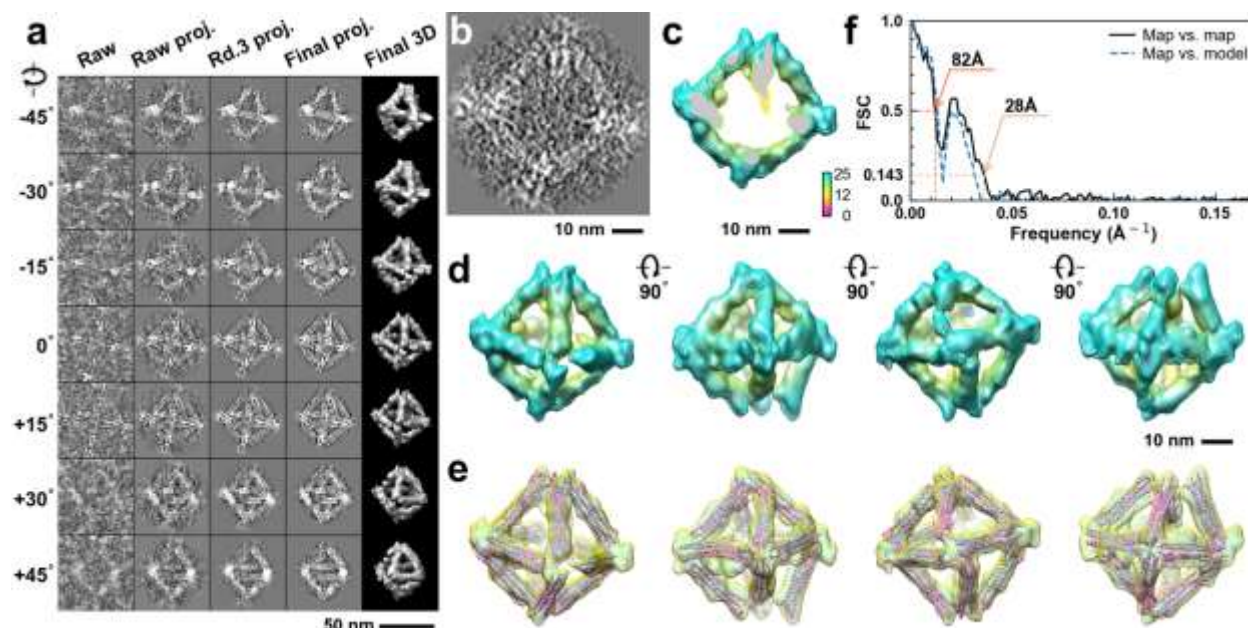


**Supplementary Fig. 257: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 249) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

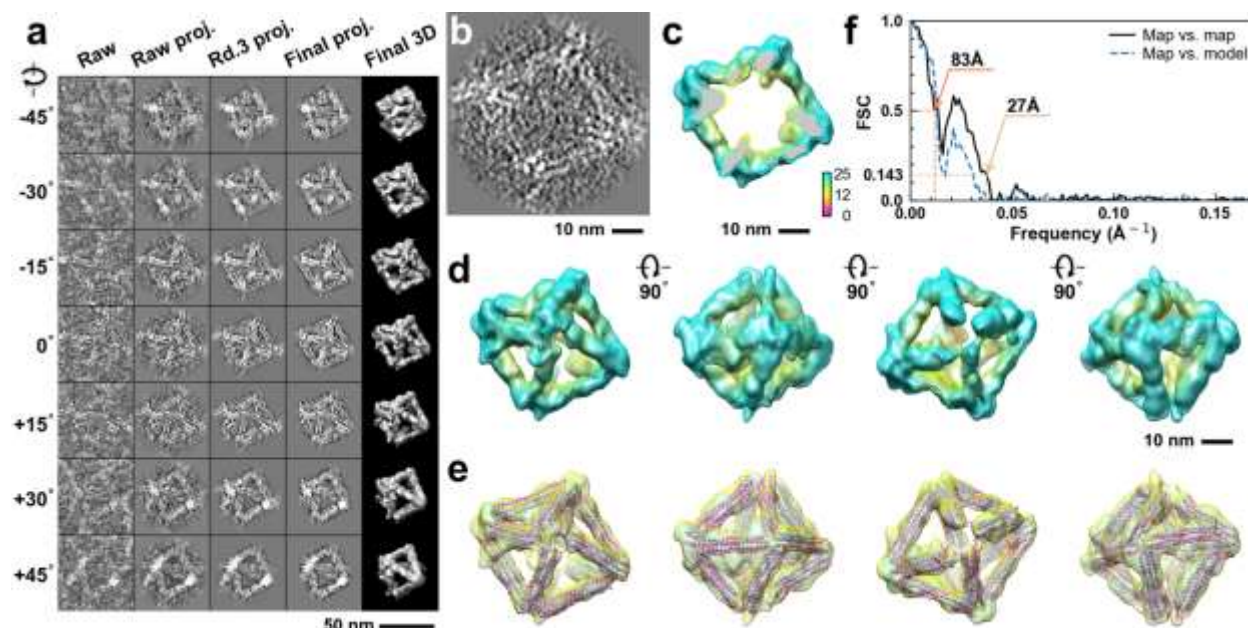




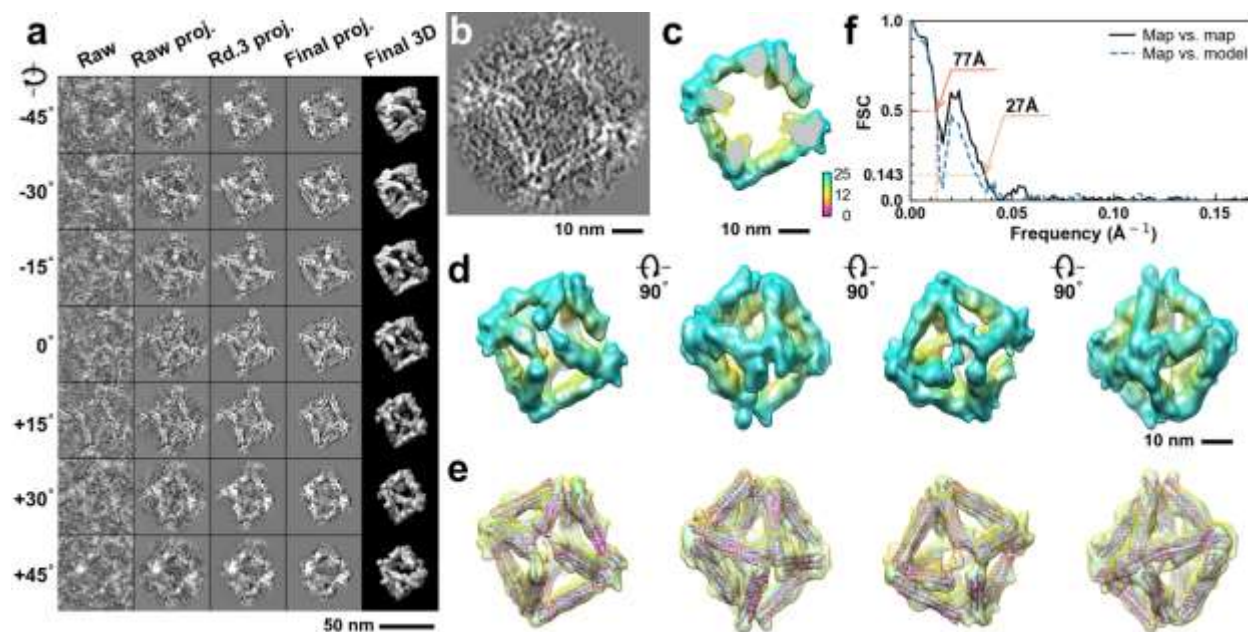
**Supplementary Fig. 258: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 250) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 259: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 251) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

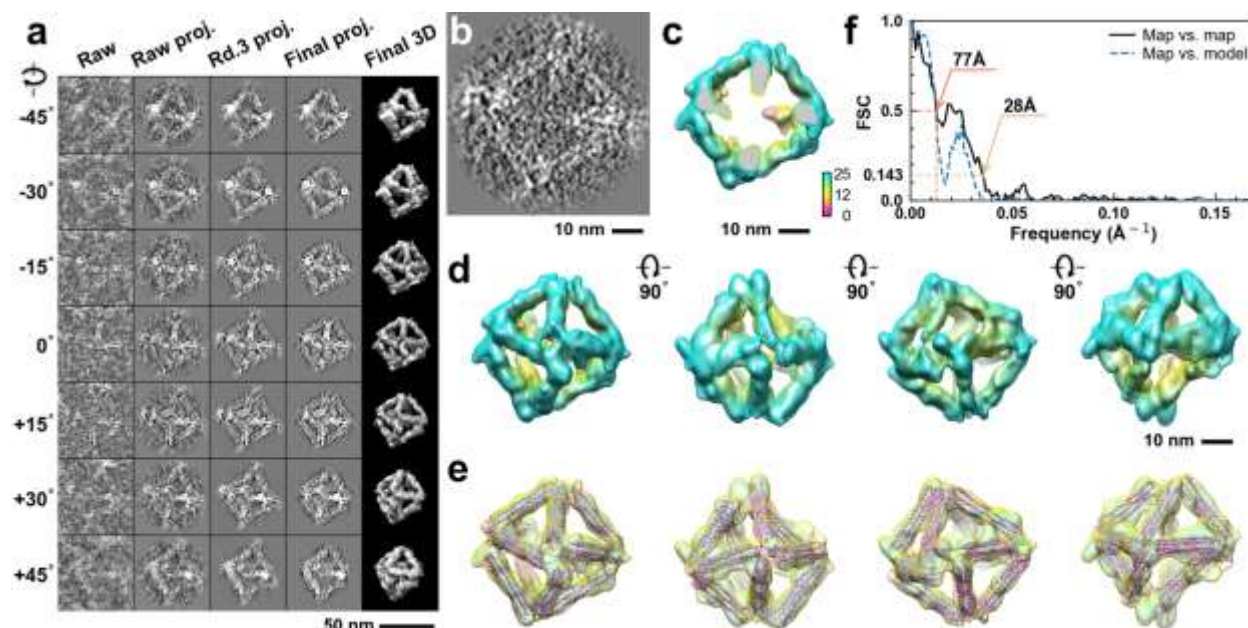


**Supplementary Fig. 260: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 252) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

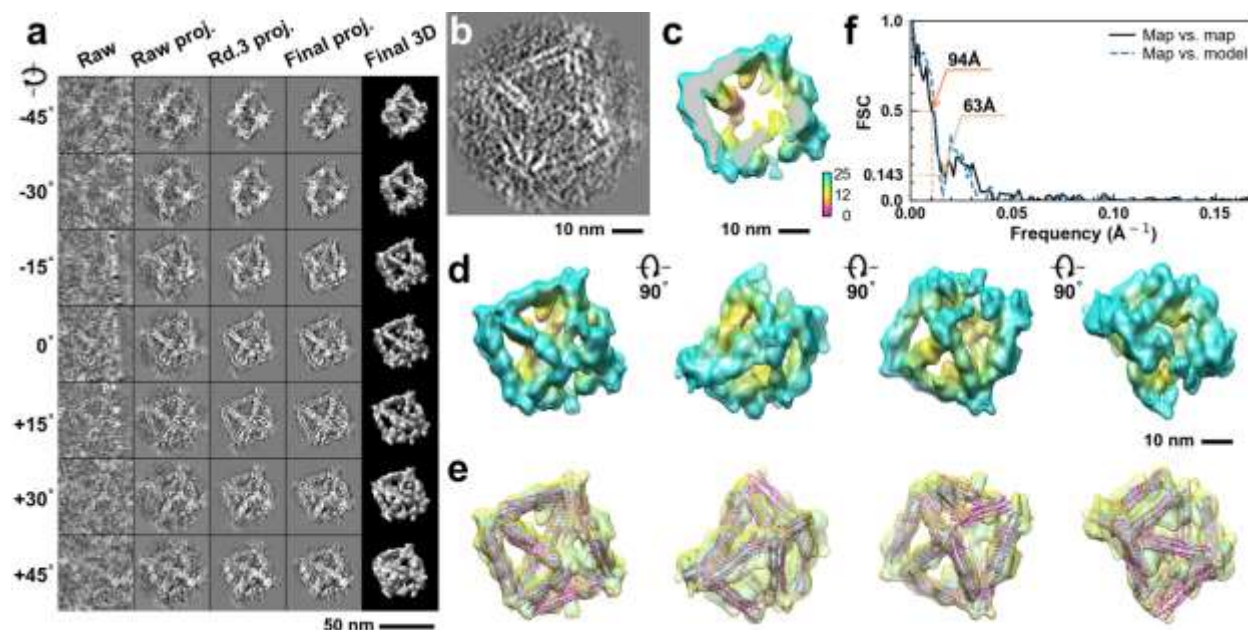


**Supplementary Fig. 261: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 253) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

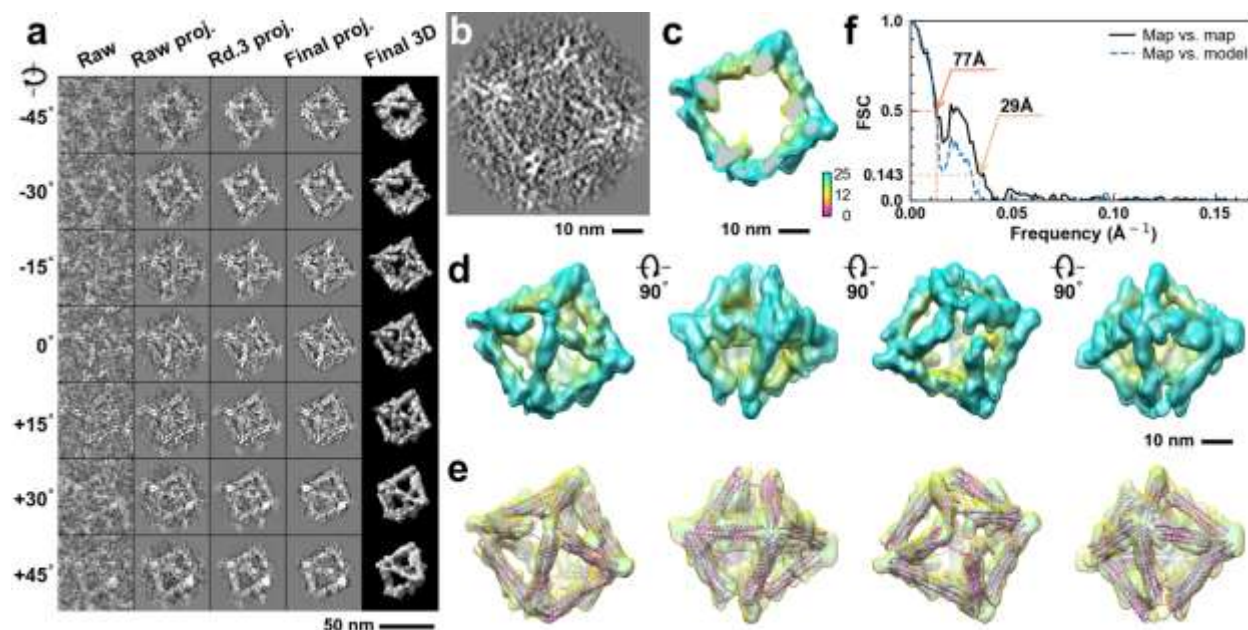




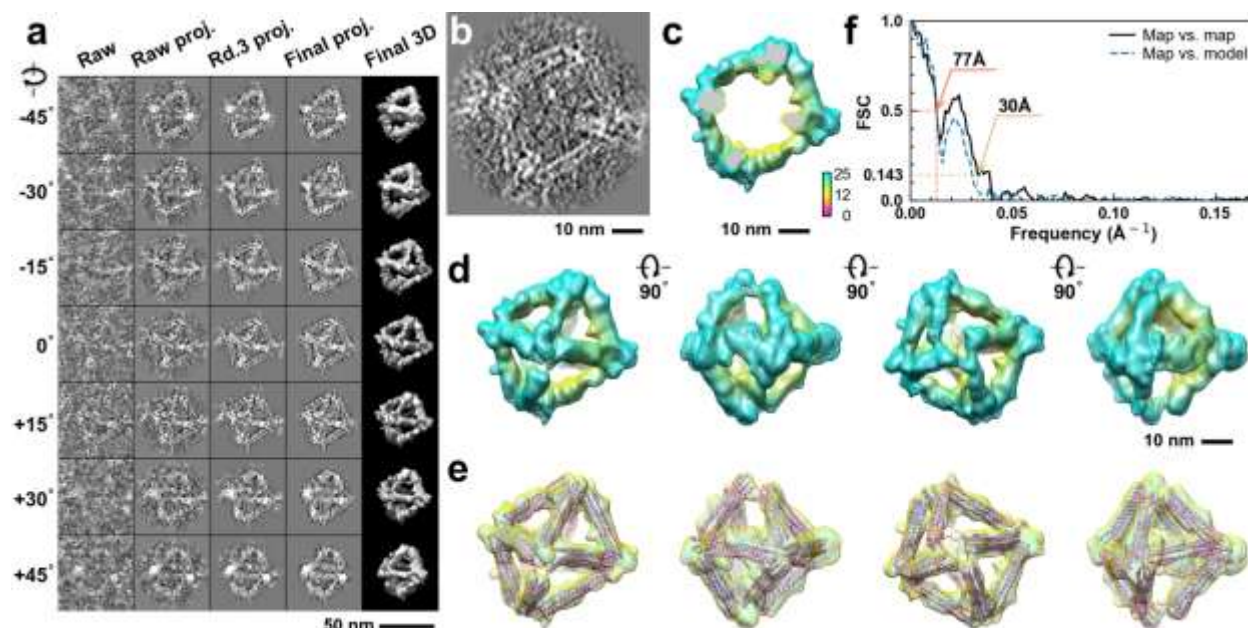
**Supplementary Fig. 262: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 254) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 263: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 255) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

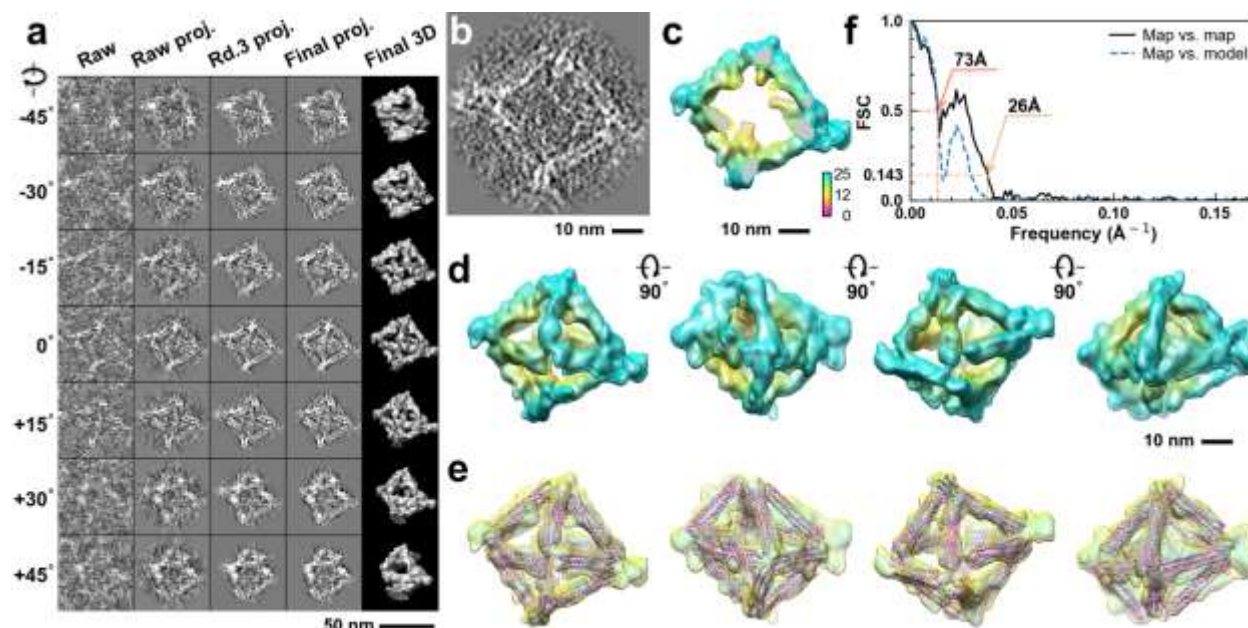


**Supplementary Fig. 264: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 256) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

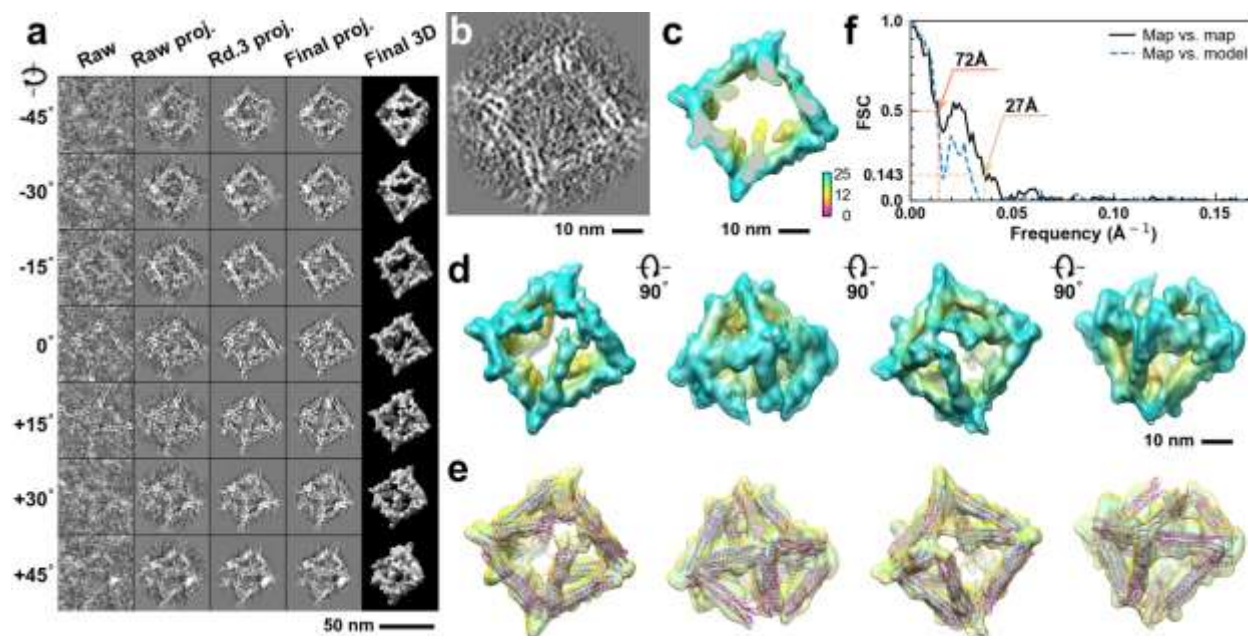


**Supplementary Fig. 265: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 257) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

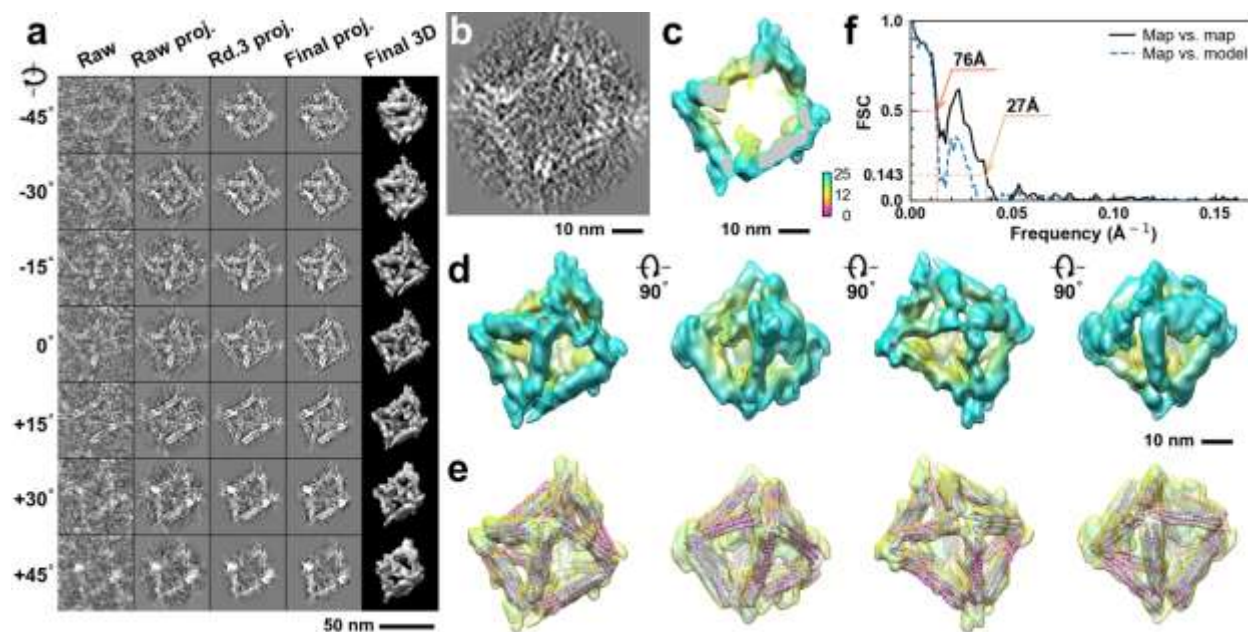




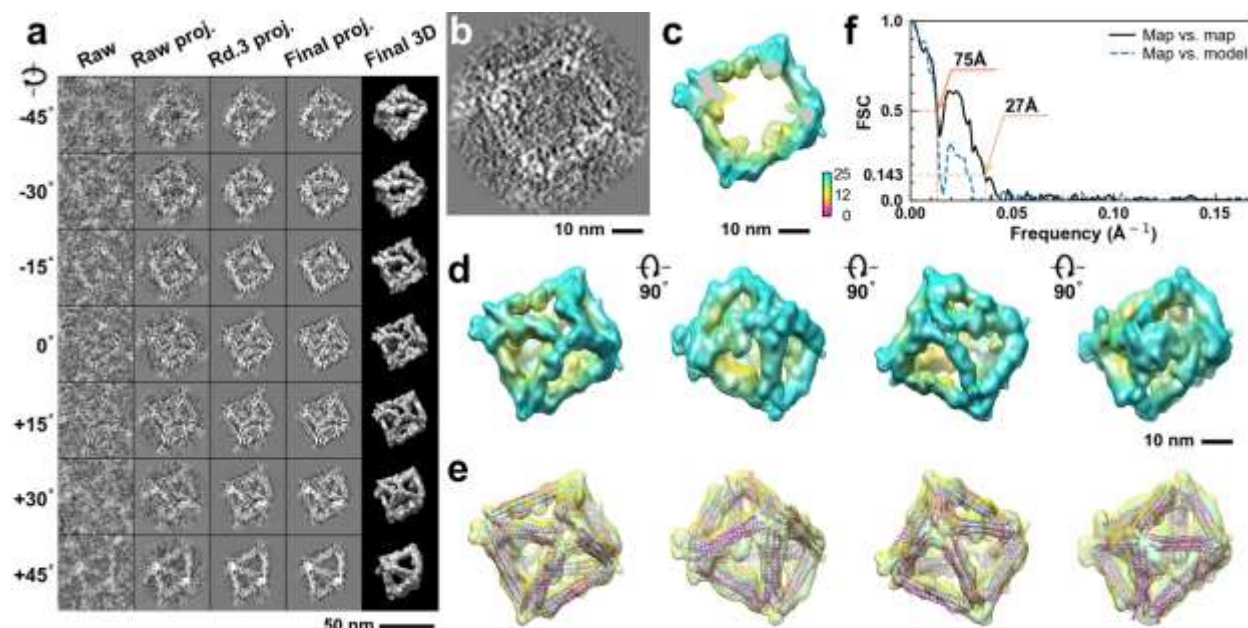
**Supplementary Fig. 266: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 258) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 267: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 259) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

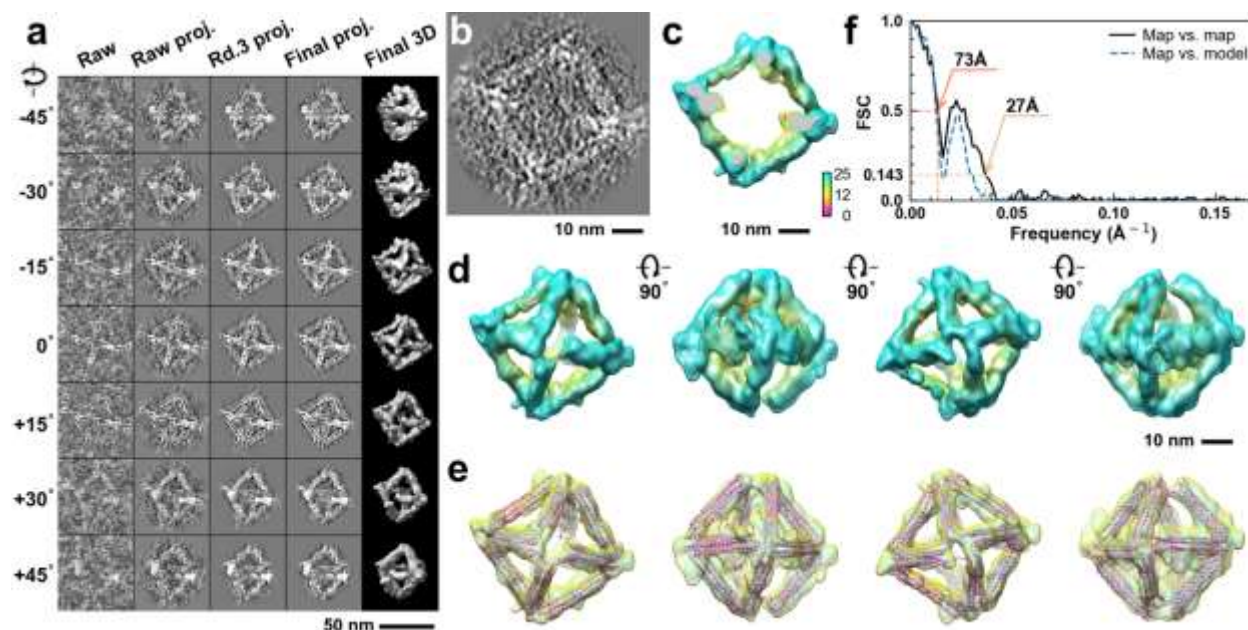


**Supplementary Fig. 268: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 260) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

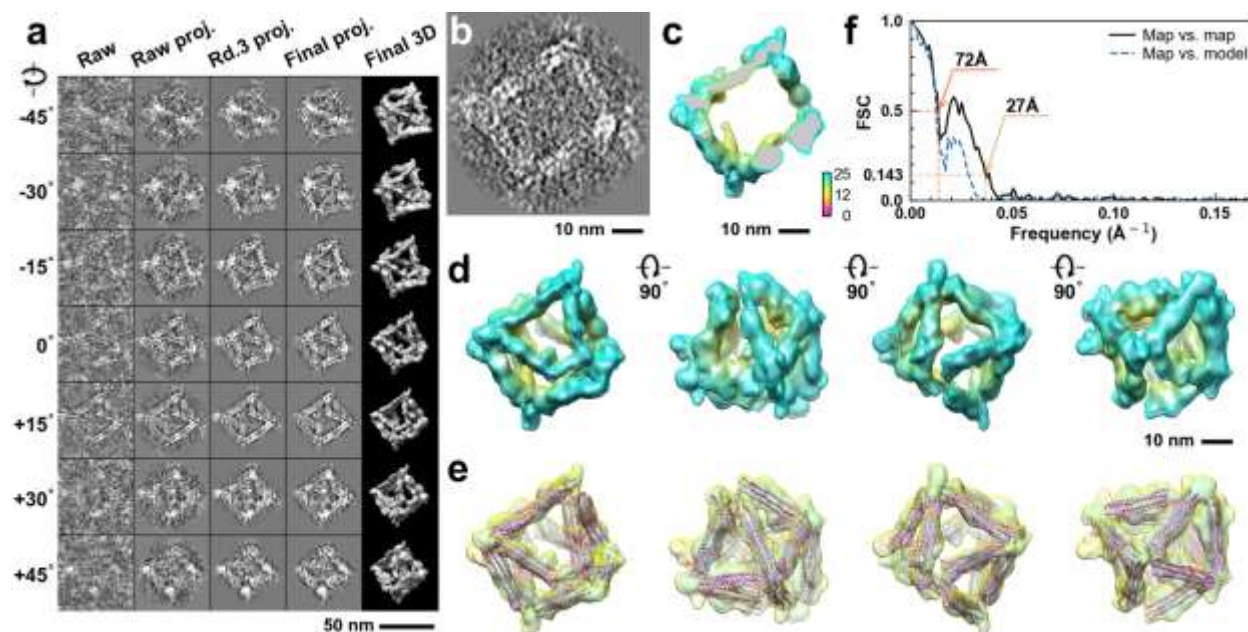


**Supplementary Fig. 269: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 261) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

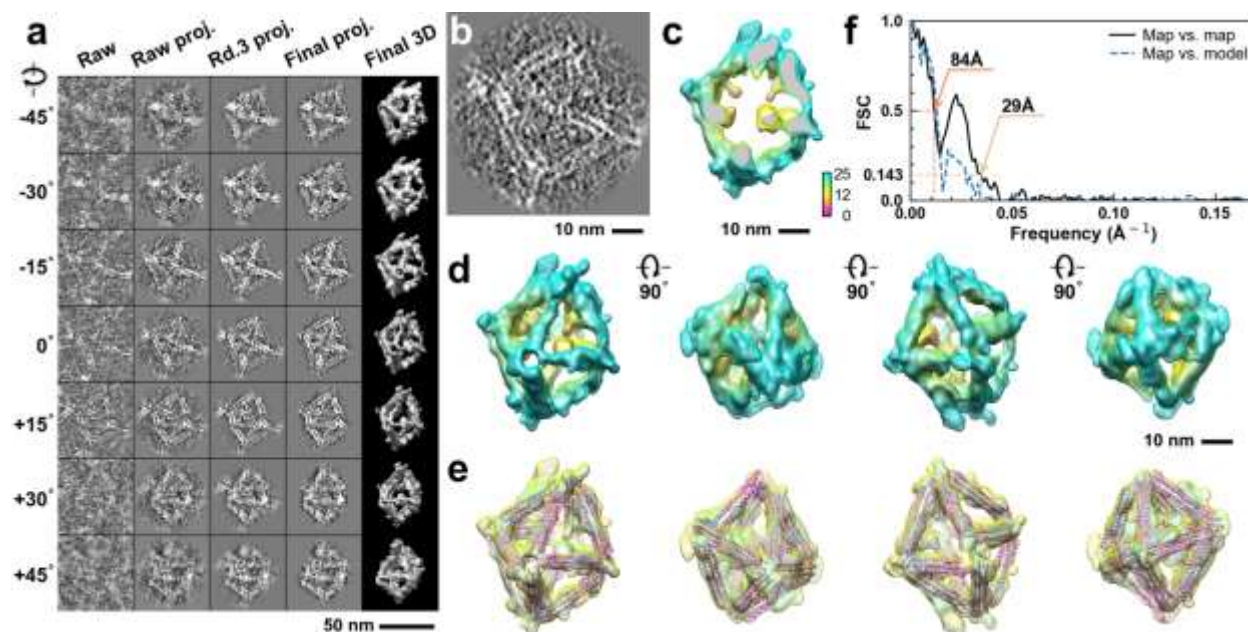




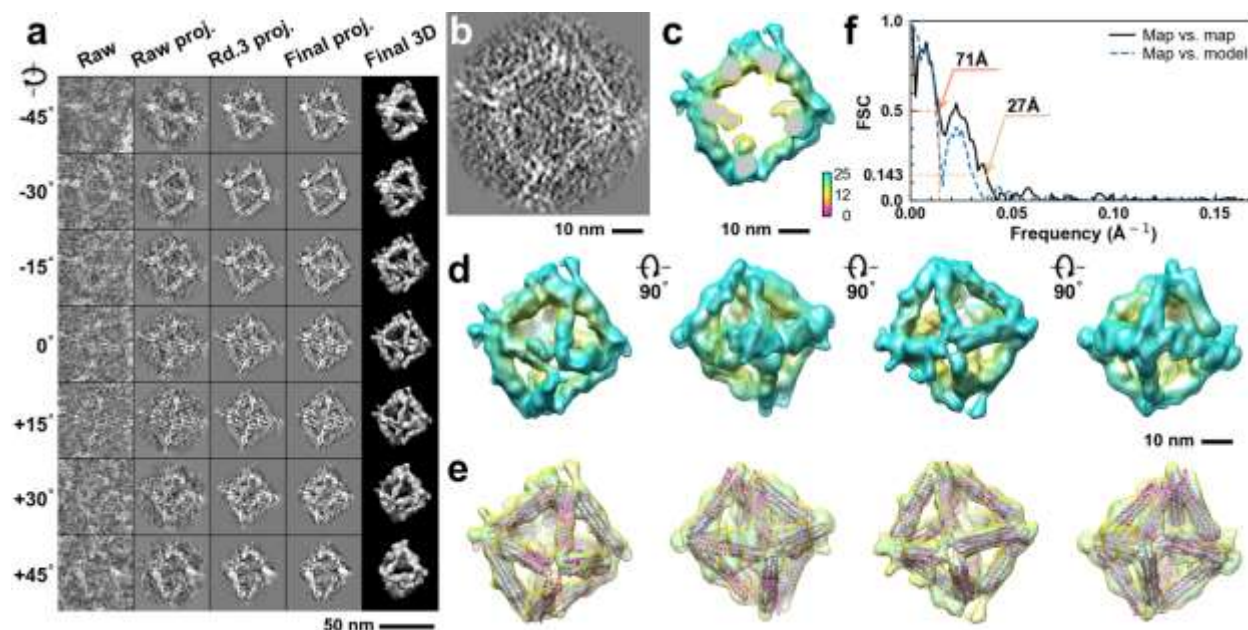
**Supplementary Fig. 270: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 262) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 271: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 263) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

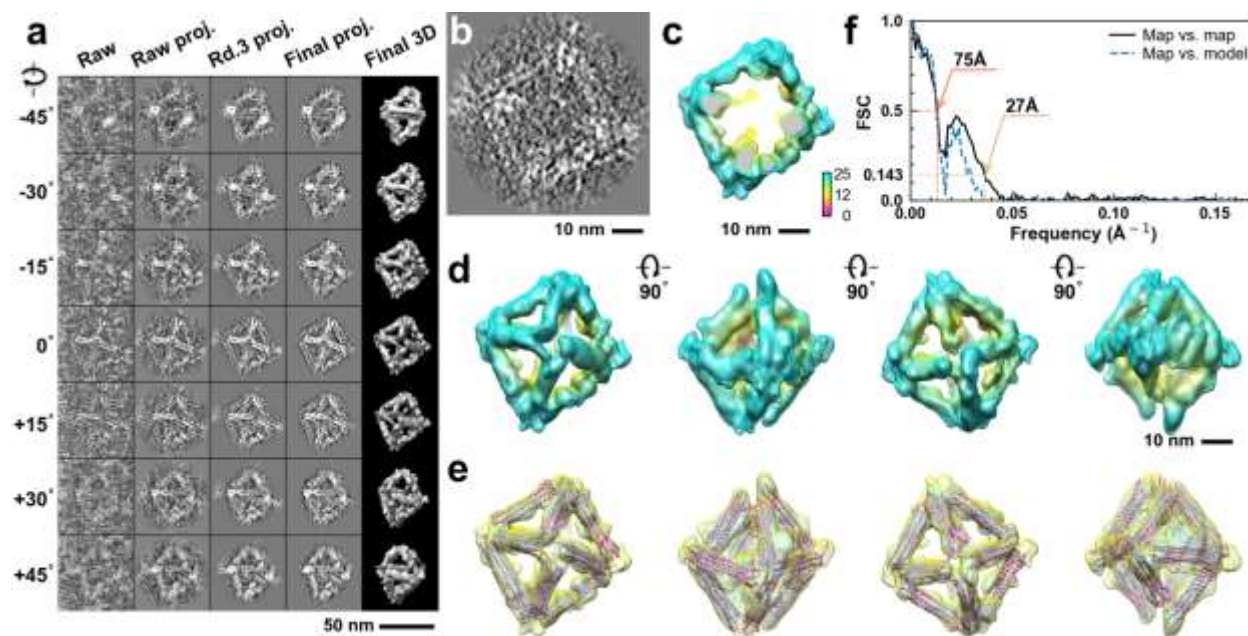


**Supplementary Fig. 272: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 264) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

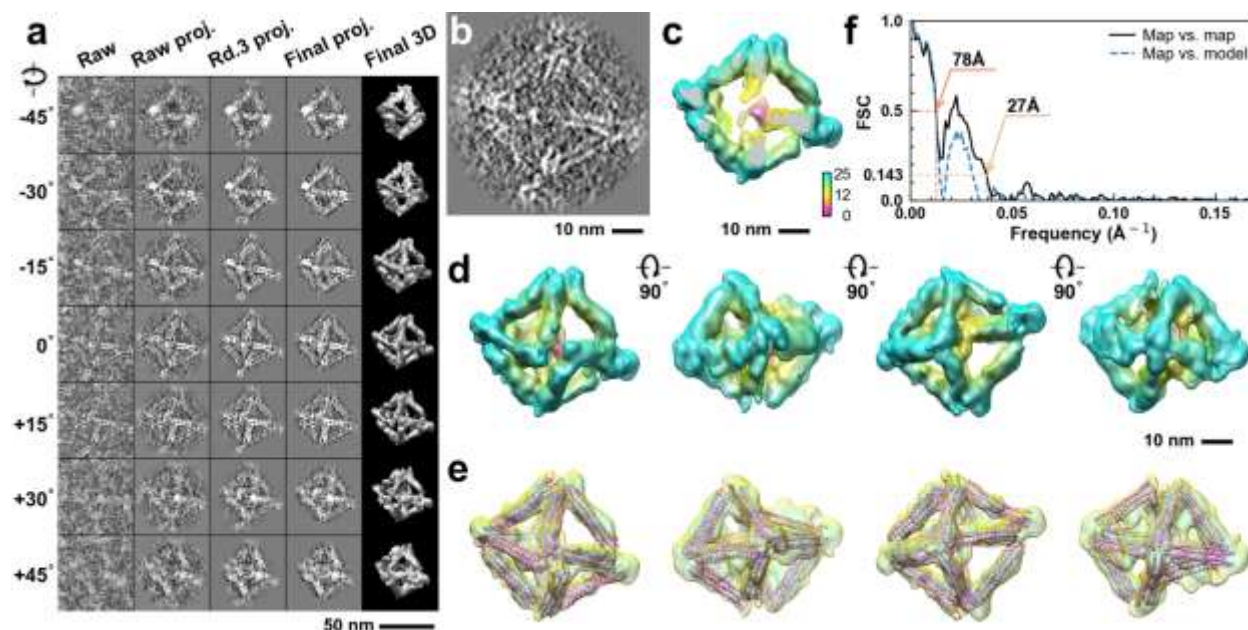


**Supplementary Fig. 273: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 265) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

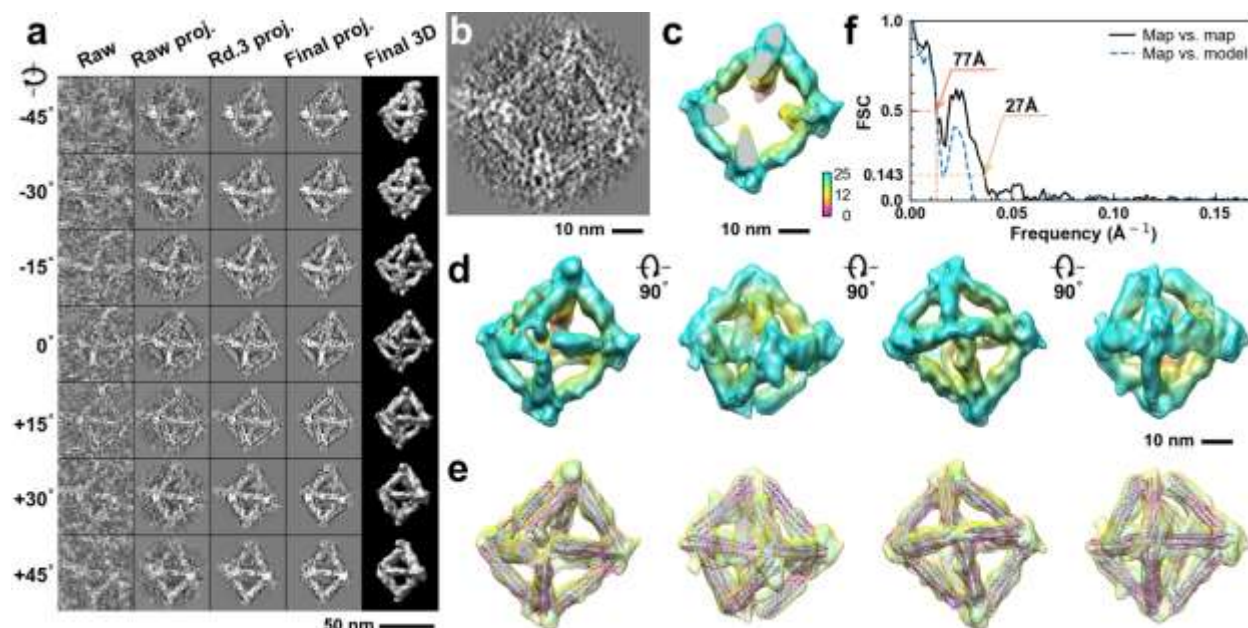




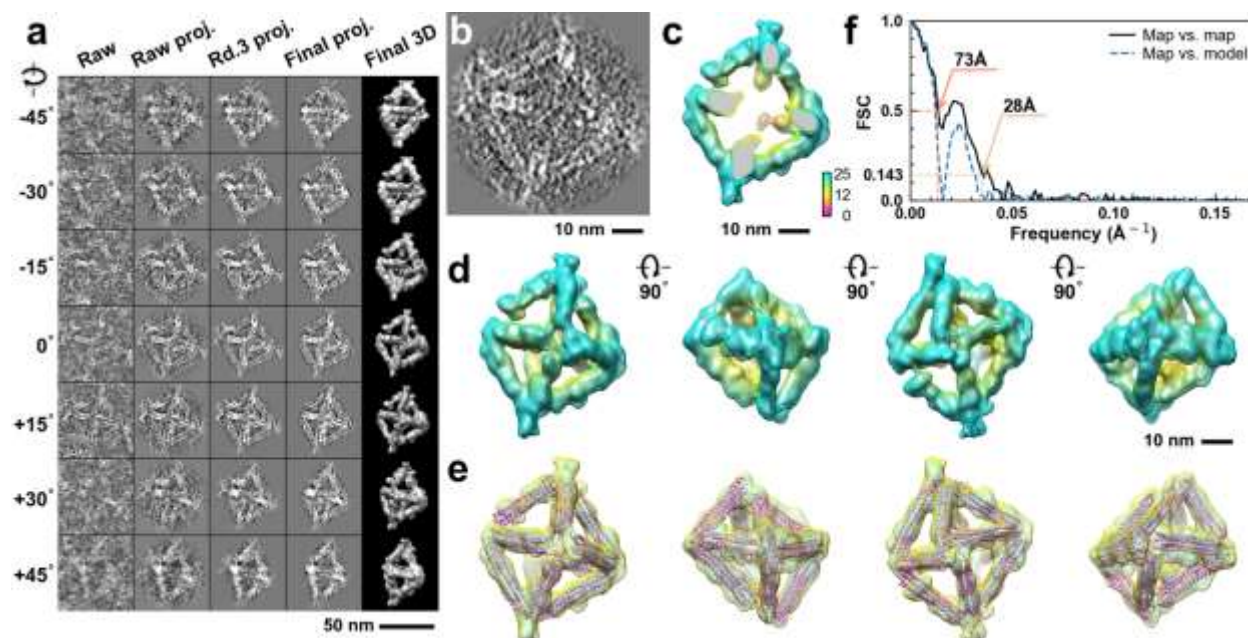
**Supplementary Fig. 274: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 266) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 275: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 267) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

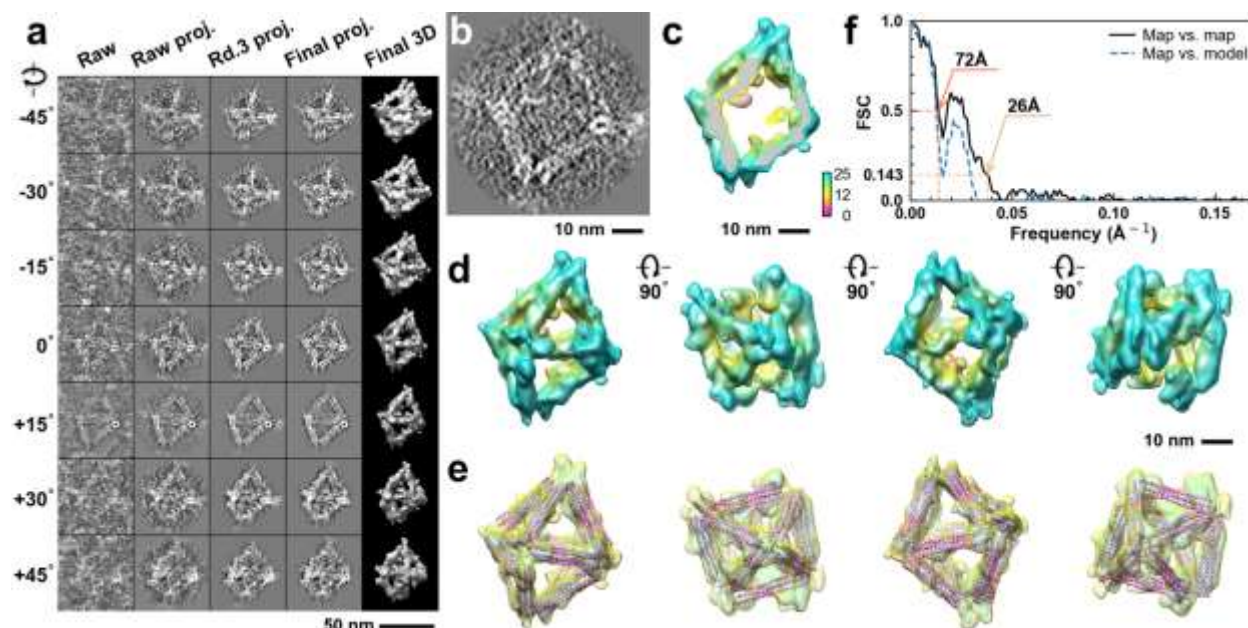


**Supplementary Fig. 276: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 268) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

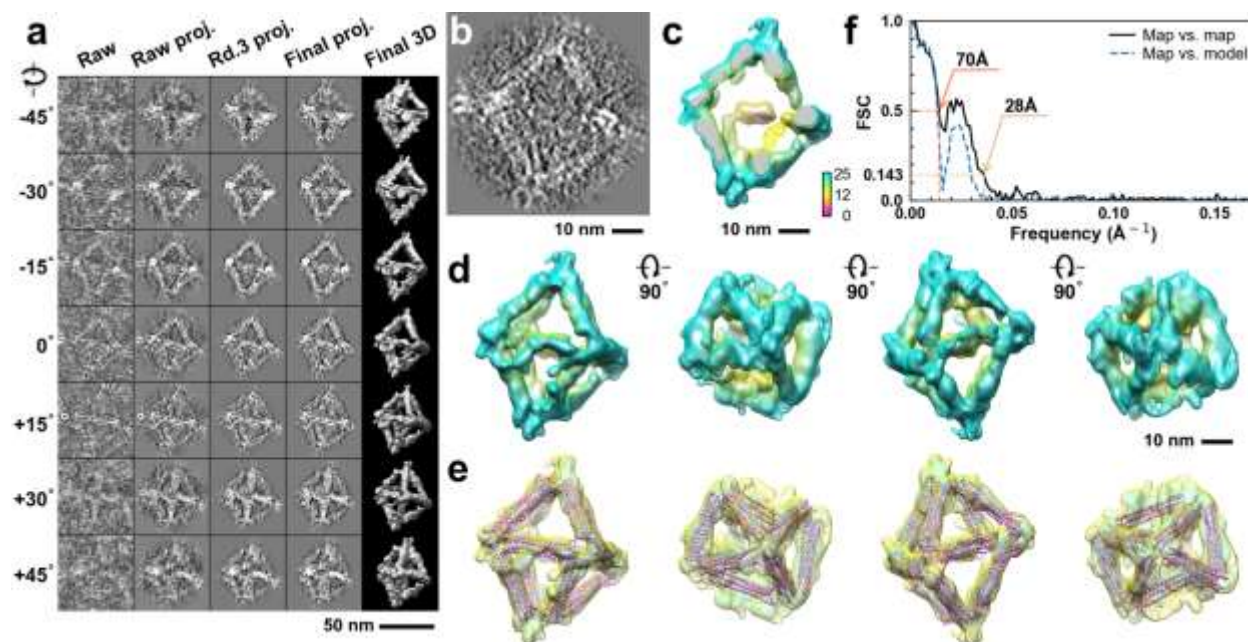


**Supplementary Fig. 277: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 269) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

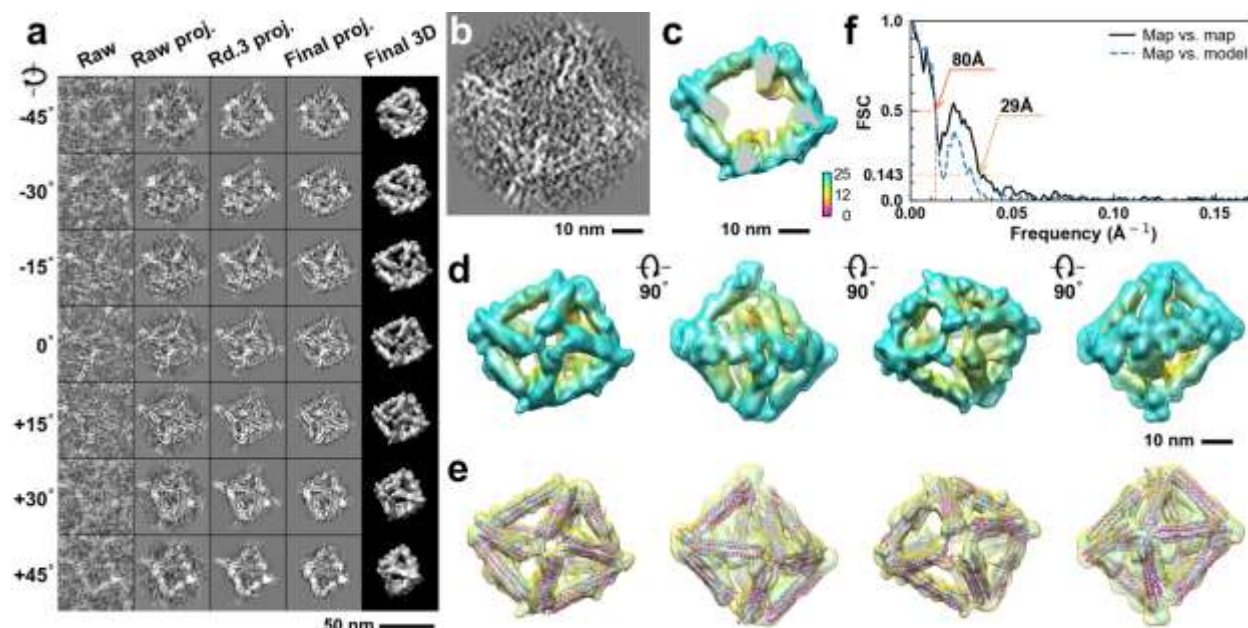




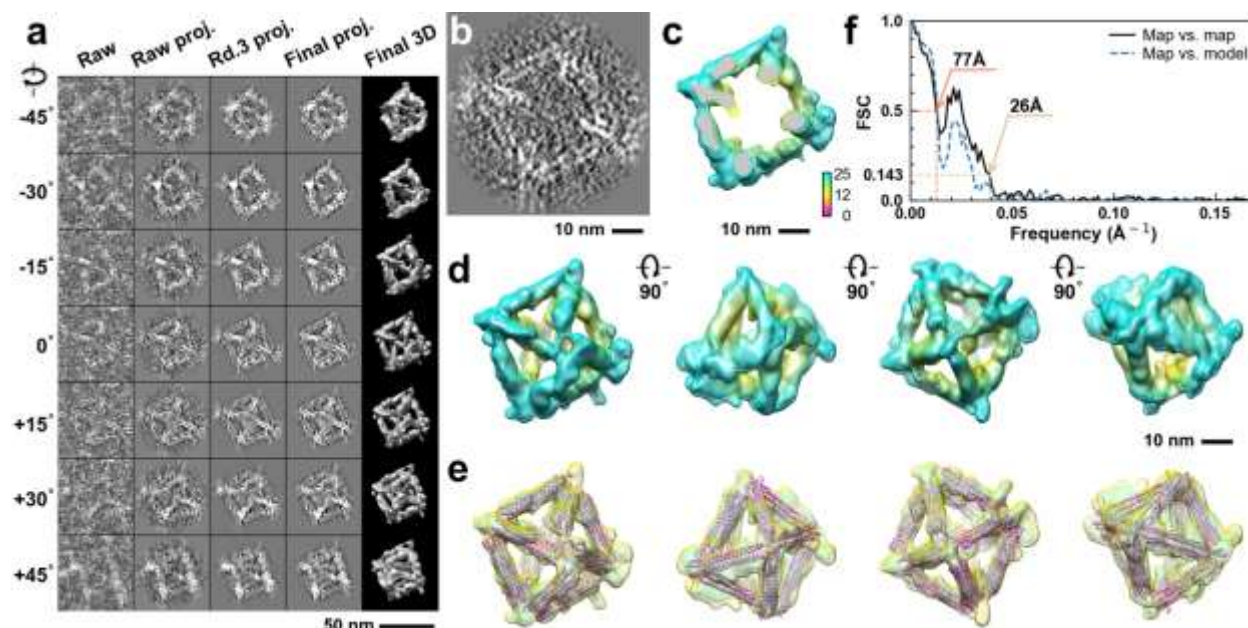
**Supplementary Fig. 278: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 270) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 279: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 271) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

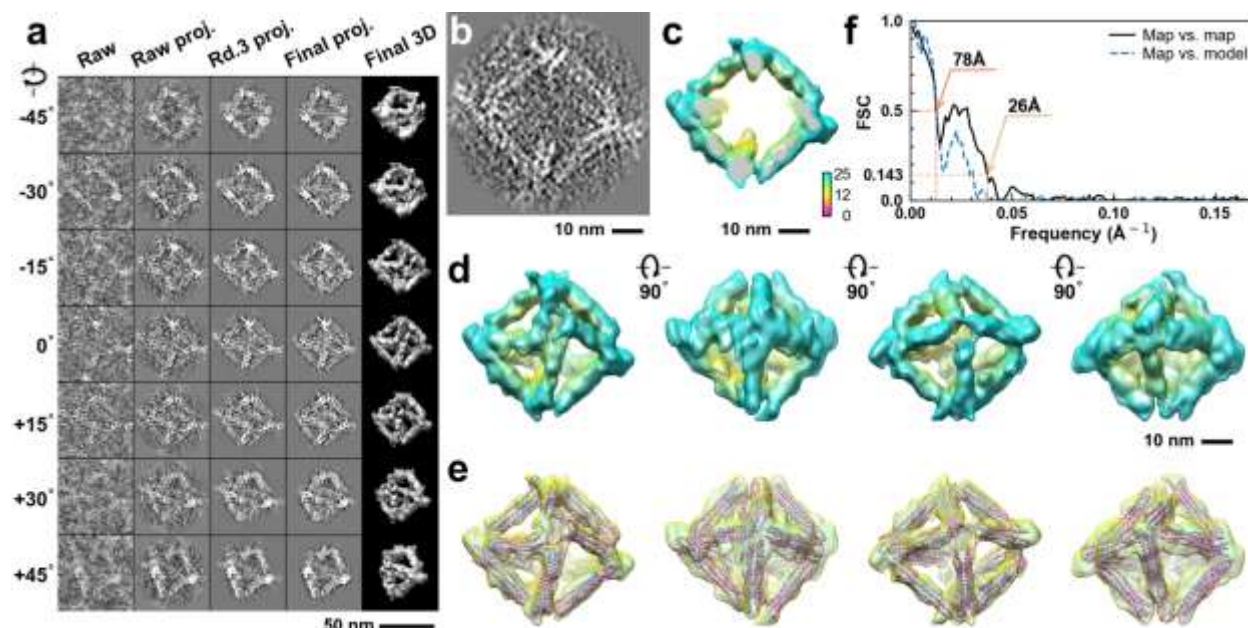


**Supplementary Fig. 280: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 272) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

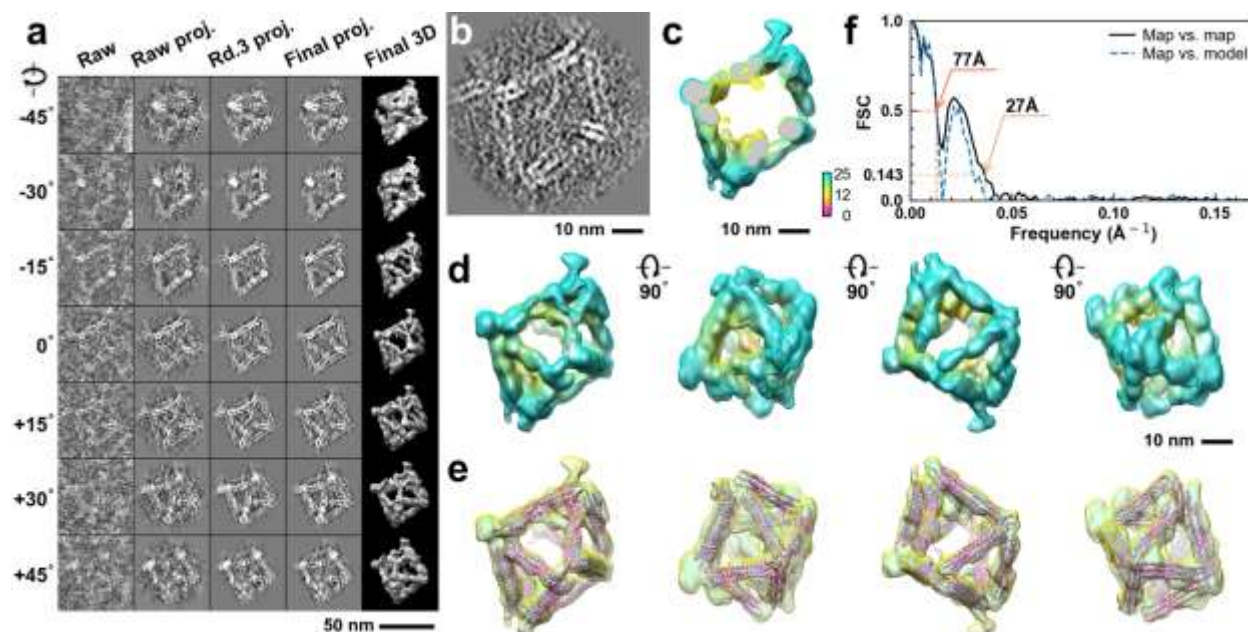


**Supplementary Fig. 281: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 273) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

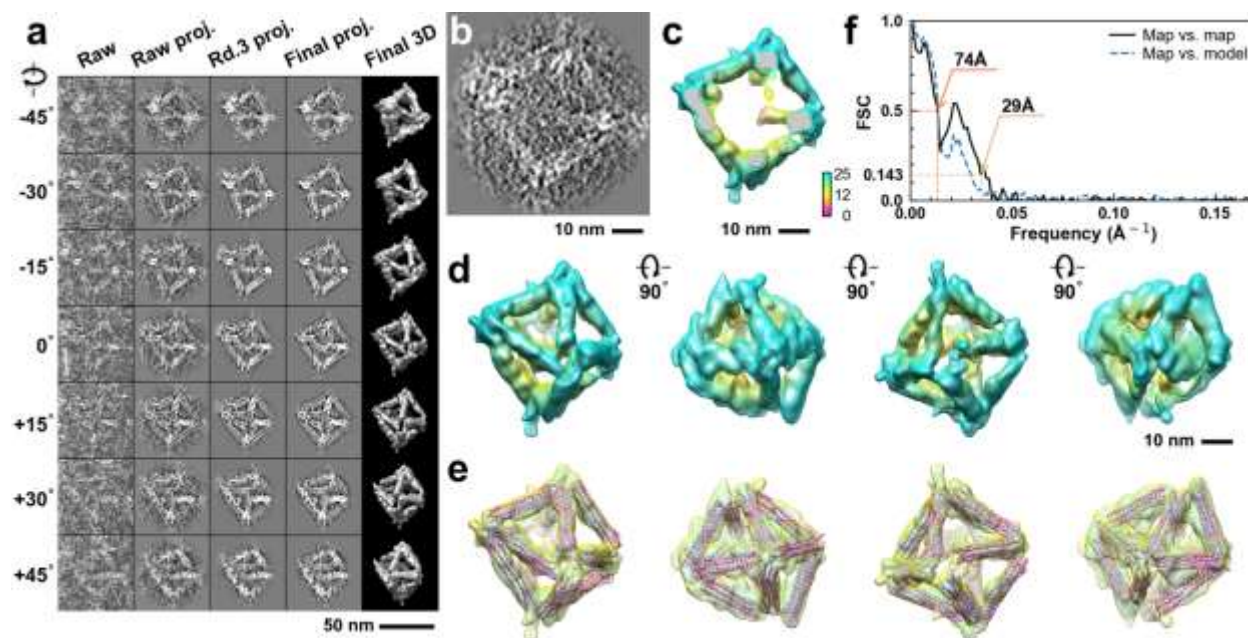




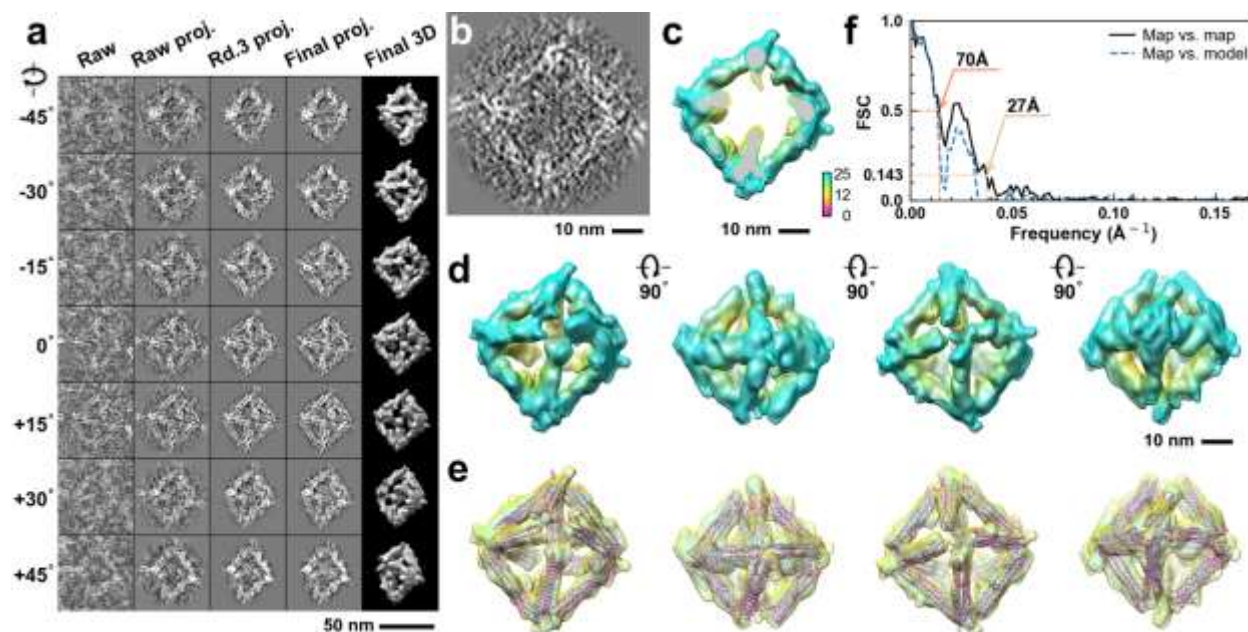
**Supplementary Fig. 282: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 274) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 283: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 275) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

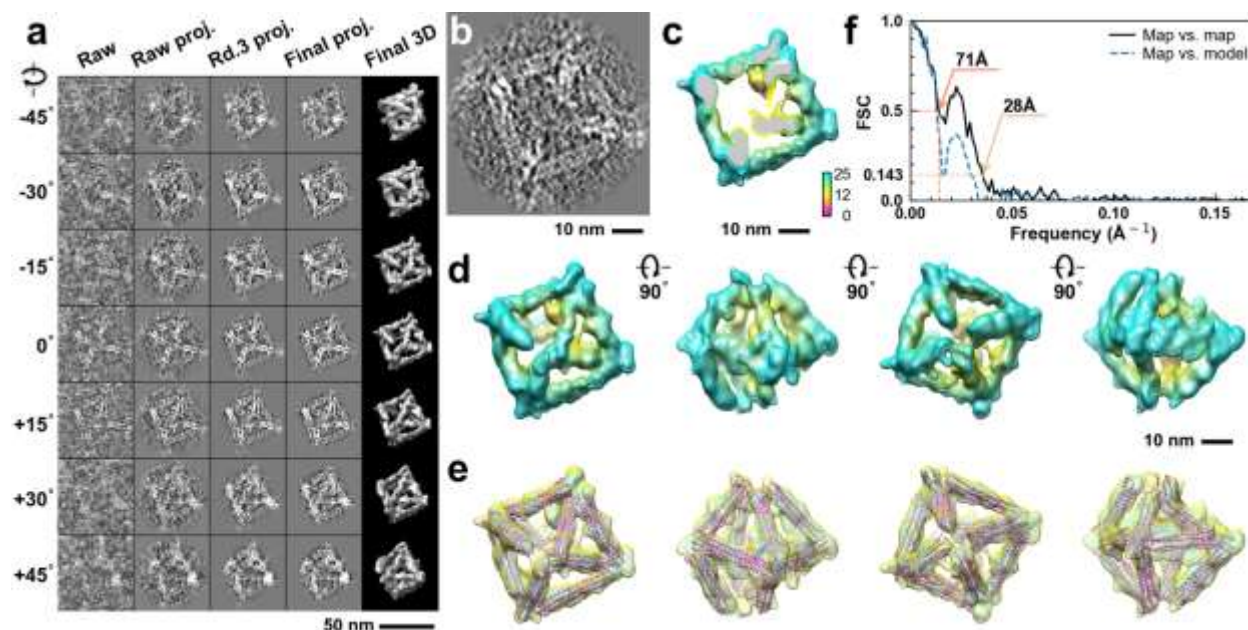


**Supplementary Fig. 284: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 276) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

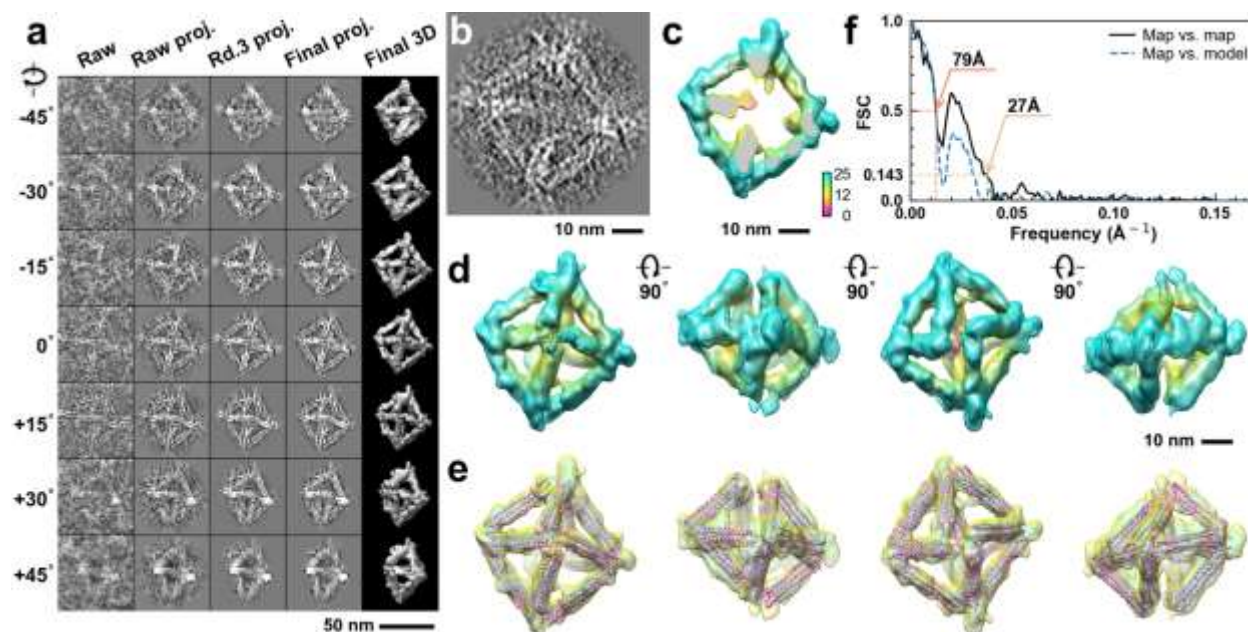


**Supplementary Fig. 285: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 277) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

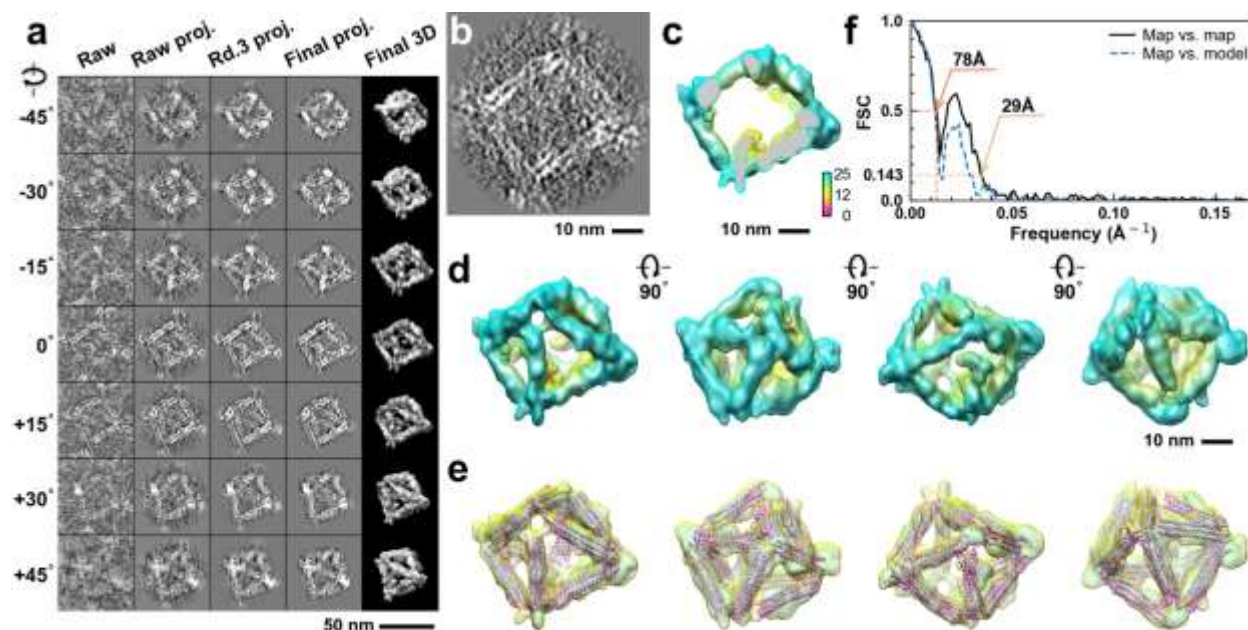




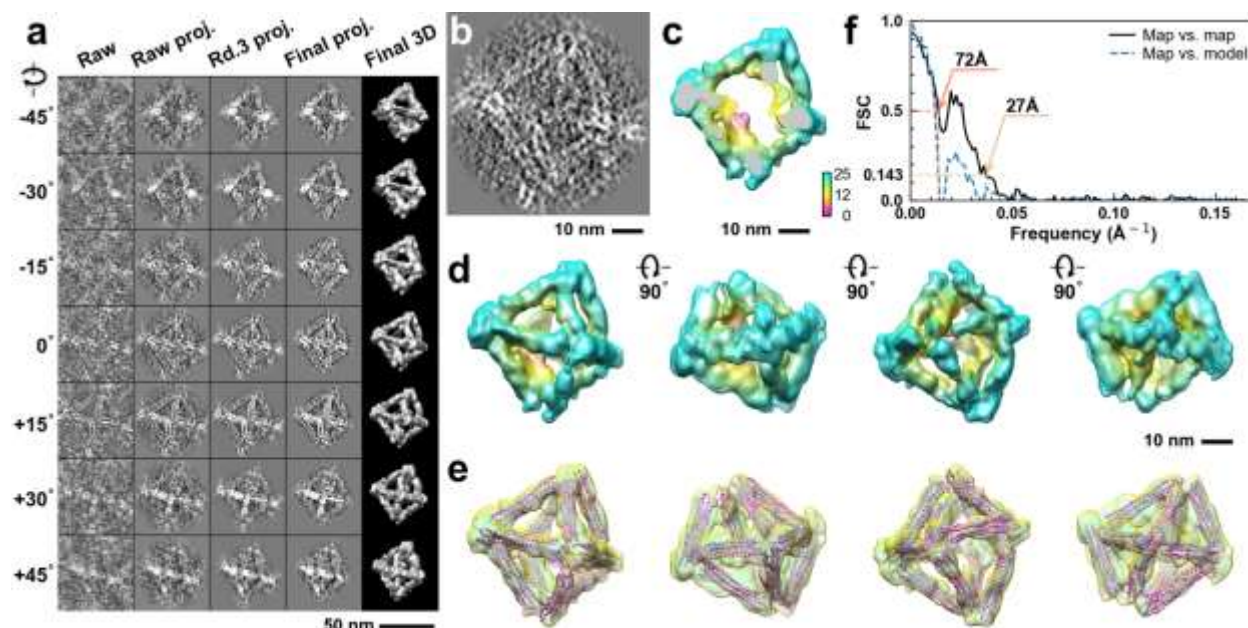
**Supplementary Fig. 286: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 278) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 287: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 279) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

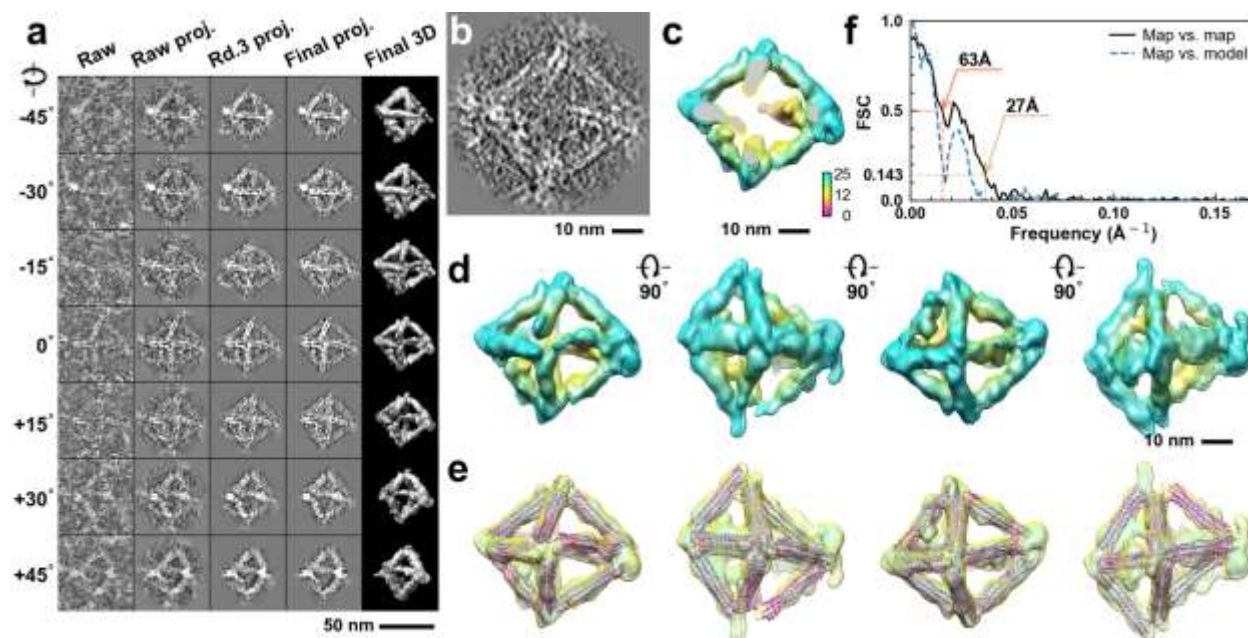


**Supplementary Fig. 288: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 280) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

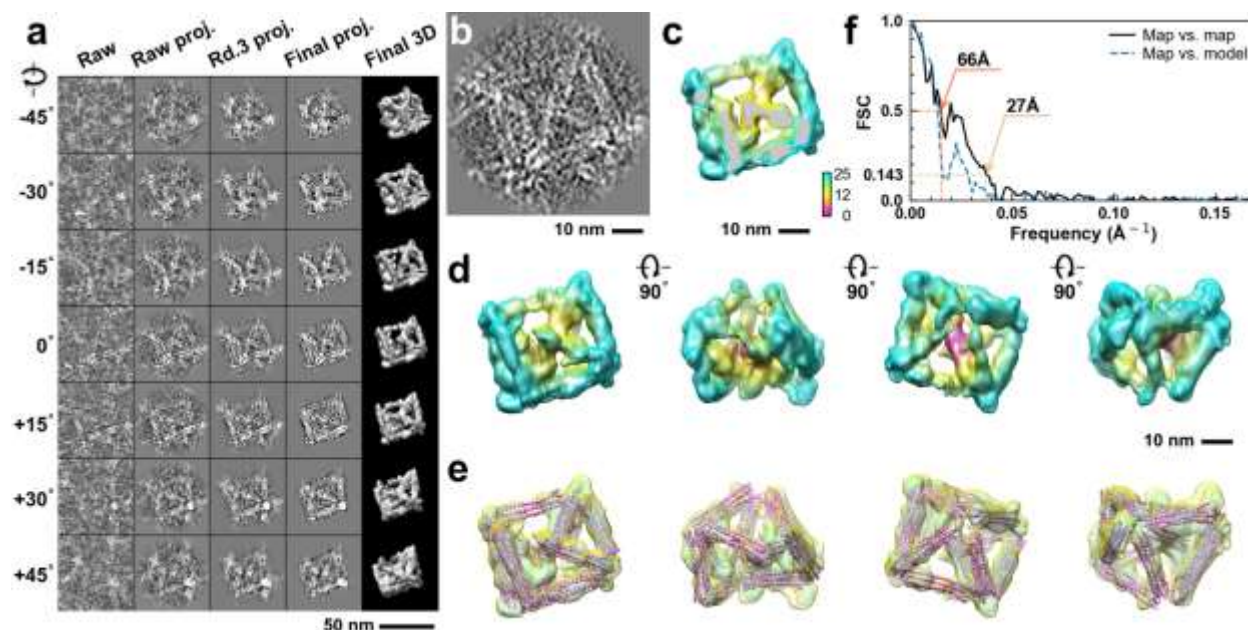


**Supplementary Fig. 289: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 281) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

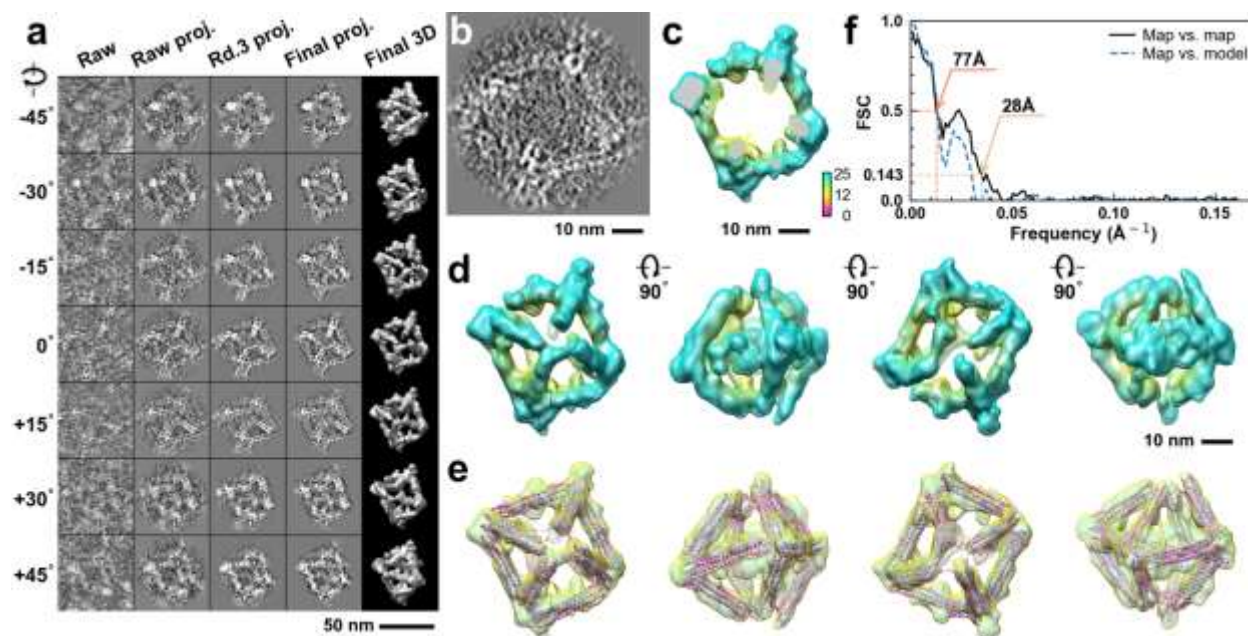




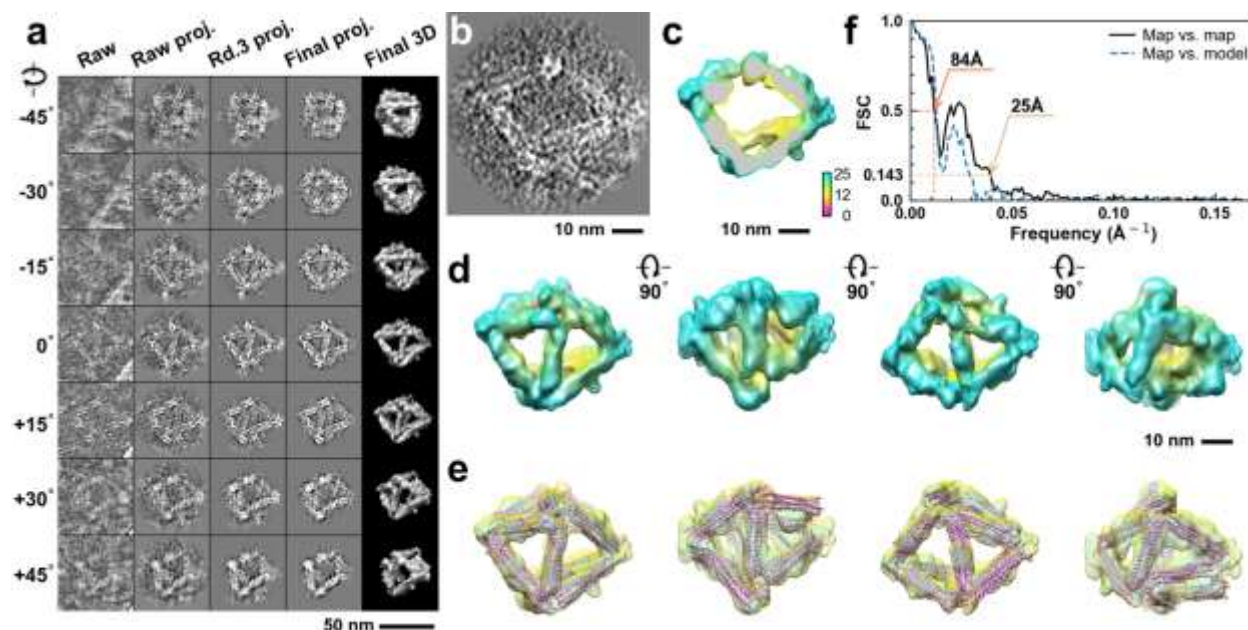
**Supplementary Fig. 290: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 282) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 291: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 283) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

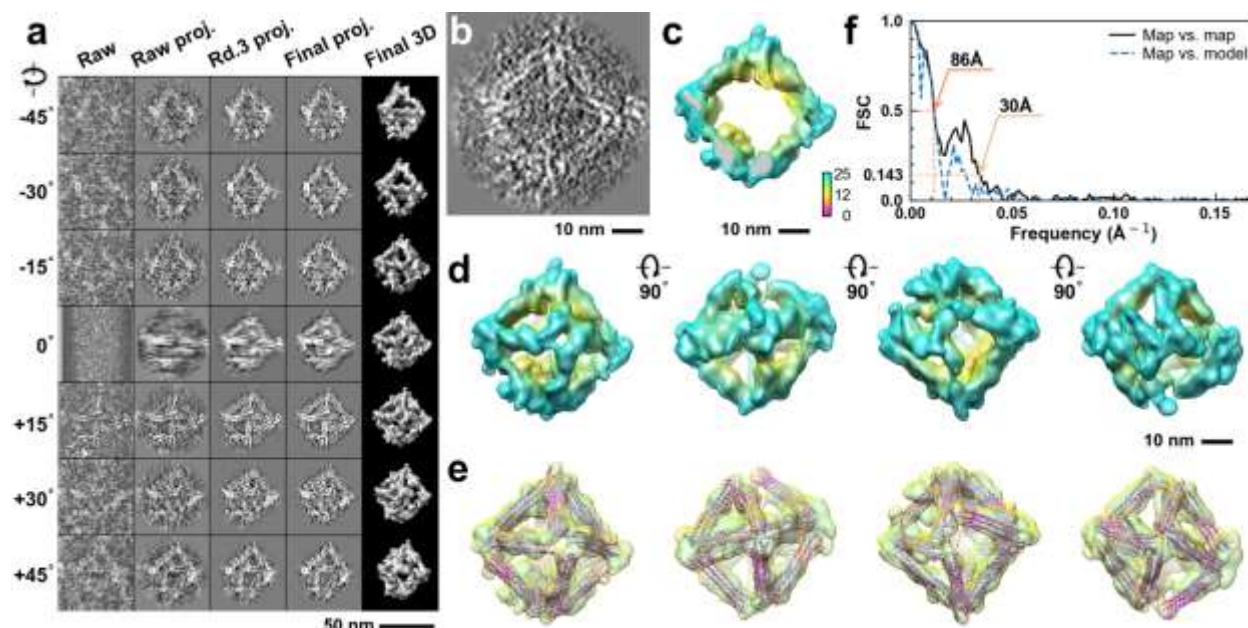


**Supplementary Fig. 292: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 284) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

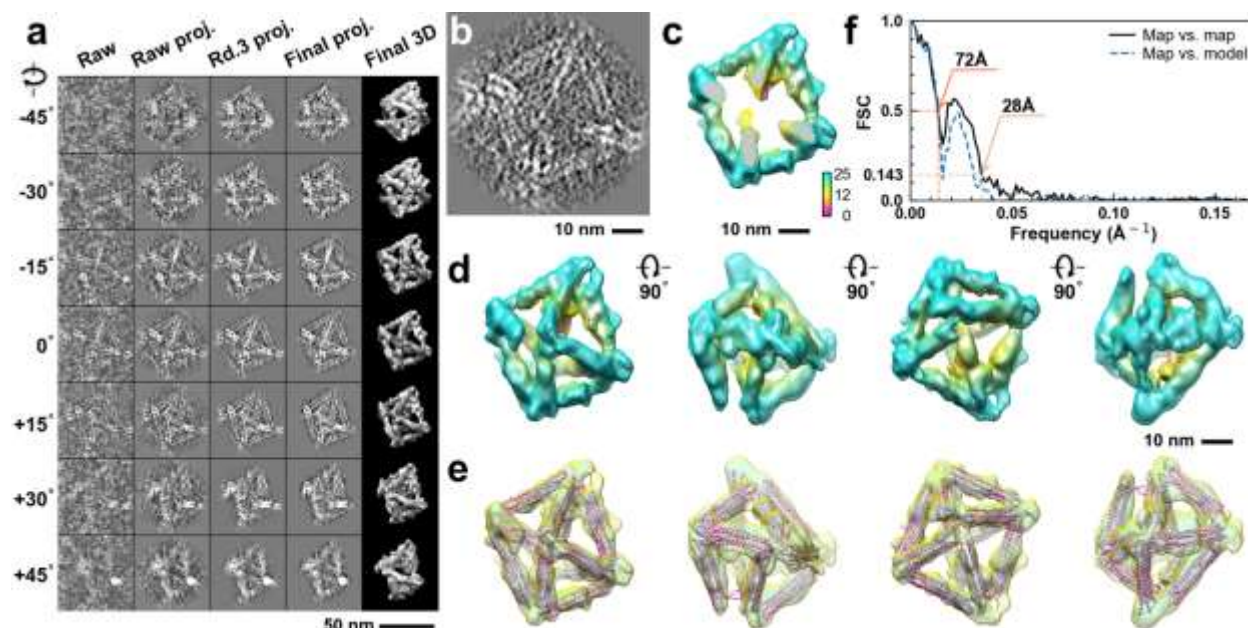


**Supplementary Fig. 293: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 285) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

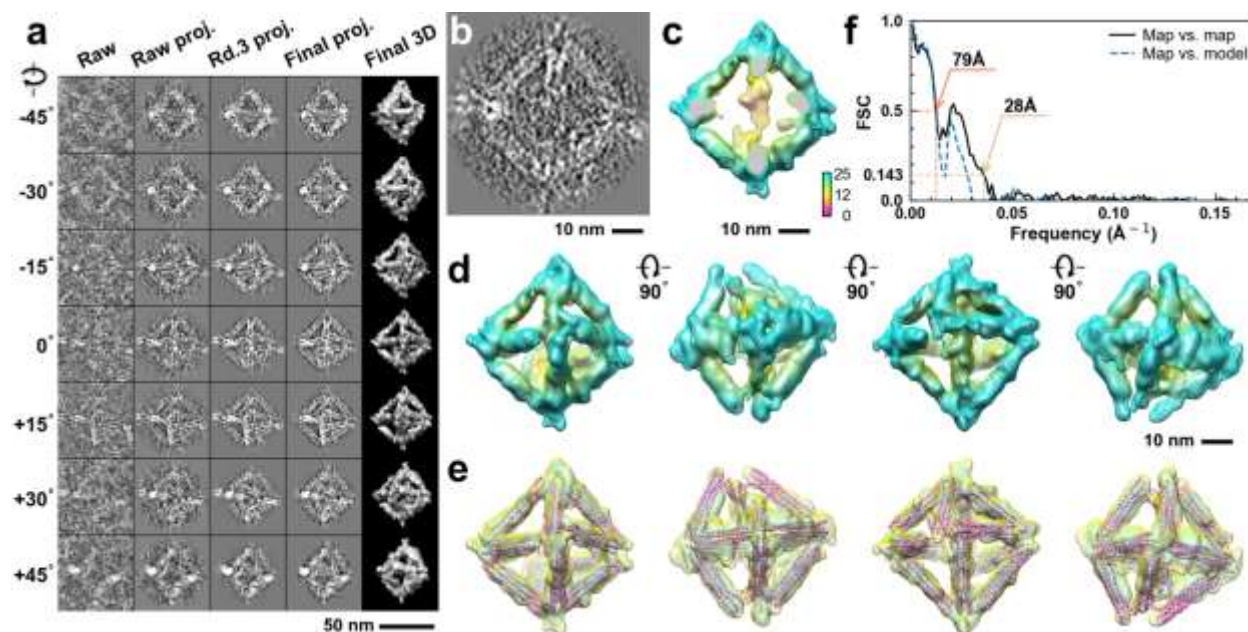




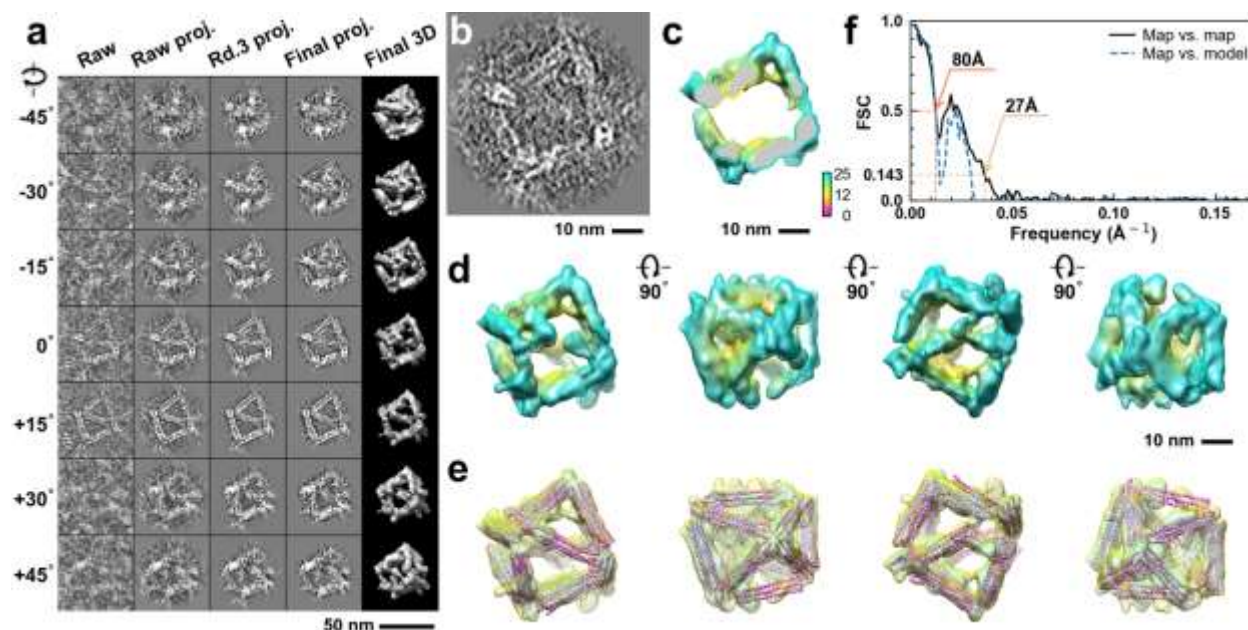
**Supplementary Fig. 294: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 286) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 295: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 287) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

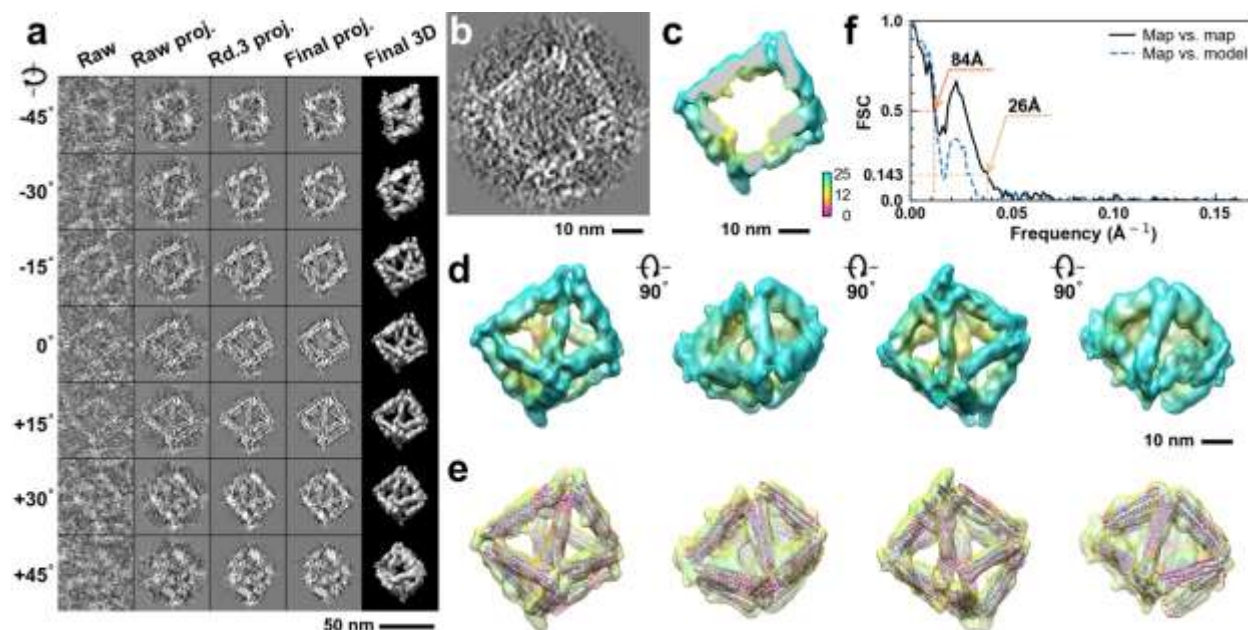


**Supplementary Fig. 296: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 288) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

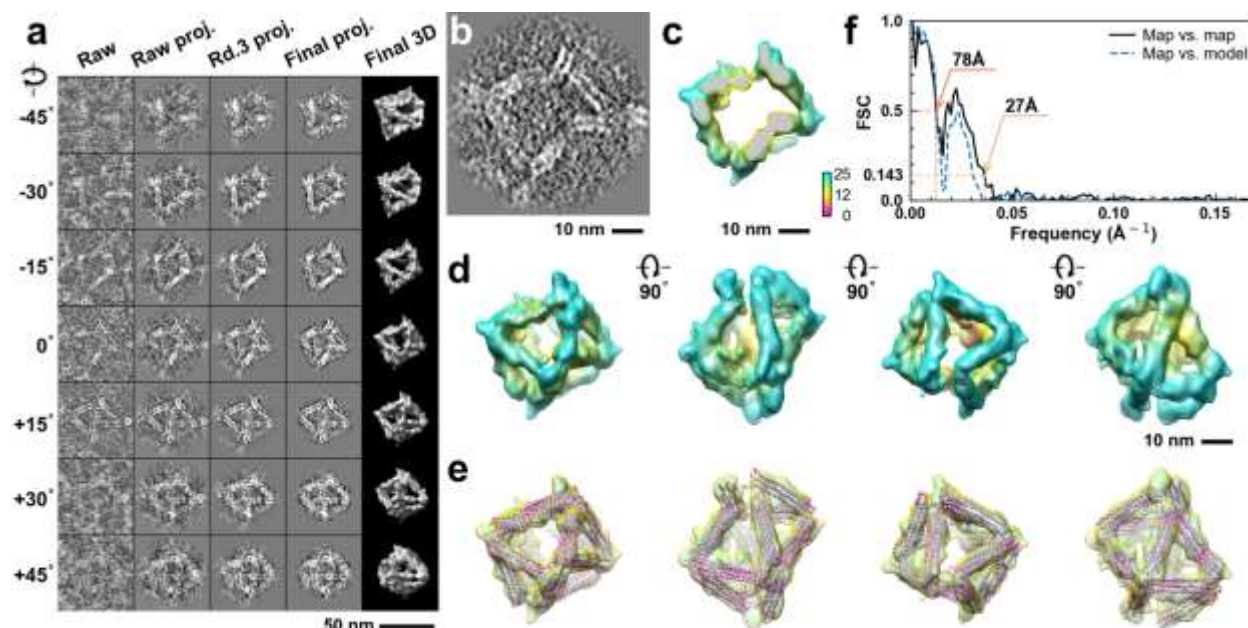


**Supplementary Fig. 297: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 289) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

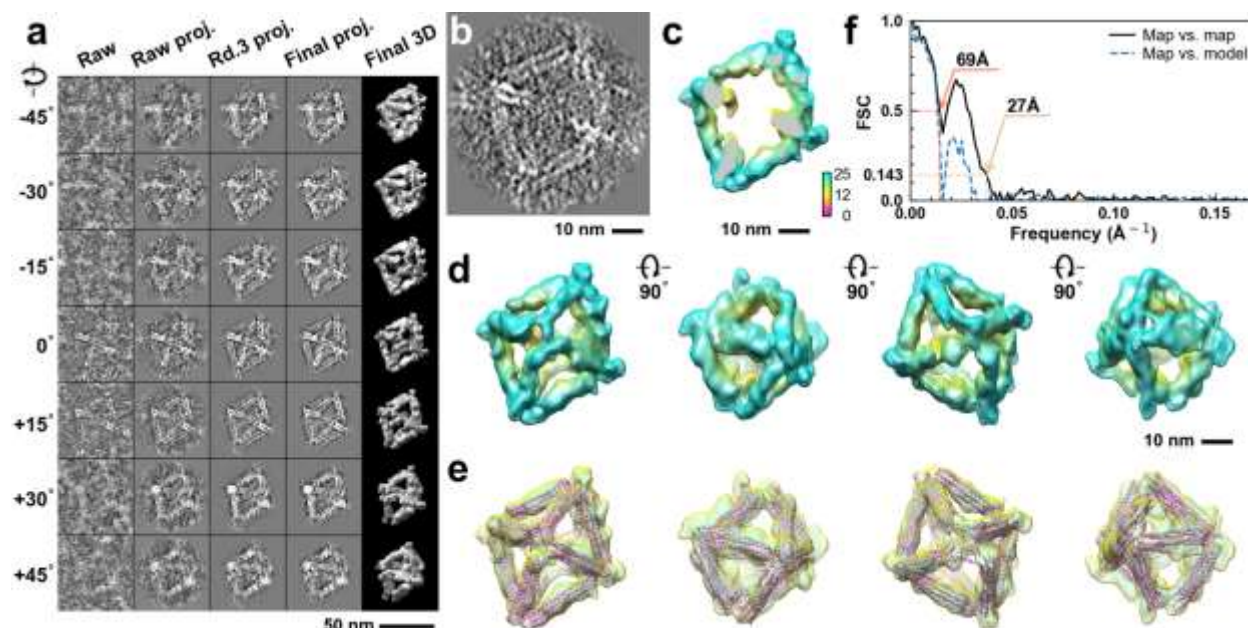




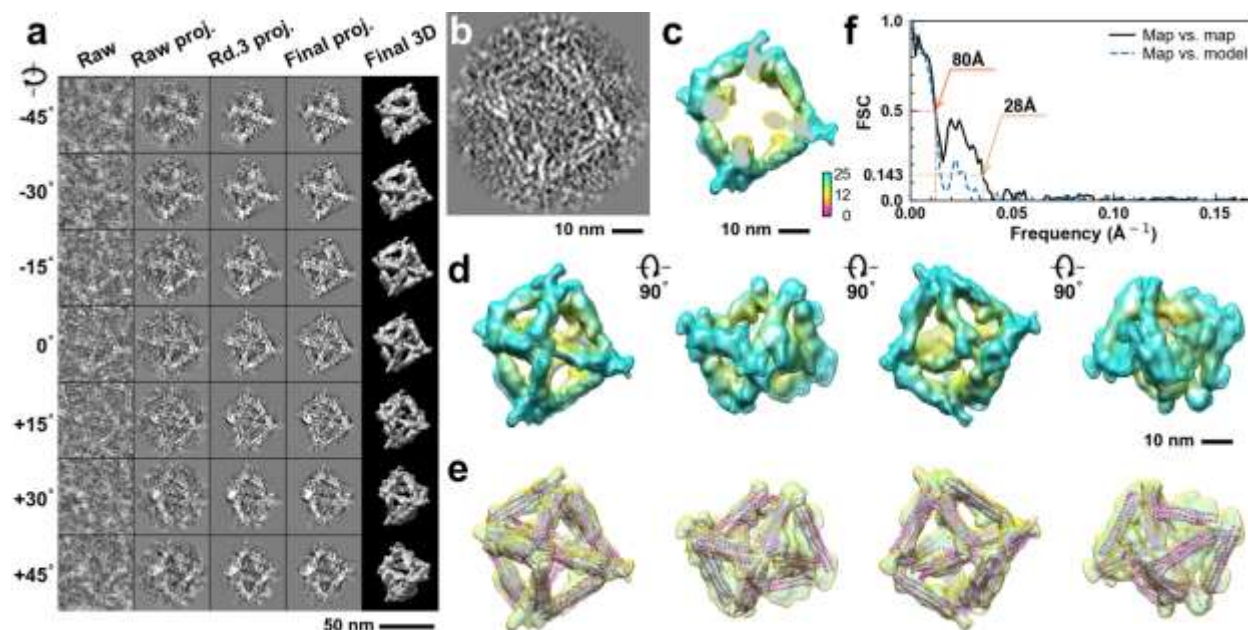
**Supplementary Fig. 298: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 290) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 299: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 291) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

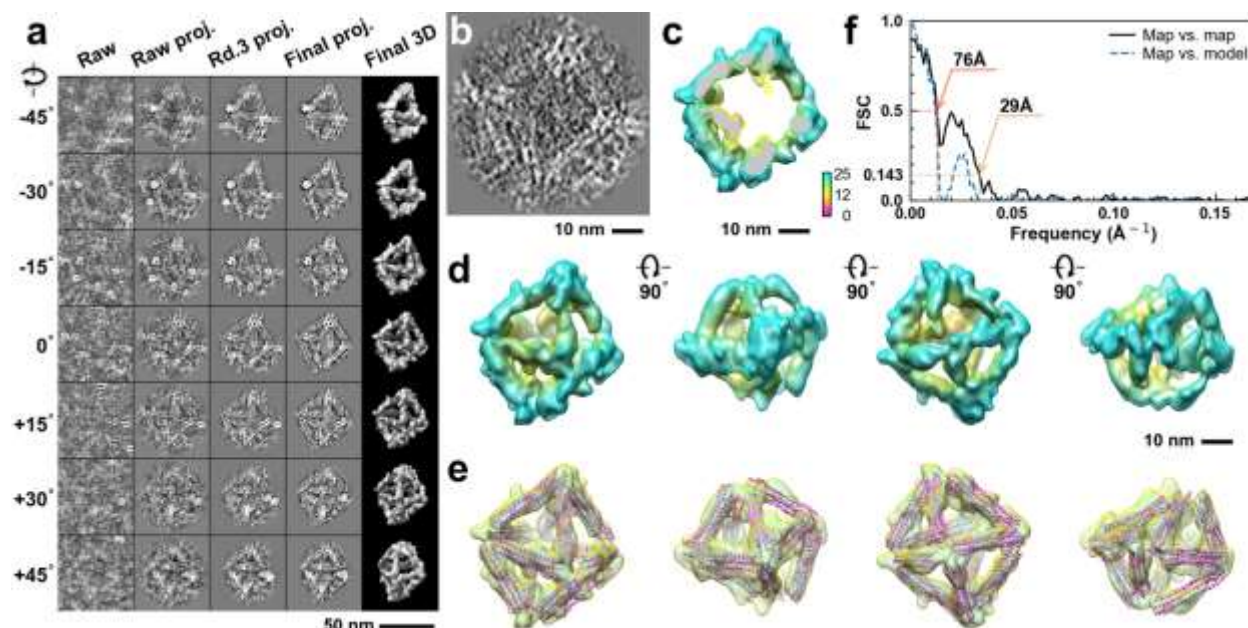


**Supplementary Fig. 300: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 292) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

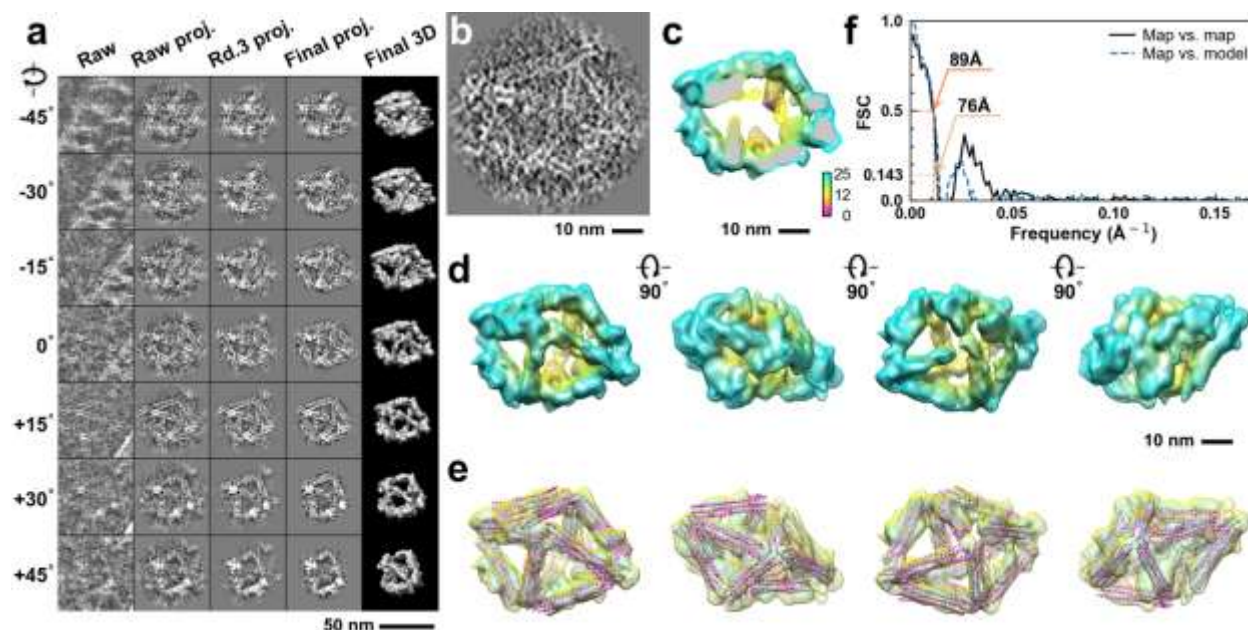


**Supplementary Fig. 301: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 293) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

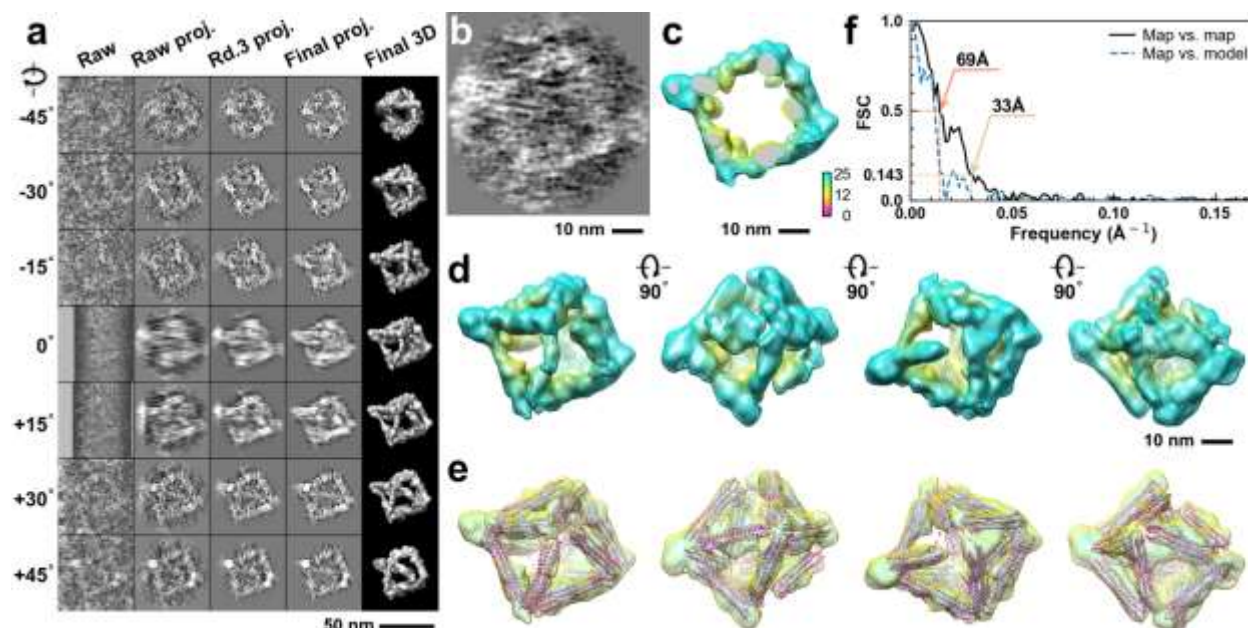




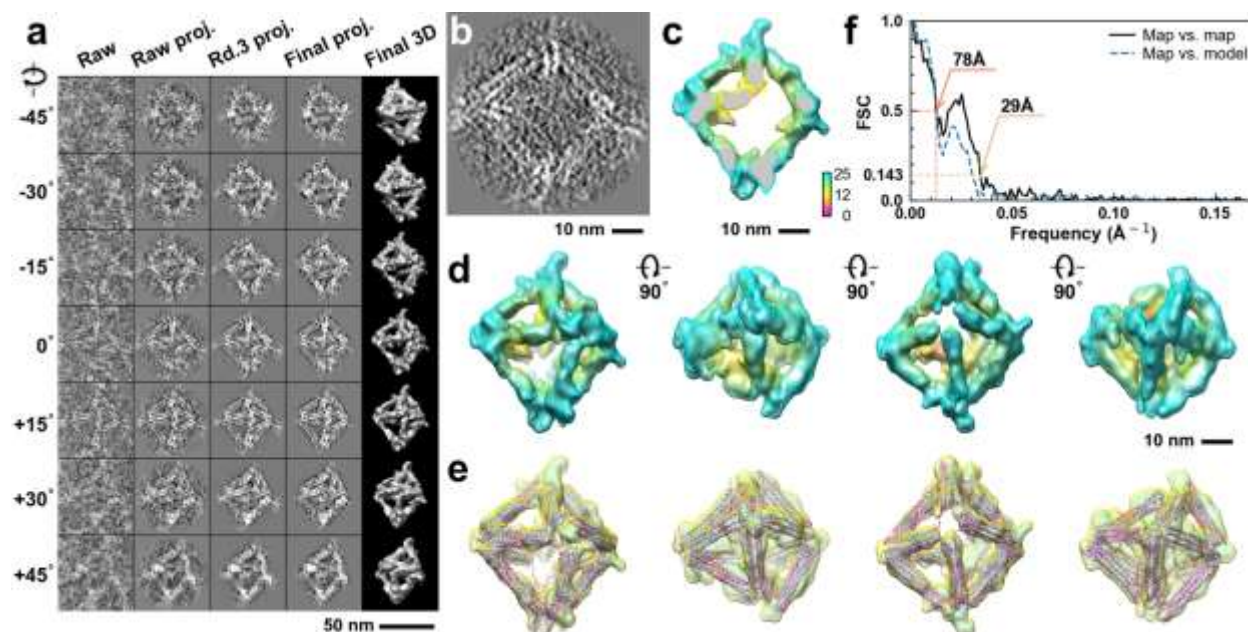
**Supplementary Fig. 302: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 294) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 303: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 295) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

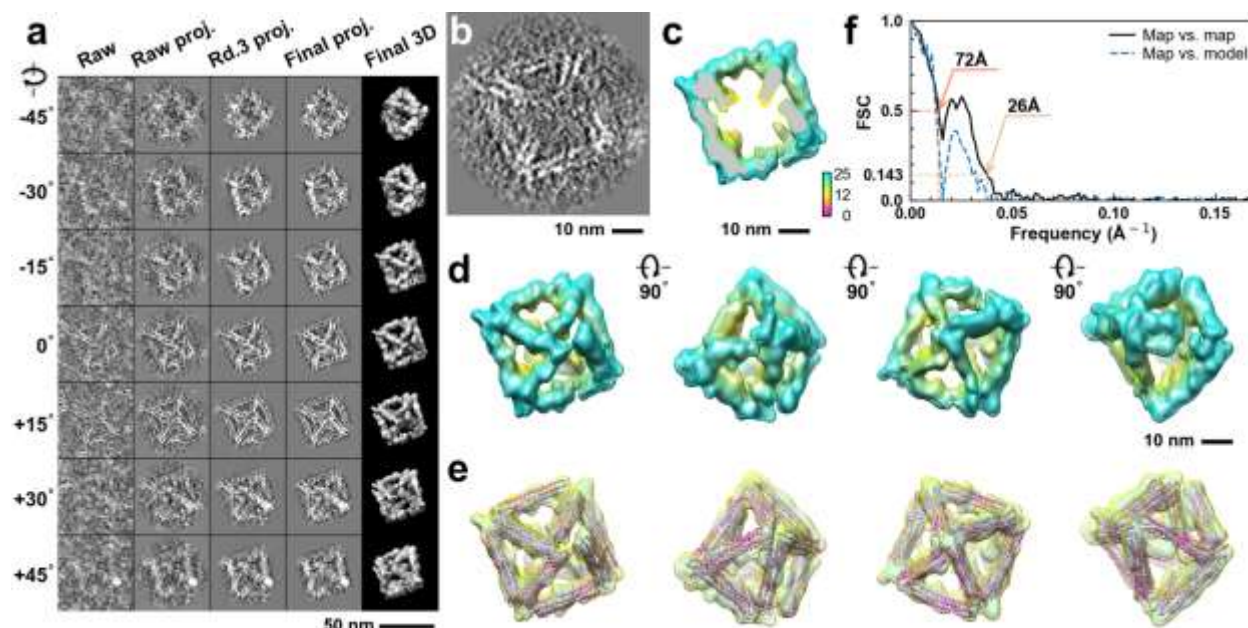


**Supplementary Fig. 304: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 296) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

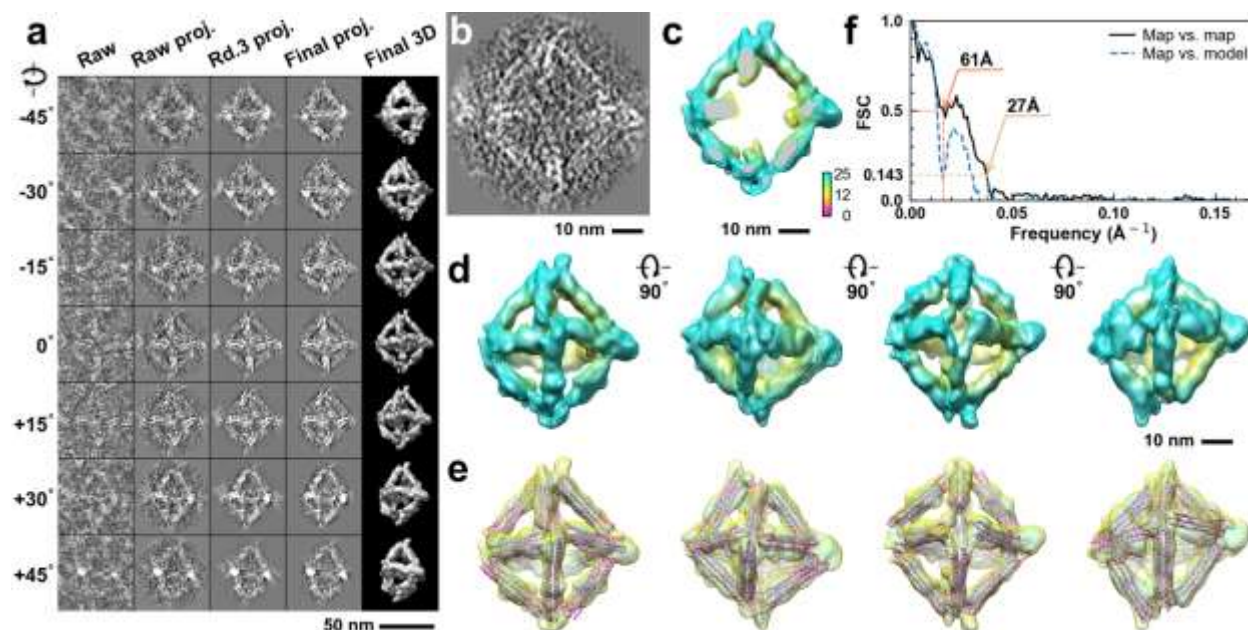


**Supplementary Fig. 305: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 297) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

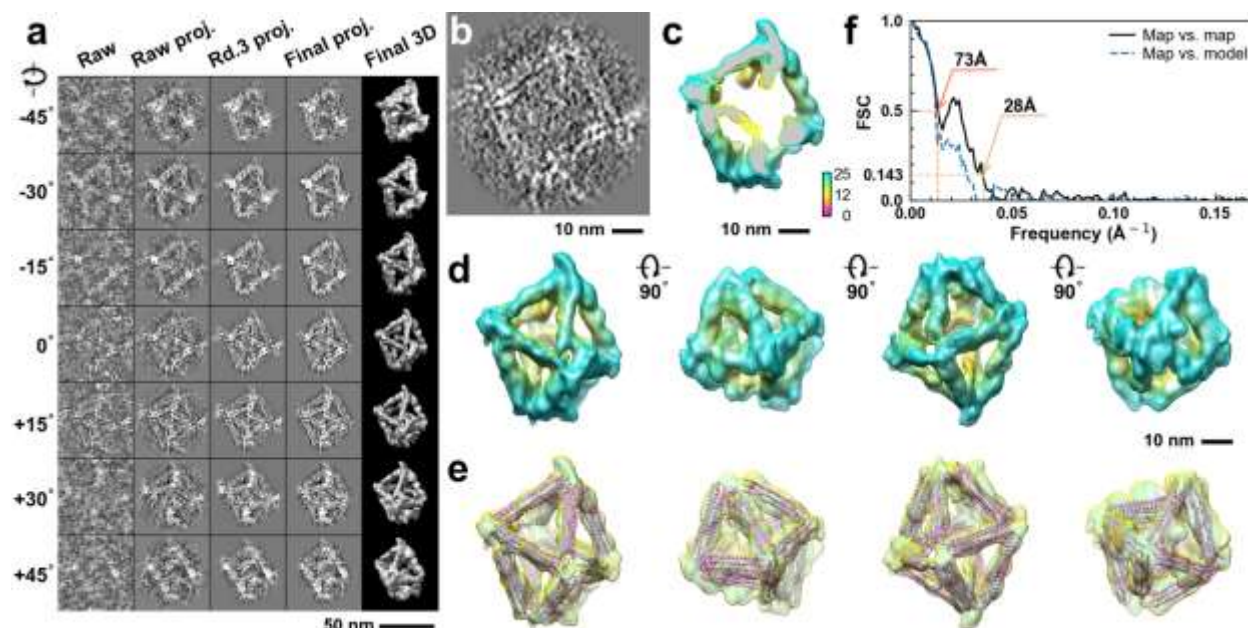




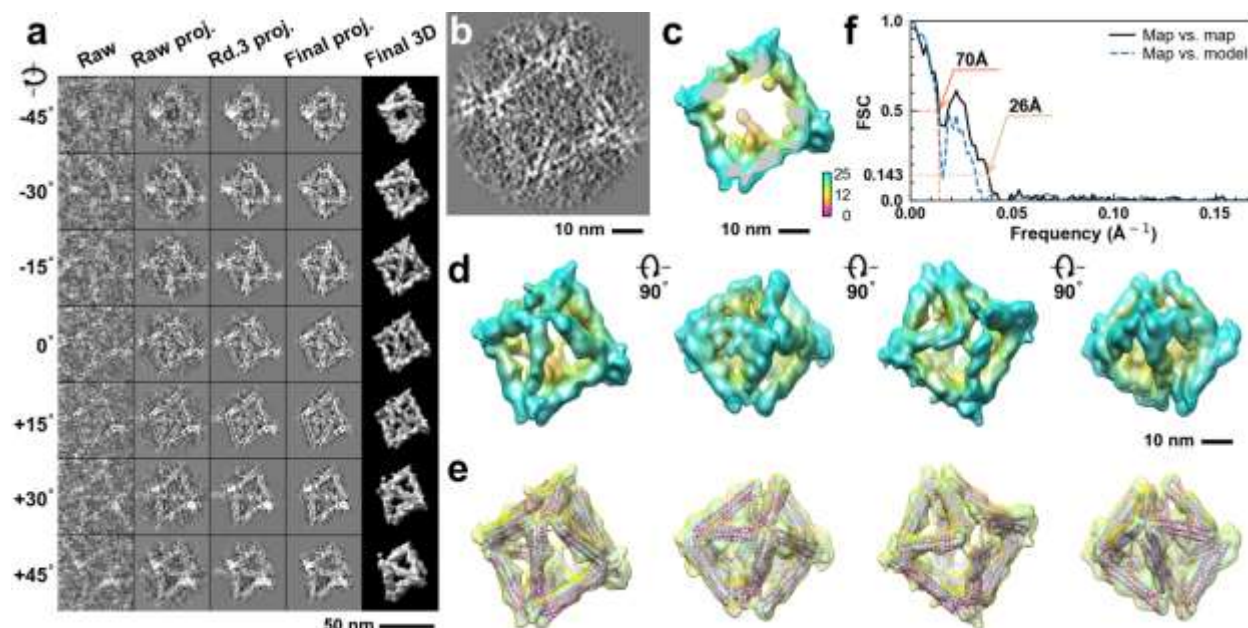
**Supplementary Fig. 306: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 298) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 307: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 299) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

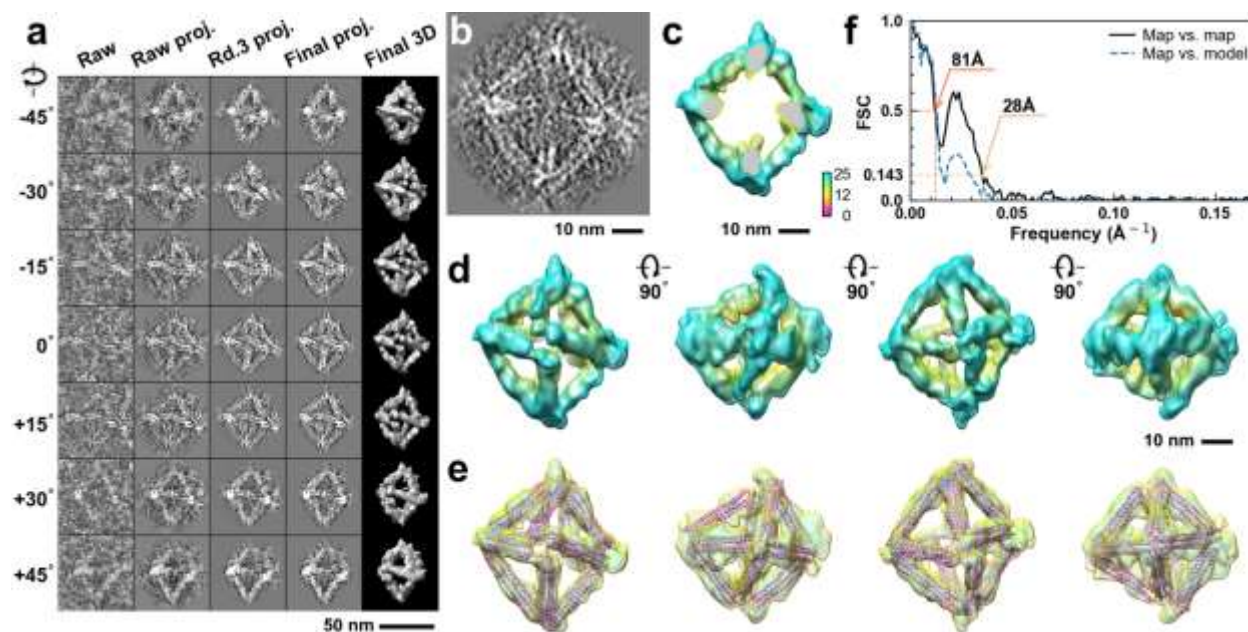


**Supplementary Fig. 308: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 300) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

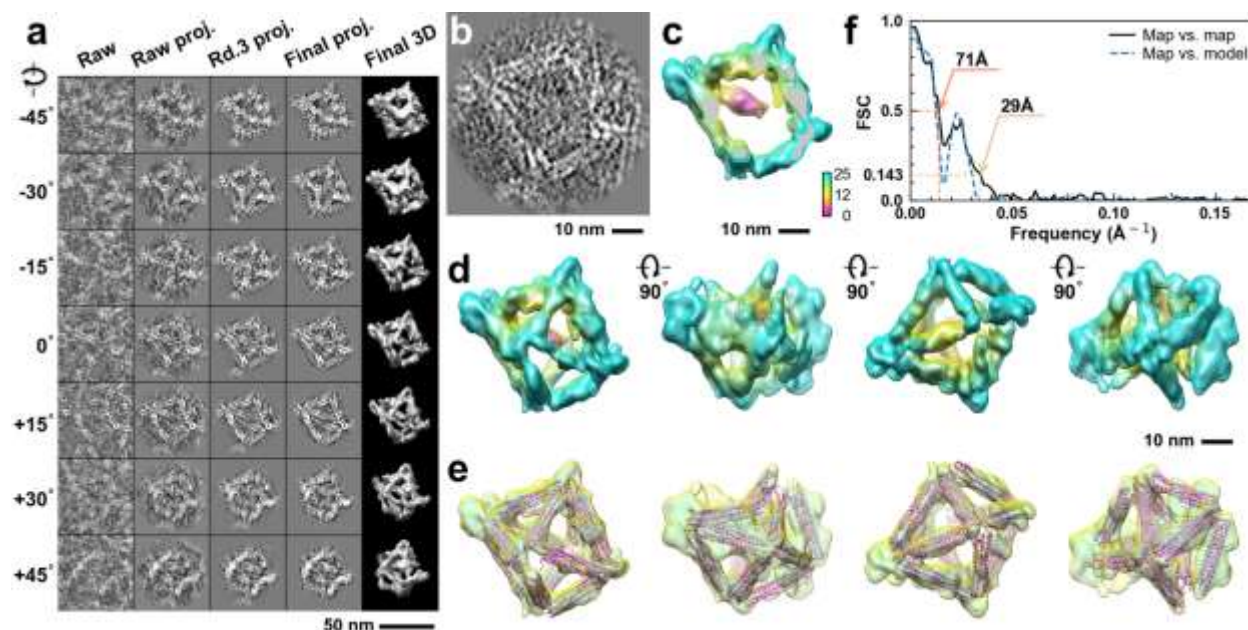


**Supplementary Fig. 309: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 301) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

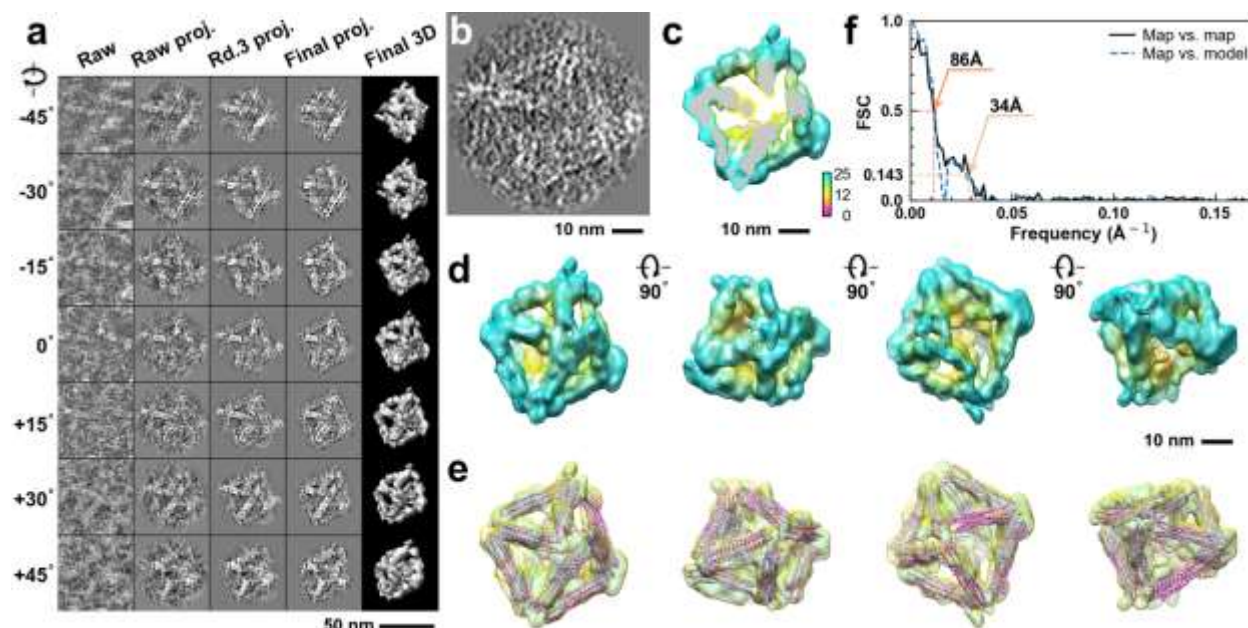




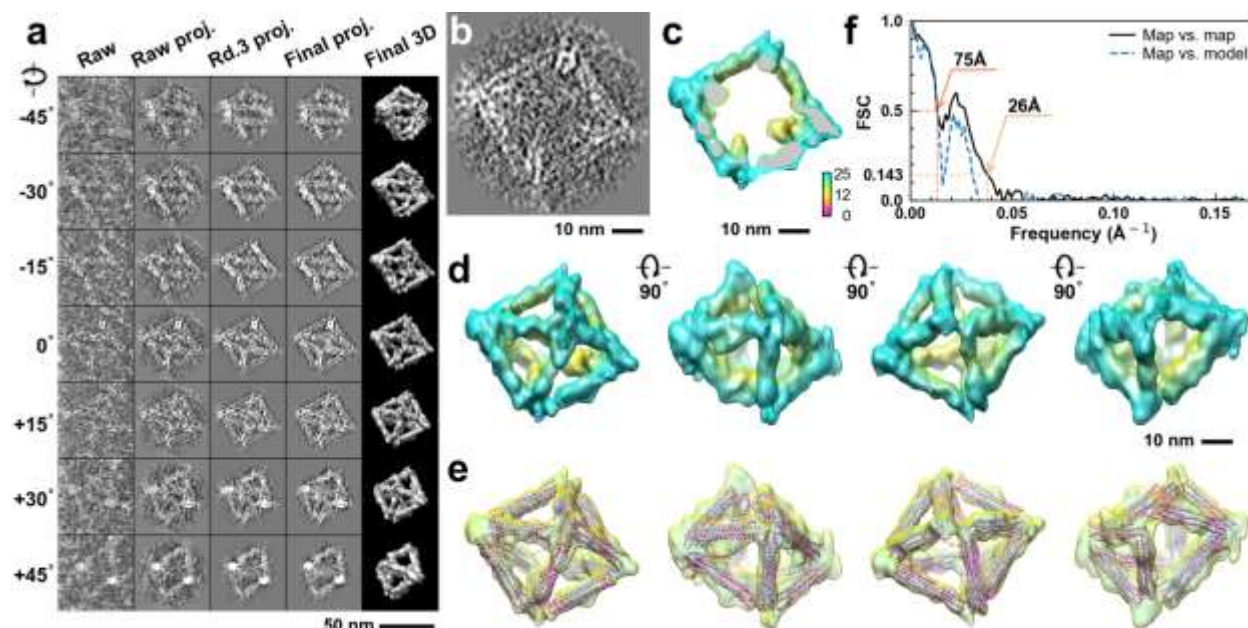
**Supplementary Fig. 310: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 302) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 311: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 303) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

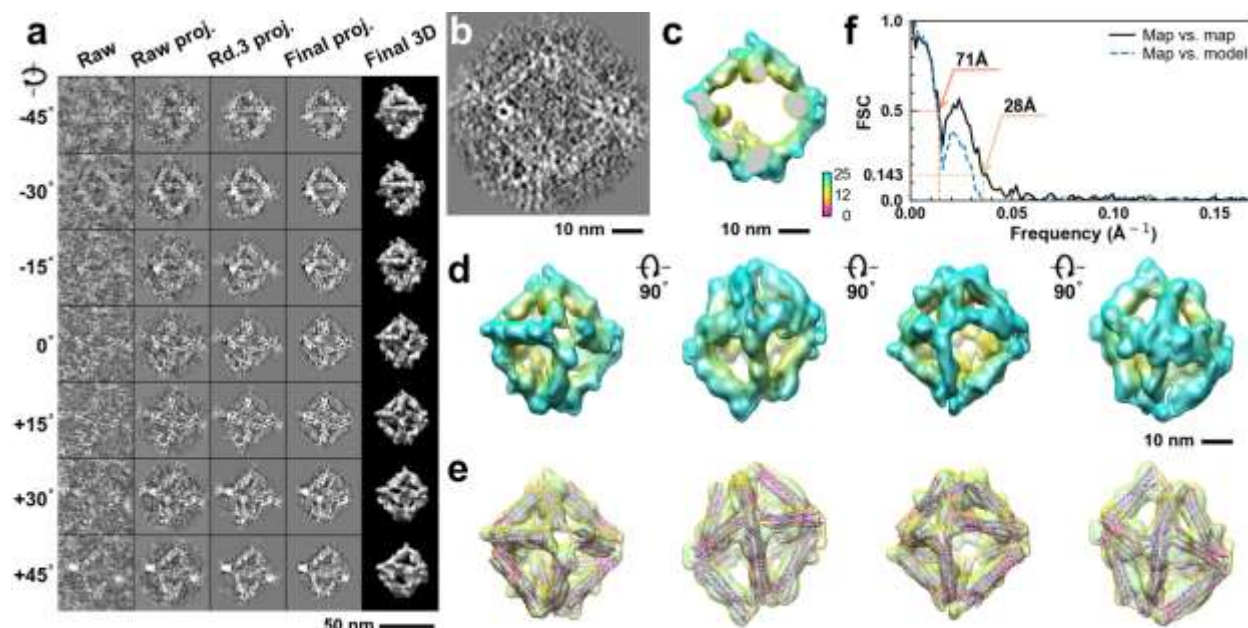


**Supplementary Fig. 312: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 304) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

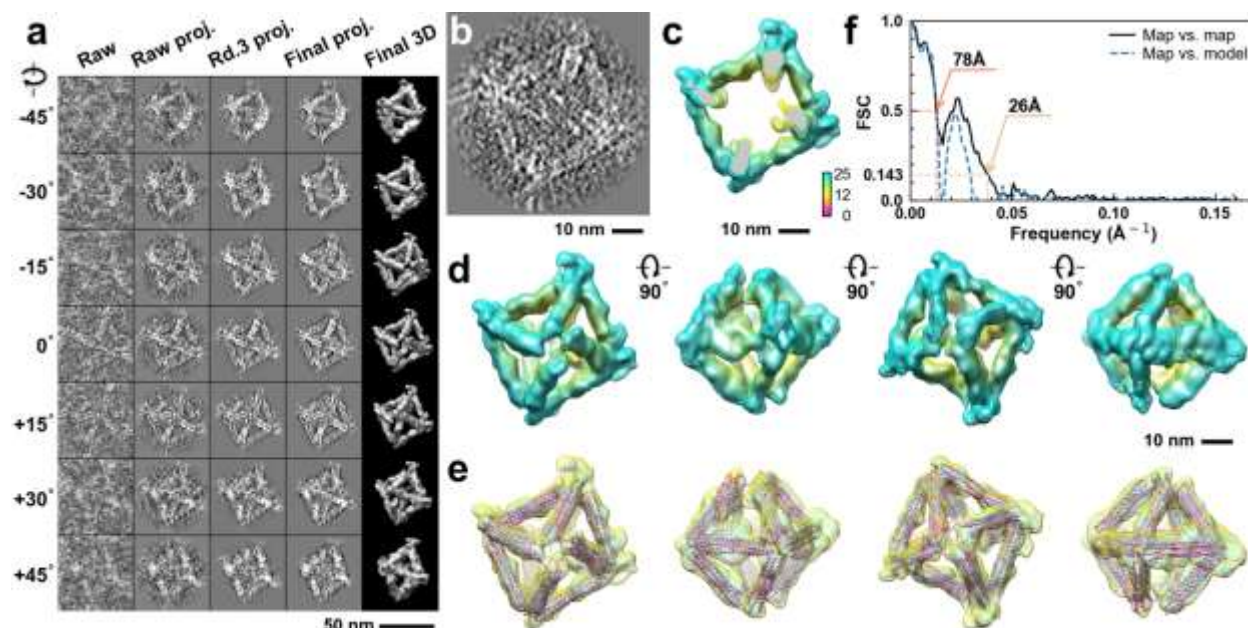


**Supplementary Fig. 313: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 305) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

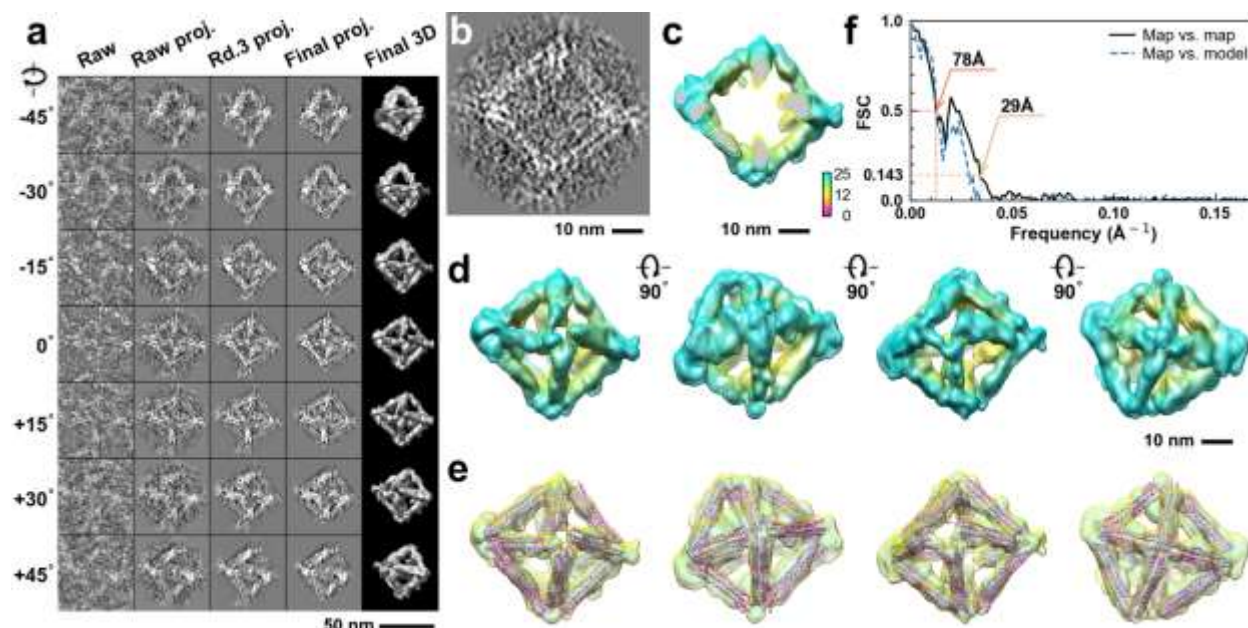




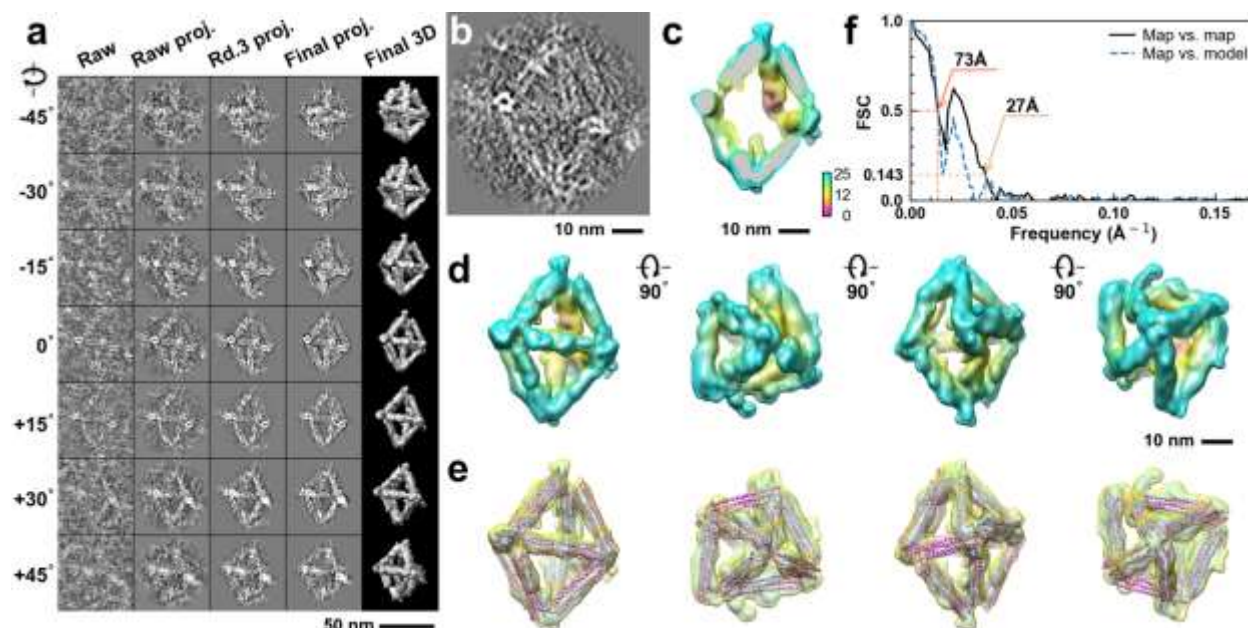
**Supplementary Fig. 314: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 306) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 315: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 307) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

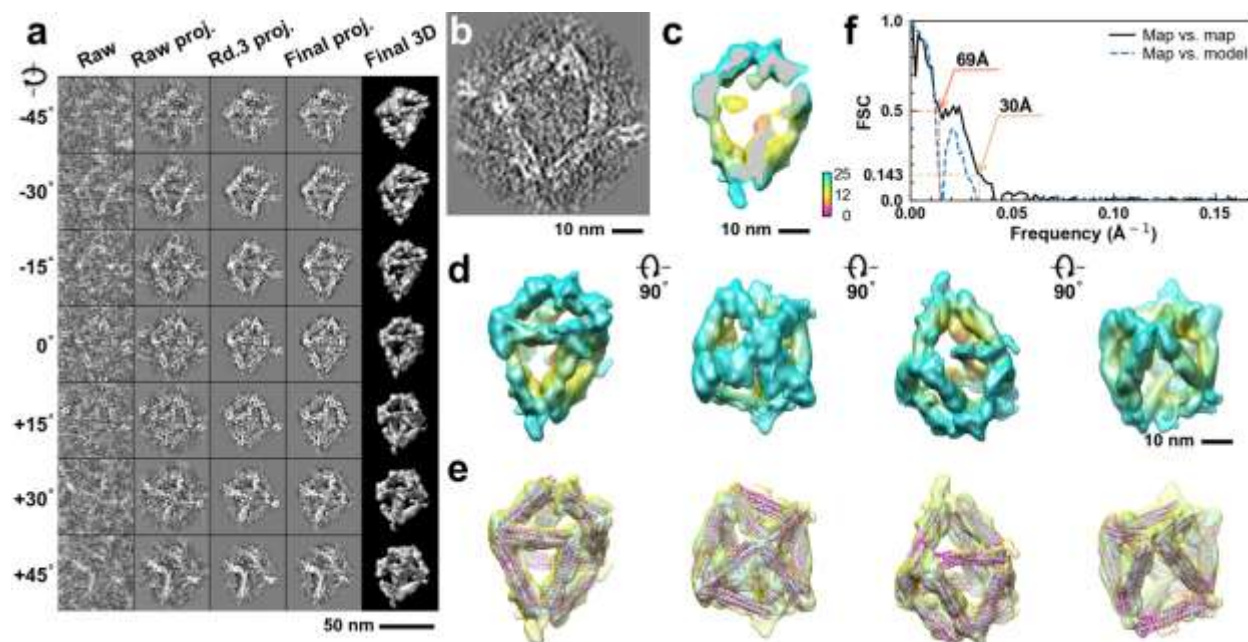


**Supplementary Fig. 316: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 308) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

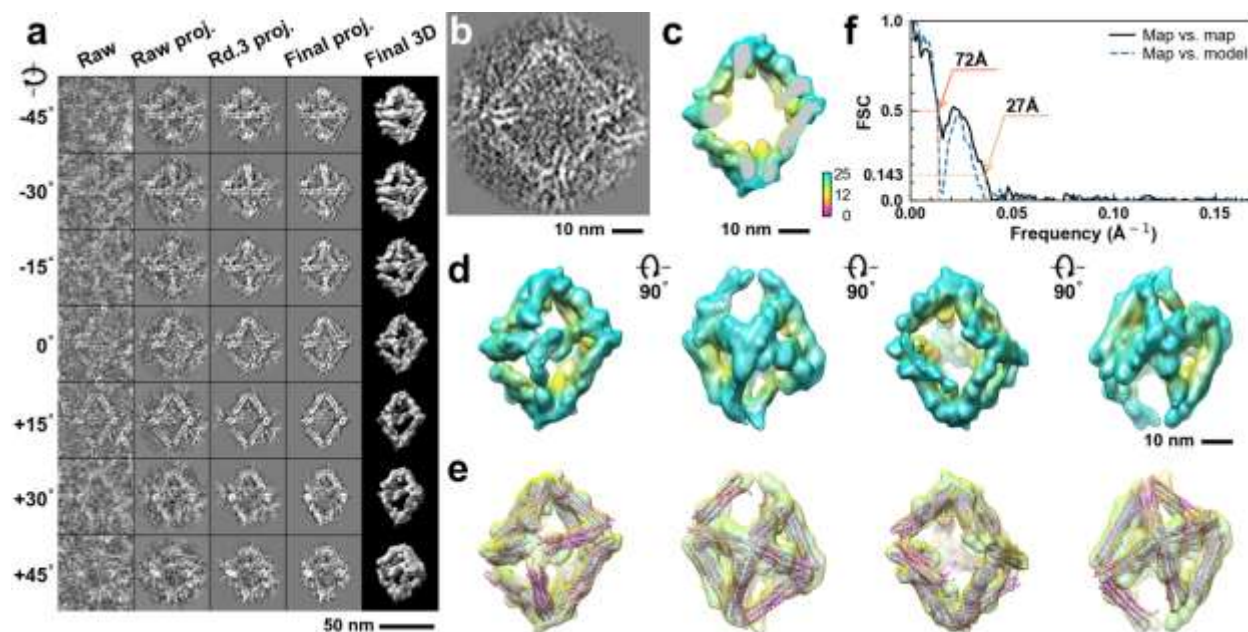


**Supplementary Fig. 317: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 309) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

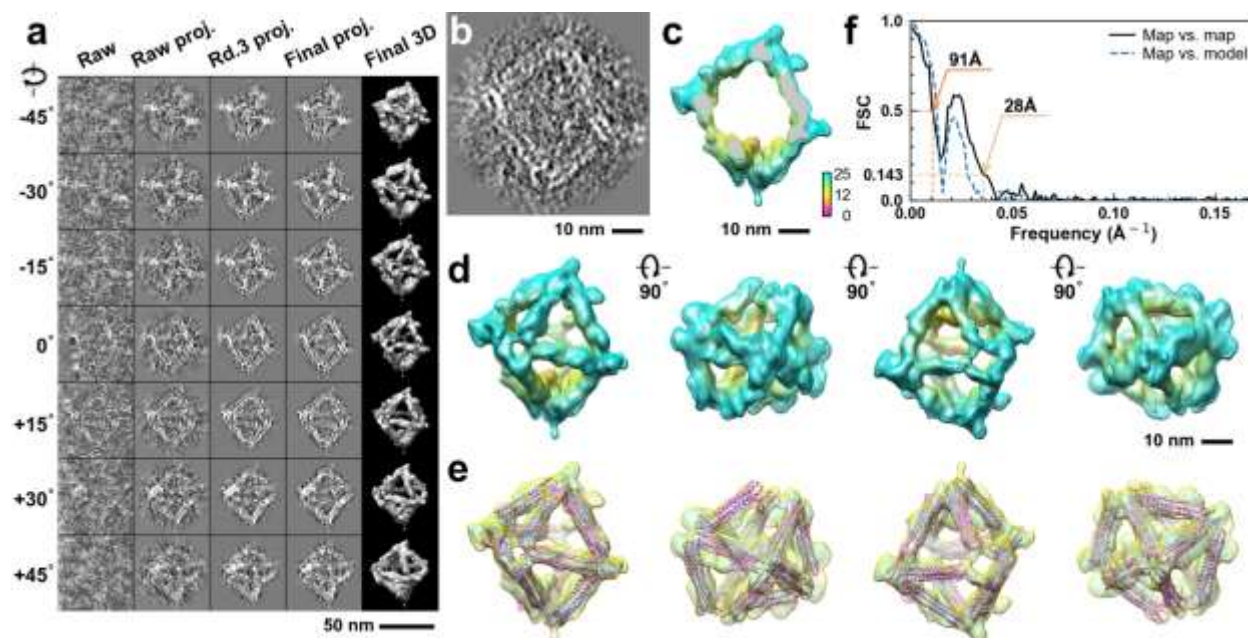




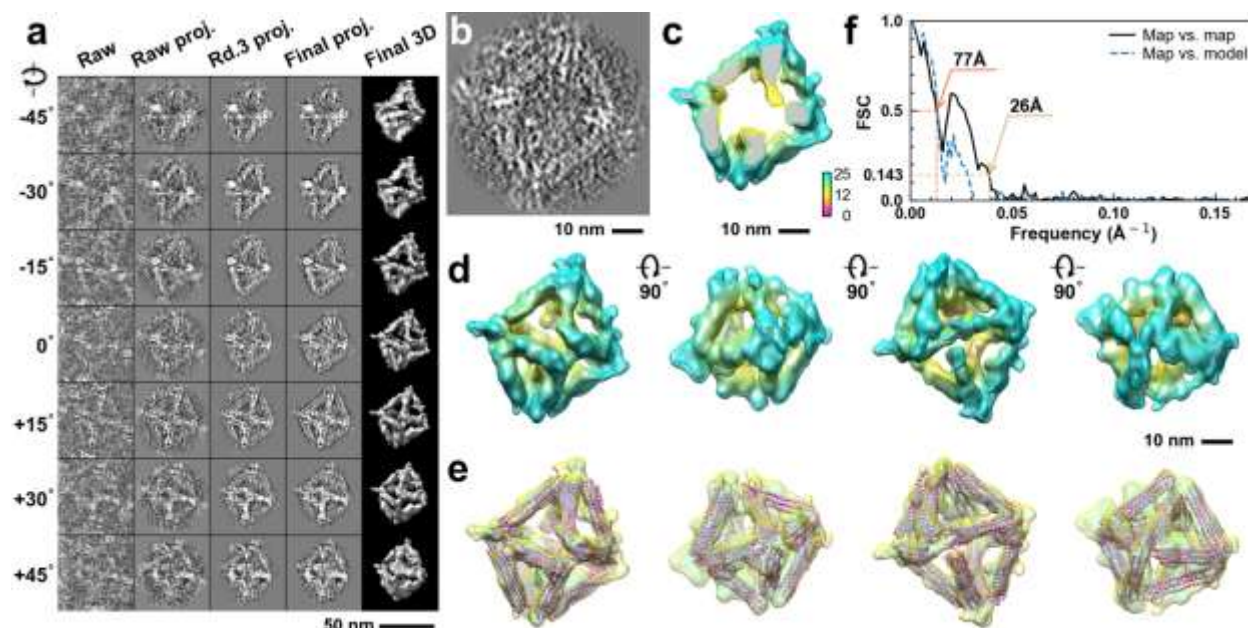
**Supplementary Fig. 318: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 310) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 319: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 311) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

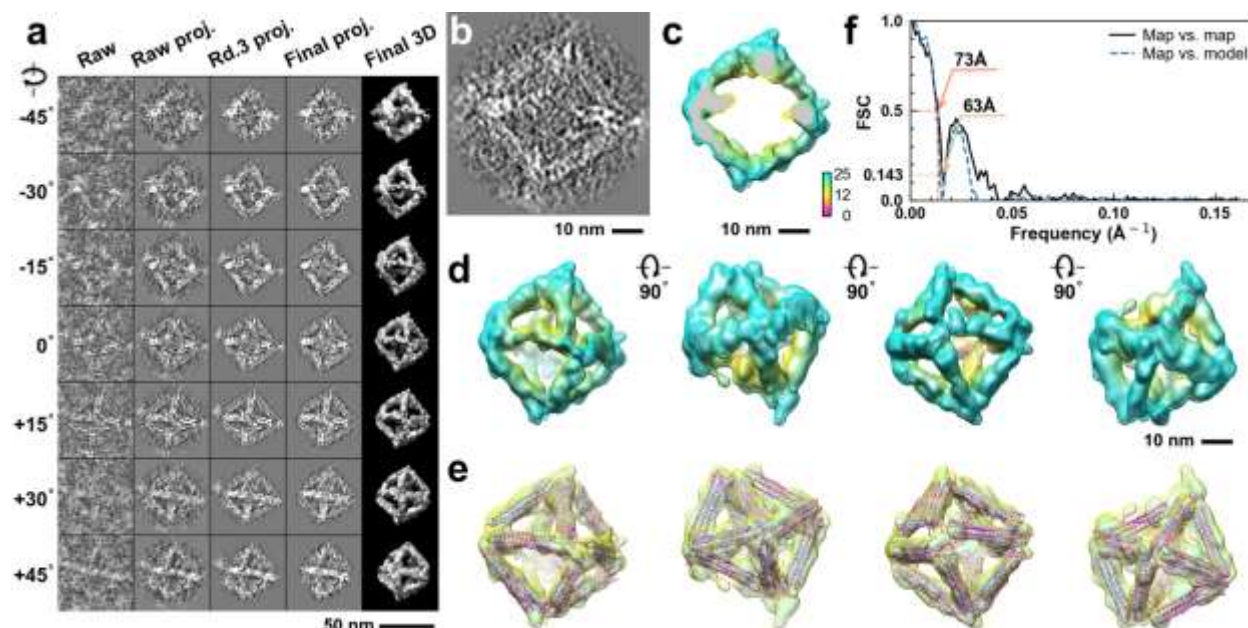


**Supplementary Fig. 320: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 312) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

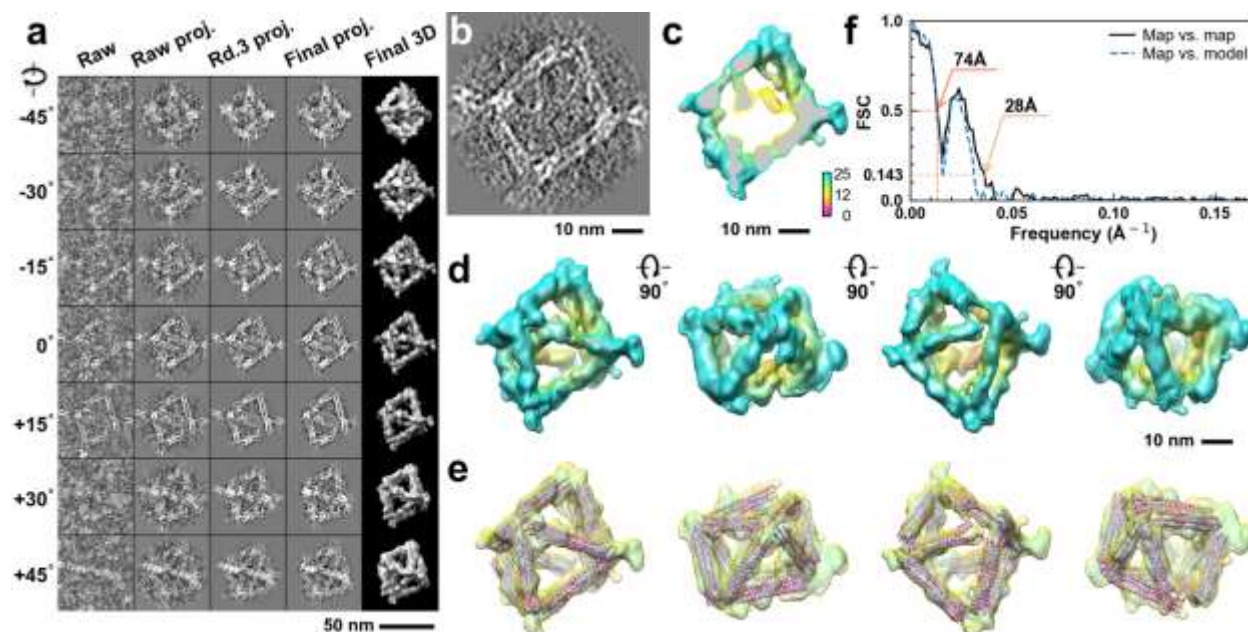


**Supplementary Fig. 321: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 313) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

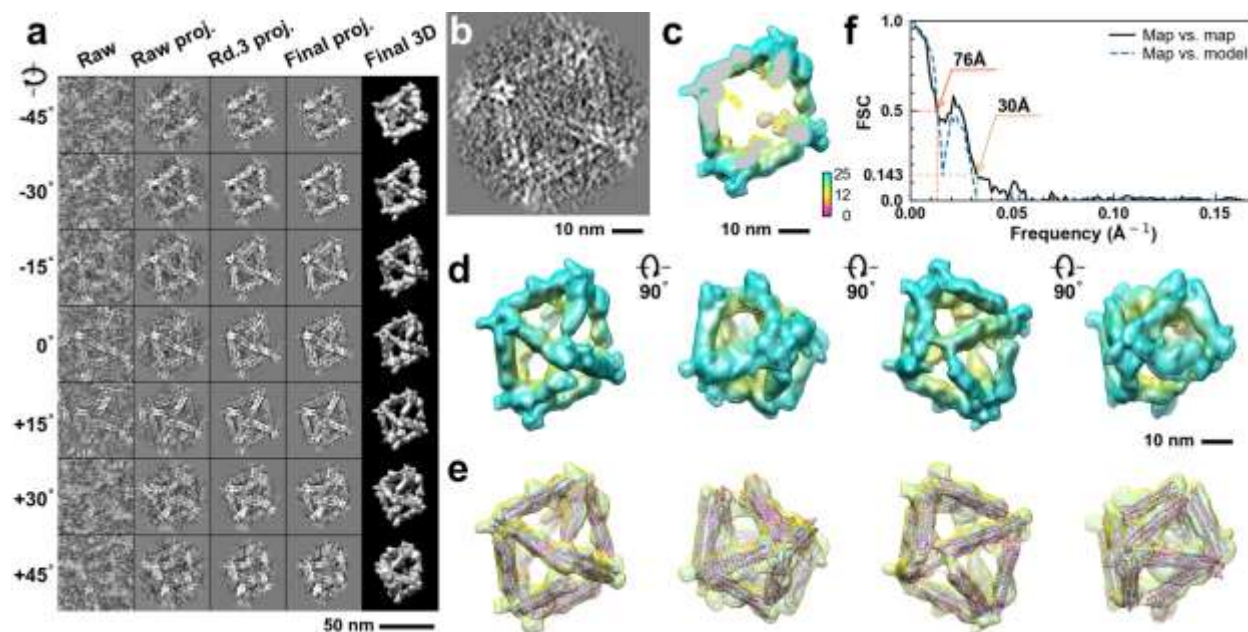




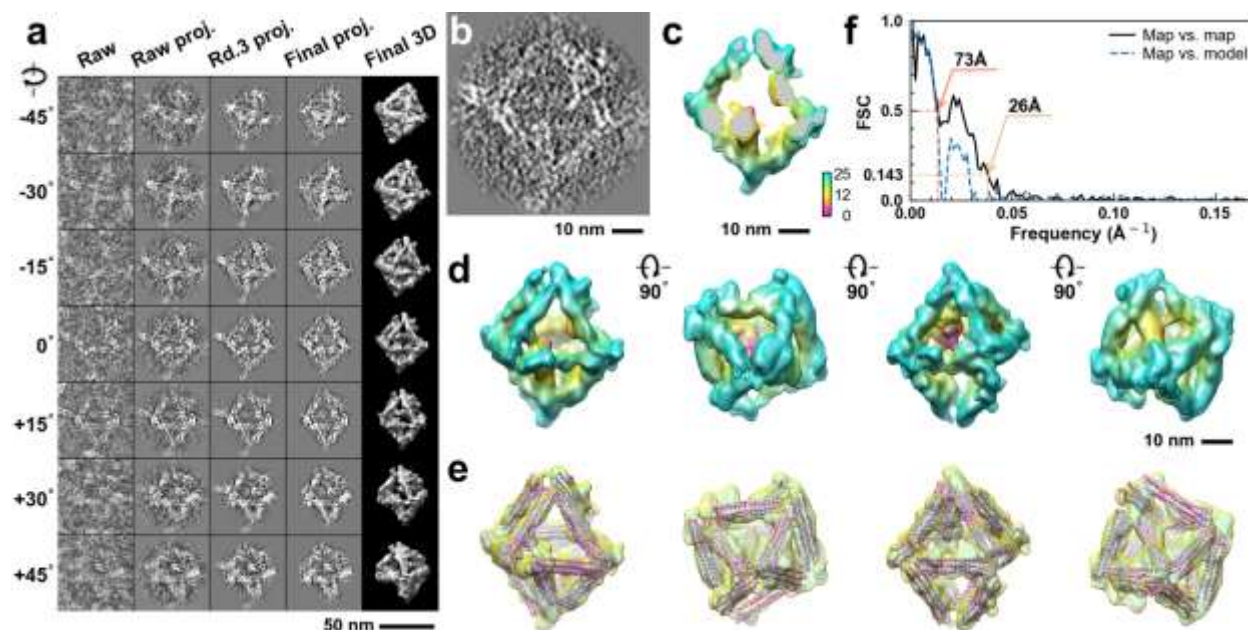
**Supplementary Fig. 322: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 314) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 323: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 315) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

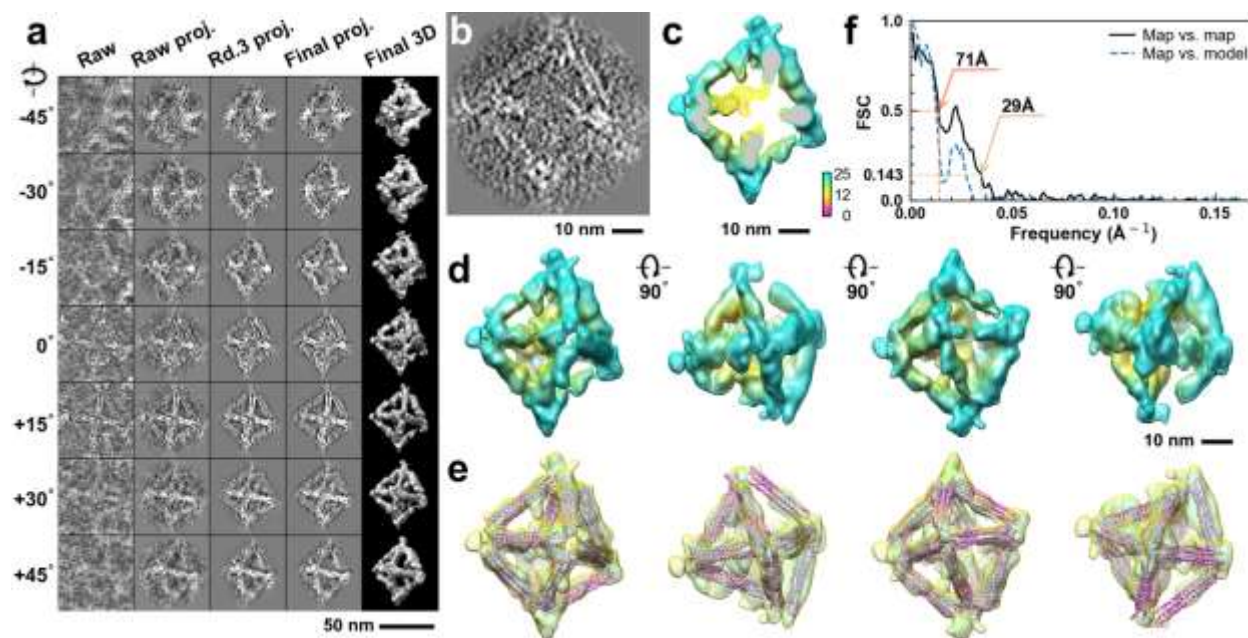


**Supplementary Fig. 324: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 316) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

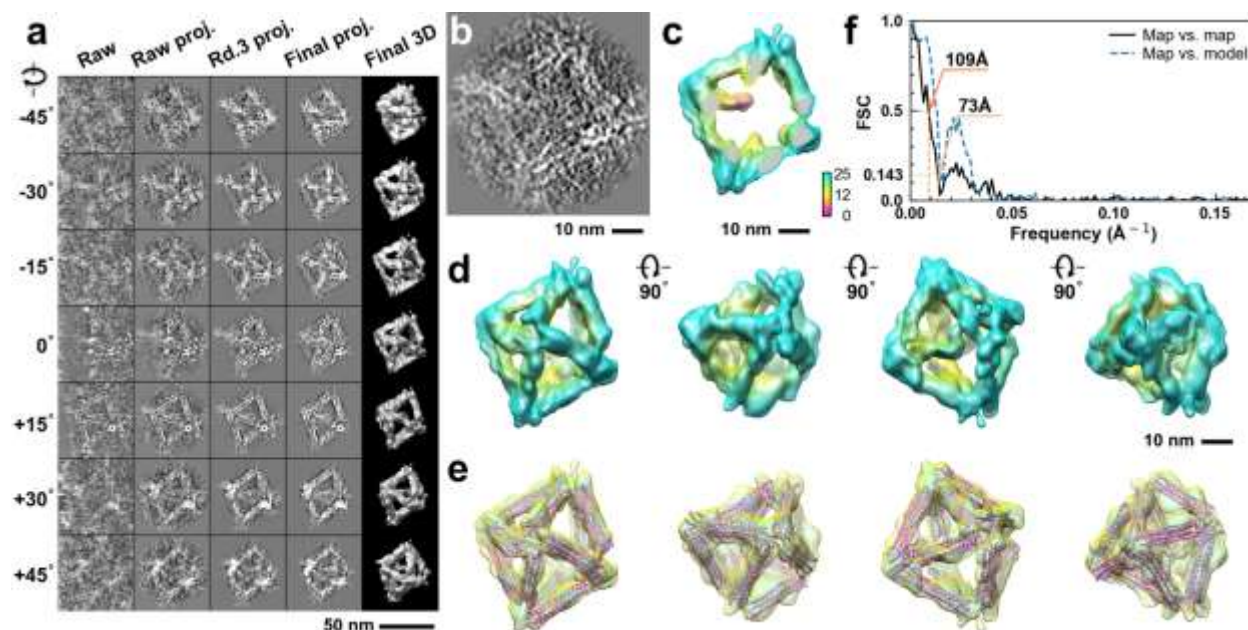


**Supplementary Fig. 325: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 317) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

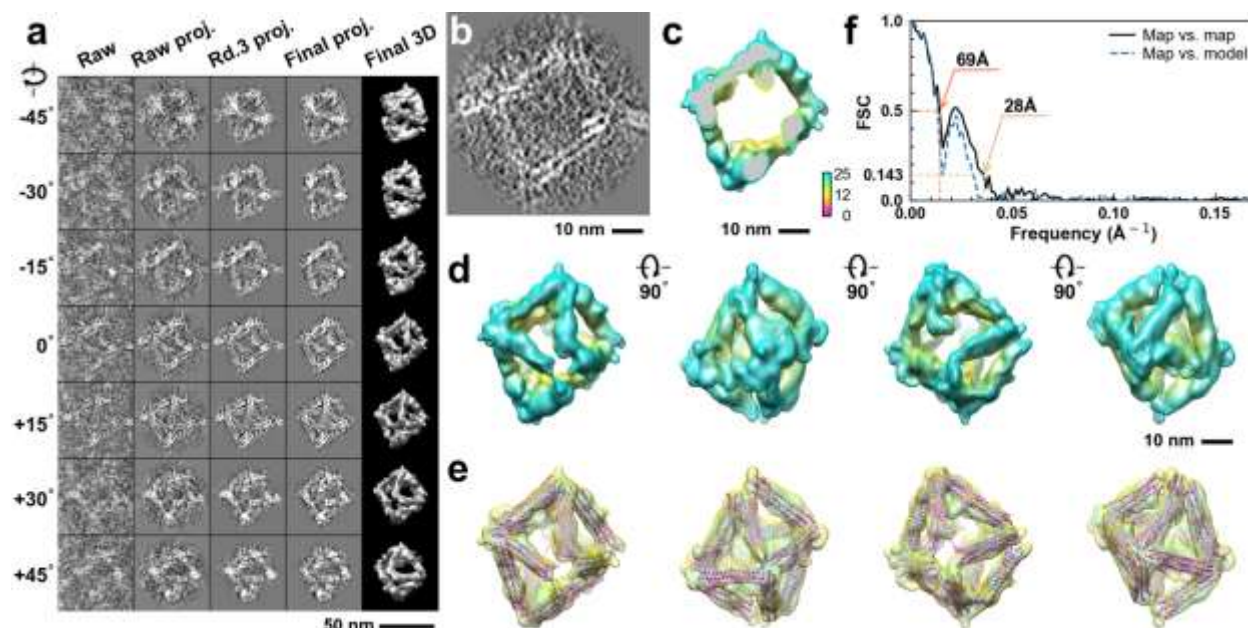




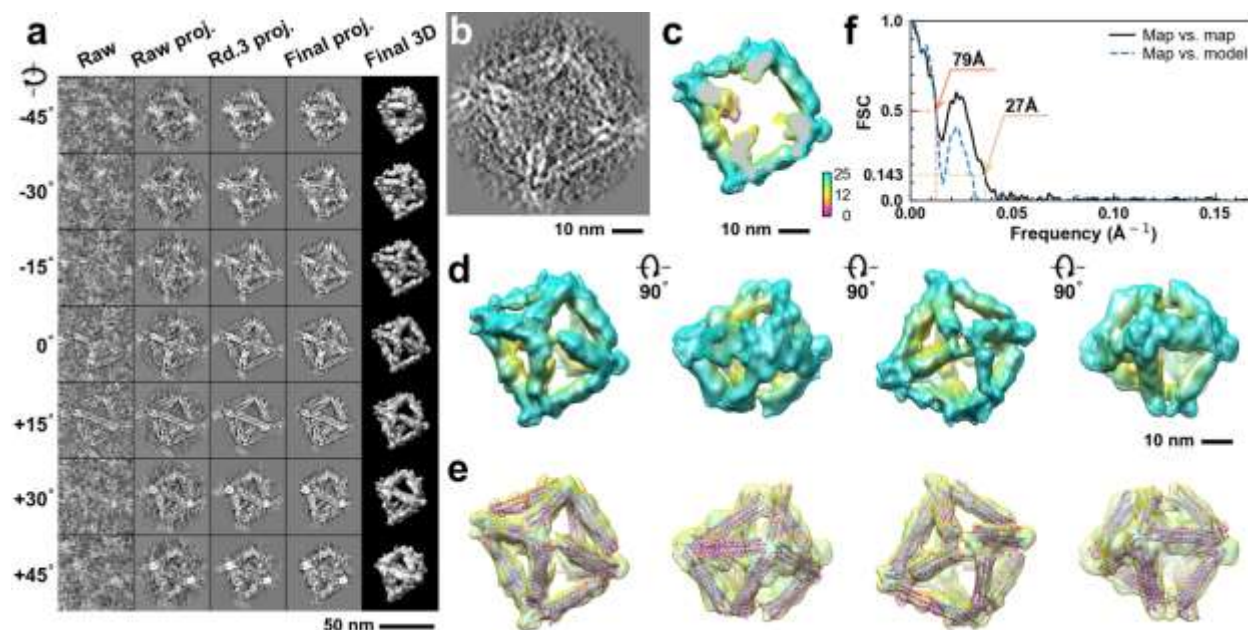
**Supplementary Fig. 326: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 318) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 327: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 319) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

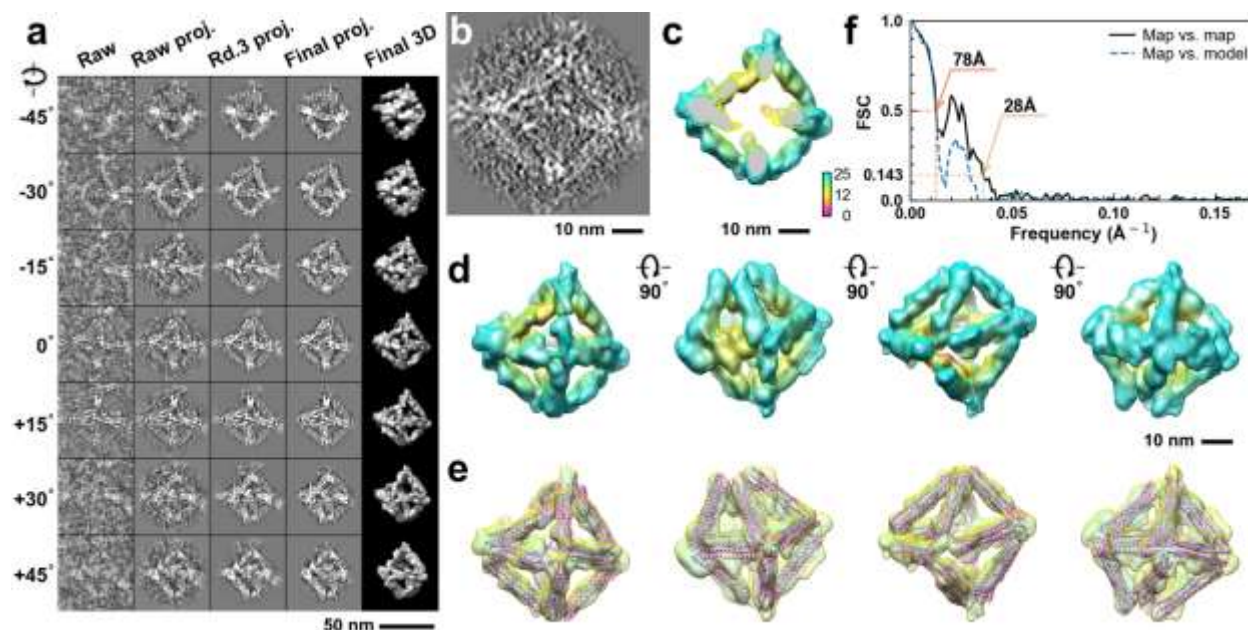


**Supplementary Fig. 328: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 320) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

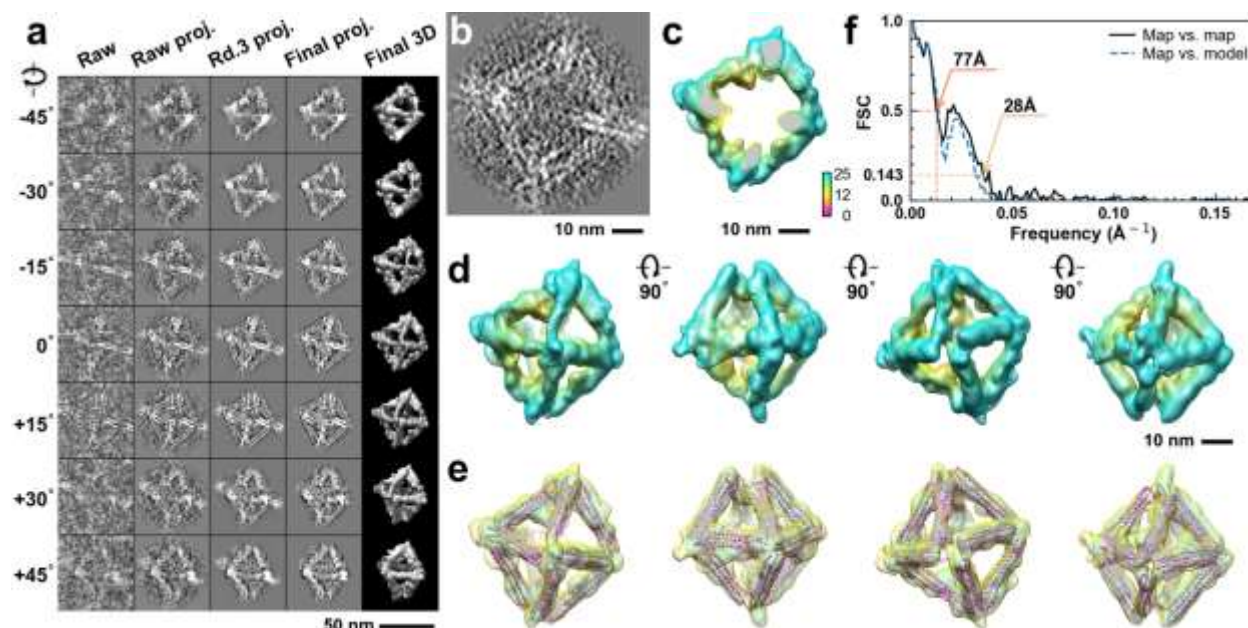


**Supplementary Fig. 329: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 321) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

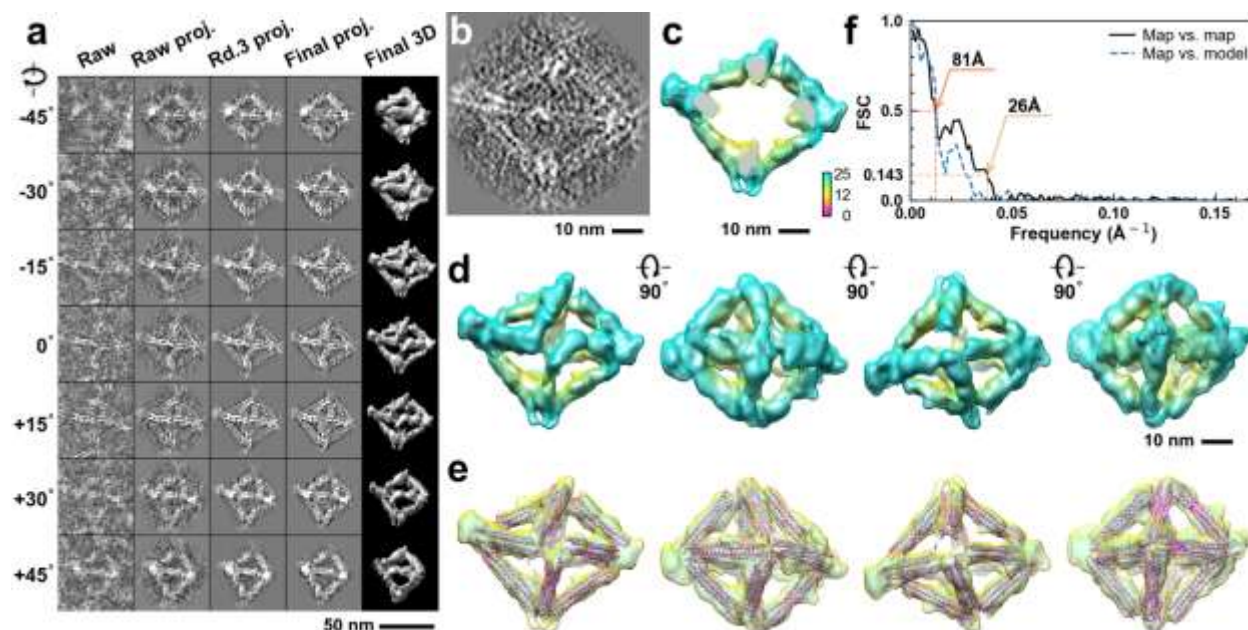




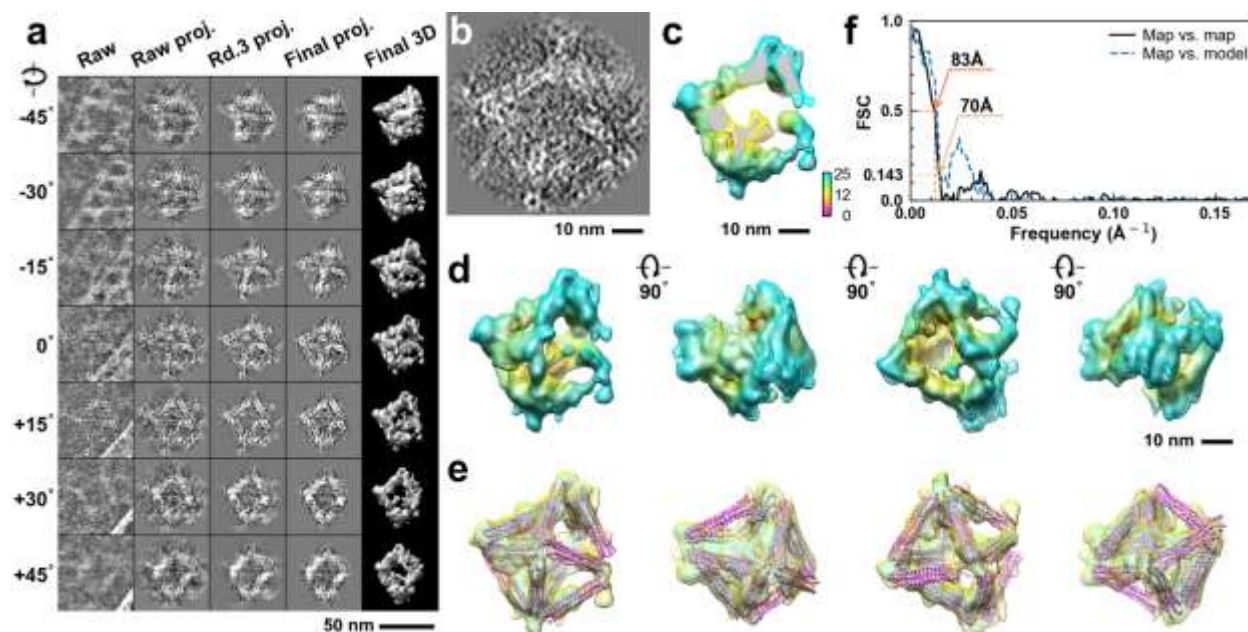
**Supplementary Fig. 330: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 322) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 331: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 323) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

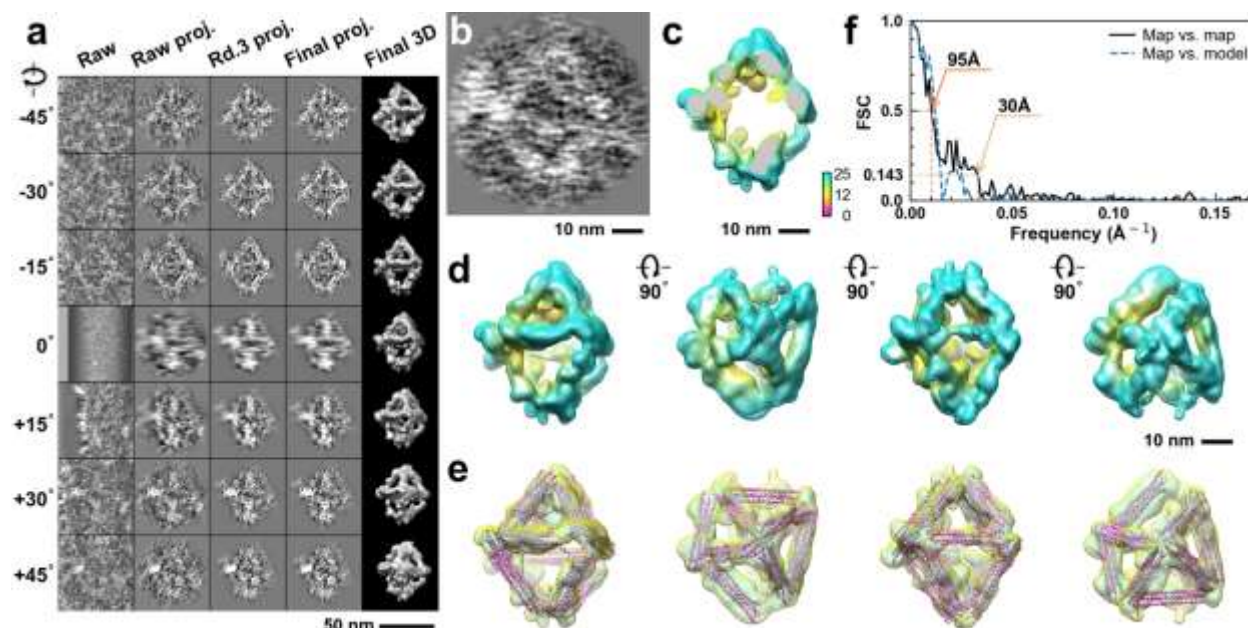


**Supplementary Fig. 332: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 324) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

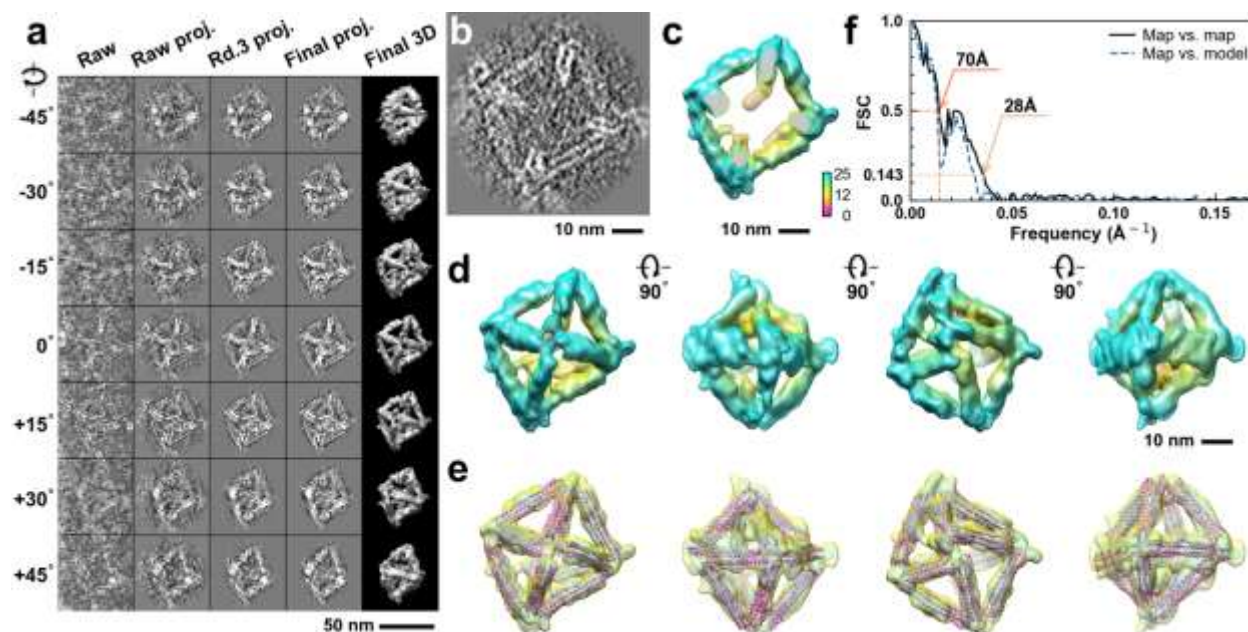


**Supplementary Fig. 333: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 325) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

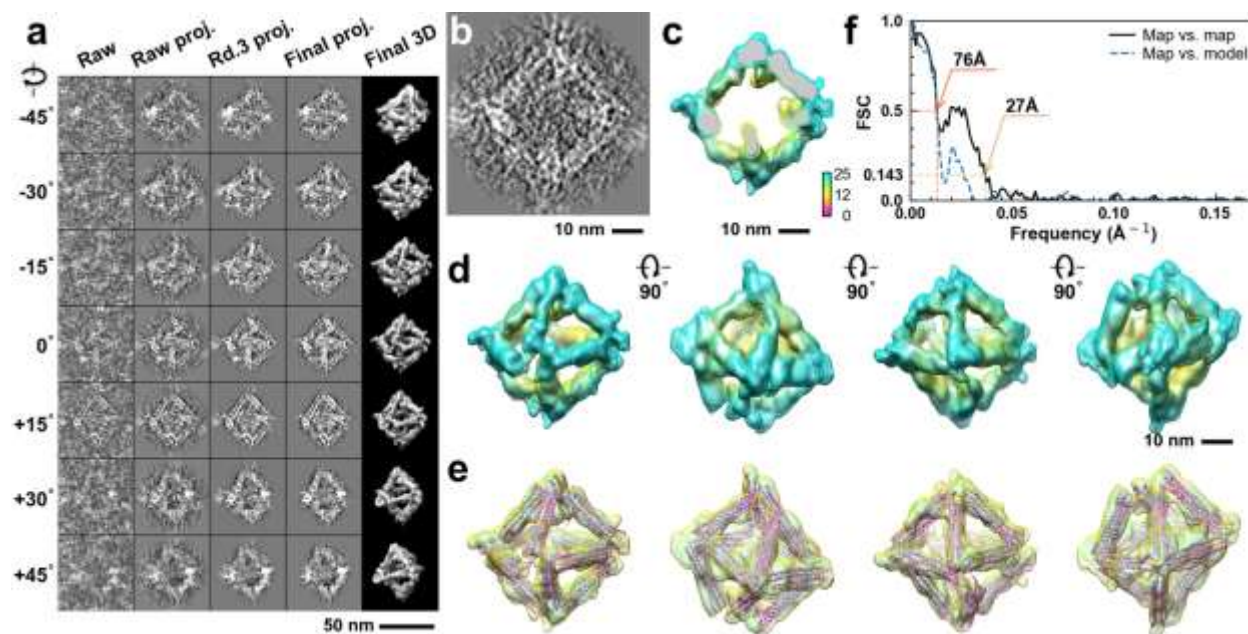




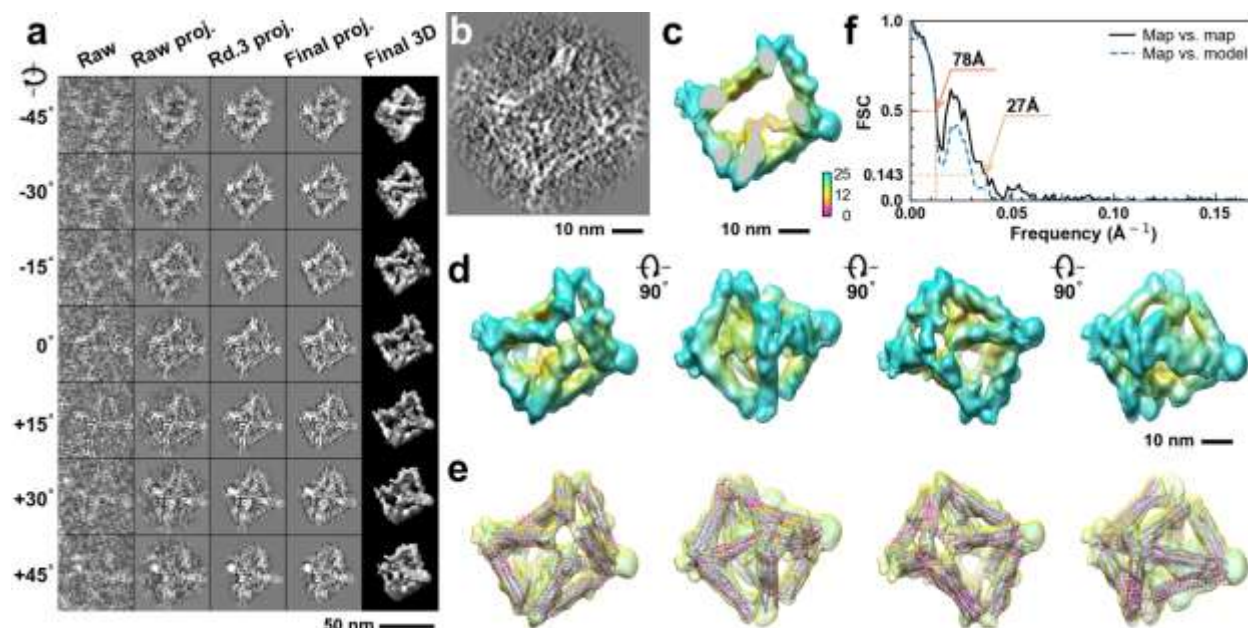
**Supplementary Fig. 334: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 326) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 335: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 327) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

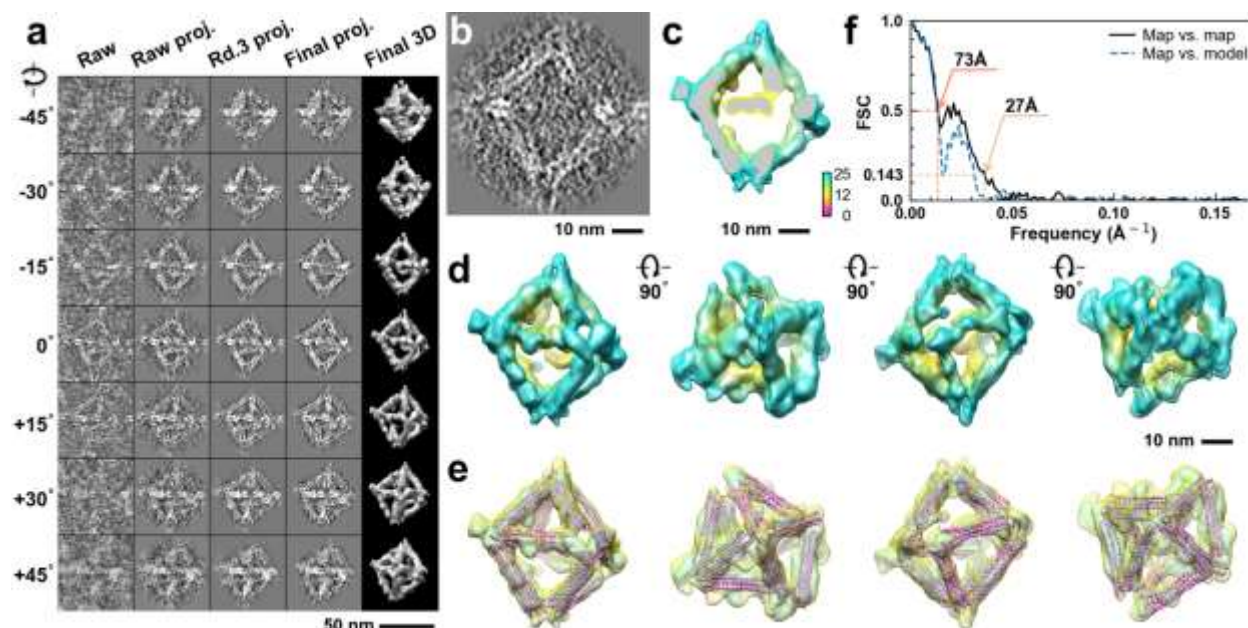


**Supplementary Fig. 336: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 328) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

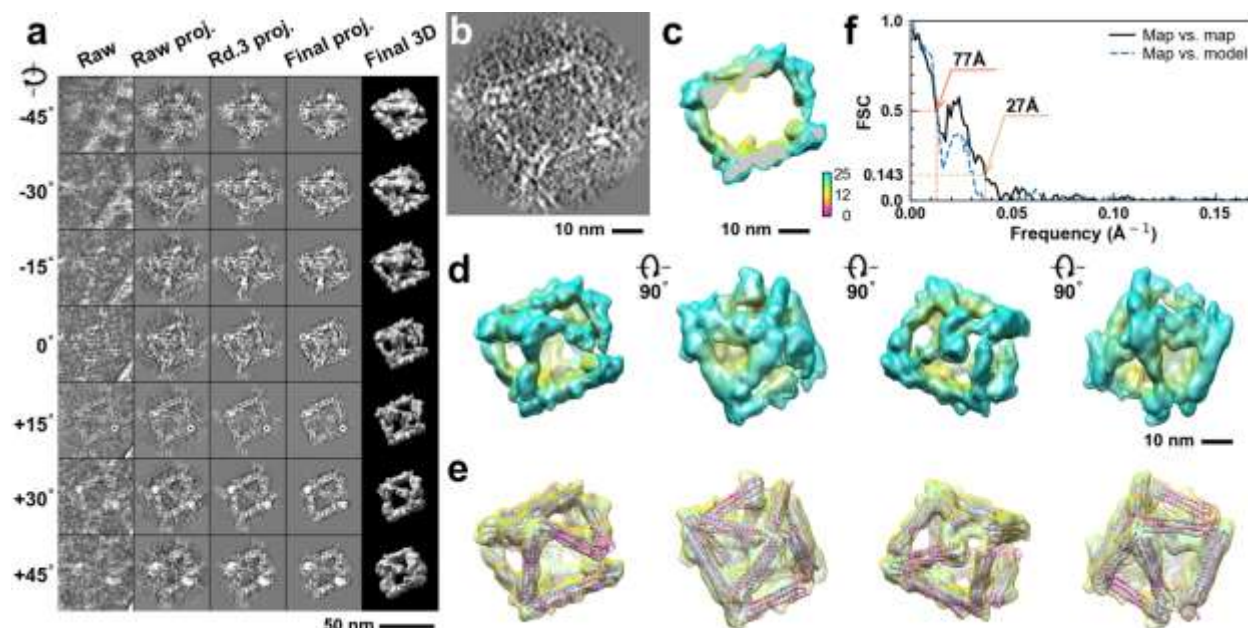


**Supplementary Fig. 337: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 329) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

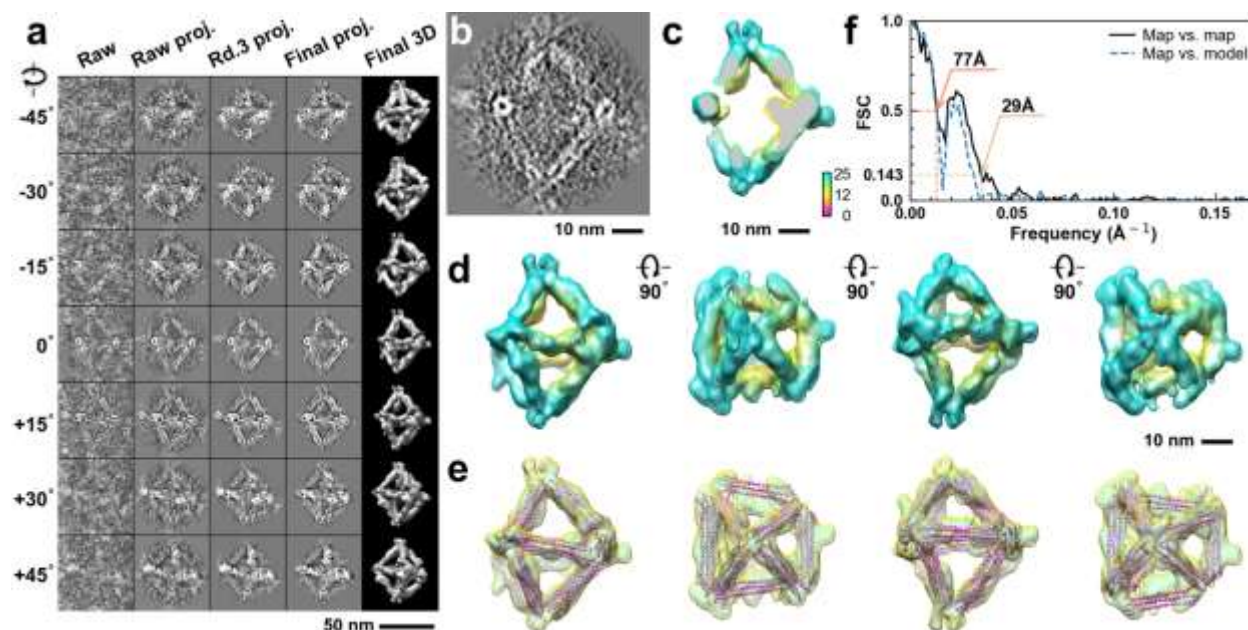




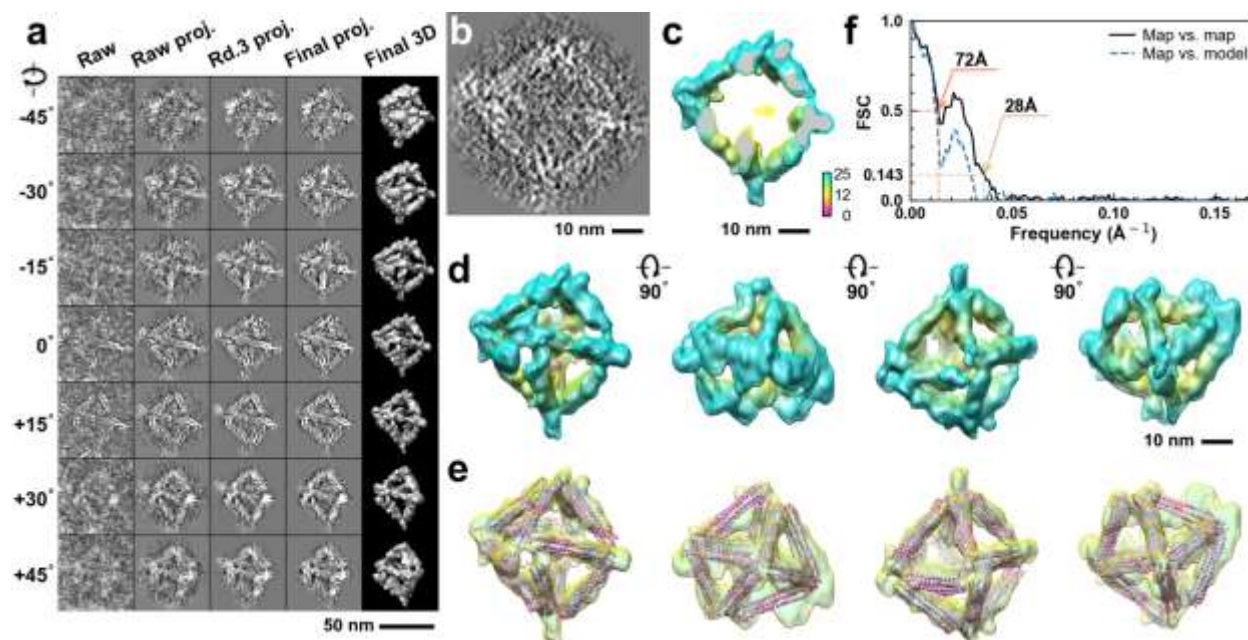
**Supplementary Fig. 338: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 330) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 339: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 331) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

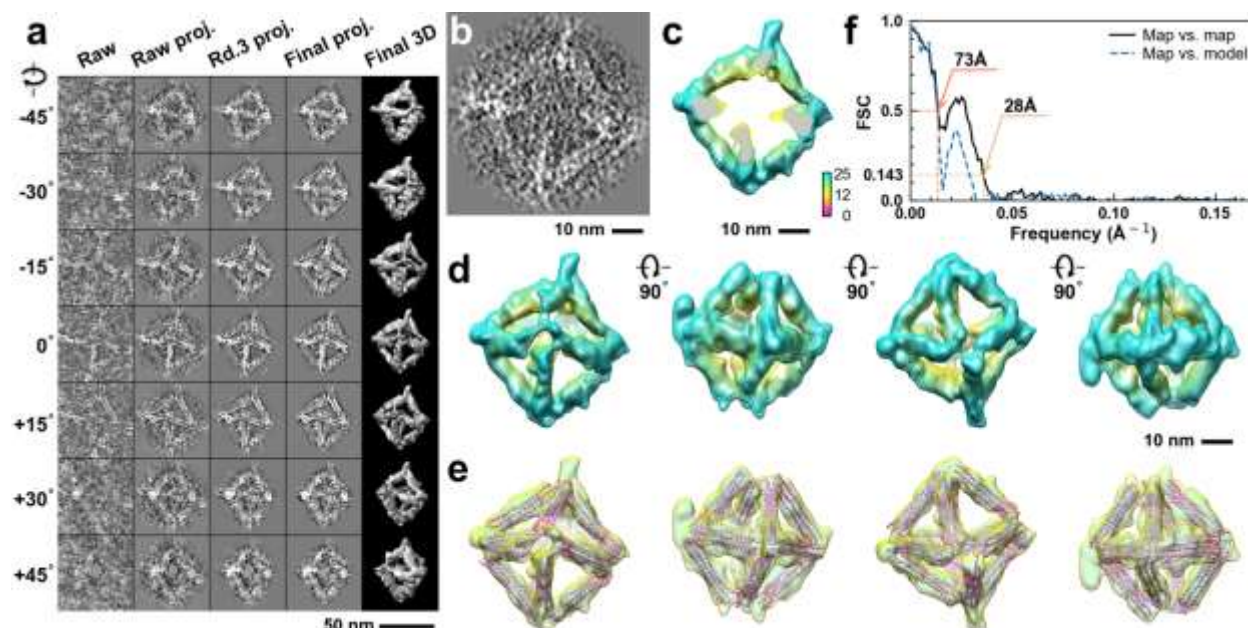


**Supplementary Fig. 340: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 332) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

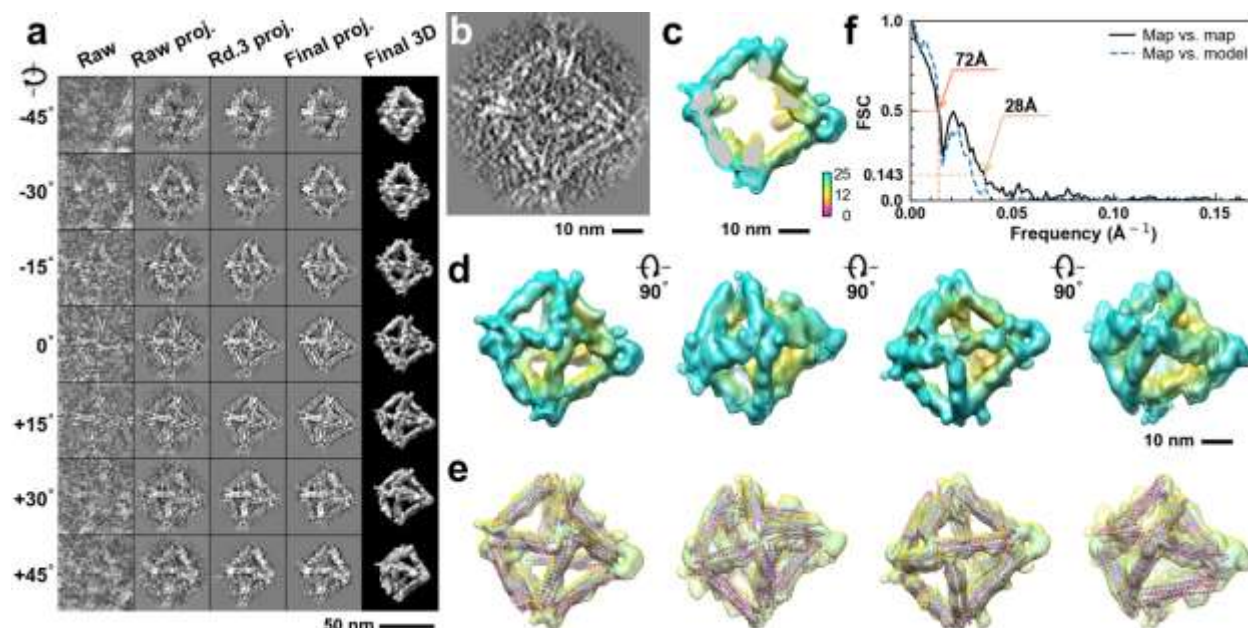


**Supplementary Fig. 341: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 333) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.

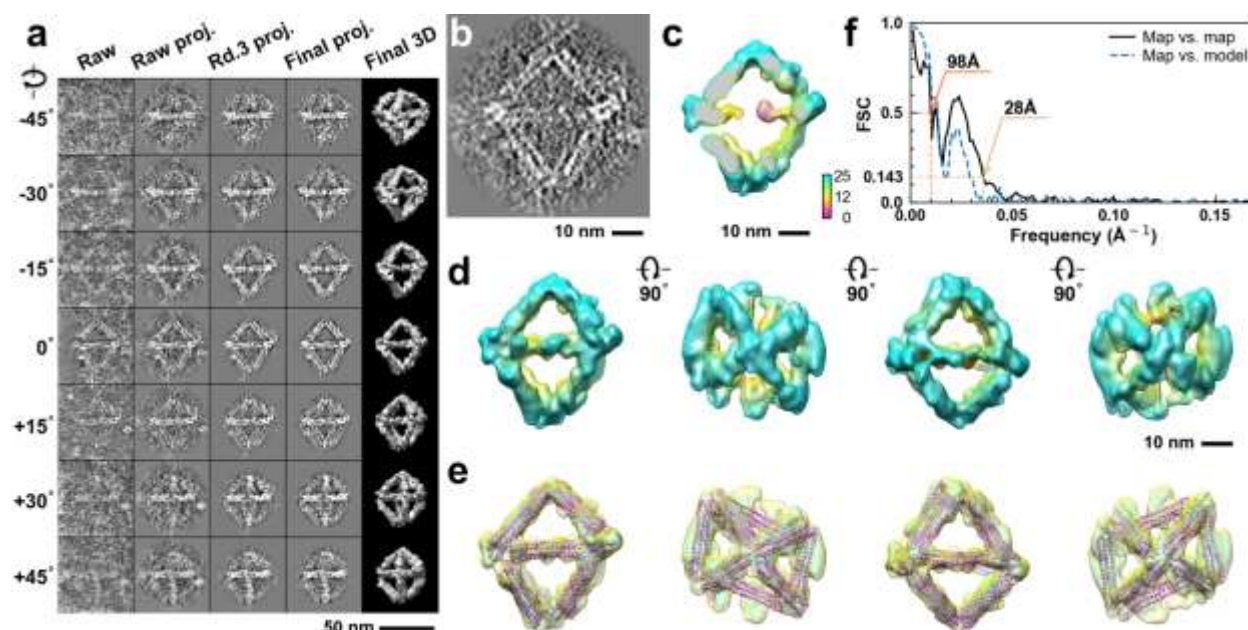




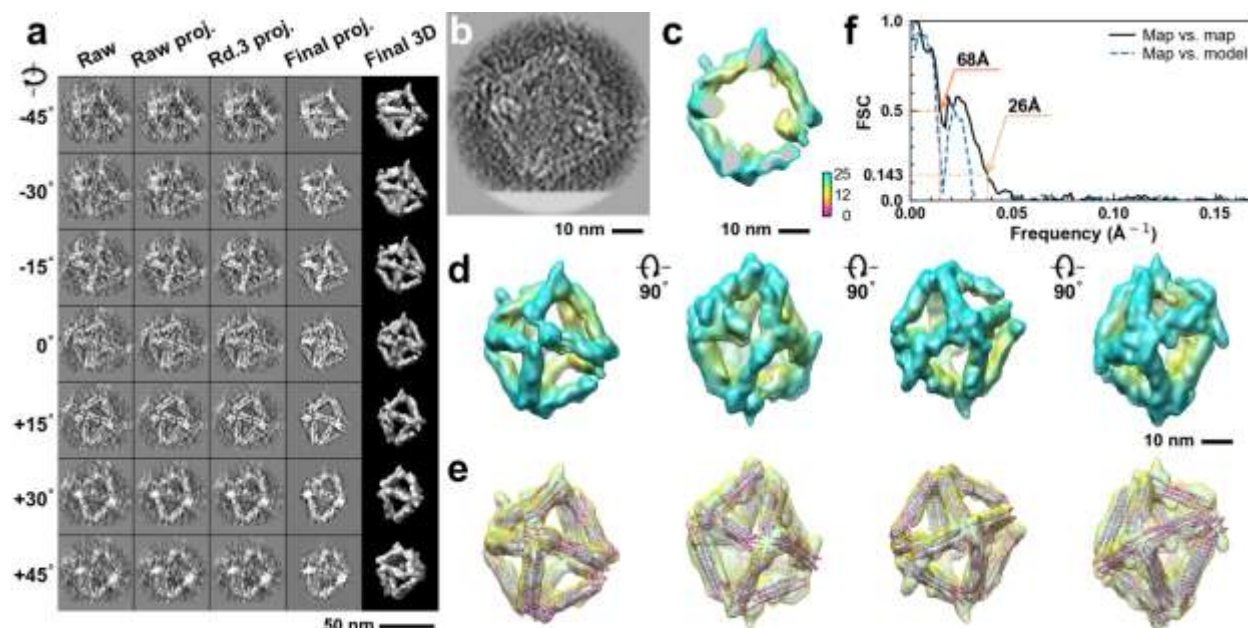
**Supplementary Fig. 342: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 334) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 343: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 335) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 344: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 336) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.



**Supplementary Fig. 345: IPET 3D reconstruction and model fitting of an individual unit-cell particle (Index: 337) within a 2D lattice with 0% ferritin loading.** **a**, Seven representative tilt images of a single unit-cell particle are shown in the first column (from left). The tilt images are aligned to a common center using IPET through iterative refinement. The projections of the raw, intermediate, and final 3D reconstruction at the corresponding angles are displayed in the subsequent four columns. **b**, A central cross-section (~23 nm thick) of the final reconstruction before masking is applied. **c**, 3D views of the central cross-section. **d**, Final 3D density map of this particle, viewed from four perpendicular directions. **e**, Final 3D reconstruction superimposed with the fitted model, viewed from four perpendicular directions. **f**, FSC analyses of the final map resolution using two methods: map-map FSC, where each map is reconstructed from one half of the images (even vs. odd tilt angle indices), and map-model FSC, where the model map is generated from the fitted model. Resolution assessments are provided based on tilt-based map-map and map-model FSC analyses at thresholds of FSC=0.5 and 0.143, respectively.