

Legend Supplementary Materials:

- Ex1.mov: The teacher demonstrates Exercise 1. This video is used for baseline and recall measurements.
- Ex2.mov: The teacher demonstrates Exercise 2. This video is used for baseline and recall measurements.
- Ex3.mov: The teacher demonstrates Exercise 3. This video is used for baseline and recall measurements.
- Training.mov: The full lesson as presented to participants. The teacher demonstrates basic violin technique and the correct performance of Exercises 1, 2, and 3. This video is used for training measurements.
- Questionnaires_AVE_Group.xlsx: Contains all questionnaires used for the AVE group, including the responses of all AVE participants.
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