

Extended Data Information

The Thermal and Mechanical Effects of the Tibetan Plateau on Asian Monsoons

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17 **Extended Data Table 1. | Configuration of CESM2 experiments.** Summary of experimental
 18 setups used to investigate the thermal and mechanical effects of the Tibetan Plateau, including
 19 removing sea surface temperature (SST) feedback. **Full-Tibet** represents the control
 20 experiment with present-day topography. **No-Tibet** removes the Tibetan Plateau entirely to
 21 evaluate the combined effects of thermal and mechanical effects. **Temp-Nudged-Tibet** applies
 22 atmospheric temperature nudging over the Tibetan Plateau to isolate the elevated thermal effect.
 23 The **_fixedSST** experiments involve Atmospheric-Only simulations, where SST is fixed to the
 24 climatological values derived from 2000s observed SST data, thereby eliminating SST
 25 feedback.

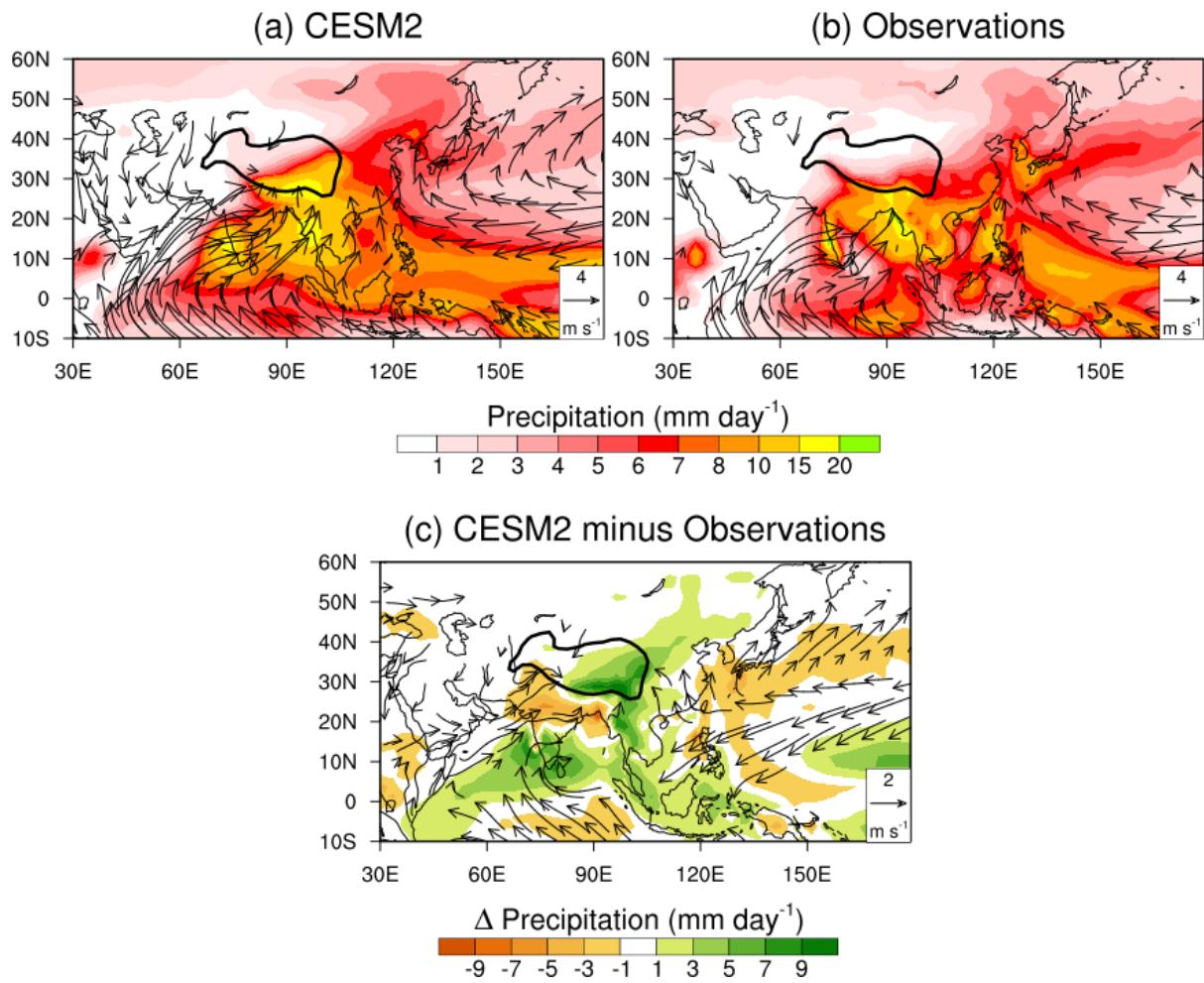
Experiments	Topography	Atmospheric temperature	Ocean coupling (SST feedback)
nudging over the Tibetan Plateau			
Full-Tibet	Full topography	OFF	ON
No-Tibet	Tibetan Plateau removed	OFF	ON
Temp-Nudged-Tibet	Full topography	ON	ON
Full-Tibet_fixedSST	Full topography	OFF	OFF
No-Tibet_fixedSST	Tibetan Plateau removed	OFF	OFF

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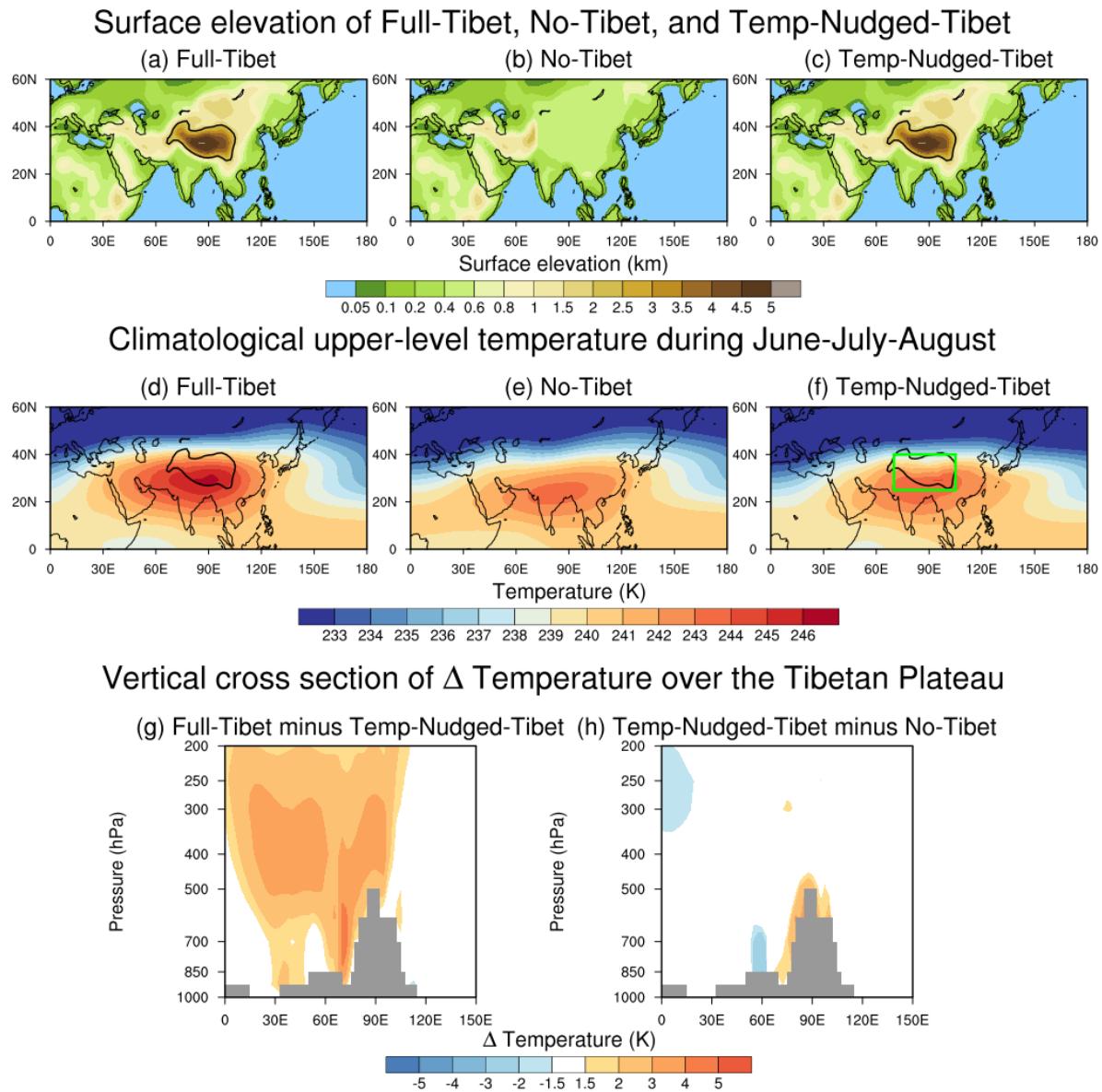
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Climatological precipitation during June-July-August



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30 **Extended Data Fig. 1 | Asian summer precipitation.** Climatological precipitation (shading;
31 mm day^{-1}) and surface winds (arrows), averaged over June-July-August, for the (a) CESM2
32 Control simulation, and (b) GPCP precipitation and surface winds from the ERA5 dataset
33 (1979-2022). (c) The difference between the CESM2 simulation and the observations.



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35 **Extended Data Fig. 2 | Surface elevation and upper troposphere temperature over the**
 36 **Tibetan Plateau.** (a-c) Surface elevation for the (a) Full-Tibet, (b) No-Tibet, and (c) Temp-
 37 Nudged-Tibet experiments. In the No-Tibet experiment, the topography over the Tibetan
 38 Plateau is reduced to 500 m. (d-f) Climatological upper-level temperature (K), averaged over
 39 175-450 hPa, during June-July-August, for the (d) Full-Tibet, (e) No-Tibet, and (f) Temp-
 40 Nudged-Tibet experiments. The green box in (f) indicates the atmospheric temperature nudging
 41 area (25° - 43° N, 65° - 100° E). (g-h) Vertical cross-section of atmospheric temperature changes
 42 over the Tibetan Plateau (meridional mean over 28° - 35° N): (g) difference between the Full-
 43 Tibet and Temp-Nudged-Tibet experiments, and (h) difference between the Temp-Nudged-
 44 Tibet and No-Tibet experiments.

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