

Table 2. Nutritional indicators of different CKD stage groups

	Total, n=205	CKD1/2, n=25	CKD3/4, n=78	CKD5A, n=31	CKD5B, n=71	P value
Total Nutritional Indicators						
PA, °, mean±SD	5.02±1.07	5.37±1.22	5.14±1.05	5.15±0.88	4.72±1.07	0.020
Low PA, n (%)	70 (34.1%)	5 (20%)	23 (29.5%)	10 (32.3%)	32 (45.1%)	0.079
Body cell mass, kg, median (IQR)	31.9 (26.2, 35.6)	34.4 (29.4, 40.05)	32.7 (26.78, 36.75)	30.6 (25.6, 37)	29.6 (25.8, 33.9)	0.025
Protein, kg, median (IQR)	9.6 (7.9, 10.8)	10.4 (8.85, 12.1)	9.9 (8.1, 11.1)	9.2 (7.7, 11.2)	9 (7.7, 10.2)	0.024
Basal metabolic rate, kcal, median (IQR)	1429 (1255.5, 1563)	1502 (1338, 1685)	1458.5 (1269.75, 1577.75)	1378 (1215, 1604)	1355 (1235, 1511)	0.038
Fat Indicators						
Percent body fat, %, mean±SD	27.74±8.8	26.86±10.48	29.35±7.84	28.46±8.65	25.97±9.03	0.113
Visceral fat area, cm ² , median (IQR)	84.2 (63.85, 114.45)	101.2 (50.95, 133.85)	86.5 (73.95, 125.6)	83.9 (56.4, 113.5)	78.2 (55.1, 107.8)	0.235
Body fat mass, kg, mean±SD	19.38±8.2	20.57±10.48	20.94±7.14	19.42±6.75	17.23±8.66	0.040
Muscle Indicators						
Fat free mass, kg, median (IQR)	49 (40.95, 55.25)	52.4 (44.8, 60.9)	50.4 (41.68, 55.9)	46.6 (39.1, 57.1)	45.6 (40, 52.8)	0.037
Soft lean mass, kg, median (IQR)	46.2 (38.5, 52.05)	49.8 (42.45, 57.35)	47.6 (39.08, 52.95)	44 (36.9, 53.9)	43.1 (37.7, 50.1)	0.040

Skeletal muscle
mass, kg, median
(IQR)

27 (21.9, 30.4)

29.3 (24.75, 34.45)

27.8 (22.38, 31.45)

25.9 (21.3, 31.7)

24.9 (21.5, 28.9)

0.024

IQR, interquartile range; PA, phase angle.