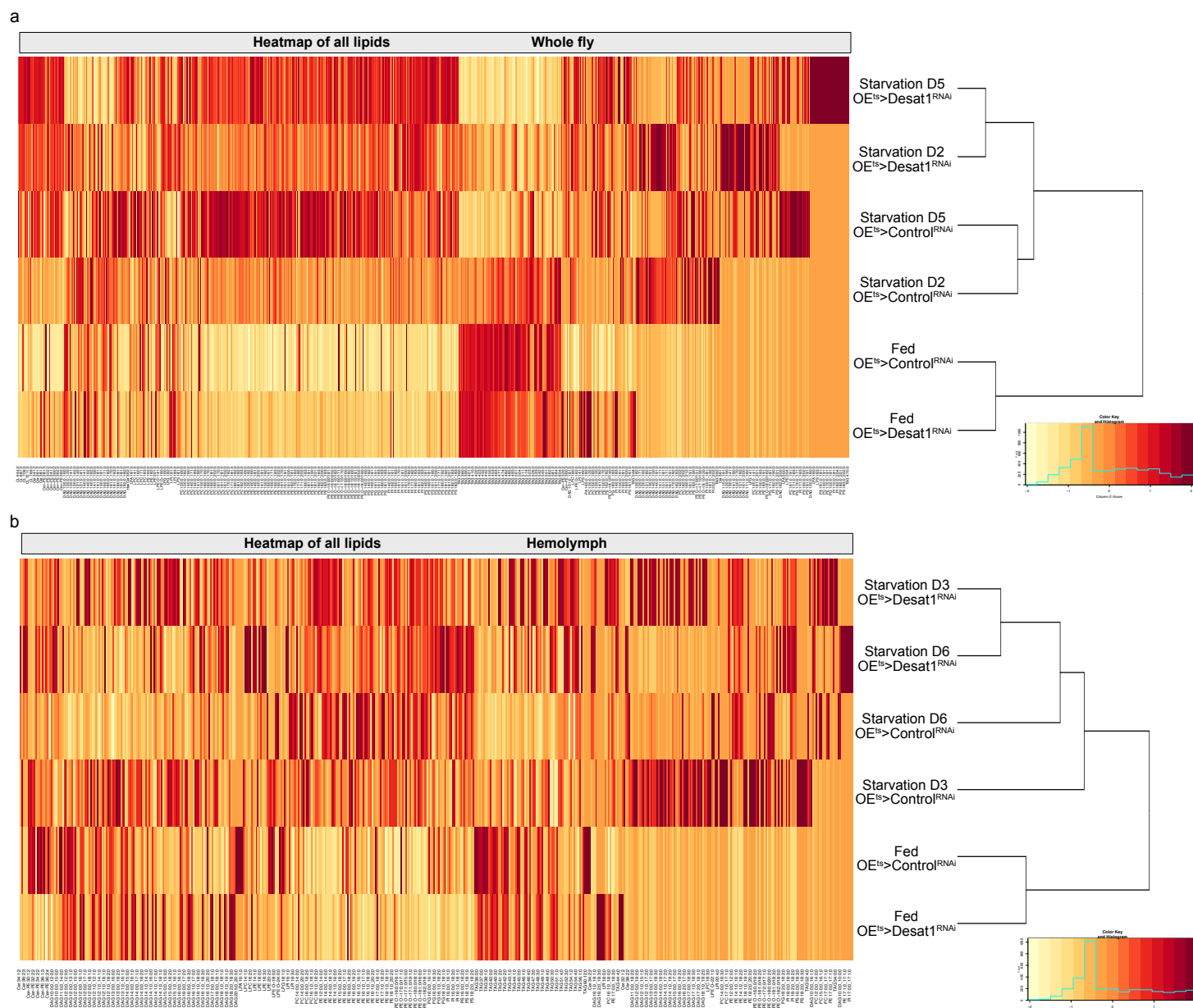


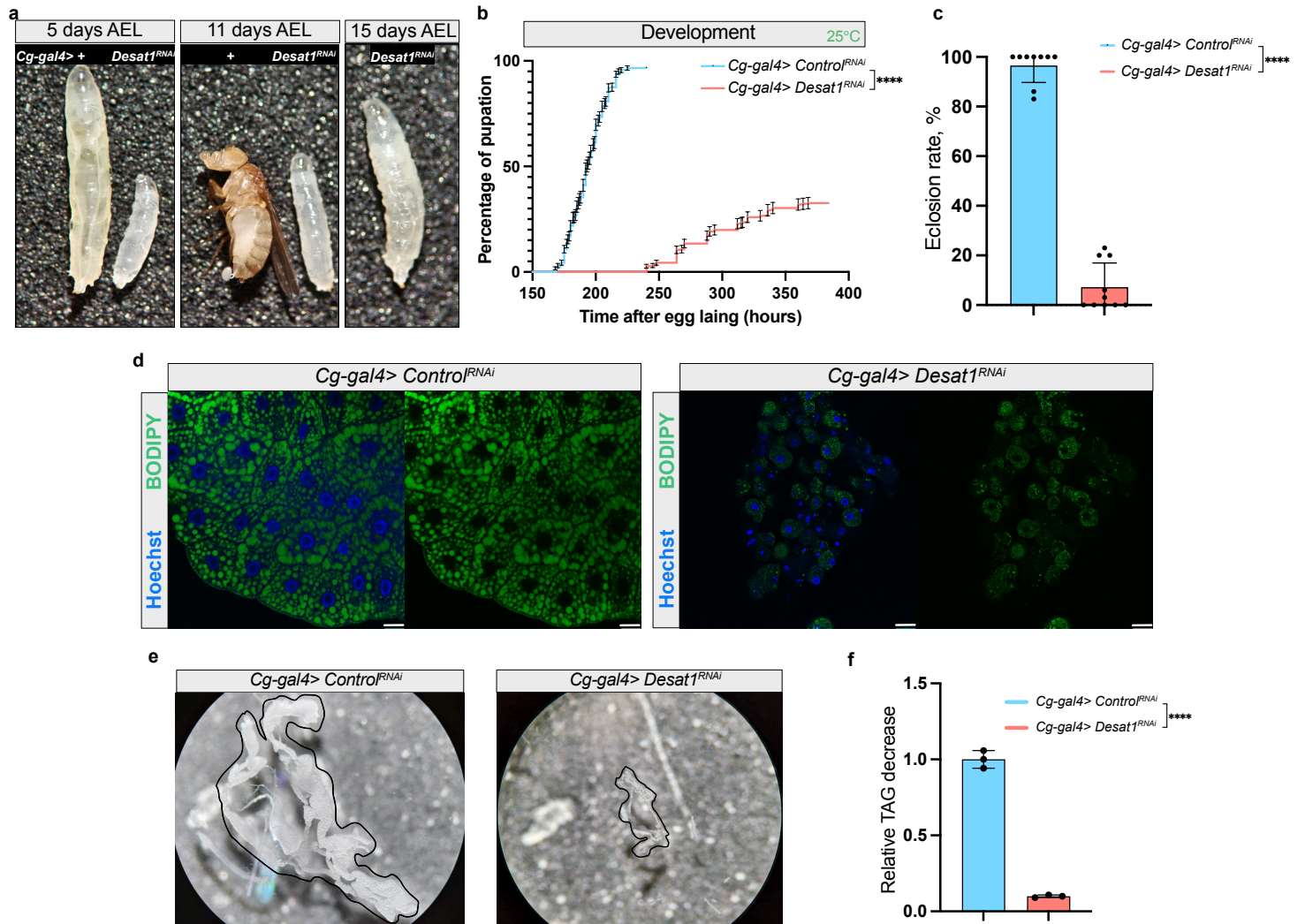
Extended data Fig. 1: Lipidomic analysis of hemolymph or whole fly sample at different days of starvation

a, Comparison of modified starvation protocol (incl. acetic acid supplementation) and normal PBS starvation protocol plus acetic acid supplementation. N=180. **b,c**, Quantitative lipidomic analysis of hemolymph or whole fly samples. Error bars indicate standard deviation, n=3. Statistical tests: two-way ANOVA with Tukey's multiple comparisons test. **d-h**, The number of double bonds in different major lipid classes in hemolymph or whole samples. DAG, diglyceride; TAG, triglyceride; PE, phosphatidyl ethanolamine; PC, phosphatidylcholine. n=3, statistical tests: two-way ANOVA with Tukey's multiple comparisons test. **i-k**, length of lipids in different lipid classes, n=3, statistical tests: two-way ANOVA with Tukey's multiple comparisons test. *, P< 0.05; **, P<0.01; ***, P<0.001; ****, P<0.0001.



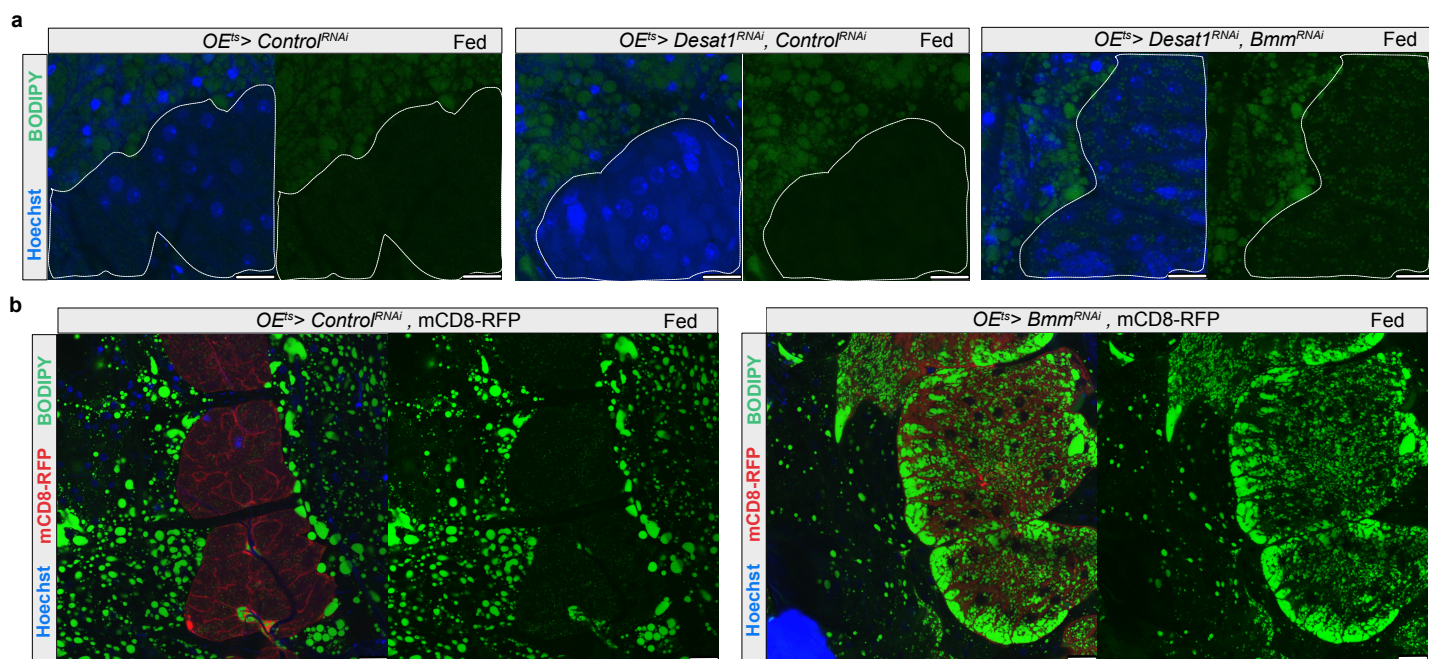
Extended Data Fig. 2: Lipidomics heatmap

Heatmap from whole-fly and hemolymph lipidomic profiles in starvation and fed conditions, n=3.



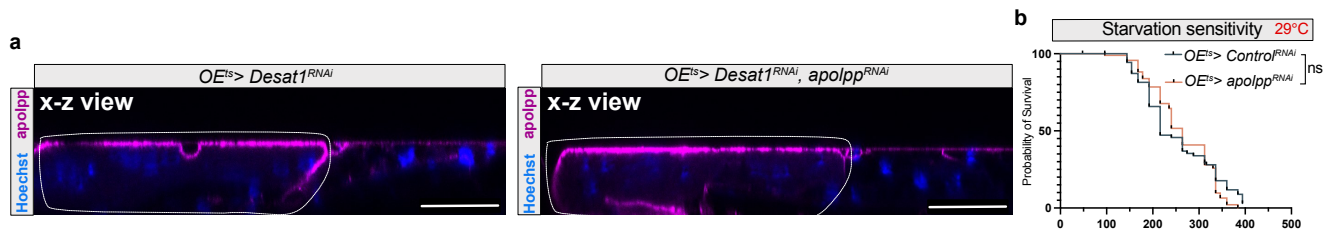
Extended Data Fig. 3 Role of Desat1 in the fat body

a, Representative images of flies at different development stages. Flies with fat body (FB)-specific *Desat1* KD showed a strong development delay, $n > 4$. **b,c**, Percentage of pupation and eclosion of control or FB *Desat1* KD group, $n = 9$. **d**, Representative images of FB LDs stained by BODIPY in control or *Desat1* KD group, $n = 3$, scale bars: 20 μm . **e**, Representative images of FB morphology in control or FB *Desat1* KD group. Black lines mark the FB. **f**, TAG level of whole larva measured by TAG kit, $N = 3$. Statistical tests: unpaired t test. AEL, after egg laying, scale bars: 20 μm .



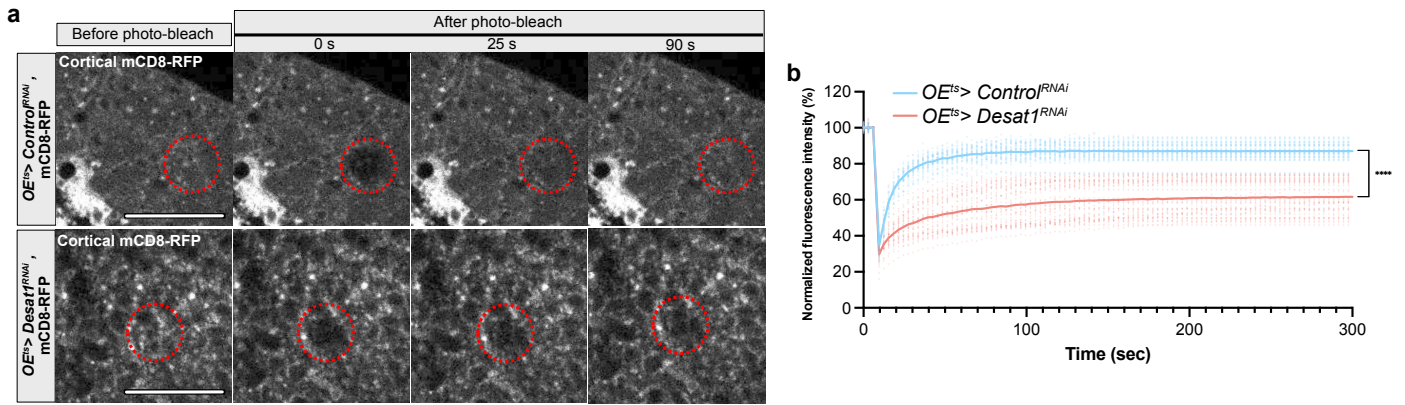
Extended Data Fig. 4 Role of Bmm in oenocytes

a, b, Representative images of LDs stained by BODIPY in control, *Bmm* KD or *Desat1/Bmm* KD groups. $n=3$, mCD8-RFP expression marks oenocytes (white dashed lines), scale bars: 20 μm .



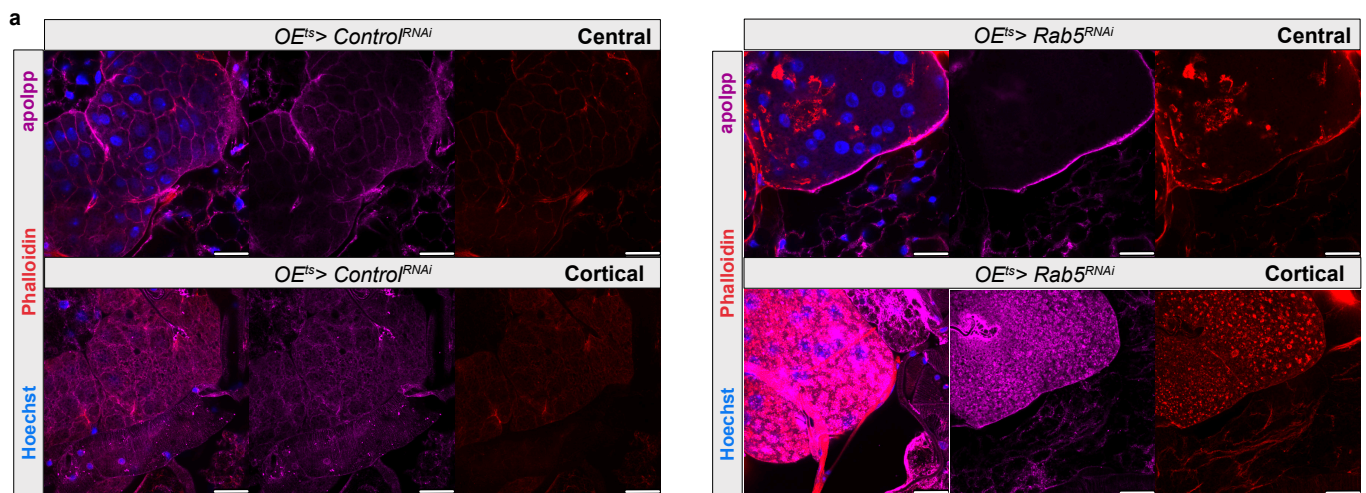
Extended Data Fig. 5 Lpp accumulated in oenocytes is from hemolymph

a, Representative x-z side view images of apolpp in *Desat1* KD and *Desat1/apolpp* KD group with dashed white lines marking the oenocytes, scale bars: 20 μ m. **b**, Starvation sensitivity assay between control and *apolpp* KD groups at 29 °C. N=80, P value was calculated using Log-rank (Mantel-Cox) test. Note that expression of the same *apolpp* RNAi in FB led to developmental arrest (our own data and ref 34), demonstrating functionality of the RNAi.



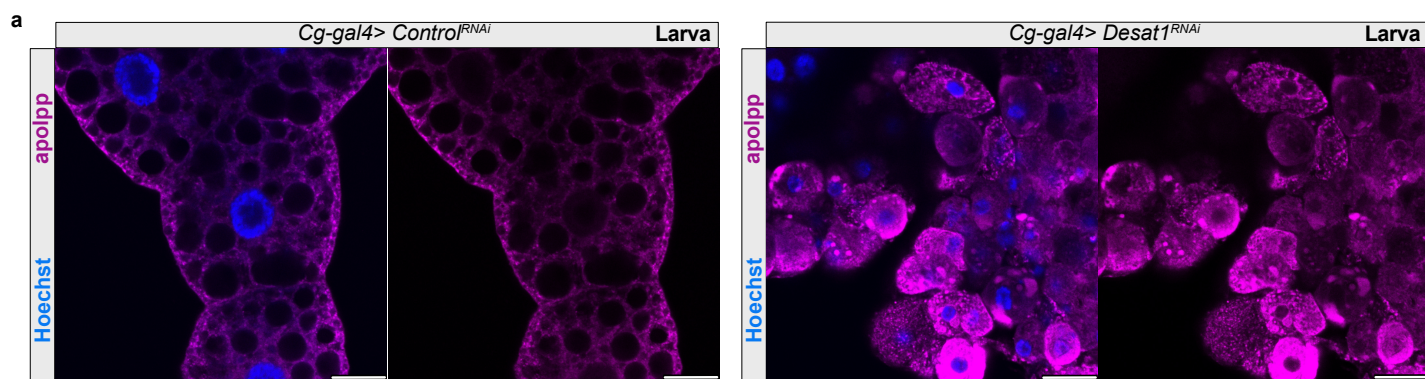
Extended Data Fig. 6 Diffusion of mCD8-RFP on oenocyte surface is restricted upon *Desat1* KD

a, Fluorescence recovery after photobleaching (FRAP) of surface mCD8-RFP shows impaired diffusion in oenocytes with *Desat1* KD compared to controls. Red dashed lines show the region of photo-bleaching on the oenocyte surface, scale bar: 10 μ m. **b**, The intensity of fluorescence is plotted over time. The dip at 10 seconds reflects the photobleaching event. **** $P < 0.0001$, *OE^{ts} > Desat1^{RNAi}* vs. *OE^{ts} > Control^{RNAi}*, $n = 35$, each data point represented a FRAP experiment performed in a cell surface. Statistical tests: two-way ANOVA.



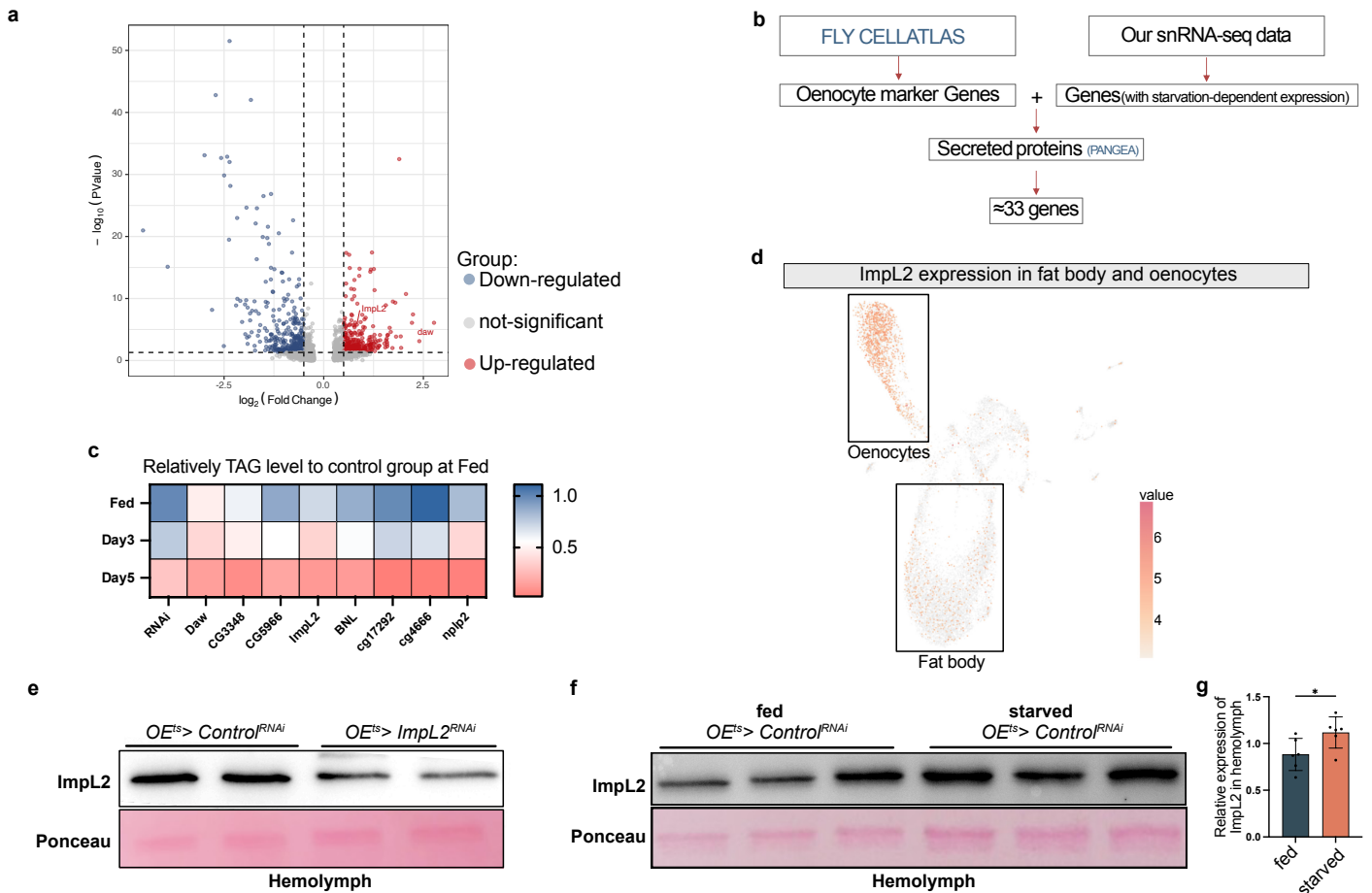
Extended data Fig. 7 Rab5 silencing leads to apolpp and actin accumulation in oenocytes

a, Representative images of apolpp and phalloidin of central and cortical sections in control and Rab5 KD groups, $n=3$, scale bars: 20 μm .



Extended Data Fig. 8 Apolpp secretion in fat body with *Desat1* deficiency

a, Representative fat body images of apolpp in larva, n=2, scale bars: 20μm.



Extended Data Fig. 9 Impl2 secretion by oenocytes is increased in starvation

a, Differentially expressed genes in oenocytes (day 2 of starvation vs. fed condition) were visualized using a volcano map (Fold change >0.5 and P value < 0.05). **b**, A protocol of gene selection. **c**, Relative TAG level measured by kit from whole flies with different candidate gene KD specifically in oenocytes, n=4. **d**, *Impl2* expression pattern from DRSC RNA-seq explorer showed a high expression level of *Impl2* in oenocytes compared with fat body. **e**, Western blot analysis of Impl2 level in hemolymph from control or *OE^{ts}>Impl2^{RNAi}* flies, n=2. **f**, Western blot analysis of Impl2 at fed or starvation condition in hemolymph. **g**, Quantification of Impl2 level in hemolymph in fed or starvation condition, n=3, statistical tests: unpaired t test, *p<0.05.