

Additional file 2. Baseline characteristics of the patient group of GP1 and the patient group of other GPs on the 01.08.2018: data listed as mean with standard deviation (SD) and counts (n) with percentages (%).

		Missing	Overall	GP1	Other GPs	P-Value
n			85	23	62	
Gender, n (%)	Male	0	21 (24.7)	6 (26.1)	15 (24.2)	1.000
	Female		64 (75.3)	17 (73.9)	47 (75.8)	
Age, mean (SD)		0	86.1 (6.9)	85.2 (7.7)	86.4 (6.6)	0.490
Care level, n (%)	2	0	10 (11.8)	2 (8.7)	8 (12.9)	0.430
	3		24 (28.2)	4 (17.4)	20 (32.3)	
	4		29 (34.1)	9 (39.1)	20 (32.3)	
	5		22 (25.9)	8 (34.8)	14 (22.6)	
Length of stay in the NH, mean (SD)		0	2.8 (3.3)	3.5 (3.5)	2.6 (3.2)	0.265
Number of hospitalizations since moving-in the NH, mean (SD)		0	1.8 (2.3)	2.7 (3.1)	1.5 (1.9)	0.077
Days of hospitalization since moving-in the NH, mean (SD)		0	16.4 (24.4)	22.4 (32.4)	14.1 (20.6)	0.263
Geriatric syndromes:						
	Aconuresis, n (%)	0	31 (36.5)	7 (30.4)	24 (38.7)	0.652
	Anal incontinence, n (%)	0	28 (32.9)	8 (34.8)	20 (32.3)	1.000
	Dementia/Cognitive impairment, n (%)	0	48 (56.5)	16 (69.6)	32 (51.6)	0.216
	Fall risk, n (%)	1	75 (88.2)	22 (95.7)	53 (85.5)	0.274
	Gait & mobility disorder, n (%)	0	15 (17.6)	4 (17.4)	11 (17.7)	1.000
	Immobility, n (%)	0	6 (7.1)	2 (8.7)	4 (6.5)	0.660
Cardiovascular risk factors:						
	Arterial hypertension, n (%)	0	58 (68.2)	16 (69.6)	42 (67.7)	1.000
	Diabetes mellitus, n (%)	0	22 (25.9)	3 (13.0)	19 (30.6)	0.172
	Adiposity (BMI≥30), n (%)	1	16 (18.8)	5 (21.7)	11 (17.7)	0.757
	Hyperlipidaemia/Dyslipidaemia, n (%)	0	44 (51.8)	11 (47.8)	33 (53.2)	0.843
MARKER ischaemic risk:						
	CHD/Status post cardiac infarction/Atherosclerosis/Vascular stenosis/(P)AOD, n (%)	0	39 (45.9)	10 (43.5)	29 (46.8)	0.979
MARKER neuropsychiatric risk:						
	Dementia/Cognitive impairment/Schizophrenic disorder/Psychotic disorder, n (%)	0	50 (58.8)	17 (73.9)	33 (53.2)	0.141
MARKER respiratory risk:						
	COPD/Bronchial asthma/Chronic bronchitis, n (%)	0	7 (8.2)	1 (4.3)	6 (9.7)	0.668
MARKER gastrointestinal risk:						
	Gastritis/Oesophagitis/Gastroesophageal reflux, n (%)	0	21 (24.7)	6 (26.1)	15 (24.2)	1.000
Cardiac arrhythmia, n (%)		0	29 (34.1)	6 (26.1)	23 (37.1)	0.488
Cardiac pacemaker, n (%)		0	9 (10.6)	2 (8.7)	7 (11.3)	1.000
Cardiac insufficiency, n (%)		0	13 (15.3)	4 (17.4)	9 (14.5)	0.742
Renal insufficiency, n (%)		0	12 (14.1)	3 (13.0)	9 (14.5)	1.000
Hypotension, n (%)		0	1 (1.2)		1 (1.6)	1.000
Hypothyroidism, n (%)		0	8 (9.4)	2 (8.7)	6 (9.7)	1.000
Chronic pain, n (%)		0	11 (12.9)	3 (13.0)	8 (12.9)	1.000
Morbus Parkinson/Parkinson syndrome, n (%)		0	10 (11.8)	3 (13.0)	7 (11.3)	1.000
Status post apoplexy/TIA, n (%)		0	23 (27.1)	4 (17.4)	19 (30.6)	0.344

Abbreviations. BMI: body mass index; CHD: coronary heart disease; (P)AOD: (peripheral) arterial occlusive disease; COPD: chronic obstructive pulmonary disease; TIA: transient ischaemic attack.