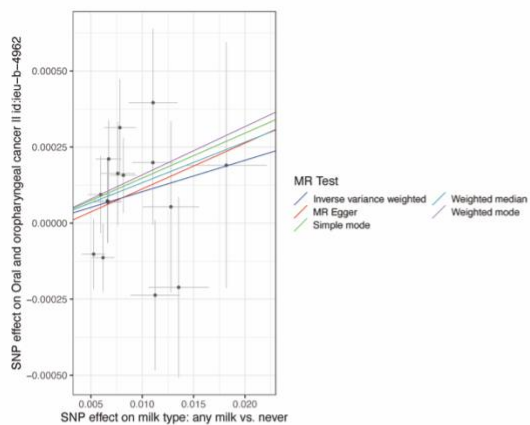
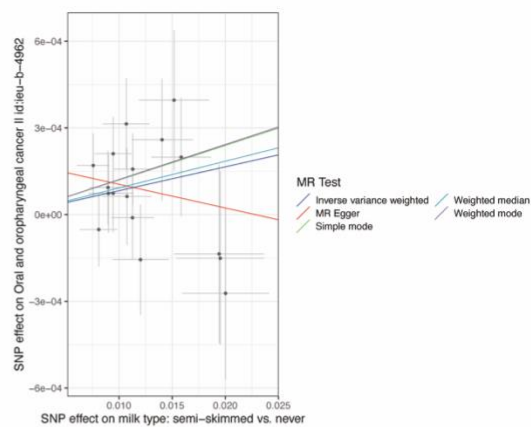


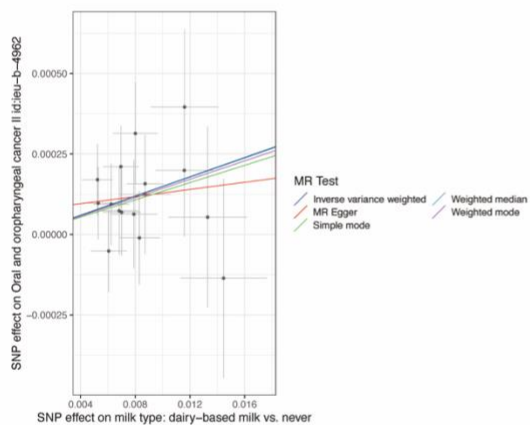
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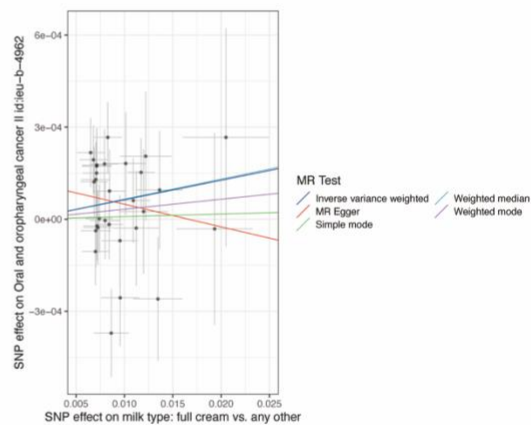
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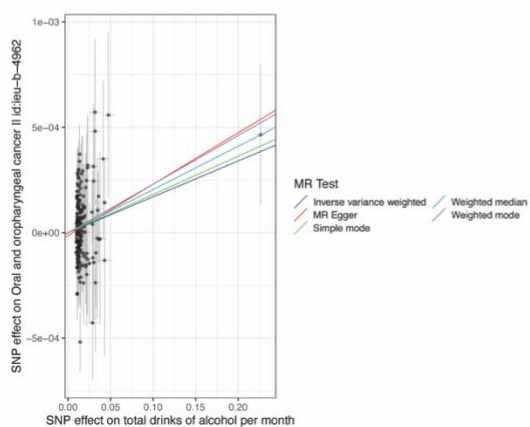
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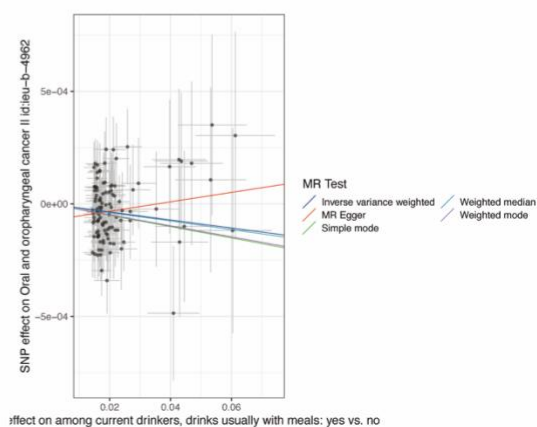
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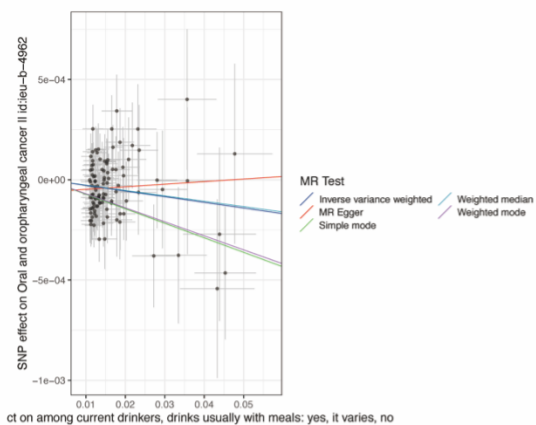
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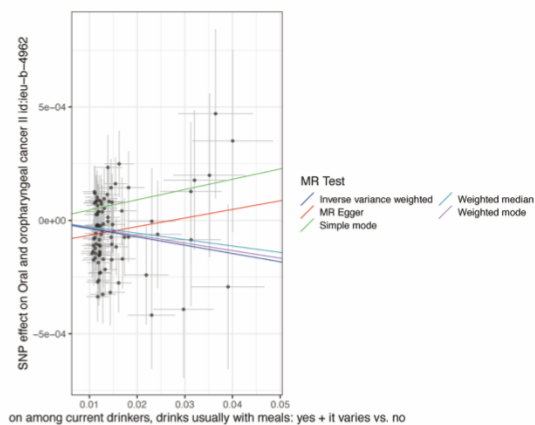
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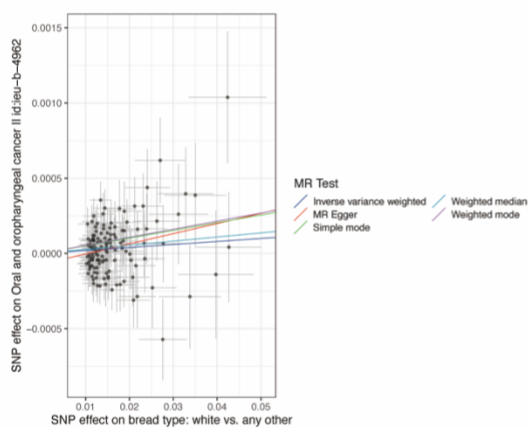
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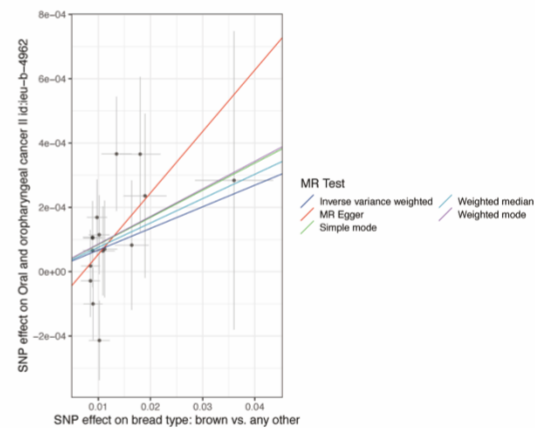
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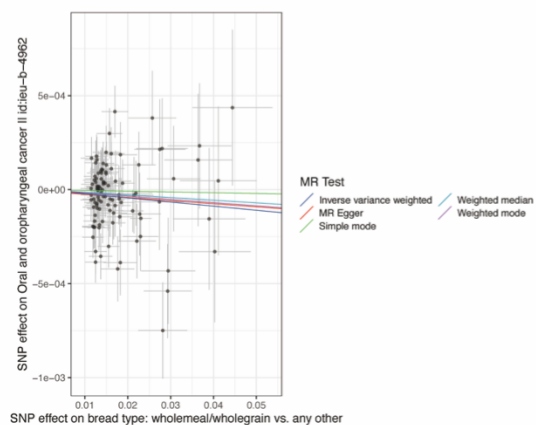
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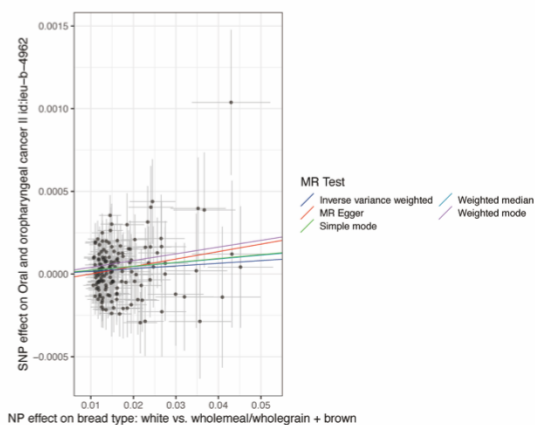
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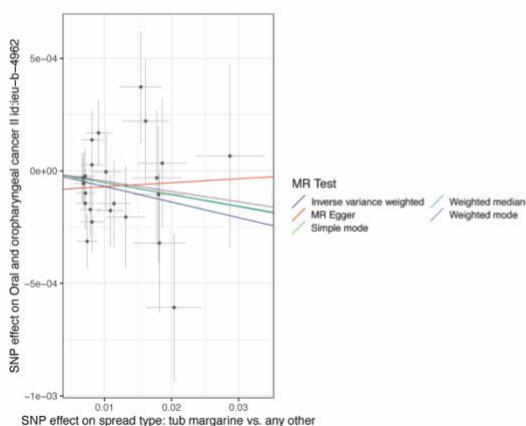
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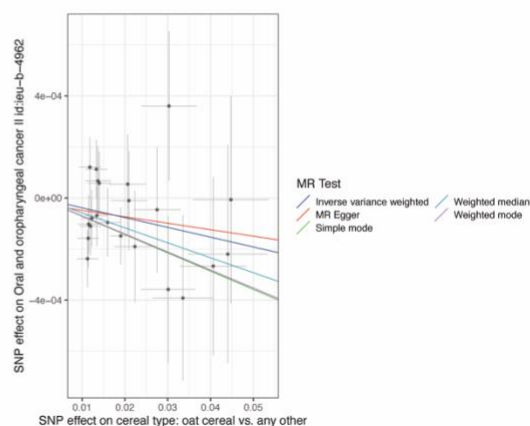
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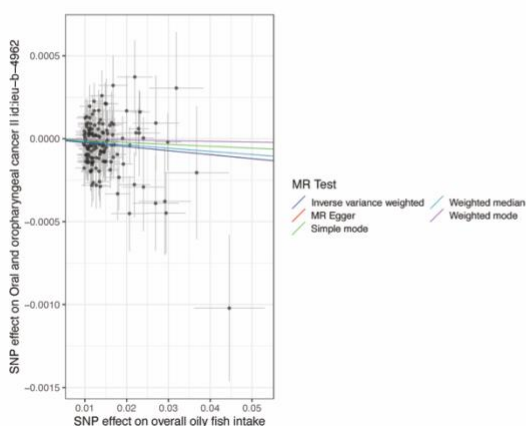
g



h



i



Supplementary Figure 1. Scatter plots of Positive Mendelian Randomization Results. (a) Scatter plot of milk type: any milk vs. never. (b) Scatter plot of milk type: semi-skimmed vs. never. (c) Scatter plot of milk type: dairy-based milk vs. never. (d) Scatter plot of milk type: full cream vs. any other. (e) Scatter plot of total drinks of alcohol per month. (f) Scatter plot of among current drinkers, drinks usually with meals: yes vs. no. (g) Scatter plot of among current drinkers, drinks usually with meals: yes, it varies, no. (h) Scatter plot of among current drinkers, drinks usually with meals: yes + it varies vs. no. (i) Scatter plot of bread type: white vs. any other. (j) Scatter plot of bread type: brown vs. any other. (k) Scatter plot of bread type: wholemeal/wholegrain vs. any other. (l) Scatter plot of bread type: white vs. wholemeal/wholegrain + brown. (m) Scatter plot of spread type: tub margarine vs. any other. (n) Scatter plot of cereal type: oat cereal vs. any other. (o) Scatter plot of overall oily fish intake.