

	Enrolment	Allocation	Post-allocation	
TIMEPOINTS	$-t_1$	0	t_0	t_1
ENROLMENT:				
Eligibility screen	X			
Informed consent	X			
Allocation		X		
INTERVENTIONS:				
<i>Computerised Cognitive Training/Smartwatch use (PwMS-CCT)</i>				
<i>No training/Smartwatch use (PwMS-CON)</i>				
<i>Healthy Controls (HC)</i>			X	
ASSESSMENTS:				
Primary outcome				
Cortical functional organisation			X	X
Secondary outcomes				
Neuropsychological measures			X	X
PROMs			X	X
Physical measures			X	
Exploratory outcome				
Measures of daily activities			X	X

Time points of enrollment ($-t_1$), allocation (0), baseline assessments (t_0) and post-intervention (12 weeks after the intervention) (t_1)