

Table. Participant symptoms categorised by whether a participant reported having COVID-19

Symptoms experienced from the 1st September 2021 to 4th February 2022	COVID-19 (n = 61)	Without COVID-19 (n = 124)
decrease_in_appetite	7	11
nausea_vomit	9	10
diarrhoea	12	25
abdominal_pain	17	30
runny_nose	43	50
sneezing	38	53
blocked_nose	35	48
sore_eyes	22	17
loss_smell_taste	19	2
sore_throat	36	38
hoarse_voice	15	13
headache	28	28
dizziness	16	13
persistent_cough	15	2
tight_chest	14	5
chest_pain	8	3
short_breath	19	7
fever	15	8
chills	18	8
difficultly_sleeping	30	41
more_tired	37	34
severe_fatigue	12	12
numbness_tingling	11	10
heaviness_legs_arms	8	6
achy_muscles	25	27
red_itchy_skin	7	5
swelling_face_lips	1	1
sores_blisters_feet	1	0