



SURE CHECK® HIV Self-Test

One Drop of Blood Is All You Need

INSTRUCTIONS FOR USE

PREPARE - RUN - READ



•• READ ME NOW ••

SURE CHECK HIV Self-Test is a screening test for HIV (the virus responsible for AIDS).

SURE CHECK HIV Self-Test is intended for use by untrained lay users in a private setting. Please ensure you visit an HIV testing center, health facility or healthcare professional when your result is positive or invalid (see step 11).

For single-use only. Do not open foil pouch containing device until ready to test.

Please carefully read all of the following instructions prior to using the test.

You will need a watch, clock, or other timing device.

Wash hands prior to running test.

Run test in a well-lit area.

Use within expiration date.



PLACE TEST STAND ON FLAT SURFACE



TEAR OPEN FOIL POUCH AT TEAR POINT (>>>)



CAREFULLY REMOVE BUFFER CAP



INSERT BUFFER CAP INTO TEST STAND PLACED ON A FLAT SURFACE

BUFFER CAP

FOIL

BUFFER CAP FINAL POSITION



WASH AND DRY YOUR HANDS



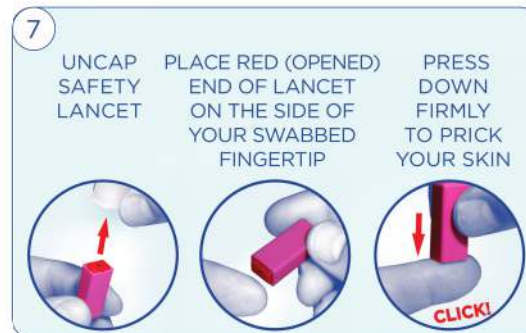
MASSAGE FINGER FOR 5-10 SECONDS



OPEN ALCOHOL SWAB AND STERILE GAUZE PAD



CLEAN FINGER WITH ALCOHOL SWAB AND ALLOW TO DRY

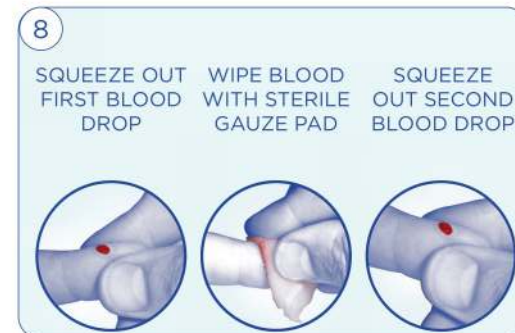


UNCAP SAFETY LANCET

PLACE RED (OPENED) END OF LANCET ON THE SIDE OF YOUR SWABBED FINGERTIP

PRESS DOWN FIRMLY TO PRICK YOUR SKIN

CLICK!



SQUEEZE OUT FIRST BLOOD DROP

WIPE BLOOD WITH STERILE GAUZE PAD

SQUEEZE OUT SECOND BLOOD DROP

CONTENTS IN THE BOX



CONTENTS IN THE POUCH



FILL TIP OF TESTING DEVICE WITH BLOOD



RUN

POSITION TEST DEVICE VERTICALLY ABOVE TEST STAND

PUSH HARD THROUGH THE FOIL. YOU WILL FEEL 3 SNAPS

1st SNAP

2nd SNAP

3rd SNAP



CHECK FOR PINK/PURPLE FLOW IN 1 MINUTE

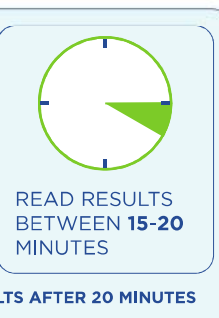
PINK/PURPLE FLOW

NO PINK/PURPLE FLOW

IF NO PINK/PURPLE FLOW, PUSH TEST DEVICE FURTHER DOWN



WAIT 15 MINUTES



READ RESULTS BETWEEN 15-20 MINUTES

DO NOT READ THE RESULTS AFTER 20 MINUTES



USE STERILE GAUZE PAD TO CLEAN FINGER AND APPLY BANDAGE

14 READ RESULTS

14 READ RESULTS

NEGATIVE RESULTS



If test shows ONLY the Control Line, your test result is **NEGATIVE**.

Test again in 3 months.

POSITIVE RESULTS



If test shows BOTH the Control Line AND Test Line, your test result is **POSITIVE**.

Visit your nearest HIV Testing Center or Health Care Professional.

INVALID RESULTS



If your results do not match negative or positive, the result is **INVALID**. It is necessary to run another test.

Visit your nearest HIV Testing Center or Health Care Professional.

•• PRODUCT INSERT ••

INTENDED USE AND SUMMARY

The SURE CHECK® HIV Self-Test is a qualitative, single-use in-vitro diagnostic self-test for detection of antibodies to Human Immunodeficiency Virus Types 1 and 2 (HIV 1/2) in fingerstick whole blood. The SURE CHECK® HIV Self-Test is intended for use by untrained lay users in a private setting as a self-test to aid in the diagnosis of HIV infection. The test is intended for people who believe they may have had exposure to the HIV virus or a risk event within the last 3 months period of time, and who are ages 14 and older. Examples of risk events can include sex with multiple partners, sex with someone who is HIV positive or whose status you do not know, using illegal injected drugs or steroids, shared needles or syringes and exchanging sex for money. The SURE CHECK® HIV Self-Test has a test strip inside a plastic tube. The test is performed by mixing one drop of blood with a liquid solution contained in the buffer cap. As the test runs you can see the mixture flowing up the strip. When the test is complete, two lines will be visible if antibodies to HIV are detected (CONTROL and TEST lines). Only the CONTROL line appears if there are no antibodies detected.

KIT CONTENTS

- Each kit contains components to perform 1 test:
 - Instructions for Use (IFU)/Product Insert
 - Test Stand
 - Alcohol Swab
 - Sterile Gauze Pad
 - Pouch, containing: SURE CHECK® HIV Self-Test Device, Buffer Cap (attached to the test device), Sterile Safety Lancet, Bandage, Desiccant (discard)
- Materials required but not provided: Clock, watch, or other timing device

STORAGE

- Store the test in its unopened pouch at 8° to 30°C (46° to 86°F).
- This test must be performed at room temperature, 18° to 30°C (64° to 86°F)
- DO NOT use this test if it has been stored outside the acceptable temperature of 8° to 30°C (46° to 86°F). DO NOT freeze.
- When stored as indicated, test devices are stable until the expiration date (YYYY-MM-DD) marked on the pouch.

WARNINGS & PRECAUTIONS

- DO NOT use this test if you are HIV positive.
- If you are on treatment or preventive treatment for HIV, the test is not meant for you.
- An individual infected with HIV-1 and/or HIV-2 who is receiving highly active antiretroviral therapy (HAART) may produce false negative results.
- The test is for single, in-vitro diagnostic use by a self-tester.
- Use with fingerstick whole blood only. The test is not for use with serum, plasma, oral fluid, breast milk, urine, vaginal fluid or sweat.
- Wash your hands and ensure that they are clean and dry before starting test.
- Adequate lighting is required to read the test results.
- DO NOT use this test if you are age 13 or younger.
- DO NOT eat, drink, or smoke in the area while performing the test.
- DO NOT use if the foil pouch is damaged in any way or has any holes. Contact the health facility or HIV testing center to be issued a new test.
- DO NOT use if the desiccant is missing.
- DO NOT use if the expiration date (YYYY-MM-DD) printed on the pouch has passed.
- DO NOT open the pouch until you are ready to perform the test.
- DO NOT read the result more than 20 minutes after performing the test.
- DO NOT store above the radiator or in direct sunlight.
- DO NOT use the test if it has been exposed to household cleaning products (i.e., bleach).

LIMITATIONS OF THE TEST

- The SURE CHECK® HIV Self-Test Instructions for Use must be followed carefully to get an accurate result.
- The SURE CHECK® HIV Self-Test will only indicate the presence of antibodies to HIV and is not used as the only criteria for the diagnosis of HIV infection.
- The SURE CHECK® HIV Self-Test may not detect HIV infections that have occurred within the last 3 months.
- A positive result must be confirmed by a health care professional.
- If you have participated in a HIV vaccine trial, you may get a positive result using this test, but it may not mean that you are infected with HIV. You should seek follow-up with the research group.
- For a positive result, the intensity of the test line does not necessarily correlate with the titer of antibody in the specimen.

TEST PERFORMANCE

In a clinical study, 1500 people who were unaware of their HIV status were given the SURE CHECK® HIV Self-Test to use. The results were compared to a 4th generation laboratory test. The laboratory results show that a total of 169 people were HIV positive and 1167 people were HIV negative. The comparison of results was as follows:

- 97% of people (164 out of 169) correctly reported their result as positive. This means that 164 people infected with HIV correctly interpreted the results as HIV positive and 5 out of 169 people infected with HIV reported a negative test result. This is called false negative.
- 100% of people (1167 out of 1167) correctly reported their result as negative. This means that 1167 people not infected with HIV correctly interpreted the results as HIV negative.
- In addition, only 10.5% of study subjects (157 out of 1500) failed to obtain a test result.

INTERFERING SUBSTANCES AND UNRELATED MEDICAL CONDITIONS

In addition to the clinical studies, twenty-two (22) unrelated medical conditions, interfering substances and non-HIV viral infections were tested. These tests were shown to have no effect on test specificity.

QUESTIONS & ANSWERS

1. How does the test work?

The test detects antibodies in your blood sample that are specific for HIV (not the HIV virus itself) and these antibodies produce the TEST line. A positive result is preliminary and must be confirmed by a healthcare professional.

2. What is a risk event?

Examples of risk events can include sex with multiple partners, sex with someone who is HIV positive or whose status you do not know, using illegal injected drugs or steroids, shared needles or syringes and exchanging sex for money.

3. How soon after a risk exposure can I test myself?

You can test yourself at any time. If you are using this test earlier than 3 months since a risk event and your test is negative, your result may not be accurate. You should test again 3 months after the risk event to be sure. You can also receive testing at your local healthcare facility.

4. How accurate is the test?

Please refer to the Test Performance section for more details. If you are unsure of your test result, please see a healthcare professional to perform another test.

5. Where is the buffer cap?

It is found in the top of the test device. You will need to remove it and place it in the test stand. Please refer to the instructions for use for a pictorial description.

6. Which direction should I place the buffer cap into the test stand?

Place the buffer cap with the foil side up so that it fits in the test stand.

7. How many times can I use the safety lancet?

The safety lancet is designed for one time use only.

8. Does it matter which finger I get the blood from?

No, you can use any finger.

9. How does the tip automatically fill up with blood?

The design allows the blood to be naturally drawn into the tip by capillary action.

10. When will the test start to run?

The test will start to run when the test device tip is fully pushed into the buffer cap. Confirm pink/purple flow on the test strip. Please refer to the IFU for pictorial description.

11. Why does the test have to stand up?

This is because the buffer has to run up the test strip contained within the test device.

12. What happens if my test falls over while it is running?

Stand it up as soon as possible. Verify that the CONTROL line is present after 15 minutes.

13. How will I know if my test has run correctly?

If the test has run correctly, the CONTROL line will appear. If the CONTROL line does not appear, your test has not worked properly. Please discard your test and retest with a new device.

14. What does a negative result mean?

A negative result means that the test has not detected HIV antibodies in the blood sample; however it may take up to 3 months from a risk event for the test to detect HIV.

15. What should I do if I get a negative result?

If you have not had any risk events within the past 3 months, and you followed the instructions for use carefully, then you are most likely HIV negative. If you did not follow the instructions for use carefully, you should perform another test to be sure your result is correct. If you had any risk events in the past 3 months, you could be in the 'window period'. The window period is when a person has been infected with HIV, but their body has not made antibodies yet. If you think you may have been exposed to HIV within the past 3 months, you should retest for HIV 3 months following the risk event. If you continue to engage in risk events that could put you at risk for HIV, you should test on a regular basis.

16. What is a false negative?

When a person reads their test result as negative, but the true HIV status of the person is positive.

17. What can cause a false negative result?

This can occur if you have had a risk event less than 3 months prior to taking the test, having infection with an HIV-1 or HIV-2 variant that does not elicit antibodies recognized by the test, if you incorrectly read the test result as negative, or if you did not follow the instructions for use carefully.

18. What does a positive result mean?

A positive result means you may have been exposed to HIV.

19. What should I do if I get a positive result?

You need to follow up with a healthcare professional to confirm the test result. At that time your healthcare professional will discuss the next steps that need to be taken.

20. What is a false positive result?

When a person reads their test result as positive and the true HIV status of the person is negative.

21. What can cause a false positive result?

This can occur for any of the following reasons: incorrectly reading test result as positive, not following the instructions for use carefully, or if you have participated in a HIV vaccine clinical trial.

22. Can I get HIV from using the test?

No, you cannot get HIV from using the test.

23. Where can I get additional help or care for HIV?

At your local clinic, doctor or healthcare professional.

24. Can I use this test if I am taking medicine to prevent HIV (oral PrEP)?

If you are taking oral PrEP for HIV, you may get a false result.

25. Can I use this test if I am pregnant?

Yes, even if you are pregnant you can test with the SURE CHECK HIV Self-Test.

•• LEGEND OF SYMBOLS ••

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|--|------------------------------------|--|------------------------------|
| | Consult Instructions for Use | | Batch Code |
| | Caution | | Product catalog number |
| | Do not re-use | | Manufacturers identification |
| | For use within temperature limits | | Date of manufacture |
| | In vitro diagnostic medical device | | Use by date |

DISPOSAL

- To dispose of your test, place all of the components back into the box.
- Close the box to help protect your privacy and throw away with normal rubbish.

For further information on HIV Self-Testing visit www.HIVST.org

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