

The National Health and Examination Survey (2003-2016)
N=71058

Exclude participants without dietary data
N=38838

N=32220

Exclude participants who were less than 20 years old
N=2222

N=29998

Exclude participants with extreme energy consumption
(<500 kcal/day or $>3,500$ kcal/day for women
and <800 kcal/day or $>4,200$ kcal/day for men)
N=1111

N=28887

Exclude pregnant women
N=609

N=28278

Exclude participants with missing value on
current drinking, current smoking, and BMI
N=367

N=27911