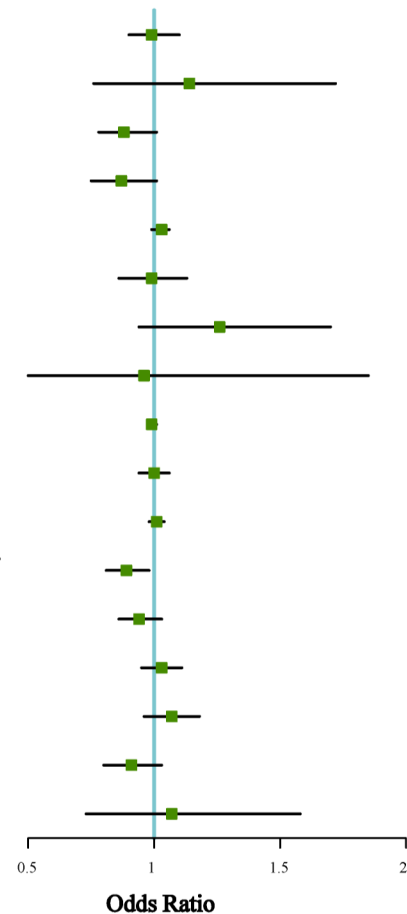


Foods at breakfast

Whole grains
Legumes
Whole fruits
Non-starchy vegetables
Refined grains
Fruit juice
Potato
Other starchy vegetable
Added sugar
Red meat
Processed meat
Poultry
Seafood
Dairy
Eggs
Nuts
Soy

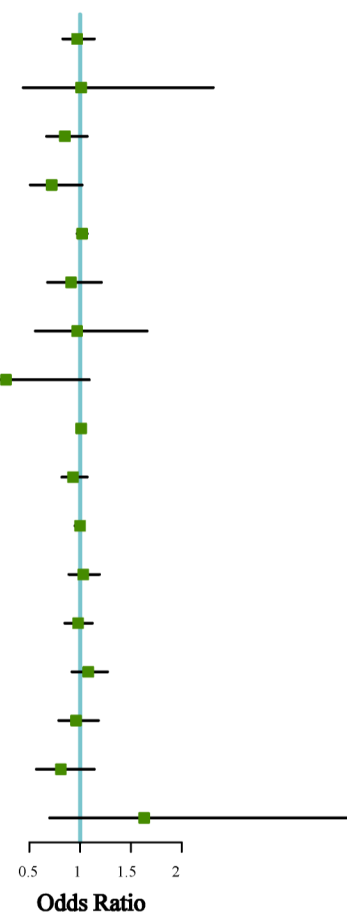
General obesity OR (95%CI)

0.99(0.90-1.10)
1.14(0.76-1.72)
0.88(0.78-1.01)
0.87(0.75-1.01)
1.03(0.99-1.06)
0.99(0.86-1.13)
1.26(0.94-1.70)
0.96(0.50-1.85)
0.99(0.98-1.01)
1.00(0.94-1.06)
1.01(0.98-1.04)
0.89(0.81-0.98)*
0.94(0.86-1.03)
1.03(0.95-1.11)
1.07(0.96-1.18)
0.91(0.80-1.03)
1.07(0.73-1.58)



Morbid obesity OR (95%CI)

0.97(0.83-1.14)
1.01(0.44-2.31)
0.85(0.67-1.07)
0.72(0.51-1.02)
1.02(0.97-1.07)
0.91(0.68-1.21)
0.97(0.56-1.66)
0.27(0.06-1.09)
1.01(0.98-1.02)
0.93(0.82-1.07)
1.00(0.95-1.04)
1.03(0.89-1.19)
0.98(0.85-1.12)
1.08(0.92-1.27)
0.96(0.79-1.18)
0.81(0.57-1.14)
1.63(0.70-3.78)



Abdominal obesity OR (95%CI)

0.93(0.87-1.01)
0.91(0.57-1.44)
0.82(0.73-0.94)*
0.89(0.76-1.04)
1.00(0.96-1.03)
1.03(0.90-1.19)
0.89(0.67-1.19)
0.63(0.30-1.29)
0.99(0.98-1.01)
0.98(0.91-1.05)
1.00(0.97-1.03)
0.88(0.82-0.96)*
0.96(0.90-1.03)
0.88(0.81-0.96)*
1.06(0.96-1.17)
0.88(0.79-0.99)*
1.17(0.84-1.63)

