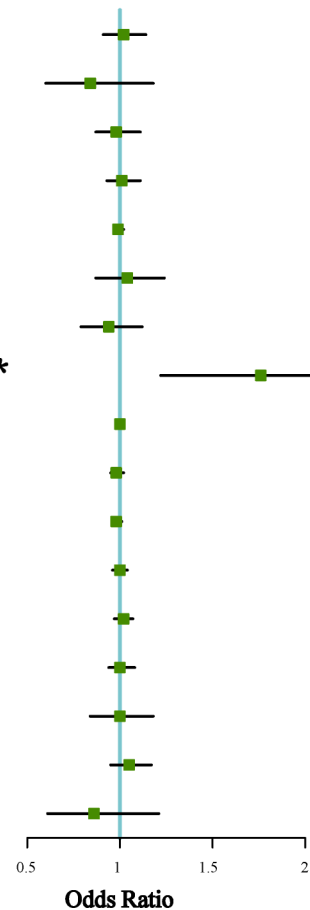


Foods at dinner

Whole grains
Legumes
Whole fruits
Non-starchy vegetables
Refined grains
Fruit juice
Potato
Other starchy vegetable
Added sugar
Red meat
Processed meat
Poultry
Seafood
Dairy
Eggs
Nuts
Soy

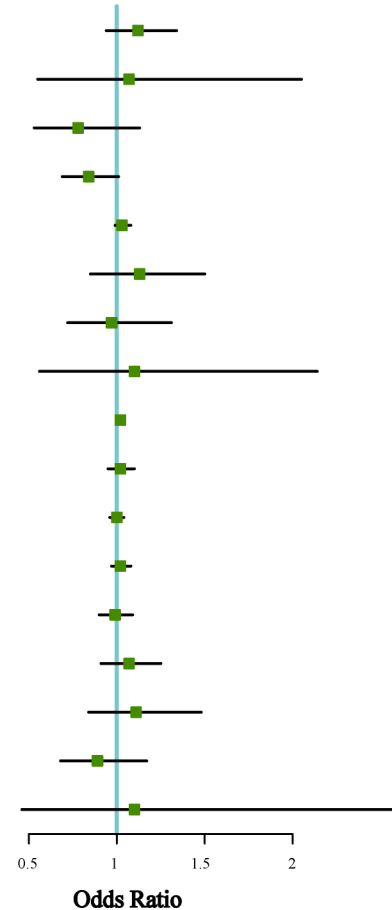
General obesity OR (95%CI)

1.02(0.91-1.14)
0.84(0.60-1.18)
0.98(0.87-1.11)
1.01(0.93-1.11)
0.99(0.97-1.02)
1.04(0.87-1.24)
0.94(0.79-1.12)
1.76(1.22-2.54)*
1.00(0.99-1.01)
0.98(0.95-1.02)
0.98(0.96-1.01)
1.00(0.96-1.04)
1.02(0.97-1.07)
1.00(0.94-1.08)
1.00(0.84-1.18)
1.05(0.95-1.17)
0.86(0.61-1.21)



Morbid obesity OR (95%CI)

1.12(0.94-1.34)
1.07(0.55-2.05)
0.78(0.53-1.13)
0.84(0.69-1.01)
1.03(0.99-1.08)
1.13(0.85-1.50)
0.97(0.72-1.31)
1.10(0.56-2.14)
1.02(1.00-1.04)*
1.02(0.95-1.10)
1.00(0.96-1.04)
1.02(0.97-1.08)
0.99(0.90-1.09)
1.07(0.91-1.25)
1.11(0.84-1.48)
0.89(0.68-1.17)
1.10(0.46-2.61)



Abdominal obesity OR (95%CI)

1.05(0.94-1.16)
1.06(0.77-1.46)
0.96(0.85-1.10)
0.96(0.90-1.04)
1.02(0.99-1.05)
0.94(0.78-1.12)
0.93(0.78-1.10)
1.76(1.12-2.75)*
1.01(0.99-1.02)
0.98(0.94-1.02)
0.98(0.96-1.01)
1.04(1.00-1.08)*
0.99(0.94-1.04)
1.07(0.99-1.15)
0.98(0.84-1.15)
1.02(0.92-1.13)
0.88(0.62-1.24)

