

15,560 individuals in NHANES
2017-pre-pandemic 2020

7,013 individuals aged <25 years

8,547 individuals aged 25 or older

120 individuals missing one or more
outcome variable

- 27 missing workday sleep
- 34 missing non-workday sleep
- 59 missing both

8,427 individuals with exposure
data

1,248 individuals missing 1 or
more exposure variable

- 631 missing PIR
- 4 missing education
- 613 one or more*

7,179 total included (non-imputed)
sample

*604 participants were missing both PIR and FSSM. None were missing FSSM alone.