

# Additional file 1. Summary of studies included in the Review

| Reference number | Study ID & Year              | Study design                           | Country                                                                                                                             | Prevention                                                                     | Management                                                                                                                                                                                                          | Monitoring and follow up                                                                                                                                                     |
|------------------|------------------------------|----------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| (22)             | Billah et al. (2021)         | Quantitative Cross-sectional study     | Bangladesh                                                                                                                          | NI                                                                             | Not all patients needing antihypertensive drugs received them. MgSO4*: used for severe preeclampsia, was not available in all evaluated centers.                                                                    | Alarm symptoms often overlooked. Inadequate anamnesis and blood pressure measurement. Lack of care protocols.<br><br>Most of patients with preeclampsia were not identified. |
| (14)             | Naidoo et al (2020)          | Qualitative narrative review           | South Africa                                                                                                                        | Aspirin: women with risk factors but no proteinuria                            | Pre-eclampsia treatment: Alpha methyl dopa for mild cases; MgSO4, vital sign monitoring, nifedipine/IV labetalol for severe cases; steroids for gestational age 28-34 weeks; urgent delivery for severe conditions. | Identify features, conduct tests, and perform fetal sonar. Monitor vital signs. Refer after stabilization.                                                                   |
| (30)             | Von Dadelzsen et al (2021)   | Qualitative narrative review           | India, Mozambique, and Pakistan                                                                                                     | NI                                                                             | There was evidence of underuse of available antihypertensive drugs and variation in the availability of MgSO4.                                                                                                      | Variations were evident in the availability of laboratory tests.                                                                                                             |
| (32)             | Okereke et al. (2012)        | Quantitative retrospective study       | Nigeria                                                                                                                             | NI                                                                             | Throughout Nigeria, diazepam is commonly used for the treatment of eclampsia.                                                                                                                                       | NI                                                                                                                                                                           |
| (31)             | Long et al (2017)            | Quantitative                           | Afghanistan, Argentina, Democratic Republic of the Congo, India, Kenya, Niger, Nigeria, Pakistan, Paraguay, Peru, Sri Lanka, Uganda | NI                                                                             | MgSO4 available but less in Africa. Dosing varied widely, inconsistent with international recommendations. A quarter of all centers used MgSO4 for mild preeclampsia.                                               | Barriers: decentralized procurement, lack of evidence-based protocols, insufficient training, personnel shortage, and toxicity concerns.                                     |
| (21)             | Ona et al (2021)             | Qualitative Narrative review           | Phillippines                                                                                                                        | NI                                                                             | Outpatient hypertension: oral antihypertensives. Severe hypertension: IV antihypertensives; oral nifedipine if IV access is unavailable.                                                                            | Patient education on warning signs                                                                                                                                           |
| (24)             | Vigil-De Gracia et al (2013) | Quantitative Randomized clinical trial | Latin America                                                                                                                       | NI                                                                             | Severe hypertension: hydralazine, labetalol, or nifedipine bolus, MgSO4. Steroids: dexamethasone or betamethasone. Avoid expectant management (28-33 weeks) after corticosteroid treatment.                         | Serial measurement of laboratories at admission and each day for 48 ± 72                                                                                                     |
| (20)             | Omotayo et al (2018)         | Quantitative Prospective               | Kenya                                                                                                                               | Calcium supplements in over 98% of visits, 76% received the sufficient amount. | NI                                                                                                                                                                                                                  | NI                                                                                                                                                                           |
| (42)             | Kuupiel et al (2020)         | Quantitative Cross sectional study     | Ghana                                                                                                                               | NI                                                                             | NI                                                                                                                                                                                                                  | 81% of participating clinics did not provide point-of-care HDP testing services due to the unavailability                                                                    |
| (17)             | Nkamba et al (2020)          | Quantitative cross-sectional study.    | Democratic Republic of Congo                                                                                                        | Kinshasa protocols lack low-dose aspirin for preeclampsia prevention.          | 50% centers lacked pregnancy hypertensive protocols. MgSO4 given in 43.9%, toxicity monitored in 10%, post-delivery guidelines followed in 23%. Availability: MgSO4 36.2%,                                          | Kinshasa lacks protocols for identifying preeclampsia risk in prenatal care. Around two-thirds have urine protein analysis, and                                              |

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|      |                          |                                                                  |              | Aspirin available in less than one-third of centers. | calcium gluconate 31.0%, antihypertensives (methyldopa, nifedipine, hydralazine) limited to 18.9%, 15.5%, 6.9% of centers.                                                                                                                     | only 24.1% have ambulances for referrals.<br><br>There was low knowledge of the risk factors of HDP and lack of knowledge of the use of aspirin and calcium as preventive drugs.                                            |
| (33) | Bigdeli et al (2013)     | mixed method study                                               | Pakistan     | NI                                                   | Lack of referral guidelines results in convulsing patients referred without emergency care. MgSO4 is a policy first-line treatment but not widely practiced; diazepam is preferred due to MgSO4 unfamiliarity, with simultaneous use observed. | Professionals aware of MgSO4 for eclampsia but lack knowledge for severe pre-eclampsia. Concerns about toxicity. Misconception it's only for advanced settings.                                                             |
| (39) | Kutah Ola (2022)         | Qualitative Descriptive cross-sectional study                    | Jordania     | NI                                                   | NI                                                                                                                                                                                                                                             | Healthcare providers had average knowledge of pre-eclampsia's causes, high perception of its seriousness, but poor management practices regarding medication details.                                                       |
| (34) | Gordon et al (2014)      | Qualitative Systematic review                                    | ghana        | NI                                                   | 26 studies: 39 MgSO4 dosing regimens detailed. Loading doses common, often IV+IM; 4 g IV frequent. Bangladesh used 10 g (4 g IV+6 g IM). Respiratory depression 1.3%, calcium gluconate <0.2%.                                                 | MgSO4 dose or duration reduced in most cases due to toxicity or availability concerns.                                                                                                                                      |
| (35) | Williams et al (2019)    | retrospective record review                                      | Bangladesh   | NI                                                   | Women with preeclampsia or severe eclampsia should get MgSO4 loading dose, then be referred. Primary care providers can't prescribe antihypertensives. Some institutions lack MgSO4 and blood pressure machines.                               | Primary care providers identify 53% PE/EPE* cases, 54% protocol compliant. Only 15% preeclampsia cases referred; 94% eclampsia cases receive MgSO4 and referral.                                                            |
| (28) | Ramavhoya et al. (2019)  | Quantitative, cross-sectional                                    | South Africa | NI                                                   | Severe pre-eclampsia/eclampsia: methyldopa, MgSO4, immediate referral. Delayed transport: additional MgSO4 dose. DBP >110: oral nifedipine.                                                                                                    | The midwives recognized the importance of blood pressure monitoring during each prenatal visit.<br><br>Midwives lack confidence treating preeclampsia, unaware MgSO4 toxicity and don't administer medication pre-referral. |
| (44) | Stellenberg et al (2016) | Quantitative descriptive correlational non-experimental research | South Africa | NI                                                   | NI                                                                                                                                                                                                                                             | Midwives lacked preeclampsia knowledge, unfamiliar with MgSO4 administration, and unaware of preventive measures.                                                                                                           |

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| (19) | Ramavhoya et al.(2020)  | Qualitative study                            | South Africa          | Daily calcium gluconate for all pregnant women                                                     | African guidelines: Stabilize with MgSO <sub>4</sub> , antihypertensives, and urgently refer. Midwives initiate MgSO <sub>4</sub> following institutional protocols.                                                                                                                     | Most midwives followed maternal healthcare guidelines when caring for pregnant women                                                                                                                                                                |
| (18) | Ekawati et al. (2020)   | Qualitative Systematic review                | Indonesia             | Calcium supplementation. Aspirin prophylaxis: faces barriers due to its absence in local policies. | Prescribe antihypertensive medication immediately for severe hypertension. Consider antihypertensive medication if blood pressure consistently remains above 140/90 mmHg. Recommend IV MgSO <sub>4</sub> for eclamptic seizure prophylaxis in severe hypertension.                       | Limited lab facilities in primary care. Serum alpha-fetoprotein and Umbilical Doppler ultrasound not common outside tertiary hospitals.                                                                                                             |
| (26) | Lalani et al. (2013)    | Quantitative                                 | 144 LMICs             | NI                                                                                                 | Common antihypertensives: IV verapamil, hydralazine, nitroprusside, propranolol; oral nifedipine, methyldopa, propranolol, atenolol. Magnesium sulfate, calcium gluconate. Specific conditions: Furosemide for pulmonary edema, heparin for thrombosis, dexamethasone for fetal maturity | NI                                                                                                                                                                                                                                                  |
| (40) | Beardmore et al. (2021) | Mixed methods                                | Zambia, India         | NI                                                                                                 | Planned early delivery: Higher risk of neonatal unit admission, some needing extra support. Continuing expectant management poses a significant risk of stillbirth and birth asphyxia.                                                                                                   | NI                                                                                                                                                                                                                                                  |
| (23) | Ngene et al. (2020)     | Quantitative-Prospective Observational Study | South Africa          | NI                                                                                                 | Severe labor hypertension: IV labetalol, nifedipine, dihydralazine. Pulmonary edema: nitroglycerin. Antepartum: Nifedipine, alpha-methyl dopa. Postpartum: Gradually reduce alpha-methyl dopa.                                                                                           | NI                                                                                                                                                                                                                                                  |
| (25) | Jugnanden et al. (2020) | Qualitative-Case report, reflections         | South Africa          | NI                                                                                                 | Use oral nifedipine for severe hypertension, alpha-methyldopa, and IV labetalol. MgSO <sub>4</sub> for impending eclampsia. Primary care approach: Stabilize, inform hospital, administer MgSO <sub>4</sub> , facilitate same-day referral.                                              | NI                                                                                                                                                                                                                                                  |
| (37) | Rawlins et al. (2018)   | Quantitative-Cross sectional study           | Sub-Saharan countries | NI                                                                                                 | MgSO <sub>4</sub> on essential lists, availability varies. Sub-Saharan use common; sometimes combined with diazepam. Antihypertensives not used in severe preeclampsia.                                                                                                                  | Few women (24%) admitted to labor were asked about PE/E signs, 7% had protein urinalysis, and 77% had blood pressure checked.<br><br>The observed antenatal care consultations: low level of provision of WHO-recommended PE/E screening practices. |
| (38) | Adepoju et al. (2021)   | Clinical trial                               | Nigeria               | NI                                                                                                 | CHW± initiate methyldopa and MgSO <sub>4</sub> in patients at risk of preeclampsia. Refer to                                                                                                                                                                                             | NI                                                                                                                                                                                                                                                  |

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|      |                      |                                                 |          |    | the nearest health center with emergency obstetric care.                                                                               |                                                                                                                                                                          |
| (27) | Sotunsa et al (2016) | Qualitative cluster randomized controlled trial | Nigeria  | NI | CHW± use antihypertensives, not MgSO4. Some providers avoid MgSO4. Diazepam is common for preeclampsia among them.                     | Most participants inquired about symptoms related to preeclampsia<br><br>CHW± lack preeclampsia referrals, limited follow-up BP checks. Remote patients managed by them. |
| (29) | Sheikh et al (2016)  | Mixed method study                              | Pakistan | NI | MgSO4 underutilized due to toxicity fears and dosage knowledge gaps. Diazepam often used for seizures.<br>CHW± commonly use methyldopa | Only 6% of CHW± had a blood pressure device.<br><br>Traditional midwives unaware of preeclampsia signs. Physicians worry about lower-level facility use of MgSO4.        |
| (36) | Vata et al. (2015)   | Quantitative                                    | Ethiopia | NI | Only 15 % of severe preeclampsia cases received MgSO4                                                                                  | NI                                                                                                                                                                       |

+ MgSO4: Magnesium sulfate. \* PE/E: Preeclampsia/Eclampsia. ±CHW: Community Health Workers