

CFIR-based interview guide

The questions we are about to ask aim to help in making the necessary adaptation of the STEPPS manual for future implementations in Correctional Centers to address self-harm. In this case, you have been able to participate in the pilot implementation of the manual. The assessment of professionals is essential for the adaptation and promotion of the manual's implementation. Therefore, we would like you to answer the following questions as extensively and richly as possible.

The information gathered from this interview will be used anonymously and solely for research purposes. We ask that you answer as honestly as possible.

- Intervention Characteristics:

Research suggests that efforts to implement new programs can be influenced by the characteristics of the intervention being implemented (e.g., evidence, advantages, complexity, quality, cost). You have participated in the implementation of STEPPS for addressing self-harm and emotional dysregulation.

Please share your feedback on this intervention. Describe, in your opinion, the positive and negative aspects of the STEPPS program that may have affected its implementation in your Correctional Center.

1. Do you believe the implemented intervention has the capacity/evidence to address self-harm issues in Correctional Centers? What is your opinion about the intervention?

- Internal Context:

Research also suggests that efforts to implement new programs can be influenced by external or contextual factors or internal factors within the Correctional Center itself (e.g., patient needs, networks, policies). Please describe any factors outside or within your organization that you believe may have had a positive and/or negative influence on the implementation of the STEPPS program in your Correctional Center.

2. Do you consider or detect any characteristics of your Correctional Center that may have facilitated or hindered the implementation process? In other words, do you think there may have been any contextual factors that influenced the implementation process?
3. Have difficulties or resistance arisen from inmates to participate in the group intervention? If so, how have you addressed these situations?
4. How have you selected participants to be part of the intervention groups? Do you think any changes to the selection process are necessary?

- Implementation Process:

The implementation of the program can also be affected by implementation processes (e.g., planning, participation, execution, reflection, and evaluation). Please tell us your perceptions of the positive or negative aspects of how the STEPPS program was implemented in your Correctional Center.

5. Have you detected any barriers or challenges in the implementation of the group intervention? If so, could you describe it and share how you have addressed it?
6. What facilitators or factors have contributed to the success of the implementation or could contribute to the success of the intervention?
7. What are the specific modules or components of the group intervention that have been most relevant or useful in your experience?
8. What specific adjustments or adaptations do you consider necessary in the group intervention manual to make it more effective and suitable for the correctional context? What aspects do you consider essential for adapting the group intervention manual based on your experiences and opinions?
9. What has been the perceived impact of the group intervention on the well-being and self-harm behaviors of inmates?
10. What are the participants' perceptions of the group intervention? Have they expressed any feedback or suggestions for improvement?

Thank you for your participation. Is there anything else you consider important to comment on?