

Interview guide questions: summary

Key question	Supplementary/sustaining questions
When you think of the terms "work" and "rehabilitation", what do you spontaneously associate with them, what are the first things that come to mind?	-
What personal meaning does work have for you?	• How important is work in your life? • Can you describe the influence that the topic of work has on you? • What influence does employment or unemployment have on the development of your disease? • What influence does contact with work colleagues and superiors have? • Are there other aspects that you see as having a positive or negative influence on your psychological well-being in connection with a job?
Can you describe for me what your previous professional biography and your current work situation are like?	• What professional training did you do? • Can you tell me if you have always worked in the same company? • How many years did you work before your prolonged sick leave due to the mental health problem? • What kind of tasks did you have in the companies? Did you perceive them as varied? • Are/were you in a management position? • What room for maneuver did your job offer you? • How long have you been on sick leave? • How long have you been on pension? • What form of pension do you receive?
What commitments do you have outside of work?	• ...such as taking care of grandchildren, taking care of animals, being active in a club, or doing church or volunteer work? • How often do you do this/this activity/commitment a day, week, month? • At what (specific) times do you do it? • When do you usually do it?

What has been your experience with vocational rehabilitation so far?	• Are you currently participating in a corresponding measure? • Which measures exactly do you know and what is your experience with them? • Were there any measures within the framework of a company for which you were/are working that were part of a vocational rehab?
In your opinion, which factors are particularly important for a successful return to work after a long period of illness?	• What aspects of the treatment context do you feel are most important? • Which aspects in the operational context do you feel are particularly important?
What points were particularly helpful for you in the context of vocational rehab?	• What did you find to be supportive? • Did the company you worked for support you in your re-entry? • What role does employer support play for you? • Did you experience support from treatment providers?
What do you personally find most obstructive in the vocational rehab process?	• What problems have you encountered along the way? • Would you have wished for more support or structural help at certain points, e.g. from social insurance agencies, doctors, employers or other agencies? • Were there any difficulties in the help system that you encountered?
In which aspects do you personally see the greatest need for change?	• Are there aspects of society that you currently see as in need of change, and to what extent? • Are there aspects of the working world that you see as in need of change and to what extent? • Are there interfaces, contact persons or similar factors in the help system where you see a need for action and to what extent?