

Study Participant Photographic Authorization and Informed Consent

I, Yu Guo, give my consent and authorize the photograph(s) featuring my likeness to be published in *BMC Complementary Medicine and Therapies*. I understand that such imaging records may be published by *BMC Complementary Medicine and Therapies* and/or any party acting under the license and authority of *BMC Complementary Medicine and Therapies* in any print, visual, electronic or broadcast media, specifically including, but not limited to, medical journals and textbooks, scientific presentations and teaching courses and Internet websites, for the purpose of informing the medical profession or the general public about Qigong exercise methods, results, issues, trends, concerns and similar matters. I further understand that the imaging records shall become the property of *BMC Complementary Medicine and Therapies*.

I understand that I may refuse to sign this authorization and such refusal will have no effect on the medical benefits I receive.

I release and discharge *BMC Complementary Medicine and Therapies*, and all parties acting under their license and authority from all rights that I may have in the imaging records and from any claim that I may have relating to such use in publication, including any claim for payment in connection with distribution or publication of the imaging records in any medium or any claim arising from the distribution or publication by any third party.

I hereby warrant that I am over twenty-one years of age, and competent to contract in my own name.

I grant this consent as a voluntary contribution in the interest of public education and certify that I have read the above Authorization, Release and Discharge and fully understand its terms.

Participant Yu Guo Date 2024. 03. 01

WITNESS/PHYSICIAN: Mingmin Xu