

**Correlations between somatic symptoms and resilience among a group of Vietnamese :
Lessons learned from Covid 19.**

The order of the TABLES using SPSS 26

Demographic information

Table 1. Participants' social -demographic characteristics

Sexes	Men	314 (25.1%)
	Women	934 (74.6%)
	Others	4 (0.3%)
Locations during the Covid 19	Quarantined at medical facilities	44 (3,5%)
	Taking care of patients	10 (0.8%)
	Isolated areas	806 (64.4%)
	Green zone	2 (0.2%)
	Others	390 (31.2%)
Health situation	Good health	1058 (84.5%)
	Covid19's Fatigue, insomnia	10 (0.8%)
	Symptoms unrelated to COVID-19	164 (13.1%)
	Other health issues	20 (1.6%)
Resources	Inner resources	675 (53.9%)
	Community	255 (20.4)
	Creator and nature	73 (5.8%)
	Purpose for life	249 (19.9%)

Note. $N = 1252$

Correlations between PHQ15 and resilience with its four subscales

Table 2. Significant Correlations between 6 somatic symptoms of PHQ 15 and four subscales of Resilience

	PHQ	PHQ5	PHQ7	PHQ13	PHQ14	PHQ15	Resilience	Efficacy	Resources	Adaptation	Purpose
PHQ	1										
PHQ5	.72**	1									
PHQ7	.68**	.55**	1								
PHQ13	.64**	.35**	.41**	1							
PHQ14	.70**	.47**	.42**	.40**	1						
PHQ15	.64**	.46**	.37**	.30**	.52**	1					
Resilience	-.16**	-.12**	-.11**	-.13*	-.18**	-.12**	1				
Efficacy	-.19**	-.14**	-.130*	-.150**	-.22**	-.14**	.94**	1			
Resources	-.081*	-.07**	-.078**	-.06*	-.090*	-.065*	.832**	.69**	1		
Adaptation	-.148*	-.117*	-.10**	-.13**	-.17**	-.120*	.938**	.86**	.710**	1	
Purpose	-.165*	-.118*	-.120**	-.152**	-.175*	-.093*	.873**	.804**	.618**	.762**	1

Noted: ** $p < .01$; * $p < .05$, 2-tailed

PHQ5: Headache; PHQ7: Dizziness, PHQ13: Nausea, gas, or indigestion, PHQ14: Feeling tired or having low energy, PHQ15: Insomnia

Correlations between fatigue, insomnia and efficacy

Table 3. Pearson's Correlations between fatigue, insomnia and efficacy

	PHQ14	PHQ15	Efficacy
PHQ14(fatigue)	1		
PHQ15(<i>Insomnia</i>)	.512**	1	
Efficacy	-.227**	-.148**	1

** $p < .01$, two-tailed ; $N = 1252$

From correlation to prediction: significant Predictive factors

Table 4. Regression analysis for Variables predicting self-efficacy

Variable	R^2	B	SE	$Beta$
PHQ14 - fatigue	.051	-1.841	.223	-.227**
PHQ15 - insomnia	.021	-1.203	.227	-.148**

** $p < .01$

Table 5. Regression analysis for Variable predicting fatigue

Variable	R^2	B	SE	$Beta$
Self-efficacy	.051	-.028	.003	-.227**

** $p < .01$

Table 6. Regression analysis for Variable predicting insomnia

Variable	R^2	B	SE	$Beta$
Self-efficacy	.021	-.018	.003	-.148**

** $p < .01$