

Table 1. Sociodemographic characteristics (n=11)

Variable	Sub category	Frequency (%)
Age (years)	25-29	0 (0.0)
	30-39	2 (18.2)
	40-49	2 (18.2)
	50+	7 (63.6)
Marital Status	Single	0 (0.0)
	Married	7 (63.6)
	Divorced	1 (9.1)
	Widowed	3 (27.3)
Number of Children	1-3	4 (36.4)
	4-6	6 (54.5)
	7-9	1 (9.1)
Religion	Muslim	1 (9.1)
	Christian	10 (90.9)
Tribe	Chewa	1 (9.1)
	Lomwe	4 (36.4)
	Yao	1 (9.1)
	Sena	2 (18.2)
	Mang'anja	2 (18.2)
	Ngoni	1 (9.1)
Education level	Never been to school	3 (27.3)
	Primary	7 (63.6)
	Secondary	1 (9.1)