

Table A1*Correlational Matrix of Study Variables*

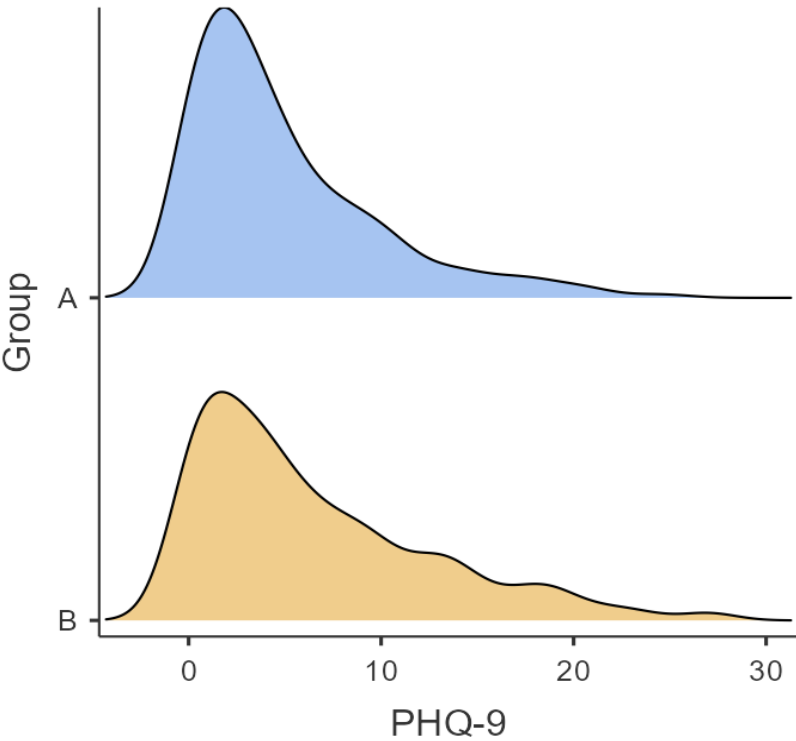
	PHQ-9	ISI	AUDIT	DUDIT	A-DES	N	E	O	A	C
PHQ-9	—									
ISI	.63	—								
Audit	.19	.17	—							
Dudit	.08	.07	.35	—						
A-des	.42	.33	.29	.30	—					
Neuroticism (N)	.57	.42	.13	.04	.31	—				
Extraversion (E)	-.34	-.21	.03	.04	-.16	-.43	—			
Openness (O)	-.11	.06	-.04	.33	.03	-.08	.26	—		
Agreeableness (A)	-.20	-.12	-.16	-.07	-.14	-.16	.32	.47	—	
Conscientiousness (C)	-.33	-.21	-.16	-.11	-.19	-.38	.41	.11	.32	—
Gender	-.02	-.01	-.20	.08	.02	.15	.00	.12	.30	.14
Age	-.05	.06	-.14	-.11	-.07	-.08	-.04	-.00	.14	-.01

Note. All correlations above $r > .12$ are significant at $p < .01$. All correlations above .30 are in bold.

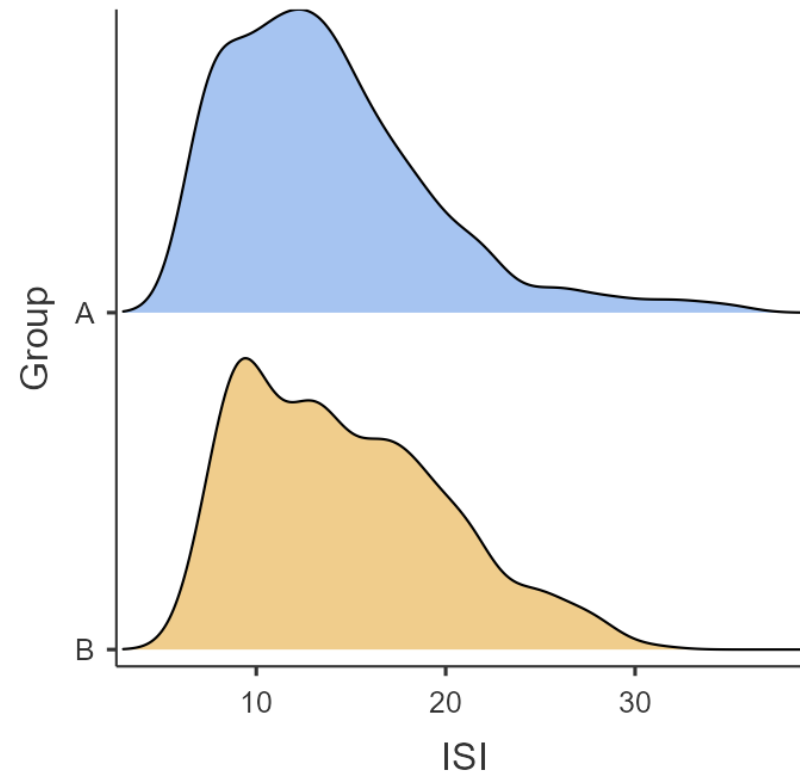
Figure A1

Density plots for study variables.

PHQ-9

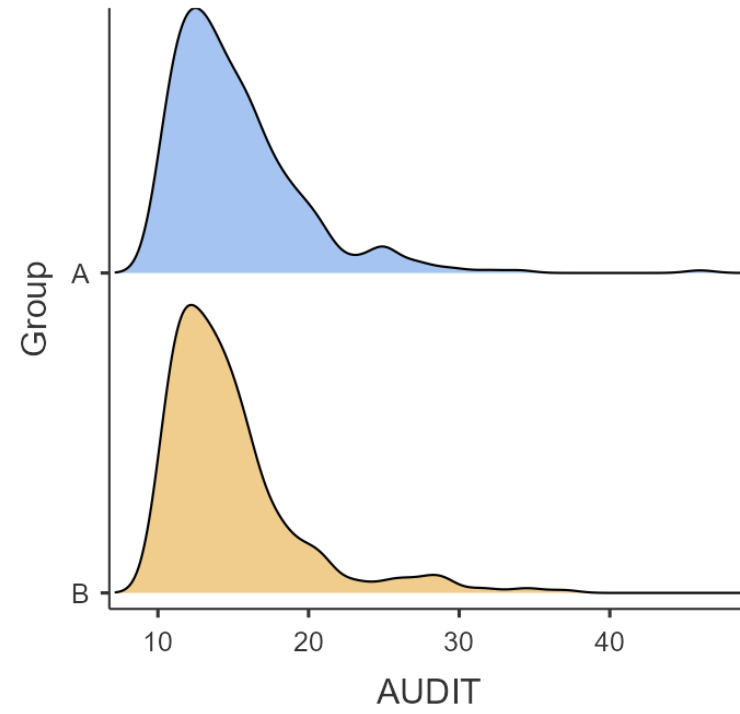


ISI

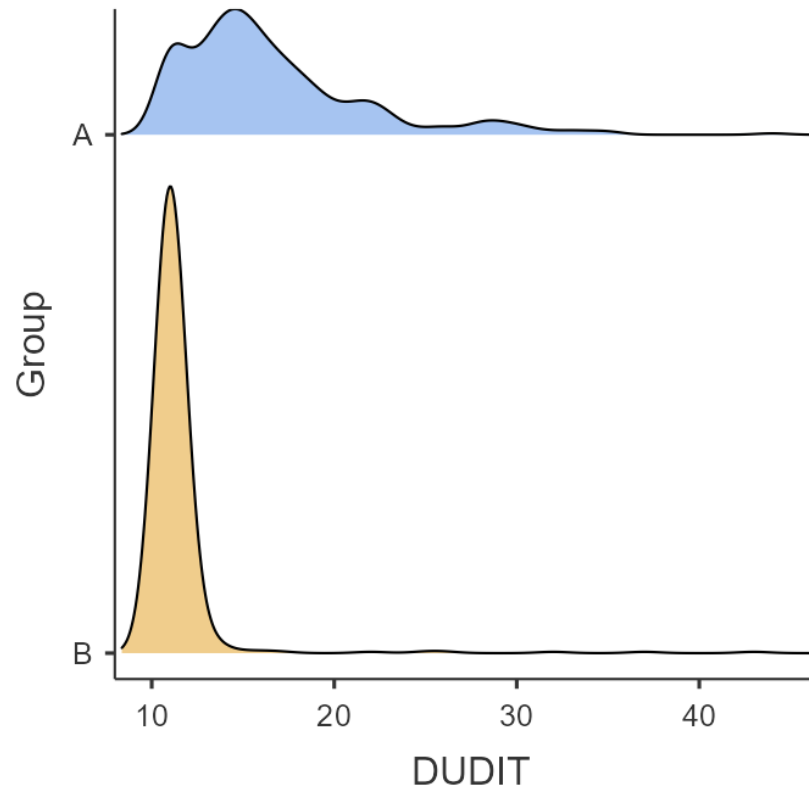


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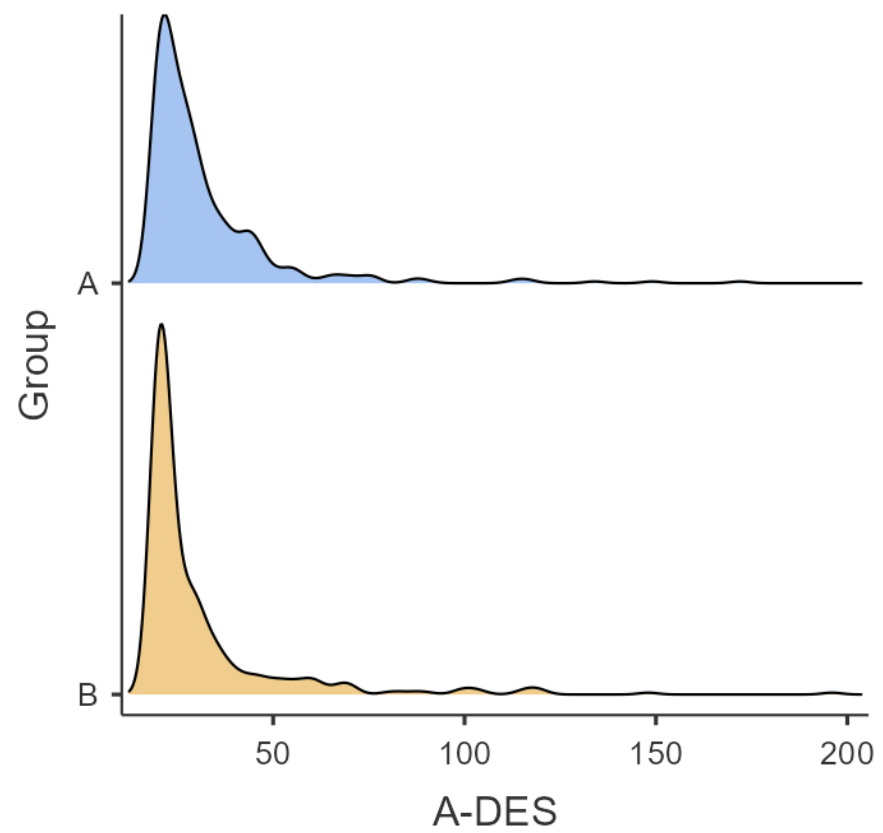
AUDIT



DUDIT

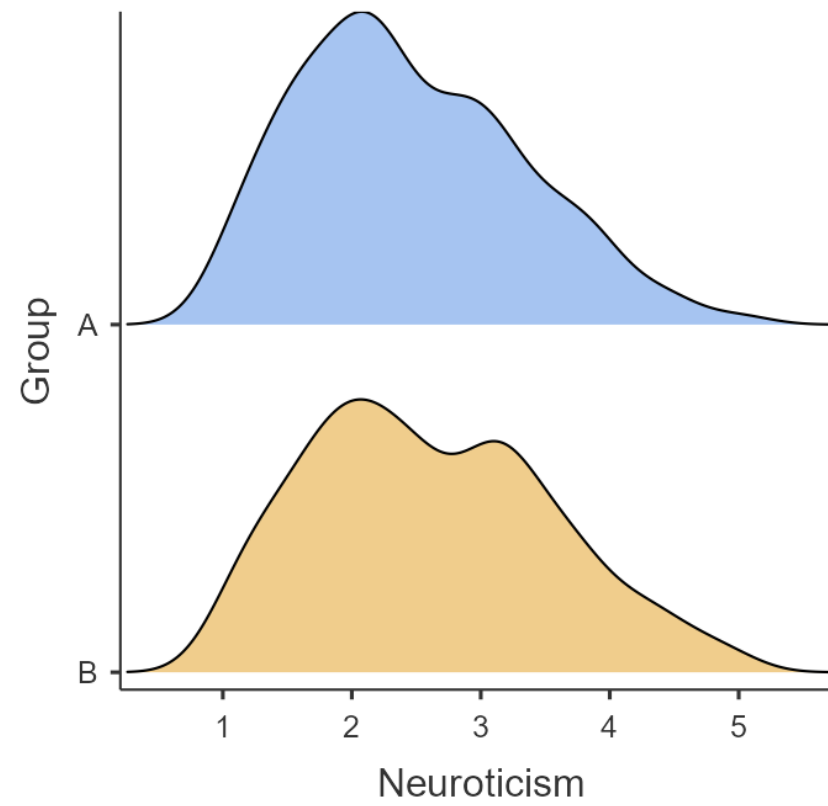


A-DES

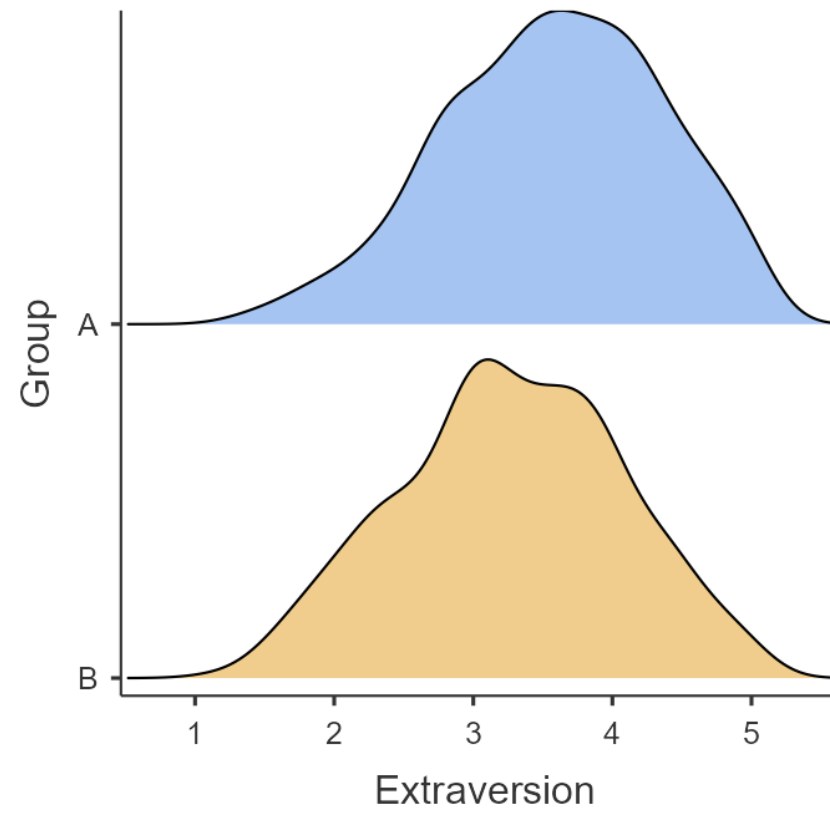


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Neuroticism

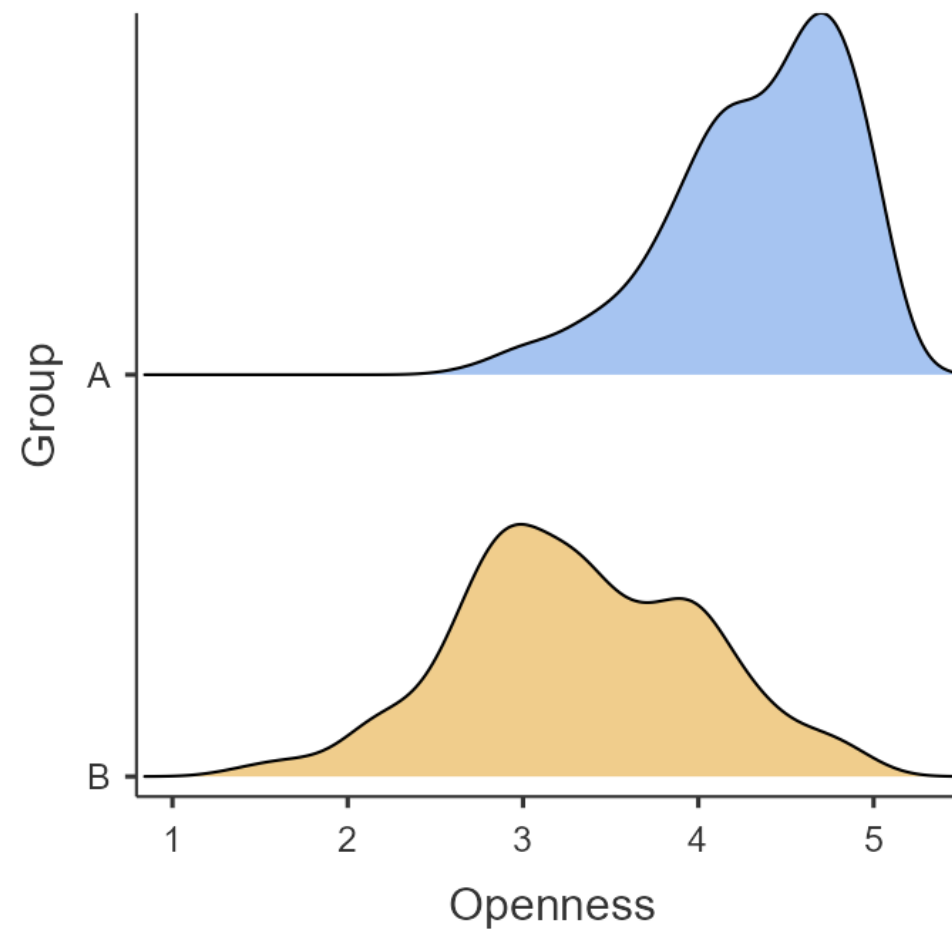


Extraversion

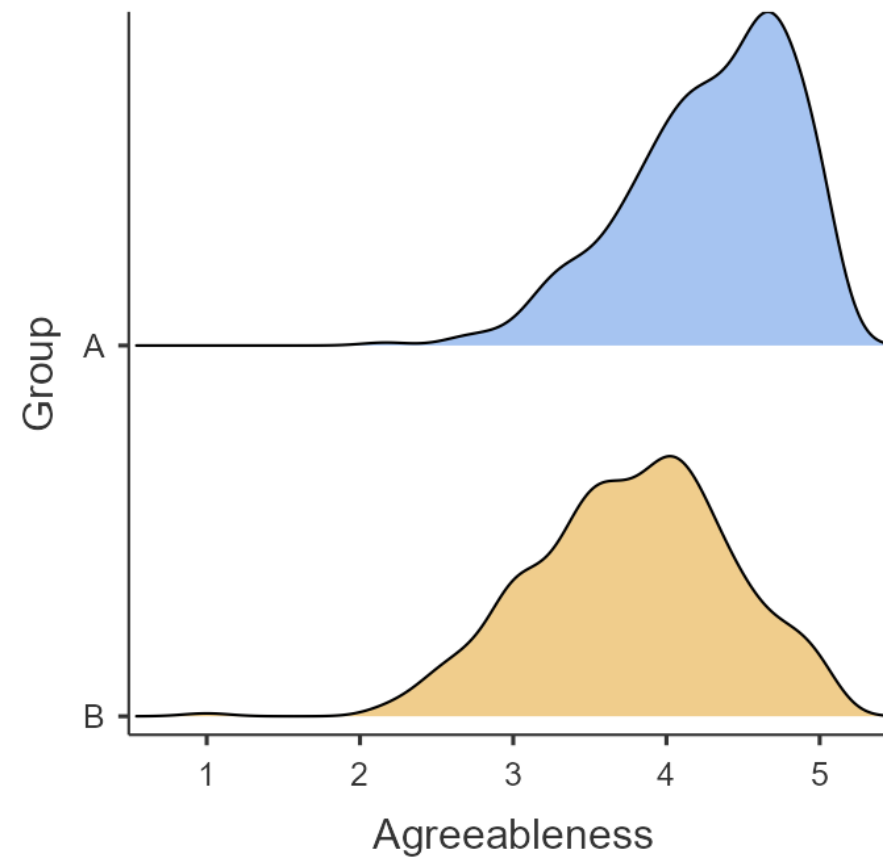


Openness

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Agreeableness



Conscientiousness

