

## **SUPPLEMENTARY APPENDIX 1**

### **QUESTIONNAIRE FOR THE FACTORS ASSOCIATED WITH SUBSTANCE USE AMONGST HIGH SCHOOL STUDENTS**

#### **SECTION A: SOCIO-DEMOGRAPHICS**

1-Sex: Male ☐ Female ☐

2-Age: \_\_\_\_\_ years

3-Religion

- Muslim ☐
- Christian (Catholic / Protestant/ Baptist/ Pentecostal) ☐
- Others ☐

4-Quarter: \_\_\_\_\_

5-School: \_\_\_\_\_.

6-Class average during the first term: \_\_\_\_\_

#### **SECTION B: SUBSTANCE USE**

1-When did you first take the following substances without the consent of your parents

| <b>SUBSTANCE</b>              | <b>NEVER</b> | <b>&gt;16YRS</b> | <b>12-15YRS</b> | <b>10-11YRS</b> | <b>&lt;10YRS</b> |
|-------------------------------|--------------|------------------|-----------------|-----------------|------------------|
| Alcohol                       |              |                  |                 |                 |                  |
| Tobacco, cigars,<br>cigarette |              |                  |                 |                 |                  |
| Tramadol                      |              |                  |                 |                 |                  |
| Vap ,shisha                   |              |                  |                 |                 |                  |
| Marijuana,(mbanga)            |              |                  |                 |                 |                  |
| Inhalants                     |              |                  |                 |                 |                  |
| Others ( specify)             |              |                  |                 |                 |                  |

2- When did you last use the following substances

| <b>SUBSTANCES</b>          | <b>NEVER</b> | <b>Last 30days</b> | <b>Last 3months</b> | <b>Last 6-12 months</b> | <b>&gt;12months ago</b> |
|----------------------------|--------------|--------------------|---------------------|-------------------------|-------------------------|
| Alcohol                    |              |                    |                     |                         |                         |
| Tobacco, cigars, cigarette |              |                    |                     |                         |                         |
| Tramadol                   |              |                    |                     |                         |                         |
| Vap, shisha                |              |                    |                     |                         |                         |
| Marijuana (mbanga)         |              |                    |                     |                         |                         |
| Inhalants                  |              |                    |                     |                         |                         |
| Others (specify)           |              |                    |                     |                         |                         |

3a-Please tick the box which corresponds best with how you feel about yourself

| <b>View</b>                                                          | <b>false</b> | <b>Somewhat false</b> | <b>Not sure</b> | <b>Somewhat true</b> | <b>True</b> |
|----------------------------------------------------------------------|--------------|-----------------------|-----------------|----------------------|-------------|
| I'm not sure of my self                                              |              |                       |                 |                      |             |
| I really don't like myself much                                      |              |                       |                 |                      |             |
| I sometimes feel so bad about myself that I wish I was somebody else |              |                       |                 |                      |             |

3b-Please tick the box which corresponds best with how you feel about yourself

|                                                    | <b>Never</b> | <b>Not so often</b> | <b>sometimes</b> | <b>often</b> | <b>Almost always</b> |
|----------------------------------------------------|--------------|---------------------|------------------|--------------|----------------------|
| I usually feel I'm the kind of person I want to be |              |                     |                  |              |                      |
| I feel as I can do things as well as others can    |              |                     |                  |              |                      |
| I feel I am special or an important person         |              |                     |                  |              |                      |
| I feel I am really good at the things I try to do  |              |                     |                  |              |                      |

4-Over the last two weeks, how often have you been bothered by the following

|                                            | <b>Not at all</b> | <b>Several days</b> | <b>More than half the days</b> | <b>Nearly every day</b> |
|--------------------------------------------|-------------------|---------------------|--------------------------------|-------------------------|
| Feeling nervous, anxious, or on edge       |                   |                     |                                |                         |
| Not being able to stop or control worrying |                   |                     |                                |                         |
| Feeling down, depressed, or hopeless,      |                   |                     |                                |                         |
| Little interest in doing things            |                   |                     |                                |                         |

5-Have you ever been involved in sexual activities    YES    NO

6-At what age did you have your first sexual intercourse ..... years

7-How involved are your parents in your life

|                                                           | <b>Agree a lot</b> | <b>Agree a little</b> | <b>Disagree a little</b> | <b>Disagree a lot</b> |
|-----------------------------------------------------------|--------------------|-----------------------|--------------------------|-----------------------|
| My parent watch television programs and movies with me    |                    |                       |                          |                       |
| My parent limit the amount of television programs I watch |                    |                       |                          |                       |
| My parents know who my friends are                        |                    |                       |                          |                       |
| My parents permit me to be with anyone I choose           |                    |                       |                          |                       |
| They are too busy to talk to me                           |                    |                       |                          |                       |
| They listen to what I have to say                         |                    |                       |                          |                       |
| They want to hear about my problems                       |                    |                       |                          |                       |
| They make sure I tell them where am going to              |                    |                       |                          |                       |
| They ask me what I do with my friends                     |                    |                       |                          |                       |
| They know where I am after school                         |                    |                       |                          |                       |
| They tell me when I do a good job on things               |                    |                       |                          |                       |

8-How wrong do your parents feel if would be if you take the following substances

| Substances      | Very wrong | Wrong | A little bit wrong | Not wrong at all |
|-----------------|------------|-------|--------------------|------------------|
| Alcohol         |            |       |                    |                  |
| Tobacco, cigars |            |       |                    |                  |
| Tramadol        |            |       |                    |                  |
| Marijuana       |            |       |                    |                  |

9-How are family disagreement handled?

|                                                                             | Often | Sometimes | Seldom | Never |
|-----------------------------------------------------------------------------|-------|-----------|--------|-------|
| How often have they been serious quarrelling or arguments in your household |       |           |        |       |
| How often have they been physical fights in your household                  |       |           |        |       |
|                                                                             |       |           |        |       |

**THANKS FOR YOUR COOPERATION.**