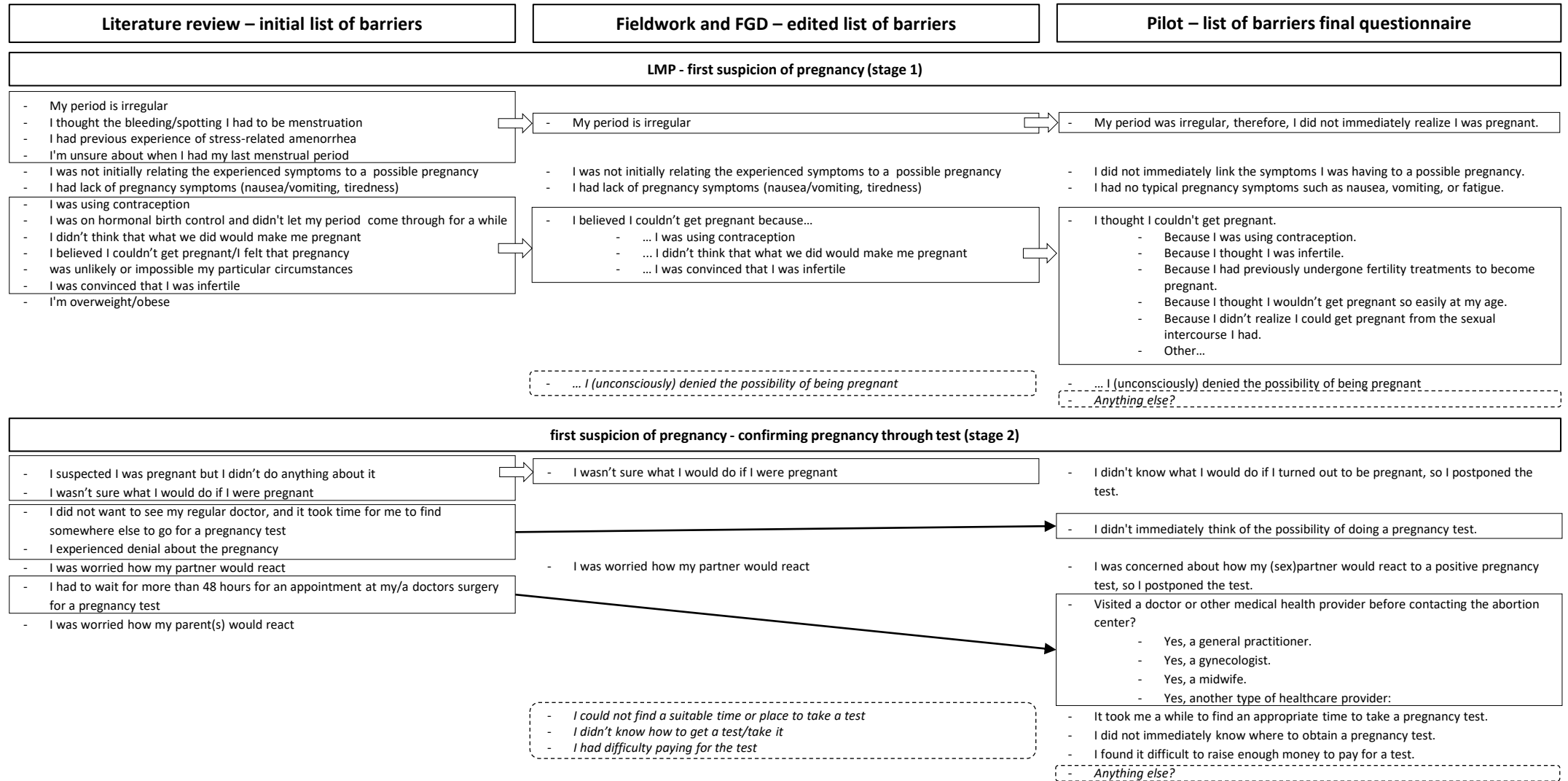


Table 1: Barriers from literature review to final questionnaire



confirming pregnancy through test - deciding to have an abortion (stage 3)

- I was not sure/uncertain about having the abortion, and it took me a while to make up my mind and ask for one
- It was a difficult decision to make, so it took some time to decide
- I was worried about what was involved in having an abortion so it took me a while to ask for one

- It was a difficult decision to make, so it took some time to decide

- I was hoping/waiting to see if my partner would support me in having a baby
- I was waiting for my relationship with my husband/partner to change
- It took time to talk to my partner

- I was hoping/waiting for my relationship to improve

- It took time to talk to my partner

- I was afraid to tell my husband/partner that I was pregnant
- Someone I am close to puts pressure on me not to have an abortion
- Someone was discouraging me of having an abortion and this caused a delay in making arrangements

- I was afraid to tell my partner/husband that I was pregnant
- Someone I am close to puts pressure to continue the pregnancy

- I/we needed to know what sex the baby was before I/we decided whether to continue with the pregnancy
- My relationship with my parent(s) broke down/changed
- My partner changed his mind about having a baby
- My relationship with my partner broke down/changed
- Something in my life changed that made a previously desired pregnancy undesired

- I/we needed to know what sex the baby was before I/we decided whether to continue with the pregnancy
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- I had religious concerns
- It took time to talk to my parent(s)
- I was afraid to tell my parents that I was pregnant
- I was hoping/waiting to see if my parent(s) would support me in having a baby
- I didn't know that I could get an abortion

- I had religious concerns

- I had a conflict of conscience because of my own judgement on abortion
- I felt ashamed that I was thinking about opting for an abortion
- I had no safety net of people to support me in this process
- It dawned on me that continuing the pregnancy would not be without risk (both for health, socially and emotionally)

- I doubted for a long time whether an abortion was the right decision.

- I waited to decide because I hoped that the relationship with my (sex)partner would improve.
- My (sex) partner had doubts for a long time whether an abortion was the right decision.

- My (sex) partner and I have completely different opinions about the pregnancy.
- I felt pressure to make a certain choice.
- I feel pressure to choose abortion.
- I feel pressure to choose pregnancy preservation.

- I did not intend to have an abortion at first, but due to an unexpected event, the pregnancy became unwanted.
- I lost my job.
- The relationship with my partner ended.
- I learned that the pregnancy would pose risks to my health.
- During a medical consultation, I learned something about the fetus that led me to decide not to continue the pregnancy.
- Another event. Enter here:

- Abortion is difficult within my religion.

- I was disappointed in myself because I considered having an abortion.
- I felt ashamed that I considered having an abortion.

- Anything else?

deciding to have an abortion - asking for an abortion (stage 4)

Making an appointment for the first consultation

- I was ashamed to call/go to the clinic and ask for an abortion
- I was afraid of how the staff would behave towards me
- I had negative perceptions of public sector facilities
- I was afraid of being recognized
- I was scared/afraid and didn't know what to expect in terms of the procedure and anticipated pain
- I was initially referred to other clinics
- It was difficult getting time off from work
- My care-taking responsibilities made it difficult to make arrangements
- I had difficulties in arranging childcare

- I was ashamed to call/go to the clinic and ask for an abortion
- I was afraid of how the staff would behave towards me
- I was afraid of being recognized
- I was scared/afraid and didn't know what to expect in terms of the procedure and anticipated pain
- I was initially referred to other clinics
- It was difficult getting time off from work
- I had difficulties in arranging childcare

- I was afraid to call the abortion clinic.
- I was scared because I didn't know what to expect in terms of the procedure and anticipated pain.
- I was referred to another center.
- The suggested appointment times didn't immediately work for me (e.g., due to work, childcare, planned travel...).

- I called several centers to find out where I could get a consultation the earliest

- I made different phone calls first to find out which center could provide a first consultation the soonest.
- I needed time to find out where I could obtain an abortion.
- It took more than a week to get a first consultation.
- It was difficult to find a suitable moment without having to inform someone.
- I needed time to find out where I could obtain an abortion.
- Anything else?

Getting to abortion centre for first consultation

- I had difficulties with my insurance
- I was worried about the cost of the abortion
- I had difficulties with paying for the abortion
- I needed time to raise money to have the abortion
- It took time to find/sort out whether I had to pay for the abortion myself
- It took me a while to obtain the money I needed to travel to the clinic for the abortion
- I couldn't find a place to have an abortion near where I live, so I had to arrange for transportation to get here
- I needed to travel long distances to the clinic
- I was feeling sad/depressed
- I had a feeling of guilt
- I thought the pregnancy was much less advanced than it was when I asked for the abortion
- I didn't think that it was important to have the abortion earlier in the pregnancy
- There was confusion about where I should go to have the abortion
- I didn't know where to get an abortion
- Uncertainty regarding service entitlements

- I had difficulties with my insurance
- I had difficulties with paying for the abortion
- It took me a while to obtain the money I needed to travel to the clinic for the abortion

- I needed to travel long distances to the clinic

- I had a feeling of guilt

- I thought the pregnancy was much less advanced than it was when I asked for the abortion

- Lack of information

- I did not turn up to my initial appointment for the first consultation
- I cancelled my appointment for the first consultation

- I am not/no longer in compliance with my health insurance and found it difficult to get this in order.
- I found it difficult to gather enough money to pay for the treatment.
- I found it difficult to gather money for transportation to the abortion center.
- I had to travel a long distance to come to the abortion center.
- I still had doubts, so I canceled the scheduled first consultation and rescheduled it later.
- I missed the scheduled first consultation and rescheduled it later.
- Due to unforeseen circumstances, I had to cancel the scheduled first consultation.
- The aid agency paying for me (OCMW, Fedasil, Red Cross) took a long time to give their approval.
- Anything else?