

Table 2 Basic characteristics of preschool children's body fat percentage

| Age         | Urban/Rural |       | Gender  |        | Nationwide |       | Total |
|-------------|-------------|-------|---------|--------|------------|-------|-------|
|             | Urban       | Rural | Boys    | Girls  | Boys       | Girls |       |
| 3 years old | 20.9%       | 19.8% | 18.5%*  | 22.3%  | 19.2       | 23.0  | 20.4% |
| 4 years old | 19.1%*      | 18.0% | 17.1%*# | 20.3%# | 18.7#      | 22.0  | 18.7% |
| 5 years old | 19.4%*      | 17.3% | 17.5%*# | 20.0%# | 19.7#      | 22.1  | 18.6% |
| 6 years old | 18.2%       | 17.1% | 16.8%*# | 18.8%# | 19.2       | 21.2  | 17.7% |

Note: \* indicates independent sample t-test, compared with girls of the same age,  $P<0.05$ ; # indicates single sample t-test, compared with the same age and gender nationwide,  $P<0.05$ .