

Table 5 Compositional Variation Matrix of Proportions of Time Spent in Physical Activity,
Sedentary Behavior and Sleep

	SB	LPA	MVPA	SP
SB	0	0.86	2.21	0.29
LPA	0.86	0	1.36	1.14
MVPA	2.21	1.36	0	2.50
SP	0.29	1.14	2.50	0