

Appendix

Changes in Correlation Coefficient (R) with EDA increase over time

N=16	Before EDA biofeedback1	After EDA biofeedback 1	Before EDA biofeedback2	After EDA biofeedback 2
HR during Biofeedback 1	R=0.364	R=0.502	R=0.581	R=0.584
HR during Biofeedback 2	R=0.349	R=0.464	R=0.505	R=0.528
Average HR	R=0.35	R=0.474	R=0.565	R=0.58

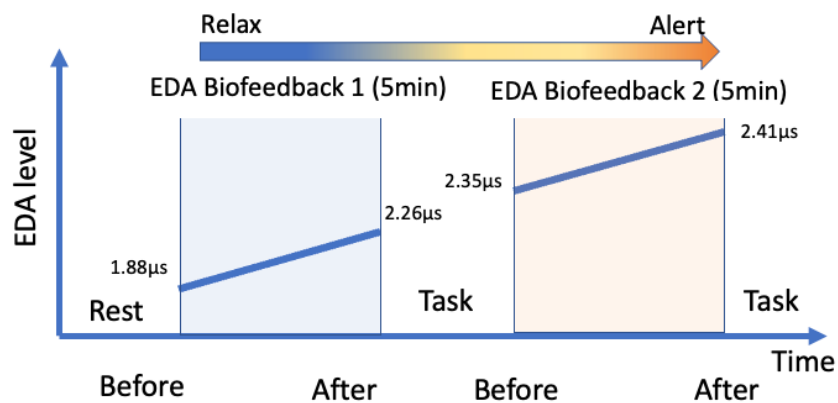


Fig. Autonomic integration

The figure shows autonomic integration as a correlation between electrodermal activity and heart rate. An increased correlation between electrodermal tone and HR was observed as sympathetic activity increases.