

Table 1: Participant characteristics (N=80)

Age (years), median (IQR)	59 (43 to 68)
Time since injury (months), median (IQR)	9.1 (3.6 to 67.4)
Sex, n (%)	
Male	55 (69%)
Female	25 (31%)
Type of spinal cord injury, n (%)	
Tetraplegia	37 (46%)
Paraplegia	43 (54%)
ASIA Impairment Scale classification, n (%)	
A	5 (6%)
B	1 (1%)
C	18 (23%)
D	56 (70%)
Lower Extremity Motor Score, median (IQR)	35 (28 to 41)
Receiving physiotherapy, n (%)	
- Inpatient	45 (56%)
- Outpatient/community-based	20 (25%)
- No therapy	15 (19%)