

Table 2. Adaptations made to Project Carer Matters interventions

Objective	Initial intervention	Refined intervention
Increase exposure and publicity of Project Carer Matters to help caregivers better identify their role as a caregiver.	<ul style="list-style-type: none"> • Inpatient ward nurses approached caregivers during admission. 	<ul style="list-style-type: none"> • Brochures on Project Carer Matters placed in post-discharge package to caregivers and patients. • Large posters on Project Carer Matters placed strategically in ward lifts and on digital information boards. • Project Carer Matters' microsite set up (Project Carer Matters Webpage) [36]. • Publicity video displayed on social media to increase awareness on Project Carer Matters.
Recruitment of family caregivers	<ul style="list-style-type: none"> • Inpatient ward nurses identified, engaged, and recruited the caregivers when they visit the hospital. 	<ul style="list-style-type: none"> • Inpatient ward nurses sought caregivers' agreement to be contacted by project nurses and simultaneously directed caregivers to

		<p>complete the caregiver assessment via a QR code.</p> <ul style="list-style-type: none"> • Other clinical staff trained to refer caregivers to the project nurses. • Caregivers scanned Project Carer Matters QR code and completed needs assessment independently. • Caregivers who are unable to complete the needs assessment form independently are assisted by project nurses.
Delivery of caregivers' training courses	<ul style="list-style-type: none"> • In-person and on-site training courses (i.e., hands-on simulation). 	<ul style="list-style-type: none"> • Courses conducted online during COVID-19 pandemic. • Caregivers engaged in caregiving simulations via ZOOM platform during the courses. • Project nurses re-enacted scenarios to help

		caregivers role play virtually.
Overlapping services with community healthcare providers who offer supports to caregivers	<ul style="list-style-type: none"> • Project nurses confirmed with caregivers if they received follow-up from other hospital or community services. 	<ul style="list-style-type: none"> • Project nurses met up with community healthcare providers to clarify on the different roles and responsibilities of Project Carer Matters. • Project nurses clarified with community healthcare providers about the time period Project Carer Matters would support caregivers. • Collaborated with community healthcare providers to follow up on caregivers' needs in the community.