

Table 2. Adaptations made to Project Carer Matters interventions

Objective	Initial intervention	Refined intervention
<p>Increase exposure and publicity of Project Carer Matters to help caregivers better identify their role as a caregiver.</p>	<ul style="list-style-type: none"> Inpatient ward nurses approached caregivers during admission. 	<ul style="list-style-type: none"> Brochures on Project Carer Matters placed in post-discharge package to caregivers and patients. Large posters on Project Carer Matters placed strategically in ward lifts and on digital information boards. Project Carer Matters' microsite set up (Project Carer Matters Webpage) [36]. Publicity video displayed on social media to increase awareness on Project Carer Matters.
<p>Recruitment of family caregivers</p>	<ul style="list-style-type: none"> Inpatient ward nurses identified, engaged, and recruited the caregivers when they visit the hospital. 	<ul style="list-style-type: none"> Inpatient ward nurses sought caregivers' agreement to be contacted by project nurses and simultaneously directed caregivers to

		<p>complete the caregiver assessment via a QR code.</p> <ul style="list-style-type: none"> • Other clinical staff trained to refer caregivers to the project nurses. • Caregivers scanned Project Carer Matters QR code and completed needs assessment independently. • Caregivers who are unable to complete the needs assessment form independently are assisted by project nurses.
Delivery of caregivers' training courses	<ul style="list-style-type: none"> • In-person and on-site training courses (i.e., hands-on simulation). 	<ul style="list-style-type: none"> • Courses conducted online during COVID-19 pandemic. • Caregivers engaged in caregiving simulations via ZOOM platform during the courses. • Project nurses re-enacted scenarios to help

		caregivers role play virtually.
Overlapping services with community healthcare providers who offer supports to caregivers	<ul style="list-style-type: none"> Project nurses confirmed with caregivers if they received follow-up from other hospital or community services. 	<ul style="list-style-type: none"> Project nurses met up with community healthcare providers to clarify on the different roles and responsibilities of Project Carer Matters. Project nurses clarified with community healthcare providers about the time period Project Carer Matters would support caregivers. Collaborated with community healthcare providers to follow up on caregivers' needs in the community.