

Table 1 Baseline characteristics of the participant(N=2019)

Characters	Total(n=2019)	Age ≤ 45 (n=415)	Age > 45 (n=1604)	P-value
PPI, mean ± SD	0.46 ± 0.13	0.38 ± 0.10	0.48 ± 0.13	<0.001
Telomere Length, bp mean ± SD	5621.25 ± 592.26	5919.14 ± 579.12	5544.18 ± 571.01	<0.001
BMI, mean ± SD	30.17 ± 6.60	31.89 ± 7.73	29.72 ± 6.21	<0.001
Sex, n (%)				0.387
Male	943 (46.71)	186 (44.82)	757 (47.19)	
Female	1076 (53.29)	229 (55.18)	847 (52.81)	
Race, n (%)				<0.001
Mexican American	359 (17.78)	75 (18.07)	284 (17.71)	
Other Hispanic	94 (4.66)	21 (5.06)	73 (4.55)	
Non-Hispanic white	1072 (53.10)	187 (45.06)	885 (55.17)	
Non-Hispanic black	453 (22.44)	119 (28.67)	334 (20.82)	
Other	41 (2.03)	13 (3.13)	28 (1.75)	
Education, n (%)				<0.001
Less than high school	755 (37.39)	113 (27.23)	642 (40.02)	
High school diploma	479 (23.72)	100 (24.10)	379 (23.63)	
More than high school	785 (38.88)	202 (48.67)	583 (36.35)	
Physical-activity, n (%)				<0.001
No aerobic activity	615 (30.46)	116 (27.95)	499 (31.11)	
Low activity	1058 (52.40)	198 (47.71)	860 (53.62)	
Moderate activity	272 (13.47)	71 (17.11)	201 (12.53)	
High activity	74 (3.67)	30 (7.23)	44 (2.74)	
Smoking, n (%)	1035 (51.26)	192 (46.27)	843 (52.56)	0.022
Alcohol, n (%)	1267 (62.75)	288 (69.40)	979 (61.03)	0.002
Diabetes, n (%)	375 (18.57)	40 (9.64)	335 (20.89)	<0.001
CKD,n (%)	610 (30.21)	61 (14.70)	549 (34.23)	<0.001
Take medicine for hypertension,n (%)	1623 (80.39)	211 (50.84)	1412 (88.03)	<0.001

Abbreviations: PPI, pulse pressure index; BMI, body mass index; CI, confidence interval.