

Supplementary Table 4: Market availability of selected Indigenous fruits and vegetables with cardiometabolic benefits in Central Uganda

Markets	Wakiso				Mukono				Kampala			
	Kajjansi (food stalls, n=26)		Kireka (food stalls, n=67)		Mukono (food stalls, n=50)		Seeta (food stalls, n=45)		ST. Balikuddembe (food stalls, n=40)		Nakasero (food stalls, n=36)	
	No. stalls selling this food	% Stalls selling this food	No. stalls selling this food	% Stalls selling this food	No. stalls selling this food	% Stalls selling this food	No. of stalls selling this food	% Stalls selling this food	No. stalls selling this food	% Stalls selling this food	No. stalls selling this food	% Stalls selling this food
Fruits												
Tamarind	7	26.9	8	11.9	8	16.0	1	2.2	6	15.0	10	27.8
Sour sop	1	3.8	0	0.0	1	2.0	1	2.2	3	7.5	10	27.8
Pomegranates	0	0.0	0	0.0	1	2.0	0	0.0	3	7.5	7	19.4
Alligator pepper	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	2	5.6
Wild date palm	0	0.0	0	0.0	2	4.0	0	0.0	3	7.5	0	0.0
Java plum	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
Goose berries	0	0.0	0	0.0	3	6.0	0	0.0	4	10.0	1	2.8
Leafy vegetables												
Scarlet eggplant	3	11.5	4	6.0	10	20.0	12	26.7	5	12.5	5	13.9
Amaranthus (green)	4	15.4	3	4.5	3	6.0	5	11.1	7	17.5	5	13.9
Amaranthus (red)	1	3.8	1	1.5	5	10.0	1	2.2	3	7.5	6	16.7
Pigeon peas	3	11.5	0	0.0	6	12.0	1	2.2	2	5.0	2	5.6
Spider plant	1	3.8	1	1.5	3	6.0	1	2.2	1	2.5	1	2.8
Black night shade	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
Non-leafy vegetables												
Hibiscus	12	46.2	13	19.4	15	30.0	14	31.1	20	50.0	10	27.8

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Pumpkin seed powder	0	0.0	0	0.0	6	12.0	1	2.2	1	2.5	1	2.8
Bitter berries	4	15.4	2	3.0	4	8.0	10	22.2	4	10.0	10	27.8
Avocado seed powder	0	0.0	0	0.0	4	8.0	1	2.2	0	0.0	1	2.8
Okra	0	0.0	0	0.0	0	0.0	1	2.2	1	2.5	2	5.6
Lima beans	1	3.8	0	0.0	2	4.0	1	2.2	3	7.5	0	0.0
Cherry tomatoes	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
Chayote	0	0.0	0	0.0	2	4.0	0	0.0	4	10.0	2	5.6