

Additional file 7

Table S3. Rehabilitation dosage

First author, year	How was the intensity of rehabilitation decided?	Average of sessions' duration (in minutes)	Time of the longest session (in minutes)	Average of sessions' frequency number (per week)	Frequency of the most frequent session (per week)	Total number of sessions that each patient received	Total duration of the intervention (in weeks)
Kim, H., 2021	Prespecified program, adapted considering patients' needs	–	–	0.3	–	–	24
Baba, Y., 2021	Prespecified program	105	150	1.0	1	4	4
Miller, J., 2020	Prespecified program, adapted considering patients' needs	67.5	90	2.0	2	12	6
Nøst, T. H., 2018	Prespecified program	150	150	1.0	1	6	6
Nøst, T. H., 2018	Prespecified program	150	150	1.0	1	6	6
Mendoza-Núñez, V. M., 2018	Prespecified program	300	300	1.0	1	20	20
Markle-Reid, M., 2018	Adapted considering patients' needs	–	–	0.2	–	15	24
Lycholip, E., 2018	Prespecified program, adapted considering patients' needs	–	–	–	–	–	36
Lachance, L., 2018	Prespecified program, adapted considering patients' needs	100	150	1.8	3	54	10
Wong, A. K. C., 2019	Prespecified program	25.6	60	0.1	0.1	8	12
Kamwesiga, J. T., 2018	Prespecified program, adapted considering patients' needs	–	–	8.0	14	128	8
Von Storch, K., 2019	Prespecified program, adapted considering patients' needs	–	–	–	–	–	48
Inzitari, M., 2018	Prespecified program, adapted considering patients' needs	60	60	1.0	1	10	10
Godtfredsen, N., 2018	Prespecified program, adapted considering patients' needs	–	–	1.0	1	24	12
Ehde, D. M., 2018	Prespecified program	–	–	1.0	1	8	8
Nilsson B. B., 2019	Prespecified program	65	65	2.0	2	4	2
Dye, C., 2018	Prespecified program	165	210	0.3	0.3	18	16
Dean, S. G., 2018	Prespecified program	120	120	0.6	2	29	12
Clevenger, C. K., 2018	Adapted considering patients' needs	–	–	–	–	–	48
Zhang, L., 2017	Prespecified program, adapted considering patients' needs	90	90	3.2	–	120	12
Vega-Ramírez, F. A., 2017	Adapted considering patients' needs	–	–	5.0	5	15	3
Uittenbroek, R., 2017	Adapted considering patients' needs	–	–	0.5	0.5	24	48
Ru, X., 2017	Prespecified program	90	90	2.0	2	24	12
Whitehead, P. J., 2018	Prespecified program, adapted considering patients' needs	–	–	–	–	1	24

Van Lieshout, M. R. J., 2018	Prespecified program	101.25	150	1.0	2	33	23
Valdivieso, B., 2018	Prespecified program	—	—	0.3	0.6	32	48
Taube, E., 2018	Prespecified program, adapted considering patients' needs	—	—	0.3	0.3	12	48
Kitzman, P., 2017	Prespecified program, adapted considering patients' needs	—	—	0.8	0.8	18	24
Cecins, N., 2017	Prespecified program, adapted considering patients' needs	—	—	2.0	2	16	8
Bleijenberg, N., 2017	Prespecified program	34.3	34.3	0.1	0.1	7	36
Barker, R. N., 2017	Adapted considering patients' needs	—	—	1.5	1.5	36	12
Zakrisson, A.-B., 2016	Prespecified program	120	120	1.0	1	6	6
Young-Mee, K., 2016	Prespecified program	90	90	1.0	1	12	12
Vorrink, S. N. W., 2016	Prespecified program, adapted considering patients' needs	—	—	—	—	—	48
Tarazona-Santabalbina, F. J., 2016	Prespecified program	65	65	5.0	5	120	24
Shinkai, S, 2016	Prespecified program	90	90	0.5	0.5	8	16
Ruikes, F. G. H., 2016	Prespecified program	—	—	0.1	0.1	6	48
Rosen, D., 2016	Prespecified program	—	—	1.0	1	4	4
McNamara, R. J., 2016	Adapted considering patients' needs	—	—	2.0	2	16	8
Mas, M. À., 2016	Prespecified program, adapted considering patients' needs	—	—	—	—	—	144
Marsden, D. L., 2016	Prespecified program, adapted considering patients' needs	—	—	2.0	2	16	8
Looman, W. M., 2016	Adapted considering patients' needs	—	—	—	—	—	48
Littlewood, C., 2016	Prespecified program	—	—	14.0	14	672	48
Leung, Y.-Y., 2016	Prespecified program	120	120	1.0	1	6	6
Kono, A., 2016	Adapted considering patients' needs	—	—	0.1	0.1	8	96
Kjerstad, E., 2016	Adapted considering patients' needs	—	—	—	—	—	10
Jones, F., 2016	Adapted considering patients' needs	—	—	—	—	—	12
Cameron-Tucker, H. L., 2016	Prespecified program, adapted considering patients' needs	—	—	2.0	2	24	12
Calugi, S., 2016	Prespecified program	—	—	1.2	2	19	8
Bleijenberg, N., 2016	Prespecified program, adapted considering patients' needs	—	—	—	—	—	6
Van Dijk-de Vries, A., 2015	Prespecified program	—	—	—	—	—	12
Van der Weegen, S., 2015	Prespecified program	—	—	0.2	0.2	4	24
Scharlach, A. E., 2015	Adapted considering patients' needs	—	—	—	—	—	24
Pighills, A. C., 2015	Adapted considering patients' needs	—	—	—	—	—	16
Mosleh, S. M., 2015	Prespecified program	—	—	1.5	2	24	8
Mays, R. J., 2015	Prespecified program, adapted considering patients' needs	50	50	3.0	3	42	14

Lou, P., 2015	Prespecified program, adapted considering patients' needs	60	60	0.4	0.5	—	192
Kidd, L., 2015	Prespecified program	—	—	1.0	1	4	4
Garvey, J., 2015	Prespecified program	180	180	1.0	1	6	6
Forster, A., 2015	Adapted considering patients' needs	—	—	—	—	—	12
Foley, M. P., 2015	Prespecified program	90	90	2.0	2	24	12
Clark, R. A., 2015	Prespecified program	—	—	—	—	—	—
Martel, D., 2018	Prespecified program	55	55	2.0	2	24	12
Hevey, D., 2020	Prespecified program	150	150	1.0	1	6	6
King, A. I. I., 2018	Prespecified program, adapted considering patients' needs	—	—	—	—	—	48
De Vriendt, P., 2016	Adapted considering patients' needs	—	—	—	—	—	10
Langoni, C. D. S., 2019	Prespecified program, adapted considering patients' needs	60	60	2.0	2	48	24
Winkel, A., 2015	Prespecified program, adapted considering patients' needs	52.5	60	0.2	0.25	4	12
Lewin, G., 2016	Prespecified program, adapted considering patients' needs	—	—	—	—	—	48
Metzelthin, S. F., 2015	Prespecified program, adapted considering patients' needs	—	—	—	—	—	96
Liang, C. C., 2022	Prespecified program	210	210	2.0	2	96	48
Stathi, A., 2022	Prespecified program	41.7	60	1.0	1.2	149	52
Tekin, F., 2022	Prespecified program	—	—	5.0	5	20	4
Otero, P., 2021	Prespecified program	70	70	1.0	1	8	8
Kim, S., 2021	Prespecified program	55	60	1.0	1	56	28
Sun, F. C., 2021	Prespecified program	120	120	1.0	1	12	12
Farinha, C., 2021	Prespecified program	45	45	2.0	2	56	28
Barker, K. L., 2021	Adapted considering patients' needs	—	—	—	—	—	—
Meisingset, I., 2021	Adapted considering patients' needs	—	—	—	—	—	—
Suikkanen, S., 2021	Prespecified program, adapted considering patients' needs	60	60	2.0	2	16	8
Yi, D., 2021	Prespecified program	40	40	2.0	2	16	8
Ullrich, P., 2022	Prespecified program	—	—	0.4	0.4	5	12
Hosteng, K. R., 2021	Prespecified program	—	—	—	—	—	8
Sen, E. I., 2021	Prespecified program	60	60	3.0	3	36	12
Sok, S., 2021	Prespecified program	50	50	2.0	2	20	10
Jungreitmayr, S., 2021	Prespecified program	10	10	2.0	2	64	32
Liang, C. K., 2021	Prespecified program, adapted considering patients' needs	40	60	1.3	1.3	39	48
Furuta, K., 2022	Prespecified program	90	90	0.5	0.5	16	16
Oh, S. L., 2021	Prespecified program	50	50	0.3	0.3	10	20
Tou, N. X., 2021	Prespecified program	60	60	2.0	2	24	12
Borges-Machado, F., 2021	Prespecified program	60	60	2.0	2	48	24
Pepera, G., 2021	Prespecified program	50	50	2.0	2	16	8

Arena, S. K., 2021	Prespecified program, adapted considering patients' needs	–	–	0.2	0.3	22	28
Mao, H. F., 2021	Prespecified program	120	120	1.0	1	12	12
Bagkur, M., 2021	Prespecified program	40	40	3.0	3	24	8
Woo, J., 2021	Prespecified program, adapted considering patients' needs	–	–	–	–	–	12