

### Study Tools (Questionnaire)

We are conducting a study on health seeking behaviour and knowledge neonatal danger signs among caregivers in Upper Denkyira East Municipality, Ghana. Please be informed that the information you would give would be used for academic purposes only and would be treated with utmost confidentiality. You are therefore guaranteed complete anonymity and no identification of information is requested or will be transmitted with your completed questionnaire. Participation is voluntary.

Thank you for your co-operation.

#### SECTION A: Socio-demographic characteristic

1. What is your age.....
2. What is your marital Status: Single [ ☐ ] Married [ ☐ ] Co-habiting [ ☐ ] Divorced [ ☐ ]  
Separated [ ☐ ]
3. What is your religion: Moslem [ ☐ ] Christian [ ☐ ] Traditionalist [ ☐ ] Other  
(specify).....
4. What is your tribe: Akan [ ☐ ] Ewe [ ☐ ] Ga-Adangbe [ ☐ ] Other (specify).....
5. Your educational level: None [ ☐ ] Primary [ ☐ ] JSS [ ☐ ] SSS [ ☐ ] Tertiary [ ☐ ]
6. Occupation: Trader [ ☐ ] Artisan [ ☐ ] Farmer [ ☐ ] Health worker [ ☐ ] 5. Unemployed [ ☐ ]  
Other (specify).....
7. Place of delivery: Hospital [ ☐ ] Home [ ☐ ] Other (specify).....

#### Section B: Knowledge on neonatal danger signs

##### Breastfeeding:

8. What type of breastfeeding are you practicing? (Tick as appropriate)  
Exclusive [ ☐ ] Mixed [ ☐ ]
9. If you are practicing mixed feeding, explain the main reason?  
Insufficient breast milk [ ☐ ] Working situation [ ☐ ] Nipple problem [ ☐ ] Other  
(specify).....
10. Did you cover your baby after birth? Yes [ ☐ ] No [ ☐ ]
11. What did you do to the yellowish breast milk (colostrum) that flowed after delivery?

Given to the baby [ ] Expressed and discarded [ ] Other (specify).....

12. Do you feed your baby with both breasts at each feeding?

Yes [ ] No [ ]

13. If no, why?.....

14. How will you know if your breastfeeding is going well? (Tick as many responses as applicable)

Baby looks healthy [ ]

Baby is calm and relaxed [ ]

Baby reaches or roots for breast if hungry [ ]

Baby gains weight [ ]

Baby restless or crying [ ]

#### **Cord Care**

| <b>Indicators</b>                                                              | <b>Strongly agree</b> | <b>Agree</b> | <b>Disagree</b> | <b>Strongly disagree</b> |
|--------------------------------------------------------------------------------|-----------------------|--------------|-----------------|--------------------------|
| 15. The cord of your baby must always be dressed and covered                   |                       |              |                 |                          |
| 16. Bleeding, discharging, redness and swelling in your baby's cord is normal? |                       |              |                 |                          |

17. What main medication/substance do you use in dressing your baby's cord?

Methylated spirit [ ]

Chlorhexidine [ ]

Coconut oil [ ]

Brine (salt water) [ ]

Ash [ ]

Cow dung [ ]

Others specify.....

18. You washed your hands before caring for your baby's cord:

Always [ ] Sometimes [ ] Scarcely [ ] Not at all [ ]

19. List things or conditions that should make a mother send a neonate immediately to a health facility?

i.....

ii.....

iii.....

iv.....

**SECTION C: Health seeking behaviour**

20. Which trimester did you start antenatal clinic: 1st trimester [ ] 2nd trimester [ ]  
3rd trimester [ ]

21. Gestational age at delivery: Term [ ] Preterm [ ]

22. Postnatal care: Attendant [ ] Non-attendant [ ]

23. If you are an attendant, where do you receive care when your baby is sick?

Mission hospital [ ] Public hospital [ ] Private hospital [ ] Other (specify).....

24. Number of postnatal visits? One [ ] Two [ ] Three [ ] Four [ ] Five [ ]

25. Who normally advise you to go to hospital? Husband [ ] My in-laws [ ] My parents [ ]  
My own volition [ ]