

Additional file 5

Development and validation of a tool to assess researchers' knowledge of human subjects' rights and their attitudes toward research ethics education in Saudi Arabia

Final version of questionnaire

Part I. Demographic characteristics and professional characteristics

1. **Age** 1 ☐ Less than 30 years 2 ☐ 31- 40 years
 3 ☐ 41- 50 years 4 ☐ Above 50 years
2. **Gender** 1 ☐ Male 2 ☐ Female
3. **Nationality** 1 ☐ Saudi 2 ☐ non-Saudi
4. **Level of education**
- 1 ☐ Diploma degree 2 ☐ Bachelor's degree
 3 ☐ Master's 4 ☐ Doctorate
 5 ☐ Subspecialty or Fellowship 6 ☐ Other, specify.....

5. Medical education graduates

- 1 ☐ Saudi Arabia 2 ☐ Arab countries
3 ☐ Eastern Europe 4 ☐ Western Europe
5 ☐ North America 6 ☐ Other, specify.....

6. Occupation

- 1 ☐ Consultant 2 ☐ Asst. Consultant 3 ☐ Fellow
4 ☐ Resident 5 ☐ Pharmacist 6 ☐ Faculty
7 ☐ Nurse 8 ☐ Other, specify.....

7. **Research experience (Years)**

8. **Number of research publications in medical journals**

9. **Have you ever had training in Human Research Subjects' Protection ethics?**

- 1 ☐ Yes 2 ☐ No 3 ☐ Not sure

10. If (Q9 is) yes, please indicate which training you had: (you can choose more than one answer)

- a. ☐ Good Clinical Practice (GCP) guidelines.
- b. ☐ National Institutes of Health (NIH) Research Ethics
- c. ☐ Collaborative Institutional Training Initiative (CITI) Program
- d. ☐ The Saudi National Committee of Bioethics (NCBE) certification
- e. ☐ The National Institute on Drug Abuse (NIDA) Clinical Trials Network
- f. ☐ Other, please specify

11. Have you ever participated in research as a Principal Investigator (PI)?

1 ☐ Yes

2 ☐ No

3 ☐ Not sure

12. Have you ever participated in research as a Co-investigator (Co-PI)?

1 ☐ Yes

2 ☐ No

3 ☐ Not sure

13. How well do you know the “World Medical Association Declaration of Helsinki Ethical Principles for Medical Research Involving Human Subjects”?

- ☐ Excellent knowledge
- ☐ Very good knowledge
- ☐ Average knowledge
- ☐ Very little knowledge
- ☐ I don't know what the Declaration of Helsinki is

14. How well do you know the Implementing Regulations of the Law of Ethics of Research on Living Creatures issued by “The Saudi National Committee of Bioethics (NCBE)”?

- ☐ Excellent knowledge
- ☐ Very good knowledge
- ☐ Average knowledge
- ☐ Very little knowledge
- ☐ I am not aware of the Saudi National Committee of Bioethics

15. Which of the following are considered ethical guidelines in research ethics?

- ☐ Nuremberg Code,
- ☐ Declaration of Helsinki,
- ☐ Belmont Report,
- ☐ Council of the International Organizations of the Medical Sciences (CIOMS)
- ☐ All of the above.

Part II. Subjects' rights protection

1. Basic and additional elements of informed consent:

If you conduct clinical research involving human subjects, which of the following elements should be part of the informed consent:

Items	Correct	Not correct	I Don't Know
1. A statement that the study involves research	☐	☐	☐
2. An explanation of the purposes of the research is not a part of the informed consent	☐	☐	☐
3. An explanation of the expected duration of the subject's participation	☐	☐	☐
4. A description of the procedures to be followed, and identification of any procedures which are experimental	☐	☐	☐
5. A description of any reasonably foreseeable risks or discomforts to the subject	☐	☐	☐
6. A description of any benefits to the subject or to others which may reasonably be expected from the research	☐	☐	☐
7. A disclosure of appropriate alternative procedures or courses of treatment, that might be advantageous to the subject	☐	☐	☐
8. A statement describing to what extent records will be kept confidential, including a description of who may have access to research records	☐	☐	☐
9. An explanation and description of any compensation and any medical treatments that are available if research subjects are injured	☐	☐	☐
10. Primary investigators' contact information for answers to pertinent questions is not part of the informed consent	☐	☐	☐
11. A statement that participation is voluntary	☐	☐	☐
12. A statement that refusal to participate will involve no penalty or loss of benefits to which the subject is otherwise entitled	☐	☐	☐
13. A statement that the subject may discontinue participation at any time without penalty or loss of benefits to which the subject is otherwise entitled	☐	☐	☐
14. A statement that the particular treatment or procedure may involve risks to the subject (or to the embryo or fetus, if the subject is or may become pregnant) which are currently unforeseeable	☐	☐	☐
15. Anticipated circumstances under which the subject's participation may be terminated by the investigator without regard to the subject's consent	☐	☐	☐
16. Any additional costs to the subject that may result from participation in the research	☐	☐	☐

17. The consequences of a subject's decision to withdraw from the research and procedures for orderly termination of participation by the subject	☐	☐	☐
18. A statement that significant new findings developed during the course of the research which may relate to the subject's willingness to continue participation will be provided to the subject	☐	☐	☐
19. The approximate number of subjects involved in the study	☐	☐	☐

2. **Institutional Review Board (IRB)/Research Ethics Committees (REC)**

The role of the IRB/REC is to:

	Correct	Not correct	I Don't Know
1. Protect the rights, safety, and wellbeing of all research subjects	☐	☐	☐
2. Ensure that clinical research is conducted in accordance with the study protocol and its amendments	☐	☐	☐
3. Ensure that clinical research is conducted in accordance with the ethical principles, such as Declaration of Helsinki, GCP and the applicable regulatory requirement(s)	☐	☐	☐
4. Review the scientific design of the research	☐	☐	☐
5. Review and approve the informed consent whenever needed	☐	☐	☐
6. Review the ethical aspects of the research	☐	☐	☐
7. Review only research funded by an external agency	☐	☐	☐
8. Observe study performance and examine the informed consent process	☐	☐	☐
9. Suspend, terminate, or impose restrictions on previously approved on-going research projects if protocol is violated	☐	☐	☐
10. Members and investigators may vote together during announced meetings with required quorum	☐	☐	☐

3. Safety reporting issues in clinical research

Kindly indicate whether the below items related to safety reporting issues in clinical research are correct or not

Items:	Correct	Not correct	I Don't Know
1. Adverse drug reaction is defined as all noxious and unintended responses to a medicinal product related to any dose	☐	☐	☐
2. Adverse event is any untoward medical occurrence in a patient or clinical investigation subject administered a pharmaceutical product and which does not necessarily have a causal relationship with this treatment	☐	☐	☐
3. Serious adverse event or serious adverse drug reaction is any untoward medical occurrence that at any dose results in death, life-threatening, requires inpatient hospitalization or prolongation of existing hospitalization, results in persistent or significant disability/incapacity	☐	☐	☐
4. All adverse events should be reported immediately to the sponsor and IRB from acknowledging the event	☐	☐	☐
5. All serious adverse events should be reported immediately to the sponsor except for those SAEs that the protocol or another document (e.g., Investigator's Brochure) identifies as not needing immediate reporting	☐	☐	☐
6. The investigator should comply with the applicable regulatory requirement(s) related to the reporting of unexpected serious adverse drug reactions to the regulatory authority(ies) and the IRB/REC	☐	☐	☐
7. It is the IRB responsibility to make an assessment of intensity, causality, expectedness, and seriousness of adverse event/reactions	☐	☐	☐

4. Researchers' responsibilities in clinical research:

Kindly indicate whether the below items related to researchers' responsibilities in clinical research are correct or not

Items:	Correct	Not correct	I Don't Know
1. The researchers should be properly qualified to by education, training, and experience to assume responsibility for the conduct of the study	☐	☐	☐
2. The researchers should be thoroughly familiar with the investigational product (IP) and its appropriate use	☐	☐	☐
3. The researchers should have sufficient time to properly conduct and complete the study	☐	☐	☐
4. The researchers should have available adequate number of qualified staff and adequate facilities to conduct the study properly and safely	☐	☐	☐

5. The researchers should ensure that the whole research team is adequately informed about the protocol, the investigational product(s), and their study-related duties and functions	☐	☐	☐
6. The researchers should be able to recruit sufficient number of subjects within the enrollment timeline	☐	☐	☐
7. The researchers should provide adequate medical care for participants who experience adverse events	☐	☐	☐
8. The researchers should not notify the participant's primary care physician of his/her participation in a research study	☐	☐	☐
9. The researchers should submit IRB/REC application and provide the IRB/REC with all research documents before and throughout the study period	☐	☐	☐
10. The researchers should obtain written approval from the IRB before the study begins and prior to implementation of any substantial changes to the protocol	☐	☐	☐
11. The researcher can deviate from the study protocol without written approval from the sponsor and prior review/approval from the IRB in a non-emergency situation	☐	☐	☐
12. The researcher can deviate from the study protocol to eliminate an immediate hazard to study subjects	☐	☐	☐
13. The researcher is not responsible for the investigational product, its usage, storage, and destruction	☐	☐	☐
14. The researcher must avoid coercion or undue influence on the research subjects	☐	☐	☐
15. The researcher must avoid language that unduly causes the subject or the subject's legal representative to waive any legal rights	☐	☐	☐
16. The researcher is not responsible for documenting and reporting any adverse events and serious adverse events	☐	☐	☐
17. The researcher is responsible for ensuring that any protocol changes are not implemented prior to IRB/REC review and receipt of IRB/REC approval documentation	☐	☐	☐

5. Technical aspects of the informed consent process

Kindly indicate whether the below items related to technical aspects of informed consent process in clinical research are correct or not

Items:	Correct	Not correct	I Don't Know
1. The subject should have enough time to decide whether or not to be in the research study, and to make that decision without any pressure from the people who are conducting the research	☐	☐	☐
2. Informed consents must be obtained by the study investigator, or a person designated by investigator	☐	☐	☐
3. If a subject is illiterate, an impartial witness should be present during the entire informed consent discussion	☐	☐	☐
4. It is not necessary to provide written informed consent form to subjects	☐	☐	☐
5. The subject or the subject's legal representative should be provided with ample time to inquire about details of the research and to decide whether or not to participate in the research	☐	☐	☐
6. The written informed consent form should be signed and personally dated by the subject or by the subject's legal representative, and by the person who conducted the informed consent discussion	☐	☐	☐
7. When the subject has questions about the study during informed consent the investigator can postpone the answers to the first day of the study	☐	☐	☐
8. In emergency clinical trials, when prior consent of the subject is not possible, the consent of the subject's legally representative, if present, should be requested	☐	☐	☐
9. An assent should be taken from minors as well as a written informed consent from the parent/ guardian	☐	☐	☐

6. Clinical research scenario:

1. Ms. Smith comes to the clinic to have her blood draw for routine laboratories. The investigator takes a little more than usual for research purpose. Which of the following is true?

- 1 ☐ The investigator does not have to tell Ms. Smith the purpose of taking more blood.
- 2 ☐ The investigator does not have to tell Ms. Smith whether the blood will be used in research.
- 3 ☐ The investigator should have asked for permission and the informed consent from Ms. Smith.
- 4 ☐ It is expected that patients participate in research without patients' knowledge.

2. Eighty patients from a clinic were enrolled in a research project. The aim of research was to compare two different treatment modalities that both are common in practice e.g., two antihypertensive drugs. Which of the following statements about the confidentiality of personal data is correct? (You can choose one answer only)

- 1 ☐ Patients' research files should be coded to ensure patients' confidentiality.
- 2 ☐ No need for confidentiality as the procedures are common in clinical practice.
- 3 ☐ It is left to the investigator to decide whether to keep the research data confidential or not.
- 4 ☐ The dean or head of the department is the one to decide regarding the provisions of confidentiality.

Part III. Researchers' attitudes toward research ethics education

Kindly indicate your opinion about the below items related to research ethics education

Items:	Strongly agree	Agree	Neutral	Disagree	Strongly disagree
1. Research ethics should be taught as a mandatory undergraduate module	☐	☐	☐	☐	☐
2. Research ethics should be taught as a mandatory postgraduate module	☐	☐	☐	☐	☐
3. All investigators should have some training in research ethics	☐	☐	☐	☐	☐
4. I prefer face-to-face as the most effective research ethics teaching methods	☐	☐	☐	☐	☐
5. I prefer distance-learning as the most effective research ethics teaching methods	☐	☐	☐	☐	☐
6. I prefer hands-on and case scenarios as a teaching method	☐	☐	☐	☐	☐
7. I think it is useful to have a research ethics post education exam to assess my knowledge	☐	☐	☐	☐	☐
8. I would like to read course material in advance of the ethics training course	☐	☐	☐	☐	☐
9. Research ethics education should be mandatory for health care professionals	☐	☐	☐	☐	☐
10. The IRB members should be educated in research ethics	☐	☐	☐	☐	☐