

Table 4. Best treatment based on patient preferences.

IGF-I level control	IGF-I level control in 9 out of 10 patients
Tumour control	Reduces tumour size
Administration methods	Monthly nurse-administered injection in primary care/hospital
Pain associated with the administration method	Minimal injection pain and no redness/bruising/skin hardening
Adverse events, diarrhoea	Diarrhoea in 1 out of 10 patients
Blood sugar control	Improved blood sugar (or diabetes) or blood-sugar medication down-dosed
Storage conditions	Storage at room temperature
Quality of life	Improves quality of life

IGF-I: insulin-like growth factor I