

Table 2: Summary of ingestion event variables from 31 female Southern elephant seals monitored between 2014 and 2022 (n = 86 events).

	Mean (SD)	Min - Max
Minimal temperature B (°C)	33.8 (2.0)	27.1 - 36.5
Delta of temperature A-B (°C)	3.4 (2.0)	0.5 - 10.7
Time to minimal temperature A-B (min)	11.5 (30.5)	0.2 - 182
Time to temperature recovery B-C (min)	36.8 (17.7)	9.2— 98.2
Area above the curve (s.°C)	2372 (1543)	151 - 6976
Index of rate of temperature recovery I (s.°C⁻¹)	476 (845)	13 - 5204