

Screening and registration surveys

Screening questions

1. Do you avoid certain foods for medical reasons, either self-perceived or diagnosed by a doctor?

Yes

No

2. Have you been diagnosed with an eating disorder or are you troubled by problems with your relationship with food and your body?

Yes

No

3. Are you 18 years or older?

Yes

No

Consent agreement

I agree to participate in the FoodApp research study as described in the information form to Research Persons.

a. Yes

b. No

I agree that my activity in the app is used as research data from the start date of the study to the end date of the study.

a. Yes

b. No

Background information

1. Year of birth

2. Gender

Woman

Man

Other

Prefer not to say

3. Where were you born?

Sweden

Other Nordic country

Other European country

Outside Europe

4. Household size

How many people live together in your household, including yourself?

How many children (under the age of 18) live in your household? If none, write "0".

5. What is your highest completed education?

Non-completed compulsory school (*or equivalent compulsory school*)

Primary school (*or equivalent compulsory school*)

Degree from upper secondary school, high school (*or equivalent*)

Post-secondary education, not College/University

College/University

Postgraduate education

6. What is your monthly income before tax?

Less than 14 999 SEK

15 000 – 34 999 SEK

35 000 – 49 999 SEK

Over SEK 50 000

Prefer not to say

7. What type of area do you live in?

- Big city: central
- Big city: outer area/suburb
- Larger urban area
- Smaller urban area
- Countryside
- I don't know

8. Which of the following describes your eating pattern? If no option fits perfectly, choose the one that fits best.

- Omnivore (a person who does not consciously avoid any plant- or animal-based food)
- Flexitarian (a person who consciously chooses a mainly vegetarian diet but occasionally eats meat or fish)
- Pescatarian (a person who consciously opts out of meat, including poultry, but eats fish)
- Vegetarian (a person who deliberately opts out of animal-based foods but may eat dairy products or eggs)
- Vegan (a person who consciously opts out of all animal-based foods)
- Other

9. If you think about a typical week:

a. How often do you eat a portion of meat (such as beef, pork, lamb, poultry, fish, etc.), including toppings on a sandwich, as an ingredient in a stew, as a topping on a pizza, etc.?

- Never
- Less often than once
- Once or twice
- Three or four times
- Five times or more

b. How often do you replace protein from animal sources with protein from plant sources (such as beans, peas, quinoa, etc.) per week?

Note! This does not include vegetarian meat substitutes such as Quorn or soy mince.

- Never
- Less often than once
- Once or twice
- Three or four times
- Five times or more

c. How often do you eat a portion of vegetarian meat substitute (such as Quorn, soy mince, etc.), including toppings on a sandwich, as an ingredient in a stew, as a topping on a pizza, etc.?

- Never
- Less often than once
- Once or twice
- Three or four times
- Five times or more

Contact information (stored separately)

10. Telephone number (mobile) – mandatory

11. Email address – optional
