

Additional File 3 Pre-training: qualitative data (n=19)

How do you currently assess risk in your patients?		
CONTENT		
Impairment level	Cognition	Assess cognition
	Physical ability	- Assess physical function - Assess mobility - Assess falls
	Medication	Assess medication (taking as prescribed, high-risk meds, etc.)
Environment	Physical environment	- Assess the physical environment in the home - Assess hazards
	Social environment	- Assess for types of support required - Assess available informal and formal support - Assess quality of relationships
Function	Functional abilities	Use functional assessments
Concerns	Risks	Use risk assessment tool
	Concerns	Assess for different types of risk... Risk of falls, risk of homelessness, etc.
PROCESS		
Gather data	Assess	- Gather information from patient and referral source - Use standardized assessments for cognition and function - Use non-standardized assessments (functional) - Find out previous level of function from collateral sources - Use assessment findings from team members' reports that identify risks - Review chart
	Observe	- Use informal observation - Use observations of home environment
Communicate	Ask	- Ask patient about safety concerns - Obtain information from families and/or caregivers
	Conversations	- With patient - With family and/or caregivers - With community resources - With team
How do you currently manage risk in your patients?		
CONTENT		
Impairment	Mobility	Risks are managed with a combination of ensuring the patient is able to ambulate safely and has the proper equipment, educating the patient and developing a physical therapy program specific to their needs

Environments	Social environment	• Make recommendations for formal (home care, community resources) and informal support (family assistance) • Recommend devices/compensatory strategies • Educate patients and families • Recommend higher level of care if necessary • Problem-solve types of support available and weigh the risks
PROCESS		
Gather data	Assess	• Assess comprehension • Assess capacity
	Identify	• Areas they are at risk
Treatment	Arrange	• Refer to PT/OT for further risk assessment
	Connect	• Consult with providers for further treatment
	Educate	• Educate patients and caregivers
	Provide solutions	• Provide information for community resources that help mitigate risk
	Mitigate	• Make recommendations to mitigate risk
	Communicate	Discuss • Areas of concern and options with multidisciplinary team members • Discuss strategies to mitigate risk Communicate • Inform patients about risks and let them decide how to manage their own risks
Approaches	Meet	• Early discharge planning
	Document	• Document concerns and recommendations
Approaches	Patient centeredness	• Discuss values and beliefs with patients
	Support patient's right to self-determination	• Inform patients about risks and let them decide how to manage their own risks
What are your current difficulties in assessing and managing risk with your patients?		
CONTENT		
Impairments	Cognition	• Patients' insight
	Capacity – Poor insight	• Cognitive impairment and capacity
	Fluctuating abilities	• Always changing
Environment	Social environment	Support
		• Reliability of family and community resources
		• Availability and amount of community resources
		Programs
		• Wait times for higher levels of care • Availability of home care services

Hospital
environment

- Prediction of future function at home
- Impact of hospital environment on performance, COVID-19 related restrictions (family unable to also participate in therapy, isolation after returning home), unable to do as many home visits

PROCESS

Gather data	Limited information	• Remember to ask all/enough questions to get the full picture
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Treatment	Follow-through	• Decreased buy-in from patients and families
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Approaches	Dissonance (wanting different things)	• Conflicting opinions and perspectives (teams, caregivers) • Inconsistent messaging to patients/families regarding risks and recommendations
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	Helplessness	• Keep patient safe at all times
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