

Table S1. Descriptive and test statistics for obsessive–compulsive symptoms and global functioning at admission and discharge (exclusion of patients with Y–BOCS scores at admission below 18).

<i>N</i> = 275	Admission				Discharge				Test statistics		
	<i>n</i>	<i>M</i>	<i>SD</i>	Range	<i>n</i>	<i>M</i>	<i>SD</i>	Range	<i>Effect size</i>	<i>W</i>	<i>p</i>
Obsessive–Compulsive Inventory–Revised											
Washing	273	6.99	4.19	0–12	165	4.36	3.89	0–12	0.81 (<i>d</i> = 0.77)	8078.00	<.001
Obsessing	273	8.92	2.94	0–12	165	6.05	3.47	0–12	0.87 (<i>d</i> = 0.97)	9492.00	<.001
Hoarding	273	2.93	2.87	0–12	165	2.53	2.72	0–12	0.32 (<i>d</i> = 0.23)	4392.00	.003
Ordering	273	5.30	3.87	0–12	165	3.44	3.47	0–12	0.78 (<i>d</i> = 0.70)	7342.00	<.001
Checking	273	6.44	3.78	0–12	165	3.99	3.32	0–12	0.86 (<i>d</i> = 0.91)	9597.50	<.001
Neutralizing	273	4.24	4.26	0–12	165	2.67	3.59	0–12	0.68 (<i>d</i> = 0.54)	5033.00	<.001
Total Score	273	34.83	12.08	5–69	165	23.05	13.53	1–61	0.90 (<i>d</i> = 1.09)	12378.50	<.001
Yale–Brown Obsessive–Compulsive Scale											
Obsessions	271	13.41	3.06	3–20	166	8.82	4.17	0–19	0.92 (<i>d</i> = 1.11)	11616.00	<.001
Compulsions	271	13.59	2.83	6–20	166	8.77	4.11	0–19	0.93 (<i>d</i> = 1.21)	11981.00	<.001
Total Score	271	27.00	4.94	18–39	166	17.58	7.46	0–38	0.96 (<i>d</i> = 1.33)	12754.00	<.001
Global Assessment of Functioning	233	44.52	6.76	20–60	233	55.67	9.20	20–90	–0.96 (<i>d</i> = –1.28)	405.50	<.001
Clinical Global Impression—Improvement Scale	–	–	–	–	234	2.44	0.87	1–6	–	–	–

Notes. Effect size = Matched-pairs rank biserial correlation coefficient (Cohen’s *d* in parentheses).

Table S2. Standardized coefficients of the robust linear regression models, in which willingness to experience unpleasant thoughts, emotions, and bodily sensations was used as independent variable to predict treatment outcome measures (exclusion of patients with Y-BOCS scores at admission below 18).

Dependent variable	Willingness to experience unpleasant thoughts, emotions, and bodily sensations		
	<i>b</i>	<i>SE</i>	<i>p</i>
Obsessive–Compulsive Inventory–Revised			
Washing	0.009	0.07	.824
Obsessing	−0.15	0.07	.023
Hoarding	0.01	0.05	.840
Ordering	−0.05	0.06	.406
Checking	−0.11	0.06	.080
Neutralizing	−0.07	0.05	.169
Total Score	−0.11	0.06	.095
Yale–Brown Obsessive–Compulsive Scale			
Obsessions	−0.06	0.07	.400
Compulsions	−0.05	0.07	.518
Total Score	−0.05	0.07	.452
Global Assessment of Functioning	0.002	0.06	.977
Clinical Global Impression–Improvement Scale	−0.07	0.07	.312

Notes. All models (except the model for the Clinical Global Impression–Improvement Scale) also included the respective scores at admission as independent variable, coefficients of which are not shown in this table.