

	Lean (n=18)	Ob-pre (n=21)	Ob-post (n=17)	p value		
				Lean vs Ob- pre	Lean vs Ob- post	Obese pre- vs Ob-post
Sex (F/M)	13/5	16/5	13/4	>0.9999	>0.9999	>0.9999
Age	43 (31.75- 52)	49 (38-54.5)	50 (38-55)	0.1942	0.1040	n/a
BMI (kg/m ²)	23.05 (21.65- 24.38)	39.65 (36.60- 44.38)	29.80 (27.85- 33.70)	<0.0001	<0.0001	<0.0001
Weight (kg)	64.5 (60- 73.25)	112.5 (96.0- 131.5)	86.1 (71.4- 100.8)	<0.0001	<0.0001	<0.0001
Excess weight (kg)	n/a	46.72 (29.69- 51.74)	15.36 (7.36- 23.05)	n/a	n/a	<0.0001
Weight loss (kg) Excess weight loss (%)	n/a	n/a	26.4 (22- 32) 66.75 (52.23- 86.72)	n/a	n/a	n/a
Type 2 diabetes	0	1	1	>0.9999	0.4857	>0.9999
Hypertension	1	11	2	0.0019	0.6026	0.0151

Table 1. **Demographic and clinical characteristics of study participants.** Age, BMI, weight data are median with IQR.