



CARE Checklist of information to include when writing a case report

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Topic	Item	Checklist item description	Reported on Line
Title Key Words Abstract (no references)	1	The diagnosis or intervention of primary focus followed by the words "case report"	1-2, title page
	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	341-52
	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	35-37
	3b	Main symptoms and/or important clinical findings	40-43
Introduction Patient Information	3c	The main diagnoses, therapeutic interventions, and outcomes	40-45
	3d	Conclusion—What is the main "take-away" lesson(s) from this case?	46-50
	4	One or two paragraphs summarizing why this case is unique (may include references)	505-513
	5a	De-identified patient specific information	122, 177, 227, 285
Clinical Findings Timeline Diagnostic Assessment	5b	Primary concerns and symptoms of the patient	122-125, 177-178, 227, 287
	5c	Medical, family, and psycho-social history including relevant genetic information	122-127, 181-130, 228-231, 282-284
	5d	Relevant past interventions with outcomes	185-190, 232-242
	6	Describe significant physical examination (PE) and important clinical findings	146, 191-195, 243-247, 285-287
Therapeutic Intervention	7	Historical and current information from this episode of care organized as a timeline	129-131, 196-210, 248-260, 288-304
	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys)	136-155, 241
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	155, 224, 261, 300, 323
	8c	Diagnosis (including other diagnoses considered)	168, 222, 281
Follow-up and Outcomes	8d	Prognosis (such as staging in oncology) where applicable	132, 157, 214, 282, 305
	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	168-174, 321-324
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	216-223, 318
	9c	Changes in therapeutic intervention (with rationale)	265-282
Discussion	10a	Clinician and patient-assessed outcomes (if available)	
	10b	Important follow-up diagnostic and other test results	
	10c	Intervention adherence and tolerability (How was this assessed?)	
	10d	Adverse and unanticipated events	325-500
Patient Perspective Informed Consent	11a	A scientific discussion of the strengths AND limitations associated with this case report	
	11b	Discussion of the relevant medical literature with references	
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	503-513
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	
	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	
	13	Did the patient give informed consent? Please provide if requested	Yes ☒ No ☐

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