

Table 6

Means, standard deviations and model estimated means for comorbid depressive and anxiety symptoms.

Measure	Baseline	Mid	Post	3 months	6 months
PHQ-9^b					
Observed M (SD) ^a	12.58 (7.47)	7.65 (6.18)	5.94 (4.91)	5.57 (5.13)	4.33 (3.93)
Estimated M	9.79	8.58	7.36	6.14	4.92
GAD-7					
Observed M (SD) ^a	7.05 (5.1)	6.76 (5.25)	3.69 (2.98)	3.86 (3.02)	5.6 (6.99)
Estimated M	N/A	N/A	N/A	N/A	N/A

Observed and estimated means for the PHQ-9 and the GAD-7 from baseline to 6-month follow-up. The data are presented over time as means with standard deviations. Baseline = before treatment start, Mid = middle of treatment, Post= after treatment, 3 months= post treatment end, 6 months= post treatment end.

^aBased on all non-missing data. Missing data ranges from 5 – 70% at specific timepoints.

^bA significant effect of time, $p < .05$ was found in the model.