

Table 1. Study Population Characteristics

		Total		Male		Female	
		n (%)	Mean±SD	n (%)	Mean±SD	n (%)	Mean±SD
Age		24,447	45.38±11.7 3	4,022	43.26±10.4 5	20,425	45.86±11.4 4
Body fat percentage		24,447	31.47±7.18	4,022	24.76±6.54	20,425	32.79±6.53
Age category	20–29	2,691 (11.0)	32.52±8.2	573 (14.2)	25.35±8.4	2,118 (10.4)	34.45±6.99
	30–39	5,012 (20.5)	32.06±7.5 7	976 (24.3)	25.94±7.2 2	4,036 (19.8)	33.54±6.87
	40–49	7,129 (29.2)	30.95±7.0 6	1,066 (26.0)	24.86±5.9 4	6,063 (29.7)	32.02±6.69
	50–59	6,551 (26.8)	31.23±6.6 1	878 (21.8)	23.72±5.3 7	5,673 (27.8)	32.4±5.99
	60–70	3,064 (12.5)	31.28±6.8 4	529 (13.1)	23.49±5.6 1	2,535 (12.4)	32.91±5.95
	Body mass index	24,447	25.38±4.29	4,022	26.45±4.29	20,425	25.17±4.26
Age category	20–29	2,691 (11.0)	26.13±5.1 9	573 (14.2)	26.9±5.51	2,118 (10.4)	25.92±5.08
	30–39	5,012 (20.5)	25.85±4.8 2	976 (24.3)	27.5±4.93	4,036 (19.8)	25.46±4.7
	40–49	7,129 (29.2)	25.16±4.2 9	1,066 (26.0)	26.57±3.9 5	6,063 (29.7)	24.92±4.3
	50–59	6,551 (26.8)	25.1±3.73	878 (21.8)	25.66±3.2 7	5,673 (27.8)	25.01±3.79
	60–70	3,064 (12.5)	22.02±3.4	529 (13.1)	25.08±2.8 4	2,535 (12.4)	25.01±3.51