

Table 3.

Strain	Biomass (mg)	Cell density (Log CFU mL ⁻¹)	eDNA (µg mg ⁻¹)	Proteins (µg mg ⁻¹)	EPS (µg mg ⁻¹)
<i>L. plantarum</i> C5	11.30 ± 1.70 ^b	9.22 ± 0.27 ^a	1.93 ± 0.38 ^a	6.87 ± 1.27 ^a	80.11 ± 16.98 ^a
<i>L. plantarum</i> POM1	36.20 ± 12.02 ^a	10.13 ± 0.22 ^a	0.62 ± 0.10 ^{ab}	1.72 ± 0.36 ^a	26.11 ± 1.12 ^b
<i>L. plantarum</i> 1LS16	34.70 ± 4.81 ^{ab}	9.28 ± 0.15 ^a	0.66 ± 0.24 ^{ab}	2.33 ± 0.06 ^a	22.44 ± 0.58 ^b
<i>L. plantarum</i> D3.15	24.15 ± 5.59 ^{ab}	9.40 ± 0.24 ^a	1.03 ± 0.21 ^{ab}	3.50 ± 0.16 ^a	38.07 ± 5.00 ^{ab}
<i>L. plantarum</i> OE1	16.35 ± 9.40 ^{ab}	9.54 ± 0.48 ^a	1.16 ± 0.22 ^{ab}	4.77 ± 0.03 ^a	44.11 ± 10.84 ^{ab}
<i>L. plantarum</i> D2.6	30.85 ± 0.49 ^{ab}	9.56 ± 0.02 ^a	0.86 ± 0.34 ^{ab}	2.66 ± 0.02 ^a	35.00 ± 1.64 ^b
<i>L. plantarum</i> E3.8	34.50 ± 1.70 ^{ab}	9.55 ± 0.35 ^a	0.75 ± 0.02 ^{ab}	2.45 ± 0.06 ^a	25.08 ± 4.79 ^b
<i>Lact. paracasei</i> 41j	26.80 ± 4.81 ^{ab}	9.44 ± 0.04 ^a	0.59 ± 0.18 ^b	3.28 ± 0.39 ^a	17.91 ± 20.87 ^b