

1 **A women's perspective**

2 **Table 2 Participants characteristics**

Participants		N=20
Age (years)	25-35	7
	36-45	8
	46-55	5
	Range:	27-49
	Mean:	38.6 (SD 7.2)
	Median	38
Ethnicity	Dutch	19
	Moroccan	1
Marital Status	Married/partnership	15
	Single	4
	Widowed	1
Household members	With partner and child(ren)	12
	With partner	3
	Single	3
	Other	2
Children	Yes	13
	No	7
Age first child (yr.)	Range:	18-35
	Mean	27,7 (SD 5.5)
	Median	28.5
Starting age PMS (yr.), approximately	Range	14-43
	Mean	27.9 (SD 10.3)
	Median	33
Self-reported Health Status	Excellent	3
	Good	10
	Fair	2
	No answer	5
Education	Secondary school	3
	Vocational education	8
	Higher vocational or university	9
Occupation	Paid employment	16
	Unemployed	3
	Student	1

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2 **Table 2 Continued**

Participants		N=20
Working hours	Full-time	10
	Part-time	7
	Unemployed	3
Place of residence	Large city	8
	Small town	4
	Village or countryside	8
Region	Gelderland	6
	North Holland	9
	Other	5
Interview method	Face-to-face	8
	By telephone	12
Respondents recruited via	Local newspapers	13
	Social media	12

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